



WEEK 32: Sunday, August 6 - Saturday, 12 August 2023 - Eastern States (NSW, ACT, VIC, TAS, QLD)

Date	Start Time	Genre	Title	Episode Title	Series	Episode	TV Guide Text	Country of Origin	Language	Year	Repeat	Classification	Consumer Advice	Closed Captions	Subtitles	Audio Description	
2023-08-06	0500	News - Overseas	Al Jazeera News Hour	Al Jazeera News Hour First Edition 2022		0	In-depth global news from Al Jazeera Satellite Network, Doha, Qatar, in English.	QATAR	English-100	2022		NC					
2023-08-06	0600	News - Overseas	TRT World News	Trt World News		0	The latest news from around the globe from TRT World, Istanbul, Turkiye, in English.	TURKEY	English-100	2022		NC					
2023-08-06	0630	News - Overseas	France 24 Africa News	France 24 Africa News 2022		0	International and Africa news in English from France 24.	FRANCE	English-100	2022		NC					
2023-08-06	0650	News - Overseas	Indian Country Today News	Indian Country Today News 2022		0	Indian Country Today News is an independent news channel that serves Indigenous communities with news, entertainment, and opinion.	USA	English-100	2022		NC					
2023-08-06	0720	News - Overseas	Fbc News	Fbc News Fiji		0	Local, world, sport and entertainment news in English from FBC News, Suva Fiji.	FIJI	English-100	2023		NC					
2023-08-06	0750	News - Overseas	France 24 Feature	France 24 Feature Second Edition 2022		0	News feature in English from France 24, Paris.	FRANCE	English-100	2022		NC					
2023-08-06	0810	News - Overseas	ABC America Nightline	Abc America Nightline 2023		0	ABC America's late-night television news program for in-depth reporting on today's major news stories.	USA	English-100	2023		NC					
2023-08-06	0840	News - Overseas	CBC The National	CBC The National 2022		0	CBC's flagship nightly news with hosts Adrienne Arseneault and Andrew Chang from Toronto, Canada, via satellite in English.	CANADA	English-100	2022		NC					
2023-08-06	0930	Business & Economics	Small Business Secrets	Small Business Secrets Series 1 Ep 19	01	19	In this episode, we take a tour of the small businesses contributing to Australia's lucrative tourism sector. We take a trip to the Blue Mountains to speak with iconic tourism business Scenic World, and go on a culinary adventure with The Barossa Valley Cheese Company. We take a walk with Federal Minister for Tourism Steve Ciobo in his hometown of the Gold Coast, chat with the family-owned and operated Billabong Zoo in Port Macquarie, and explore how Appster helps tourists spend less time researching and more time exploring.	AUSTRALIA	English-100	2016	RPT	NC		Y			
2023-08-06	1000	Culture & Society	Vice World Of Sports	Jake And Zane	01	9	The tiny village of Iten, Kenya is home to the fastest runners in the world, with more record-holders than anywhere else - and a pair of testy twins from New Zealand.	USA	English-100	2016	RPT	PG		Y	Y		
2023-08-06	1030	Culture & Society	Vice World Of Sports	Seven Generations	01	10	Across a history of oppression, through years of federal neglect and in the midst of a cultural awakening, one sport has endured on the Pine Ridge Indian Reservation: basketball.	USA	English-100	2016	RPT	PG	a	Y	Y		
2023-08-06	1100	Culture & Society	The Cleveland Strangler	Cleveland Strangler, The	00	0	The untold story of the assault and murder of 11 black women on Cleveland's east side from 2007 to 2009 raises disturbing questions about race, class, and law enforcement in the city.	USA	English-100	2016	RPT	M	a l		Y		
2023-08-06	1150	History	The Curse Of Oak Island	Lords Of The Ring	07	31	As the Oak Island team reaches target depth at the location they believe to be the original Money Pit, Rick Lagna and Gray Drayton make an incredible discovery in the Triangle-Shaped Swamp.	USA	English-100	2020	RPT	PG	a		Y		
2023-08-06	1240	History	The Curse Of Oak Island	Springing The Trap	07	32	As the Oak Island team digs deeper in borehole 8A in search of Shaft 6, which they believe intersects with the original Money Pit, evidence of a possible booby trap soon emerges from the spoils.	USA	English-100	2020	RPT	PG	a l		Y		
2023-08-06	1325	Quiz	Jeopardy!	Jeopardy Series 34 Ep 122	34	122	Alex Trebek hosts Jeopardy!, where the answers are revealed and the contestants must guess the appropriate questions. The answers appear on a computerised grid in various trivia categories, and are sorted by degrees of difficulty matched by increasing dollar values.	USA		2018	RPT	G					
2023-08-06	1350	Quiz	Jeopardy!	Jeopardy Series 34 Ep 123	34	123	Alex Trebek hosts Jeopardy!, where the answers are revealed and the contestants must guess the appropriate questions. The answers appear on a computerised grid in various trivia categories, and are sorted by degrees of difficulty matched by increasing dollar values.	USA		2018	RPT	G					
2023-08-06	1415	Quiz	Jeopardy!	Jeopardy Series 34 Ep 124	34	124	Alex Trebek hosts Jeopardy!, where the answers are revealed and the contestants must guess the appropriate questions. The answers appear on a computerised grid in various trivia categories, and are sorted by degrees of difficulty matched by increasing dollar values.	USA		2018	RPT	G					
2023-08-06	1440	News - Overseas	ABC World News Tonight with David Muir	ABC World News Tonight with David Muir 2023		0	America's number one network news bulletin with anchors David Muir weekdays, Whit Johnson Saturday edition and Linsey Davis Sunday edition.	USA	English-100	2023		NC		Y			
2023-08-06	1510	Entertainment	Alone	Rock, The	07	5	As winter creeps closer, the participants are forced to shift strategies and adapt. One has an ambitious plan to winterise their shelter, while another must find an alternate food source after a raid from a predator. Rough waters make fishing dangerous for others.	USA	English-100	2020	RPT	PG	a l w		Y	Y	
2023-08-06	1620	Entertainment	Alone	Musk Ox, The	07	6	When some of the participants are raided by predators, they scramble to protect their precious food. One person races to get a hard-won food source to safety. While another decides to turn the tables on their competition.	USA	English-100	2020	RPT	PG	a l w		Y	Y	

2023-08-06	1730	Entertainment	Alone	Snared	07	7	Predators continue to harry the participants, and they must adapt and innovate if they hope to protect their food and survive. One survivalist is forced to make a tough choice with a fresh catch, while another gets a second chance at big game.	USA	English-100	2020	RPT	PG	a l w	Y	Y
2023-08-06	1840	History	Nazi Megastructures	Hitler's Mediterranean Fortress	06	6	Heavily outnumbered, the Germans must make clever use of Sicily's rugged landscape to attempt a fighting retreat to the Italian mainland - and safety.	USA	English-100	2020	RPT	PG	a v		
2023-08-06	1935	Health, Science & Technology	Abandoned Engineering	Abandoned Engineering Series 3 Ep 7	03	7	A sprawling Wild West ghost town surrounded by tales of murder, corruption and buried treasure; a cold, dark, underground mountain network that cost the lives of thousands; the crumbling ruins of an English industry that turned poison into profit; and a peaceful village that was shattered by the terrors of war.	UNITED KINGDOM	English-100	2019	RPT	PG	a v	Y	
2023-08-06	2030	Cycling	UCI Road World Championships 2023	LIVE	Men's Elite Road Race	2023	1	The 2023 UCI Road World Championships will be the 96th edition of the UCI Road World Championships, the annual world championships for road bicycle racing.	SCOTLAND		2023	LIVE			
2023-08-06	2530	Culture & Society	Alien Weaponry: Thrash Metal And Te Reo	Alien Weaponry: Thrash Metal And Te Reo Maori	00	0	Fewer than four percent of New Zealand's population are Māori language speakers. Three teenagers from rural town Waipū have become unlikely heroes in the fight to preserve the indigenous language by making heavy metal inspired by Māori history.	NEW ZEALAND	English-100	2018	RPT	MA	I	Y	
2023-08-06	2600	Court Sports	Netball World Cup 2023: Final	LIVE	Netball World Cup 2023, Final	2023	3	After the best 16 teams in the world have battled it out during the tournament, it's time for the semi-finals of the Netball World Cup 2023 - coming to you live from South Africa. Final.	SOUTH AFRICA		2023	LIVE			
2023-08-06	2730	News - Overseas	NHK World English News	Nhk World English News 2023		0	English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news.	JAPAN	English-100	2023		NC			
2023-08-07	0500	News - Overseas	Al Jazeera News Hour	Al Jazeera News Hour First Edition 2022		0	In-depth global news from Al Jazeera Satellite Network, Doha, Qatar, in English.	QATAR	English-100	2022		NC			
2023-08-07	0600	News - Overseas	TRT World News	Trt World News		0	The latest news from around the globe from TRT World, Istanbul, Turkiye, in English.	TURKEY	English-100	2022		NC			
2023-08-07	0630	News - Overseas	France 24 Feature	France 24 Feature Second Edition 2022		0	News feature in English from France 24, Paris.	FRANCE	English-100	2022		NC			
2023-08-07	0650	News - Overseas	Te Ao with Moana	Te Ao With Moana	2021	99	A weekly current affairs program that examines New Zealand and international stories through a Maori lens. From Maori Television, Auckland, NZ, in English.	NEW ZEALAND		2021		NC			
2023-08-07	0720	News - Overseas	Fbc News	Fbc News Fiji		0	Local, world, sport and entertainment news in English from FBC News, Suva Fiji.	FIJI	English-100	2023		NC			
2023-08-07	0735	News - Overseas	DW Global Us	Dw Global Us 2022		0	Deutsche Welle's news magazine looks at the issues that are moving us today and shows how people are living with the opportunities and risks of globalisation.	GERMANY	English-100	2022		NC			
2023-08-07	0810	News - Domestic	APAC Weekly	Apac Weekly 2023 Ep 27	2023	27	Asia-Pacific's brightest minds at the forefront of charting a sustainable future for the world from APAC Network Brisbane, in English.	AUSTRALIA	English-100	2023		NC		Y	
2023-08-07	0840	News - Overseas	France 24 English News	France 24 English News 2022		0	International news and current affairs from Paris, offering a French perspective on world events via satellite in English.	FRANCE	English-100	2022		NC			
2023-08-07	0930	Business & Economics	Small Business Secrets	Small Business Secrets Series 1 Ep 20	01	20	This final episode explores small business futures and trends. We stop in on Riverina-based Randall Organic Rice, who are cutting out the middle man in their operations; and try some of Pepe Saya's boutique hand-churned butter. We head to Barossa Valley Fine Foods to try the smallgoods the Knoll family has spent four generations perfecting, and touch base with the Federal Small Business Minister Michael McCormack on his progress in Parliament. We also demonstrate how to shake the perfect cocktail for a social media strategy.	AUSTRALIA	English-100	2016	RPT	NC		Y	
2023-08-07	1000	Culture & Society	Counter Space	Wtf Is Breakfast?	02	1	We get up extra early for the unique flavours of Trang, Thailand, as Sophia creates a bacon egg and cheese pop tart. Japanese Breakfast's Michelle Zauner tells us what makes her breakfast personal, and we meet the man behind one of the world's largest cereal box collections.	USA	English-100	2021	RPT	PG		Y	
2023-08-07	1030	Culture & Society	Counter Space	Chinatowns	02	2	China's recent wealth re-makes Chinatowns around the world in its image as Sophia pays tribute to Buwei Yang with a classic recipe. Comedian Jenny Yang explains diaspora foodways over shaved ice, and we eat the best fried rice in the Mississippi Delta.	USA	English-100	2021	RPT	G		Y	
2023-08-07	1100	Culture & Society	Counter Space	Wild Pantry	02	3	Hunters in Appalachia are turning to wild game to address food access as Sophia Roe cooks duck gumbo at the New York's Soul Fire farm. Black forager Alex Nikole shows us that the beach isn't just for surfing and we meet a man who turns to roadkill for his dinner.	USA	English-100	2021	RPT	PG	a w		

2023-08-07	1130	Culture & Society	The UnExplained With William Shatner		Mysterious Curses	01	11	Host William Shatner looks at a manmade lake that has been dubbed, 'The Bermuda Triangle of New Jersey', where more than two dozen people have gone missing in the last 40 years. And do curses really have the power to affect our lives? Perhaps the answer can be found in the story of the infamous Hope Diamond, which has been associated with tragedy and misfortune since its discovery in India in the 17th century.	USA	English-100	2020	RPT	M	a h v			
2023-08-07	1220	Culture & Society	Abandoned		Ghost Mall	01	1	Legendary skateboarder Rick McCrank goes on a journey exploring abandoned places with the people who love them long after the lights have gone out. In this episode, Rick is in north-eastern Ohio, the mecca of abandoned shopping malls. Rick visits these crumbling capitalist cathedrals to explore the aftermath with their most loyal customers.	USA	English-100	2016	RPT	PG		Y	Y	
2023-08-07	1315	Culture & Society	Abandoned		Carolina Speedways	01	2	The original tracks that built NASCAR into the big business it is today are getting left in the dust. Rick McCrank connects with drivers and fans fighting to keep the legacy alive.	USA	English-100	2016	RPT	PG		Y	Y	
2023-08-07	1410	Cooking	Cook Up With Adam Liaw Bitesize		Cook Up With Adam Liaw Bitesize Series 1 Ep 5, The	01	5	Join host Adam Liaw and all your favourite chefs, cooks and celebrities for the best bits from The Cook Up kitchen.		English-100	0	RPT	G		Y		
2023-08-07	1415	Current Affairs	Insight		Love At Work	2023	24	How much say should employers have over our love lives and what happens when couples fall out?	AUSTRALIA	English-100	2023	RPT	NC		Y		
2023-08-07	1515	News - Overseas	BBC News at Ten		BBC News at Ten 2023		0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2023		NC		Y		
2023-08-07	1535	News - Overseas	ABC World News Tonight with David Muir		ABC World News Tonight with David Muir 2023		0	America's number one network news bulletin with anchors David Muir weekdays, Whit Johnson Saturday edition and Linsey Davis Sunday edition.	USA	English-100	2023		NC		Y		
2023-08-07	1605	News - Overseas	ABC America This Week		Abc America This Week With George Stephanopoulos 2023		0	ABC America's pre-eminent weekly public affairs program with George Stephanopoulos from New York, USA.	USA	English-100	2023		NC		Y		
2023-08-07	1700	Culture & Society	Forged In Fire		Foot Artillery Sword, The	06	14	After a ruthless round of testing, two smiths return to their home forges to recreate an iconic American blade - the M1832 Foot Artillery Sword.	USA	English-100	2019	RPT	PG	a			
2023-08-07	1750	Culture & Society	Forged In Fire		Arctic Forge	08	18	Four bladesmiths must brave the frigid cold as they enter the Arctic Forge, where they will have to recreate the trusty Inuit tool, the Ulu, from steel harvested from a giant block of ice. After a round of spine-chilling tests, two smiths return home to forge a blade worthy of the mighty Viking warriors - the Northern Long Seax.	USA	English-100	2020	RPT	PG	a			
2023-08-07	1840	Quiz	Jeopardy!		Jeopardy Series 35 Ep 111	35	111	The late Alex Trebek hosts Jeopardy!, where the answers are revealed and the contestants must guess the appropriate questions.	USA	English-100	2018	RPT	G		Y		
2023-08-07	1905	Quiz	Jeopardy!		Jeopardy Series 35 Ep 112	35	112	The late Alex Trebek hosts Jeopardy!, where the answers are revealed and the contestants must guess the appropriate questions.	USA	English-100	2018	RPT	G		Y		
2023-08-07	1930	News - Domestic	NITV News Update	NITV Encore	Nitv News Update 2023 Viceland Version Ep 150	2023	150	The latest news from the oldest living culture. Join Natalie Ahmat and the team of NITV journalists for stories from an Indigenous perspective.	AUSTRALIA		2023		NC				
2023-08-07	1935	Quiz	8 Out Of 10 Cats Does Countdown		8 Out Of 10 Cats Does Countdown Series 12 Ep 10	12	10	A hilarious take on Countdown and Letters & Numbers, this hybrid game show hosted by Jimmy Carr is packed with comic appearances, funny mascots, and visual gags.	UNITED KINGDOM	English-100	2017	RPT	M	a l s w	Y		
2023-08-07	2030	Quiz	Taskmaster		Clumpy Swayey Clumsy Man	08	10	One of the five intrepid comics is set to win Greg Davies's gorgeous golden head. Lou Sanders chews on some stationery, Sian Gibson is crushed by a caravan, Paul Sinha wrecks a camera, Joe Thomas gets cross and Iain Stirling waves a stick about. The Taskmaster's loyal lickspittle Alex Horne stands by, gripping his tablet for dear life.	UNITED KINGDOM	English-100	2019	RPT	M	a l	Y		Y
2023-08-07	2125	Situation / Sketch	Deep Fake Neighbour Wars	Series Premiere	Deep Fake Neighbours Wars Series 1 Ep 1	1	1	Bus driver Kim Kardashian's dream move to south east London soon turns into a nightmare when keen gardener and downstairs neighbour Idris Elba starts trying to restrict her access to their shared garden. Meanwhile, in Southend on Sea, Greta Thunberg takes umbrage at the married couple next door - florist Conor McGregor and scaffolder Ariane Grande, as their obsession with all year round Christmas decorations gets out of control.	UNITED KINGDOM	English-100	2023		M	l	Y		
2023-08-07	2155	Situation / Sketch	Deep Fake Neighbour Wars	New Episode	Deep Fake Neighbours Wars Series 1 Ep 2	1	2	Single mum Rihanna and her baby son, Kevin Hart, lived in harmony with next door neighbour Usain Bolt for years, but everything changed dramatically when Usain's new girlfriend, ex farmer, Phoebe Waller-Bridge moved in. Meanwhile, in Coventry, school caretaker and shopping channel enthusiast Adele, is devastated when her new electric awning comes under attack from next door neighbour Jake Paul's flock of racing pigeons.	UNITED KINGDOM	English-100	2023		M	l	Y		
2023-08-07	2225	Culture & Society	Most Expensivest	New Episode	Party Poppin'	04	9	2 Chainz is on a quest to find the most expensive collections that allow him to arrive in style, get the party started, and ball out all night in Miami. Special guest Timbaland.	USA	English-100	2023		MA	a l		Y	

2023-08-07	2320	Sport General	Over The Black Dot	Over The Black Dot 2023 Episode 22	2023	22	A weekly off-the-cuff footy chat with Rugby League great Dean Widders and Timana Tahu with regular recurring guest Bo De La Cruz. They discuss everything from the grass roots all the way to the NRL.	AUSTRALIA	2023	RPT	NC				
2023-08-07	2350	Sport General	Yokayi Footy	Yokayi Footy 2023 Episode 21	2023	21	Yokayi is Victory! AFL is back. Yokayi Footy returns with more deadly AFL action, interviews, and analysis. Hosted by Megan Waters and Andrew Krakouer.	AUSTRALIA	2023	RPT	NC				
2023-08-07	2445	Narrative	Creamerie	Creamerie Series 1, The Ep 1	01	1	Jamie, Pip and the Hiro Valley women honour and celebrate V Day, marking eight years since the virus wiped out all men in the country. Jamie is thrilled when her number finally comes up in the 'sperm lottery', meaning that she might be lucky enough to be inseminated from the precious pool of pre-virus sperm and finally have a child.	NEW ZEALAND	English-100	2019	RPT	MA	a	Y	Y
2023-08-07	2515	Narrative	Creamerie	Creamerie Series 1, The Ep 2	01	2	Arguments flare as Pip, Jamie and Alex decide what to do with the Man (Bobby). Pip wants to hand him over to the wellness authorities right now - and harbouring a man is an offence. Alex insists on keeping Bobby, and Jamie is on the fence - he could hold the answers to many questions about the past, but if they don't turn him in, they will be in big trouble.	NEW ZEALAND	English-100	2019	RPT	MA	a s	Y	Y
2023-08-07	2545	Culture & Society	Wet Markets Exposed	West Africa	01	3	Snakes, reptiles, pangolins, and other bush animals for sale in Nigerian wet market and voodoo fetish market.	USA	English-100	2020	RPT	MA	a w		Y
2023-08-07	2635	News - Overseas	NHK World English News	Nhk World English News 2023		0	English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news.	JAPAN	English-100	2023		NC			
2023-08-08	0500	News - Overseas	Al Jazeera News Hour	Al Jazeera News Hour First Edition 2022		0	In-depth global news from Al Jazeera Satellite Network, Doha, Qatar, in English.	QATAR	English-100	2022		NC			
2023-08-08	0600	News - Overseas	TRT World News	Trt World News		0	The latest news from around the globe from TRT World, Istanbul, Turkiye, in English.	TURKEY	English-100	2022		NC			
2023-08-08	0650	News - Overseas	APTN National News	Aptn National News Weekend Edition Series 01 164	2020	164	News week in review from Canada's Indigenous broadcaster APTN.	CANADA		2020		NC			
2023-08-08	0720	News - Overseas	Fbc News	Fbc News Fiji		0	Local, world, sport and entertainment news in English from FBC News, Suva Fiji.	FIJI	English-100	2023		NC			
2023-08-08	0755	News - Overseas	France 24 Feature	France 24 Feature Second Edition 2022		0	News feature in English from France 24, Paris.	FRANCE	English-100	2022		NC			
2023-08-08	0810	News - Overseas	DW English News	DW English News Morning 2022		0	News and analysis of the top international and European news and current affairs from Berlin, in English.	GERMANY	English-100	2022		NC		Y	
2023-08-08	0840	News - Overseas	CBC The National	CBC The National 2022		0	CBC's flagship nightly news with hosts Adrienne Arseneault and Andrew Chang from Toronto, Canada, via satellite in English.	CANADA	English-100	2022		NC			
2023-08-08	0930	News - Overseas	BBC News at Six	BBC News At Six 2023		0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2023		NC		Y	
2023-08-08	1000	Culture & Society	Counter Space	Food Guards	02	4	Researchers in the Netherlands are creating a better banana as Sophia Roe makes chow chow on a bunless burger. Also, we meet the task force charged with intercepting smuggled food at JFK Airport, and a retired detective working to make sure that no apple goes extinct.	USA	English-100	2021	RPT	PG	I		Y
2023-08-08	1030	Culture & Society	Counter Space	Agave Forever	02	5	The mezcal boom has made sustainability a crucial part of Mexico's recipe, and actor/entrepreneur Eva Longoria explains why business is a key ingredient. Sophia Roe makes ceviche with tequila and we meet the man who's dedicated his life to saving the animal behind agave - bats.	USA	English-100	2021	RPT	PG			Y
2023-08-08	1100	Culture & Society	Counter Space	Thanks, Honey	02	6	Climate change threatens a way of life for Turkish honey producers as Sophia Roe elevates popcorn shrimp with something extra sweet. We meet a beekeeper who explains the link between bees and food, and another who creates a link between buzzing and beats.	USA	English-100	2021	RPT	PG			Y
2023-08-08	1130	Culture & Society	The UnExplained With William Shatner	Truth About Ufo's, The	01	12	For decades, the debate has raged as to what exactly Unidentified Flying Objects - or UFOs - really are. Theories have been put forth that attribute them to everything from secret military aircraft to weather phenomena and more. But by far, the most controversial theory is that these objects are, in fact, spacecraft that have been piloted to Earth by extraterrestrial beings. It's a seemingly outlandish notion, but could it be true?	USA	English-100	2020	RPT	PG	a		
2023-08-08	1220	Court Sports	Netball World Cup 2023: Semi Final 1	SPORT Netball World Cup 2023, Semi Final 1	2023	1	After the best 16 teams in the world have battled it out during the tournament, it's time for the semi-finals of the Netball World Cup 2023 - coming to you live from South Africa. Semi Final 1.	SOUTH AFRICA		2023	RPT				
2023-08-08	1350	Culture & Society	Female Fighters Of Kurdistan	Female Fighters Of Kurdistan	00	0	Fighting alongside their male comrades in a region not exactly known for its progressive stance on women's rights, the female Peshmerga guerillas of the Kurdish Liberation movement built a reputation for themselves in the 70s and 80s. This documentary shines a light on the youngest of these new Kurdish guerilla groups, PJAK, the Free Life for Kurdistan Party, to see how their female fighters are helping their people draft a definitive answer to the Kurdish Question that's vexed Middle Eastern politics for the last century.	USA	English-100	2016	RPT	M	a		Y

2023-08-08	1415	Culture & Society	Extreme Food Phobias		Extreme Food Phobias Series 1 Ep 2	01	2	This episode features a mum of two whose restrictive diet of chips has resulted in a type 2 diabetes diagnosis, and an air stewardess, whose fear of onions and garlic is stopping her living life to the full.	UNITED KINGDOM	English-100	2021	RPT	G		Y
2023-08-08	1505	News - Overseas	BBC News at Ten		BBC News at Ten 2023		0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2023		NC		Y
2023-08-08	1535	News - Overseas	ABC World News Tonight with David Muir		ABC World News Tonight with David Muir 2023		0	America's number one network news bulletin with anchors David Muir weekdays, Whit Johnson Saturday edition and Linsey Davis Sunday edition.	USA	English-100	2023		NC		Y
2023-08-08	1600	News - Overseas	PBS NewsHour	NEWS	PBS Newshour 2022		0	Reviews and analysis of the day's news, presented by Anna Nawaz and Geoff Bennett for the Public Broadcasting Service (PBS) in the United States.	USA	English-100	2022		NC		Y
2023-08-08	1700	Culture & Society	Forged In Fire		Lochaber Axe, The	06	15	After two frantic rounds and a brutal weapons test, two finalists return to their home forges for one final challenge. They must recreate one of Scotland's most famous and feared weapons - the Lochaber Axe.	USA	English-100	2019	RPT	PG	a	
2023-08-08	1750	Culture & Society	Forged In Fire		Civil War Battle	08	19	In this special Civil War-themed competition, four bladesmiths must turn either a massive cannonball or small grapeshots into the battle-tested Arkansas Toothpick knife. After starting down the barrel of a brutal round of tests, two smiths return home to recreate General Ulysses S. Grant's Donelson Sword.	USA	English-100	2020	RPT	PG	a	Y
2023-08-08	1840	Quiz	Jeopardy!		Jeopardy Series 35 Ep 113	35	113	The late Alex Trebek hosts Jeopardy!, where the answers are revealed and the contestants must guess the appropriate questions.	USA	English-100	2018	RPT	G		Y
2023-08-08	1905	Quiz	Jeopardy!		Jeopardy Series 35 Ep 114	35	114	The late Alex Trebek hosts Jeopardy!, where the answers are revealed and the contestants must guess the appropriate questions.	USA	English-100	2018	RPT	G		Y
2023-08-08	1930	News - Domestic	NITV News Update	NITV Encore	Nitv News Update 2023 Viceland Version Ep 151	2023	151	The latest news from the oldest living culture. Join Natalie Ahmat and the team of NITV journalists for stories from an indigenous perspective.	AUSTRALIA		2023		NC		
2023-08-08	1935	Quiz	8 Out Of 10 Cats Does Countdown		8 Out Of 10 Cats Does Countdown Series 12 Ep 11	12	11	A hilarious take on Countdown and Letters & Numbers, this hybrid game show hosted by Jimmy Carr is packed with comic appearances, funny mascots, and visual gags.	UNITED KINGDOM	English-100	2017	RPT	M	a l s w	Y
2023-08-08	2030	Entertainment	Alone	Final Episode	Fight, Flight Or Freeze	09	11	The remaining three participants continue to battle Labrador's harsh snowstorms and below-freezing temperatures. As their minds and bodies are pushed to the limit, they struggle more than ever before. One contestant risks it all as they embark on a challenging project, and another loses their ability to hunt for food. With the fight to the finish line intensifying, only one survivalist is able to walk away with the \$500,000 prize.	USA	English-100	2022		M	l	Y
2023-08-08	2140	Entertainment	Adam Eats The 80s		May The Fork Be With You	01	1	Follow food author and culinary entrepreneur Adam Richman as he travels the country reliving his childhood and tasting some of the most iconic and forgotten foods of the 1980s. Adam travels to a galaxy far, far away to find the tasty treats hidden in a record setting collection! Then he's off to be knighted at Medieval Times where he'll taste a retro feast and witness a forgotten fire-ritual that hasn't been seen in decades!	USA	English-100	2021	RPT	PG		Y
2023-08-08	2200	Cycling	UCI Road World Championships 2023	LIVE	Team Time Trial Mixed Relay	2023	2	The 2023 UCI Road World Championships will be the 96th edition of the UCI Road World Championships, the annual world championships for road bicycle racing. Team time trial, mixed relay.	SCOTLAND		2023		LIVE		
2023-08-08	2530	Culture & Society	Betraying The Badge		Diamonds And Dirty Cops	02	1	The FBI investigates a jewelry theft ring with ties to the Chicago mob. But they soon find that the mastermind behind the operation is a decorated former Chicago police chief.	USA	English-100	2022	RPT	M	a v	
2023-08-08	2625	News - Overseas	NHK World English News		Nhk World English News 2023		0	English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news.	JAPAN	English-100	2023		NC		
2023-08-09	0500	News - Overseas	Al Jazeera News Hour		Al Jazeera News Hour First Edition 2022		0	In-depth global news from Al Jazeera Satellite Network, Doha, Qatar, in English.	QATAR	English-100	2022		NC		
2023-08-09	0600	News - Overseas	TRT World News		Trt World News		0	The latest news from around the globe from TRT World, Istanbul, Turkiye, in English.	TURKEY	English-100	2022		NC		
2023-08-09	0650	News - Overseas	Indian Country Today News		Indian Country Today News 2022		0	Indian Country Today News is an independent news channel that serves Indigenous communities with news, entertainment, and opinion.	USA	English-100	2022		NC		
2023-08-09	0720	News - Overseas	Fbc News		Fbc News Fiji		0	Local, world, sport and entertainment news in English from FBC News, Suva Fiji.	FIJI	English-100	2023		NC		
2023-08-09	0755	News - Overseas	France 24 Feature		France 24 Feature Second Edition 2022		0	News feature in English from France 24, Paris.	FRANCE	English-100	2022		NC		
2023-08-09	0810	News - Overseas	ABC America Nightline		Abc America Nightline 2023		0	ABC America's late-night television news program for in-depth reporting on today's major news stories.	USA	English-100	2023		NC		
2023-08-09	0840	News - Overseas	CBC The National		CBC The National 2022		0	CBC's flagship nightly news with hosts Adrienne Arseneault and Andrew Chang from Toronto, Canada, via satellite in English.	CANADA	English-100	2022		NC		

2023-08-09	0930	News - Overseas	BBC News at Six		BBC News At Six 2023	0		The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2023		NC		Y
2023-08-09	1000	Culture & Society	Counter Space		Vitamin Sea	02	7	Nomadic sea tribes in Malaysia unlock the power of seaweed as Sophia Roe uses the ingredient to make a Semifredo with Furikake crumble. Bren Smith explains how ocean farming could save the planet and we meet an innovator who makes a snack that tastes a lot like the ocean.	USA	English-100	2021	RPT	PG		Y
2023-08-09	1030	Culture & Society	Counter Space		Chocolate Reign	02	9	A new generation reclaims Ghanaian chocolate, and Sophia Roe makes a hand-cut chocolate pasta with a bacon cream sauce. Sophia then catches a cacao ceremony and we take a trip down memory lane of chocolate bars and golden tickets.	USA	English-100	2021	RPT	PG	a	
2023-08-09	1100	Culture & Society	Counter Space		Meals Served	02	10	A prison in Maine has a solution to the age-old problem of unhealthy food in prisons as Sophia Roe pays homage to instant ramen innovators. We discuss ice-cream and inspiration with Mikey Cole, and meet a formerly incarcerated person who makes food a key part of his annual freedom day.	USA	English-100	2021	RPT	PG		Y
2023-08-09	1130	Culture & Society	The UnXplained With William Shatner		Underground World, The	01	13	In 1963, during a simple home renovation in the town of Derinkuyu, Turkey, a cave wall was punctured, revealing a passageway to a vast underground city, thousands of years old, and more than 85 metres deep. Archaeologists estimate that the underground city at Derinkuyu was home to thousands of people, for centuries. But if such a vast city could go undetected for so long, might there be more secrets underground, waiting to be found?	USA	English-100	2020	RPT	PG	a	
2023-08-09	1220	Court Sports	Netball World Cup 2023: Semi Final 2		Netball World Cup 2023, Semi Final 2	2023	2	After the best 16 teams in the world have battled it out during the tournament, it's time for the semi-finals of the Netball World Cup 2023 - coming to you live from South Africa. Semi Final 2.	SOUTH AFRICA		2023	RPT			
2023-08-09	1350	Culture & Society	Say Her Name: Breonna Taylor		Say Her Name: Breonna Taylor		0	Breonna Taylor was killed in a drug raid as Louisville police executed a no-knock search warrant. VICE News looks at the dangers of these controversial warrants.	USA	English-100	2020	RPT	M	a l	Y
2023-08-09	1415	History	Ice Cowboys		Ice Cowboys Series 1 Ep 2	01	2	Ice Cowboys takes you into the frozen wilderness of Alaska, giving you an intimate look at the lives and struggles of the most legendary sled dog racers in the world.	USA	English-100	2021	RPT	PG	a d	Y
2023-08-09	1505	News - Overseas	BBC News at Ten		BBC News at Ten 2023		0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2023		NC		Y
2023-08-09	1535	News - Overseas	ABC World News Tonight with David Muir		ABC World News Tonight with David Muir 2023		0	America's number one network news bulletin with anchors David Muir weekdays, Whit Johnson Saturday edition and Linsey Davis Sunday edition.	USA	English-100	2023		NC		Y
2023-08-09	1600	News - Overseas	PBS NewsHour	NEWS	PBS Newshour 2022		0	Reviews and analysis of the day's news, presented by Anna Nawaz and Geoff Bennett for the Public Broadcasting Service (PBS) in the United States.	USA	English-100	2022		NC		Y
2023-08-09	1700	Culture & Society	Forged In Fire		Cane Sword, The	06	16	After Doug and the judges put these weapons through their paces, only two bladesmiths remain and return to their home forges to re-create a weapon that's both deadly and debonair - the Cane Sword.	USA	English-100	2019	RPT	PG	a l v	
2023-08-09	1750	Culture & Society	Forged In Fire		Casino Challenge	08	20	The stakes are high when the forge floor is transformed into the Forged in Fire Casino. Four bladesmiths must leave it all up to chance and allow the Wheel of Forging to determine their challenge in this competition. After the smiths press their luck in a brutal round of testing, two of them risk it all one more time at the wheel to determine their final weapon.	USA	English-100	2020	RPT	PG	a	Y
2023-08-09	1840	Quiz	Jeopardy!		Jeopardy Series 35 Ep 115	35	115	The late Alex Trebek hosts Jeopardy!, where the answers are revealed and the contestants must guess the appropriate questions.	USA	English-100	2018	RPT	G		Y
2023-08-09	1905	Quiz	Jeopardy!		Jeopardy Series 35 Ep 116	35	116	The late Alex Trebek hosts Jeopardy!, where the answers are revealed and the contestants must guess the appropriate questions.	USA	English-100	2018	RPT	G		Y
2023-08-09	1930	News - Domestic	NITV News Update	NITV Encore	Nitv News Update 2023 Viceland Version Ep 152	2023	152	The latest news from the oldest living culture. Join Natalie Ahmat and the team of NITV journalists for stories from an Indigenous perspective.	AUSTRALIA		2023		NC		
2023-08-09	1935	Quiz	8 Out Of 10 Cats Does Countdown		8 Out Of 10 Cats Does Countdown Series 14 Ep 1	14	1	Jimmy Carr hosts a brand-new episodes of season fourteen of 8 Out of 10 Cats Does Countdown. Sean Lock and Richard Ayoade take on Jon Richardson and Sara Pascoe in the classic words and numbers quiz.	UNITED KINGDOM	English-100	2021	RPT	M	a l s	Y
2023-08-09	2030	Quiz	Patriot Brains	New Episode	Patriot Brains Series 2 Ep 9	02	9	In this episode the teams are tested on their knowledge about Rugby Songs, Coach Meltdowns, Online Marketplaces and more. Featuring Ben Hurley, Ray O'Leary and Becky Umbers for New Zealand and Luke McGregor, Harley Breen and Alex Ward for Australia.	NEW ZEALAND	English-100	2022		M		
2023-08-09	2125	Biography	Who You Gonna Call?	Premiere			0	The never-before-told story of Ray Parker Jr., the singer-songwriter behind the hit theme song for the film 'Ghostbusters.'	USA	English-100	2020				
2023-08-09	2300	Cycling	UCI Road World Championships 2023	LIVE	Men's U23 Time Trial	2023	3	The 2023 UCI Road World Championships will be the 96th edition of the UCI Road World Championships, the annual world championships for road bicycle racing.	SCOTLAND		2023	LIVE			

2023-08-10	1905	Quiz	Jeopardy!		Jeopardy Series 35 Ep 118	35	118	The late Alex Trebek hosts Jeopardy!, where the answers are revealed and the contestants must guess the appropriate questions.	USA	English-100	2018	RPT	G		Y
2023-08-10	1930	News - Domestic	NITV News Update	NITV Encore	Nitv News Update 2023 Viceland Version Ep 153	2023	153	The latest news from the oldest living culture. Join Natalie Ahmat and the team of NITV journalists for stories from an indigenous perspective.	AUSTRALIA		2023		NC		
2023-08-10	1935	Quiz	8 Out Of 10 Cats Does Countdown		8 Out Of 10 Cats Does Countdown Series 14 Ep 2	14	2	Jimmy Carr hosts a brand-new episodes of season fourteen of 8 Out of 10 Cats Does Countdown. Jon Richardson and Lucy Beaumont take on Roisin Conaty and Joe Wilkinson in the classic words and numbers quiz.	UNITED KINGDOM	English-100	2021	RPT	M	a l s	Y
2023-08-10	2030	Culture & Society	Myths: Greatest Mysteries Of Humanity	New Episode	Search For Attila's Tomb, The	01	2	Attila, King of the Huns; the entire continent of Europe trembled in fear of this legendary leader. His life was victorious. His death was a legend. And no one knows where he is buried. But now there are new clues. Researchers surmise the tomb of the legendary king is located in the Hungarian lowlands. Legends point us to his final resting place, and scientists and amateur researchers alike examine hidden traces.	GERMANY	English-100	2021		M	a v	
2023-08-10	2130	History	Secrets Of The Chippendales Murders	Series Premiere	Perfect Man, The	01	1	In the 1980s, Chippendales was a worldwide phenomenon. At the center of its meteoric growth are Steve Banerjee, who left India to live the American dream, and Nick De Noia, a children's television producer with a talent for turning beefcakes into Broadway-esque dancers. Their partnership built an empire but behind the bright lights and scantily clad dancers was a dark world of drugs, murder, and unbridled ambition.	USA	English-100	2022				
2023-08-10	2220	Culture & Society	Cowboy King Of Crypto	Series Premiere	Brock Pierce	01	1	Brock Pierce is the original crypto cowboy. This former child star of Disney's Mighty Ducks, has had a long and shady journey through the crypto-sphere. The influential, eccentric crypto-made billionaire lives in the tax-free haven of Puerto Rico, a place he is controversially trying to turn into a crypto utopia. What is Brock's next act?	USA	English-100	2023				
2023-08-10	2245	Entertainment	Trainspotting With Francis Bourgeois	New Episode	Chloe Burrows	01	2	TikTok's favourite trainspotter, Francis Bourgeois, is on a mission to get the world on board with the joy he finds in trains. This time, he meets one of the Love Island villa's greatest graduates, Chloe Burrows. The reality star gets a crash course in trainspotting, but has some feedback after a hot ride on a 1930s prairie tank steam engine.	UNITED KINGDOM	English-100	2022		PG		
2023-08-10	2300	Cycling	UCI Road World Championships 2023	LIVE	Women's Elite Time Trial	2023	4	The 2023 UCI Road World Championships will be the 96th edition of the UCI Road World Championships, the annual world championships for road bicycle racing. Women's Elite Time Trial.	SCOTLAND		2023	LIVE			
2023-08-10	2600	Entertainment	King Of The Road		Return Of The Butt Chug	02	7	The Mystery Guest girls go big. Creature melts down at Andy Mac's race track, and once again someone butt chugs - but Gravette's got a surprise of his own.	USA	English-100	2016	RPT	MA	a l n	Y
2023-08-10	2650	News - Overseas	NHK World English News		Nhk World English News 2023	0		English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news.	JAPAN	English-100	2023		NC		
2023-08-11	0500	News - Overseas	Al Jazeera News Hour		Al Jazeera News Hour First Edition 2022	0		In-depth global news from Al Jazeera Satellite Network, Doha, Qatar, in English.	QATAR	English-100	2022		NC		
2023-08-11	0600	News - Overseas	TRT World News		Trt World News	0		The latest news from around the globe from TRT World, Istanbul, Turkiye, in English.	TURKEY	English-100	2022		NC		
2023-08-11	0650	News - Overseas	Indian Country Today News		Indian Country Today News 2022	0		Indian Country Today News is an independent news channel that serves Indigenous communities with news, entertainment, and opinion.	USA	English-100	2022		NC		
2023-08-11	0720	News - Overseas	Fbc News		Fbc News Fiji	0		Local, world, sport and entertainment news in English from FBC News, Suva Fiji.	FIJI	English-100	2023		NC		
2023-08-11	0755	News - Overseas	France 24 Feature		France 24 Feature Second Edition 2022	0		News feature in English from France 24, Paris.	FRANCE	English-100	2022		NC		
2023-08-11	0810	News - Overseas	ABC America Nightline		Abc America Nightline 2023	0		ABC America's late-night television news program for in-depth reporting on today's major news stories.	USA	English-100	2023		NC		
2023-08-11	0840	News - Overseas	CBC The National		CBC The National 2022	0		CBC's flagship nightly news with hosts Adrienne Arseneault and Andrew Chang from Toronto, Canada, via satellite in English.	CANADA	English-100	2022		NC		
2023-08-11	0930	News - Overseas	BBC News at Six		BBC News At Six 2023	0		The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2023		NC		Y
2023-08-11	1000	Culture & Society	Counter Space		Taste Makers	02	14	Science and senses collide in the food labs of the Netherlands and Sophia creates a savoury gravy and bracirole. Chef Eric Huang talks about MSG and the racist roots of the falsely maligned flavour enhancer, and a food expert and ecologist makes a tree-sized case for flavour.	USA	English-100	2021	RPT	G		Y
2023-08-11	1030	Culture & Society	Counter Space		Rice Stuff, The	02	15	Indian rice farmers fight climate change by going back to basics as Sophia makes a green tea broth Dashi. Michael Twitty tells us why rice is indispensable in southern foodways, and we meet the African musicians who battle rap over which nation makes the best jollof rice?	USA	English-100	2021	RPT	PG	a w	Y

2023-08-11	1100	Culture & Society	Counter Space		Food For Thought	02	16	We examine our fascination with authenticity at the sushi bar as Sophia creates a recipe inspired by her heritage. We ask food legend Marcus Samuelsson about the complexity of cultural claims in the food world, and meet the unknown original creators of the country's most viral taco.	USA	English-100	2021	RPT	PG	I	Y	
2023-08-11	1130	Culture & Society	The UnXplained With William Shatner		Mysteries Of The Bible	01	15	According to scholars, the book known as 'The Bible' began as a series of stories that were first written down thousands of years ago. But given the fact that these stories have been continually subjected to centuries of editing, translation and re-interpretation, just who was The Bible's original author? Is it the work of God, or man? And how close are today's versions of it to the original texts?	USA	English-100	2020	RPT	M	v		
2023-08-11	1220	History	The Curse Of Oak Island		Leaf Of Faith, A	07	33	As the Oak Island team welcomes Lee Lamb and Richard Restall back to the island, new ground is struck in the exact spot their father Robert Restall believed the elusive treasure to be buried.	USA	English-100	2020	RPT	PG	a		
2023-08-11	1305	History	The Curse Of Oak Island		Marks X The Spot	07	34	As the Oak Island team gets inches away from what they believe to be the original Money Pit treasure vault, a secret tunnel is discovered beneath the foundation of one of Oak Island's wealthiest former land owners.	USA	English-100	2020	RPT	PG		Y	
2023-08-11	1350	Culture & Society	VICE		Guyana For Sale And Moors Rising	09	7	Isobel Yeung goes undercover in Guyana to investigate corruption in large-scale development projects, as the small South American country becomes an attractive target for investment from China; Alzo Slade meets with Moors in America to learn more about their origin story, heritage and the appeal of Moorish Nationalism.	USA	English-100	2022	RPT	M	a I	Y	
2023-08-11	1425	Culture & Society	VICE		Russian Bubble And After The Siege, The	09	8	Alec Luhn reports from Moscow and Dagestan on how propaganda has convinced a majority of Russians to support Putin's bloody and costly invasion of Ukraine; Ben Solomon travels to Kharkiv and Donbas to explore how the frontline has evolved since the start of the war in Ukraine.	USA	English-100	2022	RPT	M	a I	Y	
2023-08-11	1500	News - Overseas	BBC News at Ten		BBC News at Ten 2023		0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2023		NC		Y	
2023-08-11	1530	News - Overseas	ABC World News Tonight with David Muir		ABC World News Tonight with David Muir 2023		0	America's number one network news bulletin with anchors David Muir weekdays, Whit Johnson Saturday edition and Linsey Davis Sunday edition.	USA	English-100	2023		NC		Y	
2023-08-11	1555	News - Overseas	PBS NewsHour	NEWS	PBS Newshour 2022		0	Reviews and analysis of the day's news, presented by Anna Nawaz and Geoff Bennett for the Public Broadcasting Service (PBS) in the United States.	USA	English-100	2022		NC		Y	
2023-08-11	1655	Culture & Society	Forged In Fire		Falchion, The	06	18	After surviving an intense round of testing, two smiths return home to recreate one of the most widely used and dangerous medieval weapons - the Falchion.	USA	English-100	2019	RPT	PG	a		
2023-08-11	1745	Culture & Society	Forged In Fire		Fire And Water	08	22	In this special competition, Forged in Fire pays homage to Korean sword-making by challenging four bladesmiths to recreate the Hwando sword and attempt the dreaded water quench. After achieving this delicate balance between fire and water, two smiths advance to the final round where they must recreate the fearsome Korean Woldo.	USA	English-100	2020	RPT	PG	a	Y	
2023-08-11	1835	Quiz	Jeopardy!		Jeopardy Series 35 Ep 119	35	119	The late Alex Trebek hosts Jeopardy!, where the answers are revealed and the contestants must guess the appropriate questions.	USA	English-100	2018	RPT	G		Y	
2023-08-11	1900	Quiz	Jeopardy!		Jeopardy Series 35 Ep 120	35	120	The late Alex Trebek hosts Jeopardy!, where the answers are revealed and the contestants must guess the appropriate questions.	USA	English-100	2018	RPT	G		Y	
2023-08-11	1925	News - Domestic	NITV News Update	NITV Encore	Nitv News Update 2023 Viceland Version Ep 154	2023	154	The latest news from the oldest living culture. Join Natalie Ahmat and the team of NITV journalists for stories from an indigenous perspective.	AUSTRALIA		2023		NC			
2023-08-11	1930	Quiz	8 Out Of 10 Cats Does Countdown		8 Out Of 10 Cats Does Countdown Series 14 Ep 3	14	3	Jimmy Carr hosts a brand-new episodes of season fourteen of 8 Out of 10 Cats Does Countdown. Jon Richardson and Joe Wilkinson take on Lee Mack and Katherine Ryan in the classic words and numbers quiz.	UNITED KINGDOM	English-100	2021	RPT	M	a I s	Y	
2023-08-11	2025	Culture & Society	Hoarders	New Episode	Tim Part 1		12	11	Tim sees the value in repurposing and using materials for all types of projects. This has led Tim to collect a massive amount of clutter over the years. Now with the help of the Hoarders team of experts, either Tim will clean up the property or Code Enforcement will take action.	USA	English-100	2020		M	a	
2023-08-11	2120	Sexuality	The Man With A Penis On His Arm	Premiere	Man With A Penis On His Arm, The		0		UNITED KINGDOM	English-100	2022					

2023-08-11	2215	Sexuality	100 Vaginas	100 Vaginas	0		In a provocative documentary, artist Laura Dodsworth photographs and interviews 18 British women - from teenager to pensioner - as they tell their frank, powerful, funny and sometimes shocking stories about how their vaginas have shaped their life experiences. From periods to childbirth, Laura seeks to better understand the vagina's role in women's lives.	UNITED KINGDOM	English-100	2019	RPT	MA	I n s	Y
2023-08-11	2310	Entertainment	Adam Eats The 80s	Rollin' In Dough	01	2	Adam Richman's most important meal of the day is a long-forgotten Domino's delicacy from 1985, delivered fresh with a wake-up call, coffee and a newspaper. Then, he'll visit the first mall location of food court staple Auntie Anne's pretzels to try and uncover the secret to their perfect pretzel recipe. Plus Adam will uncover how the 80s impacted coffee, cereal and cereal commercials.	USA	English-100	2021	RPT	G		Y
2023-08-11	2330	Cycling	UCI Road World Championships 2023	LIVE	Men's Elite Time Trial	2023	5	The 2023 UCI Road World Championships will be the 96th edition of the UCI Road World Championships, the annual world championships for road bicycle racing. Men's Elite Time Trial.	SCOTLAND		2023	LIVE		
2023-08-11	2630	Animation	South Park	Free Willzix	09	13	A talking whale inspires the fourth-graders to risk everything to return him to his family. With the police on their tails, the boys enlist the help of a foreign government and embark upon an adventure you'll not soon forget. One in which the boys learn just how far you would go for a friend.	USA	English-100	2005	RPT	M	v w	Y
2023-08-11	2700	News - Overseas	NHK World English News	Nhk World English News 2023	0		English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news.	JAPAN	English-100	2023		NC		
2023-08-12	0500	News - Overseas	Al Jazeera News Hour	Al Jazeera News Hour First Edition 2022	0		In-depth global news from Al Jazeera Satellite Network, Doha, Qatar, in English.	QATAR	English-100	2022		NC		
2023-08-12	0600	News - Overseas	TRT World News	Trt World News	0		The latest news from around the globe from TRT World, Istanbul, Turkiye, in English.	TURKEY	English-100	2022		NC		
2023-08-12	0650	News - Overseas	Indian Country Today News	Indian Country Today News 2022	0		Indian Country Today News is an independent news channel that serves Indigenous communities with news, entertainment, and opinion.	USA	English-100	2022		NC		
2023-08-12	0720	News - Overseas	Fbc News	Fbc News Fiji	0		Local, world, sport and entertainment news in English from FBC News, Suva Fiji.	FIJI	English-100	2023		NC		
2023-08-12	0755	News - Overseas	France 24 Feature	France 24 Feature Second Edition 2022	0		News feature in English from France 24, Paris.	FRANCE	English-100	2022		NC		
2023-08-12	0810	News - Overseas	ABC America Nightline	Abc America Nightline 2023	0		ABC America's late-night television news program for in-depth reporting on today's major news stories.	USA	English-100	2023		NC		
2023-08-12	0840	News - Overseas	CBC The National	CBC The National 2022	0		CBC's flagship nightly news with hosts Adrienne Arseneault and Andrew Chang from Toronto, Canada, via satellite in English.	CANADA	English-100	2022		NC		
2023-08-12	0930	News - Overseas	BBC News at Six	BBC News At Six 2023	0		The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2023		NC		Y
2023-08-12	1000	Contemporary	Shortland Street	Shortland Street Series 3 2021 Ep 1	03	1	Rani still hasn't forgiven Zara for reading her diary and blames her for Louis' continued absence from her life.	NEW ZEALAND	English-100	2020	RPT	PG	a	
2023-08-12	1030	Contemporary	Shortland Street	Shortland Street Series 3 2021 Ep 2	03	2	Cece is rocked when Aggie accuses her of lying about not knowing Aggie was abused when they were young. Cece feels terrible that she missed the signs of Aggie being abused, and apologises to Aggie.	NEW ZEALAND	English-100	2020	RPT	PG	a	
2023-08-12	1100	Contemporary	Shortland Street	Shortland Street Series 3 2021 Ep 3	03	3	Boyd is forced to come clean about farting in surgery, but resents the humiliation it costs him. Dawn realises it's a silly reason to quit, so promises to stay on, to Nicole's relief.	NEW ZEALAND	English-100	2020	RPT	PG		
2023-08-12	1130	Contemporary	Shortland Street	Shortland Street Series 3 2021 Ep 4	03	4	Chris tries to maintain a fierce facade in front of Karl, but alone breaks down. Tess gives an emotional plea to return home and help them focus on Phoenix's funeral.	NEW ZEALAND	English-100	2020	RPT	PG	a	
2023-08-12	1200	History	The Curse Of Oak Island	Top 10 Finds, The	07	35	We look back on the past 7 seasons of The Curse of Oak Island, while counting down the top 10 finds ever made on Oak Island.	USA	English-100	2020	RPT	PG		Y
2023-08-12	1245	History	The Curse Of Oak Island	Top Ten Moments You Never Saw, The	07	36	Each episode of The Curse of Oak Island leaves hours and hours on the cutting room floor. We look back on the top moments from the last 7 seasons that you've never seen.	USA	English-100	2020	RPT	PG	a	Y
2023-08-12	1330	Quiz	Jeopardy!	Jeopardy Series 34 Ep 125	34	125	Alex Trebek hosts Jeopardy!, where the answers are revealed and the contestants must guess the appropriate questions. The answers appear on a computerised grid in various trivia categories, and are sorted by degrees of difficulty matched by increasing dollar values.	USA		2018	RPT	G		
2023-08-12	1355	Quiz	Jeopardy!	Jeopardy Series 34 Ep 126	34	126	Alex Trebek hosts Jeopardy!, where the answers are revealed and the contestants must guess the appropriate questions. The answers appear on a computerised grid in various trivia categories, and are sorted by degrees of difficulty matched by increasing dollar values.	USA		2018	RPT	G		
2023-08-12	1420	Quiz	Jeopardy!	Jeopardy Series 34 Ep 127	34	127	Alex Trebek hosts Jeopardy!, where the answers are revealed and the contestants must guess the appropriate questions. The answers appear on a computerised grid in various trivia categories, and are sorted by degrees of difficulty matched by increasing dollar values.	USA		2018	RPT	G		

2023-08-12	1445	Quiz	Jeopardy!		Jeopardy Series 34 Ep 128	34	128	Alex Trebek hosts Jeopardy!, where the answers are revealed and the contestants must guess the appropriate questions. The answers appear on a computerised grid in various trivia categories, and are sorted by degrees of difficulty matched by increasing dollar values.	USA		2018	RPT	G		
2023-08-12	1510	Quiz	Jeopardy!		Jeopardy Series 34 Ep 129	34	129	Alex Trebek hosts Jeopardy!, where the answers are revealed and the contestants must guess the appropriate questions. The answers appear on a computerised grid in various trivia categories, and are sorted by degrees of difficulty matched by increasing dollar values.	USA		2018	RPT	G		
2023-08-12	1535	News - Overseas	BBC News at Ten		BBC News at Ten 2023	0		The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2023		NC	Y	
2023-08-12	1605	News - Overseas	ABC World News Tonight with David Muir		ABC World News Tonight with David Muir 2023	0		America's number one network news bulletin with anchors David Muir weekdays, Whit Johnson Saturday edition and Linsey Davis Sunday edition.	USA	English-100	2023		NC	Y	
2023-08-12	1635	News - Overseas	PBS NewsHour	NEWS	PBS Newshour 2022	0		Reviews and analysis of the day's news, presented by Anna Nawaz and Geoff Bennett for the Public Broadcasting Service (PBS) in the United States.	USA	English-100	2022		NC	Y	
2023-08-12	1735	Quiz	Mastermind Australia		Mastermind Series 1 Ep 57	01	57	In this round, the specialist subjects are Richard M. Nixon, Twice (K-Pop Group), The Inklings, and KISS the band.	AUSTRALIA	English-100	2019	RPT	G	Y	
2023-08-12	1805	Situation / Sketch	Monty Python's Flying Circus		Monty Pythons Flying Circus Series 2 Ep 12	02	12	One of the most imaginative and ingenious comedy shows ever, this is the original, surreal sketch series from the Monty Python team. This episode features the 'Hospital for over-actors' and the 'Spam' sketch.	UNITED KINGDOM	English-100	1972	RPT	PG	a s	
2023-08-12	1840	Health, Science & Technology	Impossible Engineering		At&T Stadium, The	02	3	The AT&T Stadium in Texas, home to the Dallas Cowboys, is a sports venue of record breaking proportions. Opened in 2009, this 1.2 billion dollar stadium is a jaw dropping 3 million cubic metres and is capable of housing over 100,000 fans. But to create a stadium of such epic proportions, with an uninterrupted view, capable of operating in any weather would mean creating, at 274m, the longest single span arch structure on earth, supporting the world's biggest retractable roof.	UNITED KINGDOM	English-100	2016	RPT	G		
2023-08-12	1935	Health, Science & Technology	Impossible Engineering		Orion Spacecraft	02	4	The Orion Spacecraft will take humans farther than they've ever gone before. By 2035, NASA aims to make the first manned mission to Mars - the Holy Grail of Space Travel. Crucial to the two year, 100,000km return journey to the red planet, is a cutting edge crew module able to sustain astronauts in the Universe's harshest environment - and the most powerful rocket ever built.	UNITED KINGDOM	English-100	2016	RPT	G		
2023-08-12	2030	Biography	The Day The Rock Star Died: Jim Morrison	Premiere	Day The Rock Star Died: Jim Morrison, The	0		Jim Morrison co-founded the Doors in 1965 and recorded a total of six studio albums. Morrison developed an alcohol dependence which at times affected his performances on stage. He died aged at the 27 Club in Paris. As no autopsy was performed, the exact cause of Morrison's death remains unknown to this day.	UNITED KINGDOM	English-100	2018		PG	d	Y
2023-08-12	2100	Cycling	UCI Road World Championships 2023	LIVE	Men's U23 Road Race	2023	6	The 2023 UCI Road World Championships will be the 96th edition of the UCI Road World Championships, the annual world championships for road bicycle racing.	SCOTLAND		2023	LIVE			
2023-08-12	2530	Culture & Society	Sex Before The Internet		When Sex Was A Secret	01	7	Inside the scandal that outed George Michael in the late '90s. As acceptance grows, more people 'come out' and Buck Angel debuts as one of the most famous transgender porn stars.	USA	English-100	2022	RPT	MA	a n s	Y
2023-08-12	2625	News - Overseas	NHK World English News		Nhk World English News 2023	0		English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news.	JAPAN	English-100	2023		NC		