



WEEK 12: Sunday, 17 March - Saturday, 23 March 2019 (NSW, ACT, TAS, VIC, NT, WA)

Date	Start	Genre	Title		Episode Title	Series	Episode	TV Guide Text	Country of Origin	Language	Year	RPT	Classification		Closed Captions	Subtitles
2019-03-17	0500	News - Domestic	CGTN English News		Cgtn English News Morning		0	The English language news channel from China Global Television Network (CGTN) in Beijing. Formerly known as CCTV English News.	CHINA	English-100	0		NC	Advice	Y	
2019-03-17	0515	News - Domestic	NHK World English News		Nhk World English News Morning		0	News from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news, in English.	JAPAN	English-100	0		NC		Υ	
2019-03-17	0530	News - Domestic	Deutsche Welle English News		Deutsche Welle English News Morning		0	News and analysis of the top international and European news and current affairs from Berlin, in English.	GERMANY	English-100	0		NC		Υ	
2019-03-17	0600	News - Domestic	France 24 English News		France 24 English News Morning		0	International news and current affairs television from Paris, offering a French perspective on world events, in English.	FRANCE	English-100	0		NC		Υ	
2019-03-17	0630	News - Overseas	Al Jazeera News		Al Jazeera News Hour First Edition	0	0	News via satellite from Al Jazeera Satellite Network, Qatar, in English.	QATAR	English-100	2017		NC		Υ	
2019-03-17	0730	News - Overseas	Italian News		Italian News Daily		0	News via satellite from RAI Rome in Italian, no subtitles.	ITALY	Italian-100	2013		NC			
2019-03-17	0810	News - Overseas	Filipino News		Filipino News		0	News via satellite from ABS-CBN Manila, in Tagalog, no subtitles.	PHILIPPINES	Filipino-100	2013		NC			
2019-03-17	0840	News - Overseas	French News		French News		0	News via satellite from FT2 Paris, in French, no subtitles.	FRANCE	French-100	2013		NC			
2019-03-17	0930	Football	LIVE Premier League: Burnley V Leicester	Replay	Premier League: Burnley V Leicester	2018	31	Live coverage of the 2018-19 Premier League. Burnley takes on Leicester at Turf Moor. Kick off at 2.00am AEDT.	ENGLAND		2018	RPT	NC		Y	
2019-03-17	1200	News - Overseas	Arabic News F24		Arabic News F24		0	International news and current affairs from France 24 Arabic, via satellite, in Arabic, no subtitles.	FRANCE	Arabic-100	0		NC			
2019-03-17	1230	News - Overseas	Turkish News		Turkish News		0	News via satellite from TRT Turkey, in Turkish, no subtitles.	TURKEY	Turkish-100	2013		NC			
2019-03-17	1300	Motor Sports	Speedweek	SPORTS	Speedweek 2019 Ep 11	2019	11	A comprehensive motor sports program for speed enthusiasts.	AUSTRALIA		2019		NC		Υ	
2019-03-17	1500	Sport General	Rugby 2019: Super W: QLD V Western Force	SPORTS	Rugby 2019: Super W: QLD Women V Rugby WA Women	2019	2	Coverage of the 2019 Super W. QLD Women takes on Rugby WA Women at Suncorp Stadium. Rugby 2019.	AUSTRALIA		2019				Y	
2019-03-17	1700	History	Great British Railway Journeys	New Episode	Bridgewater To Dartmoor	07	15	Armed with his Bradshaw's guidebook, Michael Portillo enters the foul smelling world of a Victorian tannery. In Nailsea, he discovers how mountains of bird droppings made one of the greatest fortunes of the era for a 19th century entrepreneur, who spent his wealth building churches and chapels and one of the most luxurious country houses in Britain. Reaching Glastonbury, Michael heads for the mystical Abbey, where Victorian tourists flocked to hear stories of King Arthur and the Holy Grail.		English-100	2016		PG		Y	
2019-03-17	1735	History	Hitler's World: The Post War Plan	Final Episode	Transporting The Reich	01	6	Both before and during the war, transport was a critical lifeline for Nazi Germany. Something that Adolf Hitler understood all too well, which is why it played such an important part in his plans for the preparation of war. You only have to look at the Nazi's motorway network, the Autobahn, which still survives to this day, to see how serious they were about creating the world's greatest transport system - not just within Germany, but throughout the whole of Nazi conquered Europe.	UNITED KINGDOM	English-100	2018		PG		Υ	Υ

2019-03-17	1830	News - Domestic	SBS World News	NEWS	SBS World News 2019 Ep 76	2019	76	Up-to-date reports and analysis of the major national and international news stories of the day in Australia's only world news service.	AUSTRALIA	English-100	0	LIVE	NC		Υ	
2019-03-17	1930	Culture & Society	Five Billion Pound Super Sewer	New Series Premiere	Five Billion Pound Super Sewer Series 1 Ep 1, The	01	1	We follow the creation of the first stretch of the super sewer in East London. Lead engineer Emmanuel Costes has to build a massive 80 metre deep shaft that connects to the super sewer - and make it watertight using a specialist technique called 'slipform'. It's a risky approach, as it involves pouring concrete constantly for 15 days - and delays could spell financial disaster.	UNITED KINGDOM	English-100	2018				Υ	
2019-03-17	2035	Biography	John And Yoko: Above Us Only Sky	Premiere	John And Yoko: Above Us Only Sky	00	0	This documentary tells the untold story of John Lennon's iconic Imagine album. It's also a story about Yoko meeting John and East meeting West. This is about two artistic minds connecting and inspiring each other both personally and professionally, ultimately co-authoring a radical worldview.	UNITED KINGDOM	English-100	2018				Y	
2019-03-17	2220	Culture & Society	I Am Not Your Negro		I Am Not Your Negro		0	Told entirely in the words of James Baldwin, through both personal appearances and the text of his final unfinished book project, I Am Not Your Negro touches on the lives and assassinations of Malcolm X, Martin Luther King Jr., and Medgar Evers to bring powerful clarity to how the image and reality of Blacks in America today is fabricated and enforced.	USA	English-100	2016	RPT	М		Υ	
2019-03-17	2355	Culture & Society	Police Custody: Home Truths	Premiere	Police Custody: Home Truths			When does a row at home become a case of domestic violence? This is the tricky question the police face as they are called to intervene in the many domestic dramas that happen night and day behind closed doors in Bedfordshire. The force has seen a surge in the number of incidents of domestic abuse being reported to them, to over 200 a week.	UNITED KINGDOM	English-100	2017		М		Y	Υ
2019-03-17	2450	Cooking	Luke Nguyen's Street Food Asia		Saigon, Vietnam - Part 1	01	1	Luke begins his adventure in his family's home city of Saigon, Vietnam. Early in the morning, Luke ventures into the hustle and bustle of market life looking for a traditional vermicelli noodle dish topped with grilled pork and herbs.	AUSTRALIA	English-100	2016	RPT	G		Υ	Υ
2019-03-17	2520	Cycling	Cycling: Paris-Nice 2019	LIVE (Delayed N1 WA)	r, Cycling: Paris-Nice 2019: Stage 8	2019	8	Live coverage of the Paris-Nice 2019 stages. Cycling 2019.	FRANCE		2019	LIVE				
2019-03-17	2710	Culture & Society	The Eighties Video Killed The Radio Star		Video Killed The Radio Star	01	3	Michael Jackson released the greatest selling album of all time, Madonna created a persona just as important as her music, and Public Enemy exhorted their fans to l'Fight the Power'. And there was a new visual component to it all courtesy of MTV. The digital revolution hit the music world as CDs replaced LPs. Whitney Houston, Guns N' Roses, U2, David Bowie and Run-DMC were some of the other major artists of the decade.	USA	English-100	2016	RPT	М	I	Υ	
2019-03-17	2800	Cooking	Poh's Kitchen		Traditional Cooking With David Thompson	01	6	Thai food guru, David Thompson, returns to Poh's kitchen to share with us an ancient Thai recipe, a shrimp paste relish, Nahm Prik Gapi. Poh impresses David with a traditional Malaysian stir fry.	AUSTRALIA	English-100	2010	RPT	G		Υ	
2019-03-17	2830	Cooking	Poh's Kitchen		Modern Thai With Martin Boetz	01	25	In her kitchen this evening, Poh's guest is Martin Boetz. Born in Germany, Martin is now the executive chef of two restaurants, one in Melbourne and the other in Sydney. Martin cooks orange sour curry, where the paste is cooked off in stock with added vegetables and salmon. His other dish is a crispy fish salad. To complement Martin's dishes, Poh cooks a coconut based Malaysian dessert which is shaped and cooked in banana leaf and is called Kuih Koci.	AUSTRALIA	English-100	2010	RPT	G		Y	
2019-03-18	0500	News - Domestic	CGTN English News		Cgtn English News Morning		0	The English language news channel from China Global Television Network (CGTN) in Beijing. Formerly known as CCTV English News.	CHINA	English-100	0		NC		Υ	
2019-03-18	0515	News - Domestic	NHK World English News		Nhk World English News Morning		0	News from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news, in English.	JAPAN	English-100	0		NC		Υ	
2019-03-18	0530	News - Domestic	Deutsche Welle English News		Deutsche Welle English News Morning		0	News and analysis of the top international and European news and current affairs from Berlin, in English.	GERMANY	English-100	0		NC		Υ	
2019-03-18	0600	News - Domestic	France 24 English News		France 24 English News Morning		0	International news and current affairs television from Paris, offering a French perspective on world events, in English.	FRANCE	English-100	0		NC		Υ	

2	019-03-18	0630	News - Overseas	Al Jazeera News		Al Jazeera News Hour First Edition	0	0	News via satellite from Al Jazeera Satellite Network, Qatar, in English.	QATAR	English-100	2017		NC		Υ	
2	019-03-18	0730	News - Overseas	Italian News		Italian News Daily		0	News via satellite from RAI Rome in Italian, no subtitles.	ITALY	Italian-100	2013		NC			
2	019-03-18	0810	News - Overseas	Filipino News		Filipino News		0	News via satellite from ABS-CBN Manila, in Tagalog, no subtitles.	PHILIPPINES	Filipino-100	2013		NC			
2	019-03-18	0840	News - Overseas	French News		French News		0	News via satellite from FT2 Paris, in French, no subtitles.	FRANCE	French-100	2013		NC			
2	019-03-18	0930	News - Overseas	Greek News		Greek News		0	News via satellite from ERT Athens, in Greek, no subtitles.	GREECE	Greek-100	2017		NC			
2	019-03-18	1030	News - Overseas	German News		German News		0	News via satellite from DW Berlin, in German, no subtitles.	GERMANY	German-100	2013		NC			
2	019-03-18	1100	News - Overseas	Spanish News		Spanish News		0	News via satellite from RTVE Madrid, in Spanish, no subtitles.	SPAIN	Spanish-100	2013		NC			
2	019-03-18	1200	News - Overseas	Arabic News F24		Arabic News F24		0	International news and current affairs from France 24 Arabic, via satellite, in Arabic, no subtitles.	FRANCE	Arabic-100	0		NC			
2	019-03-18	1230	News - Overseas	Turkish News		Turkish News		0	News via satellite from TRT Turkey, in Turkish, no subtitles.	TURKEY	Turkish-100	2013		NC			
2	019-03-18	1300	News - Overseas	Al Jazeera News		Al Jazeera News Hour Second Edition		0	News via satellite from Al Jazeera Satellite Network, Qatar, in English.	QATAR	English-100	2012		NC		Υ	
2	2019-03-18	1400	Culture & Society	The Great Australian Race Riot		Great Australian Race Riot Series 1 Ep 1, The	01	1	Bestselling author, columnist, and raconteur Peter FitzSimons takes an explosive journey across Australia, reliving the country's forgotten race riots. In his inimitable style, FitzSimons exposes heroes and villains on a journey that spans more than 170 years. Along the way, he demonstrates how mobs of every ethnicity have transformed our nation. FitzSimons sets out from the sands of Cronulla beach, site of Australia's most notorious recent race riot, to quickly reveal that this riot was no aberration.	AUSTRALIA	English-100	2014	RPT	М	av	Υ	
2	019-03-18	1500	Popular Music / Jaz	Andre Rieu - Forever Vienna		Andre Rieu: Forever Vienna		0	Enjoy three glorious nights in Vienna as André Rieu takes you from the summer and winter residencies of Vienna's aristocracy in days gone by, to a concert that bids goodbye to the old year and welcomes the new. Here's the Vienna of cream puffs and waltzes, of decadence and dreams as you've never experienced it before.	NETHERLANDS	German-100	2010	RPT	G		Y	Υ
2	019-03-18	1600	Reality	River Cottage Australia		River Cottage Australia One Hours Series 2 Ep 2	02	2	Paul has learnt how to be a dairy farmer the hard way. It's time for Paul to make another tough lesson. How will he cope saying goodbye to another farm favourite?	AUSTRALIA	English-100	2014	RPT	PG		Υ	
2	019-03-18	1700	Health, Science & Technology	Supervet	New Episode	Milo, Mauser And Storm	04	19	At the end of a busy day, Milo, a beautiful two-year-old Bengal cat, is rushed to Fitzpatrick Referrals by Sarada and Philip after being hit by a car. Jen brings in Storm, a large 2-year old German Shepherd, for a total elbow replacement and South African Monica and Bennet turn to Noel for help to treat their Rottweiler puppy Mauser who has a genetic condition.	UNITED KINGDOM	English-100	2017		PG	а	Υ	
2	019-03-18	1800	Quiz	Letters And Numbers		Letters And Numbers Series 2 Ep 51	02	51	Two contestants pit their linguistic and numerical skills against each other and the clock in this entertaining quiz show. Join host Richard Morecroft along with maths whiz Lily Serna and wordsmith David Astle.	AUSTRALIA	English-100	2011	RPT	G		Υ	
2	019-03-18	1830	News - Domestic	SBS World News	NEWS	SBS World News 2019 Ep 77	2019	77	Up-to-date reports and analysis of the major national and international news stories of the day in Australia's only world news service.	AUSTRALIA	English-100	0	LIVE	NC		Y	
2	019-03-18	1935	History	The Kennedys	New Episode	Family Secrets	01	4	As personal scandal threatens his marriage and looming nuclear war undermines his administration, President John F. Kennedy must fight to protect the presidency, the country, and the world.	UNITED KINGDOM	English-100	2018		PG	a	Υ	Υ

20	19-03-18	2030	Health, Science & Technology	Michael Mosley: Trust Me, I'm A Doctor	Final Episode	Trust Me, I'm A Doctor Series 8 Ep 3	08	3	investigates what we really know about the risks and benefits of medical cannabis. Dr Zoe Williams reveals how to get the most out of your GP appointment. Dr Alain Gregoire discovers a surprising way massage benefits your health. Dr Gilles Yeo finds out how to avoid eavam stress. Michael finds out whether tail chi can offer the same health Dr Gilles Yeo finds out how to avoid eavam stress. Michael finds out whether tail chi can offer the same health benefits as vigorous exercise - without all the huffing and puffing. Gabriel discovers a pioneering new technology that is transforming complex brain surgery. Giles asks what we can do about heartburn. Zoe asks - how safe are the medicines we buy online?	UNITED KINGDOM	English-100	2018				Y	
20	119-03-18	2130	Health, Science & Technology	24 Hours In Emergency		Out Of Sight	08	6	10-year-old Josh arrives at St George's having severed his finger during an accident on the school playing field. Mum Jane accompanies Josh into resus, but she has a secret - Josh has no idea that his finger has actually been cut off during the accident. Doctors now face a double challenge: to work out whether they can re-attach his finger, which will require major surgery, and how and when to explain to Josh what has really happened.	UNITED KINGDOM	English-100	2016	RPT	М	a	Y	Υ
20	19-03-18	2230	News - Domestic	SBS World News Late	NEWS	SBS World News Late 2019 Ep 54	2019	54	Up-to-date reports and analysis of the major national and international news stories of the day in Australia's only world news service.	AUSTRALIA		0	LIVE	NC		Υ	
20	19-03-18	2300	Sport General	World Game 2019, The	SPORTS	World Game 2019, The Ep 11	2019	11	Join the SBS football team for highlights and previews, plus the best action, news and exclusive interviews from around the football world.	AUSTRALIA		2019		NC		Y	
20	19-03-18	2330	Contemporary	Home Ground	New Episode	No Comment	01	6	When Helena is given a four match suspension for pushing an opponent's coach during a game, Helena must decide if she wants to appeal the decision or stay quiet and let Michael take control of the team for a month. The problem is an appeal would need Helena to explain that the coach she showed put his hand between her legs and groped her. Helena wants to stay out of the headlines at a time where she finally has earned respect as a coach, but her position is fragile, and a story like this could turn everything on its head. When Camilla is disappointed in Helena's abscnee, Helena is forced to go public with her accusations and have the ban retracted. But as Helena's laske her rightful place on the sidelines, the media goes rampant with her story, and as doubts about the truthfulness of her accusations spread in the locker room Helena discovers what she always feared, that the story might have been best left buried.	NORWAY	Norwegian-100	2018		MA	a	Υ	Υ
20	19-03-18	2435	Contemporary	Chance		Unflinching Spark, The	01	6	Chance is aghast to learn that in the process of getting the files, D has killed a man - and may have killed Blackstone as well. And if Blackstone is alive, he may have seen D. With Blackstone possibly hospitalised, Chance and D plan to break into his apartment.	USA	English-100	2016	RPT	МА	asv	Υ	
20	19-03-18	2530	Contemporary	Chance		Unlocking Your Hidden Powers	01	7	While D is in hospital, Chance learns more about his past – and it's very different than what D has claimed. Meanwhile, He exhorts Christina to leave town for her own safety, and makes plans to go into hiding himself.	USA	English-100	2016	RPT	MA	av	Y	
20	19-03-18	2620	Contemporary	Chance		House Of Space And Time, The	01	8	After hearing his father's plan to get custody, a disoriented but determined D awakens and leaves the hospital against medical advice. Carl tries to convince D to go back to the hospital, but he is on a mission. Chance is stuck with Jaclyn's alter-ego, who has been working at a seedy job.	USA	English-100	2016	RPT	MA	v	Υ	
20	19-03-18	2710	Contemporary	Chance		Camera Obscura	01	9	Chance makes a devil's deal with Blackstone in order to save Nicole, and D makes clear that Chance may have to make some unsavoury choices. As the details of Jaclyn and Blackstone's history come to light, D helps Chance prepare for the worst. But when Nicole is recovered more easily than expected, she has news that stuns her father and makes him realise the situation is even more complicated than he believed. Chance heads for a final and dangerous confrontation, and must make a difficult and terrifying choice.	USA	English-100	2016	RPT	МА	adlv	Υ	
20	19-03-18	2800	Cooking	Poh's Kitchen		Chicken With Ragini Dey	01	26	In Malaysia recently, Poh was reminded of the depth and complexity of Nyonya culture, and this inspired her to master an old classic, Nyonya chicken curry. The dish has always been a firm favourite in Poh's family and a dish she loved through her childhood. To find out more about the mysterious and intriguing world of spice, Poh has invited Indian chef Ragini Dey back to share some of her amazing knowledge.	AUSTRALIA	English-100	2010	RPT	G		Y	
20	19-03-18	2830	Cooking	Poh's Kitchen		Franco-Russian With Emmanuel Mollois	01	27	Poh welcomes French pastry chef, Emmanuel Mollois, back to her kitchen, where they cook a combination of classic French-Russian cuisine. Looking for inspiration, Poh takes Emmanuel on a shopping trip to Adelaide's Central Market, where they visit a favourite culinary haunt of Poh's, a Russian café serving Pirozhki.	AUSTRALIA	English-100	2010	RPT	G		Υ	

Michael Mosley finds out what giving up alcohol for a month really does to your health. Gabriel Weston

2019-03-19	0500	News - Domestic	CGTN English News		Cgtn English News Morning		0	The English language news channel from China Global Television Network (CGTN) in Beijing. Formerly known as CCTV English News.	CHINA	English-100	0		NC		Υ	
2019-03-19	0515	News - Domestic	NHK World English News		Nhk World English News Morning		0	News from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news, in English.	JAPAN	English-100	0		NC		Υ	
2019-03-19	0530	News - Domestic	Deutsche Welle English News		Deutsche Welle English News Morning		0	News and analysis of the top international and European news and current affairs from Berlin, in English.	GERMANY	English-100	0		NC		Υ	
2019-03-19	0600	News - Domestic	France 24 English News		France 24 English News Morning		0	International news and current affairs television from Paris, offering a French perspective on world events, in English.	FRANCE	English-100	0		NC		Υ	
2019-03-19	0630	News - Domestic	Al Jazeera English News		Al Jazeera News First Edition		0	News via satellite from Al Jazeera Satellite Network, Qatar, in English.	QATAR	English-100	0		NC		Υ	
2019-03-19	0700	News - Overseas	BBC News		BBC 6 O'clock News	2017	0	BBC 6.00pm evening news via satellite from London, UK, in English.	UNITED KINGDOM	English-100	2017		NC		Υ	
2019-03-19	0730	News - Overseas	Italian News		Italian News Daily		0	News via satellite from RAI Rome in Italian, no subtitles.	ITALY	Italian-100	2013		NC			
2019-03-19	0810	News - Overseas	Filipino News		Filipino News		0	News via satellite from ABS-CBN Manila, in Tagalog, no subtitles.	PHILIPPINES	Filipino-100	2013		NC			
2019-03-19	0840	News - Overseas	French News		French News		0	News via satellite from FT2 Paris, in French, no subtitles.	FRANCE	French-100	2013		NC			
2019-03-19	0930	News - Overseas	Greek News		Greek News		0	News via satellite from ERT Athens, in Greek, no subtitles.	GREECE	Greek-100	2017		NC			
2019-03-19	1030	News - Overseas	German News		German News		0	News via satellite from DW Berlin, in German, no subtitles.	GERMANY	German-100	2013		NC			
2019-03-19	1100	News - Overseas	Spanish News		Spanish News		0	News via satellite from RTVE Madrid, in Spanish, no subtitles.	SPAIN	Spanish-100	2013		NC			
2019-03-19	1200	News - Overseas	Arabic News F24		Arabic News F24		0	International news and current affairs from France 24 Arabic, via satellite, in Arabic, no subtitles.	FRANCE	Arabic-100	0		NC			
2019-03-19	1230	News - Overseas	Turkish News		Turkish News		0	News via satellite from TRT Turkey, in Turkish, no subtitles.	TURKEY	Turkish-100	2013		NC			
2019-03-19	1300	News - Domestic	PBS Newshour	NEWS	PBS Newshour		0	Reviews and analysis of the day's news presented by Judy Woodruff for the Public Broadcasting Service (PBS) in the United States.	USA	English-100	2012		NC		Υ	
2019-03-19	1400	Culture & Society	The Great Australian Race Riot		Great Australian Race Riot Series 1 Ep 2, The	01	2	Peter FitzSimons discovers that the Anzac heroes of the Great War are Australia's most enthusiastic race rioters - but also capable of reconciliation with their enemies. After WW1 ends, thousands of returned soldiers return home eager to get on with their lives. But home has changed, and so have they. The horrors of trench warfare coupled with a vehement distrust of communism explode in Brisbane in March 1919 into a week of mob violence.	AUSTRALIA	English-100	2014	RPT	М	aqv	Υ	
2019-03-19	1500	Biography	Who Do You Think You Are Sophie Raworth		Sophie Raworth	13	10	BBC News' Sophie Raworth investigates her father's side of the family and discovers a tragic but inspiring tale of ancestors who risked everything to move to America in search of religious freedom. Closer to home, she explores a family rumour that	UNITED KINGDOM	English-100	2016	RPT	PG	a	Y	
2019-03-19	1605	Reality	River Cottage Australia		River Cottage Australia One Hours Series 2 Ep 3	02	3	Paul gets some goats but the going gets gruff when he tries to milk them for the first time. His cheese making skills get challenged by local friend Erica when they enter into the secret world of cheese making. The big event of the month is the Bega Show is just around the concera and Paul is relying on his friend Tabilth a tog we him some tips for his showgirl hens but are they going to be up to scratch? And could Ron the Rooster be a suitable replacement?	AUSTRALIA	English-100	2014	RPT	PG		Y	
2019-03-19	1700	Health, Science & Technology	Supervet	Final Episode	Wall-E, Ivor And Botus	04	20	Professor Noel Fitzpatrick is asked to help a very unusual visitor to the practice, a beautiful three-legged Maine Coon cat Ivor, and Husky Botus, who is originally from Thailand, where he was badly treated.	UNITED KINGDOM	English-100	2017		PG	a	Υ	Υ

2019-03-19	1800	Quiz	Letters And Numbers		Letters And Numbers Series 2 Ep 52	02	52	Two contestants pit their linguistic and numerical skills against each other and the clock in this entertaining quiz show. Join host Richard Morecroft along with maths whiz Lily Serna and wordsmith David Astle.	AUSTRALIA	English-100	2011	RPT	G		Υ	
2019-03-19	1830	News - Domestic	SBS World News	NEWS	SBS World News 2019 Ep 78	2019	78	Up-to-date reports and analysis of the major national and international news stories of the day in Australia's only world news service.	AUSTRALIA	English-100	0	LIVE	NC		Υ	
2019-03-19	1930	Culture & Society	Great Continental Railway Journeys		Sofia To Istanbul	04	1	Michael Portillo travels on the great train routes of Europe, as he retraces the journeys featured in George Bradshaw's 1913 Continental Railway Guide. This episode, Michael travels east through the Balkans along the most exotic section of the Orient Express. His destination is Istanbul, a multi-ethnic city where Europe and Asia meet via an underground railway. A century ago, Michael's journey would have been interrupted by hostilities, but today any disruption would likely be due to the construction of a new European railway network.	UNITED KINGDOM	English-100	2015	RPT	PG		Υ	
2019-03-19	2030	Current Affairs	Insight	New Episode	Loneliness	2019	5	Jenny Brockie takes a look at how people overcome loneliness. She chats to individuals who have experienced it in different ways.	AUSTRALIA	English-100	0		NC		Υ	
2019-03-19	2130	News - Domestic	Dateline	New Episode	Brazil's President Vs The Amazon	2019	2	He's called the Trump of the Tropics. But will President Bolsonaro sacrifice the Amazon, and its indigenous people, in order to 'make Brazil great again'?	AUSTRALIA	English-100	0				Y	
2019-03-19	2205	Quiz	8 Out Of 10 Cats Does Countdown	New Episode	8 Out Of 10 Cats Does Countdown Series 6 Ep 7	06	7	It's Letters and Numbers with a whole bunch of comedians. The UK's funniest quiz show is hosted by Jimmy Carr, tonight featuring guests Jason Manford, Jonathan Ross, Bill Bailey and Sarah Millican.	UNITED KINGDOM	English-100	2015		М		Υ	
2019-03-19	2300	News - Domestic	SBS World News Late	NEWS	SBS World News Late 2019 Ep 55	2019	55	Up-to-date reports and analysis of the major national and international news stories of the day in Australia's only world news service.	AUSTRALIA		0		NC		Υ	
2019-03-19	2330	Contemporary	Ride Upon The Storm	New Episode	Ride Upon The Storm Series 2 Ep 6	02	6	Elisabeth brings a sceptical Johannes with her to a clairvoyant. Here, she receives a message that turns her life upside down. Meanwhile, Johannes and Elisabeth have opened up the church to homeless people in need of a place to sleep. This doesn't exactly please Nete, who is very much opposed to the project.	DENMARK	Danish-99; Arabic-1	2018		М	als		Υ
2019-03-19	2435	Crime	Spiral		Spiral Series 6 Ep 7	06	7	Revenge has repercussions for Josephine. The detective squad, to redeem their reputation after the disastrous Roma camp raid, dig dirt on the corrupt coppers. Laure must make choices for baby Romy.	FRANCE	French-100	2017	RPT	МА	alsv		Y
2019-03-19	2535	Crime	Spiral		Spiral Series 6 Ep 8	06	8	Watching assorted suspects stretches the detectives' resources, but yields results. Josephine challenges Roban's ruling on the male escort case. Gilou has a heart-to-heart with Laure.	FRANCE	French-100	2017	RPT	MA	alsv		Υ
2019-03-19	2640	Crime	Spiral		Spiral Series 6 Ep 9	06	9	Violence flares after a cop's shooting of an unarmed man. A sense of injustice fuels Josephine's aggression in the Bodin case and Tintin's feelings on being kept in the dark.	FRANCE	French-100	2017	RPT	МА	alsv		Υ
2019-03-19	2750	Cooking	Poh's Kitchen		Paris With Emmanuel Mollois	01	28	This episode is all about taking traditional recipes and creating something new and exciting. French chef Emmanuel Mollois travels to Paris to meet up with family and friends and catch up with the latest food trends. This inspires Poh to create one of her most beautiful desserts - rhubarb lily tart - it just has to be seen to be believed. Delicate lily leaves made from hazelnut and chocolate biscuit, with a delicate baked rhubarb lily in a pond of orange infused crème anglaise.	AUSTRALIA	English-100	2010	RPT	G		Υ	
2019-03-19	2820	Cooking	Poh's Kitchen		Darwin With Jimmy Shu	01	29	Tonight, Poh is in Darwin to meet internationally renowned chef Jimmy Shu. This is her first visit to the Top End and she can understand why it is often referred to as the 'Gateway to Asia' and how it has inspired Jimmy with its exciting produce. Jimmy guides Poh through a number of dishes which include paw paw salad and Pad Thai.	AUSTRALIA	English-100	2010	RPT	G		Υ	
2019-03-19	2855	Cooking	Shane's Moorish Spice Journey Bitesize		Shane Delia's Moorish Spice Journey Bitesize 2	01	2	Some of your favourite moments so far from Shane Delia's Moorish Spice Journey through Morocco and Spain.	AUSTRALIA	English-98; Arabic (Moroccan)-2	2015	RPT	G		Υ	

2019-03-20	0500	News - Domestic	CGTN English News		Cgtn English News Morning		0	The English language news channel from China Global Television Network (CGTN) in Beijing. Formerly known as CCTV English News.	CHINA	English-100	0		NC	Υ	
2019-03-20	0515	News - Domestic	NHK World English News		Nhk World English News Morning		0	News from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news, in English.	JAPAN	English-100	0		NC	Υ	
2019-03-20	0530	News - Domestic	Deutsche Welle English News		Deutsche Welle English News Morning		0	News and analysis of the top international and European news and current affairs from Berlin, in English.	GERMANY	English-100	0		NC	Υ	
2019-03-20	0600	News - Domestic	France 24 English News		France 24 English News Morning		0	International news and current affairs television from Paris, offering a French perspective on world events, in English.	FRANCE	English-100	0		NC	Υ	
2019-03-20	0630	News - Domestic	Al Jazeera English News		Al Jazeera News First Edition		0	News via satellite from Al Jazeera Satellite Network, Qatar, in English.	QATAR	English-100	0		NC	Υ	
2019-03-20	0700	News - Overseas	BBC News		BBC 6 O'clock News	2017	0	BBC 6.00pm evening news via satellite from London, UK, in English.	UNITED KINGDOM	English-100	2017		NC	Υ	
2019-03-20	0730	News - Overseas	Italian News		Italian News Daily		0	News via satellite from RAI Rome in Italian, no subtitles.	ITALY	Italian-100	2013		NC		
2019-03-20	0810	News - Overseas	Filipino News		Filipino News		0	News via satellite from ABS-CBN Manila, in Tagalog, no subtitles.	PHILIPPINES	Filipino-100	2013		NC		
2019-03-20	0840	News - Overseas	French News		French News		0	News via satellite from FT2 Paris, in French, no subtitles.	FRANCE	French-100	2013		NC		
2019-03-20	0930	News - Overseas	Greek News		Greek News		0	News via satellite from ERT Athens, in Greek, no subtitles.	GREECE	Greek-100	2017		NC		
2019-03-20	1030	News - Overseas	German News		German News		0	News via satellite from DW Berlin, in German, no subtitles.	GERMANY	German-100	2013		NC		
2019-03-20	1100	News - Overseas	Spanish News		Spanish News		0	News via satellite from RTVE Madrid, in Spanish, no subtitles.	SPAIN	Spanish-100	2013		NC		
2019-03-20	1200	News - Overseas	Arabic News F24		Arabic News F24		0	International news and current affairs from France 24 Arabic, via satellite, in Arabic, no subtitles.	FRANCE	Arabic-100	0		NC		
2019-03-20	1230	News - Overseas	Turkish News		Turkish News		0	News via satellite from TRT Turkey, in Turkish, no subtitles.	TURKEY	Turkish-100	2013		NC		
2019-03-20	1300	News - Domestic	PBS Newshour	NEWS	PBS Newshour		0	Reviews and analysis of the day's news presented by Judy Woodruff for the Public Broadcasting Service (PBS) in the United States.	USA	English-100	2012		NC	Y	
2019-03-20	1400	Culture & Society	Inside North Korea		Inside North Korea		0	In May 2016, BBC reporter Rupert Wingfield-Hayes was expelled from North Korea for showing disrespect and 'distorting facts'. He now tells the full story of his wisit to the country and explores what his detention and interrogation by senior Korean officials say about this secretive state. He investigates the apparent upturn in the North Korean economy and asks if the signs of improvement in the capital Pyongyang are real. He also examines whether the people there are genuinely loyal to their young leader or whether Kim Jong Un is ruling by reign of terror.	UNITED KINGDOM E	English-50; Korean- 50	2016	RPT	PG	Y	Y
2019-03-20	1435	News - Domestic	Dateline	Replay	Brazil's President Vs The Amazon	2019	2	He's called the Trump of the Tropics. But will President Bolsonaro sacrifice the Amazon, and its indigenous people, in order to 'make Brazil great again'?	AUSTRALIA	English-100	0	RPT		Υ	

2019-03-20	1505	Current Affairs	Insight	Replay	Loneliness	2019	5	Jenny Brockie takes a look at how people overcome loneliness. She chats to individuals who have experienced it in different ways.	AUSTRALIA	English-100	0	RPT	NC		Υ	
2019-03-20	1605	Reality	River Cottage Australia		River Cottage Australia One Hours Series 2 Ep 4	02	4	Paul has always known that farm life isn't easy, but when he's faced with a tough task his experiences from last season prove to be useful. The CWA ladies seek Paul's skills with an important charity event, and Paul's got to come up with the goods for a catering challenge.	AUSTRALIA	English-100	2014	RPT	PG	a w	Υ	
2019-03-20	1700	Health, Science & Technology	The Supervet	New Season Premiere	Teddy, Juke, And Harvey	05	1	Gaie brings in her 4-year-old Bernese Mountain Dog, Harvey, to see Noel, hoping that he can treat a rare cyst in his elbow. Normally a very excitable dog, Gaie has seen a marked change in his behaviour and believes he's in a lot of pain. Harvey has played a central role in helping Gaie's daughter Beth through illness and is an incredibly valuable member of the family. Gaie is anxious about leaving Harvey at Fitzpatricks without his favourite teddy bear, but Noel comes up with a solution to keep him happy during his stay at the practice. The family faces a nervous wait to see if Noel can pull off a very challenging operation to remove the cyst, but there is the lasting concern that it will grow back again.	UNITED KINGDOM	English-100	2018				Y	
2019-03-20	1800	Quiz	Letters And Numbers		Letters And Numbers Series 2 Ep 53	02	53	Two contestants pit their linguistic and numerical skills against each other and the clock in this entertaining quiz show. Join host Richard Morecroft along with maths whiz Lily Serna and wordsmith David Astle.	AUSTRALIA	English-100	2011	RPT	G		Υ	
2019-03-20	1830	News - Domestic	SBS World News	NEWS	SBS World News 2019 Ep 79	2019	79	Up-to-date reports and analysis of the major national and international news stories of the day in Australia's only world news service.	AUSTRALIA	English-100	0	LIVE	NC		Υ	
2019-03-20	1930	Food Lifestyle	Gourmet Farmer		Gourmet Farmer Series 4 Ep 8	04	8	Guests battle the sleet and snow to arrive for the soft launch of Matthew Evans' new plate-in-a-paddock restaurant in Southern Tasmania.	AUSTRALIA	English-100	2016	RPT	G		Y	
2019-03-20	2000	History	Great British Railway Journeys	New Episode	Great British Railway Journeys Series 10 Ep 3	10	3	Armed with his early 20th-century Bradshaw's Guide, Michael Portillo continues his journey from Warrington to the Potteries in Stoke-on-Trent. In Manchester, at the magnificent Heaton Park, Michael discovers one of the first open-air concerts was held here in 1909 by an opera fan, William Grimshaw, who entertained 40,000 people to the music of opera superstar Enrico Caruso on a gramophone.	UNITED KINGDOM	English-100	2019		PG		Υ	
2019-03-20	2035	History	Australia In Colour	New Episode	Australia In Colour Series 1 Ep 3	01	3	The government adopts the slogan 'populate or perish' after World War II and immigration changes the face of Australia. This influx of labour, as well as the diversification of the economy, delivers increasing prosperity. National identity is embraced but Indigenous people face racism and discrimination - and their children are removed, creating the stolen generations.			0		PG		Y	
2019-03-20	2130	Contemporary	McMafia	New Episode	McMafia Series 1 Ep 7	01	7	Vadim's associates pressure him into brokering peace. He flies to Istanbul to meet with Semiyon and Alex. On his return home, Alex visits Rebecca and learns of the terrible price of having immersed himself into the world of crime. Dmitri contacts his Russian connections and makes a decision that endangers them all.	UNITED KINGDOM E	English-60; Russian- 30; Arabic-10	2018		М	av	Y	Y
2019-03-20	2240	Period	Versailles	New Season Premiere	Smoke And Mirrors	03	1	Louis celebrates victory in war by welcoming defeated Emperor Leopold with his niece, Eleanor. Louis plans to expand his empire, but Leopold has plans of his own and he seduces Marie-Therese - are his feelings real or does he have an ulterior motive? Louis dislikes having Protestants in the palace but Madame de Maintenon convinces him they are no threat - although prominent Protestant, Delphine foresees trouble.	UNITED KINGDOM	English-100	2018		МА	S	Y	Y
2019-03-20	2345	News - Domestic	SBS World News Late	NEWS	SBS World News Late 2019 Ep 56	2019	56	Up-to-date reports and analysis of the major national and international news stories of the day in Australia's only world news service.	AUSTRALIA		0		NC		Υ	
2019-03-20	2400	War	Fanny's Journey	MOVIE			0	Fanny, a thirteen-year-old Jewish girl, and a group of eight children attempt to escape Nazi occupied France.	FRANCE	French-100	2016		М	а		Υ

2019-03-20	2545	Contemporary	Ride Upon The Storm	Ride Upon The Storm Series 1 Ep 7	01	7	The disastrous Easter lunch results in considerable changes in the inner circle surrounding Johannes. August's attempts to help a young confirmand backfire and result in a severe warning from the bishop. This makes August consider whether or not he's even fit for the Danish national church. Christian tries to make peace with Mark, but Mark is unforgiving - and this has an effect on Christian's relationship with Amira. They still collaborate on the book project, however. Elisabeth and Liv go traveling together, which makes the verger Svend really try to pull Johannes together. When Elisabeth and Liv return to the rectory, Johannes forces Elisabeth to choose between him and Liv - but things don't work out the way Johannes had hoped. Johannes descends into a black hole so deep that he ends up at the hospital at death's door - and for the first time in ages, the family gathers around him.	DENMARK	Danish-99; Arabic-1	2017	RPT	М	als		Υ
2019-03-20	2655	Culture & Society	Date My Race	Date My Race		0	Date My Race explores the role race plays in finding love, and reveals Australia's surprising patterns when it comes to online dating and racial preferences. It's a personal theme for 30-year-old African-Australian journalist and host Santilla Chingaipe, who is on the hunt for love. With a smorgasboard of potential mates a swipe away, she is having little luck with online dating, and wonders if it is the colour of her skin that is sabotaging her chances. This playful and surprising look at modern dating will challenge Australians to think about what drives their own romantic attraction and connection, asking the question: when looking for love, does having racial preferences amount to racism?	AUSTRALIA	English-100	0	RPT	М	1	Y	Υ
2019-03-20	2755	Cooking	Poh's Kitchen	Gnocchi With Andre Ursini	01	30	Poh has invited her friend Andre Ursini into the kitchen. Like Poh, reconnecting with her Malaysian background through food, so too has Andre been bonding with his Italian heritage. It wasn't until Andre went back to Italy that he found out that the dish he makes today, gnocchi, not only translates as 'dumpling' but also 'stupid one' - a nickname his grandmother always had for him when he was young.	AUSTRALIA	English-100	2010	RPT	G		Y	
2019-03-20	2830	Cooking	Poh's Kitchen	Back To Malaysia	01	31	Poh takes us back to Malaysia to share more of the colourful experiences from her recent visit. She catches up with two of Malaysia's most experienced and entertaining chefs, Florence Tan and Ismail Ahmad. They take her to Penang's tropical fruit farm, where the produce is about as exotic as you can get and perfect for Florence's 'fruity nutty chicken'. Poh also meets Amy Koh, a famous Nyonya cook, who shows her one of Malaysia's favourite dishes, Garam Assam.	AUSTRALIA	English-100	2010	RPT	G		Y	
2019-03-21	0500	News - Domestic	CGTN English News	Cgtn English News Morning		0	The English language news channel from China Global Television Network (CGTN) in Beijing. Formerly known as CCTV English News.	CHINA	English-100	0		NC		Υ	
2019-03-21	0515	News - Domestic	NHK World English News	Nhk World English News Morning		0	News from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news, in English.	JAPAN	English-100	0		NC		Υ	
2019-03-21	0530	News - Domestic	Deutsche Welle English News	Deutsche Welle English News Morning		0	News and analysis of the top international and European news and current affairs from Berlin, in English.	GERMANY	English-100	0		NC		Υ	
2019-03-21	0600	News - Domestic	France 24 English News	France 24 English News Morning		0	International news and current affairs television from Paris, offering a French perspective on world events, in English.	FRANCE	English-100	0		NC		Υ	
2019-03-21	0630	News - Domestic	Al Jazeera English News	Al Jazeera News First Edition		0	News via satellite from Al Jazeera Satellite Network, Qatar, in English.	QATAR	English-100	0		NC		Υ	
2019-03-21	0700	News - Overseas	BBC News	BBC 6 O'clock News	2017	0	BBC 6.00pm evening news via satellite from London, UK, in English.	UNITED KINGDOM	English-100	2017		NC		Υ	
2019-03-21	0730	News - Overseas	Italian News	Italian News Daily		0	News via satellite from RAI Rome in Italian, no subtitles.	ITALY	Italian-100	2013		NC			
2019-03-21	0810	News - Overseas	Filipino News	Filipino News		0	News via satellite from ABS-CBN Manila, in Tagalog, no subtitles.	PHILIPPINES	Filipino-100	2013		NC			
2019-03-21	0840	News - Overseas	French News	French News		0	News via satellite from FT2 Paris, in French, no subtitles.	FRANCE	French-100	2013		NC			
2019-03-21	0930	News - Overseas	Greek News	Greek News		0	News via satellite from ERT Athens, in Greek, no subtitles.	GREECE	Greek-100	2017		NC			
2019-03-21	1030	News - Overseas	German News	German News		0	News via satellite from DW Berlin, in German, no subtitles.	GERMANY	German-100	2013		NC			
2019-03-21	1100	News - Overseas	Spanish News	Spanish News		0	News via satellite from RTVE Madrid, in Spanish, no subtitles.	SPAIN	Spanish-100	2013		NC			

2019-03-21	1200	News - Overseas	Arabic News F24		Arabic News F24		0	International news and current affairs from France 24 Arabic, via satellite, in Arabic, no subtitles.	FRANCE	Arabic-100	0		NC			
2019-03-21	1230	News - Overseas	Turkish News		Turkish News		0	News via satellite from TRT Turkey, in Turkish, no subtitles.	TURKEY	Turkish-100	2013		NC			
2019-03-21	1300	News - Domestic	PBS Newshour	NEWS	PBS Newshour		0	Reviews and analysis of the day's news presented by Judy Woodruff for the Public Broadcasting Service (PBS) in the United States.	USA	English-100	2012		NC		Υ	
2019-03-21	1400	Sport General	Over The Black Dot	NITV Encore	Over The Black Dot 2019 Ep 1	2019	1	George Rose joins host Jodan Perry and special guests in reviewing highlights of past weeks games and previewing the upcoming action of the next round.	AUSTRALIA	English-100	2019	RPT	NC		Υ	
2019-03-21	1505	Archaeology	The Real Tower of Babel		Real Tower Of Babel, The	04	1	The Tower of Babel is one of the Bible's most iconic stories. But could it have been a real building? This extraordinary film uncovers the true Tower of Babel. And with testing from modern day engineers and top architectural CGI, it reveals how the epic Tower of Babel was built and what it really looked like.	UNITED KINGDOM	English-100	2017	RPT	PG		Υ	
2019-03-21	1600	Reality	River Cottage Australia		River Cottage Australia One Hours Series 2 Ep 5	02	5	Paul's pasture poultry have all grown up and it's processing time. Chris Franks is back to share his knowledge and wisdom. Another River Cottage favourite returns; Iain Hamilton gives Paul a hand building a special barbecue grill. He takes the grill to the annual Bermagui Seaside Fair and hosts his second stall, and it's full of surprises. Paul joins a brotherhood of brewing buddies in Candelo for a night of homebrew and beats. Before retiring to his homemade hot tub bearing all against the backdrop of the bush.		English-100	2014	RPT	PG	w	Y	
2019-03-21	1700	Health, Science & Technology	The Supervet	New Episode	Buster, Doug, And Rusty	05	2	Sandra and Paul rescued their one-year old dog Rusty from Romania, but he has bad hip dysplasia and slipping kneecaps in both hind legs. Noel mentions two surgeries, one on each side, where he would treat the knee and the hip at the same time. The couple make the heart-breaking decision to tell Noel that if the micro hip replacement surgery doesn't go to plan, he should let Rusty go while he is under the anaesthetic. The pressure is on for Noel to save the life of a young dog with a tragic history of neglect.	UNITED KINGDOM	English-100	2018				Y	
2019-03-21	1800	Quiz	Letters And Numbers		Letters And Numbers Series 2 Ep 54	02	54	Two contestants pit their linguistic and numerical skills against each other and the clock in this entertaining quiz show. Join host Richard Morecroft along with maths whiz Lily Serna and wordsmith David Astle.	AUSTRALIA	English-100	2011	RPT	G		Y	
2019-03-21	1830	News - Domestic	SBS World News	NEWS	SBS World News 2019 Ep 80	2019	80	Up-to-date reports and analysis of the major national and international news stories of the day in Australia's only world news service.	AUSTRALIA	English-100	0	LIVE	NC		Υ	
2019-03-21	1935	History	Great British Royal Ships		Great British Royal Ships Series 1 Ep 1	01	1	Rob Bell goes inside Her Majesty's Yacht Britannia - a floating palace at sea for 44 years that travelled over a million miles or the equivalent of one complete circumnavigation of the globe.	UNITED KINGDOM	English-100	2017	RPT	PG		Y	
2019-03-21	2030	History	Jumbo Jet: 50 Years In The Sky	Final Episode	Jumbo Jet: 50 Years In The Sky Series 1 Ep 2	01	2	This episode delves into the social history of the airliner's 50-year working life, from its first commercial flight in 1970 to today, examining the impact the 747, in democratising air travel and creating long-haul for all. A nostalgic journey from the glamorous age of the 'jet set' to the no-frills air travel of today, this film explores how the 747's unique upper deck and twim-aisle cabin transformed the passenger experience from the preserve of the rich and famous to an affordable form of travel for everyone, fulfilling people's wildest holiday dreams and connecting the world like never before.	UNITED KINGDOM	English-100	2018				Υ	Υ
2019-03-21	2130	Thriller	Trust Me	Final Episode	Trust Me Series 1 Ep 4	01	4	Pushed to the brink, Ally's personal life and medical career begins to fall apart. Karl heads up to Edinburgh and is desperate to take Molly back to Sheffield. But will Ally find a way of stopping him before it is too late?	UNITED KINGDOM	English-100	2017		М	al	Υ	
2019-03-21	2235	Thriller	Counterpart	New Episode	Twin Cities	02	6	The origins of the Crossing are revealed. Old secrets are revealed, and new discoveries begin to make sense.	USA	English-100	2019		М	alsv	Υ	Υ
2019-03-21	2340	News - Domestic	SBS World News Late	NEWS	SBS World News Late 2019 Ep 57	2019	57	Up-to-date reports and analysis of the major national and international news stories of the day in Australia's only world news service.	AUSTRALIA		0		NC		Υ	

2019-	03-21	2400	Variety	Full Frontal With Samantha Bee SBS VICELANI Encore	D March 21st, 2019	04	4	Fast tracked from the US - award winning news satire Full Frontal with Samantha Bee tackles the week in politics, immigration, the media, healthcare, and Trump.	USA	English-100	2019	RPT	MA		Υ	
2019-	03-21	2430	Thriller	Farang	Farang Series 1 Ep 1	01	1	Set in Thailand, Farang is a thrilling new series about love, betrayal and the complicated ties that bind a father with his daughter. After fleeing Sweden and the old friends he has testified against, former criminal Rickard is living a quiet life in Thailand. One day his daughter Thyra, who he hasn't seen for over ten years, shows up looking for him and his world is turned upside down. Stars Ola Rapace and Louise Nyvall.	SWEDEN	Swedish-71; English 27; Thai-2	2016	RPT	МА	s v	Υ	Υ
2019-	03-21	2525	Thriller	Farang	Farang Series 1 Ep 2	01	2	After getting his daughter out of prison, and hoping that the worst is over, Rickard expects Thyra to return to Sweden, but instead he discovers that she is hiding more secrets and he realises there is no turning back. Stars Ola Rapace and Louise Nyvall.	SWEDEN	Swedish-55; English 36; Thai-9	2016	RPT	М	lv	Y	Υ
2019-	03-21	2620	Thriller	Farang	Farang Series 1 Ep 3	01	3	Thyra, who is furious after Rickard's betrayal, has gone missing. Richard desperately tries to find her before she makes a fatal mistake.	SWEDEN	Swedish-55; English 34; Thai-11	2016	RPT	М	alv	Υ	Υ
2019-	03-21	2710	Thriller	Farang	Farang Series 1 Ep 4	01	4	Mariette's tragic death brings Rickard and Thyra closer together, but Birdie is becoming more desperate and hires the ruthless hit man Mark to track down Rickard.	SWEDEN	Swedish-65; English 28; Thai-7	2016	RPT	М	lv	Υ	Υ
2019-	03-21	2800	Cooking	Poh's Kitchen	Truffles With Emmanuel Mollois	01	32	Poh and Emmanuel Mollois are off to the Mundaring Truffle Festival in Western Australia to find out more about this black, knobbly delicacy that grows underground and can cost up to \$3000 dollars per kilo. It's here that Poh and Emmanuel take part in cooking demonstrations, truffle tastings, and the world's longest truffle themed lunch and where 40,000 people are lucky enough to sample one of the most expensive edible commodities in the world. Back home, Poh cooks chicken mousse and truffle soup dumplings.		English-100	2010	RPT	G		Y	
2019-	03-21	2830	Cooking	Poh's Kitchen	Darwin With Jacko Angeles	01	33	Poh is back in Darwin soaking up the sun and enjoying delicious fresh seafood, all in the company of great friends. Local cook Jacko shows Poh and her friend Elton how to catch and cook at one of his favourite fish, the local sand whiting. The fish is lightly fried in peantu oil to crispy perfection with the tail left on as the ultimate crisp treat. To accompany the fish, Poh makes a fresh, tangy Thai style salsa with a hit of citrus provided by the beautiful local torch ginger.	AUSTRALIA	English-100	2010	RPT	G		Υ	
2019-	03-22	0500	News - Domestic	CGTN English News	Cgtn English News Morning		0	The English language news channel from China Global Television Network (CGTN) in Beijing, Formerly known as CCTV English News.	CHINA	English-100	0		NC		Υ	
2019-	03-22	0515	News - Domestic	NHK World English News	Nhk World English News Morning		0	News from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news, in English.	JAPAN	English-100	0		NC		Υ	
2019-	03-22	0530	News - Domestic	Deutsche Welle English News	Deutsche Welle English News Morning		0	News and analysis of the top international and European news and current affairs from Berlin, in English.	GERMANY	English-100	0		NC		Υ	
2019-	03-22	0600	News - Domestic	France 24 English News	France 24 English News Morning		0	International news and current affairs television from Paris, offering a French perspective on world events, in English.	FRANCE	English-100	0		NC		Υ	
2019-	03-22	0630	News - Domestic	Al Jazeera English News	Al Jazeera News First Edition		0	News via satellite from Al Jazeera Satellite Network, Qatar, in English.	QATAR	English-100	0		NC		Υ	
2019-	03-22	0700	News - Overseas	BBC News	BBC 6 O'clock News	2017	0	BBC 6.00pm evening news via satellite from London, UK, in English.	UNITED KINGDOM	English-100	2017		NC		Υ	
2019-	03-22	0730	News - Overseas	Italian News	Italian News Daily		0	News via satellite from RAI Rome in Italian, no subtitles.	ITALY	Italian-100	2013		NC			
2019-	03-22	0810	News - Overseas	Filipino News	Filipino News		0	News via satellite from ABS-CBN Manila, in Tagalog, no subtitles.	PHILIPPINES	Filipino-100	2013		NC			
2019-	03-22	0840	News - Overseas	French News	French News		0	News via satellite from FT2 Paris, in French, no subtitles.	FRANCE	French-100	2013		NC			

2019-03-22	0930	News - Overseas	Greek News		Greek News		0	News via satellite from ERT Athens, in Greek, no subtitles.	GREECE	Greek-100	2017		NC			
2019-03-22	1030	News - Overseas	German News		German News		0	News via satellite from DW Berlin, in German, no subtitles.	GERMANY	German-100	2013		NC			
2019-03-22	1100	News - Overseas	Spanish News		Spanish News		0	News via satellite from RTVE Madrid, in Spanish, no subtitles.	SPAIN	Spanish-100	2013		NC			
2019-03-22	1200	News - Overseas	Arabic News F24		Arabic News F24		0	International news and current affairs from France 24 Arabic, via satellite, in Arabic, no subtitles.	FRANCE	Arabic-100	0		NC			
2019-03-22	1230	News - Overseas	Turkish News		Turkish News		0	News via satellite from TRT Turkey, in Turkish, no subtitles.	TURKEY	Turkish-100	2013		NC			
2019-03-22	1300	News - Domestic	PBS Newshour	NEWS	PBS Newshour		0	Reviews and analysis of the day's news presented by Judy Woodruff for the Public Broadcasting Service (PBS) in the United States.	USA	English-100	2012		NC		Υ	
2019-03-22	1400	Current Affairs	The Point	NITV Encore	Sport In Our Community	2019	9	The Point marks the start of the AFL season and examines the impact the sport has had on our communities. Western Australian correspondent Rangi Hirini takes a look at the community work that the 2018 Premiership winning team The West Coast Eagles have been doing with First Nation's children. Reporter Kris Flanders meets some men who are using the sport to strengthen their personal battles with mental health. Hosted by John-Paul Janke and Rachael Hocking	AUSTRALIA	English-100	2019	RPT	NC		Υ	
2019-03-22	1500	News - Domestic	NITV News: Nula	NITV Encore	NITV News: Nula Ep 8	2019	8	Natalie Ahmat takes a look at the week that was from right across the nation.	AUSTRALIA	English-100	2019	LIVE	NC		Υ	
2019-03-22	1530	Culture & Society	Back In The Soviet Bloc		Stalin, Gymnastics & Discotheques	01	6	Julia explores Kherson, a town in regional Ukraine still largely unchanged since Soviet times, then visits tourist playground Odessa. Julia takes a look around Kherson, a working-class town in Southern Ukraine. It's old and crumbling, unlike the postcardfriendly scenes of Kyiv.	AUSTRALIA	Ukrainian-33.34; English-33.33; Russian-33.33	2013	RPT	PG		Υ	Y
2019-03-22	1605	Reality	River Cottage Australia		River Cottage Australia One Hours Series 2 Ep 6	02	6	Paul welcomes home his jersey cow Bessie but it's not the homecoming he was hoping for - Bessie could be barren. Tomato season has sprung and Paul needs to make the most of his troubled crop. He welcomes two new friends to the farm, with expert Passata knowledge passed down by generations. He learns there's more to mushrooms than meets the eye, and takes advantage of the autumn rain by dropping into mates Darcy's to dunk some traps into his dam.	AUSTRALIA	English-100	2014	RPT	PG	a w	Y	
2019-03-22	1700	Health, Science & Technology	The Supervet	New Episode	Betsy, Beau, And Rosie	05	3	Toni and Leanne bring their Tibetan Terrier Beau to see Noel about her hip dysplasia after noticing a deterioration in her walking. The couple got Beau after Leanne suffered a miscarriage, so she has become a vital and much loved part of the family. Her surgery is far from straightforward, and Noel is forced to improvise during the operation to fit her new hip implant in place. The girls face a very emotional and tense journey for Beau to make a full recovery.	INITED KINGDOM	English-100	2018				Y	
2019-03-22	1800	Quiz	Letters And Numbers		Letters And Numbers Series 2 Ep 55	02	55	Two contestants pit their linguistic and numerical skills against each other and the clock in this entertaining quiz show. Join host Richard Morecroft along with maths whiz Lily Serna and wordsmith David Astle.	AUSTRALIA	English-100	2011	RPT	G		Υ	
2019-03-22	1830	News - Domestic	SBS World News	NEWS	SBS World News 2019 Ep 81	2019	81	Up-to-date reports and analysis of the major national and international news stories of the day in Australia's only world news service.	AUSTRALIA	English-100	0	LIVE	NC		Υ	
2019-03-22	1935	Nature & Environment	Coast New Zealand	New Episode	Deep South	01	5	The Deep South is a formidable place to live. Cold winds and waves roll in from Antarctica battering the wildlife, flora, and people - so much so that they are all shaped by their environment. On this journey, Jacky Geurts visits the birth place of the World's Fastest Indian. Riria Hotere discovers that while New Zealand's human story is brief, every once and a while a secret to its past is unearthed. Marine Archaeologist Matt Carter explores Dunedin's early history and the glory days of New Zealand's biggest shipping company. Neil visits the Royal Albatross as they return home from their eternal wanderings and meets their unofficial godfather.	INITED KINGDOM	English-100	2015		G		Υ	

2019-03-22	2030	Comedy	Their Finest	MOVIE			0	A British film crew attempts to boost morale during World War II by making a propaganda film after the Blitzkrieg.	UNITED KINGDOM	English-100	0		М	als	Υ	Υ
2019-03-22	2240	News - Domestic	SBS World News Late	NEWS	SBS World News Late 2019 Ep 58	2019	58	Up-to-date reports and analysis of the major national and international news stories of the day in Australia's only world news service.	AUSTRALIA		0	LIVE	NC		Υ	
2019-03-22	2310	Current Affairs	The Feed	SBS VICELAND Encore	Anger	2019	6	Is anger an unladylike taboo that women are forced to keep hidden and unexpressed? Jan Fran explores the modern rise of female rage - from smash rooms to #metoo and the push against century-old abortion laws. Plus, comedian Zoe Norton Lodge recounts what happened when she tried to go a week without shouting. And Aussie musician Dean Lewis sits down with Marc Fennell before performing his single '7 Seconds'.	AUSTRALIA	English-100	2019	RPT	NC		Y	
2019-03-22	2410	Comedy	Let The Sunshine In	MOVIE			0	Isabelle, a Parisian artist and divorced mother, is looking for love.	FRANCE	French-100	2017		MA	S	Υ	Υ
2019-03-22	2555	Contemporary	The Young Pope		Young Pope Series 1 Ep 1, The	01	1	Lenny Belardo is Pius XIII, the youngest Pope in history but also the first American pontiff. His radical ideas could change the Roman Catholic Church, but underlying many of his choices is an ancient sorrow and a tormented relationship with his faith.	ITALY	English-88; Italian- 11; Latin-1	2016	RPT	М	an	Y	Υ
2019-03-22	2655	Contemporary	The Young Pope		Young Pope Series 1 Ep 2, The	01	2	The Cardinal Secretary of State, Voiello, is worried about certain of the Pope's initiatives which threaten to compromise the Vatican's political relationships and the relationship with the faithful. Fears that are confirmed by the new pontiff's first bewildering speech to the faithful in St Peter's Square.	ITALY	English-93; Italian-7	2016	RPT	М	as	Y	Υ
2019-03-22	2800	Cooking	Poh's Kitchen		Sauces And Stir Fry With Emmanuel Mollois	01	34	Poh and French chef Emmanuel Mollois examine the art of sauces and stir-fry. They share some great tips, including how to cut vegetables for a stir-fry and to prepare a sauce that will make kids eat their vegies. Poh also cooks a squid stir-fry for Emmanuel and he returns the favour and, much to Poh's delight, creates a delicious stir-fry of prawns and garlic shoots.	AUSTRALIA	English-100	2010	RPT	G		Y	
2019-03-22	2830	Cooking	Poh's Kitchen		Polenta With Andre Ursini	01	35	Poh catches up with her friend Andre Ursini for some more of his northern Italian cooking. Andre is obsessed with polenta and has even opened a polenta bar. He invites Poh to his kitchen to show her a bit about this humble ingredient - which is essentially just ground corn. Andre cooks her polenta with mushrooms and adds creamy gorgonzola, and then surprises Poh with polenta ice-cream for dessert. Poh cooks Andre a Chinese staple - pork and cabbage dumplings.	AUSTRALIA	English-100	2010	RPT	G		Y	
2019-03-23	0500	News - Domestic	CGTN English News		Cgtn English News Morning		0	The English language news channel from China Global Television Network (CGTN) in Beijing. Formerly known as CCTV English News.	CHINA	English-100	0		NC		Υ	
2019-03-23	0515	News - Domestic	NHK World English News		Nhk World English News Morning		0	News from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news, in English.	JAPAN	English-100	0		NC		Υ	
2019-03-23	0530	News - Domestic	Deutsche Welle English News		Deutsche Welle English News Morning		0	News and analysis of the top international and European news and current affairs from Berlin, in English.	GERMANY	English-100	0		NC		Υ	
2019-03-23	0600	News - Domestic	France 24 English News		France 24 English News Morning		0	International news and current affairs television from Paris, offering a French perspective on world events, in English.	FRANCE	English-100	0		NC		Υ	
2019-03-23	0630	News - Domestic	Al Jazeera English News		Al Jazeera News First Edition		0	News via satellite from Al Jazeera Satellite Network, Qatar, in English.	QATAR	English-100	0		NC		Υ	
2019-03-23	0700	News - Overseas	BBC News		BBC 6 O'clock News	2017	0	BBC 6.00pm evening news via satellite from London, UK, in English.	UNITED KINGDOM	English-100	2017		NC		Υ	
2019-03-23	0730	News - Overseas	Italian News		Italian News Daily		0	News via satellite from RAI Rome in Italian, no subtitles.	ITALY	Italian-100	2013		NC			
2019-03-23	0810	News - Overseas	Filipino News		Filipino News		0	News via satellite from ABS-CBN Manila, in Tagalog, no subtitles.	PHILIPPINES	Filipino-100	2013		NC			

2019-03-23	0840	News - Overseas	French News		French News		0	News via satellite from FT2 Paris, in French, no subtitles.	FRANCE	French-100	2013		NC		
2019-03-23	0930	News - Overseas	Greek News		Greek News		0	News via satellite from ERT Athens, in Greek, no subtitles.	GREECE	Greek-100	2017		NC		
2019-03-23	1030	News - Overseas	German News		German News		0	News via satellite from DW Berlin, in German, no subtitles.	GERMANY	German-100	2013		NC		
2019-03-23	1100	News - Overseas	Spanish News		Spanish News		0	News via satellite from RTVE Madrid, in Spanish, no subtitles.	SPAIN	Spanish-100	2013		NC		
2019-03-23	1200	News - Overseas	Arabic News F24		Arabic News F24		0	International news and current affairs from France 24 Arabic, via satellite, in Arabic, no subtitles.	FRANCE	Arabic-100	0		NC		
2019-03-23	1230	News - Overseas	Turkish News		Turkish News		0	News via satellite from TRT Turkey, in Turkish, no subtitles.	TURKEY	Turkish-100	2013		NC		
2019-03-23	1300	News - Domestic	PBS Newshour	NEWS	PBS Newshour		0	Reviews and analysis of the day's news presented by Judy Woodruff for the Public Broadcasting Service (PBS) in the United States.	USA	English-100	2012		NC		Υ
2019-03-23	1400	Motor Sports	Motorcycles: Superbike World Champs	SPORTS	Superbike World Championship 2019: Round 2, Thailand	2019	2	Coverage of the Superbike World Championship 2019: Round 2, Thailand.			2019		NC		Υ
2019-03-23	1500	Figure Skating	ISU Figure Skating Four Continents Pt 3	SPORTS	Isu Figure Skating 2018/19: Four Continents Part 3	2018	26	Coverage of the ISU Figure Skating 2018/19: Four Continents Part 3.			2018		NC		Υ
2019-03-23	1615	Nature & Environment	Richard Hammond's Miracles Of Nature		Super-Powers	01	3	Richard Hammond concludes his look at miracles in the natural world by discovering some incredible animal super- powers. Creatures that can create slime as strong as steel, survive massive extremes of temperature or even turn invisible. Animal super-powers that have inspired scientists and engineers to create brand new human inventions that could change the way we live. He discovers how the husky's paw can help American footballers; how a strange eel-like creature with a skull but no skeleton might be the next best thing to a spider; how the kingfisher could revolutionise air-sea rescue.	UNITED KINGDOM	English-100	2012	RPT	G		Y
2019-03-23	1720	Biography	Who Do You Think You Are? Noel Clarke		Noel Clarke	14	8	Noel Clarke attempts to discover more about his paternal family as he heads to Trinidad. His search for his history there leads him on to the surrounding islands.	UNITED KINGDOM	English-100	2017		PG		
2019-03-23	1830	News - Domestic	SBS World News	NEWS	SBS World News 2019 Ep 82	2019	82	Up-to-date reports and analysis of the major national and international news stories of the day in Australia's only world news service.	AUSTRALIA	English-100	0	LIVE	NC		Υ
2019-03-23	1935	Nature & Environment	China From Above	Final Episode	Future Is Now, The	01	2	Get an incredible bird's-eye view of how China's billion-plus population lives, travels and builds its cities. Plus, find out how its industrialization is impacting the planet.	USA	English-90; Cantonese-10	2015				Υ
2019-03-23	2030	Culture & Society	Alex Polizzi The Fixer	Final Episode	Alex Polizzi The Fixer Series 1 Ep 3	01	3	Alex Polizzi lends her considerable expert business skills to a failing family car repair garage in Ashton-under-Lyne, Manchester. Mum and co-owner Jan Lord is desperate to get the business out of the increasing trouble it's in with too few customers and not enough work to fill the mechanics' days.	UNITED KINGDOM	English-100	2012		PG		Υ
2019-03-23	2140	Biography	Frost/Nixon	MOVIE			0	A dramatic retelling of the post-Watergate television interviews between British talk-show host David Frost and former president Richard Nixon. Directed by Ron Howard and stars Frank Langella and Michael Sheen.	USA	English-100	2008	RPT	M	alsv	Υ

2019-03-23	2355	Comedy	Too Hard To Handle	MOVIE		0	wise-ass, says her best friend Anna. Karo is not one to give up easily, though: she opts for radical change and goes into therapy. Although her therapist advises her to keep calm, Karo throws herself into it. She wants to be a 'super patient', catch up on the mourning she hasn't done, put her mother on the spot and break up with her boyfriend Philipp. But it's all too much in one go, her witty facade breaks and she slides into a depressive mood, to extend there her closest confidant Max nor her grandmother Bille can help her. It is only when her mother takes Karo in that she slowly pulls herself together again. She now declares war on her crisis, because 'depression is a fing event.'	GERMANY	German-100	2016	RPT	MA	Is		Υ
2019-03-23	2555	Biography	A Prominent Patient			0	A period in the life of diplomat and politician Jan Masaryk, who was the son of Czechoslovakia's founder, served as the country's minister of foreign affairs and is believed by many to have been killed by the Communists in 1948.	SLOVAKIA	Czech-25; English- 25; French-25; Slovak-25	2016	RPT	MA	d		Υ
2019-03-23	2745	Cooking	Poh's Kitchen	Salted Fish With Emmanuel Mollois	01	36	Poh and her good friend, French chef Emmanuel Mollois, immerse themselves in the world of salted fish. This method of preserving has been around for millennium and is common across many cultures. Using salted mackerel from her local Asian grocer, Poh cooks two delicious dishes, salted mackerel with chicken, and salted mackerel with noodles. Meanwhile, Emmanuel uses salted cod, preserved the European way, to make brandade of cod.	AUSTRALIA	English-100	2010	RPT	G		Υ	
2019-03-23	2820	Cooking	Poh's Kitchen	Filipino Food With Dennis Leslie	01	37	Poh's Kitchen has received many requests for Filipino recipes and in tonight's episode, Poh introduces executive chef Denis Leslie, who draws on his Filipino heritage to treat us to a traditional tangy soup and melt-in-the-mouth chicken dish. Poh also has a surprise for Denis, a savoury Nyonya soup that features watermelon rind.	AUSTRALIA	English-100	2010	RPT	G		Υ	
2019-03-23	2855	Cooking	Shane's Moorish Spice Journey Bitesize	Shane Delia's Moorish Spice Journey Bitesize 3	01	3	Some of your favourite moments so far from Shane Delia's Moorish Spice Journey through Morocco and Spain.	AUSTRALIA	English-98; Arabic (Moroccan)-2	2015	RPT	G		Υ	Υ

It's no surprise when Karo is fired. She is loud, over-emotional and egocentric, more so than the average Berliner