



WEEK 27: Sunday, July 2 - Saturday, 8 July 2023 - All Markets

Date	Start Time	Genre	Title	Episode Title	Series	Episode	TV Guide Text	Country of Origin	Language	Year	Repeat	Classification	Consumer Advice	Closed Captions	Subtitles	Audio Description	
2023-07-02	0500	News - Overseas	Al Jazeera News Hour	Al Jazeera News Hour First Edition 2022		0	In-depth global news from Al Jazeera Satellite Network, Doha, Qatar, in English.	QATAR	English-100	2022		NC					
2023-07-02	0600	News - Overseas	TRT World News	Trt World News		0	The latest news from around the globe from TRT World, Istanbul, Turkiye, in English.	TURKEY	English-100	2022		NC					
2023-07-02	0630	News - Overseas	France 24 Africa News	France 24 Africa News 2022		0	International and Africa news in English from France 24.	FRANCE	English-100	2022		NC					
2023-07-02	0650	News - Overseas	Indian Country Today News	Indian Country Today News 2022		0	Indian Country Today News is an independent news channel that serves Indigenous communities with news, entertainment, and opinion.	USA	English-100	2022		NC					
2023-07-02	0720	News - Overseas	Fiji One News	Fiji One News 2022		0	Local, world, sport and entertainment news in English from Fiji TV, Suva, via satellite.	FIJI	English-100	2022		NC					
2023-07-02	0750	News - Overseas	France 24 Feature	France 24 Feature Second Edition 2022		0	News feature in English from France 24, Paris.	FRANCE	English-100	2022		NC					
2023-07-02	0810	News - Overseas	ABC America Nightline	Abc America Nightline 2023		0	ABC America's late-night television news program for in-depth reporting on today's major news stories.	USA	English-100	2023		NC					
2023-07-02	0840	News - Overseas	CBC The National	CBC The National 2022		0	CBC's flagship nightly news with hosts Adrienne Arseneault and Andrew Chang from Toronto, Canada, via satellite in English.	CANADA	English-100	2022		NC					
2023-07-02	0930	Business & Economics	Small Business Secrets	Small Business Secrets Series 1 Ep 9	01	9	This episode checks out booming niche businesses: from Vietnamese pork roll chain Destination Roll about their expansion plans, to the indigenous printing company Print Junction, which is growing in the midst of a declining sector. In Orange, NRL Bulldogs legend Peter Mortimer gives a tour of his winery Mortimers Wines. Explore the booming niche of high-end dog grooming and chat to Saibu no Akuma about bringing bespoke men's fashion back with the help of MYOB. (S.1 Ep.9) (An SBS Production) (Documentary Series) (Class. tba) CC	AUSTRALIA	English-100	2016	RPT	NC			Y		
2023-07-02	1005	Travel	It's Suppertime	I Dream Of Bolognese	01	13	Follow Matty as he shows you how to make fresh pappardelle from scratch and a beefy bolognese sauce inspired by Matty's dreams of Italy.	CANADA	English-100	2017	RPT	M	l s		Y		
2023-07-02	1035	Travel	It's Suppertime	Meatloaf Town	01	14	Matty takes you on a tour of Meatloaf Town! With sides of luscious creamed corn and silky mashed potatoes, this meal makes for a perfect family TV dinner.	CANADA	English-100	2017	RPT	M	l		Y		
2023-07-02	1100	Culture & Society	Planet A	Planet A Series 1 Ep 1	01	1	Dr. Simon Lewis, an expert who helped to define the Anthropocene, explores the existential threat we are most familiar with - climate change. He then sets out the deeper impacts of humanity on the planet, illustrated by short segments from other experts.		English-100	0	RPT	PG	a w		Y		Y
2023-07-02	1130	Culture & Society	Planet A	Planet A Series 1 Ep 2	01	2	Professor Pamela McElwee shows how the environmental degradation of the earth beneath our feet can be directly traced to structures like colonialism and racism.		English-100	0	RPT	PG			Y		Y
2023-07-02	1200	History	The Curse Of Oak Island	Lucky Thirteen, The	07	14	The Fellowship of the Dig discovers what could be the infamous flood tunnel system beneath Smith's Cove while unearthing an object that could link Oak Island to the American Revolution.	USA	English-100	2020	RPT	PG	a		Y		
2023-07-02	1245	Quiz	Jeopardy!	Jeopardy Series 34 Ep 91	34	91	Alex Trebek hosts Jeopardy!, where the answers are revealed and the contestants must guess the appropriate questions. The answers appear on a computerised grid in various trivia categories, and are sorted by degrees of difficulty matched by increasing dollar values.	USA		2018	RPT	G					
2023-07-02	1310	Quiz	Jeopardy!	Jeopardy Series 34 Ep 92	34	92	Alex Trebek hosts Jeopardy!, where the answers are revealed and the contestants must guess the appropriate questions. The answers appear on a computerised grid in various trivia categories, and are sorted by degrees of difficulty matched by increasing dollar values.	USA		2018	RPT	G					
2023-07-02	1335	Quiz	Jeopardy!	Jeopardy Series 34 Ep 93	34	93	Alex Trebek hosts Jeopardy!, where the answers are revealed and the contestants must guess the appropriate questions. The answers appear on a computerised grid in various trivia categories, and are sorted by degrees of difficulty matched by increasing dollar values.	USA		2018	RPT	G					
2023-07-02	1400	Cycling	Tour De France 2023: Daily Highlights	Tour De France 2023 Daily Highlights Stage 1	2023	1	Daily race highlights from the Tour De France 2023 tour stages. International Cycling 2023.	FRANCE		2023	RPT				Y		
2023-07-02	1500	Culture & Society	The Future Of Work	Future Of Work, The		0	From the food we eat to the clothes we wear, VICE's The Future Of Work explores technology's threat to the American worker and the ways we are responding.	USA	English-100	2019	RPT	PG	l		Y		
2023-07-02	1600	News - Overseas	ABC World News Tonight with David Muir	ABC World News Tonight with David Muir 2023		0	America's number one network news bulletin with anchors David Muir weekdays, Whit Johnson Saturday edition and Linsey Davis Sunday edition.	USA	English-100	2023		NC			Y		
2023-07-02	1630	Nature & Environment	Bamay	Murrumbidgee River - Wiradjuri & Ngarigo Country	02	1	A slow TV showcase of the stunning landscapes found in Wiradjuri & Ngarigo Country along the waters of the Murrumbidgee River.	AUSTRALIA	English-100	2020	RPT	G			Y		

2023-07-02	1650	Variety	<b>Domino Masters</b>		Playoffs: Water Worlds	01	5	Four teams compete in the first night of the playoffs in an unbelievable domino toppling and chain reaction tournament with water world themes; the pressure is on as one wrong move could set off a chain reaction that knocks them out.	USA	English-100	2021	RPT	PG	I	Y
2023-07-02	1745	Variety	<b>Domino Masters</b>		Playoffs: Vegas Night	01	6	Four teams compete in the final night of the playoffs in an unbelievable domino toppling and chain reaction tournament with themes around a night in Las Vegas; the three teams whose topples come out on top continue on to the quarter-finals.	USA	English-100	2021	RPT	PG		Y
2023-07-02	1840	History	<b>Nazi Megastructures</b>		Hitler's War In The Skies	06	1	January 1943. With defeat in Russia and North Africa, Hitler now has to face a new battlefield - the fight for the skies above the fatherland itself.	USA	English-100	2020	RPT	PG	a	Y
2023-07-02	1935	Health, Science & Technology	<b>Abandoned Engineering</b>		Abandoned Engineering Series 3 Ep 2	03	2	A look at a maze of tunnels filled with haunting remains that snake their way beneath the streets of Paris, a town in the USA built on greed, a ring of unique fortifications battered by a mighty weapon, and a strange formation of domed structures hovering over the waters off the Florida coastline.	UNITED KINGDOM	English-98; French-2	2019	RPT	PG	a	Y
2023-07-02	2030	Culture & Society	<b>Duelling Daredevils</b>	<b>Premiere</b>	Duelling Daredevils	01	2	From Evel Knievel to Harry Houdini, host Peyton Manning counts down the top ten daredevils of all time, as voted by a panel of experts. Which of these record-breaking, adrenaline junkies gets your heart pumping?	USA	English-100	2022				Y
2023-07-02	2115	Culture & Society	<b>Prison Experiment</b>	<b>Premiere</b>	Prison Experiment		0	VICE Special Report follows an experimental, prisoner-run re-entry program that leverages the respect of gang leaders until the program takes an unexpected turn.	USA	English-100	2023				
2023-07-02	2210	Sexuality	<b>Naked City: Freedom Or Lust?</b>		Naked City: Freedom Or Lust?		0	The nudist village of Cap d'Agde has a sulphurous reputation. The media present it as the place of all excesses, the rendezvous for swingers from all over the world. Beyond the nudist and libertine divide, this film gives us an understanding of the history of this village, the mechanisms that led to its evolution, and a better grasp of those who inhabit this particular world.	FRANCE	English-100	2018	RPT	MA	n	Y
2023-07-02	2315	Sport General	<b>Over The Black Dot</b>	<b>Encore</b>	Over The Black Dot 2023 Episode 17	2023	17	A weekly off-the-cuff footy chat with Rugby League great Dean Widders and Timana Tahu with regular recurring guest Bo De La Cruz. They discuss everything from the grass roots all the way to the NRL.	AUSTRALIA		2023	RPT	NC		
2023-07-02	2345	Period	<b>UFOs</b>		Ufos Series 1 Ep 5	01	5	Disappointed by Didier, Vera resigns and turns instead to the Gondrecourt impostor, Dulic, who has become the guru of a sect awaiting the return of the aliens. Didier and Marcel try to recover a video of the mysterious Gondrecourt phenomenon.	FRANCE	French-100	2020	RPT	M	n	Y
2023-07-02	2420	Culture & Society	<b>Too Soon: Comedy After 9/11</b>		Too Soon		0	It seemed incomprehensible to ever laugh again after September 11. Twenty years on, performers affirm that comedy remains a vital force for healing in the face of tragedy.	USA	English-100	2021	RPT	MA	s	Y
2023-07-02	2555	Culture & Society	<b>Arming The Americas</b>		Arming The Americas		0	VICE News travels to Mexico, Honduras, and Brazil to investigate how guns from the U.S. are fueling violence across Latin America.	USA	English-100	2022	RPT	M	a v	Y
2023-07-02	2650	News - Overseas	<b>NHK World English News</b>		Nhk World English News 2023		0	English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news.	JAPAN	English-100	2023				
2023-07-03	0500	News - Overseas	<b>Al Jazeera News Hour</b>		Al Jazeera News Hour First Edition 2022		0	In-depth global news from Al Jazeera Satellite Network, Doha, Qatar, in English.	QATAR	English-100	2022		NC		
2023-07-03	0600	News - Overseas	<b>TRT World News</b>		Trt World News		0	The latest news from around the globe from TRT World, Istanbul, Turkiye, in English.	TURKEY	English-100	2022		NC		
2023-07-03	0630	News - Overseas	<b>France 24 Feature</b>		France 24 Feature Second Edition 2022		0	News feature in English from France 24, Paris.	FRANCE	English-100	2022		NC		
2023-07-03	0650	News - Overseas	<b>Te Ao with Moana</b>		Te Ao With Moana	2021	94	A weekly current affairs program that examines New Zealand and international stories through a Maori lens. From Maori Television, Auckland, NZ, in English.	NEW ZEALAND		2021		NC		
2023-07-03	0720	News - Overseas	<b>Fiji One News</b>		Fiji One News 2022		0	Local, world, sport and entertainment news in English from Fiji TV, Suva, via satellite.	FIJI	English-100	2022		NC		
2023-07-03	0735	News - Overseas	<b>DW Global Us</b>		Dw Global Us 2022		0	Deutsche Welle's news magazine looks at the issues that are moving us today and shows how people are living with the opportunities and risks of globalisation.	GERMANY	English-100	2022		NC		
2023-07-03	0810	News - Domestic	<b>APAC Weekly</b>		Apac Weekly 2023 Ep 22	2023	22	Asia-Pacific's brightest minds at the forefront of charting a sustainable future for the world from APAC Network Brisbane, in English.	AUSTRALIA	English-100	2023		NC		Y
2023-07-03	0840	News - Overseas	<b>France 24 English News</b>		France 24 English News 2022		0	International news and current affairs from Paris, offering a French perspective on world events via satellite in English.	FRANCE	English-100	2022		NC		
2023-07-03	0930	Business & Economics	<b>Small Business Secrets</b>		Small Business Secrets Series 1 Ep 10	01	10	In this episode we check out the small businesses making a huge impact on social economic issues. We visit Melbourne social enterprise Pollinate Energy, who are lighting up Indian slums with solar lighting, and fly to Hong Kong to drop in on Les Beatitudes, the stay-at-home mums making purses out of neckties to support their family. We head to Brisbane to auto repair shop Brothers Garage, who train up at-risk youth, asylum seekers and the disabled, and visit Dick Smith in his Sydney home to gain his business insight. We also explore the young Australians fighting the global water crisis, and check out a warehouse employing those from disadvantaged backgrounds to recycle mattresses from landfills. (S.1 Ep.10) (SBS Production) (Documentary Series) (Class. tba) CC	AUSTRALIA	English-100	2016	RPT	NC		Y
2023-07-03	1005	Travel	<b>It's Suppertime</b>		Smokin' Jerk Chicken	01	15	Things heat up as Matty takes on Caribbean cuisine, preparing BBQ Jerk Chicken, mashed plantains and creamy coleslaw.	CANADA	English-100	2017	RPT	M	I	Y

2023-07-03	1030	Travel	<b>It's Suppertime</b>	Ribs, For Your Pleasure	01	16	You don't need a 5-million ton smoker to make fall-off-the-bone ribs, you just need an oven. With sides of slaw and potato salad, this rib dinner will have you moaning for more.	CANADA	English-100	2017	RPT	M	I		Y		
2023-07-03	1100	Culture & Society	<b>Planet A</b>	Planet A Series 1 Ep 3	01	3	Professor Deborah McGregor, an expert on how humans manage water, explains that while climate change is making things worse, it is human systems like agriculture and the commodification of water that is at the root of the current crisis.		English-100	0	RPT	PG	a w		Y	Y	Y
2023-07-03	1130	Culture & Society	<b>Planet A</b>	Planet A Series 1 Ep 4	01	4	Dr Ayana Johnson is an expert on ocean conservation who guides us through the major impacts of humans on the ocean - from coral bleaching to overfishing, before turning to solutions under what she calls the Blue New Deal.		English-100	0	RPT	M	I		Y	Y	Y
2023-07-03	1200	Culture & Society	<b>Magic The Gathering</b>	Magic The Gathering	00	0	Explore the phenomenon of Magic, a card game that rivals poker in popularity. With over 12 million players around the world, this franchise lives on in competitive tournaments.	USA	English-100	2017	RPT	PG			Y		
2023-07-03	1230	Current Affairs	<b>Insight</b>	Advice: Take It Or Leave It?	2023	19	What drives us to take or ignore advice and what are the consequences?	AUSTRALIA	English-100	2023	RPT	NC			Y		
2023-07-03	1330	News - Overseas	<b>ABC World News Tonight with David Muir</b>	ABC World News Tonight with David Muir 2023		0	America's number one network news bulletin with anchors David Muir weekdays, Whit Johnson Saturday edition and Linsey Davis Sunday edition.	USA	English-100	2023		NC			Y		
2023-07-03	1400	Cycling	<b>Tour De France 2023 Bonjour Le Tour</b>	Bonjour Le Tour 2023 Ep 1	2023	1	All the best moments and highlights from the Tour De France 2023 tour stages. International Cycling 2023.	FRANCE		2023	RPT				Y		
2023-07-03	1500	Cycling	<b>Tour De France 2023: Daily Highlights</b>	Tour De France 2023 Daily Highlights Stage 2	2023	2	Daily race highlights from the Tour De France 2023 tour stages. International Cycling 2023.	FRANCE		2023	RPT				Y		
2023-07-03	1600	News - Overseas	<b>BBC News at Ten</b>	BBC News at Ten 2023		0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2023		NC			Y		
2023-07-03	1620	News - Overseas	<b>ABC America This Week</b>	Abc America This Week With George Stephanopoulos 2023		0	ABC America's pre-eminent weekly public affairs program with George Stephanopoulos from New York, USA.	USA	English-100	2023		NC			Y		
2023-07-03	1715	Quiz	<b>Only Connect</b>	Wanderers V Vikings	13	26	Victoria Coren Mitchell hosts the series where knowledge will only take you so far. Contestants compete to draw together the connections between things which at first glance, seem utterly random. Patience and lateral thinking are vital. Join Victoria if you want to know what connects!	UNITED KINGDOM	English-100	2020	RPT	G					
2023-07-03	1750	Culture & Society	<b>Forged In Fire</b>	Baby Boomer Vs Gen Z	07	32	Baby Boomers and Gen Z-ers face off in an Old vs. New competition. After several intense rounds, two smiths head back to their home forges to recreate ancient China's Swords of Goujian, one of the most intact artifacts ever uncovered by archeologists.	USA	English-100	2019	RPT	PG	a		Y		
2023-07-03	1840	Quiz	<b>Jeopardy!</b>	Jeopardy Series 35 Ep 61	35	61	The late Alex Trebek hosts Jeopardy!, where the answers are revealed and the contestants must guess the appropriate questions.	USA	English-100	2018	RPT	G			Y		
2023-07-03	1905	Quiz	<b>Jeopardy!</b>	Jeopardy Series 35 Ep 62	35	62	The late Alex Trebek hosts Jeopardy!, where the answers are revealed and the contestants must guess the appropriate questions.	USA	English-100	2018	RPT	G			Y		
2023-07-03	1930	News - Domestic	<b>NITV News Update</b>	<b>NITV Encore</b> Nitv News Update 2023 Viceland Version Ep 125	2023	125	The latest news from the oldest living culture. Join Natalie Ahmat and the team of NITV journalists for stories from an Indigenous perspective.	AUSTRALIA		2023		NC					
2023-07-03	1935	Quiz	<b>8 Out Of 10 Cats Does Countdown</b>	8 Out Of 10 Cats Does Countdown Series 10 Ep 11	10	11	It's Letters and Numbers with a whole bunch of comedians. Hosted by Jimmy Carr, Rachel Riley, and Susie Dent. Featuring guests Johnny Vegas, Rhod Gilbert, Joe Wilkinson, Roisin Conaty, and Tom Allen.	UNITED KINGDOM	English-100	2019	RPT	M	a l s		Y		
2023-07-03	2035	Quiz	<b>Taskmaster</b>	I Can Hear It Gooping	07	10	Greg Davies awards his coveted golden head to the contestant that has impressed him most and they bask in the glory of becoming only the seventh Taskmaster Champion in history. Who will it be? Probably not Phil Wang. But can he finally win an episode? Maybe.	UNITED KINGDOM	English-100	2018	RPT	M	I s		Y		Y
2023-07-03	2130	Quiz	<b>Taskmaster</b>	Hello	08	1	The fearsome Taskmaster, Greg Davies, returns with an eighth series of the show that bears his title. Together with his miniature sidekick Alex Home they will be putting five fresh contestants through their paces - Iain Stirling, Joe Thomas, Lou Sanders, Paul Sinha and Sian Gibson. On today's show - baby monitors, powerful smells and seductive dummies.	UNITED KINGDOM	English-100	2019	RPT	M	a l s		Y		Y
2023-07-03	2225	Culture & Society	<b>Most Expensivest</b>	<b>New Episode</b> Geeked Out	04	4	Sometimes big brains equal big bucks. 2 Chainz and his kids set out to experience the most expensive collections acquired by brainy collectors with smart money.	USA	English-100	2023		MA	a l				
2023-07-03	2320	Sport General	<b>Yokayi Footy</b>	Yokayi Footy 2023 Episode 16	2023	16	Yokayi is Victory! AFL is back. Yokayi Footy returns with more deadly AFL action, interviews, and analysis. Hosted by Megan Waters and Andrew Krakouer.	AUSTRALIA		2023	RPT	NC					
2023-07-03	2410	Entertainment	<b>King Of The Road</b>	Put On That Angry Face And Grind	01	10	Almost home, Birdhouse goes Mega with Bob Burnquist, Toy Machine parties with Tommy Sandoval and Chocolate shreds pools with Silba before an accident sidelines Elijah.	USA	English-100	2016	RPT	M	a l n			Y	
2023-07-03	2500	Sexuality	<b>Ina Loves Porno</b>	Los Angeles	01	1	Journalist Ina Mikkola's expedition to the world of porn begins from the porn capital of the porn world, Los Angeles. Ina follows a high production value lesbian porn shooting and meets Eta Darling, a pioneer of virtual porn. She does research of how the porn industry is regulated, runs up to a living legend Ron Jeremy by an accident in a porn karaoke and learns about pleasurable oral sex from another legend, Nina Hartley.	FINLAND	English-70, Finnish-30	2018	RPT	MA	a s w		Y		Y

2023-07-03	2555	Sexuality	Ina Loves Porno	Tokyo	01	2	In Japan, journalist Ina Mikikola meets a pioneer of erotic manga, Chikae Ide, and the most popular male porn star in the country, Shimiken. This meeting has an ending Ina will never forget.	FINLAND	Japanese-50; Finnish-35; English-15	2018	RPT	MA	a n s w	Y	Y
2023-07-03	2645	News - Overseas	NHK World English News	Nhk World English News 2023		0	English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news.	JAPAN	English-100	2023					
2023-07-04	0500	News - Overseas	Al Jazeera News Hour	Al Jazeera News Hour First Edition 2022		0	In-depth global news from Al Jazeera Satellite Network, Doha, Qatar, in English.	QATAR	English-100	2022		NC			
2023-07-04	0600	News - Overseas	TRT World News	Trt World News		0	The latest news from around the globe from TRT World, Istanbul, Turkiye, in English.	TURKEY	English-100	2022		NC			
2023-07-04	0650	News - Overseas	APT National News	Aptn National News Weekend Edition Series 01 159	2020	159	News week in review from Canada's Indigenous broadcaster APTN.	CANADA		2020		NC			
2023-07-04	0720	News - Overseas	Fiji One News	Fiji One News 2022		0	Local, world, sport and entertainment news in English from Fiji TV, Suva, via satellite.	FIJI	English-100	2022		NC			
2023-07-04	0810	News - Overseas	DW English News	DW English News Morning 2022		0	News and analysis of the top international and European news and current affairs from Berlin, in English.	GERMANY	English-100	2022		NC		Y	
2023-07-04	0840	News - Overseas	CBC The National	CBC The National 2022		0	CBC's flagship nightly news with hosts Adrienne Arseneault and Andrew Chang from Toronto, Canada, via satellite in English.	CANADA	English-100	2022		NC			
2023-07-04	0930	News - Overseas	BBC News at Six	BBC News At Six 2023		0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2023		NC		Y	
2023-07-04	1000	Travel	It's Supperime	Southern Shrimp Smorgasbord	01	17	Let Matty take your passion for shrimp to new heights with this three-way of gastronomic pleasure: Shrimp Po Boy, Shrimp 'n Grits and Shrimp Louie.	CANADA	English-100	2017	RPT	M	I	Y	
2023-07-04	1030	Travel	It's Supperime	Corned Beef On My Mind	01	18	A Jewish Deli in your own home! Matty shows you how to brine your own juicy corned beef, fry crispy latkes and make mouthwatering matzo ball soup.	CANADA	English-100	2017	RPT	M	I s	Y	
2023-07-04	1100	Culture & Society	Planet A	Planet A Series 1 Ep 5	01	5	Professor Narasimha Rao is an expert on the energy system that has led to the expansion of humans across the planet. He shows how deeply the fossil fuel industry is embedded in that system before turning to solutions that could lead us to net zero emissions, before it's too late.		English-100	0	RPT	PG	I	Y	Y
2023-07-04	1130	Culture & Society	Planet A	Planet A Series 1 Ep 6	01	6	Garry Petersen is an expert at the Stockholm Resilience Centre and is our guide to how humans must adapt if we are to avoid the tipping points that are leading towards irreparable harm to the planet.		English-100	0	RPT	M	I	Y	Y
2023-07-04	1200	Nature & Environment	Earthworks	Animal Collective	01	1	Celebrating global sustainability through musical expeditions, Earthworks travels the world with inspiring artists as they create sonically unique performances in stunning natural environments. In this episode, Animal Collective reach Brazil, riding a riverboat deep into nature to soak in the sounds of the river and the locals, and hunt down some of the reasons for the region's rapid destruction. While the band feel like it's a trip of a lifetime, their guide isn't sure they're fully physically prepared to face the demanding climate.	USA	English-100	2016	RPT	PG		Y	Y
2023-07-04	1255	Cooking	Cook Up With Adam Liaw Bitesize	Cook Up With Adam Liaw Bitesize Series 1 Ep 3, The	01	3	Join host Adam Liaw and all your favourite chefs, cooks and celebrities for the best bits from The Cook Up kitchen.		English-100	0	RPT	G		Y	
2023-07-04	1300	News - Overseas	BBC News at Ten	BBC News at Ten 2023		0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2023		NC		Y	
2023-07-04	1330	News - Overseas	ABC World News Tonight with David Muir	ABC World News Tonight with David Muir 2023		0	America's number one network news bulletin with anchors David Muir weekdays, Whit Johnson Saturday edition and Linsey Davis Sunday edition.	USA	English-100	2023		NC		Y	
2023-07-04	1400	Cycling	Tour De France 2023 Bonjour Le Tour	Bonjour Le Tour 2023 Ep 2	2023	2	All the best moments and highlights from the Tour De France 2023 tour stages. International Cycling 2023.	FRANCE		2023	RPT			Y	
2023-07-04	1500	Cycling	Tour De France 2023: Daily Highlights	Tour De France 2023 Daily Highlights Stage 3	2023	3	Daily race highlights from the Tour De France 2023 tour stages. International Cycling 2023.	FRANCE		2023	RPT			Y	
2023-07-04	1600	Culture & Society	Lee Lin Chin's Fashionista	Naomi Goodsir: Milliner	01	1	Hosted by SBS TV's iconic fashion guru, Lee Lin Chin. Tonight's episode features Milliner Naomi Goodsir.	AUSTRALIA	English-100	2003	RPT	G		Y	
2023-07-04	1615	News - Overseas	PBS NewsHour	NEWS	PBS Newshour 2022	0	Reviews and analysis of the day's news, presented by Amna Nawaz and Geoff Bennett for the Public Broadcasting Service (PBS) in the United States.	USA	English-100	2022		NC		Y	
2023-07-04	1715	Quiz	Only Connect	Detectives V Escapologists	13	27	Victoria Coren Mitchell hosts the series where knowledge will only take you so far. Contestants compete to draw together the connections between things which at first glance, seem utterly random. Patience and lateral thinking are vital. Join Victoria if you want to know what connects!	UNITED KINGDOM	English-100	2020	RPT	PG	s		
2023-07-04	1750	Culture & Society	Forged In Fire	Nimcha, The	07	33	Four smiths are tasked with forging signature blades from scrap metal shavings. After two intense rounds, the remaining smiths head home to recreate the Nimcha, a sword traditionally made from recycled blades.	USA	English-100	2019	RPT	PG	a		Y
2023-07-04	1840	Quiz	Jeopardy!	Jeopardy Series 35 Ep 63	35	63	The late Alex Trebek hosts Jeopardy!, where the answers are revealed and the contestants must guess the appropriate questions.	USA	English-100	2018	RPT	G		Y	

2023-07-04	1905	Quiz	Jeopardy!		Jeopardy Series 35 Ep 64	35	64	The late Alex Trebek hosts Jeopardy!, where the answers are revealed and the contestants must guess the appropriate questions.	USA	English-100	2018	RPT	G			Y	
2023-07-04	1930	News - Domestic	NITV News Update	NITV Encore	Nitv News Update 2023 Viceland Version Ep 126	2023	126	The latest news from the oldest living culture. Join Natalie Ahmat and the team of NITV journalists for stories from an Indigenous perspective.	AUSTRALIA		2023		NC				
2023-07-04	1935	Quiz	8 Out Of 10 Cats Does Countdown		8 Out Of 10 Cats Does Countdown Series 11 Ep 1	11	1	Katherine Ryan hosts a special all-female episode celebrating 100 years of women's suffrage with Roslin Conaty, Jessica Hynes, Sara Pascoe, Lolly Adefope, and Morgana Robinson.	UNITED KINGDOM	English-100	2016	RPT	M	a l s		Y	
2023-07-04	2030	Entertainment	Alone	New Episode	Weasel, The	09	6	As the participants close in on the first thirty days, the lack of food and the desire to go home grows ever stronger in Labrador. The competitors continue to make each opportunity for food count, while the need for preservation has one getting creative.	USA	English-100	2022		PG	a l w		Y	
2023-07-04	2140	Sexuality	Couples Therapy	New Episode	Couples Therapy Series 3 Ep 9	03	9	Ping and Will face the truths uncovered in their sessions. India and Dale share revealing insights about their work with Orna. Cyn and Yaya emerge from their recent setback with a new vitality. Josh confronts his fears about opening up and reaches a fresh understanding about his relationship with Molly.	USA	English-100	2022		M	a l		Y	
2023-07-04	2210	Sexuality	Couples Therapy	New Episode	Couples Therapy Series 3 Ep 10	03	10	Four new couples begin sessions. Brock & Kristi unpack their Mormon upbringing. Josh struggles with Natasha's lack of intimacy. Christine transitions to a poly relationship one with Nadine. Sean shows Orna the meaning of the word gaslighting.	USA	English-100	2022		M				
2023-07-04	2240	Culture & Society	Super Maximum Retro Show	New Episode	Video Killed The Retro Star	01	4	Chris Distefano and the panel dive into Dangerous Toys. Partying without Paparazzi, Did They Date and Stairway to Stardom. This week's guests are Mike Cannon, Yedoye Travis, Yamaneika Saunders.	USA	English-100	2023		M				
2023-07-04	2310	Culture & Society	Hoarders		Sybil And Ron	08	12	Sybil's hoard is so intense that mice have started to live in her tub and her refrigerator. Her home is so jam packed that she has literally been forced outside and is now sleeping in her backyard. If she doesn't clean up, her family will call adult protective services and have her removed from her property. Meanwhile, Ron has hoarded out his camera shop to the point where he has lost many of his customers. If he doesn't clean up, he could lose his business and livelihood.	USA	English-100	2016	RPT	M	a w		Y	
2023-07-04	2400	Culture & Society	Hoarders		Celia And Nathan	08	13	Celia is in danger of losing her home full of shoplifted items and her illegal hoard of dogs if she doesn't get her compulsion under control. Nathan came out as gay when he was fifteen. The lack of acceptance he felt at the time led him to hoard items as a way to deal with his pain. Now in his early thirties, his hoarding has escalated to the point where he is facing eviction. Nathan must face all his past trauma in order to overcome this crisis.	USA	English-100	2016	RPT	M	a w		Y	
2023-07-04	2450	Culture & Society	Hoarders		Maggie And Ann	08	14	Maggie's home is so packed with her shopping items that her granddaughter was forced to sleep on top of piles and shower outside with a garden hose. Things have gotten so bad, that a family member pulled Maggie and her granddaughter out of the house. Former spa owner, Ann, is about to lose her partner over her hoard. After a decade of failed promises to keep up the house, her partner has had it. Ann cleans up or he leaves her for good.	USA	English-100	2016	RPT	PG	a		Y	
2023-07-04	2540	Culture & Society	Time To Die		Time To Die	0		Time to Die is a feature documentary that follows a global underground network of people who illegally buy and sell euthanasia drugs and devices, and the controversial doctor behind the organisation. Some of the people are old, others are terminally ill, some are young and suffering from a mental illness.	UNITED KINGDOM	English-100	2018	RPT	MA	a w		Y	Y
2023-07-04	2630	News - Overseas	NHK World English News		Nhk World English News 2023	0		English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news.	JAPAN	English-100	2023						
2023-07-05	0500	News - Overseas	Al Jazeera News Hour		Al Jazeera News Hour First Edition 2022	0		In-depth global news from Al Jazeera Satellite Network, Doha, Qatar, in English.	QATAR	English-100	2022		NC				
2023-07-05	0600	News - Overseas	TRT World News		Trt World News	0		The latest news from around the globe from TRT World, Istanbul, Turkiye, in English.	TURKEY	English-100	2022		NC				
2023-07-05	0650	News - Overseas	Indian Country Today News		Indian Country Today News 2022	0		Indian Country Today News is an independent news channel that serves Indigenous communities with news, entertainment, and opinion.	USA	English-100	2022		NC				
2023-07-05	0720	News - Overseas	Fiji One News		Fiji One News 2022	0		Local, world, sport and entertainment news in English from Fiji TV, Suva, via satellite.	FIJI	English-100	2022		NC				
2023-07-05	0810	News - Overseas	ABC America Nightline		Abc America Nightline 2023	0		ABC America's late-night television news program for in-depth reporting on today's major news stories.	USA	English-100	2023		NC				
2023-07-05	0840	News - Overseas	CBC The National		CBC The National 2022	0		CBC's flagship nightly news with hosts Adrienne Arseneault and Andrew Chang from Toronto, Canada, via satellite in English.	CANADA	English-100	2022		NC				
2023-07-05	0930	News - Overseas	BBC News at Six		BBC News At Six 2023	0		The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2023		NC			Y	
2023-07-05	1000	Travel	It's Suppertime		Holy Schnitzel	01	19	For a schnitzel that's the schiznit, watch Matty as he preps pork schnitzel, with a sumptuous spatze and braised red cabbage.	CANADA	English-100	2017	RPT	M	l		Y	
2023-07-05	1030	Travel	It's Suppertime		I Scream For Lamb Tagine	01	20	Follow Matty as he guides you on a fragrant and delicious trip through the flavours of Morocco, with a sumptuous lamb tagine, butter basted cauliflower and roasted carrots.	CANADA	English-100	2017	RPT	M	l		Y	
2023-07-05	1100	Culture & Society	Nuts And Bolts		Stop Motion	01	1	Tyler lives out one of his dreams to create his very own stop motion film.	USA	English-100	2016	RPT	M	a d l s v		Y	

2023-07-05	1130	Culture & Society	<b>Nuts And Bolts</b>		Breakfast	01	2	Tyler can eat waffles and syrup for every meal, and often does. He's been preparing for this day his whole life - to learn about syrup first-hand and invent a brand new breakfast item.	USA	English-100	2016	RPT	M	1 s	Y	
2023-07-05	1200	Nature & Environment	<b>Earthworks</b>		Miguel	01	2	Award-winning singer, songwriter, actor and record producer Miguel visits his father's native Mexico along with his dad and brother for the first time. They connect with his Mexican half of the family through classic ballads and plenty of good food.	USA	English-100	2016	RPT	M	1	Y	Y
2023-07-05	1250	Cooking	<b>Cook Up With Adam Liaw Bitesize</b>		Cook Up With Adam Liaw Bitesize Series 1 Ep 9, The	01	9	Join host Adam Liaw and all your favourite chefs, cooks and celebrities for the best bits from The Cook Up kitchen.		English-100	0	RPT	PG		Y	
2023-07-05	1300	News - Overseas	<b>BBC News at Ten</b>		BBC News at Ten 2023		0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2023		NC		Y	
2023-07-05	1330	News - Overseas	<b>ABC World News Tonight with David Muir</b>		ABC World News Tonight with David Muir 2023		0	America's number one network news bulletin with anchors David Muir weekdays, Whit Johnson Saturday edition and Linsey Davis Sunday edition.	USA	English-100	2023		NC		Y	
2023-07-05	1400	Cycling	<b>Tour De France 2023 Bonjour Le Tour</b>		Bonjour Le Tour 2023 Ep 3	2023	3	All the best moments and highlights from the Tour De France 2023 tour stages. International Cycling 2023.	FRANCE		2023	RPT			Y	
2023-07-05	1500	Cycling	<b>Tour De France 2023: Daily Highlights</b>		Tour De France 2023 Daily Highlights Stage 4	2023	4	Daily race highlights from the Tour De France 2023 tour stages. International Cycling 2023.	FRANCE		2023	RPT			Y	
2023-07-05	1600	Culture & Society	<b>Lee Lin Chin's Fashionista</b>		Michelle Jank: Textiles	01	2	Lee Lin Chin talks to Michelle Jank about her New York show and her extensive use of visual diaries in her work, for instance, the technical process of printing collages on fabric.	AUSTRALIA	English-100	2003	RPT	G		Y	
2023-07-05	1615	News - Overseas	<b>PBS Newshour</b>	<b>News</b>	PBS Newshour 2022		0	Reviews and analysis of the day's news, presented by Amna Nawaz and Geoff Bennett for the Public Broadcasting Service (PBS) in the United States.	USA	English-100	2022		NC		Y	
2023-07-05	1715	Quiz	<b>Only Connect</b>		Belgophiles V Beaks	13	28	Victoria Coren Mitchell hosts the series where knowledge will only take you so far. Contestants compete to draw together the connections between things which at first glance, seem utterly random. Patience and lateral thinking are vital. Join Victoria if you want to know what connects!	UNITED KINGDOM	English-100	2020	RPT	G			
2023-07-05	1750	Culture & Society	<b>Forged In Fire</b>		Titanium Smackdown	07	34	Four smiths must forge handles in round one using a metal never before seen in this competition - titanium. The smiths must learn to navigate this new metal just to make it to round two.	USA	English-100	2019	RPT	PG	a	Y	
2023-07-05	1840	Quiz	<b>Jeopardy!</b>		Jeopardy Series 35 Ep 65	35	65	The late Alex Trebek hosts Jeopardy!, where the answers are revealed and the contestants must guess the appropriate questions.	USA	English-100	2018	RPT	G		Y	
2023-07-05	1905	Quiz	<b>Jeopardy!</b>		Jeopardy Series 35 Ep 66	35	66	The late Alex Trebek hosts Jeopardy!, where the answers are revealed and the contestants must guess the appropriate questions.	USA	English-100	2018	RPT	G		Y	
2023-07-05	1930	News - Domestic	<b>NITV News Update</b>	<b>NITV Encore</b>	Nitv News Update 2023 Viceland Version Ep 127	2023	127	The latest news from the oldest living culture. Join Natalie Ahmat and the team of NITV journalists for stories from an Indigenous perspective.	AUSTRALIA		2023		NC			
2023-07-05	1935	Quiz	<b>8 Out Of 10 Cats Does Countdown</b>		8 Out Of 10 Cats Does Countdown Series 11 Ep 2	11	2	Jimmy Carr hosts the words and number quiz with Sean Lock and Katherine Ryan v Jon Richardson and Joe Wilkinson. Dr John Cooper Clarke is Dictionary Corner.	UNITED KINGDOM	English-100	2016	RPT	M	1 s	Y	
2023-07-05	2030	Quiz	<b>Patriot Brains</b>	<b>New Episode</b>	Patriot Brains Series 2 Ep 4	02	4	In this episode the teams are tested on their knowledge about Accidental Sex Symbols, Edible Bugs and Harley Breen tries out some multi-level marketing laxatives. Featuring Ben Hurley, Josh Thomson and Angella Dravid for New Zealand and Harley Breen, Nazeem Hussain and Alex Ward for Australia.	NEW ZEALAND	English-100	2022		M			
2023-07-05	2125	History	<b>Castro's Spies</b>	<b>Premiere</b>	Castro's Spies		0	Castro's Spies tells the thrilling story of an elite group of Cuban intelligence agents sent undercover to the US in the 1990s. From their recruitment, training and eventual capture on US soil; this film peers into a secret world of false identities, love affairs and betrayal.	IRELAND	English-95; Spanish-5	0				Y	
2023-07-05	2325	Action Adventure	<b>In The Line Of Fire</b>	<b>MOVIE</b>			0	Clint Eastwood stars as Frank Horrigan, a veteran Secret Service agent haunted by his failure to protect John F. Kennedy from assassination. Thirty years later, he gets a chance to redeem himself when a brilliant psychopath threatens to kill the current president and take Horrigan with him. Taunting him by phone and tantalising him with clues, the assassin lures Horrigan into an electrifying battle of wits and will that only one man can survive. Stars John Malkovich.	USA	English-100	1993					
2023-07-05	2545	Narrative	<b>Letterkenny</b>		What Could Be So Urgent?	04	1	Wayne and Marie-Fred wonder about a stranger's unusual habits. Reilly and Jonesy begin a takedown tourney with Dax and Ron. The Skids take a trip.	CANADA	English-100	2018	RPT	M	a 1 s	Y	Y
2023-07-05	2610	Narrative	<b>Letterkenny</b>		Bush Party Season	04	2	The Skids confront a new enemy that they've made; and the Hicks decide to host a big event, putting on a bush party.	CANADA	English-100	2018	RPT	M	a 1 s	Y	Y
2023-07-05	2635	News - Overseas	<b>NHK World English News</b>		Nhk World English News 2023		0	English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news.	JAPAN	English-100	2023					
2023-07-06	0500	News - Overseas	<b>Al Jazeera News Hour</b>		Al Jazeera News Hour First Edition 2022		0	In-depth global news from Al Jazeera Satellite Network, Doha, Qatar, in English.	QATAR	English-100	2022		NC			
2023-07-06	0600	News - Overseas	<b>TRT World News</b>		Trt World News		0	The latest news from around the globe from TRT World, Istanbul, Turkiye, in English.	TURKEY	English-100	2022		NC			
2023-07-06	0650	News - Overseas	<b>Indian Country Today News</b>		Indian Country Today News 2022		0	Indian Country Today News is an independent news channel that serves Indigenous communities with news, entertainment, and opinion.	USA	English-100	2022		NC			

2023-07-06	0720	News - Overseas	<b>Fiji One News</b>		Fiji One News 2022	0	Local, world, sport and entertainment news in English from Fiji TV, Suva, via satellite.	FIJI	English-100	2022		NC					
2023-07-06	0810	News - Overseas	<b>ABC America Nightline</b>		Abc America Nightline 2023	0	ABC America's late-night television news program for in-depth reporting on today's major news stories.	USA	English-100	2023		NC					
2023-07-06	0840	News - Overseas	<b>CBC The National</b>		CBC The National 2022	0	CBC's flagship nightly news with hosts Adrienne Arseneault and Andrew Chang from Toronto, Canada, via satellite in English.	CANADA	English-100	2022		NC					
2023-07-06	0930	News - Overseas	<b>BBC News at Six</b>		BBC News At Six 2023	0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2023		NC					Y
2023-07-06	1000	Travel	<b>It's SupperTime</b>		Winner Winner, Chicken Dinner	01	21	Don't be a turkey, try Matty's Oven Roasted Chicken. It's perfect for all occasions, from celebrating your cousin getting out of the clink, to hitting 1,000 followers on the gram.	CANADA	English-100	2017	RPT	M	I		Y	Y
2023-07-06	1030	Travel	<b>It's SupperTime</b>		Can You Say, Cassoulet?	01	22	Cassoulet is the crown jewel of classic French cooking. Follow along as Matty combines rich duck confit, toulouse sausages, braised lamb, and white beans. Mon Dieu!	CANADA	English-100	2017	RPT	M	I		Y	
2023-07-06	1100	Culture & Society	<b>Nuts And Bolts</b>		Go Kart	01	3	Tyler takes his love of speed, cars, and racing to try and create his ultimate electric go-kart.	USA	English-100	2016	RPT	M	I			Y
2023-07-06	1130	Culture & Society	<b>Nuts And Bolts</b>		Floating	01	4	Tyler's love of space drives him to explore new and different ways to float on earth by meeting with personal heroes and experts on gravity, space, and virtual reality.	USA	English-100	2016	RPT	M	a I			Y
2023-07-06	1200	Nature & Environment	<b>Earthworks</b>		Local Natives	01	3	Indie rock band Local Natives travel to the Colorado River, a vital source of water and power that has been cut off from the Pacific Ocean and faces massive drought.	USA	English-100	2016	RPT	M	I			Y
2023-07-06	1250	Cooking	<b>Cook Up With Adam Liaw Bitesize Series 1 Ep 14, The</b>		Cook Up With Adam Liaw Bitesize Series 1 Ep 14, The	01	14	Join host Adam Liaw and all your favourite chefs, cooks and celebrities for the best bits from The Cook Up kitchen.	AUSTRALIA	English-100	0	RPT	G			Y	
2023-07-06	1300	News - Overseas	<b>BBC News at Ten</b>		BBC News at Ten 2023	0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2023		NC					Y
2023-07-06	1330	News - Overseas	<b>ABC World News Tonight with David Muir</b>		ABC World News Tonight with David Muir 2023	0	America's number one network news bulletin with anchors David Muir weekdays, Whit Johnson Saturday edition and Linsey Davis Sunday edition.	USA	English-100	2023		NC					Y
2023-07-06	1400	Cycling	<b>Tour De France 2023 Bonjour Le Tour</b>		Bonjour Le Tour 2023 Ep 4	2023	4	All the best moments and highlights from the Tour De France 2023 tour stages. International Cycling 2023.	FRANCE	2023	RPT					Y	
2023-07-06	1500	Cycling	<b>Tour De France 2023: Daily Highlights</b>		Tour De France 2023 Daily Highlights Stage 5	2023	5	Daily race highlights from the Tour De France 2023 tour stages. International Cycling 2023.	FRANCE	2023	RPT					Y	
2023-07-06	1600	Culture & Society	<b>Lee Lin Chin's Fashionista</b>		Tina Kalivas: Time And Timelessness	01	3	Lee Lin Chin talks to Tina Kalivas, whose experience covers the spectrum of fashion and film. Her knowledge of costume and cutting techniques were finely tuned through her experience as seamstress.	AUSTRALIA	English-100	2003	RPT	G			Y	
2023-07-06	1615	News - Overseas	<b>PBS NewsHour</b>	<b>News</b>	PBS Newshour 2022	0	Reviews and analysis of the day's news, presented by Amna Nawaz and Geoff Bennett for the Public Broadcasting Service (PBS) in the United States.	USA	English-100	2022		NC					Y
2023-07-06	1715	Quiz	<b>Only Connect</b>		Wanderers V Eco-Warriors	13	29	Victoria Coren Mitchell hosts the series where knowledge will only take you so far. Contestants compete to draw together the connections between things which at first glance, seem utterly random. Patience and lateral thinking are vital. Join Victoria if you want to know what connects!	UNITED KINGDOM	English-100	2020	RPT	G				
2023-07-06	1750	Culture & Society	<b>Forged In Fire</b>		Tomahawk And Bowie	07	35	After a couple of intense rounds, two competitors are picked to head back to their home forges to recreate two American classics - the Tomahawk and Bowie.	USA	English-100	2019	RPT	PG	a			Y
2023-07-06	1840	Quiz	<b>Jeopardy!</b>		Jeopardy Series 35 Ep 67	35	67	The late Alex Trebek hosts Jeopardy!, where the answers are revealed and the contestants must guess the appropriate questions.	USA	English-100	2018	RPT	G				Y
2023-07-06	1905	Quiz	<b>Jeopardy!</b>		Jeopardy Series 35 Ep 68	35	68	The late Alex Trebek hosts Jeopardy!, where the answers are revealed and the contestants must guess the appropriate questions.	USA	English-100	2018	RPT	G				Y
2023-07-06	1930	News - Domestic	<b>NITV News Update</b>	<b>NITV</b>	Nitv News Update 2023 Viceland Version Ep 128	2023	128	The latest news from the oldest living culture. Join Natalie Ahmat and the team of NITV journalists for stories from an indigenous perspective.	AUSTRALIA	2023		NC					
2023-07-06	1935	Quiz	<b>8 Out Of 10 Cats Does Countdown Series 11 Ep 3</b>		8 Out Of 10 Cats Does Countdown Series 11 Ep 3	11	3	Jimmy Carr hosts as Sean Lock and Miles Jupp v guest captain Alan Carr and Roisin Conaty. Ivan Brackenbury joins Susie in Dictionary Corner.	UNITED KINGDOM	English-100	2016	RPT	M	I s		Y	
2023-07-06	2030	Culture & Society	<b>Beyond Oak Island</b>	<b>New Episode</b>	Midwest Millions	01	7	Marty's childhood dreams are realised when he's invited to join the search for a lost treasure off the coast of an abandoned, and dangerous, island in Lake Michigan.	USA	English-100	2020	PG	a l v			Y	
2023-07-06	2120	Culture & Society	<b>(Re)Solved</b>	<b>New Episode</b>	Brittany Murphy	01	2	The sudden deaths of actress Brittany Murphy and her husband in 2008 sparked online speculation about foul play, pre-existing medical conditions, and toxic mold.	USA	English-100	2022						
2023-07-06	2210	Culture & Society	<b>(Re)Solved</b>	<b>New Episode</b>	Elliott Smith	01	7	Elliott Smith's death created instant controversy. The case remains open but theories suggest homicide with evidence pointing to his girlfriend as a suspect.	USA	English-100	2022						
2023-07-06	2300	Quiz	<b>Taskmaster</b>		Old Soft, Curved Padlock, The	06	1	The comedians perform wheelbarrow stunts, build with fruit, and emerge from wardrobes as they compete for the ultimate prize - Greg's disembodied head dipped in gold. As usual, Alex Horne is on hand to assist with quiet dignity.	UNITED KINGDOM	English-100	2018	RPT	M	I s		Y	Y

2023-07-06	2355	Quiz	Taskmaster	Taskmaster	06	2	Under the watchful eye of Greg's loyal lapdog Alex Horne, Lisa Tarbuck demonstrates her hatred of small toy men, Asim Chaudhry invents a new kind of rain hat, and Alice Levine tries to work out the rules of darts.	UNITED KINGDOM	English-100	2018	RPT	M	l s	Y	Y
2023-07-06	2450	Entertainment	King Of The Road	Is This Safe?	02	2	Three teams go on the skate trip of a lifetime, shedding blood and dignity to be crowned the Kings of the Road. Features Australian skaters Jake Hayes and Jackson Pilz.	USA	English-100	2016	RPT	MA	a d l s	Y	
2023-07-06	2540	Culture & Society	Tales From The Territories	Polynesian: Wrestling's Island Dynasty	01	6	Polynesian Pro Wrestling was formed by High Chief Peter Maivia, grandfather of Dwayne Johnson, and later run by his grandmother Lia, one of the first female wrestling promoters.	USA	English-100	2022	RPT	MA	v	Y	Y
2023-07-06	2630	News - Overseas	NHK World English News	Nhk World English News 2023		0	English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news.	JAPAN	English-100	2023					
2023-07-07	0500	News - Overseas	Al Jazeera News Hour	Al Jazeera News Hour First Edition 2022		0	In-depth global news from Al Jazeera Satellite Network, Doha, Qatar, in English.	QATAR	English-100	2022		NC			
2023-07-07	0600	News - Overseas	TRT World News	Trt World News		0	The latest news from around the globe from TRT World, Istanbul, Turkiye, in English.	TURKEY	English-100	2022		NC			
2023-07-07	0650	News - Overseas	Indian Country Today News	Indian Country Today News 2022		0	Indian Country Today News is an independent news channel that serves Indigenous communities with news, entertainment, and opinion.	USA	English-100	2022		NC			
2023-07-07	0720	News - Overseas	Fiji One News	Fiji One News 2022		0	Local, world, sport and entertainment news in English from Fiji TV, Suva, via satellite.	FIJI	English-100	2022		NC			
2023-07-07	0810	News - Overseas	ABC America Nightline	Abc America Nightline 2023		0	ABC America's late-night television news program for in-depth reporting on today's major news stories.	USA	English-100	2023		NC			
2023-07-07	0840	News - Overseas	CBC The National	CBC The National 2022		0	CBC's flagship nightly news with hosts Adrienne Arseneault and Andrew Chang from Toronto, Canada, via satellite in English.	CANADA	English-100	2022		NC			
2023-07-07	0930	News - Overseas	BBC News at Six	BBC News At Six 2023		0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2023		NC		Y	
2023-07-07	1000	Travel	It's Suppertime	Everybody Loves Ramen	01	23	Ramen is on the menu as Matty cooks this classic Japanese soup with a side of crispy chicken karaage.	CANADA	English-100	2017	RPT	M	l s	Y	
2023-07-07	1030	Travel	It's Suppertime	Pizza Party	01	24	We're having a pizza party! Matty walks you through how to make the perfect sheet pizza with mozzarella sticks and a kitchen sink salad. Get ready for those no-crust middle slices.	CANADA	English-100	2017	RPT	M	l	Y	
2023-07-07	1100	Culture & Society	Nuts And Bolts	Furniture	01	5	Tyler's been dreaming of a new bed since 2013, and he finally gets his wish when he designs one fitted to match his imagination.	USA	English-100	2016	RPT	M	l	Y	
2023-07-07	1130	Culture & Society	Nuts And Bolts	Sneakers	01	6	Tyler's passion for fashion takes him to Converse where he collaborates with their designers to create limited edition One Star shoes.	USA	English-100	2016	RPT	M	l	Y	
2023-07-07	1200	History	The Curse Of Oak Island	Tunnel Visions	07	15	New drilling operations near the cave-in pit and the hunt for Shaft 9 lead the Oak Island team to believe they are closer than ever to discovering the original location of the infamous Money Pit.	USA	English-100	2020	RPT	PG	a v	Y	
2023-07-07	1245	Culture & Society	Lee Lin Chin's Fashionista	Renee Goodman: Miss Hollywood	01	5	Lee Lin Chin meets Renee Goodman, who has a passion for glamorous, well-constructed vintage clothing. She has a particular interest in 1940s glamour earning her the name 'Miss Hollywood'.	AUSTRALIA	English-100	2003	RPT	G		Y	
2023-07-07	1300	News - Overseas	BBC News at Ten	BBC News at Ten 2023		0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2023		NC		Y	
2023-07-07	1330	News - Overseas	ABC World News Tonight with David Muir	ABC World News Tonight with David Muir 2023		0	America's number one network news bulletin with anchors David Muir weekdays, Whit Johnson Saturday edition and Linsey Davis Sunday edition.	USA	English-100	2023		NC		Y	
2023-07-07	1400	Cycling	Tour De France 2023 Bonjour Le Tour	Bonjour Le Tour 2023 Ep 5	2023	5	All the best moments and highlights from the Tour De France 2023 tour stages. International Cycling 2023.	FRANCE		2023	RPT			Y	
2023-07-07	1500	Cycling	Tour De France 2023: Daily Highlights	Tour De France 2023 Daily Highlights Stage 6	2023	6	Daily race highlights from the Tour De France 2023 tour stages. International Cycling 2023.	FRANCE		2023	RPT			Y	
2023-07-07	1600	Culture & Society	Lee Lin Chin's Fashionista	Gabriel Scarvelli: Beading	01	4	Lee Lin Chin talks to Sydney-based designer, Gabriel Scarvelli who uses traditional techniques to define his style in glamorous eveningwear, corsetry and lingerie. They discuss his influences, and all the high fashion techniques such as French beading.	AUSTRALIA	English-100	2003	RPT	G		Y	
2023-07-07	1610	News - Overseas	PBS NewsHour	NEWS	PBS Newshour 2022		Reviews and analysis of the day's news, presented by Anna Nawaz and Geoff Bennett for the Public Broadcasting Service (PBS) in the United States.	USA	English-100	2022		NC		Y	
2023-07-07	1710	Quiz	Only Connect	Detectives V Beaks	13	30	Victoria Coren Mitchell hosts the series where knowledge will only take you so far. Contestants compete to draw together the connections between things which at first glance, seem utterly random. Patience and lateral thinking are vital. Join Victoria if you want to know what connects!	UNITED KINGDOM	English-100	2020	RPT	G			
2023-07-07	1745	Culture & Society	Forged In Fire	Japanese Ono	07	36	Four smiths are tasked with forging a blade that must fit perfectly into a puzzle piece cut out. After two puzzling rounds, the final two smiths return home to recreate the ancient samurai pole axe, the Japanese Ono.	USA	English-100	2019	RPT	PG	a	Y	
2023-07-07	1835	Quiz	Jeopardy!	Jeopardy Series 35 Ep 69	35	69	The late Alex Trebek hosts Jeopardy!, where the answers are revealed and the contestants must guess the appropriate questions.	USA	English-100	2018	RPT	G		Y	



2023-07-07	1900	Quiz	<b>Jeopardy!</b>		Jeopardy Series 35 Ep 70	35	70	The late Alex Trebek hosts Jeopardy!, where the answers are revealed and the contestants must guess the appropriate questions.	USA	English-100	2018	RPT	G		Y	
2023-07-07	1925	News - Domestic	<b>NITV News Update</b>	<b>NITV Encore</b>	Nitv News Update 2023 Viceland Version Ep 129	2023	129	The latest news from the oldest living culture. Join Natalie Ahmat and the team of NITV journalists for stories from an Indigenous perspective.	AUSTRALIA		2023		NC			
2023-07-07	1930	Quiz	<b>8 Out Of 10 Cats Does Countdown</b>		8 Out Of 10 Cats Does Countdown Series 11 Ep 4	11	4	Jimmy Carr hosts as Sean Lock and Rob Beckett take on Jon Richardson and Claudia Winkleman. Plus special guests Nick Mohammed and Joe Wilkinson.	UNITED KINGDOM	English-100	2016	RPT	M	l s	Y	
2023-07-07	2020	Culture & Society	<b>Hoarders</b>	<b>New Episode</b>	Dolores Part 2	12	6	A family in crisis. Dolores is a cancer survivor and was a caregiver for her late mother. As an escape, Dolores turned to excessive shopping which triggered her hoarding disorder. Now, with the help of the Hoarders team of experts, Dolores must clean up or risk the end of her marriage.	USA	English-100	2020		M	a		
2023-07-07	2110	Sexuality	<b>Sex Right Now</b>		Sex Right Now Series 1 Ep 3	01	3	Cleo Stilller meets women on the cutting edge of sex tech, explores the truth behind the orgasm gap, takes an up-close look at period sex, and reveals why it's practically illegal to say the word 'vagina'.	USA	English-100	2017	RPT	PG	a l s		
2023-07-07	2135	Sexuality	<b>Sex Right Now</b>		Sex Right Now Series 1 Ep 4	01	4	Cleo looks at new ways of hooking up, having sex, and relating to bodies.	USA	English-100	2017	RPT	M	s		
2023-07-07	2200	Sexuality	<b>Ina Loves Porno</b>		New York	01	3	In New York, Ina visits shootings of a feminist porn magazine ran by a young woman, discusses the significance of gay porn with producer Michael Lucas, and meets advertisement guru Cindy Gallop, who urges couples to shoot themselves having sex and to publish videos online.	FINLAND	English-65; Finnish-35	2018	RPT	MA	a s w	Y	Y
2023-07-07	2250	Contemporary	<b>The Good Fight</b>		End Of Eli Gold, The	06	4	Eli Gold's trial is underway, with Marissa Gold as part of his legal team; Liz and R'chard attempt to solidify their working relationships leading to a surprise discovery about R'chard's history and Liz's father.	USA	English-100	2022	RPT	MA	a v	Y	
2023-07-07	2355	Culture & Society	<b>High School Mums</b>		High School Mums Series 1 Ep 1	01	1	What happens when a teenager is catapulted into parenthood? Meet the young mums at the extraordinary He Pu'wai School for Teen Parents. Dru was Head Girl at Fraser High when she discovered she was pregnant, Cierrah had a life far more complicated than most teens when she became pregnant at 15, and Danielle, whose ambition is driven by a close shave with tragedy.	NEW ZEALAND	English-100	2019	RPT	M	l	Y	Y
2023-07-07	2450	Culture & Society	<b>High School Mums</b>		High School Mums Series 1 Ep 2	01	2	Dru discovers the cause of Areka's serious eczema. Eva's quest for a family has her facing some home truths. Could Danielle's hopes of becoming a nurse slipping away? Cierrah has an unexpected diagnosis for Ionah and faces a difficult decision as the time comes for her to leave the Teen Parent Unit.	NEW ZEALAND	English-100	2019	RPT	M	a	Y	Y
2023-07-07	2545	Culture & Society	<b>Rites Of Passage</b>		Why I Risk My Life Climbing Skyscrapers	01	2	VICE joins French Free Solo Climber, Alexis Landot, as he prepares for his hardest climb yet, The Mercury Tower in Paris, and learns why he climbs and how free soloing skyscrapers brings him peace amid the many stressors and sources of anxiety in his day.	USA	English-100	2022	RPT	M	l	Y	Y
2023-07-07	2615	News - Overseas	<b>NHK World English News</b>		Nhk World English News 2023		0	English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news.	JAPAN	English-100	2023					
2023-07-08	0500	News - Overseas	<b>Al Jazeera News Hour</b>		Al Jazeera News Hour First Edition 2022		0	In-depth global news from Al Jazeera Satellite Network, Doha, Qatar, in English.	QATAR	English-100	2022		NC			
2023-07-08	0600	News - Overseas	<b>TRT World News</b>		Trt World News		0	The latest news from around the globe from TRT World, Istanbul, Turkiye, in English.	TURKEY	English-100	2022		NC			
2023-07-08	0650	News - Overseas	<b>Indian Country Today News</b>		Indian Country Today News 2022		0	Indian Country Today News is an independent news channel that serves Indigenous communities with news, entertainment, and opinion.	USA	English-100	2022		NC			
2023-07-08	0720	News - Overseas	<b>Fiji One News</b>		Fiji One News 2022		0	Local, world, sport and entertainment news in English from Fiji TV, Suva, via satellite.	FIJI	English-100	2022		NC			
2023-07-08	0810	News - Overseas	<b>ABC America Nightline</b>		Abc America Nightline 2023		0	ABC America's late-night television news program for in-depth reporting on today's major news stories.	USA	English-100	2023		NC			
2023-07-08	0840	News - Overseas	<b>CBC The National</b>		CBC The National 2022		0	CBC's flagship nightly news with hosts Adrienne Arseneault and Andrew Chang from Toronto, Canada, via satellite in English.	CANADA	English-100	2022		NC			
2023-07-08	0930	News - Overseas	<b>BBC News at Six</b>		BBC News At Six 2023		0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2023		NC		Y	
2023-07-08	1000	Culture & Society	<b>Outsider: World's Weirdest Films</b>		Grandmaster Y K Kim	01	1	Host Zack Carlson uncovers the singular minds behind the world's strangest movies.	USA	English-100	2016	RPT	M	v	Y	Y
2023-07-08	1030	Culture & Society	<b>Outsider: World's Weirdest Films</b>		Laz Rojas	01	2	Host Zack Carlson tracks down filmmaker Laz Rojas to uncover the mystery behind his ambitious '90s audition tape that features his performance of over 100 male/female characters.	USA	English-100	2016	RPT	M	a	Y	Y
2023-07-08	1100	Documentary	<b>The Ice Cream Show</b>		Cool History Of Ice Cream, The	01	1	Isaac explores one of America's best ice cream cities - Philadelphia. He digs into ice cream history and tries the founding fathers' favourite flavours.	USA	English-100	2017	RPT	PG	a s		
2023-07-08	1130	Documentary	<b>The Ice Cream Show</b>		Garden State Licks	01	2	Isaac is off to the Jersey Shore to check out ice cream culture - boardwalk style. Join him at the beach as he slings scoops and slides into sunbaths.	USA	English-100	2017	RPT	PG			
2023-07-08	1200	History	<b>The Curse Of Oak Island</b>		Closing In	07	16	As preparations are made for the largest seismic survey ever conducted on Oak Island, the team makes a monumental discovery that could lead them to the location of the original Money Pit.	USA	English-100	2020	RPT	PG	a v	Y	
2023-07-08	1245	Quiz	<b>Jeopardy!</b>		Jeopardy Series 34 Ep 94	34	94	Alex Trebek hosts Jeopardy!, where the answers are revealed and the contestants must guess the appropriate questions. The answers appear on a computerised grid in various trivia categories, and are sorted by degrees of difficulty matched by increasing dollar values.	USA		2018	RPT	G			

2023-07-08	1310	Quiz	Jeopardy!		Jeopardy Series 34 Ep 95	34	95	Alex Trebek hosts Jeopardy!, where the answers are revealed and the contestants must guess the appropriate questions. The answers appear on a computerised grid in various trivia categories, and are sorted by degrees of difficulty matched by increasing dollar values.	USA		2018	RPT	G					
2023-07-08	1335	Quiz	Jeopardy!		Jeopardy Series 34 Ep 96	34	96	Alex Trebek hosts Jeopardy!, where the answers are revealed and the contestants must guess the appropriate questions. The answers appear on a computerised grid in various trivia categories, and are sorted by degrees of difficulty matched by increasing dollar values.	USA		2018	RPT	G					
2023-07-08	1400	Cycling	Tour De France 2023 Bonjour Le Tour		Bonjour Le Tour 2023 Ep 6	2023	6	All the best moments and highlights from the Tour De France 2023 tour stages. International Cycling 2023.	FRANCE		2023	RPT					Y	
2023-07-08	1500	Cycling	Tour De France 2023: Daily Highlights		Tour De France 2023 Daily Highlights Stage 7	2023	7	Daily race highlights from the Tour De France 2023 tour stages. International Cycling 2023.	FRANCE		2023	RPT					Y	
2023-07-08	1600	News - Overseas	BBC News at Ten		BBC News at Ten 2023		0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2023		NC				Y	
2023-07-08	1630	News - Overseas	ABC World News Tonight with David Muir		ABC World News Tonight with David Muir 2023		0	America's number one network news bulletin with anchors David Muir weekdays, Whit Johnson Saturday edition and Linsey Davis Sunday edition.	USA	English-100	2023		NC				Y	
2023-07-08	1655	News - Overseas	PBS NewsHour	NEWS	PBS Newshour 2022		0	Reviews and analysis of the day's news, presented by Amna Nawaz and Geoff Bennett for the Public Broadcasting Service (PBS) in the United States.	USA	English-100	2022		NC				Y	
2023-07-08	1755	Situation / Sketch	Monty Python's Flying Circus		Monty Pythons Flying Circus Series 2 Ep 3	02	3	One of the most imaginative and ingenious comedy shows ever, this is the original, surreal sketch series from the Monty Python team. This episode features 'The Complaints Department' and 'A Bishop Rehearses' sketches.	UNITED KINGDOM	English-100	1972	RPT	PG		a s			
2023-07-08	1830	Culture & Society	The Bee Whisperer	New Episode	Charlie Bee Company Series 2 Ep 6		6	Charlie travels to Massachusetts for a one-of-a-kind, behind-the-scenes tour at Maxant Industries. Maxant is one of the oldest manufacturers of honey processing equipment and the source of Charlie's heavy-duty gear for harvesting honey. Walking in, Charlie turns into a wide-eyed kid in a candy shop, as he's greeted by the Maxant CEO who has a treasure of new harvesting gear for Charlie's burgeoning bee business.	USA	English-100	2023		PG					
2023-07-08	1930	Health, Science & Technology	Impossible Engineering		Impossible Engineering Series 1 Ep 4	01	4	The construction of Kansai International Airport in Osaka Bay, Japan, on the largest man-made island in the world, was one of the most ambitious engineering projects of modern times. Attempting to build an artificial island on top of a soft clay seabed in 20 metres of water and in an area exposed to typhoons and violent earthquakes, posed extraordinary challenges that needed revolutionary solutions.	UNITED KINGDOM	English-100	2015	RPT	G				Y	
2023-07-08	2030	History	Smoke & Steel: Secrets Of Modern World	New Episode	War On The Waves	01	3	The Industrial Revolution left a lasting impression upon our world. This episode reveals the legacy of a warship in Portsmouth, how a Czech site helped sanitise our modern cities, and why one US factory was too big to fail.	UNITED KINGDOM	English-100	2022							
2023-07-08	2130	Period	Django	New Episode	Django Series 1 Ep 7	01	7	John and Django come back to New Babylon and discover that Sarah risked her life to stop Seymour. Django is so proud of what Sarah did and realises how much she cares for New Babylon. He finally convinces himself that his daughter has something in her life: a place, a home, a purpose, and he wants to help her, now more than ever.	FRANCE	English-100	2022		MA	v			Y	
2023-07-08	2235	Period	Django	New Episode	Django Series 1 Ep 8	01	8	Sarah, Kevin and the others are assaulted by the Bolton gang. Everyone is killed but Sarah and Kevin. As Sarah and Kevin don't come back that night, Django and John fear that something might have happened to them. Together with Phillip and Borowka, they start looking for them, and they eventually find some tracks that lead to the spot where they were assaulted.	FRANCE	English-100	2022		MA	v			Y	
2023-07-08	2330	Contemporary	Fargo		Welcome To The Alternate Economy	04	1	In 1950 Jim Crow Missouri, an uneasy peace between two Kansas City crime syndicates is threatened by an untimely death. The irrepressible nurse, Oraetta Mayflower (Jessie Buckley), attends to a dying patient. Loy Cannon (Chris Rock) trades safety for power. The Smutny family's financial woes force them into making a dangerous deal.	USA	English-95; Italian-5	2019	RPT	MA	d v		Y	Y	Y
2023-07-08	2440	Contemporary	Fargo		Land Of Talking And Killing, The	04	2	The Smutnys receive unexpected guests, Gaetano (Salvatore Esposito) arrives in Kansas City from the old country, Josto (Jason Schwartzman) adjust to his new role, and Oraetta (Jessie Buckley) is caught red-handed during her routine ministrations. Meanwhile, Detective Odis Weff (Jack Huston) investigates a hospital shooting, and Loy (Chris Rock) conducts a test that challenges the status quo.	USA	English-95; Italian-5	2019	RPT	MA	v		Y	Y	Y
2023-07-08	2550	Culture & Society	Sex Before The Internet		Sex Taped	01	2	The biggest porn stars of the '80s recount their days working with Traci Lords, whose secret would change the porn industry forever.	USA	English-100	2022	RPT	MA		a n s			Y
2023-07-08	2645	News - Overseas	NHK World English News		Nhk World English News 2023		0	English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news.	JAPAN	English-100	2023							