

# Program Guide



## WEEK 11: Sunday, 10 March - Saturday, 16 March 2019 EASTERN STATES (NSW, ACT, TAS, VIC)

Date	Start Time	Genre	Title	Episode Title	Series	Episode	TV Guide Text	Country of Origin	Language	Year	RPT	Classification	Consumer Advice	Closed Captions	Subtitles
2019-03-10	0500	News - Domestic	<b>CGTN English News</b>	Cgtn English News Morning		0	The English language news channel from China Global Television Network (CGTN) in Beijing. Formerly known as CCTV English News.	CHINA	English-100	0		NC		Y	
2019-03-10	0515	News - Domestic	<b>NHK World English News</b>	Nhk World English News Morning		0	News from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news, in English.	JAPAN	English-100	0		NC		Y	
2019-03-10	0530	News - Domestic	<b>Deutsche Welle English News</b>	Deutsche Welle English News Morning		0	News and analysis of the top international and European news and current affairs from Berlin, in English.	GERMANY	English-100	0		NC		Y	
2019-03-10	0600	News - Domestic	<b>France 24 English News</b>	France 24 English News Morning		0	International news and current affairs television from Paris, offering a French perspective on world events, in English.	FRANCE	English-100	0		NC		Y	
2019-03-10	0630	News - Overseas	<b>Al Jazeera News</b>	Al Jazeera News Hour First Edition	0	0	News via satellite from Al Jazeera Satellite Network, Qatar, in English.	QATAR	English-100	2017		NC		Y	
2019-03-10	0730	News - Overseas	<b>Italian News</b>	Italian News Daily		0	News via satellite from RAI Rome in Italian, no subtitles.	ITALY	Italian-100	2013		NC			
2019-03-10	0810	News - Overseas	<b>Filipino News</b>	Filipino News		0	News via satellite from ABS-CBN Manila, in Tagalog, no subtitles.	PHILIPPINES	Filipino-100	2013		NC			
2019-03-10	0840	News - Overseas	<b>French News</b>	French News		0	News via satellite from FT2 Paris, in French, no subtitles.	FRANCE	French-100	2013		NC			
2019-03-10	0930	Football	<b>LIVE Premier League: Newcastle V Everton</b>	Replay Premier League: Newcastle V Everton	2018	30	Live coverage of the 2018-19 Premier League. Newcastle takes on Everton at St James' Park. Kick off at 2.00am AEDT.	ENGLAND		2018	RPT	NC		Y	
2019-03-10	1200	News - Overseas	<b>Arabic News F24</b>	Arabic News F24		0	International news and current affairs from France 24 Arabic, via satellite, in Arabic, no subtitles.	FRANCE	Arabic-100	0		NC			
2019-03-10	1230	News - Overseas	<b>Turkish News</b>	Turkish News		0	News via satellite from TRT Turkey, in Turkish, no subtitles.	TURKEY	Turkish-100	2013		NC			
2019-03-10	1300	Motor Sports	<b>Speedweek</b>	Speedweek 2019 Ep 10	2019	10	A comprehensive motor sports program for speed enthusiasts.	AUSTRALIA		2019		NC		Y	
2019-03-10	1500	Sport General	<b>Rugby 2019: Super W: Brumbies V NSW</b>	SPORTS Rugby 2019: Super W: Brumbies Women V NSW Women	2019	1	Coverage of the 2019 Super W. Brumbies takes on NSW at Leichhardt Oval. Rugby 2019.	AUSTRALIA		2019				Y	
2019-03-10	1700	History	<b>Great British Railway Journeys</b>	New Episode Stroud To Bath	07	13	Michael Portillo takes pot luck on the snooker table as he investigates the Victorian origins of the game and finds out what it takes to produce the fine green cloth which smoothes the path of the balls. In Cirencester, he ploughs a crooked furrow at the Royal Agricultural College before taking tea with the ladies in Bath, where he also discovers a scandalous novel written by an eccentric recluse, once the wealthiest man in England.	UNITED KINGDOM	English-100	2016		G		Y	
2019-03-10	1735	History	<b>Hitler's World: The Post War Plan</b>	New Episode Nazification	01	5	Adolf Hitler had a clear idea of what he considered to be a model citizen of the Third Reich. For him, a true Nazi was much more than just a blonde haired, blue eyed Aryan of Germanic decent. A true and loyal Nazi would live and breathe the regime, incorporating it into every aspect of their lives. What they read, how they dressed, and even who they married would all be strictly controlled in order for them to confirm to his ideals. Guy takes a look at how Hitler implemented these changes through various policies and laws.	UNITED KINGDOM	English-100	2018		PG		Y	Y

2019-03-10	1830	News - Domestic	SBS World News	NEWS	SBS World News 2019 Ep 69	2019	69	Up-to-date reports and analysis of the major national and international news stories of the day in Australia's only world news service.	AUSTRALIA	English-100	0	LIVE	NC		Y	
2019-03-10	1935	Health, Science & Technology	London's Super Tunnel	Final Episode	London's Super Tunnel Series 3 Ep 2	03	2	This series charts Crossrail's 10,000-strong workforce race to hit the ultimate deadline - the day that the Elizabeth Line's Underground train line finally opens to carry its first passengers in October 2019. But with the project thwarted by complex engineering problems, delays and a hefty overspend, hitting this critical deadline will be no simple task.	UNITED KINGDOM	English-100	2019				Y	
2019-03-10	2040	Biography	Jane Goodall: My Life With Chimpanzees	Premiere	Jane Goodall: My Life With Chimpanzees	00	0	Using a trove of never-before-seen personal footage and a new interview shot by director Brett Morgen at her home in Africa, this acclaimed film tells the extraordinary story of renowned British primatologist Jane Goodall.	USA	English-100	2017				Y	
2019-03-10	2220	Culture & Society	Growing Up Gay		Growing Up Gay		0	Olly Alexander explores why the gay community is more vulnerable to mental health issues, as he opens up about his own long-term battles with depression. As the outspoken frontman of British band Years and Years, Olly is a powerful voice on mental health, and bullying. He has broken taboos with music videos that celebrate queer identities and spoken openly about his own sexuality as well as his ongoing struggles with anxiety. In the film Olly joins young people on their journeys battling issues that parallel his own - from homophobic bullying to eating and anxiety disorders - and along the way he asks what can be done to address them.	UNITED KINGDOM	English-100	2017	RPT	M	a d l s	Y	
2019-03-10	2330	Travel	Hidden Japan With Adam Liaw Bitesize		Hidden Japan With Adam Liaw Series 1 Ep 1	01	1	Join Adam Liaw as he discovers food and travel adventures off the beaten track in Japan.	AUSTRALIA	English-100	2016	RPT	G		Y	
2019-03-10	2335	Cycling	Cycling: Paris-Nice 2019	LIVE	Cycling: Paris-Nice 2019: Stage 1	2019	1	Live coverage of the Paris-Nice 2019 stages. Cycling 2019.	FRANCE		2019	LIVE			Y	
2019-03-10	2505	Culture & Society	The Eighties		Greed Is Good	01	6	After the economic hardship of the 1970s perhaps a period of excess was inevitable. Mammon was king as wealth and materialism assumed a dominant place in American culture and politics. It's a decade of junk bonds, S&L bailouts and pervasive Wall Street corruption. Tom Wolfe wrote about the 'Masters of the Universe', and Michael Milken, Ivan Boesky and Charles Keating went from the business page to the front page as their criminal activities were exposed. And in a classic case of art imitating life, a line from a motion picture seemed to set the tone for the entire decade.	USA	English-100	2016	RPT	PG		Y	Y
2019-03-10	2555	Culture & Society	The Eighties		Tear Down This Wall	01	7	The 1980s began with renewed confrontation between the two nuclear-armed superpowers, the United States and the Soviet Union. President Reagan faced-off against a succession of aging Soviet leaders with Contras in Central America, mujahedeen in Afghanistan, cruise missiles in Europe, a 'Star Wars' defence system in space and his own soaring rhetoric - 'tear down this wall'. But the ascension of Mikhail Gorbachev to power in Moscow ignites an astounding chain of events that culminates in the dramatic conclusion of the decades long Cold War.	USA	English-100	2016	RPT	PG		Y	Y
2019-03-10	2645	Comedy	Tour De Force	MOVIE			0	Belgium, of all places. What's Belgium got besides chocolates and fries? No matter, this year it was Hannes' and Kiki's turn to choose the destination of their annual bike tour with their closest friends. They all look forward to the adventure, after all they know that what counts the most is the time they spend together. It's only after the tour has begun that Hannes tells his friends that he's suffering from an incurable disease. The trip is to be his last. At first, the group is shocked and helpless, but after they hit the road again, they embark on a wild and one-of-a-kind adventure. Through Hannes, they realise how precious life is. Equipped with a list of things that still remain to do, and aware that nothing will be the same after this trip, they celebrate life as they never did before.	GERMANY	German-100	2014	RPT	MA	s	Y	
2019-03-10	2825	Cooking	Poh's Kitchen		Duck And Wasabi With Neil Perry	01	16	Neil Perry is fast becoming a regular in Poh's Kitchen and there are no prizes for guessing why: Poh and Neil love cooking together and Poh's always eager to grab tips from one of Australia's best chefs. As Neil guides Poh through his recipe for Taro Crusted Duck with Mandarin Sauce he demonstrates that complicated recipes don't have to be intimidating if you break them down into simple steps.	AUSTRALIA	English-100	2010	RPT	G		Y	
2019-03-11	0500	News - Domestic	CGTN English News		Cgtn English News Morning		0	The English language news channel from China Global Television Network (CGTN) in Beijing. Formerly known as CCTV English News.	CHINA	English-100	0		NC		Y	

2019-03-11	0515	News - Domestic	<b>NHK World English News</b>	Nhk World English News Morning	0	0	News from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news, in English.	JAPAN	English-100	0	NC	Y	
2019-03-11	0530	News - Domestic	<b>Deutsche Welle English News</b>	Deutsche Welle English News Morning	0	0	News and analysis of the top international and European news and current affairs from Berlin, in English.	GERMANY	English-100	0	NC	Y	
2019-03-11	0600	News - Domestic	<b>France 24 English News</b>	France 24 English News Morning	0	0	International news and current affairs television from Paris, offering a French perspective on world events, in English.	FRANCE	English-100	0	NC	Y	
2019-03-11	0630	News - Overseas	<b>Al Jazeera News</b>	Al Jazeera News Hour First Edition	0	0	News via satellite from Al Jazeera Satellite Network, Qatar, in English.	QATAR	English-100	2017	NC	Y	
2019-03-11	0730	News - Overseas	<b>Italian News</b>	Italian News Daily	0	0	News via satellite from RAI Rome in Italian, no subtitles.	ITALY	Italian-100	2013	NC		
2019-03-11	0810	News - Overseas	<b>Filipino News</b>	Filipino News	0	0	News via satellite from ABS-CBN Manila, in Tagalog, no subtitles.	PHILIPPINES	Filipino-100	2013	NC		
2019-03-11	0840	News - Overseas	<b>French News</b>	French News	0	0	News via satellite from FT2 Paris, in French, no subtitles.	FRANCE	French-100	2013	NC		
2019-03-11	0930	News - Overseas	<b>Greek News</b>	Greek News	0	0	News via satellite from ERT Athens, in Greek, no subtitles.	GREECE	Greek-100	2017	NC		
2019-03-11	1030	News - Overseas	<b>German News</b>	German News	0	0	News via satellite from DW Berlin, in German, no subtitles.	GERMANY	German-100	2013	NC		
2019-03-11	1100	News - Overseas	<b>Spanish News</b>	Spanish News	0	0	News via satellite from RTVE Madrid, in Spanish, no subtitles.	SPAIN	Spanish-100	2013	NC		
2019-03-11	1200	News - Overseas	<b>Arabic News F24</b>	Arabic News F24	0	0	International news and current affairs from France 24 Arabic, via satellite, in Arabic, no subtitles.	FRANCE	Arabic-100	0	NC		
2019-03-11	1230	News - Overseas	<b>Turkish News</b>	Turkish News	0	0	News via satellite from TRT Turkey, in Turkish, no subtitles.	TURKEY	Turkish-100	2013	NC		
2019-03-11	1300	News - Overseas	<b>Al Jazeera News</b>	Al Jazeera News Hour Second Edition	0	0	News via satellite from Al Jazeera Satellite Network, Qatar, in English.	QATAR	English-100	2012	NC	Y	
2019-03-11	1400	Opera	<b>Pumeza</b>	Pumeza	0	0	South African lyric soprano Pumeza Matshikiza is one of today's rising opera stars. Her debut album 'Voice of Hope' was released in 2014. Her second album 'Arias' released in May 2016 showcases her operatic roles from Purcell to Puccini and newly arranged art songs by Faure, Hahn and Tosti.	SOUTH AFRICA	English-100	2016	RPT	G	Y
2019-03-11	1430	Popular Music / Jazz	<b>Celtic Woman: Ancient Land</b>	<a href="#">Premiere</a> Celtic Woman: Ancient Land	0	0	Celtic Woman: Ancient Land is the thirteenth studio album and eleventh feature by the group Celtic Woman. This TV special was recorded at Johnstown Castle in County Wexford, Ireland on September 13 and 14, 2018, in front of an invited audience.	IRELAND	English-90; Gaelic-10	2018			Y
2019-03-11	1605	Reality	<b>River Cottage Australia</b>	River Cottage Australia One Hours Series 1 Ep 5	01	5	Paul's dream is to one day make River Cottage Australia self-sufficient, and he's well on the way. With his own herbs, vegetables, eggs and cream from Bessie the cow, he whips up his first ever 'all from the farm' meal. But not all is going so well. Flies are a constant issue, especially in Paul's country kitchen. She meets a local sustainable farmer who introduces him to an ingenious all-natural solution. Down by the coast, it's Oyster Festival time. Paul tries his hand at the oyster shucking contest and then creates a traditional coastal favourite, a delicious oyster pie.	AUSTRALIA	English-100	2013	RPT	PG	Y
2019-03-11	1705	Health, Science & Technology	<b>Supervet</b>	<a href="#">New Episode</a> Buzz, Charlie And Pebbles	04	14	Professor Noel Fitzpatrick and his team are at both his hospitals in Surrey with some new challenges to overcome in order to help three patients - Charlie, Buzz and Pebbles.	UNITED KINGDOM	English-100	2017			Y
2019-03-11	1800	Quiz	<b>Letters And Numbers</b>	Letters And Numbers Series 2 Ep 46	02	46	Two contestants pit their linguistic and numerical skills against each other and the clock in this entertaining quiz show. Join host Richard Morecroft along with maths whiz Lily Serna and wordsmith David Astle.	AUSTRALIA	English-100	2011	RPT	G	Y

2019-03-11	1830	News - Domestic	SBS World News	NEWS	SBS World News 2019 Ep 70	2019	70	Up-to-date reports and analysis of the major national and international news stories of the day in Australia's only world news service.	AUSTRALIA	English-100	0	LIVE	NC		Y	
2019-03-11	1935	History	The Kennedys	New Episode	Brothers In Arms	01	3	A confident and popular John F. Kennedy is sworn in as the youngest ever elected American president, but he will have to rely on his brother, Attorney General Robert F. Kennedy, to help him navigate the disasters of 1961.	UNITED KINGDOM	English-100	2018		PG	a	Y	Y
2019-03-11	2030	Health, Science & Technology	Michael Mosley: Trust Me, I'm A Doctor	New Episode	Trust Me, I'm A Doctor Series 8 Ep 2	08	2	Michael Mosley finds out whether a glass of wine can protect your blood vessels from the harmful effects of junk food. Giles Yeo sets out to test home breathalyser kits - and uncovers a potentially dangerous weakness in the drink-drive laws in England, Wales and Northern Ireland. Zoe Williams finds out what you can do to improve your health if you are living with cancer. And Gabriel Weston has the lowdown on what is safe to eat and drink when you are pregnant. Michael finds out whether singing can boost feel-good chemicals in the brain, Zoe discovers why music could help people with dementia, and Alain looks at some new research showing the surprising benefits of group singing for mothers with post-natal depression. Also in the programme, Giles finds out whether 'man flu' is real, and Gabriel asks whether detoxing is a con.	UNITED KINGDOM	English-100	2018				Y	
2019-03-11	2125	Health, Science & Technology	24 Hours In Emergency		Handle With Care	08	5	Lawrence is rushed to St George's after being hit by a car while crossing the road on a night out in Eastbourne. He was thrown fifteen feet after 'bullseyeing' the car's windscreen. Lawrence was bleeding from his ears and was put into an induced coma at the scene by emergency doctors. Katrina is brought in after having difficulty breathing and chest pains that could indicate a heart attack. And 63-year-old former lollipop lady Angela has come in with her sister Sue after being attacked by one of her cats, as she shouted at a fox in the garden.	UNITED KINGDOM	English-100	2016	RPT	M	a	Y	Y
2019-03-11	2225	News - Domestic	SBS World News Late	NEWS	SBS World News Late 2019 Ep 49	2019	49	Up-to-date reports and analysis of the major national and international news stories of the day in Australia's only world news service.	AUSTRALIA		0	LIVE	NC		Y	
2019-03-11	2255	Sport General	World Game 2019, The	SPORTS	World Game 2019, The Ep 10	2019	10	Join the SBS football team for highlights and previews, plus the best action, news and exclusive interviews from around the football world.	AUSTRALIA		2019	RPT	NC		Y	
2019-03-11	2330	Contemporary	Home Ground	New Episode	Fair Play	01	5	The second half of the hard fought local derby is just about to begin when Helena receives word that Eivind, her most important player and only voice of support in the locker room, has a wife about to give birth in the hospital. Desperate for a win, Helena refuses to let Eivind know what's going on. Camilla is in the stands watching the game with her long distance boyfriend, but trouble brews when he becomes suspicious of Camilla's relationship with Adrian who is about to have his long awaited debut for the team.	NORWAY	Norwegian-100	2018	RPT	M	a l s		Y
2019-03-11	2425	Contemporary	Chance		Still Point In The Turning World, A	01	5	Chance consults with a doctor because of worries over his health. And desperate to incriminate Detective Blackstone, Chance and D take their surveillance to the next level hoping to get hard evidence of his corruption.	USA	English-100	2016	RPT	MA	a d l v	Y	
2019-03-11	2515	Cycling	Cycling: Paris-Nice 2019	LIVE	Cycling: Paris-Nice 2019: Stage 2	2019	2	Live coverage of the Paris-Nice 2019 stages. Cycling 2019.	FRANCE		2019	LIVE				
2019-03-11	2645	Cooking	Destination Flavour Japan		Destination Flavour - Japan Series 1 Ep 1	01	1	Adam Liaw is taking food lovers on a journey of culinary discovery through Japan. Adam heads to Hokkaido, known by Australians for its snow, but to the Japanese it is a gourmet paradise known for extraordinary cold-water seafood and dairy farming. Adam meets a dairy farmer who, with only 35 cows and his wife's cheesecake recipe, turned their tiny farm into a multi-million dollar business. Hokkaido may be remote, but the northern island has more than 60 Michelin-starred restaurants and the food culture here is as strong as anywhere in the world.	AUSTRALIA	English-85; Japanese-15	2013	RPT	G		Y	Y
2019-03-11	2720	History	Armada: 12 Days To Save England		Day One	01	1	Dan Snow takes to the sea to tell the story of how England came within a whisker of disaster in the summer of 1588. In this first episode, Anita Dobson stars as Elizabeth I as Dan Snow explores how England was on the brink of disaster in 1588. Newly discovered documents take Snow deep inside the Spanish Armada for the very first time and reveal a missed opportunity that could have spelled the end of Tudor England.	UNITED KINGDOM	English-100	2015	RPT	PG		Y	

2019-03-11	2830	Cooking	Poh's Kitchen	Sweet And Savoury With Emmanuel Mollois	01	17	Poh is exploring sweet and savoury from two very different perspectives and she's invited French chef Emmanuel Mollois to join her to add some twists to the soufflé.	AUSTRALIA	English-100	2010	RPT	G		Y	
2019-03-12	0500	News - Domestic	CGTN English News	Cgtn English News Morning		0	The English language news channel from China Global Television Network (CGTN) in Beijing. Formerly known as CCTV English News.	CHINA	English-100	0		NC		Y	
2019-03-12	0515	News - Domestic	NHK World English News	Nhk World English News Morning		0	News from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news, in English.	JAPAN	English-100	0		NC		Y	
2019-03-12	0530	News - Domestic	Deutsche Welle English News	Deutsche Welle English News Morning		0	News and analysis of the top international and European news and current affairs from Berlin, in English.	GERMANY	English-100	0		NC		Y	
2019-03-12	0600	News - Domestic	France 24 English News	France 24 English News Morning		0	International news and current affairs television from Paris, offering a French perspective on world events, in English.	FRANCE	English-100	0		NC		Y	
2019-03-12	0630	News - Domestic	Al Jazeera English News	Al Jazeera News First Edition		0	News via satellite from Al Jazeera Satellite Network, Qatar, in English.	QATAR	English-100	0		NC		Y	
2019-03-12	0700	News - Overseas	BBC News	BBC 6 O'clock News	2017	0	BBC 6.00pm evening news via satellite from London, UK, in English.	UNITED KINGDOM	English-100	2017		NC		Y	
2019-03-12	0730	News - Overseas	Italian News	Italian News Daily		0	News via satellite from RAI Rome in Italian, no subtitles.	ITALY	Italian-100	2013		NC			
2019-03-12	0810	News - Overseas	Filipino News	Filipino News		0	News via satellite from ABS-CBN Manila, in Tagalog, no subtitles.	PHILIPPINES	Filipino-100	2013		NC			
2019-03-12	0840	News - Overseas	French News	French News		0	News via satellite from FT2 Paris, in French, no subtitles.	FRANCE	French-100	2013		NC			
2019-03-12	0930	News - Overseas	Greek News	Greek News		0	News via satellite from ERT Athens, in Greek, no subtitles.	GREECE	Greek-100	2017		NC			
2019-03-12	1030	News - Overseas	German News	German News		0	News via satellite from DW Berlin, in German, no subtitles.	GERMANY	German-100	2013		NC			
2019-03-12	1100	News - Overseas	Spanish News	Spanish News		0	News via satellite from RTVE Madrid, in Spanish, no subtitles.	SPAIN	Spanish-100	2013		NC			
2019-03-12	1200	News - Overseas	Arabic News F24	Arabic News F24		0	International news and current affairs from France 24 Arabic, via satellite, in Arabic, no subtitles.	FRANCE	Arabic-100	0		NC			
2019-03-12	1230	News - Overseas	Turkish News	Turkish News		0	News via satellite from TRT Turkey, in Turkish, no subtitles.	TURKEY	Turkish-100	2013		NC			
2019-03-12	1300	News - Domestic	PBS Newshour	NEWS PBS Newshour		0	Reviews and analysis of the day's news presented by Judy Woodruff for the Public Broadcasting Service (PBS) in the United States.	USA	English-100	2012		NC		Y	
2019-03-12	1400	Health, Science & Technology	Donating Life	Vital Bonds		0	Vital Bonds is an evocative cinematic journey alongside the living and the dying, bringing to the screen a human drama never-before captured on film. With remarkable access to Canada's busiest organ-transplant hospital, we witness one of the most profound experiences in any human life: the loss of a child, and the agonising decision this tragedy demands. Created by two acclaimed Canadian documentarians, director Niobe Thompson and producer Rovita Dransfeld, Vital Bonds grips the viewer in a relentless, emotional embrace - propelling us from moments of unexpected joy to unbearable heartbreak - until the very final frame. An arresting tour de force of vérité filmmaking, immersing us completely in a world few of us understand but which we'll all one day encounter.	CANADA	English-100	2017		M	a w	Y	
2019-03-12	1500	Biography	Who Do You Think You Are Sunetra Sarker	Sunetra Sarker	13	9	Actor Sunetra Sarker sets out to explore the Bengali heritage she ignored when she was growing up in Liverpool. Starting in Kolkata, Sunetra learns about her family's involvement in the struggle for independence in India and a connection to Gandhi. Crossing into Bangladesh, Sunetra visits her great grandmother's ancestral home village - and discovers the harrowing story of how her family were caught up Bangladesh's 1971 war for independence.	UNITED KINGDOM	English-100	2016	RPT	PG	a	Y	Y

2019-03-12	1605	Reality	River Cottage Australia		River Cottage Australia One Hours Series 1 Ep 6	01	6	River Cottage Australia land-holder Paul West is keen to restore the gully that acts as a natural watercourse on his farm but it's almost totally overgrown with blackberries. Paul learns he can hire a herd of hefty eaters to deal with the problem, but will they have the appetite for such a massive job? Meanwhile, Paul hatches a plan to create new life at River Cottage with the help of Ron, his brand new rooster. At the same time, he has a tough task to perform. Big Boy the pig is ready for the butcher, but is Paul?	AUSTRALIA	English-100	2013	RPT	PG	w	Y	
2019-03-12	1705	Health, Science & Technology	Supervet	New Episode	Betty Boop, Maya And Kanzi	04	15	Steve brings in two-year-old Mastif Maya to discuss her options for treatment with Noel. Anna brings in Betty Boop, a tiny pug that lives with her sixteen brothers and sisters. Noel also sees a pack of rescued Chihuahuas, and Kanzi, who has intermittent lameness.	UNITED KINGDOM	English-100	2017				Y	
2019-03-12	1800	Quiz	Letters And Numbers		Letters And Numbers Series 2 Ep 47	02	47	Two contestants pit their linguistic and numerical skills against each other and the clock in this entertaining quiz show. Join host Richard Morecroft along with maths whiz Lily Serna and wordsmith David Astle.	AUSTRALIA	English-100	2011	RPT	G		Y	
2019-03-12	1830	News - Domestic	SBS World News	NEWS	SBS World News 2019 Ep 71	2019	71	Up-to-date reports and analysis of the major national and international news stories of the day in Australia's only world news service.	AUSTRALIA	English-100	0	LIVE	NC		Y	
2019-03-12	1935	Culture & Society	Michael Portillo's Abandoned Britain	Final Episode	Seaside Escape	02	5	Michael Portillo ends his journey in Sussex at the popular seaside destination of Brighton, where he goes in search of the hidden history of this British coastal resort. The ghostly skeleton of the town's West pier has become one of the UK's most well-known ruins, and Michael discovers that its extraordinary staying power is thanks to its Victorian engineering. Later, Michael joins Britain's oldest swimming club for a bracing dip, before meeting Jo Berry, daughter of Conservative MP Anthony Berry, who was killed by an IRA bomb at Brighton's Grand Hotel during the party's 1984 conference.	UNITED KINGDOM	English-100	2018		PG	a	Y	
2019-03-12	2030	Current Affairs	Insight	New Episode	Vitamins & Supplements	2019	4	Jenny Brockie takes a look at what the evidence says about vitamins and supplements, and discusses whether people care about them.	AUSTRALIA	English-100	0		NC		Y	
2019-03-12	2130	Current Affairs	Dateline	New Season Premiere	Denmark's Dementia Village	2019	1	Greg Kelly has early onset dementia and does not want to go into a nursing home. Dateline follows him to Denmark to experience an alternate care option, where there is a village where everyone has dementia.	AUSTRALIA	English-100	0				Y	
2019-03-12	2200	Quiz	8 Out Of 10 Cats Does Countdown	New Episode	8 Out Of 10 Cats Does Countdown Series 6 Ep 6	06	6	It's Letters and Numbers with a whole bunch of comedians. The UK's funniest quiz show is hosted by Jimmy Carr, tonight featuring special guests Vic Reeves, Bob Mortimer and Jack Whitehall.	UNITED KINGDOM	English-100	2015		M		Y	
2019-03-12	2300	News - Domestic	SBS World News Late	NEWS	SBS World News Late 2019 Ep 50	2019	50	Up-to-date reports and analysis of the major national and international news stories of the day in Australia's only world news service.	AUSTRALIA		0	LIVE	NC		Y	
2019-03-12	2330	Contemporary	Ride Upon The Storm	New Episode	Ride Upon The Storm Series 2 Ep 5	02	5	Svend suffers a relapse in his drug abuse and doesn't want help. Johannes and Elisabeth insist on stepping in when they see how bad a state he's in. Christian gives his biggest talk so far to a hall filled with executives and employees. But during the talk, he goes too far and gets an employee to overstep his own boundaries.	DENMARK	Danish-100	2018		M	a d s	Y	
2019-03-12	2435	Cooking	Destination Flavour Japan		Destination Flavour - Japan Series 1 Ep 2	01	2	After simmering in one of the Tohoku region's famous hot springs, Adam Liaw attempts a world gluttony record: devouring 500 bowls of Soba noodles. Adam finds his sea legs with the fishing family who caught Japan's 'million dollar tuna', and then meets a man who lost his soy sauce factory in the 2011 tsunami but managed to save the lives of his workers.	AUSTRALIA	English-80; Japanese-20	2013	RPT	G		Y	Y
2019-03-12	2510	Travel	Hidden Japan With Adam Liaw Bitesize		Hidden Japan With Adam Liaw Series 1 Ep 2	01	2	Join Adam Liaw as he discovers food and travel adventures off the beaten track in Japan.	AUSTRALIA	English-100	2016	RPT			Y	
2019-03-12	2515	Cycling	Cycling: Paris-Nice 2019	LIVE	Cycling: Paris-Nice 2019: Stage 3	2019	3	Live coverage of the Paris-Nice 2019 stages. Cycling 2019.	FRANCE		2019	LIVE			Y	
2019-03-12	2645	Crime	Spiral		Spiral Series 6 Ep 6	06	6	Difficulties escalate for the detectives seeking their teen victim's best friend. A sexual harassment hearing proves revealing of Josephine's feelings. Roban and Laure learn of police corruption.	FRANCE	French-100	2017	RPT	MA	a l s v	Y	

2019-03-12	2800	Cooking	Poh's Kitchen	Simply Italian With Antonio Carluccio	01	18	Tasting Australia' is one of the largest food festivals in Australia and is held annually in Poh's home state South Australia. This year Poh enjoys the privilege of being part of the festival and takes the opportunity to borrow one of its main attractions, Italian food legend, Antonio Carluccio. In the kitchen Antonio demonstrates quintessential Italian peasant cuisine.	AUSTRALIA	English-100	2010	RPT	G	Y
2019-03-12	2830	Cooking	Poh's Kitchen	Poh In Kuala Lumpur	01	19	Poh moves out of her kitchen and heads off overseas to Malaysia, the country where she was born. She is on a three week trip to find out more about her heritage and about the traditional dishes that come from Malaysia. In the first week of her trip, Poh visits Kuala Lumpur, her hometown. This is a city known for its street food and immediately after she arrives, Poh's out on the street looking, eating and meeting a number of local chefs including Chef Ismail Ahmad. The dishes she learns about in this episode include her Great Aunt's Popiah and Chef Ismail's Jackfruit Curry.	AUSTRALIA	English-100	2010	RPT	G	Y
2019-03-13	0500	News - Domestic	CGTN English News	Cgtn English News Morning		0	The English language news channel from China Global Television Network (CGTN) in Beijing. Formerly known as CCTV English News.	CHINA	English-100	0		NC	Y
2019-03-13	0515	News - Domestic	NHK World English News	Nhk World English News Morning		0	News from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news, in English.	JAPAN	English-100	0		NC	Y
2019-03-13	0530	News - Domestic	Deutsche Welle English News	Deutsche Welle English News Morning		0	News and analysis of the top international and European news and current affairs from Berlin, in English.	GERMANY	English-100	0		NC	Y
2019-03-13	0600	News - Domestic	France 24 English News	France 24 English News Morning		0	International news and current affairs television from Paris, offering a French perspective on world events, in English.	FRANCE	English-100	0		NC	Y
2019-03-13	0630	News - Domestic	Al Jazeera English News	Al Jazeera News First Edition		0	News via satellite from Al Jazeera Satellite Network, Qatar, in English.	QATAR	English-100	0		NC	Y
2019-03-13	0700	News - Overseas	BBC News	BBC 6 O'clock News	2017	0	BBC 6.00pm evening news via satellite from London, UK, in English.	UNITED KINGDOM	English-100	2017		NC	Y
2019-03-13	0730	News - Overseas	Italian News	Italian News Daily		0	News via satellite from RAI Rome in Italian, no subtitles.	ITALY	Italian-100	2013		NC	
2019-03-13	0810	News - Overseas	Filipino News	Filipino News		0	News via satellite from ABS-CBN Manila, in Tagalog, no subtitles.	PHILIPPINES	Filipino-100	2013		NC	
2019-03-13	0840	News - Overseas	French News	French News		0	News via satellite from FT2 Paris, in French, no subtitles.	FRANCE	French-100	2013		NC	
2019-03-13	0930	News - Overseas	Greek News	Greek News		0	News via satellite from ERT Athens, in Greek, no subtitles.	GREECE	Greek-100	2017		NC	
2019-03-13	1030	News - Overseas	German News	German News		0	News via satellite from DW Berlin, in German, no subtitles.	GERMANY	German-100	2013		NC	
2019-03-13	1100	News - Overseas	Spanish News	Spanish News		0	News via satellite from RTVE Madrid, in Spanish, no subtitles.	SPAIN	Spanish-100	2013		NC	
2019-03-13	1200	News - Overseas	Arabic News F24	Arabic News F24		0	International news and current affairs from France 24 Arabic, via satellite, in Arabic, no subtitles.	FRANCE	Arabic-100	0		NC	
2019-03-13	1230	News - Overseas	Turkish News	Turkish News		0	News via satellite from TRT Turkey, in Turkish, no subtitles.	TURKEY	Turkish-100	2013		NC	
2019-03-13	1300	News - Domestic	PBS Newshour	NEWS PBS Newshour		0	Reviews and analysis of the day's news presented by Judy Woodruff for the Public Broadcasting Service (PBS) in the United States.	USA	English-100	2012		NC	Y
2019-03-13	1400	Health, Science & Technology	Medicine's Big Breakthrough: Editing Your Genes	Medicine's Big Breakthrough: Editing Your Genes		0	This documentary looks at the breakthrough that could change the lives of everyone and everything on the planet. Gene editing is revolutionising medical research and could deliver new treatments, even cures for a host of diseases. It also gives scientists control over evolution, allowing genetic changes to be forced through species. But some are worried about letting the gene genie out of the bottle.	UNITED KINGDOM	English-100	2016	RPT	PG	Y

2019-03-13	1430	Current Affairs	<b>Dateline</b>	<a href="#">Replay</a>	Denmark's Dementia Village	2019	1	Greg Kelly has early onset dementia and does not want to go into a nursing home. Dateline follows him to Denmark to experience an alternate care option, where there is a village where everyone has dementia.	AUSTRALIA	English-100	0	RPT			Y		
2019-03-13	1500	Current Affairs	<b>Insight</b>	<a href="#">Replay</a>	Vitamins & Supplements	2019	4	Jenny Brockie takes a look at what the evidence says about vitamins and supplements, and discusses whether people care about them.	AUSTRALIA	English-100	0	RPT	NC		Y		
2019-03-13	1605	Reality	<b>River Cottage Australia</b>		River Cottage Australia One Hours Series 1 Ep 7		01	7	The local CWA ladies have a big job for Paul and there might be a sweet reward in return. If he can help them paint their headquarters, they've offered to share some of their cake-making secrets with him. How will his Hazelnut Loaf cake stand up against some of the finest in the district? Back on the farm, Paul's been collecting old chook feathers, but what on earth for? Could there be something fishy going on? And as we head to the coast nearby, Paul learns that there's more to seaweed than meets the eye. Not only is it good for the garden, he has an idea for a crispy new recipe.	AUSTRALIA	English-100	2013	RPT	PG	Y		
2019-03-13	1705	Health, Science & Technology	<b>Supervet</b>	<a href="#">New Episode</a>	Mason, Bongo And Lucky		04	16	Gary and Warin bring in their six-year old Shih Tzu, called Lucky. She's been referred to Fitzpatrick's with severe arthritis in her hip but could be something far more sinister. Bongo is Sara and Russell's much-loved family Labrador who acts like another brother to their sons, Milo and Marley. But despite only being two years old, Bongo has been affected by osteoarthritis on all four legs, and German Shepherd puppy Mason has a genetic disease called Osteochondritis Dissecans, wherein some joints the cartilage doesn't develop normally.	UNITED KINGDOM	English-100	2017			Y		
2019-03-13	1800	Quiz	<b>Letters And Numbers</b>		Letters And Numbers Series 2 Ep 48		02	48	Two contestants pit their linguistic and numerical skills against each other and the clock in this entertaining quiz show. Join host Richard Morecroft along with maths whiz Lily Serna and wordsmith David Astle.	AUSTRALIA	English-100	2011	RPT	G	Y		
2019-03-13	1830	News - Domestic	<b>SBS World News</b>	<a href="#">NEWS</a>	SBS World News 2019 Ep 72	2019	72	72	Up-to-date reports and analysis of the major national and international news stories of the day in Australia's only world news service.	AUSTRALIA	English-100	0	LIVE	NC	Y		
2019-03-13	1930	Food Lifestyle	<b>Gourmet Farmer</b>		Gourmet Farmer Series 4 Ep 7		04	7	The big day is nearly here, but with a forecast of snow and sleet, will Matthew Evans be ready for the grand opening of his new farm-to-table restaurant, Fat Pig Kitchen?	AUSTRALIA	English-100	2016	RPT	PG	Y		
2019-03-13	2000	History	<b>Great British Railway Journeys</b>	<a href="#">New Episode</a>	Great British Railway Journeys Series 10 Ep 2		10	2	Steered by his Edwardian Bradshaw's Guide, Michael Portillo navigates his way by rail - and ferry - across Northern Ireland and the Scottish Highlands from Newry to Argyll and Bute. Early 20th-century Britain was reeling from industrial strife and suffragette outrages, but the biggest crisis of all was the conflict in Ireland. Beginning in Newry, Michael finds a specially chartered train would deliver demonstrators campaigning for Irish Home Rule to a rally in the town.	UNITED KINGDOM	English-100	2019			Y		
2019-03-13	2035	History	<b>Australia In Colour</b>	<a href="#">New Episode</a>	Australia In Colour Series 1 Ep 2		01	2	Sport and comedy offer some relief from the hunger and hopelessness of the Great Depression - at least until war breaks out. Australia sends troops to Europe to fight beside Britain, but when Japan invades Pearl Harbor, the nation turns to America for protection and pulls troops out of the Middle East. Fighting reaches Darwin.			0		PG	Y		
2019-03-13	2135	Contemporary	<b>McMafia</b>	<a href="#">New Episode</a>	McMafia Series 1 Ep 6		01	6	Vadim starts to slowly close in on the Godman family and gather intelligence, as Alex gets increasingly concerned for his family's safety he enlists professional security. Rebecca reaches an impasse with Alex as she learns of the jeopardy he has placed his business in. He decides she should move out while she is still struggling with his decisions.	UNITED KINGDOM	English-60; Russian-30; Arabic-10	2018		M	a v	Y	Y
2019-03-13	2240	News - Domestic	<b>SBS World News Late</b>	<a href="#">NEWS</a>	SBS World News Late 2019 Ep 51	2019	51	51	Up-to-date reports and analysis of the major national and international news stories of the day in Australia's only world news service.	AUSTRALIA		0	LIVE	NC	Y		
2019-03-13	2310	Thriller	<b>Berlin Station</b>	<a href="#">Final Episode</a>	Book Of The Fallen		03	10	Mere hours remain before enemy forces topple the Estonian government. Without Langley's backing, Berlin Station acts alone in one final desperate push to prevent the fall of a nation.	GERMANY	English-100	2018		MA	v	Y	Y



2019-03-13	2415	Health, Science & Technology	<b>24 Hours In Emergency</b>		Only Yesterday	09	9	Professional dog walker Janine is rushed to St George's after being kicked by a horse at her stables in Surrey. Janine was left unable to walk and had to crawl over two fields to call for help. A CT scan reveals a major fracture to Janine's pelvis and further tests are needed to determine whether her injuries could be life changing.	UNITED KINGDOM	English-100	2016	RPT	M	a l	Y	Y	
2019-03-13	2515	Cycling	<b>Cycling: Paris-Nice 2019</b>	LIVE	Cycling: Paris-Nice 2019: Stage 4	2019	4	Live coverage of the Paris-Nice 2019 stages. Cycling 2019.	FRANCE		2019	LIVE			Y		
2019-03-13	2645	Cooking	<b>Destination Flavour Japan</b>		Destination Flavour - Japan Series 1 Ep 3		01	3	Adam Liaw explores the amazing and unique culinary culture of Japan. This week, Adam uncovers the secrets to superb sake, samples some of the world's best sushi and prepares a classic Japanese dish with his mother-in-law.	AUSTRALIA	English-75; Japanese-25	2013	RPT	G		Y	Y
2019-03-13	2715	Contemporary	<b>Ride Upon The Storm</b>		Ride Upon The Storm Series 1 Ep 6		01	6	Christian visits Amira in an attempt at atonement, only to discover that she has left Mark. August gradually starts returning to his old self, but he isn't yet emotionally able to resume their attempts at establishing the family that he and Emilie have previously so fervently wanted. And his formerly unconditional faith in God is still wavering. Johannes is still getting the cold shoulder from Elisabeth, and while he struggles to keep himself, as well as his church and staff on the right track, she gradually withdraws more and more from him – and closer and closer to Liv, the young Norwegian woman.	DENMARK	Danish-97; English-3	2017	RPT	MA	a s	Y	Y
2019-03-13	2825	Cooking	<b>Poh's Kitchen</b>		Poh In Kuala Lumpur		01	19	Poh moves out of her kitchen and heads off overseas to Malaysia, the country where she was born. She is on a three week trip to find out more about her heritage and about the traditional dishes that come from Malaysia. In the first week of her trip, Poh visits Kuala Lumpur, her hometown. This is a city known for its street food and immediately after she arrives, Poh's out on the street looking, eating and meeting a number of local chefs including Chef Ismail Ahmad. The dishes she learns about in this episode include her Great Aunt's Popiah and Chef Ismail's Jackfruit Curry.	AUSTRALIA	English-100	2010	RPT	G		Y	
2019-03-14	0500	News - Domestic	<b>CGTN English News</b>		Cgtn English News Morning			0	The English language news channel from China Global Television Network (CGTN) in Beijing. Formerly known as CCTV English News.	CHINA	English-100	0		NC		Y	
2019-03-14	0515	News - Domestic	<b>NHK World English News</b>		Nhk World English News Morning			0	News from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news, in English.	JAPAN	English-100	0		NC		Y	
2019-03-14	0530	News - Domestic	<b>Deutsche Welle English News</b>		Deutsche Welle English News Morning			0	News and analysis of the top international and European news and current affairs from Berlin, in English.	GERMANY	English-100	0		NC		Y	
2019-03-14	0600	News - Domestic	<b>France 24 English News</b>		France 24 English News Morning			0	International news and current affairs television from Paris, offering a French perspective on world events, in English.	FRANCE	English-100	0		NC		Y	
2019-03-14	0630	News - Domestic	<b>Al Jazeera English News</b>		Al Jazeera News First Edition			0	News via satellite from Al Jazeera Satellite Network, Qatar, in English.	QATAR	English-100	0		NC		Y	
2019-03-14	0700	News - Overseas	<b>BBC News</b>		BBC 6 O'clock News	2017		0	BBC 6.00pm evening news via satellite from London, UK, in English.	UNITED KINGDOM	English-100	2017		NC		Y	
2019-03-14	0730	News - Overseas	<b>Italian News</b>		Italian News Daily			0	News via satellite from RAI Rome in Italian, no subtitles.	ITALY	Italian-100	2013		NC			
2019-03-14	0810	News - Overseas	<b>Filipino News</b>		Filipino News			0	News via satellite from ABS-CBN Manila, in Tagalog, no subtitles.	PHILIPPINES	Filipino-100	2013		NC			
2019-03-14	0840	News - Overseas	<b>French News</b>		French News			0	News via satellite from FT2 Paris, in French, no subtitles.	FRANCE	French-100	2013		NC			
2019-03-14	0930	News - Overseas	<b>Greek News</b>		Greek News			0	News via satellite from ERT Athens, in Greek, no subtitles.	GREECE	Greek-100	2017		NC			
2019-03-14	1030	News - Overseas	<b>German News</b>		German News			0	News via satellite from DW Berlin, in German, no subtitles.	GERMANY	German-100	2013		NC			
2019-03-14	1100	News - Overseas	<b>Spanish News</b>		Spanish News			0	News via satellite from RTVE Madrid, in Spanish, no subtitles.	SPAIN	Spanish-100	2013		NC			

2019-03-14	1200	News - Overseas	<b>Arabic News F24</b>		Arabic News F24		0	International news and current affairs from France 24 Arabic, via satellite, in Arabic, no subtitles.	FRANCE	Arabic-100	0								NC	
2019-03-14	1230	News - Overseas	<b>Turkish News</b>		Turkish News		0	News via satellite from TRT Turkey, in Turkish, no subtitles.	TURKEY	Turkish-100	2013								NC	
2019-03-14	1300	News - Domestic	<b>PBS Newshour</b>	<b>NEWS</b>	PBS Newshour		0	Reviews and analysis of the day's news presented by Judy Woodruff for the Public Broadcasting Service (PBS) in the United States.	USA	English-100	2012								NC	Y
2019-03-14	1400	Culture & Society	<b>Muslims Like Us Australia</b>		Muslims Like Us Australia Series 1 Ep 1		1	1	Muslims make up less than three per cent of the Australian population, yet dominate the news headlines and are often misunderstood. In this new two-part series, ten Muslim Australians with vastly different views on their faith live under one roof for eight days to explore what it means to be a Muslim in modern, multicultural Australia. While the housemates are united in faith, they are divided on what it means to be a 'good Muslim'.	AUSTRALIA	English-100	2017	RPT	M	a	l		Y	Y	
2019-03-14	1500	Culture & Society	<b>Muslims Like Us Australia</b>		Muslims Like Us Australia Series 1 Ep 2		1	2	Muslims make up less than three per cent of the Australian population, yet dominate the news headlines and are often misunderstood. In this new two-part series, ten Muslim Australians with vastly different views on their faith live under one roof for eight days to explore what it means to be a Muslim in modern, multicultural Australia. While the housemates are united in faith, they are divided on what it means to be a 'good Muslim'.	AUSTRALIA	English-100	2017	RPT	PG				Y	Y	
2019-03-14	1605	Reality	<b>River Cottage Australia</b>		River Cottage Australia One Hours Series 1 Ep 8		01	8	It's been nearly four months since Hugh returned to River Cottage in the UK to let Paul do it alone. But now he's back, and he's amazed at what he finds. Where there used to be rundown enclosures and sheds, there are now homes for chickens, ducks, pigs and a dairy cow. The vegetable beds they laid out together are now a mass of leafy winter greens, and the citrus grove is thriving. They decide to harvest what they can as starting point for a huge community cook-up they've got planned. But they'll need more food to feed the hungry throng. At the beach, Paul instructs Hugh in the fine art of beach-worm catching. Will they be able to catch the bait, let alone enough fish for a feed?	AUSTRALIA	English-100	2013	RPT	PG	a	w		Y		
2019-03-14	1705	Health, Science & Technology	<b>Supervet</b>	<b>New Episode</b>	Arlo, Drummer And Sooty		04	17	One of Professor Noel Fitzpatrick's senior neurologists treat a Chihuahua with a rare brain condition, and Noel helps a family in need of a solution of their elderly labrador Drummer, who is a support for their family.	UNITED KINGDOM	English-100	2017							Y	
2019-03-14	1800	Quiz	<b>Letters And Numbers</b>		Letters And Numbers Series 2 Ep 49		02	49	Two contestants pit their linguistic and numerical skills against each other and the clock in this entertaining quiz show. Join host Richard Morecroft along with maths whiz Lily Serna and wordsmith David Astle.	AUSTRALIA	English-100	2011	RPT	G					Y	
2019-03-14	1830	News - Domestic	<b>SBS World News</b>	<b>NEWS</b>	SBS World News 2019 Ep 73		2019	73	Up-to-date reports and analysis of the major national and international news stories of the day in Australia's only world news service.	AUSTRALIA	English-100	0	LIVE	NC					Y	
2019-03-14	1935	History	<b>Secrets Of The Tudors</b>		Henry VIII: The Tyrant King		01	2	Join historian Tracy Borman as she shares the intimate details of Henry VIII's later life, from his interests and clothing to the accidents he endured.	UNITED KINGDOM	English-100	2016	RPT	PG					Y	
2019-03-14	2030	History	<b>Jumbo Jet: 50 Years In The Sky</b>	<b>New Series Premiere</b>	Jumbo Jet: 50 Years In The Sky Series 1 Ep 1		01	1	This first of two parts explores the 747's design and build story - showing the engineering challenges Boeing faced racing to create the largest passenger aircraft ever built, rolled out in the summer of 1968.	UNITED KINGDOM	English-100	2018							Y	
2019-03-14	2125	Thriller	<b>Trust Me</b>	<b>New Episode</b>	Trust Me Series 1 Ep 3		01	3	Andy has a decision to make, whilst Ally faces the consequences of her deception during a weekend away with him. A fatal error at work backs Ally into a corner - does she protect her own identity or fall further into the lie?	UNITED KINGDOM	English-100	2017		M	a	l		Y		
2019-03-14	2230	Thriller	<b>Counterpart</b>	<b>New Episode</b>	Shadow Puppets		02	5	A new revelation puts Howard Prime and Quayle in jeopardy. Life at Echo is disrupted. Clare reconnects with her past.	USA	English-100	2019		MA				Y	Y	
2019-03-14	2335	News - Domestic	<b>SBS World News Late</b>	<b>NEWS</b>	SBS World News Late 2019 Ep 52		2019	52	Up-to-date reports and analysis of the major national and international news stories of the day in Australia's only world news service.	AUSTRALIA		0	LIVE	NC					Y	

2019-03-14	2400	Variety	Full Frontal With Samantha Bee	SBS VICELAND Encore	March 14th, 2019	04	3	Fast tracked from the US - award winning news satire Full Frontal with Samantha Bee tackles the week in politics, immigration, the media, healthcare, and Trump.	USA	English-100	2019	RPT	MA		Y	
2019-03-14	2425	Health, Science & Technology	24 Hours In Emergency		Keep On Going	09	10	Thirty-one-year-old Liam is rushed to St George's after collapsing at home during an epileptic seizure. It was his fourth seizure of the day and he experiences another at the hospital. He's given an anti-seizure drug to stabilise his condition. Mair is brought in suffering from severe chest pain and difficulty breathing. Doctors take blood samples to test whether her symptoms are due to pneumonia. Mair is keen to see her upcoming 90th birthday, but as she has existing heart problems, doctor Tom has to discuss whether she wants to be resuscitated if her heart stops. Meanwhile 12-year-old Lauren arrives by ambulance after breaking her leg while scoring a try in a rugby match. An x-ray shows the extent of her injury and Lauren will need extensive surgery to give her the best chance of walking normally again.	UNITED KINGDOM	English-100	2016	RPT	M	a	Y	Y
2019-03-14	2520	Cycling	Cycling: Paris-Nice 2019	LIVE	Cycling: Paris-Nice 2019: Stage 5	2019	5	Live coverage of the Paris-Nice 2019 stages. Cycling 2019.	FRANCE		2019	LIVE			Y	
2019-03-14	2645	Travel	Hidden Japan With Adam Liaw Bitesize		Hidden Japan With Adam Liaw Series 1 Ep 4	01	4	Join Adam Liaw as he discovers food and travel adventures off the beaten track in Japan.	AUSTRALIA	English-100	2016	RPT	G			
2019-03-14	2655	Travel	Hidden Japan With Adam Liaw Bitesize		Hidden Japan With Adam Liaw Series 1 Ep 5	01	5	Join Adam Liaw as he discovers food and travel adventures off the beaten track in Japan.	AUSTRALIA	English-100	2016	RPT	G			
2019-03-14	2705	History	Armada: 12 Days To Save England		Battle For England, The	01	2	Anita Dobson stars as Elizabeth I as Dan Snow takes to the sea to tell the story of how England came within a whisker of disaster in the summer of 1588. Dan relives the fierce battles at sea and goes behind the scenes in Elizabeth's royal court as the Spanish fleet prepares for full-on invasion.	UNITED KINGDOM	English-100	2015	RPT	M	v	Y	
2019-03-14	2815	Cooking	Poh's Kitchen		Poh And Nonya Cuisine	01	20	Poh continues her Malaysian adventure, heading south from Kuala Lumpur to the historic port of Melaka. Once a vibrant maritime trading centre at the heart of the international spice trade, this UNESCO listed heritage site boasts a rich historical and culinary history. It's the 'Baba & Nonya' culture that most interests Poh. The Babas and Nonyas are descendants of Chinese settlers who arrived in Melaka around 600 years ago and intermarried with the local Malay people. The interweaving of these two cultures has given them a unique and increasingly popular cuisine, commonly known as 'Nonya'.	AUSTRALIA	English-100	2010	RPT	G		Y	
2019-03-14	2850	Fillers	SBS Flashback		Flashback On Asylum Seekers In Detention (Long Version)	01	6	The plight of asylum seekers in the face of the Australian Government's policy of mandatory detention for 'unauthorised arrivals'.	AUSTRALIA	English-100	2015	RPT				
2019-03-15	0500	News - Domestic	CGTN English News		Cgtn English News Morning		0	The English language news channel from China Global Television Network (CGTN) in Beijing. Formerly known as CCTV English News.	CHINA	English-100	0		NC		Y	
2019-03-15	0515	News - Domestic	NHK World English News		Nhk World English News Morning		0	News from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news, in English.	JAPAN	English-100	0		NC		Y	
2019-03-15	0530	News - Domestic	Deutsche Welle English News		Deutsche Welle English News Morning		0	News and analysis of the top international and European news and current affairs from Berlin, in English.	GERMANY	English-100	0		NC		Y	
2019-03-15	0600	News - Domestic	France 24 English News		France 24 English News Morning		0	International news and current affairs television from Paris, offering a French perspective on world events, in English.	FRANCE	English-100	0		NC		Y	
2019-03-15	0630	News - Domestic	Al Jazeera English News		Al Jazeera News First Edition		0	News via satellite from Al Jazeera Satellite Network, Qatar, in English.	QATAR	English-100	0		NC		Y	
2019-03-15	0700	News - Overseas	BBC News		BBC 6 O'clock News	2017	0	BBC 6.00pm evening news via satellite from London, UK, in English.	UNITED KINGDOM	English-100	2017		NC		Y	
2019-03-15	0730	News - Overseas	Italian News		Italian News Daily		0	News via satellite from RAI Rome in Italian, no subtitles.	ITALY	Italian-100	2013		NC			
2019-03-15	0810	News - Overseas	Filipino News		Filipino News		0	News via satellite from ABS-CBN Manila, in Tagalog, no subtitles.	PHILIPPINES	Filipino-100	2013		NC			

2019-03-15	0840	News - Overseas	French News		French News		0	News via satellite from FT2 Paris, in French, no subtitles.	FRANCE	French-100	2013			NC			
2019-03-15	0930	News - Overseas	Greek News		Greek News		0	News via satellite from ERT Athens, in Greek, no subtitles.	GREECE	Greek-100	2017			NC			
2019-03-15	1030	News - Overseas	German News		German News		0	News via satellite from DW Berlin, in German, no subtitles.	GERMANY	German-100	2013			NC			
2019-03-15	1100	News - Overseas	Spanish News		Spanish News		0	News via satellite from RTVE Madrid, in Spanish, no subtitles.	SPAIN	Spanish-100	2013			NC			
2019-03-15	1200	News - Overseas	Arabic News F24		Arabic News F24		0	International news and current affairs from France 24 Arabic, via satellite, in Arabic, no subtitles.	FRANCE	Arabic-100	0			NC			
2019-03-15	1230	News - Overseas	Turkish News		Turkish News		0	News via satellite from TRT Turkey, in Turkish, no subtitles.	TURKEY	Turkish-100	2013			NC			
2019-03-15	1300	News - Domestic	PBS Newshour	NEWS	PBS Newshour		0	Reviews and analysis of the day's news presented by Judy Woodruff for the Public Broadcasting Service (PBS) in the United States.	USA	English-100	2012			NC		Y	
2019-03-15	1400	Current Affairs	The Point	NITV Encore	Empowering Women	2019	8	The Point marks International Women's Day and the theme #BalanceforBetter. Political correspondent Nakari Thorpe explores why women are getting more involved in politics ahead of the NSW State election. Journalist Madeline Hayman-Reber gains an exclusive insight into how some women are fighting back against workplace sexual harassment in the wake of recent allegations out of Victoria and we look at the #MeToo movement in Australia. Hosted by Rachael Hocking with a special all female panel.	AUSTRALIA	English-100	2019	RPT		NC		Y	
2019-03-15	1500	News - Domestic	NITV News: Nula	NITV Encore	NITV News: Nula Ep 7	2019	7	Natalie Ahmat takes a look at the week that was from right across the nation.	AUSTRALIA	English-100	2019	LIVE		NC		Y	
2019-03-15	1530	Culture & Society	Back In The Soviet Bloc		Folklore, Playgrounds & Reunions	01	5	Julia discovers Ukraine's traditional culture, and revisits her own origins. Julia explores the quirkiest side of Kyiv, discovering its wide-reaching cultural influences in its food and landmarks. But to really learn about Ukraine's cultural heritage, she attends the Pirogovo Folk Festival at a large-scale outdoor museum. She enjoys traditional Ukrainian singing, dancing, music, arts, and crafts, and chats to an eccentric festival volunteer.	AUSTRALIA	Ukrainian-33.34; English-33.33; Russian-33.33	2013	RPT		PG		Y	Y
2019-03-15	1605	Reality	River Cottage Australia		River Cottage Australia One Hours Series 2 Ep 1	02	1	Time has passed and the seasons have changed at River Cottage Australia. Paul West is about to experience his first summer on the land. Will he have enough water, food and produce to keep the farm thriving throughout the dryer months?	AUSTRALIA	English-100	2014	RPT		PG	a w	Y	
2019-03-15	1705	Health, Science & Technology	Supervet	New Episode	Baloo, Lola And Piper	04	18	Labradors are the most popular breed in the country, and Fitzpatrick Referrals sees up to 30 every week. In this episode, two are referred to Noel in search of a solution and Baloo a very large Great Dane, makes a big entrance to the practice when he comes in for major spinal surgery.	UNITED KINGDOM	English-100	2017					Y	
2019-03-15	1800	Quiz	Letters And Numbers		Letters And Numbers Series 2 Ep 50	02	50	Two contestants pit their linguistic and numerical skills against each other and the clock in this entertaining quiz show. Join host Richard Morecroft along with maths whiz Lily Serna and wordsmith David Astle.	AUSTRALIA	English-100	2011	RPT		G		Y	
2019-03-15	1830	News - Domestic	SBS World News	NEWS	SBS World News 2019 Ep 74	2019	74	Up-to-date reports and analysis of the major national and international news stories of the day in Australia's only world news service.	AUSTRALIA	English-100	0	LIVE		NC		Y	
2019-03-15	1935	Nature & Environment	Coast New Zealand	New Episode	Auckland	01	4	New Zealand's largest city is also the most coastal city in the country. It has hundreds of kilometres of coastlines and its many bays, inlets and creeks mean that most Aucklanders live within 5 kilometres of the sea. But few cities in the world also have a stronger claim to the title 'City of Volcanoes'. Over fifty have erupted within 20 kilometres of the central city. On this journey Neil steps onto the site of Auckland's biggest volcanic eruption and finds an archaeologist's dream. Could this be New Zealand's very own Pompeii?	UNITED KINGDOM	English-100	2015			PG		Y	

2019-03-15	2030	Drama	<b>Moonlight</b>	<b>MOVIE</b>		0	A look at three defining chapters in the life of Chiron, a young black man growing up in Miami. His epic journey to manhood is guided by the kindness, support, and love of the community that helps raise him.	USA	English-100	2016								Y	
2019-03-15	2230	News - Domestic	<b>SBS World News Late</b>	<b>NEWS</b>	SBS World News Late 2019 Ep 53	2019	53	Up-to-date reports and analysis of the major national and international news stories of the day in Australia's only world news service.	AUSTRALIA		0	LIVE	NC					Y	
2019-03-15	2255	Current Affairs	<b>The Feed</b>	<b>SBS VICELAND Encore</b>	Bad Medicine	2019	5	Bad medicine? Most parents would do anything to help their kids and many childless people would do anything to have them. But at what cost and on whose advice? The Feed explores the controversial practice of cutting babies' tongue ties for breastfeeding and questions the fertility stats pushing people to an IVF industry worth more than half a billion dollars a year.	AUSTRALIA	English-100	2019	RPT	NC					Y	
2019-03-15	2355	Health, Science & Technology	<b>24 Hours In Emergency</b>		Here We Go Again	09	11	Thirty-nine-year-old Stephan is rushed to St George's with internal bleeding from his femoral artery. Stephan has a condition called Sudden Arrhythmic Death Syndrome and the bleed was caused by complications following an angiogram he had the day before. Doctors are concerned that the drop in blood pressure and sudden blood loss could be putting Stephan's heart under potentially fatal strain. Stephan had to have a device fitted to restart his heart and his cardiologist encouraged him to 'live a little' – so he's in training for his first Iron Man event.	UNITED KINGDOM	English-98; Portuguese-2	2016	RPT	M	a			Y	Y	
2019-03-15	2450	Cooking	<b>Destination Flavour Japan</b>		Destination Flavour - Japan Series 1 Ep 4	01	4	After meeting a former baseball prodigy who now devotes his life to making matchless miso, Adam Liaw catches up with an extraordinary 74-year-old woman who still free-dives for abalone. Adam samples a challenging dish of Nagoya chicken sashimi; he then fries the perfect Wagyu steak – the product of cattle that arguably eat better food than most humans.	AUSTRALIA	English-75; Japanese-25	2013	RPT	G					Y	Y
2019-03-15	2515	Cycling	<b>Cycling: Paris-Nice 2019</b>	<b>LIVE</b>	Cycling: Paris-Nice 2019: Stage 6	2019	6	Live coverage of the Paris-Nice 2019 stages. Cycling 2019.	FRANCE		2019	LIVE						Y	
2019-03-15	2645	History	<b>Armada: 12 Days To Save England</b>		Endgame	01	3	Newly discovered documents reveal a remarkable web of misunderstandings that stopped the Spanish from invading, and how the English victory forged the reputation of Elizabeth.	UNITED KINGDOM	English-100	2015	RPT	M	a				Y	
2019-03-15	2755	Cooking	<b>Poh's Kitchen</b>		Poh In Penang	01	21	As Poh's Malaysian adventure continues, she heads north to the 'Pearl of the Orient', the island of Penang. A popular tourist destination, this tropical paradise has a diverse cultural background, which is clearly reflected in its reputation as the 'Food capital of Malaysia'. As Poh discovers, Penang is a food lover's paradise and boasts some of the best and cheapest street fare in Asia, many Malaysians holiday here just to sample its unique cuisine. On nearly every street corner, you can see a mix of Malay, Chinese, Nonya and Indian influences, a feast for any culinary eye.	AUSTRALIA	English-100	2010	RPT	G					Y	
2019-03-15	2825	Cooking	<b>Poh's Kitchen</b>		Breakfasts Of The World With Emmanuel Mollois	01	22	Visiting Malaysia recently, Poh noticed that people eat all sorts of amazing and spicy things in the morning, and this has got her thinking: why do we eat what we eat for breakfast? To find out more about breakfast traditions around the world Poh shares amazing meals with her Indian friend Ragini Dey and Moroccan restaurateur Mohamed Bartaouch. She also invites Emmanuel Mollois into the kitchen to demonstrate the French art of dipping bread into hot chocolate.	AUSTRALIA	English-100	2010	RPT	G					Y	
2019-03-16	0500	News - Domestic	<b>CGTN English News</b>		Cgtn English News Morning		0	The English language news channel from China Global Television Network (CGTN) in Beijing. Formerly known as CCTV English News.	CHINA	English-100	0		NC					Y	
2019-03-16	0515	News - Domestic	<b>NHK World English News</b>		Nhk World English News Morning		0	News from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news, in English.	JAPAN	English-100	0		NC					Y	
2019-03-16	0530	News - Domestic	<b>Deutsche Welle English News</b>		Deutsche Welle English News Morning		0	News and analysis of the top international and European news and current affairs from Berlin, in English.	GERMANY	English-100	0		NC					Y	
2019-03-16	0600	News - Domestic	<b>France 24 English News</b>		France 24 English News Morning		0	International news and current affairs television from Paris, offering a French perspective on world events, in English.	FRANCE	English-100	0		NC					Y	
2019-03-16	0630	News - Domestic	<b>Al Jazeera English News</b>		Al Jazeera News First Edition		0	News via satellite from Al Jazeera Satellite Network, Qatar, in English.	QATAR	English-100	0		NC					Y	

2019-03-16	0700	News - Overseas	<b>BBC News</b>		BBC 6 O'clock News	2017	0	BBC 6.00pm evening news via satellite from London, UK, in English.		UNITED KINGDOM	English-100	2017		NC		Y
2019-03-16	0730	News - Overseas	<b>Italian News</b>		Italian News Daily		0	News via satellite from RAI Rome in Italian, no subtitles.		ITALY	Italian-100	2013		NC		
2019-03-16	0810	News - Overseas	<b>Filipino News</b>		Filipino News		0	News via satellite from ABS-CBN Manila, in Tagalog, no subtitles.		PHILIPPINES	Filipino-100	2013		NC		
2019-03-16	0840	News - Overseas	<b>French News</b>		French News		0	News via satellite from FT2 Paris, in French, no subtitles.		FRANCE	French-100	2013		NC		
2019-03-16	0930	News - Overseas	<b>Greek News</b>		Greek News		0	News via satellite from ERT Athens, in Greek, no subtitles.		GREECE	Greek-100	2017		NC		
2019-03-16	1030	News - Overseas	<b>German News</b>		German News		0	News via satellite from DW Berlin, in German, no subtitles.		GERMANY	German-100	2013		NC		
2019-03-16	1100	News - Overseas	<b>Spanish News</b>		Spanish News		0	News via satellite from RTVE Madrid, in Spanish, no subtitles.		SPAIN	Spanish-100	2013		NC		
2019-03-16	1200	News - Overseas	<b>Arabic News F24</b>		Arabic News F24		0	International news and current affairs from France 24 Arabic, via satellite, in Arabic, no subtitles.		FRANCE	Arabic-100	0		NC		
2019-03-16	1230	News - Overseas	<b>Turkish News</b>		Turkish News		0	News via satellite from TRT Turkey, in Turkish, no subtitles.		TURKEY	Turkish-100	2013		NC		
2019-03-16	1300	News - Domestic	<b>PBS Newshour</b>	<b>NEWS</b>	PBS Newshour		0	Reviews and analysis of the day's news presented by Judy Woodruff for the Public Broadcasting Service (PBS) in the United States.		USA	English-100	2012		NC		Y
2019-03-16	1400	Figure Skating	<b>ISU Figure Skating Four Continents Pt 2</b>	<b>SPORTS</b>	Isu Figure Skating 2018/19: Four Continents Part 2	2018	25	Coverage of the ISU Figure Skating 2018/19: Four Continents Part 2.				2018		NC		Y
2019-03-16	1620	Nature & Environment	<b>Richard Hammond's Miracles Of Nature</b>		Super-Senses	01	2	Richard Hammond continues his exploration of weird and wonderful animal abilities by focusing on super-senses, and discovers how those same animal senses have inspired some unlikely human inventions. Richard gets buried in a Californian gold mine, attempts to talk to a rattlesnake by telephone, and is taken for a ride by a monster truck that drives itself. Along the way, he encounters elephants who can talk to each other through solid rock; seals who use their whiskers to sense the shape, size, speed and direction of an object that passed over thirty seconds earlier; and a blind cyclist who relies on fruit bats to get him safely down a twisting mountain bike trail.		UNITED KINGDOM	English-100	2012	RPT	G		Y
2019-03-16	1720	Biography	<b>Who Do You Think You Are? Fearne Cotton</b>		Fearne Cotton	14	7	Fearne tries to find out how her great grandfather Evan Meredith ended up becoming a chemist, despite his early years as a coal miner. She also wants to know more about his role in the army.		UNITED KINGDOM	English-100	2017		PG		Y
2019-03-16	1830	News - Domestic	<b>SBS World News</b>	<b>NEWS</b>	SBS World News 2019 Ep 75	2019	75	Up-to-date reports and analysis of the major national and international news stories of the day in Australia's only world news service.		AUSTRALIA	English-100	0	LIVE	NC		Y
2019-03-16	1935	Nature & Environment	<b>China From Above</b>	<b>New Series Premiere</b>	Living Past, The	01	1	The first episode explores the country's eastern provinces, home to China's most populated cities, where billion dollar infrastructure projects connect cities and regions. One of the most ambitious examples of this is the longest sea bridge on Earth, connecting Hong Kong, Zhuhai, and Macau.		USA	English-80; Mandarin-20	2015				
2019-03-16	2030	Culture & Society	<b>Alex Polizzi The Fixer</b>	<b>New Episode</b>	Alex Polizzi The Fixer Series 1 Ep 2	01	2	Alex has been asked to help a family bakery in dire straits in scenic Padstow, Cornwall. The Chough Bakery owned and run by the Eade family does well in the summer months when the over 5 million people visit the county but they virtually go out of business every winter. Every year they lurch along but with growing competition in this upmarket foodie town (home to Rick Stein, for starters), their pasties cakes and loaves look shabby and lack of year round trade threatens their very existence.		UNITED KINGDOM	English-100	2012		G		Y

2019-03-16	2135	Health, Science & Technology	<b>24 Hours In Emergency</b>		Dangerous Pursuits	09	12	Ten-year-old Ashleigh is rushed to St George's by ambulance after an accident playing football where she twisted her leg awkwardly. X-rays reveal that Ashleigh's femur is broken and will need surgery.	UNITED KINGDOM	English-100	2016	RPT	M	a	Y	Y
2019-03-16	2230	Cooking	<b>Luke Nguyen's Street Food Asia</b>		Jakarta, Indonesia - Part 2	01	8	Luke completes his street food journey in Jakarta, Indonesia where he visits a busy stall that's been serving a traditional Indonesian salad since 1961.	AUSTRALIA	English-100	2016	RPT	G		Y	Y
2019-03-16	2300	Football	<b>LIVE Premier League: Man Utd V Man City</b>	<b>LIVE</b>	Premier League: Manchester United V Manchester City	2018	31	Live coverage of the 2018-19 Premier League. Manchester United takes on Manchester City at Old Trafford. Kick off at 11.30pm AEDT.	ENGLAND		2018	LIVE	NC		Y	
2019-03-16	2550	Drama	<b>Text For You</b>	<b>MOVIE</b>			0	A young woman whose boyfriend died is trying to find her way back into life.	GERMANY	German-100	2016	RPT	M	I		Y
2019-03-16	2750	Cooking	<b>Poh's Kitchen</b>		Food Traditions With Emmanuel Mollois	01	23	This episode is all about food traditions from the ancient city of Peking (Beijing) and the French countryside - and it's not just the recipes and how they're cooked but how they're eaten that guarantees taste combinations that are perfectly balanced and an honour to experience. When Poh finds that Emmanuel, whose passion is food history, has never had the full Peking Duck banquet experience she treats him to the 600 year old tradition that's still practiced today.	AUSTRALIA	English-100	2010	RPT	G		Y	
2019-03-16	2820	Cooking	<b>Poh's Kitchen</b>		More Meat With The Butcher Boys	01	24	This episode is definitely one for the meat lovers as Poh offers her service as apprentice to butchers, Jason Bradley and Bill Smith. After delving into a bit of dicing, Poh proves she is a dab hand at customer service. In the kitchen, Poh tackles her first roast - a leg of lamb that is marinated with mustard and infused with rosemary and garlic before being beautifully roasted. A braised cabbage dish provides tang to cut through the richness of the meat and Kipfler potatoes baked with butter give an added crunch.	AUSTRALIA	English-100	2010	RPT	G		Y	
2019-03-16	2855	Cooking	<b>Destination Flavour China Bitesize</b>		Destination Flavour China Bitesize Series 1 Ep 19	01	19	All the best moments and bits from Destination Flavour China, led by famed chef and author Adam Liaw.			0				Y	Y