



WEEK 4		Sunday, 19 January 2025	Saturday, 25 January 2025	ALL MARKETS												
Date	Start Time	Genre	Title	Episode Title	Series	Episode	TV Guide Text	Country of Origin	Language	Year	Repeat	Classification	Consumer Advice	Closed Captions	Subtitles	Audio Description
2025-01-19	0500	News - Overseas	NHK World English News Morning	NHK World English News Morning 202	4 0	0	English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news.	JAPAN	English-100	2024		NC		Υ		
2025-01-19	0515	News - Överseas	France 24 Feature	France 24 Feature First Edition 2024	0	0	News feature in English from France 24, Paris.	FRANCE	English-100	2024		NC		Y		
2025-01-19	0530	News - Overseas	ANC Philippines The World Tonight	ANC Philippines The World Tonight	0	0	Multi-award winning newscast on ABS-CBN and ANC, The World Tonight delivers the top stories of the day, covering political, economic, and social sectors on both local and global fronts.	PHILIPPINES	English-100	2024		NC		Υ		
2025-01-19	0600	News - Overseas	DW English News	DW English News Morning 2024		0	News and analysis of the top international and European news and current affairs from Berlin, in English.	GERMANY	English-100	2024		NC		Y		
2025-01-19	0630	News - Overseas	Al Jazeera News	Al Jazeera News		0	News via satellite from AJ Jazeera Satellite Network, Qatar, in English.	QATAR	English-100	2024		NC		Y		
2025-01-19	0700	News - Domestic	APAC Weekly	APAC Weekly 2024 Ep 19	2024	19	Asia-Pacific's brightest minds at the forefront of charting a sustainable future for the world from APAC Network Brisbane, in English.	AUSTRALIA		2024	RPT	NC		Υ		
2025-01-19	0730	News - Overseas	France 24 English News	France 24 English News Morning First Edition 2024		0	International news and current affairs television from Paris, offering a French perspective on world events, in English.	FRANCE	English-100	2024		NC		Υ		
2025-01-19	0800	News - Overseas	DD India News Hour	DD India News Hour 2022		0	The most recent political, sports, entertainment and socio-economic updates across India and the world from New Delhi, in English.	INDIA	English-100	2022		NC		Υ		
2025-01-19	0900	Culture & Society	The World From Above	World From Above Series 10 Ep 9, The	10	9	This journey begins in the harsh landscape of South Africa's Northern Cape and the Orange River, where vineyards line the banks. The river continues through one of South Africa's most dramatic landscapes - the Augrables National Park. We then head west to the Atlantic Ocean and the Diamond Coast, where these precious gems were first discovered in 1908.	UNITED VINCEOUS	English-100	2018	RPT	G		Υ		Y
2025-01-19	0930	Culture & Society	The World From Above	World From Above Series 10 Ep 10, The	e 10	10	This journey begins at the ancient and historic city of Toledo. From there we head east across a high arid plateau t arrive at the beautiful Royal Palace of Aranjuez. To the north is the capital of Spain-Madrid. A city of medieval mansions, an enormous croyal palace, beautiful open spaces and world class museums. Heading west we reach the medieval walled city of Avila, which has been described as the most 16th century looking city in Spain.	LINITED VINCTOM	English-100	2018	RPT	G		Y		Υ
2025-01-19	1000	Football	FIFA World Cup Classic Matches	England V West Germany (1966)	2024	41	FIFA World Cup Classic Match: England v West Germany 1966			2024				Υ		
2025-01-19	1130	Nature & Environment	Britain's Great Outdoors	Scotland	02	3	Julia's walk offers one of the most outstanding views over Loch Lomond- at 24 miles long. It's the largest loch in Scotland by sarface area. Pucking up the West Highland Way, be hugs the botten behaves through the lettle vallage of Balmaka on the eastern side of the Loch, and takes a quick boot trip to the ancient Lomond iske of inchcalloch, with magnificent views across the water and out to the surrounding fells. She finishes with a well-deserved Loch Lomond ice cream on her return.	E UNITED KINGDOM	English-100	2018	RPT	G		Y		Υ
2025-01-19	1200	News - Domestic	APAC Weekly	APAC Weekly 2024 Ep 19	2024	19	Asia-Pacific's brightest minds at the forefront of charting a sustainable future for the world from APAC Network Brisbane, in English.	AUSTRALIA		2024	RPT	NC		Υ		
2025-01-19	1230	News - Overseas	PBS Washington Week With The Atlantic	PBS Washington Week With The Atlantic	0	0	PBS Washington Week with The Atlantic is the longest-running primetime news and public affairs program on television. The show features a group of journalists participating in a weekly roundtable discussion of major news events. Moderated by Jeffrey Goldberg, Editor-in-Chief of The Atlantic.	USA	English-100	2023		NC		Υ		
2025-01-19	1255	Culture & Society	North Beach Football Club	North Beach Football Club		0	The integrated (AFL all abilities) side was introduced by North Beach Football Club four years ago. They started with five all abilities players showing up for practice and have now swelled to a 30 or 40 players squad and the side has joined the league. Peter is the coach.		English-100	2021	RPT	G		Y		
2025-01-19	1300	Motorsport	Speedweek	Speedweek 2025. Ep 3	2025	3	Speedweek is a comprehensive motorsport show that covers many forms of Australian and International motorsport - made specifically for speed enthusiasts.			2025				Y		

2025-01-19	1500	Cycling	Grace Brown: Time For The Rest Of Life	Grace Brown: Time For The Rest Of Life	2024	0	Cycling: Grace Brown, Time For the Rest Of Life.	FRANCE		2024		G		Υ		
2025-01-19	1530	Cycling	Cycling: National Road Championships	Cycling: National Road Championships 2025: Women's Highlights	2025	5	The Women's Highlights from the 2025 National Road Champiorships.	AUSTRALIA		2025				Υ		
2025-01-19	1630	Cycling	Cycling: National Road Championships	Cycling: National Road Championships 2025: Men's Highlights	2025	6	The Men's Highlights from the 2025 National Road Champiorships.	AUSTRALIA		2025				Y		
2025-01-19	1730	History	Forgotten Frontlines	Pegasus Bridge	01	5	Six Horsa gliders dropped from the skies near Cabourg in a surprise attack to take Pegasus Bridge over the One River. Securing the bridge was a crucial step in protecting the north flank invasion of D-Day and this battle's casualties were the very first of the onslaught.	CANADA		2021	RPT	PG	a	Υ		Y
2025-01-19	1830	News - Overseas	S85 World News	SBS World News 2025 Ep 19	2025	19	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2025	LIVE			Υ		
2025-01-19	1935	History	Fortress Britain With Alice Roberts	Norman Takeover, The	01	4	The story of William the Conqueror's journey from invader to ruler of England through the physical reminders that remain. Allog gets her hands on a near thousand-year-old sword as she discovers who the Normans really were. Denifiel gets one eleventh century shattlefield experience. Onyeka learns how William's carefully choreographed coronation turned into a PR disaster.	UNITED KINGDOM	English-100	2022	RPT	PG		Υ		Y
2025-01-19	2030	Culture & Society	One Mind, One Heart	One Mind, One Heart	00	0	When an historic Yirkala bark petition is found in Derby, Western Australia, the community begins the ceremony of guiding its journey back to Yohgu Country. The repatriation provides the opportunity to track the long political campaignt through petition, soreg, dance, and campaigning to keep culture strong and to have a voice for country.	AUSTRALIA	English-100	2024		PG		Υ	Y	Y
2025-01-19	2205	Politics & Current Affairs	Stopping The Steal	Stopping The Steal	0	0	The astonishing story of how Donald Trump tried to convince the American people that the 2020 election had been stolen from him, and the Republicans who stood in his way.	USA	English-100	2024	RPT	М	al	Υ	Υ	
2025-01-19	2345	Politics & Current Affairs	The Choice 2024: Harris Vs. Trump	Choice 2024: Harris VS. Trump, The	0	0	Investigating the lives and characters of Kamala Harris and Donald Trump as they seek the presidency. In an historic election, those who know the candidates best reveal key moments that shape how they would lead America.	USA	English-100	2024	RPT	PG	a	Y	Y	
2025-01-19	2545	Politics & Current Affairs	The VP Choice: Vance vs Walz	Vp Choice: Vance VS Walz, The	0	0	Investigating the lives and views of JD Vance and Tim Walz as they run for vice president. In an historic election, those who know the candidates best reveal the influences and ideas they'd bring to the White House.	USA	English-100	2024	RPT	М	1	Υ		
2025-01-19	2645	Entertainment	Love Your Garden	Love Your Garden Series 8 Ep 1	08	1	Alan heads to Fareham near Southempton to surprise Bethy Richards (00), a fearless life-long volunteer and fundraiser. Despite bety perar, Bethy's last spic fund-raising adventure sen her absell down Southampton Nathour's Sprimaker Tower 100.ES. Sanding at 170 meters, this incredible feat was to raise money for a condition known as macular degeneration - a gradual loss of sight prevalent in the elderly.	UNITED KINGDOM	English-100	2018	RPT	G		Υ		
2025-01-19	2740	Lifestyle	Make Me A Dealer	Clevedon: Caroline & Jon	02	14	Paul Martin turns two raw recruits into antiques dealers. Pitted against each other, the wannabe dealers must use their hard-earned cash to buy and sell antiques for the most profit. Along the way, Paul teaches them the tricks of the trade, first at an antiques centre and later at the auction.	UNITED KINGDOM	English-100	2019	RPT	G		Υ		
2025-01-19	2830	Biography	Peer To Peer	Tricia Griffith	01	63	Tricia Griffith started as a claims rep and rose through the ranks to become CEO of Progressive, one of America's largest auto insurers. Under her leadership, Progressive shares have soared and the company has successfully maneuvered challenges during the global pandemic.	UNITED KINGDOM	English-100	2018	RPT	G		Υ		
2025-01-20	0500	News - Overseas	NHK World English News Morning	NHK World English News Morning 2024	1 0	0	English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news.	JAPAN	English-100	2024		NC		Y		
2025-01-20	0515	News - Overseas	France 24 Feature	France 24 Feature First Edition 2024	0	0	News feature in English from France 24, Paris.	FRANCE	English-100	2024		NC		Υ		

2025-01-20	0530	News - Overseas	Al Jazeera News	Al Jazeera News	•	0	News via satellite from Al Jazeera Satellite Network, Qatar, in English.	QATAR	English-100	2024		NC		Υ		
2025-01-20	0600	News - Overseas	DW English News	DW English News Morning 2024	•	0	News and analysis of the top international and European news and current affairs from Berlin, in English.	GERMANY	English-100	2024		NC		Υ		
2025-01-20	0630	News - Overseas	ABC America This Week	ABC America This Week With George Stephanopoulos		0	ABC America's pre-eminent weekly public affairs program with George Stephanopolous from New York, USA.	USA	English-100	2024		NC		Υ		
2025-01-20	0730	News - Overseas	France 24 English News	France 24 English News Morning First Edition 2024		0	International news and current affairs television from Paris, offering a French perspective on world events, in English.	FRANCE	English-100	2024		NC		Y		
2025-01-20	0800	News - Overseas	DD India News Hour	DD India News Hour 2022		0	The most recent political, sports, entertainment and socio-economic updates across india and the world from New Delhi, in English.	INDIA	English-100	2022		NC		Υ		
2025-01-20	0900	Cooking	Destination Flavour China Bitesize	Black Sesame Tangyuan	01	1	All the best moments and bits from Destination Flavour China, led by famed chef and author Adam Llaw.	AUSTRALIA	English-100	2018	RPT	G		Y	Y	
2025-01-20	0910	Biography	World's Most Amazing Festivals	Feast Of The Gardians, France	01	1	The Gardians brotherhood has been in existence since 1512. It is made up of horsemen, breeding cattle and protecting the helpiets. In the Camargue, the Gardians festival is one of the region's symbols and the horses are even permitted within churches for blessings. 2011 has also seen the crowning of the new Queen of Arles, an event which only takes place every three years!	UNITED KINGDOM	nglish-93; Sinhala- 7	2021	RPT	PG	a w	Y	Y	
2025-01-20	0945	Biography	World's Most Amazing Festivals	Naadam Festival, Mongolia, The	01 :	2	Thousands of horsemen, wearing the warrior suits of Genghis Khan's time, invade the city of Ulan Bator for this festival.	UNITED KINGDOM	nglish-93; Sinhala- 7	2021	RPT	G		Υ	Y	
2025-01-20	1020	Culture & Society	Confucius Was A Foodle	Big Picture, The	01	1	Chef Christine Cushing meets her Chinese chef mentors and discovers that many of her assumptions about the beginnings of this culsine in North America might not actually be true.	CANADA	English-100	2017	RPT	PG	a w	Υ	Υ	
2025-01-20	1115	Culture & Society	Great Canal Journeys	Rideau Canal, The	06	6	Tim and Pru embark on an epic adventure along one of the greatest achievements of British canal engineering. It's a world heritage site, and historically highly significant, yet very few people in this country have ever heard of the Rideau Canal.	UNITED KINGDOM	English-100	2018	RPT	G		Y		Y
2025-01-20	1210	News - Overseas	BBC News at Ten	BBC News at Ten 2023	(	0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2023		NC		Y		
2025-01-20	1230	News - Overseas	ABC World News Tonight With David Muir	ABC World News Tonight With David Muir	(	0	America's number one network news bulletin with anchors David Muir weekdays, Whit Johnson Saturday edition and Linsey Davis Sunday edition.	USA	English-100	2024		NC		Y		
2025-01-20	1300	News - Overseas	PBS News Weekend	PBS News Weekend	(	0	Analysis of national and international news, as well as in-depth reporting on topics ranging from education and politics to technology and finance. Hosted by John Yang for the Public Broadcasting Service (PBS) in the United States.	USA	English-100	2023		NC		Υ		
2025-01-20	1325	News - Overseas	Al Jazeera News Hour	Al Jazeera News Second Edition	0 (	0	In-depth global news from Al Jazeera Satellite Network, Doha, Qatar, in English.	QATAR	English-100	2024		NC		Y		
2025-01-20	1400	Culture & Society	Great Australian Railway Journeys	Sydney To Broken Hill	01 :	2	Michael Portillo explores New South Wales, steered by his 1913 Bradshaw's Guide. He strikes West into the Blue Mountains, and travels 570 miles into the interior of the vast Australian continent to reach the mining city of Broken Hill. In the waterside metropolis of Sydney, the NSW capital, he investigates the origins of the city as a penal colony, visiting the Hyde Park Barracks, where many of the first convicts were housed.	UNITED KINGDOM	English-100	2018	RPT	G		Y		Υ
2025-01-20	1505	Travel	Plat Du Tour	Pot Au Feu	02	18	Food is the great equalizer. Centuries ago a humble pot of stew could satiate the appetites of kings and peasants alike. Today's start stage of Pau also happens to be the birthplace of King Henri IV, and Guillaume is making Pot au Feu – one of his favourite dishes.	AUSTRALIA	English-100	2021	RPT	G		Y		
2025-01-20	1510	Cooking	Destination Flavour China	Shanghai	01 4	4	Adon takes a side trig to a city he knew all too-wall during his years working as a corporate lawyer for the Disney company. Sharghai, this global metropolis desert officially fit into any of the regions Adon is volting for the eight great regional cultines, but given he's in the neighbourhood, he can't pass by without dropping in to see how the city has changed since he last visited.		English-70; Mandarin-30	2018	RPT	PG	a w	Y	Y	

2025-01-20	1540	Cooking	The Cook Up With Adam Llaw	High Tea, The	06	60	It's Easy Entertaining with The Cook Up, and Adam is hosting a high tea with tennis player Priscilla Hon and Australia's queen of baking, Ann Reardon. Put the kettle on!	AUSTRALIA	English-100	2023	RPT	G		Υ		
2025-01-20	1610	History	Britain By Beach	Anita Rani: Britain By Beach Series 1 Ep 1	01	1	In the quintessential beach county of ice cream and cream teas, Anita encounters a haunted village, a wartime disaster, and a luxury hotel loved by Agatha Christie.	UNITED KINGDOM	English-100	2021	RPT	PG		Υ		Y
2025-01-20	1705	Quiz	Jeopardyl	Jeopardy Series 40 Ep 196	40	196	Ken Jennings hosts Jeopardy! Test your knowledge alongside the contestants in this brand new season.	USA	English-100	2023	RPT	G		Υ		
2025-01-20	1730	Quiz	Letters And Numbers	Letters And Numbers Series 1 Ep 4	01	4	Two contestants pit their linguistic and numerical skills against each other and the clock in this entertaining quiz show. Join host Richard Morecroft along with maths whiz Lily Serna and wordsmith David Astle.	AUSTRALIA	English-100	2010	RPT	G		Υ		
2025-01-20	1800	Quiz	Mastermind	Mastermind Series 5 Ep 46	05	46	In this round, the speciality subjects are The Life of Gallieo Galliei, The films of Quentin Tarantino, Wolf Hall by Hillary Mantel, and The Golden Girls: Seasons 1-2.	AUSTRALIA	English-100	2023	RPT	PG		Y		
2025-01-20	1830	News - Overseas	SBS World News	SBS World News 2025 Ep 20	2025	20	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2025	LIVE			Υ		
2025-01-20	1930	Nature & Environment	Hunt for Truth: Tasmanian Tiger	Tigermania	01	1	Award-winning filimmaker and journalist, Tim Noonan, investigates the ultimate wildlife mystery to find out if the world's rarest, most elusive animal - the Tasmanian Tiger - is gone for good or just very good at playing hide and seek.	AUSTRALIA	English-100	2024	RPT	м	ı	Υ	Υ	Y
2025-01-20	2030	Quiz	Jimmy Carr's I Literally Just Told You	Episode 4	02	4	Jimmy Carr presents a new gameshow with a twist. Contestants must answer questions that have been written "LIVE" during the show to win the cash prize. These questions are written by a team including The Sky At Night's Dr Maggie Adein Pocock.	UNITED KINGDOM	English-100	2022		М		Y		
2025-01-20	2130	Culture & Society	Inside Sydney Airport	Rain	01	4	Sydney is experiencing one of the rainiest seasons on record. With violent storms closing down two runways, an incoming flight relays a distries call to the integrated Operations Centre. A man has suffered an apparent heart attack on board. With the plane be able to land in this weather? Later, a fire training drill turns into a real emergency as an on board fire is reported from another plane.	AUSTRALIA	English-100	0	RPT	PG	al	Υ	Y	Υ
2025-01-20	2225	News - Overseas	SBS World News Late	SBS World News Late 2025 Ep 13	2025	13	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2025	LIVE			Υ		
2025-01-20	2255	Crime	Clean Sweep	Deirdre	01	4	As the investigation gains momentum in both nations, Fiona becomes wary of Shelly, Jason's partner; the motives behind Shelly's name change begin to surface.	IRELAND	English-100	2022		М	als	Υ		Υ
2025-01-20	2400	Crime	Wisting	Wisting Series 2 Ep 6	02	6	When a body turns up in the net of a local fisherman, the two murders are linked. Will this lead the detectives to Layla's remains? After a conversation with her brother, Line suspects that Wisting has been intimate with the head of the care centre.	NORWAY	Norwegian-100	2020	RPT	МА	als		Y	
2025-01-20	2455	Crime	Faking Hitler	Ep 5	1	5	The Stern special edition will have to be produced under great time pressure - but the editors don't even know about the diaries yet. When Elisabeth speaks openly of them being Take, Bloom punishes her for it.	GERMANY	German-100	2021	RPT	М	ı	Υ	Υ	
2025-01-20	2550	Crime	Faking Hitler	Ep 6	1	6	Stern continues to believe in the authenticity of the diaries; the BKA's expert opinion brings clarity. Kujau turns himself in to the authorities, and Heidemann also has to answer for his part in the publication of the diaries.	GERMANY	German-100	2021	RPT	М	al	Υ	Y	
2025-01-20	2645	Culture & Society	Grayson Perry's Rites Of Passage	Coming Of Age	01	4	In the far reaches of the Brazilian Amazon Grayson travels to a Tikuna village to witness a coming of age ritual for two teenage girls. Back in Britain he follows two very different groups who are each coming of age.	UNITED KINGDOM	English-100	2018	RPT	м	as	Y	Υ	
2025-01-20	2740	Lifestyle	Make Me A Dealer	Stratford: Kamran & Neil	02	15	Paul Martin turns two raw recruits into antiques dealers. Pitted against each other, the wannabe dealers must use their hard-earned cash to buy and sell antiques for the most profit. Along the way, Paul teaches them the tricks of the trade, first at an antiques centre and later at the auction.	UNITED KINGDOM	English-100	2019	RPT	G		Y		
2025-01-20	2830	Biography	Реег То Реег	John Mackey	01	64	John Mackey, Whole Foods Market co-founder and chief executive officer, talks about having the company being bought by Amazon, when he might retire and how the pandemic has changed consumer habits forever.	UNITED KINGDOM	English-100	2018	RPT	G		Υ		

2025-01-21	0500	News - Overseas	NHK World English News Morning	NHK World English News Morning 2024	0 0	English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news.	JAPAN	English-100	2024		NC		Υ			
2025-01-21	0530	News - Overseas	ANC Philippines The World Tonight	ANC Philippines The World Tonight	0 0	Multi-award winning newscast on ABS-CBN and ANC, The World Tonight delivers the top stories of the day, covering political, economic, and social sectors on both local and global fronts.	PHILIPPINES	English-100	2024		NC		Y			
2025-01-21	0600	News - Overseas	DW English News	DW English News Morning 2024	0	News and analysis of the top international and European news and current affairs from Berlin, in English.	GERMANY	English-100	2024		NC		Y			
2025-01-21	0630	News - Overseas	Al Jazeera News	Al Jazeera News	0	News via satellite from Al Jazeera Satellite Network, Qatar, in English.	QATAR	English-100	2024		NC		Υ			
2025-01-21	0700	News - Overseas	BBC News at Six	BBC News At Six 2023	0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2023		NC		Υ			
2025-01-21	0730	News - Overseas	France 24 English News	France 24 English News Morning First Edition 2024	0	International news and current affairs television from Paris, offering a French perspective on world events, in English.	FRANCE	English-100	2024		NC		Υ			
2025-01-21	0800	News - Overseas	DD India News Hour	DD India News Hour 2022	0	The most recent political, sports, entertainment and socio-economic updates across India and the world from New Delhi, in English.	INDIA	English-100	2022		NC		Υ			
2025-01-21	0900	Cooking	Cook Up With Adam Llaw Bitesize	Lamb Skewers With Tomato Bush Tahini	01 6	Join host Adam Llaw and all your favourite chefs, cooks and celebrities for the best bits from The Cook Up kitchen.	AUSTRALIA	English-100	2021	RPT	G		Υ			
2025-01-21	0905	Biography	World's Most Amazing Festivals	Esala Perahera, Sri Lanka, The	01 3	In Kandy, the procession honouring the most precious relic in the country, a tooth of the Buddha, is also the most spectacular and magical procession in Asia. Elephants, dancers, musicians, headmen, all parading, sumptuously dressed, throughout the streets of the medieval capital, situated in the centre of the island.	UNITED KINGDOM	inglish-93; Sinhala- 7	2021	RPT	PG	a w	Υ	Y		
2025-01-21	0935	Biography	World's Most Amazing Festivals	Festival Of Light, Finland, The	01 4	A fairytale, where the author is looking for his child soul, in a road movie throughout Finland in December. Princesses and Santa Claus are sometimes hard to meet, so he gets lost from time to time in the Helsinki night. The most farmous celebration in the world seen from quite a different perspective.	UNITED KINGDOM E	inglish-93; Sinhala- 7	2021	RPT	G		Y	Y		
2025-01-21	1010	Culture & Society	Confucius Was A Foodle	Cantonese	01 2	Chef Christine's Cantonese adventure provides one surprise after another and that makes her question what she has previously considered 'Cantonese'. The history both breaks her heart and excites her for deeper exploration into traditional Chinese cusines.	CANADA	English-100	2017	RPT	PG	a w	Υ	Y		
2025-01-21	1105	Culture & Society	Great Canal Journeys	Waterways Of Vietnam And Cambodia, The	06 7	Over the past few years, national treasures Tim and Pru have been exploring waterways all over the world. This time, our pair of intrepid and self-confessed 'ancient mariners', head for South East Asia for an epic two-part voyage, on the canals and waterways of Vietnam and Cambodia.	UNITED KINGDOM	English-100	2018	RPT	PG		Y	Υ	Y	
2025-01-21	1200	News - Overseas	BBC News at Ten	BBC News at Ten 2023	0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2023		NC		Υ			
2025-01-21	1230	News - Overseas	ABC World News Tonight With David Muir	ABC World News Tonight With David Muir	0	America's number one network news bulletin with anchors David Muir weekdays, Whit Johnson Saturday edition and Linsey Davis Sunday edition.	USA	English-100	2024		NC		Υ			
2025-01-21	1300	News - Overseas	PBS Newshour	PBS Newshour	0	Reviews and analysis of the day's news, presented by Amna Nawaz and Geoff Bennett for the Public Broadcasting Service (PBS) in the United States.	USA	English-100	2023		NC		Υ			
2025-01-21	1400	Culture & Society	Great Australian Railway Journeys	Adelaide To Perth	01 3	Michael Portillo embarks on a rail adventure aboard the transcontinental Indian Pacific Rallway, from the southern port city of Adelaide, South Australia, 1,700 miles deep into the desert, to the gold rush town of Kalgoorlie, and finishes in Perth, Western Australia.	UNITED KINGDOM	English-100	2018	RPT			Y		Y	
2025-01-21	1500	Football	The Weekly Football Wrap	Episode 17	2024 17	Join Claudio Fabiano and the team every Monday night for the latest news, expert opinion and the best action from the World of Football.	AUSTRALIA		2024	RPT	NC		Y			

2025-01-21	1530	Travel	Plat Du Tour	Roast Milk-Fed Lamb With Beans, Tomato, Olive And Anchovies	02	19	One of the things France and Australia have in common is their love of lamb. Guillaume will have your taste buds thigling as he slow roasts a lamb leg over a toastly wood fire, and matches it with a rustic tomato garrish.	AUSTRALIA	English-100	2021	RPT	G		Υ		
2025-01-21	1535	Travel	Plat Du Tour	Oeufs En Meurette	02	20	Guillaume is showing us how to make oeufs en meurette, a unique Fench dish of poached eggs in red wine, complete with his own special twist.	AUSTRALIA	English-100	2021	RPT	G		Υ		
2025-01-21	1540	Cooking	The Cook Up With Adam Liaw	Friends For Lunch	06	65	It's Easy Entertaining with The Cook Up, and what's better than having friends for lunch? Having comedian Dave Lawson and Jacqui Challinor help you with the menul	AUSTRALIA	English-100	2023	RPT	G		Υ		
2025-01-21	1610	History	Britain By Beach	Anita Rani: Britain By Beach Series 1 E <sub>1</sub> 2	01	2	This episode expiores south Wales, a place of beautiful and remote beaches that have also attracted during adventurers and desperate exiles. On the spectacular seven mile long Pendine Sands, the legendary Sir Makolm Campbell became the first man on earth to break the 150mph land speed record in 1925.	UNITED KINGDOM	English-100	2021	RPT	PG	a	Y	Y	
2025-01-21	1705	Quiz	Jeopardyl	Jeopardy Series 40 Ep 197	40	197	Ken Jennings hosts Jeopardy! Test your knowledge alongside the contestants in this brand new season.	USA	English-100	2023	RPT	G		Υ		
2025-01-21	1730	Quiz	Letters And Numbers	Letters And Numbers Series 1 Ep 5	01	5	Two contestants pit their linguistic and numerical skills against each other and the clock in this entertaining quiz show. Join host Richard Morecroft along with maths whiz Lily Serna and wordsmith David Astle.	AUSTRALIA	English-100	2010	RPT	G		Υ		
2025-01-21	1800	Quiz	Mastermind	Mastermind Series 5 Ep 47	05	47	In this round, the specialty subjects are Rolling Stones albums: 1965-1975, Adelaide United Football Club (2010-2020), Career of Judith Lucy, and The Locked Tomb: book series by Tamsyn Muir.	AUSTRALIA	English-100	2023	RPT	PG		Υ		
2025-01-21	1830	News - Overseas	SBS World News	SBS World News 2025 Ep 21	2025	21	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2025	LIVE			Υ		
2025-01-21	1930	Biography	Who Do You Think You Are? Kathy Lette	Kathy Lette	15	3	Chasing maverick characters across the globe, feminist author, Kathy Lette is thrilled to discover formidable females in Norway, and a resilient First Pleet convict who fought in one of the bloodiest battles of the American War of Independence.	AUSTRALIA	English-100	2023	RPT	PG	ā	Υ	Y	
2025-01-21	2035	Biography	Stock Aitken Waterman: Legends Of Pop	Episode 1	01	1	Dominating pop music the world over in the 80's and 90's, Stock Altken Waterman sold countiess millions of records and had more than one hundred UK top forty hits, launching the musical careers of Kylle Minogue, Rick Actiley, isson Donovan and many others. It's a story of incredible success but also fractured relationships and court cases. Featuring exclusive new interviews, rare and unseen footage, this is the definitive story of the real Kings of Pop.	UNITED KINGDOM	English-100	2023	RPT	PG		Υ		
2025-01-21	2155	Culture & Society	The Artist's View: Bon Jovi	Video Killed The Radio Star: Bon Jovi		0	Bon Jovi lead guitarist Richie Sambora and legendary director Wayne isham discuss their creative relationship during the production of Bon Jovi's music videos.	UNITED KINGDOM	English-100	2012	RPT	PG	al	Υ		
2025-01-21	2225	News - Overseas	SBS World News Late	SBS World News Late 2025 Ep 14	2025	14	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2025	LIVE			Υ		
2025-01-21	2255	Thriller	Beyond Signs	Ер 3	01	3	Romain appears to have a solid lead in Manu Trabuc, a former associate of Llly's parents; when certain visions of Diego alert Sarah, she is confident that the lid can help in the investigation.	FRANCE	French-100	2022		МА	a		Y	
2025-01-21	2355	Thriller	Christian	Ep 1	02	1	Lino's death puts Citta Palazzo in chaos; Christian attempts to assert himself as a new leader; Matteo gets to know a new mysterious character.	ITALY	Italian-100	2023	RPT	MA	٧		Y	
2025-01-21	2500	Thriller	Christian	Ep 2	02	2	The Blond Man encourages Christian to create his kingdom in Citta Palazzo. The Dark Woman leans on Matteo.	ITALY	Italian-100	2023	RPT	М	alv		Y	
2025-01-21	2555	Thriller	Christian	Ep 3	02	3	Matteo appoints himself as the preacher of Citta Palazzo. Christian, Davide and Rachele set out on an unespected journey.	ITALY	Italian-100	2023	RPT	М	alsv		Y	
2025-01-21	2655	Culture & Society	Home is Where The Art is	Episode 1	01	1	Presenter Nick Knowles challenges three talented artists to create beautiful artwork for people they've never met. Our arty tro must try to work out the buyer's style and taste by snooping around their home. Dut when the two dieds finally do met, who will win the covered commission. The myster buyer warts a gift for his wife and has a budget of 200 pounds, but will it be a wood sculptor, painter or ceramicist who makes the sale?	UNITED KINGDOM	English-100	2019	RPT	G		Y	Υ	

2025-01-21	2745	Lifestyle	Make Me A Dealer	Somerset: Tricia & Phil	02	16	Paul Martin turns two raw recruits into antiques dealers. Pitted against each other, the wannabe dealers must use their hard-earned cash to buy and sell antiques for the most profit. Along the way, Paul teaches them the tricks of the trade, first at an antiques centre and later at the auction.	UNITED KINGDOM	English-100	2019	RPT	G		Υ		
2025-01-21	2835	Nature & Environment	Barnay	Murrumbidgee River - Wiradjuri Country Part 1	02	3	A slow TV showcase of the stunning landscapes found in Wiradjuri Country along the waters of the Murrumbidgee River.	AUSTRALIA	English-100	2020	RPT	G				
2025-01-22	0500	News - Overseas	NHK World English News Morning	NHK World English News Morning 202	4 0	0	English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news.	JAPAN	English-100	2024		NC		Υ		
2025-01-22	0530	News - Overseas	ANC Philippines The World Tonight	ANC Phillippines The World Tonight	0	0	Multi-award winning newscast on ABS-CBN and ANC, The World Tonight delivers the top stories of the day, covering political, economic, and social sectors on both local and global fronts.	PHILIPPINES	English-100	2024		NC		Y		
2025-01-22	0600	News - Overseas	DW English News	DW English News Morning 2024		0	News and analysis of the top international and European news and current affairs from Berlin, in English.	GERMANY	English-100	2024		NC		Y		
2025-01-22	0630	News - Overseas	Al Jazeera News	Al Jazeera News		0	News via satellite from Al Jazeera Satellite Network, Qatar, in English.	QATAR	English-100	2024		NC		Y		
2025-01-22	0700	News - Overseas	BBC News at Six	BBC News At Six 2023		0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2023		NC		Υ		
2025-01-22	0730	News - Overseas	France 24 English News	France 24 English News Morning First Edition 2024		0	International news and current affairs television from Paris, offering a French perspective on world events, in English.	FRANCE	English-100	2024		NC		Υ		
2025-01-22	0800	News - Overseas	DD India News Hour	DD India News Hour 2022		0	The most recent political, sports, entertainment and socio-economic updates across india and the world from New Delhy, in English.	INDIA	English-100	2022		NC		Υ		
2025-01-22	0900	Biography	World's Most Amazing Festivals	Up Helly Aa, Shetland Islands, The	01	5	Scotland, Shetland Islands (January, the 31th) - The Up Helly Aa In Lervick, 1000 people dressed in the Viking fashion (winged helmets, axes, shields, and lit torches), gather and march through the streets of the town, with a galley. The ship is then burned on a pyre. Virile encounters from another time.	UNITED KINGDOM	English-93; Sinhala- 7	2021	RPT	PG		Υ		
2025-01-22	0935	Biography	World's Most Amazing Festivals	Carnival Of Cayenne French Guiana, Th	ne 01	6	The Guyana creole carnival is one of a kind, a genuine flashback to the 18th Century, through the masked balls, organized by the Touloulous. The characters are women who are unrecognisable under their diess and mask, and thus can use the anonymity to meet their courtiers. Each weekend, for three months, they are queens of the night, and wear a different dress for every bit.	UNITED KINGDOM	English-93; Sinhala- 7	2021	RPT	PG		Υ	Υ	
2025-01-22	1010	Culture & Society	Confucius Was A Foodle	Sichuan	01	3	Chef Christine Cushing ventures into the world of Sichuan cuisine and discovers the surprise of flavour over heat as well as a rich cultural history from Chinese roots to main street Chinatowns across North America.	CANADA	English-100	2017	RPT	PG		Υ	Υ	
2025-01-22	1105	Culture & Society	Great Canal Journeys	Asian Odyssey	06	8	Tim and Pru continue their voyage through Vietnam. Navigating their way along the jungle lined rivers and canals of the Mekong Delta, they'll then cross the border into Camboda, and head for the capital city of Phenom Penh. Crossing the vast Tonle Sap Lake out two self-conlessed, ancient mariners; will end their adventure at the world-famous Anglor Wat, a temple built through the ingenious use of canals.	UNITED KINGDOM	English-100	2018	RPT	PG	av	Y	Y	Υ
2025-01-22	1200	News - Overseas	BBC News at Ten	BBC News at Ten 2023		0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2023		NC		Y		
2025-01-22	1230	News - Overseas	ABC World News Tonight With David Muir	ABC World News Tonight With David Muir		0	America's number one network news bulletin with anchors David Muir weekdays, Whit Johnson Saturday edition and Linsey Davis Sunday edition.	USA	English-100	2024		NC		Υ		
2025-01-22	1300	News - Overseas	PBS Newshour	PBS Newshour		0	Reviews and analysis of the day's news, presented by Amna Nawaz and Geoff Bennett for the Public Broadcasting Service (PRS) in the United States.	USA	English-100	2023		NC		Υ		
2025-01-22	1400	Culture & Society	Great Australian Railway Journeys	Canberra To Melbourne	01	4	Armed with his 1913 Bradshaw's Guide, Michael Portillo crosses the southeast of Australia from the seat of government in Canberra to the multi-ethnic heart of its second largest city, Melbourne. Floating above Canberra in a hot air balloon, Michael sees how Australia's 'Bush Capital' was planned in the early 20th century.	UNITED KINGDOM	English-100	2018	RPT	PG	a w	Y		Υ
2025-01-22	1505	Travel	Plat Du Tour	Creme Caramel	02	21	Paris is home to avenues lined with patisseries, chocolatiers and confectioners spoiling you for choice with their irresistible aromas. Today, Guillaume is making a classic Parisian favourite, the creme caramel.	AUSTRALIA	English-100	2021	RPT	G		Y		
2025-01-22	1510	Cooking	Destination Flavour China	Shandong	01	5	Shandong cuisine is regarded as one of the most influential schools of Chinese food culture. Adam visits the region's capital, Jiman, to sample a dish seen as a regional highlight. Sweet and sour carp must be made using carp taken from the Yellow River where the fish are plump and tender, and deep-fried in such a way that it curls upward, as if it were jumping out of the water.		English-70; Mandarin-30	2018	RPT	PG	a w	Y	Υ	

2025-01-22	1540	Cooking	The Cook Up With Adam Liaw	Soup Party, The	06	75	Two soup-er star guests, performer Christie Whelan Browne and chef Ellie Hayes O'Brien, Join Adam to take your broth away with a night of Easy Entertaining with The Soup Party.	AUSTRALIA	English-100	2023	RPT	G		Y		
2025-01-22	1610	History	Britain By Beach	Anita Rani: Britain By Beach Series 1 Ep 3	01	3	This episode is set on the east coast of Scotland - a beautiful but sometimes hostile coast that has witnessed great events and hidden stories that have changed the Scotlish nation.	UNITED KINGDOM	English-100	2021	RPT	PG	n	Υ		Y
2025-01-22	1705	Quiz	Jeopardy!	Jeopardy Series 40 Ep 198	40	198	Ken Jennings hosts Jeopardyl Test your knowledge alongside the contestants in this brand new season.	USA	English-100	2023	RPT	G		Υ		
2025-01-22	1730	Quiz	Letters And Numbers	Letters And Numbers Series 1 Ep 6	01	6	Two contestants pit their linguistic and numerical skills against each other and the clock in this entertaining quiz show. Join host Richard Morecroft along with matths white Lily Serna and wordsmith David Astle.	AUSTRALIA	English-100	2010	RPT	G		Υ		
2025-01-22	1800	Quiz	Mastermind	Mastermind Series 5 Ep 48	05	48	In this round, the specialty subjects are The Brisbane Bears Aussie rules team, ARIA Top 10 songs from the 1990s, Manchester United: 1992-1999, and The Songs of Jessie Mae Robinson.	AUSTRALIA	English-100	2023	RPT	G		Y		
2025-01-22	1830	News - Overseas	SBS World News	SBS World News 2025 Ep 22	2025	22	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2025	LIVE			Υ		
2025-01-22	1935	History	The Real Crown: Inside House Of Windsor	Intruders		3	The Royal Family is under siege from intruders. As the 1980s begin, the Queen wakes to find tradesman Michael Fagan in her bedroom. Fascination with The Royal Family is at an all-time high and maintaining their mystique won't be easy. When the Falklands war breaks out, The Queen sends her youngest son Prince Andrew into battle and he returns a war hero, claiming the spotlight from his brother Prince Charles.	UNITED KINGDOM	English-100	2022	RPT	PG		Y	Υ	
2025-01-22	2030	Culture & Society	Michael Palin: Into Iraq	Michael Palin: Into Iraq Series 1 Ep 3	01	3	As he starts the final part of his journey deep into Iraq, Michael finds a local school in Baghdad where he talks to the children about life in Iraq and what they hope to do in the future, and how they see the rest of the world. Michael then wists the ancient site of Babylon, a place he used to read about when he was studying the Bible at school. He also gets access to enter the massive palace built by Saddam Hussein that overlooks the historic site.	UNITED KINGDOM	English-100	2022	RPT	М	S	Y	Υ	Y
2025-01-22	2125	Thriller	The Night Manager	Night Manager Series 1 (60 Min), The Ep 6	01	6	Roper and his team return to Cairo for the deal, reuniting Pine with an old enemy. Pine risks it all to put his plan in motion. A discredited Burr makes one last stand.	UNITED KINGDOM	English-50; French- 50	2016		М	asv	Υ		
2025-01-22	2235	News - Overseas	SBS World News Late	SBS World News Late 2025 Ep 15	2025	15	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2025	LIVE			Y		
2025-01-22	2305	Thriller	Pagan Peak	Ep 3	03	3	Ellie and Gedeon are working together again, but Gedeon is keeping a secret; after yet another murder, Ellie receives an important piece of information.	GERMANY	German-97; Italian- 2; Latin-1	2023		М	a v		Υ	
2025-01-22	2355	Period	Rogue Heroes	Rogue Heroes Series 1 Ep 2	01	2	Recovering in hospital after his disastrous first paractute jump, unable to walk from injuries to his spine, David Stirling has been ruminating on lock Lewes' idea of paractuting units of men into the desert, to attack enemy forces on the North African coast by land, rather than sea.	UNITED KINGDOM	English-100	2022	RPT	М	alv	Υ		Y
2025-01-22	2500	Contemporary	Soldiers	Soldiers Series 1 Ep 6	01	6	Anais is violently brought back to the reality of inner Malian struggles during her investigation with Traore. Its dramatic outcome will weigh heavily on the young lieutenant's morale.	FRANCE	French-90; Arabic- 10	2022	RPT	М	alv		Y	
2025-01-22	2555	Contemporary	Soldiers	Soldiers Series 1 Ep 7	01	7	Finding Elise safe is the obsession of French government. Anais and her section are looking for information. Disregarding the orders of her hierarchy, Anais ends up locating Elise.	FRANCE	French-90; Arabic- 10	2022	RPT	М	alv		Y	
2025-01-22	2650	Culture & Society	Home Is Where The Art Is	Episode 2	01	2	Today's mystery buyers live in Northamptonshire, and have up to 1000-pounds to spend on a work of art to celebrate their family life. Will an abstract artist who paints in a nuclear tent, an illustrator who wants to make his most ambitious painting to date or a bronze sculptor who's pushed for time win out?	UNITED KINGDOM	English-100	2019	RPT	G		Y		Y
2025-01-22	2740	Lifestyle	Make Me A Dealer	Stratford: Adris & Tim	02	17	Paul Martin turns two raw recruits into antiques dealers. Pitted against each other, the wannabe dealers must use their hard-earned cash to buy and sell antiques for the most profit. Along the way, Paul teaches them the tricks of the trade, first at an antiques centre and later at the auction.	UNITED KINGDOM	English-100	2019	RPT	G		Υ		
2025-01-22	2830	Biography	Peer To Peer	Alex Gorsky	01	65	Alex Gorsky, Johnson & Johnson chairman and chief executive officer, talks about developing a Covid-19 vaccine that is affordable for all, lessons learned from the pandemic, and how he went from West Point to being a salesman.	UNITED KINGDOM	English-100	2018	RPT	G		Υ		

2025-01-23	0500	News - Overseas	NHK World English News Morning	NHK World English News Morning 2024	1 0	0	English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news.	JAPAN	English-100	2024		NC		Y		
2025-01-23	0530	News - Overseas	ANC Philippines The World Tonight	ANC Phillippines The World Tonight	0	0	Multi-award winning newscast on ABS-CBN and ANC, The World Tonight delivers the top stories of the day, covering political, economic, and social sectors on both local and global fronts.	PHILIPPINES	English-100	2024		NC		Y		
2025-01-23	0600	News - Overseas	DW English News	DW English News Morning 2024		0	News and analysis of the top international and European news and current affairs from Berlin, in English.	GERMANY	English-100	2024		NC		Y		
2025-01-23	0630	News - Overseas	Al Jazeera News	Al Jazeera News		0	News via satellite from Al Jazeera Satellite Network, Qatar, in English.	QATAR	English-100	2024		NC		Y		
2025-01-23	0700	News - Overseas	BBC News at Six	BBC News At Six 2023		0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2023		NC		Y		
2025-01-23	0730	News - Overseas	France 24 English News	France 24 English News Morning First Edition 2024		0	International news and current affairs television from Paris, offering a French perspective on world events, in English.	FRANCE	English-100	2024		NC		Y		
2025-01-23	0800	News - Overseas	DD India News Hour	DD India News Hour 2022		0	The most recent political, sports, entertainment and socio-economic updates across india and the world from New Delhi, in English.	INDIA	English-100	2022		NC		Y		
2025-01-23	0900	Cooking	Cook Up With Adam Liaw Bitesize	Chicken Paprika	01	7	Join host Adam Llaw and all your favourite chefs, cooks and celebrities for the best bits from The Cook Up kitchen.	AUSTRALIA	English-100	2021	RPT	G		Y		
2025-01-23	0905	Biography	World's Most Amazing Festivals	Dragon Boat Festival, Hong Kong	01	7	To celebrate the death of a poet who 2000 years ago defended freedom in China, the town of Tai O, near Honk Kong, relishes in some spectacular dragon boat races.	UNITED KINGDOM	English-93; Sinhala- 7	2021	RPT	PG	a w	Y	Y	
2025-01-23	0940	Biography	World's Most Amazing Festivals	Rocket Festival, Greece, The	01	8	On the small island of Chios, they celebrate Easter in a very special way, by firing rockets from the bell towers of two rival churches in the town of Vrontados. At midnight, before Easter Sunday, the two churches wage the rocketwar, and the mythical cyclades burst into a joyous folk festival until the first light of dawn, when it is slowly regalning calm and sevenity.	UNITED KINGDOM	English-93; Sinhala- 7	2021	RPT	PG		Y	Y	
2025-01-23	1010	Culture & Society	Confucius Was A Foodie	Huaiyang	01	4	Classically trained chef Christine Cushing doesn't need to be convinced that food is art but even with descriptions and explanations from her mentor chefs and her own research, Huaiyang cuisine is a mystery, albeit one well worth exploring!	CANADA	English-100	2017	RPT	G		Υ	Υ	
2025-01-23	1105	Culture & Society	Great Canal Journeys	Britain And Ireland By Boat	06	9	Tim and Pru return to the Oxford, the canal where they first fell in love with boating, over forty years ago. Aboard their own boat, they travel north from Barbury, heading for the old canal port of Braurston. Along the way, they will be joined by their daughter Juliet and their sons Sam and Joe.	UNITED KINGDOM	English-100	2018	RPT	G		Y		Υ
2025-01-23	1200	News - Overseas	BBC News at Ten	BBC News at Ten 2023		0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2023		NC		Y		
2025-01-23	1230	News - Overseas	ABC World News Tonight With David Muir	ABC World News Tonight With David Muir		0	America's number one network news bulletin with anchors David Muir weekdays, Whit Johnson Saturday edition and Linsey Davis Sunday edition.	USA	English-100	2024		NC		Y		
2025-01-23	1300	News - Overseas	PBS Newshour	PBS Newshour		0	Reviews and analysis of the day's news, presented by Amna Nawaz and Geoff Bennett for the Public Broadcasting Service (PBS) in the United States.	USA	English-100	2023		NC		Y		
2025-01-23	1400	Culture & Society	Great Australian Railway Journeys	Kuranda To Townsville	01	5	From tropical rainforest to the Great Barrier Reef, Michael Portillo navigates his way by rail through Queensland, Australia, with the aid of his 1913 Bradshaw's Guide. Inching his way across the Stony Creek Bridge on the Kuranda Scenic Railway, He marvels at the engineering expertise of the 1890s, when the line was built, and the magnificent scenery 300 metres below him.	UNITED KINGDOM	English-100	2018	RPT	PG	a	Y		Υ
2025-01-23	1505	Cooking	Plat Du Tour	Stegt Flaesk	03	1	Today's race starts in Denmark, so Guillaume is inspired to cook their national dish - the stegt flaesk. This grilled pork belly and potato dish is a feast for the eyes and a delicious way to say Bonjour to the Tour.	AUSTRALIA	English-70; French- 30	2022	RPT	G		Y		
2025-01-23	1510	Cooking	Destination Flavour China	Yunnan	01	6	Whilst the Han ethnic group makes up 92% of China's population, Yunnan holds the largest number of ethnic minority groups, with 25 here out of the 55 that are recognised. Adam is keen to explore different ethnic minorities within the province and see how their traditions have the shaped the region, and its food, into what is it today.		English-70; Mandarin-30	2018	RPT	G		Y	Υ	
2025-01-23	1540	Cooking	The Cook Up With Adam Liaw	All Together Now	06	80	It's Easy Entertaining with The Cook Up, and Adam and his guests, actor Bert LaBonte and chef Rodney Dunn, are making a menu all together now.	AUSTRALIA	English-100	2023	RPT	G		Υ		

2025-01-23	1610	History	Britain By Beach	Anita Rani: Britain By Beach Series 1 Ep 4	01	4	Anita visits konic pleasure beaches and treacherous windswept coasts in Yorkshire and Northumberland. For Anita, Whitby brings back happy memories of childhood trips from the family home in Bradford.	UNITED KINGDOM	English-100	2021	RPT	PG		Y		Υ
2025-01-23	1705	Quiz	Jeopardy!	Jeopardy Series 40 Ep 199	40	199	Ken Jennings hosts Jeopardy! Test your knowledge alongside the contestants in this brand new season.	USA	English-100	2023	RPT	G		Y		
2025-01-23	1730	Quiz	Letters And Numbers	Letters And Numbers Series 1 Ep 7	01	7	Two contestants pit their linguistic and numerical skills against each other and the clock in this entertaining quiz show. Join host Richard Morecroft along with maths whiz Lily Serna and wordsmith David Astle.	AUSTRALIA	English-100	2010	RPT	G		Y		
2025-01-23	1800	Quiz	Mastermind	Mastermind Series 5 Ep 49	05	49	In this round, the specialty subjects are European car logos, Shrek films: 1-4, Good Omens series 1, and the music of John Mayer.	AUSTRALIA	English-100	2023	RPT	G		Υ		
2025-01-23	1830	News - Overseas	SBS World News	SBS World News 2025 Ep 23	2025	23	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2025	LIVE			Y		
2025-01-23	1935	Culture & Society	Outback Adventures In Western Australia	Outback Adventures In Western Australia	0	0	Western Australia is rough, red and incredibly huge. In one of the oldest landscapes on earth, exposed to the surface since billions of years, we search with a team of astrobiologists on life's origin, get stuck with them in the mud, and dive into the tough work on a remote cattle station that is mainly done by young women.	GERMANY	English-100	2023						
2025-01-23	2030	History	Silk Road From Above	Episode 2		2	On the next leg of the journey from China's heartland to the country's western border, across harsh deserts, steep mountain ranges and breath-taking land formations, discover the marks left behind by ancient travellers, from vineyards to religious cave paintings, and imposing architecture, while exploring modern engineering feats that facilitate an easier east-to-west journey today.	SINGAPORE	English-60; Mandarin-40	2023	RPT	G		Y	Y	Y
2025-01-23	2130	Thriller	The Darkness	Beautiful Girls	01	3	Elena is kidnapped by Katya's killer. Her son Rudi tells Hulda and Lukas he saw a big red man when his mum was taken. They realise that this must be connected to the prostitution ring.	ICELAND	English-100	2024		м	alv			
2025-01-23	2225	News - Overseas	SBS World News Late	SBS World News Late 2025 Ep 16	2025	16	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2025	LIVE			Υ		
2025-01-23	2255	Crime	Divided We Stand	Other Times	01	1	When Matthias Trockland, who turned witness for ZERV, is found dead, ZERV West Commissioner Peter Simon and Karo Schubert from the Berlin homicide squad work together to solve the mystery surrounding Trockland's death.	GERMANY	German-100	2022		М	alw		Υ	
2025-01-23	2350	Crime	Divided We Stand	Undercover	01	2	When ZERV officers find a large cache of banned weapons in the decommissioned NVA military site, Simon and Karo presume that Trockland may have been killed because he was pursuing the illegal NVA arms trade.	GERMANY	German-100	2022		МА	s		Υ	
2025-01-23	2445	Crime	Blanca	Deep Blue Part 1	1	7	The mysterious death of an ex-convict, who was already on the police's radar, puts everyone on edge, as he was suspected of being part of a Nazi organisation.	ITALY	Italian-100	2021	RPT	М	a d l v		Υ	
2025-01-23	2540	Crime	Blanca	Deep Blue Part 2	1	8	The Lorenzo case gets complicated; investigating Nazi artefacts is just the tip of the keberg in a much larger crime network; Linnaeus disappears, and Blanca tries to find him.	ITALY	Italian-100	2021	RPT	М	alv		Υ	
2025-01-23	2645	Culture & Society	Home is Where The Art is	Episode 3	01	3	Nick Knowles presents this series which challenges three talented artists to create beautiful artwork for people they've never met. Today's artists are travelling to a home in Birmingham. It's an emotional brief from the mystery buyer, who has up to 750 pounds to spend on a piece of art to reflect a family bond after donating half of her liver to her mum.	UNITED KINGDOM	English-100	2019	RPT	G		Y		Υ
2025-01-23	2735	Lifestyle	Make Me A Dealer	Nottingham: Jane & Carol	02	18	Paul Martin turns two raw recruits into antiques dealers. Pitted against each other, the wannabe dealers must use their hard-earned cash to buy and sell antiques for the most profit. Along the way, Paul teaches them the tricks of the trade, first at an antiques centre and later at the auction.	UNITED KINGDOM	English-100	2019	RPT	G		Y		
2025-01-23	2825	Biography	Peer To Peer	Wynton Marsalis	01	66	Wynton Marsalis, Jazz at Lincoln Center managing and artistic director, talks about growing up with racism, who his biggest influencer were, and how he kept performing during the pandemic.	UNITED KINGDOM	English-100	2018	RPT	PG		Υ		
2025-01-23	2855	Cooking	Destination Flavour Down Under Bitesize	Destination Flavour Down Under Bitesize Series 1 Ep 5	01	5	Some of your favourite moments and recipes from Adam Liaw's culinary and cultural journey through Australia and New Zealand.	AUSTRALIA	English-100	2014	RPT	G		Υ		
2025-01-24	0500	News - Overseas	NHK World English News Morning	NHK World English News Morning 2024	1 0	0	English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news.	JAPAN	English-100	2024		NC		Υ		
2025-01-24	0530	News - Overseas	ANC Philippines The World Tonight	ANC Philippines The World Tonight	0	0	Multi-award winning newscast on ABS-CBN and ANC, The World Tonight delivers the top stories of the day, covering political, economic, and social sectors on both local and global fronts.	PHILIPPINES	English-100	2024		NC		Y		

2025-01-24	0600	News - Overseas	DW English News	DW English News Morning 2024		0	News and analysis of the top international and European news and current affairs from Berlin, in English.	GERMANY	English-100	2024		NC		Υ		
2025-01-24	0630	News - Overseas	Al Jazeera News	Al Jazeera News		0	News via satellite from Al Jazeera Satellite Network, Qatar, in English.	QATAR	English-100	2024		NC		Y		
2025-01-24	0700	News - Overseas	BBC News at Six	BBC News At Six 2023		0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2023		NC		Y		
2025-01-24	0730	News - Overseas	France 24 English News	France 24 English News Morning First Edition 2024		0	International news and current affairs television from Paris, offering a French perspective on world events, in English.	FRANCE	English-100	2024		NC		Y		
2025-01-24	0800	News - Overseas	DD India News Hour	DD India News Hour 2022		0	The most recent political, sports, entertainment and socio-economic updates across India and the world from New Delhi, in English.	INDIA	English-100	2022		NC		Y		
2025-01-24	0900	Cooking	Cook Up With Adam Llaw Bitesize	Gobi Manchurian	01	8	Join host Adam Llaw and all your favourite chefs, cooks and celebrities for the best bits from The Cook Up kitchen.	AUSTRALIA	English-100	2021	RPT	G		Y		
2025-01-24	0905	Biography	World's Most Amazing Festivals	Calcio Storico, Italy	01	9	Each June, the romantic Florence turns into a macho gathering, in which super-muscled men take part in a very strange competition. Dating back from the Middle-Ages, it could be listed somewhere between street fighting and rugby.	UNITED KINGDOM	English-93; Sinhala- 7	2021	RPT	PG	av	Y	Y	
2025-01-24	0935	Biography	World's Most Amazing Festivals	Day Of The Dead, Mexico, The	01	10	The departed are celebrated with music and food. People eat by the graves and there are streets parades where people loagh at death.	UNITED KINGDOM	English-93; Sinhala- 7	2021	RPT	PG		Y	Y	
2025-01-24	1010	Culture & Society	Confucius Was A Foodle	Northeastern	01	5	Chef Christine Cushing discovers that North-Eastern (or Dongbei) cuisine is little known in North America and that it has more in common culturally and culinary with Russia than Canton.	CANADA	English-100	2017	RPT	М	a w	Y	Y	
2025-01-24	1105	Culture & Society	Great Canal Journeys	Global Adventures	06	10	At home, maps and photos spread out before them, Tim and Pru share some memories of their canal journeys overseas. Pru tells Tim that she snever been a keen traveller, but he gently reminds her of the wonderful adventures they's betaved. It's an argument that Pru will gradually and gracefully lose, as we see them enjoying some amazing scenery and experiences across the world.	UNITED KINGDOM	English-100	2018	RPT	G		Y		Υ
2025-01-24	1200	News - Overseas	BBC News at Ten	BBC News at Ten 2023		0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2023		NC		Υ		
2025-01-24	1230	News - Overseas	ABC World News Tonight With David Muir	ABC World News Tonight With David Muir		0	America's number one network news bulletin with anchors David Muir weekdays, Whit Johnson Saturday edition and Linsey Davis Sunday edition.	USA	English-100	2024		NC		Υ		
2025-01-24	1300	News - Overseas	PBS Newshour	PBS Newshour		0	Reviews and analysis of the day's news, presented by Amna Nawaz and Geoff Bennett for the Public Broadcasting Service (PBS) in the United States.	USA	English-100	2023		NC		Υ		
2025-01-24	1400	Culture & Society	Great Australian Railway Journeys	Newcastle To Brisbane	01	6	Michael Portillo is on the eastern coast of Australia travelling from the coal mines of Newcastle, New South Wales, to Queensland's modern state capital, Brisbane. Along the way, he crosses the mighty Hawkesbury River to admire magnificent scenery, tends to an injured koala, gets some tips from an Aussie rugby legend, and rides a solar- powered train.	UNITED KINGDOM	English-100	2018	RPT	G		Y		Y
2025-01-24	1505	Cooking	Destination Flavour China	Sichuan And Hunan	01	7	On his journey discovering China's history through its food, Adam's next stops are the fiery provinces of Sichuan and Hunan, both part of the eight great regional cusines. This time he's got someone to help him explore, Chinese food expert Fuchsia Dunlop, who has written books on both Sichuanese and Hunanese cusine.	AUSTRALIA	English-70; Mandarin-30	2018	RPT	G		Y	Υ	
2025-01-24	1535	Cooking	The Cook Up With Adam Llaw	Make-Ahead Menu, The	07	5	Do your dinner parties run down to the wire? This Easy Entertaining is for you! Adam and his guests, Chef Clayton Wells and ex-AFLW star Moana Hope, prepare a make-ahead menu.	AUSTRALIA	English-100	2024	RPT	PG		Y		
2025-01-24	1605	Archaeology	Fall of the Maye Kings	End Of The World - The Mayans		0	One of the great mysteries of history is how the ancient Maya built such an incredible society in a tropical rainforest over two thousand years - and then vanished. The collapse of the southern Maya chilication is a dramatic and chilling story of power, good kings, climate change, war, desperation and esclasting scattice. Through new science and new discoveries, the incredible story of the fall of the ancient Maya kings can be told - by the ancient Maya themselves.	CANADA	English-100	2018	RPT	PG	a	Y		Υ
2025-01-24	1705	Quiz	Jeopardy!	Jeopardy Series 40 Ep 200	40	200	Ken Jennings hosts Jeopardyl Test your knowledge alongside the contestants in this brand new season.	USA	English-100	2023	RPT	G		Y		

2025-01-24	1730	Quiz	Letters And Numbers	Letters And Numbers Series 1 Ep 8	01 8		Two contestants pit their linguistic and numerical skills against each other and the clock in this entertaining quiz show. Join host Richard Morecroft along with maths whiz Lily Serna and wordsmith David Astle.	AUSTRALIA	English-100	2010	RPT	G		Υ			
2025-01-24	1800	Quiz	Mastermind	Mastermind Series 5 Ep 50	05 50	0	In this final round, the four reigning champions from this cycle battle it out to progress to the semi-finals.	AUSTRALIA	English-100	2023	RPT	G		Υ			
2025-01-24	1830	News - Overseas	SBS World News	SBS World News 2025 Ep 24	2025 24	4	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2025	LIVE			Υ			
2025-01-24	1930	Mystery / Crime	The Goldfinch		0		Theodore Decker was 13 years old when his mother was killed in a bombing at the Metropolitan Museum of Art. The tragedy changes the course of his life, sending him on a stirring odyssey of grief and guilt, reinvention and redemption, and even love.	USA	English-100	2019		М	adlv	Y			
2025-01-24	2210	Biography	Day The Rock Star Died:Michael Hutchence	Day The Rock Star Died: Michael Hutchence, The	0		Michael Hutchence founding member, lead singer and lyricist of rock band INNS from 1977 until his death on November 22nd 1997. Hutchence was the archetypal rock showman. He eauded an overthy sexual, macho cool with his flowing look, and little and eauthearnt stage novements. His private life was often reported in the Australian and international press, with a string of love affairs with prominent actresses, models and singers.	UNITED KINGDOM	English-100	2018		М	a	Y			
2025-01-24	2240	News - Overseas	SBS World News Late	SBS World News Late 2025 Ep 17	2025 17	7	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2025							
2025-01-24	2310	Period	De Gaulle	Crepuscule	01 6		At the end of 1968, with Pompidou no longer serving as Prime Minister, Charles de Gaulle chooses to embark on a remarkable political endeavour: a referendum on Senate reform and regionalisation.	FRANCE	French-95; English- 5	2022		PG			Y		
2025-01-24	2410	Crime	Kin	Episode 4	02 4		With Bren continuing to undermine Amanda's power, and the Gardal focusing their attention on her operations, Amanda is really feeling the pressure. And all that is before she discovers the personal and professional betrayals being conducted against her.	IRELAND	English-100	2023	RPT	МА	I	Υ	Y	Y	
2025-01-24	2505	Crime	Kin	Episode 5	02 5		Viking is put in an impossible position. Amanda loses trust in part of the family, and the consequences begin to boil over. The police move closer to the Kinsellas, and Michael forges a connection.	IRELAND	English-100	2023	RPT	MA	lv	Υ	Υ	Y	
2025-01-24	2600	Crime	Kin	Episode 6	02 6		Bren seeks out Anna openly against Michael's wishes. Elsewhere, Viking's allegiances are tested when the police interrogate Nikita, and Amanda looks global for business opportunities. Birdy's past and present trauma begin to collide.	IRELAND	English-100	2023	RPT	MA	I	Υ	Y	Υ	
2025-01-24	2655	Culture & Society	Home Is Where The Art Is	Episode 4	01 4		Nick Knowles presents this series which challenges three talented artists to create beautiful artwork for people they've never met. In today's episode: the artists travel to Lancashire. The mystery buyers have up to 500 pounds to spend on a piece of art to celebrate their love for their dogs. Will a renowned pet portrait artist, a tentile making wool farmer, or a chainsaw wood soutptor, win the sale?	UNITED KINGDOM	English-100	2019	RPT	PG		Υ		Υ	
2025-01-24	2745	Biography	Peer To Peer	Lonnie Bunch	01 58	8	Smithsonian institution Secretary Lonnie Bunch talks about working through the Covid-19 pandemic, how the crisis brought the museum together, diversity at the organisation and how he built the National Museum of African American History and Culture from scratch.	UNITED KINGDOM	English-100	2018	RPT	PG		Υ			
2025-01-24	2815	Biography	Peer To Peer	Emma Walmsley	01 67	7	GlaxoSmithKline Plc Chief Executive Officer Emma Walmsley talks about developing a Covid vaccine, who would get it, the public perception of the pharmaceutical industry and why she doesn't let her gender define her work.	UNITED KINGDOM	English-100	2018	RPT	G		Υ			
2025-01-24	2845	Cooking	Destination Flavour Down Under Bitesize	Destination Flavour Down Under Bitesize Series 1 Ep 4	01 4		Some of your favourite moments and recipes from Adam Llaw's culinary and cultural journey through Australia and New Zealand.	AUSTRALIA	English-100	2014	RPT	G		Y			
2025-01-24	2855	Cooking	Destination Flavour Down Under Bitesize	Destination Flavour Down Under Bitesize Series 1 Ep 7	01 7		Some of your favourite moments and recipes from Adam Llaw's culinary and cultural journey through Australia and New Zealand.	AUSTRALIA	English-100	2014	RPT	G		Y			
2025-01-25	0500	News - Overseas	NHK World English News Morning	NHK World English News Morning 2024	0 0		English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news.	JAPAN	English-100	2024		NC		Y			
2025-01-25	0530	News - Overseas	ANC Philippines The World Tonight	ANC Philippines The World Tonight	0 0		Multi-award winning newscast on ABS-CBN and ANC, The World Tonight delivers the top stories of the day, covering political, economic, and social sectors on both local and global fronts.	PHILIPPINES	English-100	2024		NC		Y			
2025-01-25	0600	News - Overseas	DW English News	DW English News Morning 2024	0		News and analysis of the top international and European news and current affairs from Berlin, in English.	GERMANY	English-100	2024		NC		Y			
2025-01-25	0630	News - Overseas	Al Jazeera News	Al Jazeera News	0		News via satellite from AJ Jazeera Satellite Network, Qatar, in English.	QATAR	English-100	2024		NC		Υ			

2025-01-25	0700	News - Overseas	BBC News at Six	BBC News At Six 2023	0		The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2023		NC		Υ		
2025-01-25	0730	News - Overseas	France 24 English News	France 24 English News Morning First Edition 2024	0		International news and current affairs television from Paris, offering a French perspective on world events, in English.	FRANCE	English-100	2024		NC		Υ		
2025-01-25	0800	News - Overseas	DD India News Hour	DD India News Hour 2022	0		The most recent political, sports, entertainment and socio-economic updates across India and the world from New Delhi, in English.	INDIA	English-100	2022		NC		Υ		
2025-01-25	0900	Cooking	Destination Flavour China Bitesize	Zhajiangmian	01 2		All the best moments and bits from Destination Flavour China, led by famed chef and author Adam Liaw.	AUSTRALIA	English-100	2018	RPT	G		Υ	Υ	
2025-01-25	0905	Culture & Society	The World From Above	World From Above Series 10 Ep 11, The	10 11	1	This journey begins at Fort Laramie, which protected emigrants' wagon trains on the Oregon Trail during the 1840's. Flying west we come to the Mirade Mille, a stretch of the North Platte River world-famous for Trout fishing. On the high plates to the north is impendence Rock, a prominent landmark on the Oregon Trail, where we can see names carved by the settlers.	UNITED KINGDOM	English-100	2018	RPT	G		Υ		Y
2025-01-25	0935	Culture & Society	The World From Above	World From Above Series 10 Ep 12, The	10 12	2	This journey begins at West Quoddy Head Light, the most easterly structure in the United States. One of the most popular sights in Maine are the thousands of hectares of wild busberry fields, which grow naturally in scrub land around pine forests. Ber Harbor was docovered in the mid-3th century by artists, and within ten years rich industrialists began building summer homes along the coast.	UNITED KINGDOM	English-100	2018	RPT	G		Υ		Υ
2025-01-25	1010	Entertainment	Love Your Garden	Love Your Garden Series 9 Ep 3	09 3		On the 75th anniversary of D.Day, Alan Titchmarch and his team head to Derbyshire to build an exciting garden for sprightly D-Day veteran Jack Parrott (98) and his wife of 68 years Margaret (94). With advice on patio-size greenhouses and clever ways to create raised beds, the team create a new accessible garden for Jack and his wife.	UNITED KINGDOM	English-100	2019	RPT	G		Υ		
2025-01-25	1105	Entertainment	Love Your Garden	Love Your Garden Series 9 Ep 4	09 4		Alan Titchmarsh and the team head to Oxford to create a beautiful but productive kitchen garden for inspirational Soup Richen founder (colyn Smith. Despite being 88 years old, this caring hero still cooks and serves the vulnerable and homeless twice a week, every week. The team share clever design tricks that make the most of long narrow gardens.	UNITED KINGDOM	English-100	2019	RPT	G		Υ		
2025-01-25	1200	News - Overseas	BBC News at Ten	BBC News at Ten 2023	0		The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2023		NC		Υ		
2025-01-25	1230	News - Overseas	ABC World News Tonight With David Muir	ABC World News Tonight With David Muir	0		America's number one network news bulletin with anchors David Muir weekdays, Whit Johnson Saturday edition and Linsey David Sunday edition.	USA	English-100	2024		NC		Υ		
2025-01-25	1300	News - Overseas	PBS Newshour	PBS Newshour	0		Reviews and analysis of the day's news, presented by Amna Nawaz and Geoff Bennett for the Public Broadcasting Service (PBS) in the United States.	USA	English-100	2023		NC		Υ		
2025-01-25	1400	Yacht Racing	Sail GP Highlights, Round 2, Auckland	Sail Gp Highlights, Round 2, Auckland	2025 2		Sall GP Highlights, Round 2, Auckland.			2024		NC		Υ		
2025-01-25	1500	Football	Women's Weekly Football	Episode 16	2024 16	6	Football Highlights: Women's Football Weekly.			2024						
2025-01-25	1600	History	Great British Railway Journeys	Great British Railway Journeys Series 13 Ep 1	13 1		Michael Portillo experiences a terrifying "Victory Roll" in a Second World War Spitfire, high above the most famous aerodrome of the Battler of Britain, Beggin Hill. Then back on terra firma, Michael takes the train to East Grinstead on the trail of a bear with very little brain. In Arbdown Forest, he meets a biographer of A.A. Milne, to find out about the author's much-loved character, Winnie the Pooh.	UNITED KINGDOM	English-100	2021	RPT	PG		Υ	Υ	Y
2025-01-25	1635	History	Forgotten Frontlines	Nazi Titanic, The	01 6		When Joseph Goebbles featured the luxurious SC Cap Arcona in a propaganda film about the Titanic, he never imagined this German ocean liner would meet a similar tragic fate. Over the course of the war, one of the most oppolent shipse even bulk would serve many functions - a propagandic coup, a transport vessel, and eventually a concentration camp. This is the story of the Naul Titanic'.	CANADA		2021	RPT	PG	av	Υ		Y
2025-01-25	1735	History	Auschwitz: Countdown To Liberation	Episode 1	01 1		Auschwitz: Countdown to Liberation delves into the final months at Auschwitz, unraveiling the stories of its survivors and giving voice to the eye-witness testimonies of local residents, liberators, and even perpetrators, during one of history's durinest chapters. Narrator: Peter Hosling Director: Max Serio	UNITED KINGDOM	English-50; Polish- 50	2024		PG				
2025-01-25	1830	News - Overseas	SBS World News	SBS World News 2025 Ep 25	2025 25		Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2025	LIVE			Y		
2025-01-25	1930	Culture & Society	Magical Train Journeys In Switzerland	With The Voralpen-Express From St Gallen To Lucerne	01 7		From the rolling hills of Appenzellerland across Lake Zurich to vibrant Lucerne, the journey with the Voralpeneupress offers unique panoramas on its way from the east to central Switzerland and an insight into the historic architecture of the Swiss railroad pioneers.	GERMANY	English-70; German- 30	2021		G		Υ	Υ	Y

2025-01-25	2030	Culture & Society	Cotswolds And Beyond With Pam Ayres	Highgrove Gardens	02	5	In this extra special episode Pam's got a royal appointment at Highgrove Gardens, run by The Prince's Foundation and adjacent to the private residence of HRH The Prince of Wales, where Pam mests His Royal Highness himself. The Prince estor Pam on a personal guided tour of his gedens to discover his possion for gardening and his vision behind the series of Interlinked gardens that he's designed and nurtured over the last four decades.	IITED KINGDOM	English-100	2022	RPT	PG	a	Υ		
2025-01-25	2120	History	Great Australian Walks With Julia Zemiro	Lake Burley Griffin	01	5	This episode, set in Canberra, is centred around take Burley Griffin. Arriving by bicycle, Julia braves the elements as she walks 11.5km round the locnic lake, following in the footsteps of former prime ministers flobert Menzies and John Howard. Along the way she meets one of Australia's greatest sporting legander, David Pocock, Work has now turned its hand to politics, Serant to play a very rare instrument; and finds out about the longest continuous protects for notingeous labri rights on the services.	AUSTRALIA	English-100	2022	RPT	PG	a q	Υ		Y
2025-01-25	2215	Health, Science & Technology	Ruby Wax: Castaway	Episode 1	1	1	Connedian and mental health campaigner, Ruby Wax, has tackled numerous daunting experiences during her career interrogating the Hollywood elite, but none more demanding than being cast away for ten days alone on a tropical Island, 60 kilometres from animalend Madagascri, Inspired by beter jold anoma Lumley, who was herself marcooned for television 30 years ago, Ruby seeks hilarious advice from her on how to escape intact.	IITED KINGDOM	English-100	2023	RPT	М	al	Υ	Y	Y
2025-01-25	2310	Contemporary	Ralph And Katie	Friend In Need, A	01	1	When Katle invites recently dumped friend Emma to stay, Ralph soon feels pushed out. Their newly hired PA, Danny, tries to help, but things backfire and Ralph must win Katle back.  UNI	IITED KINGDOM	English-100	2022	RPT	PG	al	Υ		Y
2025-01-25	2345	Contemporary	Ralph And Katle	Valentine's Day	01	2	A mysterious Valentine's card for Katie sends Ralph's imagination into overdrive, is it from the man who broke her heart? Meanwhile, Emma organises a Valentine's fundraiser.	IITED KINGDOM	English-100	2022	RPT	М	as	Υ		Y
2025-01-25	2420	Contemporary	Ralph And Katie	Babysitter's Club	01	3	When Ralph injures his foot, Katle is determined to be a wife and look after him. But she, Danny and Tom soon find out that looking after people can be harder than they thought.	IITED KINGDOM	English-100	2022	RPT	М	Is	Υ	Υ	
2025-01-25	2450	Contemporary	Ralph And Katie	Empty Nest	01	4	All is not well between Katle's parents and Katle worries that it might be her fault. Ralph falls out with Brian when he decides to paint the couple's fence without asking them.	IITED KINGDOM	English-100	2022	RPT	PG	al	Υ	Υ	
2025-01-25	2525	Contemporary	Ralph And Katie	Ralph's Balls	01	5	An unexpected health problem for Ralph prompts him and Katle to think about the future. Danny and Emma also make some big decisions.	IITED KINGDOM	English-100	2022	RPT	М	ı	Υ	Υ	
2025-01-25	2600	Contemporary	Ralph And Katie	Motherships Have Landed, The	01	6	It's Christmas, and Ralph and Katle realise they're double booked. As a family row ensues, can they ever find some peace? Danny has a Christmas heart to heart with Tom.	IITED KINGDOM	English-100	2022	RPT	PG	al	Υ	Υ	
2025-01-25	2630	Culture & Society	Home is Where The Art is	Episode 5	01	5	Nick Knowles presents this series which challenges three talented artists to create beautiful artwork for people they've never met. Today's artists travel to Morecambe Bay, it's a snoop with a difference as the mystery buyer sends the artists cut of the house to find their subject – her horse, Dragon. However, Dragon is not just a pet; he's helped his owner overcome a very difficult time.	IITED KINGDOM	English-100	2019	RPT	PG		Υ	Υ	
2025-01-25	2725	Entertainment	Love Your Garden	Love Your Garden Series 8 Ep 2	08	2	Alan Titchmarth makes over a garden in Newark for a double amputee veteran Nathan Cumberland and his young family. Despite his injuries, through his work with the Defence Medical Meditar Service charty, Nathan has despeted his life obsisted he amend force to supporting older and idealry veterants who are often issue likely to seek help for themselves than their younger counterparts. With lost of tips on how to create a beautiful woodland hered outdoor space, Alan and his tasm of experts, Laste Rushworth, Frances Toppli and David Omomey take on Nathan's inaccessible plot and transform it into a show-stopping family garden - complete with a stunning outdoor kitchen, hand built water feature and a Jurassic style play area.	IITED KINGDOM	English-100	2018	RPT	PG	a	Y		
2025-01-25	2820	Biography	Peer To Peer	Bob Iger	01	68	Bob Iger, Walt Disney Co. executive chairman and former chief executive officer, talks about what he'll do after he leaves Disney, how he almost ran for U.S. president, and managing through the Covid pandemic.	IITED KINGDOM	English-100	2018	RPT	G		Υ		
2025-01-25	2850	Cooking	Destination Flavour Down Under Bitesize	Destination Flavour Down Under Bitesize Series 1 Ep 8	01	8	Some of your favourite moments and recipes from Adam Liaw's culinary and cultural journey through Australia and New Zealand.	AUSTRALIA	English-100	2014	RPT	G		Y		
2025-01-25	2855	Cooking	Destination Flavour Down Under Bitesize	Destination Flavour Down Under Bitesize Series 1 Ep 9	01	9	Some of your favourite moments and recipes from Adam Liaw's culinary and cultural journey through Australia and New Zealand.	AUSTRALIA	English-100	2014	RPT	G		Y		