

SYDNEY PROGRAM GUIDE

Sunday 02nd March 2014



06:00 am To Be Advised

06:30 am Hillsong G

Religious Program

07:00 am Joseph Prince: New Creation Church G

Religious Program

07:30 am Good Chef Bad Chef (Rpt) CC G

Chef Adrian Richardson and nutritionist Zoe Bingley-Pullin go head to head in a food showdown!

08:00 am Good Chef Bad Chef (Rpt) CC G

Chef Adrian Richardson and nutritionist Zoe Bingley-Pullin go head to head in a food showdown!

08:30 am Studio 10: Sunday CC G

Join us for all the best segments of the week from our morning shows Wake Up and Studio 10.

10:00 am To Be Advised

11:00 am What's Up Downunder

11:30 am Everyday Gourmet With Justine Schofield (Rpt) CC G

From the simplest of meals to more sophisticated recipes, MasterChef's Justine Schofield will inspire you to get more from your home cooking experience.

12:00 pm The Doctors

01:00 pm Basketball: NBL Championship 2013/14

LIVE EAST COAST

Round 20: Sydney Kings V Perth Wildcats

Round 20 takes us to the Sydney Entertainment Centre where the Sydney Kings host the Perth Wildcats.

03:00 pm To Be Advised

04:00 pm To Be Advised

SYDNEY PROGRAM GUIDE

Sunday 02nd March 2014



05:00 pm **TEN Eyewitness News**

CC

Presented by Hermione Kitson, the hour-long bulletin covers the major national & international news including sport with Adam Hawse, and expert weather analysis with Magdalena Roze.

06:00 pm **Have You Been Paying Attention?**

CC PG

NEW EPISODE

Hosted by Tom Gleisner, Have You Been Paying Attention is a fast-paced and irreverent look at international and local news with five comedians competing to see who can remember the most about the events of the week.

06:30 pm **So You Think You Can Dance Australia**

CC

NEW EPISODE

Top 20

08:30 pm **Elementary**

CC M
Some Violence,
Adult Themes

NEW EPISODE

Internal Audit

When a hedge fund manager who was also running a Ponzi scheme is murdered, Holmes and Watson must determine which of his clients is guilty.

Starring: Jonny Lee Miller, Lucy Liu, Aidan Quinn, Jon Michael Hill

09:30 pm **The Graham Norton Show**

CC

NEW EPISODE

Show 12

Graham Norton showcases his wickedly cheeky sense of humour in this fast-paced interview show. Guests include: Lena Dunham, Olivia Colman, Idris Elba & Keane.

Guest Starring: Lena Dunham, Olivia Colman, Idris Elba, Keane

10:30 pm **Have You Been Paying Attention? Encore (Rpt)**

CC PG

ENCORE PRESENTATION

Hosted by Tom Gleisner, Have You Been Paying Attention is a fast-paced and irreverent look at international and local news with five comedians competing to see who can remember the most about the events of the week.

SYDNEY PROGRAM GUIDE

Sunday 02nd March 2014



11:00 pm **Sunday Late Night Movie**

01:00 am **Home Shopping**

01:30 am **Home Shopping**

02:00 am **Home Shopping**

02:30 am **Home Shopping**

03:00 am **Home Shopping**

03:30 am **Life Today With James Robison**

04:00 am **CBS - This Morning** CC

Morning talk show hosted by Charlie Rose, Gayle King, and Norah O'Donnell.

05:30 am **TEN Eyewitness News Early** CC

We bring you the breaking news of the day with comprehensive coverage of local, national and overseas news, including sport and the latest weather updates.

SYDNEY PROGRAM GUIDE

Monday 03rd March 2014



06:00 am **TEN Eyewitness News Early** CC

We bring you the breaking news of the day with comprehensive coverage of local, national and overseas news, including sport and the latest weather updates.

06:30 am **Wake Up** CC

Wake Up to what's happening around Australia and around the world. Tarsh and Matho host the show LIVE from Manly Beach while Nuala Hafner presents all the latest news.

08:30 am **Studio 10** CC PG

Join a smart and fun conversation every morning with Ita Buttrose, Jessica Rowe, Joe Hildebrand and Sarah Harris. The hot topics are debated in front of a LIVE studio audience.

10:30 am **Studio 10 You** CC PG

Join a smart and fun conversation every morning with Ita Buttrose, Jessica Rowe, Joe Hildebrand and Sarah Harris. The hot topics are debated in front of a LIVE studio audience.

11:00 am **TEN Eyewitness News Morning** CC

The morning edition of TEN Eyewitness News is a comprehensive coverage of local, national and overseas news. Including sport and the latest weather updates.

12:00 pm **Dr Phil** CC PG
Some Coarse
Language,
Adult Themes

NEW EPISODE

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of severe mental illness.

01:00 pm **The Doctors**

02:00 pm **To Be Advised**

SYDNEY PROGRAM GUIDE

Monday 03rd March 2014



04:00 pm **Good Chef Bad Chef** CC G

Chef Adrian Richardson and nutritionist Zoe Bingley-Pullin go head to head in a food showdown!

04:30 pm **The Bold & The Beautiful** CC G

ALL NEW EPISODES

Liam and Hope plan their wedding. Meanwhile, Ridge plants an epic kiss on Brooke.

05:00 pm **TEN Eyewitness News** CC

Comprehensive coverage of local, national and overseas news. Includes sport and the latest weather.

06:00 pm **Modern Family** NO
CC

06:30 pm **The Project** CC

Join Charlie Pickering, Carrie Bickmore & our guest panelists as they dissect, digest and re-constitute the daily news, events and hottest topics.

07:30 pm **Modern Family** CC

NEW EPISODE

And ONE To Grow On

Phil tricks Luke into taking a dance class, but the jokes on him when the white lie indirectly lands him in the slammer. Meanwhile, Jay and Gloria throw a birthday party for both Manny and Joe.

Starring: Ed O'Neill, Sofia Vergara, Rico Rodriguez II, Ty Burrell, Julie Bowen, Eric Stonestreet, Jesse Tyler Ferguson, Sarah Hyland, Ariel Winter, Nolan Gould

08:00 pm **To Be Advised** NO
CC

08:30 pm **To Be Advised** NO
CC

09:30 pm **Blue Bloods** CC M
Some Violence

NEW EPISODE

The Bitter End

Danny becomes emotional when a young woman he promised to help commits suicide. Meanwhile, the Reagans suffer a loss due to the project gangs.

Starring: Tom Selleck, Donnie Wahlberg, Bridget Moynahan, Will Estes, Marisa Ramirez, Nicholas Turturro, Sebastian Sozzi, David Ramsey, Amy Carlson, Len Cariou, Sami Gayle

10:30 pm **TEN Eyewitness News Late** CC

A unique magazine-style format which informs and entertains with the very latest in national news, sport and weather.

SYDNEY PROGRAM GUIDE

Monday 03rd March 2014



11:00 pm	Touch	M Some Violence	NEW EPISODE <u>Event Horizon</u> Martin is determined to keep Jake safe from those who want to exploit his supernatural abilities, but Jake is on a mission of his own, to find the elusive Amelia. Starring: Kiefer Sutherland, David Mazouz, Lukas Haas, Maria Bello, Saxon Sharbino, Said Taghmaoui, Greg Ellis Guest Starring: Adam Campbell
12:00 am	Late Show With David Letterman	PG	Join the king of late night television - David Letterman, with special guests, his famous 'Top Ten' and lots more.
01:00 am	Home Shopping		
01:30 am	Home Shopping		
02:00 am	Home Shopping		
02:30 am	Home Shopping		
03:00 am	Home Shopping		
03:30 am	Life Today With James Robison		
04:00 am	CBS - This Morning	CC	Morning talk show hosted by Charlie Rose, Gayle King, and Norah O'Donnell.
05:30 am	TEN Eyewitness News Early	CC	We bring you the breaking news of the day with comprehensive coverage of local, national and overseas news, including sport and the latest weather updates.

SYDNEY PROGRAM GUIDE

Tuesday 04th March 2014



06:00 am **TEN Eyewitness News Early** CC

We bring you the breaking news of the day with comprehensive coverage of local, national and overseas news, including sport and the latest weather updates.

06:30 am **Wake Up** CC

Wake Up to what's happening around Australia and around the world. Tarsh and Matho host the show LIVE from Manly Beach while Nuala Hafner presents all the latest news.

08:30 am **Studio 10** CC PG

Join a smart and fun conversation every morning with Ita Buttrose, Jessica Rowe, Joe Hildebrand and Sarah Harris. The hot topics are debated in front of a LIVE studio audience.

10:30 am **Studio 10 You** CC PG

Join a smart and fun conversation every morning with Ita Buttrose, Jessica Rowe, Joe Hildebrand and Sarah Harris. The hot topics are debated in front of a LIVE studio audience.

11:00 am **TEN Eyewitness News Morning** CC

The morning edition of TEN Eyewitness News is a comprehensive coverage of local, national and overseas news. Including sport and the latest weather updates.

12:00 pm **Dr Phil**

CC M
Sexual References,
Some Coarse
Language,
Adult Themes

NEW EPISODE

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of severe mental illness.

01:00 pm **The Doctors**

02:00 pm **The Living Room (Rpt)** CC

SPECIAL ENCORE PRESENTATION

Tonight on TLR, Oprah's declutter guru Peter Walsh is back to help a hoarding mum get her life back. Australia's hottest supermodel, Robyn Lawley, has Miguel flipping out in the kitchen and Chris takes a running jump off a tall building.

SYDNEY PROGRAM GUIDE

Tuesday 04th March 2014



03:00 pm	Judge Judy	CC PG	ALL NEW EPISODES Judge Judy holds court as presiding judge. The people are real, the cases are real and the rulings are binding.
03:30 pm	Entertainment Tonight	CC	HOT OFF THE SATELLITE Nancy O'Dell and Rob Marciano bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.
04:00 pm	Good Chef Bad Chef	CC G	Chef Adrian Richardson and nutritionist Zoe Bingley-Pullin go head to head in a food showdown!
04:30 pm	The Bold & The Beautiful	CC G	ALL NEW EPISODES The Forresters, Logans and Spencers arrive for Liam and Hope's wedding. Elsewhere, Quinn and Steffy put their plan into motion.
05:00 pm	TEN Eyewitness News	CC	Comprehensive coverage of local, national and overseas news. Includes sport and the latest weather.
06:00 pm	Modern Family	NO CC	
06:30 pm	The Project	CC	Join Charlie Pickering, Carrie Bickmore & our guest panelists as they dissect, digest and re-constitute the daily news, events and hottest topics.
07:30 pm	The Biggest Loser: Challenge Australia	CC PG Mild Coarse Language	NEW EPISODE It wouldn't be last chance training without some sweat and tears and one team's training session is interrupted as someone storms out crying.
08:30 pm	NCIS	CC M	NEW EPISODE <u>Better Angels</u> After Gibbs leaves mid-case to help his father reconnect with a former war pilot, Tony and McGee argue over who should lead the team's investigation into the murder of a Marine Sergeant. Starring: Mark Harmon, Michael Weatherly, Cote De Pablo, Sean Murray, Pauley Perrette, Rocky Carroll, David McCallum

SYDNEY PROGRAM GUIDE

Tuesday 04th March 2014



Time	Program	Rating	Notes
09:30 pm	NCIS: Los Angeles	CC M Frequent Violence	NEW EPISODE <u>The Frozen Lake</u> Callen and Sam enlist the help of a Gurkha, an elite Nepali soldier specialising in knife fighting, to retrieve a missing thumb drive. Starring: Chris O'Donnell, Li Cool J , Daniela Ruah, Linda Hunt, Eric Christian Olsen
10:30 pm	TEN Eyewitness News Late	CC	A unique magazine-style format which informs and entertains with the very latest in national news, sport and weather.
11:00 pm	Hawaii Five-O (Rpt)	CC M Some Violence	<u>Ma'ema'e</u> Five-0 are called to investigate the murder of a volleyball coach which leads to new evidence about one of their own. Chin and his former fiancée Malia find themselves spending time together. Starring: Alex O'Loughlin, Scott Caan, Daniel Dae Kim, Grace Park Guest Starring: William (Billy) Baldwin, Tom Sizemore, Lauren German, Meredith Monroe, Reiko Aylesworth
12:00 am	Late Show With David Letterman	PG	Join the king of late night television - David Letterman, with special guests, his famous 'Top Ten' and lots more.
01:00 am	Home Shopping		
01:30 am	Home Shopping		
02:00 am	Home Shopping		
02:30 am	Home Shopping		
03:00 am	Home Shopping		
03:30 am	Life Today With James Robison		
04:00 am	CBS - This Morning	CC	Morning talk show hosted by Charlie Rose, Gayle King, and Norah O'Donnell.

SYDNEY PROGRAM GUIDE

Tuesday 04th March 2014



05:30 am **TEN Eyewitness News Early**

CC

We bring you the breaking news of the day with comprehensive coverage of local, national and overseas news, including sport and the latest weather updates.

SYDNEY PROGRAM GUIDE

Wednesday 05th March 2014



06:00 am **TEN Eyewitness News Early** CC

We bring you the breaking news of the day with comprehensive coverage of local, national and overseas news, including sport and the latest weather updates.

06:30 am **Wake Up** CC

Wake Up to what's happening around Australia and around the world. Tarsh and Matho host the show LIVE from Manly Beach while Nuala Hafner presents all the latest news.

08:30 am **Studio 10** CC PG

Join a smart and fun conversation every morning with Ita Buttrose, Jessica Rowe, Joe Hildebrand and Sarah Harris. The hot topics are debated in front of a LIVE studio audience.

10:30 am **Studio 10 You** CC PG

Join a smart and fun conversation every morning with Ita Buttrose, Jessica Rowe, Joe Hildebrand and Sarah Harris. The hot topics are debated in front of a LIVE studio audience.

11:00 am **TEN Eyewitness News Morning** CC

The morning edition of TEN Eyewitness News is a comprehensive coverage of local, national and overseas news. Including sport and the latest weather updates.

12:00 pm **Dr Phil** CC M
Some Coarse
Language

NEW EPISODE

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of severe mental illness.

01:00 pm **The Doctors**

02:00 pm **The Biggest Loser: Challenge Australia (Rpt)** CC PG
Mild Coarse
Language

SPECIAL ENCORE PRESENTATION

It wouldn't be last chance training without some sweat and tears and one team's training session is interrupted as someone storms out crying.

SYDNEY PROGRAM GUIDE

Wednesday 05th March 2014



03:00 pm Judge Judy CC PG

ALL NEW EPISODES

Judge Judy holds court as presiding judge. The people are real, the cases are real and the rulings are binding.

03:30 pm Entertainment Tonight CC

HOT OFF THE SATELLITE

Nancy O'Dell and Rob Marciano bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

04:00 pm Good Chef Bad Chef CC G

Chef Adrian Richardson and nutritionist Zoe Bingley-Pullin go head to head in a food showdown!

04:30 pm The Bold & The Beautiful CC G

ALL NEW EPISODES

Wyatt decides to leave town convinced he's losing the love of his life; Steffy surprises Liam by revealing she can get pregnant again; Hope comes to a wrong conclusion.

05:00 pm TEN Eyewitness News CC

Comprehensive coverage of local, national and overseas news. Includes sport and the latest weather.

06:00 pm Modern Family **NO
CC**

06:30 pm The Project CC

Join Charlie Pickering, Carrie Bickmore & our guest panelists as they dissect, digest and re-constitute the daily news, events and hottest topics.

07:30 pm The Biggest Loser: Challenge Australia CC

NEW EPISODE

Things are about to get shaken up as Hayley reveals a change in the game. Meanwhile, the trainers tell the contestants that they have a week of mental and physical challenges lined up for them.

08:30 pm To Be Advised **NO
CC**

09:30 pm The Good Wife CC M
Adult Themes

NEW EPISODE

Precious Commodity, A

Will makes Alicia a stunning offer which causes her to reconsider her plans to leave the firm. Meanwhile, the partners take action when Diane's Supreme Court candidacy puts her at odds with her colleagues.

Starring: Julianna Margulies, Christine Baranski, Josh Charles, Archie Panjabi, Matt Czuchy, Alan Cumming, Chris Noth

SYDNEY PROGRAM GUIDE

Wednesday 05th March 2014



10:30 pm	TEN Eyewitness News Late	CC	A unique magazine-style format which informs and entertains with the very latest in national news, sport and weather.
11:00 pm	Elementary (Rpt)	CC M	<p>Flight Risk</p> <p>Sherlock tries to prove mechanical error was not to blame for a plane crash on a New York City beach. Meanwhile, Watson tries to convince Sherlock to meet with his elusive father for dinner.</p> <p>Starring: Jonny Lee Miller, Lucy Liu, Aidan Quinn, Jon Michael Hill</p> <p>Guest Starring: Reiko Aylesworth, Brian Kerwin, Roger Rees, Adam Lefevre, Matthew Humphreys</p>
12:00 am	Late Show With David Letterman	PG	Join the king of late night television - David Letterman, with special guests, his famous 'Top Ten' and lots more.
01:00 am	Home Shopping		
01:30 am	Home Shopping		
02:00 am	Home Shopping		
02:30 am	Home Shopping		
03:00 am	Home Shopping		
03:30 am	Life Today With James Robison		
04:00 am	CBS - This Morning	CC	Morning talk show hosted by Charlie Rose, Gayle King, and Norah O'Donnell.
05:30 am	TEN Eyewitness News Early	CC	We bring you the breaking news of the day with comprehensive coverage of local, national and overseas news, including sport and the latest weather updates.

SYDNEY PROGRAM GUIDE

Thursday 06th March 2014



06:00 am **TEN Eyewitness News Early** CC

We bring you the breaking news of the day with comprehensive coverage of local, national and overseas news, including sport and the latest weather updates.

06:30 am **Wake Up** CC

Wake Up to what's happening around Australia and around the world. Tarsh and Matho host the show LIVE from Manly Beach while Nuala Hafner presents all the latest news.

08:30 am **Studio 10** CC PG

Join a smart and fun conversation every morning with Ita Buttrose, Jessica Rowe, Joe Hildebrand and Sarah Harris. The hot topics are debated in front of a LIVE studio audience.

10:30 am **Studio 10 You** CC PG

Join a smart and fun conversation every morning with Ita Buttrose, Jessica Rowe, Joe Hildebrand and Sarah Harris. The hot topics are debated in front of a LIVE studio audience.

11:00 am **TEN Eyewitness News Morning** CC

The morning edition of TEN Eyewitness News is a comprehensive coverage of local, national and overseas news. Including sport and the latest weather updates.

12:00 pm **Dr Phil**

CC M
Sexual References,
Adult Themes

NEW EPISODE

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of severe mental illness.

01:00 pm **The Doctors**

02:00 pm **The Biggest Loser: Challenge Australia (Rpt)** CC

SPECIAL ENCORE PRESENTATION

Things are about to get shaken up as Hayley reveals a change in the game. Meanwhile, the trainers tell the contestants that they have a week of mental and physical challenges lined up for them.

SYDNEY PROGRAM GUIDE

Thursday 06th March 2014



03:00 pm Judge Judy CC PG

ALL NEW EPISODES

Judge Judy holds court as presiding judge. The people are real, the cases are real and the rulings are binding.

03:30 pm Entertainment Tonight CC

HOT OFF THE SATELLITE

Nancy O'Dell and Rob Marciano bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

04:00 pm Good Chef Bad Chef CC G

Chef Adrian Richardson and nutritionist Zoe Bingley-Pullin go head to head in a food showdown!

04:30 pm The Bold & The Beautiful CC G

ALL NEW EPISODES

Hope and Wyatt prepare to spend the holidays in the tropics. Elsewhere, Quinn is rehired at Forrester Creations.

05:00 pm TEN Eyewitness News CC

Comprehensive coverage of local, national and overseas news. Includes sport and the latest weather.

06:00 pm Modern Family **NO
CC**

06:30 pm The Project CC

Join Charlie Pickering, Carrie Bickmore & Dave Hughes as they dissect, digest and re-constitute the daily news, events and hottest topics.

07:30 pm The Biggest Loser: Challenge Australia CC

NEW EPISODE

The week of physical and mental challenges continues as all eight contestants compete in The Biggest Loser triathlon and the winner will receive a reward we've never seen before, but what is it?

08:30 pm Law & Order: S.V.U. CC M
Some Violence,
Adult Themes

NEW EPISODE

Amaro's ONE-Eighty

When a case becomes a public spectacle, Amaro must decide if fighting for his badge is the best decision for his family. Meanwhile, Captain Cragen makes a surprise announcement.

Starring: Mariska Hargitay, Ice T, Dann Florek, Danny Pino, Kelli Giddish, Dean Cain, Elizabeth Marvel

Guest Starring: Greg Germann, Robert John Burke, Cathy Moriarty, Mel Harris

SYDNEY PROGRAM GUIDE

Thursday 06th March 2014



09:30 pm	Law & Order: S.V.U. (Rpt)	CC M Sexual References, Adult Themes	<u>Spiraling Down</u> The detectives investigate when a colleague of Detective Amaro's wife reports his 14-year-old daughter missing. Starring: Mariska Hargitay, Danny Pino, Kelli Giddish, Ice T , Stephanie March, Dann Florek Guest Starring: André Braugher, Treat Williams
10:30 pm	TEN Eyewitness News Late	CC	A unique magazine-style format which informs and entertains with the very latest in national news, sport and weather.
11:00 pm	Saving Grace	M Some Violence, Adult Themes	<u>She's A Lump</u> A court reporter's suicide may have been staged by a member of her alcoholic's support group. Meanwhile, Grace continues to try to make a connection with Neely, who remains in a coma. Starring: Holly Hunter, Leon Rippey, Laura San Giacomo, Lorraine Toussaint, Bailey Chase, Kenny Johnson, Yaani King, Gregory Cruz
12:00 am	Late Show With David Letterman	PG	Join the king of late night television - David Letterman, with special guests, his famous 'Top Ten' and lots more.
01:00 am	Home Shopping		
01:30 am	Home Shopping		
02:00 am	Home Shopping		
02:30 am	Home Shopping		
03:00 am	Home Shopping		
03:30 am	Life Today With James Robison		
04:00 am	CBS - This Morning	CC	Morning talk show hosted by Charlie Rose, Gayle King, and Norah O'Donnell.
05:30 am	TEN Eyewitness News Early	CC	We bring you the breaking news of the day with comprehensive coverage of local, national and overseas news, including sport and the latest weather updates.

SYDNEY PROGRAM GUIDE

Friday 07th March 2014



06:00 am **TEN Eyewitness News Early** CC

We bring you the breaking news of the day with comprehensive coverage of local, national and overseas news, including sport and the latest weather updates.

06:30 am **Wake Up** CC

Wake Up to what's happening around Australia and around the world. Tarsh and Matho host the show LIVE from Manly Beach while Nuala Hafner presents all the latest news.

08:30 am **Studio 10** CC PG

Join a smart and fun conversation every morning with Ita Buttrose, Jessica Rowe, Joe Hildebrand and Sarah Harris. The hot topics are debated in front of a LIVE studio audience.

10:30 am **Studio 10 You** CC PG

Join a smart and fun conversation every morning with Ita Buttrose, Jessica Rowe, Joe Hildebrand and Sarah Harris. The hot topics are debated in front of a LIVE studio audience.

11:00 am **TEN Eyewitness News Morning** CC

The morning edition of TEN Eyewitness News is a comprehensive coverage of local, national and overseas news. Including sport and the latest weather updates.

12:00 pm **Dr Phil** CC PG
Some Coarse Language,
Adult Themes

NEW EPISODE

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of severe mental illness.

01:00 pm **The Doctors**

02:00 pm **The Biggest Loser: Challenge Australia (Rpt)** CC

SPECIAL ENCORE PRESENTATION

The week of physical and mental challenges continues as all eight contestants compete in The Biggest Loser triathlon and the winner will receive a reward we've never seen before, but what is it?

SYDNEY PROGRAM GUIDE

Friday 07th March 2014



03:00 pm Judge Judy CC PG

ALL NEW EPISODES

Judge Judy holds court as presiding judge. The people are real, the cases are real and the rulings are binding.

03:30 pm Entertainment Tonight CC

HOT OFF THE SATELLITE

Nancy O'Dell and Rob Marciano bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

04:00 pm Good Chef Bad Chef CC G

Chef Adrian Richardson and nutritionist Zoe Bingley-Pullin go head to head in a food showdown!

04:30 pm The Bold & The Beautiful CC G

ALL NEW EPISODES

Eric has his kids visiting for the holidays; Rick and Caroline go on their first holiday as a married couple; Ridge and Brooke spend quality time with a returning RJ.

05:00 pm TEN Eyewitness News CC

Comprehensive coverage of local, national and overseas news. Includes sport and the latest weather.

06:00 pm Modern Family **NO
CC**

06:30 pm The Project CC

Join Charlie Pickering, Carrie Bickmore & Dave Hughes as they dissect, digest and re-constitute the daily news, events and hottest topics.

07:30 pm The Living Room CC

NEW EPISODE

Tonight on TLR, Amanda climbs the harbour bridge with Paula Abdul, Dr. Chris Brown chats to Robert Irwin about his life living at Australia Zoo & Miguel shows us some different ways to make a jaffle.

08:30 pm Hawaii Five-O **NO
CC**

NEW EPISODE

Ka 'oia'i'o Ma Loko

A double murder forces the Five-0 team to bring in a conspiracy therapist to help them find a missing artifact tied to the killings.

Starring: Alex O'Loughlin, Scott Caan, Daniel Dae Kim, Masi Oka, Michelle Borth, Justin Bruening

Guest Starring: Jorge Garcia

SYDNEY PROGRAM GUIDE

Friday 07th March 2014



09:30 pm **NCIS (Rpt)**

CC M
WS Some Violence

Tell-All

NCIS connect a message in blood left by a murdered Navy commander to a manuscript that may contain classified military information.

Starring: Mark Harmon, Michael Weatherly, David McCallum, Sean Murray, Pauley Perrette, Cote De Pablo, Rocky Carroll

Guest Starring: Carl Lumbly

10:30 pm **TEN Eyewitness News Late**

CC

A unique magazine-style format which informs and entertains with the very latest in national news, sport and weather.

11:00 pm **Blue Bloods**

CC M

Black And Blue

Frank deals with a political crisis after Jamie and Renzulli enter a religious centre in response to a 911 call and are injured by the church's security team.

Starring: Tom Selleck, Donnie Wahlberg, Bridget Moynahan, Will Estes, Len Cariou, Amy Carlson, Nicholas Turturro, Sami Gayle, Jennifer Esposito

Guest Starring: David Ramsey

12:00 am **Late Show With David Letterman**

PG

Join the king of late night television - David Letterman, with special guests, his famous 'Top Ten' and lots more.

01:00 am **Home Shopping**

01:30 am **Home Shopping**

02:00 am **Home Shopping**

02:30 am **Home Shopping**

03:00 am **Home Shopping**

03:30 am **Home Shopping**

04:00 am **Home Shopping**

04:30 am **Home Shopping**

SYDNEY PROGRAM GUIDE

Friday 07th March 2014



05:00 am Home Shopping

05:30 am Home Shopping

SYDNEY PROGRAM GUIDE

Saturday 08th March 2014



06:00 am To Be Advised

06:30 am To Be Advised

07:00 am To Be Advised

08:00 am **Good Chef Bad Chef** (Rpt) CC G

Chef Adrian Richardson and nutritionist Zoe Bingley-Pullin go head to head in a food showdown!

08:30 am **Studio 10: Saturday** CC G

Join us for all the best segments of the week from our morning shows Wake Up and Studio 10.

10:00 am **Studio 10: Saturday Extra** CC PG

Join us for all the best segments of the week from our morning shows Wake Up and Studio 10.

11:00 am **Tour The World** CC

NEW EPISODE

New Zealand's North Island Unveiled

We join a fabulous journey around New Zealand's stunning North Island with its beautiful capital - Auckland. Then we head south to the bubbling mud pools and steam vents of Rotorua.

11:30 am **Everyday Gourmet With Justine Schofield** (Rpt) CC G

From the simplest of meals to more sophisticated recipes, MasterChef's Justine Schofield will inspire you to get more from your home cooking experience.

12:00 pm **The Living Room Encore** (Rpt) CC

SPECIAL ENCORE PRESENTATION

Tonight on TLR, Amanda climbs the harbour bridge with Paula Abdul, Dr. Chris Brown chats to Robert Irwin about his life living at Australia Zoo & Miguel shows us some different ways to make a jaffle.

01:00 pm **It's A Lifestyle TV** (Rpt) CC G

A panel of hosts and special celebrity guests will take you through a comprehensive list of tips and tricks regarding food, health, nutrition, new products, gardening, home renovation and holidays.

SYDNEY PROGRAM GUIDE

Saturday 08th March 2014



01:30 pm **A Taste Of Travel** (Rpt) CC G

A Taste of Travel returns for a second season, as we go to some of the most interesting places on the planet. Discover the local food specialties and get to know the local characters.

02:00 pm **Escape With ET**

Join rugby league and fishing legend, Andrew 'ET' Ettingshausen, as he escapes the city for adventures on land and sea.

03:00 pm **To Be Advised**

04:00 pm **What's Up Downunder** CC G

What's Up Down Under is a lifestyle television show that encourages people to travel Australia in recreational vehicles, stay at holiday parks and enjoy the local attractions of each area.

04:30 pm **Everyday Gourmet With Justine Schofield** (Rpt) CC G

From the simplest of meals to more sophisticated recipes, MasterChef's Justine Schofield will inspire you to get more from your home cooking experience.

05:00 pm **TEN Eyewitness News** CC

Presented by Hermione Kitson, the hour-long bulletin covers the major national & international news including sport with Adam Hawse, and expert weather analysis with Magdalena Roze.

06:00 pm **The Simpsons** CC PG
Sexual References

ALL NEW EPISODES **Four Regrettings And A Funeral**

Four Springfielders are prompted to try to right past regrets following the funeral of a beloved neighbour. Homer, Marge, Mr. Burns and Kent Brockman set off to try and change the past.

Voices: Dan Castellaneta, Julie Kavner, Nancy Cartwright, Yeardley Smith, Hank Azaria, Harry Shearer

06:30 pm **Attenborough's Nature's Great Events** CC

NEW EPISODE **Nature's Great Events: The Great Tide**

A mighty army of dolphins, sharks, whales, seals and gannets hunt down the billions of sardines along South Africa's east coast each winter, seeing the greatest gathering of predators anywhere on the planet.

SYDNEY PROGRAM GUIDE

Saturday 08th March 2014



07:30 pm Bondi Vet

CC

NEW EPISODE

When it comes to animals, it is always best to expect the unexpected. On this special episode of Bondi Vet, we look back at some of the most embarrassing cases that Dr Chris and the team have ever faced.

08:30 pm **Movie: Taken** (Rpt) (2008)

CC M
WS Frequent Violence,
Adult Themes

MOVIE

A former spy relies on his old skills to save his estranged daughter, who has been forced into the slave trade.

Starring: Liam Neeson, Maggie Grace, Famke Janssen, Holly Valance, Xander Berkeley, Katie Cassidy

10:25 pm To Be Advised

NO
CC

MOVIE

11:25 pm To Be Advised

01:00 am Home Shopping

01:30 am Home Shopping

02:00 am Home Shopping

02:30 am Home Shopping

03:00 am Home Shopping

03:30 am Home Shopping

04:00 am Home Shopping

04:30 am It Is Written

PG

Religious Program

SYDNEY PROGRAM GUIDE

Saturday 08th March 2014



05:00 am Hour Of Power

G

Religious Program

MELBOURNE PROGRAM GUIDE

Sunday 02nd March 2014



06:00 am To Be Advised

06:30 am Hillsong G

Religious Program

07:00 am Joseph Prince: New Creation Church G

Religious Program

07:30 am Good Chef Bad Chef (Rpt) CC G

Chef Adrian Richardson and nutritionist Zoe Bingley-Pullin go head to head in a food showdown!

08:00 am Good Chef Bad Chef (Rpt) CC G

Chef Adrian Richardson and nutritionist Zoe Bingley-Pullin go head to head in a food showdown!

08:30 am Studio 10: Sunday CC G

Join us for all the best segments of the week from our morning shows Wake Up and Studio 10.

10:00 am To Be Advised

11:00 am What's Up Downunder

11:30 am Everyday Gourmet With Justine Schofield (Rpt) CC G

From the simplest of meals to more sophisticated recipes, MasterChef's Justine Schofield will inspire you to get more from your home cooking experience.

12:00 pm The Doctors

01:00 pm Basketball: NBL Championship 2013/14

LIVE EAST COAST

Round 20: Sydney Kings V Perth Wildcats

Round 20 takes us to the Sydney Entertainment Centre where the Sydney Kings host the Perth Wildcats.

03:00 pm To Be Advised

04:00 pm To Be Advised

MELBOURNE PROGRAM GUIDE

Sunday 02nd March 2014



05:00 pm **TEN Eyewitness News** CC

Presented by Hermione Kitson, the hour-long bulletin covers the major national & international news including sport with Adam Hawse, and expert weather analysis with Magdalena Roze.

06:00 pm **Have You Been Paying Attention?** CC PG

NEW EPISODE

Hosted by Tom Gleisner, Have You Been Paying Attention is a fast-paced and irreverent look at international and local news with five comedians competing to see who can remember the most about the events of the week.

06:30 pm **So You Think You Can Dance Australia** CC

NEW EPISODE

Top 20

08:30 pm **Elementary** CC M
Some Violence,
Adult Themes

NEW EPISODE

Internal Audit

When a hedge fund manager who was also running a Ponzi scheme is murdered, Holmes and Watson must determine which of his clients is guilty.

Starring: Jonny Lee Miller, Lucy Liu, Aidan Quinn, Jon Michael Hill

09:30 pm **The Graham Norton Show** CC

NEW EPISODE

Show 12

Graham Norton showcases his wickedly cheeky sense of humour in this fast-paced interview show. Guests include: Lena Dunham, Olivia Colman, Idris Elba & Keane.

Guest Starring: Lena Dunham, Olivia Colman, Idris Elba, Keane

10:30 pm **Have You Been Paying Attention? Encore (Rpt)** CC PG

ENCORE PRESENTATION

Hosted by Tom Gleisner, Have You Been Paying Attention is a fast-paced and irreverent look at international and local news with five comedians competing to see who can remember the most about the events of the week.

MELBOURNE PROGRAM GUIDE

Sunday 02nd March 2014



11:00 pm **Sunday Late Night Movie**

01:00 am **Home Shopping**

01:30 am **Home Shopping**

02:00 am **Home Shopping**

02:30 am **Home Shopping**

03:00 am **Home Shopping**

03:30 am **Life Today With James Robison**

04:00 am **CBS - This Morning** CC

Morning talk show hosted by Charlie Rose, Gayle King, and Norah O'Donnell.

05:30 am **TEN Eyewitness News Early** CC

We bring you the breaking news of the day with comprehensive coverage of local, national and overseas news, including sport and the latest weather updates.

MELBOURNE PROGRAM GUIDE

Monday 03rd March 2014



06:00 am **TEN Eyewitness News Early** CC

We bring you the breaking news of the day with comprehensive coverage of local, national and overseas news, including sport and the latest weather updates.

06:30 am **Wake Up** CC

Wake Up to what's happening around Australia and around the world. Tarsh and Matho host the show LIVE from Manly Beach while Nuala Hafner presents all the latest news.

08:30 am **Studio 10** CC PG

Join a smart and fun conversation every morning with Ita Buttrose, Jessica Rowe, Joe Hildebrand and Sarah Harris. The hot topics are debated in front of a LIVE studio audience.

10:30 am **Studio 10 You** CC PG

Join a smart and fun conversation every morning with Ita Buttrose, Jessica Rowe, Joe Hildebrand and Sarah Harris. The hot topics are debated in front of a LIVE studio audience.

11:00 am **TEN Eyewitness News Morning** CC

The morning edition of TEN Eyewitness News is a comprehensive coverage of local, national and overseas news. Including sport and the latest weather updates.

12:00 pm **Dr Phil** CC PG
Some Coarse Language,
Adult Themes

NEW EPISODE

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of severe mental illness.

01:00 pm **The Doctors**

02:00 pm **To Be Advised**

MELBOURNE PROGRAM GUIDE

Monday 03rd March 2014



04:00 pm **Good Chef Bad Chef** CC G

Chef Adrian Richardson and nutritionist Zoe Bingley-Pullin go head to head in a food showdown!

04:30 pm **The Bold & The Beautiful** CC G

ALL NEW EPISODES

Liam and Hope plan their wedding. Meanwhile, Ridge plants an epic kiss on Brooke.

05:00 pm **TEN Eyewitness News** CC

Comprehensive coverage of local, national and overseas news. Includes sport and the latest weather.

06:00 pm **Modern Family** NO
CC

06:30 pm **The Project** CC

Join Charlie Pickering, Carrie Bickmore & our guest panelists as they dissect, digest and re-constitute the daily news, events and hottest topics.

07:30 pm **Modern Family** CC

NEW EPISODE

And ONE To Grow On

Phil tricks Luke into taking a dance class, but the jokes on him when the white lie indirectly lands him in the slammer. Meanwhile, Jay and Gloria throw a birthday party for both Manny and Joe.

Starring: Ed O'Neill, Sofia Vergara, Rico Rodriguez II, Ty Burrell, Julie Bowen, Eric Stonestreet, Jesse Tyler Ferguson, Sarah Hyland, Ariel Winter, Nolan Gould

08:00 pm **To Be Advised** NO
CC

08:30 pm **To Be Advised** NO
CC

09:30 pm **Blue Bloods** CC M
Some Violence

NEW EPISODE

The Bitter End

Danny becomes emotional when a young woman he promised to help commits suicide. Meanwhile, the Reagans suffer a loss due to the project gangs.

Starring: Tom Selleck, Donnie Wahlberg, Bridget Moynahan, Will Estes, Marisa Ramirez, Nicholas Turturro, Sebastian Sozzi, David Ramsey, Amy Carlson, Len Cariou, Sami Gayle

10:30 pm **TEN Eyewitness News Late** CC

A unique magazine-style format which informs and entertains with the very latest in national news, sport and weather.

MELBOURNE PROGRAM GUIDE

Monday 03rd March 2014



11:00 pm Touch

M
Some Violence

NEW EPISODE

Event Horizon

Martin is determined to keep Jake safe from those who want to exploit his supernatural abilities, but Jake is on a mission of his own, to find the elusive Amelia.

Starring: Kiefer Sutherland, David Mazouz, Lukas Haas, Maria Bello, Saxon Sharbino, Said Taghmaoui, Greg Ellis

Guest Starring: Adam Campbell

12:00 am Late Show With David Letterman

PG

Join the king of late night television - David Letterman, with special guests, his famous 'Top Ten' and lots more.

01:00 am Home Shopping

01:30 am Home Shopping

02:00 am Home Shopping

02:30 am Home Shopping

03:00 am Home Shopping

03:30 am Life Today With James Robison

04:00 am CBS - This Morning

CC

Morning talk show hosted by Charlie Rose, Gayle King, and Norah O'Donnell.

05:30 am TEN Eyewitness News Early

CC

We bring you the breaking news of the day with comprehensive coverage of local, national and overseas news, including sport and the latest weather updates.

MELBOURNE PROGRAM GUIDE

Tuesday 04th March 2014



06:00 am **TEN Eyewitness News Early** CC

We bring you the breaking news of the day with comprehensive coverage of local, national and overseas news, including sport and the latest weather updates.

06:30 am **Wake Up** CC

Wake Up to what's happening around Australia and around the world. Tarsh and Matho host the show LIVE from Manly Beach while Nuala Hafner presents all the latest news.

08:30 am **Studio 10** CC PG

Join a smart and fun conversation every morning with Ita Buttrose, Jessica Rowe, Joe Hildebrand and Sarah Harris. The hot topics are debated in front of a LIVE studio audience.

10:30 am **Studio 10 You** CC PG

Join a smart and fun conversation every morning with Ita Buttrose, Jessica Rowe, Joe Hildebrand and Sarah Harris. The hot topics are debated in front of a LIVE studio audience.

11:00 am **TEN Eyewitness News Morning** CC

The morning edition of TEN Eyewitness News is a comprehensive coverage of local, national and overseas news. Including sport and the latest weather updates.

12:00 pm **Dr Phil**

CC M
Sexual References,
Some Coarse
Language,
Adult Themes

NEW EPISODE

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of severe mental illness.

01:00 pm **The Doctors**

02:00 pm **The Living Room (Rpt)** CC

SPECIAL ENCORE PRESENTATION

Tonight on TLR, Oprah's declutter guru Peter Walsh is back to help a hoarding mum get her life back. Australia's hottest supermodel, Robyn Lawley, has Miguel flipping out in the kitchen and Chris takes a running jump off a tall building.

MELBOURNE PROGRAM GUIDE



Tuesday 04th March 2014

03:00 pm Judge Judy CC PG

ALL NEW EPISODES

Judge Judy holds court as presiding judge. The people are real, the cases are real and the rulings are binding.

03:30 pm Entertainment Tonight CC

HOT OFF THE SATELLITE

Nancy O'Dell and Rob Marciano bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

04:00 pm Good Chef Bad Chef CC G

Chef Adrian Richardson and nutritionist Zoe Bingley-Pullin go head to head in a food showdown!

04:30 pm The Bold & The Beautiful CC G

ALL NEW EPISODES

The Forresters, Logans and Spencers arrive for Liam and Hope's wedding. Elsewhere, Quinn and Steffy put their plan into motion.

05:00 pm TEN Eyewitness News CC

Comprehensive coverage of local, national and overseas news. Includes sport and the latest weather.

06:00 pm Modern Family **NO**

CC

06:30 pm The Project CC

Join Charlie Pickering, Carrie Bickmore & our guest panelists as they dissect, digest and re-constitute the daily news, events and hottest topics.

07:30 pm The Biggest Loser: Challenge Australia CC PG
Mild Coarse Language

NEW EPISODE

It wouldn't be last chance training without some sweat and tears and one team's training session is interrupted as someone storms out crying.

08:30 pm NCIS CC M

NEW EPISODE

Better Angels

After Gibbs leaves mid-case to help his father reconnect with a former war pilot, Tony and McGee argue over who should lead the team's investigation into the murder of a Marine Sergeant.

Starring: Mark Harmon, Michael Weatherly, Cote De Pablo, Sean Murray, Pauley Perrette, Rocky Carroll, David McCallum

MELBOURNE PROGRAM GUIDE

Tuesday 04th March 2014



Time	Program	Rating	Notes
09:30 pm	NCIS: Los Angeles	CC M Frequent Violence	NEW EPISODE <u>The Frozen Lake</u> Callen and Sam enlist the help of a Gurkha, an elite Nepali soldier specialising in knife fighting, to retrieve a missing thumb drive. Starring: Chris O'Donnell, LI Cool J , Daniela Ruah, Linda Hunt, Eric Christian Olsen
10:30 pm	TEN Eyewitness News Late	CC	A unique magazine-style format which informs and entertains with the very latest in national news, sport and weather.
11:00 pm	Hawaii Five-O (Rpt)	CC M Some Violence	<u>Ma'ema'e</u> Five-0 are called to investigate the murder of a volleyball coach which leads to new evidence about one of their own. Chin and his former fiancée Malia find themselves spending time together. Starring: Alex O'Loughlin, Scott Caan, Daniel Dae Kim, Grace Park Guest Starring: William (Billy) Baldwin, Tom Sizemore, Lauren German, Meredith Monroe, Reiko Aylesworth
12:00 am	Late Show With David Letterman	PG	Join the king of late night television - David Letterman, with special guests, his famous 'Top Ten' and lots more.
01:00 am	Home Shopping		
01:30 am	Home Shopping		
02:00 am	Home Shopping		
02:30 am	Home Shopping		
03:00 am	Home Shopping		
03:30 am	Life Today With James Robison		
04:00 am	CBS - This Morning	CC	Morning talk show hosted by Charlie Rose, Gayle King, and Norah O'Donnell.

MELBOURNE PROGRAM GUIDE



Tuesday 04th March 2014

05:30 am **TEN Eyewitness News Early**

CC

We bring you the breaking news of the day with comprehensive coverage of local, national and overseas news, including sport and the latest weather updates.

MELBOURNE PROGRAM GUIDE



Wednesday 05th March 2014

06:00 am	TEN Eyewitness News Early	CC	We bring you the breaking news of the day with comprehensive coverage of local, national and overseas news, including sport and the latest weather updates.
06:30 am	Wake Up	CC	Wake Up to what's happening around Australia and around the world. Tarsh and Matho host the show LIVE from Manly Beach while Nuala Hafner presents all the latest news.
08:30 am	Studio 10	CC PG	Join a smart and fun conversation every morning with Ita Buttrose, Jessica Rowe, Joe Hildebrand and Sarah Harris. The hot topics are debated in front of a LIVE studio audience.
10:30 am	Studio 10 You	CC PG	Join a smart and fun conversation every morning with Ita Buttrose, Jessica Rowe, Joe Hildebrand and Sarah Harris. The hot topics are debated in front of a LIVE studio audience.
11:00 am	TEN Eyewitness News Morning	CC	The morning edition of TEN Eyewitness News is a comprehensive coverage of local, national and overseas news. Including sport and the latest weather updates.
12:00 pm	Dr Phil	CC M Some Coarse Language	NEW EPISODE Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of severe mental illness.
01:00 pm	The Doctors		
02:00 pm	The Biggest Loser: Challenge Australia (Rpt)	CC PG Mild Coarse Language	SPECIAL ENCORE PRESENTATION It wouldn't be last chance training without some sweat and tears and one team's training session is interrupted as someone storms out crying.

MELBOURNE PROGRAM GUIDE



Wednesday 05th March 2014

03:00 pm Judge Judy CC PG

ALL NEW EPISODES

Judge Judy holds court as presiding judge. The people are real, the cases are real and the rulings are binding.

03:30 pm Entertainment Tonight CC

HOT OFF THE SATELLITE

Nancy O'Dell and Rob Marciano bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

04:00 pm Good Chef Bad Chef CC G

Chef Adrian Richardson and nutritionist Zoe Bingley-Pullin go head to head in a food showdown!

04:30 pm The Bold & The Beautiful CC G

ALL NEW EPISODES

Wyatt decides to leave town convinced he's losing the love of his life; Steffy surprises Liam by revealing she can get pregnant again; Hope comes to a wrong conclusion.

05:00 pm TEN Eyewitness News CC

Comprehensive coverage of local, national and overseas news. Includes sport and the latest weather.

06:00 pm Modern Family NO CC

06:30 pm The Project CC

Join Charlie Pickering, Carrie Bickmore & our guest panelists as they dissect, digest and re-constitute the daily news, events and hottest topics.

07:30 pm The Biggest Loser: Challenge Australia CC

NEW EPISODE

Things are about to get shaken up as Hayley reveals a change in the game. Meanwhile, the trainers tell the contestants that they have a week of mental and physical challenges lined up for them.

08:30 pm To Be Advised NO CC

09:30 pm The Good Wife CC M
Adult Themes

NEW EPISODE

Precious Commodity, A

Will makes Alicia a stunning offer which causes her to reconsider her plans to leave the firm. Meanwhile, the partners take action when Diane's Supreme Court candidacy puts her at odds with her colleagues.

Starring: Julianna Margulies, Christine Baranski, Josh Charles, Archie Panjabi, Matt Czuchry, Alan Cumming, Chris Noth

MELBOURNE PROGRAM GUIDE



Wednesday 05th March 2014

10:30 pm	TEN Eyewitness News Late	CC	A unique magazine-style format which informs and entertains with the very latest in national news, sport and weather.
11:00 pm	Elementary (Rpt)	CC M	<p><u>Flight Risk</u></p> <p>Sherlock tries to prove mechanical error was not to blame for a plane crash on a New York City beach. Meanwhile, Watson tries to convince Sherlock to meet with his elusive father for dinner.</p> <p>Starring: Jonny Lee Miller, Lucy Liu, Aidan Quinn, Jon Michael Hill</p> <p>Guest Starring: Reiko Aylesworth, Brian Kerwin, Roger Rees, Adam Lefevre, Matthew Humphreys</p>
12:00 am	Late Show With David Letterman	PG	Join the king of late night television - David Letterman, with special guests, his famous 'Top Ten' and lots more.
01:00 am	Home Shopping		
01:30 am	Home Shopping		
02:00 am	Home Shopping		
02:30 am	Home Shopping		
03:00 am	Home Shopping		
03:30 am	Life Today With James Robison		
04:00 am	CBS - This Morning	CC	Morning talk show hosted by Charlie Rose, Gayle King, and Norah O'Donnell.
05:30 am	TEN Eyewitness News Early	CC	We bring you the breaking news of the day with comprehensive coverage of local, national and overseas news, including sport and the latest weather updates.

MELBOURNE PROGRAM GUIDE

Thursday 06th March 2014



06:00 am	TEN Eyewitness News Early	CC	We bring you the breaking news of the day with comprehensive coverage of local, national and overseas news, including sport and the latest weather updates.
06:30 am	Wake Up	CC	Wake Up to what's happening around Australia and around the world. Tarsh and Matho host the show LIVE from Manly Beach while Nuala Hafner presents all the latest news.
08:30 am	Studio 10	CC PG	Join a smart and fun conversation every morning with Ita Buttrose, Jessica Rowe, Joe Hildebrand and Sarah Harris. The hot topics are debated in front of a LIVE studio audience.
10:30 am	Studio 10 You	CC PG	Join a smart and fun conversation every morning with Ita Buttrose, Jessica Rowe, Joe Hildebrand and Sarah Harris. The hot topics are debated in front of a LIVE studio audience.
11:00 am	TEN Eyewitness News Morning	CC	The morning edition of TEN Eyewitness News is a comprehensive coverage of local, national and overseas news. Including sport and the latest weather updates.
12:00 pm	Dr Phil	CC M Sexual References, Adult Themes	NEW EPISODE Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of severe mental illness.
01:00 pm	The Doctors		
02:00 pm	The Biggest Loser: Challenge Australia (Rpt)	CC	SPECIAL ENCORE PRESENTATION Things are about to get shaken up as Hayley reveals a change in the game. Meanwhile, the trainers tell the contestants that they have a week of mental and physical challenges lined up for them.

MELBOURNE PROGRAM GUIDE

Thursday 06th March 2014



03:00 pm	Judge Judy	CC PG	ALL NEW EPISODES Judge Judy holds court as presiding judge. The people are real, the cases are real and the rulings are binding.
03:30 pm	Entertainment Tonight	CC	HOT OFF THE SATELLITE Nancy O'Dell and Rob Marciano bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.
04:00 pm	Good Chef Bad Chef	CC G	Chef Adrian Richardson and nutritionist Zoe Bingley-Pullin go head to head in a food showdown!
04:30 pm	The Bold & The Beautiful	CC G	ALL NEW EPISODES Hope and Wyatt prepare to spend the holidays in the tropics. Elsewhere, Quinn is rehired at Forrester Creations.
05:00 pm	TEN Eyewitness News	CC	Comprehensive coverage of local, national and overseas news. Includes sport and the latest weather.
06:00 pm	Modern Family	NO CC	
06:30 pm	The Project	CC	Join Charlie Pickering, Carrie Bickmore & Dave Hughes as they dissect, digest and re-constitute the daily news, events and hottest topics.
07:30 pm	The Biggest Loser: Challenge Australia	CC	NEW EPISODE The week of physical and mental challenges continues as all eight contestants compete in The Biggest Loser triathlon and the winner will receive a reward we've never seen before, but what is it?
08:30 pm	Law & Order: S.V.U.	CC M Some Violence, Adult Themes	NEW EPISODE <u>Amaro's ONE-Eighty</u> When a case becomes a public spectacle, Amaro must decide if fighting for his badge is the best decision for his family. Meanwhile, Captain Cragen makes a surprise announcement. Starring: Mariska Hargitay, Ice T, Dann Florek, Danny Pino, Kelli Giddish, Dean Cain, Elizabeth Marvel Guest Starring: Greg Germann, Robert John Burke, Cathy Moriarty, Mel Harris

MELBOURNE PROGRAM GUIDE

Thursday 06th March 2014



09:30 pm	Law & Order: S.V.U. (Rpt)	CC M Sexual References, Adult Themes	<u>Spiraling Down</u> The detectives investigate when a colleague of Detective Amaro's wife reports his 14-year-old daughter missing. Starring: Mariska Hargitay, Danny Pino, Kelli Giddish, Ice T , Stephanie March, Dann Florek Guest Starring: André Braugher, Treat Williams
10:30 pm	TEN Eyewitness News Late	CC	A unique magazine-style format which informs and entertains with the very latest in national news, sport and weather.
11:00 pm	Saving Grace	M Some Violence, Adult Themes	<u>She's A Lump</u> A court reporter's suicide may have been staged by a member of her alcoholic's support group. Meanwhile, Grace continues to try to make a connection with Neely, who remains in a coma. Starring: Holly Hunter, Leon Rippy, Laura San Giacomo, Lorraine Toussaint, Bailey Chase, Kenny Johnson, Yaani King, Gregory Cruz
12:00 am	Late Show With David Letterman	PG	Join the king of late night television - David Letterman, with special guests, his famous 'Top Ten' and lots more.
01:00 am	Home Shopping		
01:30 am	Home Shopping		
02:00 am	Home Shopping		
02:30 am	Home Shopping		
03:00 am	Home Shopping		
03:30 am	Life Today With James Robison		
04:00 am	CBS - This Morning	CC	Morning talk show hosted by Charlie Rose, Gayle King, and Norah O'Donnell.
05:30 am	TEN Eyewitness News Early	CC	We bring you the breaking news of the day with comprehensive coverage of local, national and overseas news, including sport and the latest weather updates.

MELBOURNE PROGRAM GUIDE

Friday 07th March 2014



06:00 am	TEN Eyewitness News Early	CC	We bring you the breaking news of the day with comprehensive coverage of local, national and overseas news, including sport and the latest weather updates.
06:30 am	Wake Up	CC	Wake Up to what's happening around Australia and around the world. Tarsh and Matho host the show LIVE from Manly Beach while Nuala Hafner presents all the latest news.
08:30 am	Studio 10	CC PG	Join a smart and fun conversation every morning with Ita Buttrose, Jessica Rowe, Joe Hildebrand and Sarah Harris. The hot topics are debated in front of a LIVE studio audience.
10:30 am	Studio 10 You	CC PG	Join a smart and fun conversation every morning with Ita Buttrose, Jessica Rowe, Joe Hildebrand and Sarah Harris. The hot topics are debated in front of a LIVE studio audience.
11:00 am	TEN Eyewitness News Morning	CC	The morning edition of TEN Eyewitness News is a comprehensive coverage of local, national and overseas news. Including sport and the latest weather updates.
12:00 pm	Dr Phil	CC PG Some Coarse Language, Adult Themes	NEW EPISODE Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of severe mental illness.
01:00 pm	The Doctors		
02:00 pm	The Biggest Loser: Challenge Australia (Rpt)	CC	SPECIAL ENCORE PRESENTATION The week of physical and mental challenges continues as all eight contestants compete in The Biggest Loser triathlon and the winner will receive a reward we've never seen before, but what is it?

MELBOURNE PROGRAM GUIDE

Friday 07th March 2014



03:00 pm Judge Judy CC PG

ALL NEW EPISODES

Judge Judy holds court as presiding judge. The people are real, the cases are real and the rulings are binding.

03:30 pm Entertainment Tonight CC

HOT OFF THE SATELLITE

Nancy O'Dell and Rob Marciano bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

04:00 pm Good Chef Bad Chef CC G

Chef Adrian Richardson and nutritionist Zoe Bingley-Pullin go head to head in a food showdown!

04:30 pm The Bold & The Beautiful CC G

ALL NEW EPISODES

Eric has his kids visiting for the holidays; Rick and Caroline go on their first holiday as a married couple; Ridge and Brooke spend quality time with a returning RJ.

05:00 pm TEN Eyewitness News CC

Comprehensive coverage of local, national and overseas news. Includes sport and the latest weather.

06:00 pm Modern Family NO
CC

06:30 pm The Project CC

Join Charlie Pickering, Carrie Bickmore & Dave Hughes as they dissect, digest and re-constitute the daily news, events and hottest topics.

07:30 pm The Living Room CC

NEW EPISODE

Tonight on TLR, Amanda climbs the harbour bridge with Paula Abdul, Dr. Chris Brown chats to Robert Irwin about his life living at Australia Zoo & Miguel shows us some different ways to make a jaffle.

08:30 pm Hawaii Five-O NO
CC

NEW EPISODE

Ka 'oia'i'o Ma Loko

A double murder forces the Five-0 team to bring in a conspiracy therapist to help them find a missing artifact tied to the killings.

Starring: Alex O'Loughlin, Scott Caan, Daniel Dae Kim, Masi Oka, Michelle Borth, Justin Bruening

Guest Starring: Jorge Garcia

MELBOURNE PROGRAM GUIDE

Friday 07th March 2014



09:30 pm NCIS (Rpt)

CC M
WS Some Violence

Tell-All

NCIS connect a message in blood left by a murdered Navy commander to a manuscript that may contain classified military information.

Starring: Mark Harmon, Michael Weatherly, David McCallum, Sean Murray, Pauley Perrette, Cote De Pablo, Rocky Carroll

Guest Starring: Carl Lumbly

10:30 pm TEN Eyewitness News Late

CC

A unique magazine-style format which informs and entertains with the very latest in national news, sport and weather.

11:00 pm Blue Bloods

CC M

Black And Blue

Frank deals with a political crisis after Jamie and Renzulli enter a religious centre in response to a 911 call and are injured by the church's security team.

Starring: Tom Selleck, Donnie Wahlberg, Bridget Moynahan, Will Estes, Len Cariou, Amy Carlson, Nicholas Turturro, Sami Gayle, Jennifer Esposito

Guest Starring: David Ramsey

12:00 am Late Show With David Letterman

PG

Join the king of late night television - David Letterman, with special guests, his famous 'Top Ten' and lots more.

01:00 am Home Shopping

01:30 am Home Shopping

02:00 am Home Shopping

02:30 am Home Shopping

03:00 am Home Shopping

03:30 am Home Shopping

04:00 am Home Shopping

04:30 am Home Shopping

MELBOURNE PROGRAM GUIDE

Friday 07th March 2014



05:00 am Home Shopping

05:30 am Home Shopping

MELBOURNE PROGRAM GUIDE

Saturday 08th March 2014



06:00 am To Be Advised

06:30 am To Be Advised

07:00 am To Be Advised

08:00 am **Good Chef Bad Chef** (Rpt) CC G

Chef Adrian Richardson and nutritionist Zoe Bingley-Pullin go head to head in a food showdown!

08:30 am **Studio 10: Saturday** CC G

Join us for all the best segments of the week from our morning shows Wake Up and Studio 10.

10:00 am **Studio 10: Saturday Extra** CC PG

Join us for all the best segments of the week from our morning shows Wake Up and Studio 10.

11:00 am **Tour The World** CC

NEW EPISODE

New Zealand's North Island Unveiled

We join a fabulous journey around New Zealand's stunning North Island with its beautiful capital - Auckland. Then we head south to the bubbling mud pools and steam vents of Rotorua.

11:30 am **Everyday Gourmet With Justine Schofield** (Rpt) CC G

From the simplest of meals to more sophisticated recipes, MasterChef's Justine Schofield will inspire you to get more from your home cooking experience.

12:00 pm **The Living Room Encore** (Rpt) CC

SPECIAL ENCORE PRESENTATION

Tonight on TLR, Amanda climbs the harbour bridge with Paula Abdul, Dr. Chris Brown chats to Robert Irwin about his life living at Australia Zoo & Miguel shows us some different ways to make a jaffle.

01:00 pm **It's A Lifestyle TV** (Rpt) CC G

A panel of hosts and special celebrity guests will take you through a comprehensive list of tips and tricks regarding food, health, nutrition, new products, gardening, home renovation and holidays.

MELBOURNE PROGRAM GUIDE

Saturday 08th March 2014



01:30 pm **A Taste Of Travel (Rpt)** CC G

A Taste of Travel returns for a second season, as we go to some of the most interesting places on the planet. Discover the local food specialties and get to know the local characters.

02:00 pm **Escape With ET**

Join rugby league and fishing legend, Andrew 'ET' Ettingshausen, as he escapes the city for adventures on land and sea.

03:00 pm **To Be Advised**

04:00 pm **What's Up Downunder** CC G

What's Up Down Under is a lifestyle television show that encourages people to travel Australia in recreational vehicles, stay at holiday parks and enjoy the local attractions of each area.

04:30 pm **Everyday Gourmet With Justine Schofield (Rpt)** CC G

From the simplest of meals to more sophisticated recipes, MasterChef's Justine Schofield will inspire you to get more from your home cooking experience.

05:00 pm **TEN Eyewitness News** CC

Presented by Hermione Kitson, the hour-long bulletin covers the major national & international news including sport with Adam Hawse, and expert weather analysis with Magdalena Roze.

06:00 pm **The Simpsons** CC PG
Sexual References

ALL NEW EPISODES

Four Regrettings And A Funeral

Four Springfielders are prompted to try to right past regrets following the funeral of a beloved neighbour. Homer, Marge, Mr. Burns and Kent Brockman set off to try and change the past.

Voices: Dan Castellaneta, Julie Kavner, Nancy Cartwright, Yeardley Smith, Hank Azaria, Harry Shearer

06:30 pm **Attenborough's Nature's Great Events** CC

NEW EPISODE

Nature's Great Events: The Great Tide

A mighty army of dolphins, sharks, whales, seals and gannets hunt down the billions of sardines along South Africa's east coast each winter, seeing the greatest gathering of predators anywhere on the planet.

MELBOURNE PROGRAM GUIDE

Saturday 08th March 2014



07:30 pm Bondi Vet

CC

NEW EPISODE

When it comes to animals, it is always best to expect the unexpected. On this special episode of Bondi Vet, we look back at some of the most embarrassing cases that Dr Chris and the team have ever faced.

08:30 pm **Movie: Taken** (Rpt) (2008)

CC M
WS Frequent Violence,
Adult Themes

MOVIE

A former spy relies on his old skills to save his estranged daughter, who has been forced into the slave trade.

Starring: Liam Neeson, Maggie Grace, Famke Janssen, Holly Valance, Xander Berkeley, Katie Cassidy

10:25 pm To Be Advised

NO
CC

MOVIE

11:25 pm To Be Advised

01:00 am Home Shopping

01:30 am Home Shopping

02:00 am Home Shopping

02:30 am Home Shopping

03:00 am Home Shopping

03:30 am Home Shopping

04:00 am Home Shopping

04:30 am It Is Written

PG

Religious Program

MELBOURNE PROGRAM GUIDE

Saturday 08th March 2014



05:00 am Hour Of Power

G

Religious Program

BRISBANE PROGRAM GUIDE

Sunday 02nd March 2014



06:00 am To Be Advised

06:30 am Hillsong G

Religious Program

07:00 am Joseph Prince: New Creation Church G

Religious Program

07:30 am Good Chef Bad Chef (Rpt) CC G

Chef Adrian Richardson and nutritionist Zoe Bingley-Pullin go head to head in a food showdown!

08:00 am Good Chef Bad Chef (Rpt) CC G

Chef Adrian Richardson and nutritionist Zoe Bingley-Pullin go head to head in a food showdown!

08:30 am Studio 10: Sunday CC G

Join us for all the best segments of the week from our morning shows Wake Up and Studio 10.

10:00 am To Be Advised

11:00 am What's Up Downunder

11:30 am Everyday Gourmet With Justine Schofield (Rpt) CC G

From the simplest of meals to more sophisticated recipes, MasterChef's Justine Schofield will inspire you to get more from your home cooking experience.

12:00 pm The Doctors

01:00 pm Basketball: NBL Championship 2013/14

LIVE EAST COAST

Round 20: Sydney Kings V Perth Wildcats

Round 20 takes us to the Sydney Entertainment Centre where the Sydney Kings host the Perth Wildcats.

03:00 pm To Be Advised

04:00 pm To Be Advised

BRISBANE PROGRAM GUIDE

Sunday 02nd March 2014



05:00 pm **TEN Eyewitness News**

CC

Presented by Hermione Kitson, the hour-long bulletin covers the major national & international news including sport with Adam Hawse, and expert weather analysis with Magdalena Roze.

06:00 pm **Have You Been Paying Attention?**

CC PG

NEW EPISODE

Hosted by Tom Gleisner, Have You Been Paying Attention is a fast-paced and irreverent look at international and local news with five comedians competing to see who can remember the most about the events of the week.

06:30 pm **So You Think You Can Dance Australia**

CC

NEW EPISODE

Top 20

08:30 pm **Elementary**

CC M
Some Violence,
Adult Themes

NEW EPISODE

Internal Audit

When a hedge fund manager who was also running a Ponzi scheme is murdered, Holmes and Watson must determine which of his clients is guilty.

Starring: Jonny Lee Miller, Lucy Liu, Aidan Quinn, Jon Michael Hill

09:30 pm **The Graham Norton Show**

CC

NEW EPISODE

Show 12

Graham Norton showcases his wickedly cheeky sense of humour in this fast-paced interview show. Guests include: Lena Dunham, Olivia Colman, Idris Elba & Keane.

Guest Starring: Lena Dunham, Olivia Colman, Idris Elba, Keane

10:30 pm **Have You Been Paying Attention? Encore (Rpt)**

CC PG

ENCORE PRESENTATION

Hosted by Tom Gleisner, Have You Been Paying Attention is a fast-paced and irreverent look at international and local news with five comedians competing to see who can remember the most about the events of the week.

BRISBANE PROGRAM GUIDE

Sunday 02nd March 2014



11:00 pm **Sunday Late Night Movie**

01:00 am **Home Shopping**

01:30 am **Home Shopping**

02:00 am **Home Shopping**

02:30 am **Home Shopping**

03:00 am **Home Shopping**

03:30 am **Life Today With James Robison**

04:00 am **CBS - This Morning** CC

Morning talk show hosted by Charlie Rose, Gayle King, and Norah O'Donnell.

05:30 am **TEN Eyewitness News Early** CC

We bring you the breaking news of the day with comprehensive coverage of local, national and overseas news, including sport and the latest weather updates.

BRISBANE PROGRAM GUIDE

Monday 03rd March 2014



06:00 am **TEN Eyewitness News Early** CC

We bring you the breaking news of the day with comprehensive coverage of local, national and overseas news, including sport and the latest weather updates.

06:30 am **Wake Up** CC

Wake Up to what's happening around Australia and around the world. Tarsh and Matho host the show LIVE from Manly Beach while Nuala Hafner presents all the latest news.

08:30 am **Studio 10** CC PG

Join a smart and fun conversation every morning with Ita Buttrose, Jessica Rowe, Joe Hildebrand and Sarah Harris. The hot topics are debated in front of a LIVE studio audience.

10:30 am **Studio 10 You** CC PG

Join a smart and fun conversation every morning with Ita Buttrose, Jessica Rowe, Joe Hildebrand and Sarah Harris. The hot topics are debated in front of a LIVE studio audience.

11:00 am **TEN Eyewitness News Morning** CC

The morning edition of TEN Eyewitness News is a comprehensive coverage of local, national and overseas news. Including sport and the latest weather updates.

12:00 pm **Dr Phil** CC PG
Some Coarse
Language,
Adult Themes

NEW EPISODE

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of severe mental illness.

01:00 pm **The Doctors**

02:00 pm **To Be Advised**

BRISBANE PROGRAM GUIDE

Monday 03rd March 2014



04:00 pm **Good Chef Bad Chef** CC G

Chef Adrian Richardson and nutritionist Zoe Bingley-Pullin go head to head in a food showdown!

04:30 pm **The Bold & The Beautiful** CC G

ALL NEW EPISODES

Liam and Hope plan their wedding. Meanwhile, Ridge plants an epic kiss on Brooke.

05:00 pm **TEN Eyewitness News** CC

Comprehensive coverage of local, national and overseas news. Includes sport and the latest weather.

06:00 pm **Modern Family** NO
CC

06:30 pm **The Project** CC

Join Charlie Pickering, Carrie Bickmore & our guest panelists as they dissect, digest and re-constitute the daily news, events and hottest topics.

07:30 pm **Modern Family** CC

NEW EPISODE

And ONE To Grow On

Phil tricks Luke into taking a dance class, but the jokes on him when the white lie indirectly lands him in the slammer. Meanwhile, Jay and Gloria throw a birthday party for both Manny and Joe.

Starring: Ed O'Neill, Sofia Vergara, Rico Rodriguez II, Ty Burrell, Julie Bowen, Eric Stonestreet, Jesse Tyler Ferguson, Sarah Hyland, Ariel Winter, Nolan Gould

08:00 pm **To Be Advised** NO
CC

08:30 pm **To Be Advised** NO
CC

09:30 pm **Blue Bloods** CC M
Some Violence

NEW EPISODE

The Bitter End

Danny becomes emotional when a young woman he promised to help commits suicide. Meanwhile, the Reagans suffer a loss due to the project gangs.

Starring: Tom Selleck, Donnie Wahlberg, Bridget Moynahan, Will Estes, Marisa Ramirez, Nicholas Turturro, Sebastian Sozzi, David Ramsey, Amy Carlson, Len Cariou, Sami Gayle

10:30 pm **TEN Eyewitness News Late** CC

A unique magazine-style format which informs and entertains with the very latest in national news, sport and weather.

BRISBANE PROGRAM GUIDE

Monday 03rd March 2014



11:00 pm	Touch	M Some Violence	NEW EPISODE <u>Event Horizon</u> Martin is determined to keep Jake safe from those who want to exploit his supernatural abilities, but Jake is on a mission of his own, to find the elusive Amelia. Starring: Kiefer Sutherland, David Mazouz, Lukas Haas, Maria Bello, Saxon Sharbino, Said Taghmaoui, Greg Ellis Guest Starring: Adam Campbell
12:00 am	Late Show With David Letterman	PG	Join the king of late night television - David Letterman, with special guests, his famous 'Top Ten' and lots more.
01:00 am	Home Shopping		
01:30 am	Home Shopping		
02:00 am	Home Shopping		
02:30 am	Home Shopping		
03:00 am	Home Shopping		
03:30 am	Life Today With James Robison		
04:00 am	CBS - This Morning	CC	Morning talk show hosted by Charlie Rose, Gayle King, and Norah O'Donnell.
05:30 am	TEN Eyewitness News Early	CC	We bring you the breaking news of the day with comprehensive coverage of local, national and overseas news, including sport and the latest weather updates.

BRISBANE PROGRAM GUIDE

Tuesday 04th March 2014



06:00 am **TEN Eyewitness News Early** CC

We bring you the breaking news of the day with comprehensive coverage of local, national and overseas news, including sport and the latest weather updates.

06:30 am **Wake Up** CC

Wake Up to what's happening around Australia and around the world. Tarsh and Matho host the show LIVE from Manly Beach while Nuala Hafner presents all the latest news.

08:30 am **Studio 10** CC PG

Join a smart and fun conversation every morning with Ita Buttrose, Jessica Rowe, Joe Hildebrand and Sarah Harris. The hot topics are debated in front of a LIVE studio audience.

10:30 am **Studio 10 You** CC PG

Join a smart and fun conversation every morning with Ita Buttrose, Jessica Rowe, Joe Hildebrand and Sarah Harris. The hot topics are debated in front of a LIVE studio audience.

11:00 am **TEN Eyewitness News Morning** CC

The morning edition of TEN Eyewitness News is a comprehensive coverage of local, national and overseas news. Including sport and the latest weather updates.

12:00 pm **Dr Phil**

CC M
Sexual References,
Some Coarse
Language,
Adult Themes

NEW EPISODE

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of severe mental illness.

01:00 pm **The Doctors**

02:00 pm **The Living Room (Rpt)** CC

SPECIAL ENCORE PRESENTATION

Tonight on TLR, Oprah's declutter guru Peter Walsh is back to help a hoarding mum get her life back. Australia's hottest supermodel, Robyn Lawley, has Miguel flipping out in the kitchen and Chris takes a running jump off a tall building.

BRISBANE PROGRAM GUIDE

Tuesday 04th March 2014



03:00 pm	Judge Judy	CC PG	ALL NEW EPISODES Judge Judy holds court as presiding judge. The people are real, the cases are real and the rulings are binding.
03:30 pm	Entertainment Tonight	CC	HOT OFF THE SATELLITE Nancy O'Dell and Rob Marciano bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.
04:00 pm	Good Chef Bad Chef	CC G	Chef Adrian Richardson and nutritionist Zoe Bingley-Pullin go head to head in a food showdown!
04:30 pm	The Bold & The Beautiful	CC G	ALL NEW EPISODES The Forresters, Logans and Spencers arrive for Liam and Hope's wedding. Elsewhere, Quinn and Steffy put their plan into motion.
05:00 pm	TEN Eyewitness News	CC	Comprehensive coverage of local, national and overseas news. Includes sport and the latest weather.
06:00 pm	Modern Family	NO CC	
06:30 pm	The Project	CC	Join Charlie Pickering, Carrie Bickmore & our guest panelists as they dissect, digest and re-constitute the daily news, events and hottest topics.
07:30 pm	The Biggest Loser: Challenge Australia	CC PG Mild Coarse Language	NEW EPISODE It wouldn't be last chance training without some sweat and tears and one team's training session is interrupted as someone storms out crying.
08:30 pm	NCIS	CC M	NEW EPISODE <u>Better Angels</u> After Gibbs leaves mid-case to help his father reconnect with a former war pilot, Tony and McGee argue over who should lead the team's investigation into the murder of a Marine Sergeant. Starring: Mark Harmon, Michael Weatherly, Cote De Pablo, Sean Murray, Pauley Perrette, Rocky Carroll, David McCallum

BRISBANE PROGRAM GUIDE

Tuesday 04th March 2014



		NEW EPISODE
09:30 pm	NCIS: Los Angeles	CC M Frequent Violence
		<u>The Frozen Lake</u> Callen and Sam enlist the help of a Gurkha, an elite Nepali soldier specialising in knife fighting, to retrieve a missing thumb drive. Starring: Chris O'Donnell, Li Cool J , Daniela Ruah, Linda Hunt, Eric Christian Olsen
10:30 pm	TEN Eyewitness News Late	CC
		A unique magazine-style format which informs and entertains with the very latest in national news, sport and weather.
11:00 pm	Hawaii Five-O (Rpt)	CC M Some Violence
		<u>Ma'ema'e</u> Five-0 are called to investigate the murder of a volleyball coach which leads to new evidence about one of their own. Chin and his former fiancée Malia find themselves spending time together. Starring: Alex O'Loughlin, Scott Caan, Daniel Dae Kim, Grace Park Guest Starring: William (Billy) Baldwin, Tom Sizemore, Lauren German, Meredith Monroe, Reiko Aylesworth
12:00 am	Late Show With David Letterman	PG
		Join the king of late night television - David Letterman, with special guests, his famous 'Top Ten' and lots more.
01:00 am	Home Shopping	
01:30 am	Home Shopping	
02:00 am	Home Shopping	
02:30 am	Home Shopping	
03:00 am	Home Shopping	
03:30 am	Life Today With James Robison	
04:00 am	CBS - This Morning	CC
		Morning talk show hosted by Charlie Rose, Gayle King, and Norah O'Donnell.

BRISBANE PROGRAM GUIDE

Tuesday 04th March 2014



05:30 am **TEN Eyewitness News Early**

CC

We bring you the breaking news of the day with comprehensive coverage of local, national and overseas news, including sport and the latest weather updates.

BRISBANE PROGRAM GUIDE

Wednesday 05th March 2014



06:00 am **TEN Eyewitness News Early** CC

We bring you the breaking news of the day with comprehensive coverage of local, national and overseas news, including sport and the latest weather updates.

06:30 am **Wake Up** CC

Wake Up to what's happening around Australia and around the world. Tarsh and Matho host the show LIVE from Manly Beach while Nuala Hafner presents all the latest news.

08:30 am **Studio 10** CC PG

Join a smart and fun conversation every morning with Ita Buttrose, Jessica Rowe, Joe Hildebrand and Sarah Harris. The hot topics are debated in front of a LIVE studio audience.

10:30 am **Studio 10 You** CC PG

Join a smart and fun conversation every morning with Ita Buttrose, Jessica Rowe, Joe Hildebrand and Sarah Harris. The hot topics are debated in front of a LIVE studio audience.

11:00 am **TEN Eyewitness News Morning** CC

The morning edition of TEN Eyewitness News is a comprehensive coverage of local, national and overseas news. Including sport and the latest weather updates.

12:00 pm **Dr Phil** CC M
Some Coarse
Language

NEW EPISODE

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of severe mental illness.

01:00 pm **The Doctors**

02:00 pm **The Biggest Loser: Challenge Australia (Rpt)** CC PG
Mild Coarse
Language

SPECIAL ENCORE PRESENTATION

It wouldn't be last chance training without some sweat and tears and one team's training session is interrupted as someone storms out crying.

BRISBANE PROGRAM GUIDE

Wednesday 05th March 2014



03:00 pm Judge Judy CC PG

ALL NEW EPISODES

Judge Judy holds court as presiding judge. The people are real, the cases are real and the rulings are binding.

03:30 pm Entertainment Tonight CC

HOT OFF THE SATELLITE

Nancy O'Dell and Rob Marciano bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

04:00 pm Good Chef Bad Chef CC G

Chef Adrian Richardson and nutritionist Zoe Bingley-Pullin go head to head in a food showdown!

04:30 pm The Bold & The Beautiful CC G

ALL NEW EPISODES

Wyatt decides to leave town convinced he's losing the love of his life; Steffy surprises Liam by revealing she can get pregnant again; Hope comes to a wrong conclusion.

05:00 pm TEN Eyewitness News CC

Comprehensive coverage of local, national and overseas news. Includes sport and the latest weather.

06:00 pm Modern Family **NO
CC**

06:30 pm The Project CC

Join Charlie Pickering, Carrie Bickmore & our guest panelists as they dissect, digest and re-constitute the daily news, events and hottest topics.

07:30 pm The Biggest Loser: Challenge Australia CC

NEW EPISODE

Things are about to get shaken up as Hayley reveals a change in the game. Meanwhile, the trainers tell the contestants that they have a week of mental and physical challenges lined up for them.

08:30 pm To Be Advised **NO
CC**

09:30 pm The Good Wife CC M
Adult Themes

NEW EPISODE

Precious Commodity, A

Will makes Alicia a stunning offer which causes her to reconsider her plans to leave the firm. Meanwhile, the partners take action when Diane's Supreme Court candidacy puts her at odds with her colleagues.

Starring: Julianna Margulies, Christine Baranski, Josh Charles, Archie Panjabi, Matt Czuchy, Alan Cumming, Chris Noth

BRISBANE PROGRAM GUIDE

Wednesday 05th March 2014



10:30 pm **TEN Eyewitness News Late** CC

A unique magazine-style format which informs and entertains with the very latest in national news, sport and weather.

11:00 pm **Elementary (Rpt)** CC M

Flight Risk

Sherlock tries to prove mechanical error was not to blame for a plane crash on a New York City beach. Meanwhile, Watson tries to convince Sherlock to meet with his elusive father for dinner.

Starring: Jonny Lee Miller, Lucy Liu, Aidan Quinn, Jon Michael Hill

Guest Starring: Reiko Aylesworth, Brian Kerwin, Roger Rees, Adam Lefevre, Matthew Humphreys

12:00 am **Late Show With David Letterman** PG

Join the king of late night television - David Letterman, with special guests, his famous 'Top Ten' and lots more.

01:00 am **Home Shopping**

01:30 am **Home Shopping**

02:00 am **Home Shopping**

02:30 am **Home Shopping**

03:00 am **Home Shopping**

03:30 am **Life Today With James Robison**

04:00 am **CBS - This Morning** CC

Morning talk show hosted by Charlie Rose, Gayle King, and Norah O'Donnell.

05:30 am **TEN Eyewitness News Early** CC

We bring you the breaking news of the day with comprehensive coverage of local, national and overseas news, including sport and the latest weather updates.

BRISBANE PROGRAM GUIDE

Thursday 06th March 2014



06:00 am **TEN Eyewitness News Early** CC

We bring you the breaking news of the day with comprehensive coverage of local, national and overseas news, including sport and the latest weather updates.

06:30 am **Wake Up** CC

Wake Up to what's happening around Australia and around the world. Tarsh and Matho host the show LIVE from Manly Beach while Nuala Hafner presents all the latest news.

08:30 am **Studio 10** CC PG

Join a smart and fun conversation every morning with Ita Buttrose, Jessica Rowe, Joe Hildebrand and Sarah Harris. The hot topics are debated in front of a LIVE studio audience.

10:30 am **Studio 10 You** CC PG

Join a smart and fun conversation every morning with Ita Buttrose, Jessica Rowe, Joe Hildebrand and Sarah Harris. The hot topics are debated in front of a LIVE studio audience.

11:00 am **TEN Eyewitness News Morning** CC

The morning edition of TEN Eyewitness News is a comprehensive coverage of local, national and overseas news. Including sport and the latest weather updates.

12:00 pm **Dr Phil**

CC M
Sexual References,
Adult Themes

NEW EPISODE

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of severe mental illness.

01:00 pm **The Doctors**

02:00 pm **The Biggest Loser: Challenge Australia (Rpt)** CC

SPECIAL ENCORE PRESENTATION

Things are about to get shaken up as Hayley reveals a change in the game. Meanwhile, the trainers tell the contestants that they have a week of mental and physical challenges lined up for them.

BRISBANE PROGRAM GUIDE

Thursday 06th March 2014



03:00 pm	Judge Judy	CC PG	ALL NEW EPISODES Judge Judy holds court as presiding judge. The people are real, the cases are real and the rulings are binding.
03:30 pm	Entertainment Tonight	CC	HOT OFF THE SATELLITE Nancy O'Dell and Rob Marciano bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.
04:00 pm	Good Chef Bad Chef	CC G	Chef Adrian Richardson and nutritionist Zoe Bingley-Pullin go head to head in a food showdown!
04:30 pm	The Bold & The Beautiful	CC G	ALL NEW EPISODES Hope and Wyatt prepare to spend the holidays in the tropics. Elsewhere, Quinn is rehired at Forrester Creations.
05:00 pm	TEN Eyewitness News	CC	Comprehensive coverage of local, national and overseas news. Includes sport and the latest weather.
06:00 pm	Modern Family	NO CC	
06:30 pm	The Project	CC	Join Charlie Pickering, Carrie Bickmore & Dave Hughes as they dissect, digest and re-constitute the daily news, events and hottest topics.
07:30 pm	The Biggest Loser: Challenge Australia	CC	NEW EPISODE The week of physical and mental challenges continues as all eight contestants compete in The Biggest Loser triathlon and the winner will receive a reward we've never seen before, but what is it?
08:30 pm	Law & Order: S.V.U.	CC M Some Violence, Adult Themes	NEW EPISODE <u>Amaro's ONE-Eighty</u> When a case becomes a public spectacle, Amaro must decide if fighting for his badge is the best decision for his family. Meanwhile, Captain Cragen makes a surprise announcement. Starring: Mariska Hargitay, Ice T, Dann Florek, Danny Pino, Kelli Giddish, Dean Cain, Elizabeth Marvel Guest Starring: Greg Germann, Robert John Burke, Cathy Moriarty, Mel Harris

BRISBANE PROGRAM GUIDE

Thursday 06th March 2014



09:30 pm	Law & Order: S.V.U. (Rpt)	CC M Sexual References, Adult Themes	<u>Spiraling Down</u> The detectives investigate when a colleague of Detective Amaro's wife reports his 14-year-old daughter missing. Starring: Mariska Hargitay, Danny Pino, Kelli Giddish, Ice T , Stephanie March, Dann Florek Guest Starring: André Braugher, Treat Williams
10:30 pm	TEN Eyewitness News Late	CC	A unique magazine-style format which informs and entertains with the very latest in national news, sport and weather.
11:00 pm	Saving Grace	M Some Violence, Adult Themes	<u>She's A Lump</u> A court reporter's suicide may have been staged by a member of her alcoholic's support group. Meanwhile, Grace continues to try to make a connection with Neely, who remains in a coma. Starring: Holly Hunter, Leon Rippy, Laura San Giacomo, Lorraine Toussaint, Bailey Chase, Kenny Johnson, Yaani King, Gregory Cruz
12:00 am	Late Show With David Letterman	PG	Join the king of late night television - David Letterman, with special guests, his famous 'Top Ten' and lots more.
01:00 am	Home Shopping		
01:30 am	Home Shopping		
02:00 am	Home Shopping		
02:30 am	Home Shopping		
03:00 am	Home Shopping		
03:30 am	Life Today With James Robison		
04:00 am	CBS - This Morning	CC	Morning talk show hosted by Charlie Rose, Gayle King, and Norah O'Donnell.
05:30 am	TEN Eyewitness News Early	CC	We bring you the breaking news of the day with comprehensive coverage of local, national and overseas news, including sport and the latest weather updates.

BRISBANE PROGRAM GUIDE

Friday 07th March 2014



06:00 am **TEN Eyewitness News Early** CC

We bring you the breaking news of the day with comprehensive coverage of local, national and overseas news, including sport and the latest weather updates.

06:30 am **Wake Up** CC

Wake Up to what's happening around Australia and around the world. Tarsh and Matho host the show LIVE from Manly Beach while Nuala Hafner presents all the latest news.

08:30 am **Studio 10** CC PG

Join a smart and fun conversation every morning with Ita Buttrose, Jessica Rowe, Joe Hildebrand and Sarah Harris. The hot topics are debated in front of a LIVE studio audience.

10:30 am **Studio 10 You** CC PG

Join a smart and fun conversation every morning with Ita Buttrose, Jessica Rowe, Joe Hildebrand and Sarah Harris. The hot topics are debated in front of a LIVE studio audience.

11:00 am **TEN Eyewitness News Morning** CC

The morning edition of TEN Eyewitness News is a comprehensive coverage of local, national and overseas news. Including sport and the latest weather updates.

12:00 pm **Dr Phil** CC PG
Some Coarse
Language,
Adult Themes

NEW EPISODE

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of severe mental illness.

01:00 pm **The Doctors**

02:00 pm **The Biggest Loser: Challenge Australia (Rpt)** CC

SPECIAL ENCORE PRESENTATION

The week of physical and mental challenges continues as all eight contestants compete in The Biggest Loser triathlon and the winner will receive a reward we've never seen before, but what is it?

BRISBANE PROGRAM GUIDE

Friday 07th March 2014



03:00 pm	Judge Judy	CC PG	ALL NEW EPISODES Judge Judy holds court as presiding judge. The people are real, the cases are real and the rulings are binding.
03:30 pm	Entertainment Tonight	CC	HOT OFF THE SATELLITE Nancy O'Dell and Rob Marciano bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.
04:00 pm	Good Chef Bad Chef	CC G	Chef Adrian Richardson and nutritionist Zoe Bingley-Pullin go head to head in a food showdown!
04:30 pm	The Bold & The Beautiful	CC G	ALL NEW EPISODES Eric has his kids visiting for the holidays; Rick and Caroline go on their first holiday as a married couple; Ridge and Brooke spend quality time with a returning RJ.
05:00 pm	TEN Eyewitness News	CC	Comprehensive coverage of local, national and overseas news. Includes sport and the latest weather.
06:00 pm	Modern Family	NO CC	
06:30 pm	The Project	CC	Join Charlie Pickering, Carrie Bickmore & Dave Hughes as they dissect, digest and re-constitute the daily news, events and hottest topics.
07:30 pm	The Living Room	CC	NEW EPISODE Tonight on TLR, Amanda climbs the harbour bridge with Paula Abdul, Dr. Chris Brown chats to Robert Irwin about his life living at Australia Zoo & Miguel shows us some different ways to make a jaffle.
08:30 pm	Hawaii Five-O	NO CC	NEW EPISODE <u>Ka 'oia'i'o Ma Loko</u> A double murder forces the Five-0 team to bring in a conspiracy therapist to help them find a missing artifact tied to the killings. Starring: Alex O'Loughlin, Scott Caan, Daniel Dae Kim, Masi Oka, Michelle Borth, Justin Bruening Guest Starring: Jorge Garcia

BRISBANE PROGRAM GUIDE

Friday 07th March 2014



09:30 pm **NCIS (Rpt)**

CC M
WS Some Violence

Tell-All

NCIS connect a message in blood left by a murdered Navy commander to a manuscript that may contain classified military information.

Starring: Mark Harmon, Michael Weatherly, David McCallum, Sean Murray, Pauley Perrette, Cote De Pablo, Rocky Carroll

Guest Starring: Carl Lumbly

10:30 pm **TEN Eyewitness News Late**

CC

A unique magazine-style format which informs and entertains with the very latest in national news, sport and weather.

11:00 pm **Blue Bloods**

CC M

Black And Blue

Frank deals with a political crisis after Jamie and Renzulli enter a religious centre in response to a 911 call and are injured by the church's security team.

Starring: Tom Selleck, Donnie Wahlberg, Bridget Moynahan, Will Estes, Len Cariou, Amy Carlson, Nicholas Turturro, Sami Gayle, Jennifer Esposito

Guest Starring: David Ramsey

12:00 am **Late Show With David Letterman**

PG

Join the king of late night television - David Letterman, with special guests, his famous 'Top Ten' and lots more.

01:00 am **Home Shopping**

01:30 am **Home Shopping**

02:00 am **Home Shopping**

02:30 am **Home Shopping**

03:00 am **Home Shopping**

03:30 am **Home Shopping**

04:00 am **Home Shopping**

04:30 am **Home Shopping**

BRISBANE PROGRAM GUIDE

Friday 07th March 2014



05:00 am Home Shopping

05:30 am Home Shopping

BRISBANE PROGRAM GUIDE

Saturday 08th March 2014



06:00 am To Be Advised

06:30 am To Be Advised

07:00 am To Be Advised

08:00 am **Good Chef Bad Chef** (Rpt) CC G

Chef Adrian Richardson and nutritionist Zoe Bingley-Pullin go head to head in a food showdown!

08:30 am **Studio 10: Saturday** CC G

Join us for all the best segments of the week from our morning shows Wake Up and Studio 10.

10:00 am **Studio 10: Saturday Extra** CC PG

Join us for all the best segments of the week from our morning shows Wake Up and Studio 10.

11:00 am **Tour The World** CC

NEW EPISODE

New Zealand's North Island Unveiled

We join a fabulous journey around New Zealand's stunning North Island with its beautiful capital - Auckland. Then we head south to the bubbling mud pools and steam vents of Rotorua.

11:30 am **Everyday Gourmet With Justine Schofield** (Rpt) CC G

From the simplest of meals to more sophisticated recipes, MasterChef's Justine Schofield will inspire you to get more from your home cooking experience.

12:00 pm **The Living Room Encore** (Rpt) CC

SPECIAL ENCORE PRESENTATION

Tonight on TLR, Amanda climbs the harbour bridge with Paula Abdul, Dr. Chris Brown chats to Robert Irwin about his life living at Australia Zoo & Miguel shows us some different ways to make a jaffle.

01:00 pm **It's A Lifestyle TV** (Rpt) CC G

A panel of hosts and special celebrity guests will take you through a comprehensive list of tips and tricks regarding food, health, nutrition, new products, gardening, home renovation and holidays.

BRISBANE PROGRAM GUIDE

Saturday 08th March 2014



01:30 pm **A Taste Of Travel** (Rpt)

CC G

A Taste of Travel returns for a second season, as we go to some of the most interesting places on the planet. Discover the local food specialties and get to know the local characters.

02:00 pm **Escape With ET**

Join rugby league and fishing legend, Andrew 'ET' Ettingshausen, as he escapes the city for adventures on land and sea.

03:00 pm **To Be Advised**

04:00 pm **What's Up Downunder**

CC G

What's Up Down Under is a lifestyle television show that encourages people to travel Australia in recreational vehicles, stay at holiday parks and enjoy the local attractions of each area.

04:30 pm **Everyday Gourmet With Justine Schofield** (Rpt)

CC G

From the simplest of meals to more sophisticated recipes, MasterChef's Justine Schofield will inspire you to get more from your home cooking experience.

05:00 pm **TEN Eyewitness News**

CC

Presented by Hermione Kitson, the hour-long bulletin covers the major national & international news including sport with Adam Hawse, and expert weather analysis with Magdalena Roze.

06:00 pm **The Simpsons**

CC PG
Sexual References

ALL NEW EPISODES

Four Regrettings And A Funeral

Four Springfielders are prompted to try to right past regrets following the funeral of a beloved neighbour. Homer, Marge, Mr. Burns and Kent Brockman set off to try and change the past.

Voices: Dan Castellaneta, Julie Kavner, Nancy Cartwright, Yeardley Smith, Hank Azaria, Harry Shearer

06:30 pm **Attenborough's Nature's Great Events**

CC

NEW EPISODE

Nature's Great Events: The Great Tide

A mighty army of dolphins, sharks, whales, seals and gannets hunt down the billions of sardines along South Africa's east coast each winter, seeing the greatest gathering of predators anywhere on the planet.

BRISBANE PROGRAM GUIDE

Saturday 08th March 2014



07:30 pm	Bondi Vet	CC	NEW EPISODE When it comes to animals, it is always best to expect the unexpected. On this special episode of Bondi Vet, we look back at some of the most embarrassing cases that Dr Chris and the team have ever faced.
08:30 pm	Movie: Taken (Rpt) (2008)	CC M WS Frequent Violence, Adult Themes	MOVIE A former spy relies on his old skills to save his estranged daughter, who has been forced into the slave trade. Starring: Liam Neeson, Maggie Grace, Famke Janssen, Holly Valance, Xander Berkeley, Katie Cassidy
10:25 pm	To Be Advised	NO CC	MOVIE
11:25 pm	To Be Advised		
01:00 am	Home Shopping		
01:30 am	Home Shopping		
02:00 am	Home Shopping		
02:30 am	Home Shopping		
03:00 am	Home Shopping		
03:30 am	Home Shopping		
04:00 am	Home Shopping		
04:30 am	It Is Written	PG	Religious Program

BRISBANE PROGRAM GUIDE

Saturday 08th March 2014



05:00 am Hour Of Power

G

Religious Program

ADELAIDE PROGRAM GUIDE

Sunday 02nd March 2014



06:00 am To Be Advised

06:30 am Hillsong G

Religious Program

07:00 am Joseph Prince: New Creation Church G

Religious Program

07:30 am Good Chef Bad Chef (Rpt) CC G

Chef Adrian Richardson and nutritionist Zoe Bingley-Pullin go head to head in a food showdown!

08:00 am Good Chef Bad Chef (Rpt) CC G

Chef Adrian Richardson and nutritionist Zoe Bingley-Pullin go head to head in a food showdown!

08:30 am Studio 10: Sunday CC G

Join us for all the best segments of the week from our morning shows Wake Up and Studio 10.

10:00 am To Be Advised

11:00 am What's Up Downunder

11:30 am Everyday Gourmet With Justine Schofield (Rpt) CC G

From the simplest of meals to more sophisticated recipes, MasterChef's Justine Schofield will inspire you to get more from your home cooking experience.

12:00 pm The Doctors

01:00 pm Basketball: NBL Championship 2013/14

REPLAY

Round 20: Sydney Kings V Perth Wildcats

Round 20 takes us to the Sydney Entertainment Centre where the Sydney Kings host the Perth Wildcats.

03:00 pm To Be Advised

04:00 pm To Be Advised

ADELAIDE PROGRAM GUIDE

Sunday 02nd March 2014



05:00 pm **TEN Eyewitness News**

CC

Presented by Hermione Kitson, the hour-long bulletin covers the major national & international news including sport with Adam Hawse, and expert weather analysis with Magdalena Roze.

06:00 pm **Have You Been Paying Attention?**

CC PG

NEW EPISODE

Hosted by Tom Gleisner, Have You Been Paying Attention is a fast-paced and irreverent look at international and local news with five comedians competing to see who can remember the most about the events of the week.

06:30 pm **So You Think You Can Dance
Australia**

CC

NEW EPISODE

Top 20

08:30 pm **Elementary**

CC M
Some Violence,
Adult Themes

NEW EPISODE

Internal Audit

When a hedge fund manager who was also running a Ponzi scheme is murdered, Holmes and Watson must determine which of his clients is guilty.

Starring: Jonny Lee Miller, Lucy Liu, Aidan Quinn, Jon Michael Hill

09:30 pm **The Graham Norton Show**

CC

NEW EPISODE

Show 12

Graham Norton showcases his wickedly cheeky sense of humour in this fast-paced interview show. Guests include: Lena Dunham, Olivia Colman, Idris Elba & Keane.

Guest Starring: Lena Dunham, Olivia Colman, Idris Elba, Keane

10:30 pm **Have You Been Paying Attention?
Encore (Rpt)**

CC PG

ENCORE PRESENTATION

Hosted by Tom Gleisner, Have You Been Paying Attention is a fast-paced and irreverent look at international and local news with five comedians competing to see who can remember the most about the events of the week.

ADELAIDE PROGRAM GUIDE

Sunday 02nd March 2014



11:00 pm **Sunday Late Night Movie**

01:00 am **Home Shopping**

01:30 am **Home Shopping**

02:00 am **Home Shopping**

02:30 am **Home Shopping**

03:00 am **Home Shopping**

03:30 am **Life Today With James Robison**

04:00 am **CBS - This Morning** CC

Morning talk show hosted by Charlie Rose, Gayle King, and Norah O'Donnell.

05:30 am **TEN Eyewitness News Early** CC

We bring you the breaking news of the day with comprehensive coverage of local, national and overseas news, including sport and the latest weather updates.

ADELAIDE PROGRAM GUIDE

Monday 03rd March 2014



06:00 am **TEN Eyewitness News Early** CC

We bring you the breaking news of the day with comprehensive coverage of local, national and overseas news, including sport and the latest weather updates.

06:30 am **Wake Up** CC

Wake Up to what's happening around Australia and around the world. Tarsh and Matho host the show LIVE from Manly Beach while Nuala Hafner presents all the latest news.

08:30 am **Studio 10** CC PG

Join a smart and fun conversation every morning with Ita Buttrose, Jessica Rowe, Joe Hildebrand and Sarah Harris. The hot topics are debated in front of a LIVE studio audience.

10:30 am **Studio 10 You** CC PG

Join a smart and fun conversation every morning with Ita Buttrose, Jessica Rowe, Joe Hildebrand and Sarah Harris. The hot topics are debated in front of a LIVE studio audience.

11:00 am **TEN Eyewitness News Morning** CC

The morning edition of TEN Eyewitness News is a comprehensive coverage of local, national and overseas news. Including sport and the latest weather updates.

12:00 pm **Dr Phil** CC PG
Some Coarse
Language,
Adult Themes

NEW EPISODE

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of severe mental illness.

01:00 pm **The Doctors**

02:00 pm **To Be Advised**

ADELAIDE PROGRAM GUIDE

Monday 03rd March 2014



04:00 pm **Good Chef Bad Chef** CC G

Chef Adrian Richardson and nutritionist Zoe Bingley-Pullin go head to head in a food showdown!

04:30 pm **The Bold & The Beautiful** CC G

ALL NEW EPISODES

Liam and Hope plan their wedding. Meanwhile, Ridge plants an epic kiss on Brooke.

05:00 pm **TEN Eyewitness News** CC

Comprehensive coverage of local, national and overseas news. Includes sport and the latest weather.

06:00 pm **Modern Family** NO
CC

06:30 pm **The Project** CC

Join Charlie Pickering, Carrie Bickmore & our guest panelists as they dissect, digest and re-constitute the daily news, events and hottest topics.

07:30 pm **Modern Family** CC

NEW EPISODE

And ONE To Grow On

Phil tricks Luke into taking a dance class, but the jokes on him when the white lie indirectly lands him in the slammer. Meanwhile, Jay and Gloria throw a birthday party for both Manny and Joe.

Starring: Ed O'Neill, Sofia Vergara, Rico Rodriguez II, Ty Burrell, Julie Bowen, Eric Stonestreet, Jesse Tyler Ferguson, Sarah Hyland, Ariel Winter, Nolan Gould

08:00 pm **To Be Advised** NO
CC

08:30 pm **To Be Advised** NO
CC

09:30 pm **Blue Bloods** CC M
Some Violence

NEW EPISODE

The Bitter End

Danny becomes emotional when a young woman he promised to help commits suicide. Meanwhile, the Reagans suffer a loss due to the project gangs.

Starring: Tom Selleck, Donnie Wahlberg, Bridget Moynahan, Will Estes, Marisa Ramirez, Nicholas Turturro, Sebastian Sozzi, David Ramsey, Amy Carlson, Len Cariou, Sami Gayle

10:30 pm **TEN Eyewitness News Late** CC

A unique magazine-style format which informs and entertains with the very latest in national news, sport and weather.

ADELAIDE PROGRAM GUIDE

Monday 03rd March 2014



11:00 pm	Touch	M Some Violence	NEW EPISODE <u>Event Horizon</u> Martin is determined to keep Jake safe from those who want to exploit his supernatural abilities, but Jake is on a mission of his own, to find the elusive Amelia. Starring: Kiefer Sutherland, David Mazouz, Lukas Haas, Maria Bello, Saxon Sharbino, Said Taghmaoui, Greg Ellis Guest Starring: Adam Campbell
12:00 am	Late Show With David Letterman	PG	Join the king of late night television - David Letterman, with special guests, his famous 'Top Ten' and lots more.
01:00 am	Home Shopping		
01:30 am	Home Shopping		
02:00 am	Home Shopping		
02:30 am	Home Shopping		
03:00 am	Home Shopping		
03:30 am	Life Today With James Robison		
04:00 am	CBS - This Morning	CC	Morning talk show hosted by Charlie Rose, Gayle King, and Norah O'Donnell.
05:30 am	TEN Eyewitness News Early	CC	We bring you the breaking news of the day with comprehensive coverage of local, national and overseas news, including sport and the latest weather updates.

ADELAIDE PROGRAM GUIDE

Tuesday 04th March 2014



06:00 am **TEN Eyewitness News Early** CC

We bring you the breaking news of the day with comprehensive coverage of local, national and overseas news, including sport and the latest weather updates.

06:30 am **Wake Up** CC

Wake Up to what's happening around Australia and around the world. Tarsh and Matho host the show LIVE from Manly Beach while Nuala Hafner presents all the latest news.

08:30 am **Studio 10** CC PG

Join a smart and fun conversation every morning with Ita Buttrose, Jessica Rowe, Joe Hildebrand and Sarah Harris. The hot topics are debated in front of a LIVE studio audience.

10:30 am **Studio 10 You** CC PG

Join a smart and fun conversation every morning with Ita Buttrose, Jessica Rowe, Joe Hildebrand and Sarah Harris. The hot topics are debated in front of a LIVE studio audience.

11:00 am **TEN Eyewitness News Morning** CC

The morning edition of TEN Eyewitness News is a comprehensive coverage of local, national and overseas news. Including sport and the latest weather updates.

12:00 pm **Dr Phil**

CC M
Sexual References,
Some Coarse
Language,
Adult Themes

NEW EPISODE

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of severe mental illness.

01:00 pm **The Doctors**

02:00 pm **The Living Room (Rpt)** CC

SPECIAL ENCORE PRESENTATION

Tonight on TLR, Oprah's declutter guru Peter Walsh is back to help a hoarding mum get her life back. Australia's hottest supermodel, Robyn Lawley, has Miguel flipping out in the kitchen and Chris takes a running jump off a tall building.

ADELAIDE PROGRAM GUIDE

Tuesday 04th March 2014



03:00 pm	Judge Judy	CC PG	ALL NEW EPISODES Judge Judy holds court as presiding judge. The people are real, the cases are real and the rulings are binding.
03:30 pm	Entertainment Tonight	CC	HOT OFF THE SATELLITE Nancy O'Dell and Rob Marciano bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.
04:00 pm	Good Chef Bad Chef	CC G	Chef Adrian Richardson and nutritionist Zoe Bingley-Pullin go head to head in a food showdown!
04:30 pm	The Bold & The Beautiful	CC G	ALL NEW EPISODES The Forresters, Logans and Spencers arrive for Liam and Hope's wedding. Elsewhere, Quinn and Steffy put their plan into motion.
05:00 pm	TEN Eyewitness News	CC	Comprehensive coverage of local, national and overseas news. Includes sport and the latest weather.
06:00 pm	Modern Family	NO CC	
06:30 pm	The Project	CC	Join Charlie Pickering, Carrie Bickmore & our guest panelists as they dissect, digest and re-constitute the daily news, events and hottest topics.
07:30 pm	The Biggest Loser: Challenge Australia	CC PG Mild Coarse Language	NEW EPISODE It wouldn't be last chance training without some sweat and tears and one team's training session is interrupted as someone storms out crying.
08:30 pm	NCIS	CC M	NEW EPISODE <u>Better Angels</u> After Gibbs leaves mid-case to help his father reconnect with a former war pilot, Tony and McGee argue over who should lead the team's investigation into the murder of a Marine Sergeant. Starring: Mark Harmon, Michael Weatherly, Cote De Pablo, Sean Murray, Pauley Perrette, Rocky Carroll, David McCallum

ADELAIDE PROGRAM GUIDE

Tuesday 04th March 2014



Time	Program	Rating	Notes
09:30 pm	NCIS: Los Angeles	CC M Frequent Violence	NEW EPISODE <u>The Frozen Lake</u> Callen and Sam enlist the help of a Gurkha, an elite Nepali soldier specialising in knife fighting, to retrieve a missing thumb drive. Starring: Chris O'Donnell, Li Cool J , Daniela Ruah, Linda Hunt, Eric Christian Olsen
10:30 pm	TEN Eyewitness News Late	CC	A unique magazine-style format which informs and entertains with the very latest in national news, sport and weather.
11:00 pm	Hawaii Five-O (Rpt)	CC M Some Violence	<u>Ma'ema'e</u> Five-0 are called to investigate the murder of a volleyball coach which leads to new evidence about one of their own. Chin and his former fiancée Malia find themselves spending time together. Starring: Alex O'Loughlin, Scott Caan, Daniel Dae Kim, Grace Park Guest Starring: William (Billy) Baldwin, Tom Sizemore, Lauren German, Meredith Monroe, Reiko Aylesworth
12:00 am	Late Show With David Letterman	PG	Join the king of late night television - David Letterman, with special guests, his famous 'Top Ten' and lots more.
01:00 am	Home Shopping		
01:30 am	Home Shopping		
02:00 am	Home Shopping		
02:30 am	Home Shopping		
03:00 am	Home Shopping		
03:30 am	Life Today With James Robison		
04:00 am	CBS - This Morning	CC	Morning talk show hosted by Charlie Rose, Gayle King, and Norah O'Donnell.

ADELAIDE PROGRAM GUIDE

Tuesday 04th March 2014



05:30 am **TEN Eyewitness News Early**

CC

We bring you the breaking news of the day with comprehensive coverage of local, national and overseas news, including sport and the latest weather updates.

ADELAIDE PROGRAM GUIDE

Wednesday 05th March 2014



06:00 am **TEN Eyewitness News Early** CC

We bring you the breaking news of the day with comprehensive coverage of local, national and overseas news, including sport and the latest weather updates.

06:30 am **Wake Up** CC

Wake Up to what's happening around Australia and around the world. Tarsh and Matho host the show LIVE from Manly Beach while Nuala Hafner presents all the latest news.

08:30 am **Studio 10** CC PG

Join a smart and fun conversation every morning with Ita Buttrose, Jessica Rowe, Joe Hildebrand and Sarah Harris. The hot topics are debated in front of a LIVE studio audience.

10:30 am **Studio 10 You** CC PG

Join a smart and fun conversation every morning with Ita Buttrose, Jessica Rowe, Joe Hildebrand and Sarah Harris. The hot topics are debated in front of a LIVE studio audience.

11:00 am **TEN Eyewitness News Morning** CC

The morning edition of TEN Eyewitness News is a comprehensive coverage of local, national and overseas news. Including sport and the latest weather updates.

12:00 pm **Dr Phil** CC M
Some Coarse
Language

NEW EPISODE

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of severe mental illness.

01:00 pm **The Doctors**

02:00 pm **The Biggest Loser: Challenge Australia (Rpt)** CC PG
Mild Coarse
Language

SPECIAL ENCORE PRESENTATION

It wouldn't be last chance training without some sweat and tears and one team's training session is interrupted as someone storms out crying.

ADELAIDE PROGRAM GUIDE

Wednesday 05th March 2014



03:00 pm	Judge Judy	CC PG	ALL NEW EPISODES Judge Judy holds court as presiding judge. The people are real, the cases are real and the rulings are binding.
03:30 pm	Entertainment Tonight	CC	HOT OFF THE SATELLITE Nancy O'Dell and Rob Marciano bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.
04:00 pm	Good Chef Bad Chef	CC G	Chef Adrian Richardson and nutritionist Zoe Bingley-Pullin go head to head in a food showdown!
04:30 pm	The Bold & The Beautiful	CC G	ALL NEW EPISODES Wyatt decides to leave town convinced he's losing the love of his life; Steffy surprises Liam by revealing she can get pregnant again; Hope comes to a wrong conclusion.
05:00 pm	TEN Eyewitness News	CC	Comprehensive coverage of local, national and overseas news. Includes sport and the latest weather.
06:00 pm	Modern Family	NO CC	
06:30 pm	The Project	CC	Join Charlie Pickering, Carrie Bickmore & our guest panelists as they dissect, digest and re-constitute the daily news, events and hottest topics.
07:30 pm	The Biggest Loser: Challenge Australia	CC	NEW EPISODE Things are about to get shaken up as Hayley reveals a change in the game. Meanwhile, the trainers tell the contestants that they have a week of mental and physical challenges lined up for them.
08:30 pm	To Be Advised	NO CC	
09:30 pm	The Good Wife	CC M Adult Themes	NEW EPISODE <u>Precious Commodity, A</u> Will makes Alicia a stunning offer which causes her to reconsider her plans to leave the firm. Meanwhile, the partners take action when Diane's Supreme Court candidacy puts her at odds with her colleagues. Starring: Julianna Margulies, Christine Baranski, Josh Charles, Archie Panjabi, Matt Czuchy, Alan Cumming, Chris Noth

ADELAIDE PROGRAM GUIDE

Wednesday 05th March 2014



10:30 pm **TEN Eyewitness News Late** CC

A unique magazine-style format which informs and entertains with the very latest in national news, sport and weather.

11:00 pm **Elementary (Rpt)** CC M

Flight Risk

Sherlock tries to prove mechanical error was not to blame for a plane crash on a New York City beach. Meanwhile, Watson tries to convince Sherlock to meet with his elusive father for dinner.

Starring: Jonny Lee Miller, Lucy Liu, Aidan Quinn, Jon Michael Hill

Guest Starring: Reiko Aylesworth, Brian Kerwin, Roger Rees, Adam Lefevre, Matthew Humphreys

12:00 am **Late Show With David Letterman** PG

Join the king of late night television - David Letterman, with special guests, his famous 'Top Ten' and lots more.

01:00 am **Home Shopping**

01:30 am **Home Shopping**

02:00 am **Home Shopping**

02:30 am **Home Shopping**

03:00 am **Home Shopping**

03:30 am **Life Today With James Robison**

04:00 am **CBS - This Morning** CC

Morning talk show hosted by Charlie Rose, Gayle King, and Norah O'Donnell.

05:30 am **TEN Eyewitness News Early** CC

We bring you the breaking news of the day with comprehensive coverage of local, national and overseas news, including sport and the latest weather updates.

ADELAIDE PROGRAM GUIDE

Thursday 06th March 2014



06:00 am **TEN Eyewitness News Early** CC

We bring you the breaking news of the day with comprehensive coverage of local, national and overseas news, including sport and the latest weather updates.

06:30 am **Wake Up** CC

Wake Up to what's happening around Australia and around the world. Tarsh and Matho host the show LIVE from Manly Beach while Nuala Hafner presents all the latest news.

08:30 am **Studio 10** CC PG

Join a smart and fun conversation every morning with Ita Buttrose, Jessica Rowe, Joe Hildebrand and Sarah Harris. The hot topics are debated in front of a LIVE studio audience.

10:30 am **Studio 10 You** CC PG

Join a smart and fun conversation every morning with Ita Buttrose, Jessica Rowe, Joe Hildebrand and Sarah Harris. The hot topics are debated in front of a LIVE studio audience.

11:00 am **TEN Eyewitness News Morning** CC

The morning edition of TEN Eyewitness News is a comprehensive coverage of local, national and overseas news. Including sport and the latest weather updates.

12:00 pm **Dr Phil**

CC M
Sexual References,
Adult Themes

NEW EPISODE

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of severe mental illness.

01:00 pm **The Doctors**

SPECIAL ENCORE PRESENTATION

02:00 pm **The Biggest Loser: Challenge Australia (Rpt)** CC

Things are about to get shaken up as Hayley reveals a change in the game. Meanwhile, the trainers tell the contestants that they have a week of mental and physical challenges lined up for them.

ADELAIDE PROGRAM GUIDE

Thursday 06th March 2014



03:00 pm	Judge Judy	CC PG	ALL NEW EPISODES Judge Judy holds court as presiding judge. The people are real, the cases are real and the rulings are binding.
03:30 pm	Entertainment Tonight	CC	HOT OFF THE SATELLITE Nancy O'Dell and Rob Marciano bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.
04:00 pm	Good Chef Bad Chef	CC G	Chef Adrian Richardson and nutritionist Zoe Bingley-Pullin go head to head in a food showdown!
04:30 pm	The Bold & The Beautiful	CC G	ALL NEW EPISODES Hope and Wyatt prepare to spend the holidays in the tropics. Elsewhere, Quinn is rehired at Forrester Creations.
05:00 pm	TEN Eyewitness News	CC	Comprehensive coverage of local, national and overseas news. Includes sport and the latest weather.
06:00 pm	Modern Family	NO CC	
06:30 pm	The Project	CC	Join Charlie Pickering, Carrie Bickmore & Dave Hughes as they dissect, digest and re-constitute the daily news, events and hottest topics.
07:30 pm	The Biggest Loser: Challenge Australia	CC	NEW EPISODE The week of physical and mental challenges continues as all eight contestants compete in The Biggest Loser triathlon and the winner will receive a reward we've never seen before, but what is it?
08:30 pm	Law & Order: S.V.U.	CC M Some Violence, Adult Themes	NEW EPISODE <u>Amaro's ONE-Eighty</u> When a case becomes a public spectacle, Amaro must decide if fighting for his badge is the best decision for his family. Meanwhile, Captain Cragen makes a surprise announcement. Starring: Mariska Hargitay, Ice T , Dann Florek, Danny Pino, Kelli Giddish, Dean Winters, Elizabeth Marvel Guest Starring: Greg Germann, Robert John Burke, Cathy Moriarty, Mel Harris

ADELAIDE PROGRAM GUIDE

Thursday 06th March 2014



09:30 pm	Law & Order: S.V.U. (Rpt)	CC M Sexual References, Adult Themes	<u>Spiraling Down</u> The detectives investigate when a colleague of Detective Amaro's wife reports his 14-year-old daughter missing. Starring: Mariska Hargitay, Danny Pino, Kelli Giddish, Ice T , Stephanie March, Dann Florek Guest Starring: André Braugher, Treat Williams
10:30 pm	TEN Eyewitness News Late	CC	A unique magazine-style format which informs and entertains with the very latest in national news, sport and weather.
11:00 pm	Saving Grace	M Some Violence, Adult Themes	<u>She's A Lump</u> A court reporter's suicide may have been staged by a member of her alcoholic's support group. Meanwhile, Grace continues to try to make a connection with Neely, who remains in a coma. Starring: Holly Hunter, Leon Rippey, Laura San Giacomo, Lorraine Toussaint, Bailey Chase, Kenny Johnson, Yaani King, Gregory Cruz
12:00 am	Late Show With David Letterman	PG	Join the king of late night television - David Letterman, with special guests, his famous 'Top Ten' and lots more.
01:00 am	Home Shopping		
01:30 am	Home Shopping		
02:00 am	Home Shopping		
02:30 am	Home Shopping		
03:00 am	Home Shopping		
03:30 am	Life Today With James Robison		
04:00 am	CBS - This Morning	CC	Morning talk show hosted by Charlie Rose, Gayle King, and Norah O'Donnell.
05:30 am	TEN Eyewitness News Early	CC	We bring you the breaking news of the day with comprehensive coverage of local, national and overseas news, including sport and the latest weather updates.

ADELAIDE PROGRAM GUIDE

Friday 07th March 2014



06:00 am **TEN Eyewitness News Early** CC

We bring you the breaking news of the day with comprehensive coverage of local, national and overseas news, including sport and the latest weather updates.

06:30 am **Wake Up** CC

Wake Up to what's happening around Australia and around the world. Tarsh and Matho host the show LIVE from Manly Beach while Nuala Hafner presents all the latest news.

08:30 am **Studio 10** CC PG

Join a smart and fun conversation every morning with Ita Buttrose, Jessica Rowe, Joe Hildebrand and Sarah Harris. The hot topics are debated in front of a LIVE studio audience.

10:30 am **Studio 10 You** CC PG

Join a smart and fun conversation every morning with Ita Buttrose, Jessica Rowe, Joe Hildebrand and Sarah Harris. The hot topics are debated in front of a LIVE studio audience.

11:00 am **TEN Eyewitness News Morning** CC

The morning edition of TEN Eyewitness News is a comprehensive coverage of local, national and overseas news. Including sport and the latest weather updates.

12:00 pm **Dr Phil** CC PG
Some Coarse Language,
Adult Themes

NEW EPISODE

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of severe mental illness.

01:00 pm **The Doctors**

02:00 pm **The Biggest Loser: Challenge Australia (Rpt)** CC

SPECIAL ENCORE PRESENTATION

The week of physical and mental challenges continues as all eight contestants compete in The Biggest Loser triathlon and the winner will receive a reward we've never seen before, but what is it?

ADELAIDE PROGRAM GUIDE

Friday 07th March 2014



03:00 pm	Judge Judy	CC PG	ALL NEW EPISODES Judge Judy holds court as presiding judge. The people are real, the cases are real and the rulings are binding.
03:30 pm	Entertainment Tonight	CC	HOT OFF THE SATELLITE Nancy O'Dell and Rob Marciano bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.
04:00 pm	Good Chef Bad Chef	CC G	Chef Adrian Richardson and nutritionist Zoe Bingley-Pullin go head to head in a food showdown!
04:30 pm	The Bold & The Beautiful	CC G	ALL NEW EPISODES Eric has his kids visiting for the holidays; Rick and Caroline go on their first holiday as a married couple; Ridge and Brooke spend quality time with a returning RJ.
05:00 pm	TEN Eyewitness News	CC	Comprehensive coverage of local, national and overseas news. Includes sport and the latest weather.
06:00 pm	Modern Family	NO CC	
06:30 pm	The Project	CC	Join Charlie Pickering, Carrie Bickmore & Dave Hughes as they dissect, digest and re-constitute the daily news, events and hottest topics.
07:30 pm	The Living Room	CC	NEW EPISODE Tonight on TLR, Amanda climbs the harbour bridge with Paula Abdul, Dr. Chris Brown chats to Robert Irwin about his life living at Australia Zoo & Miguel shows us some different ways to make a jaffle.
08:30 pm	Hawaii Five-O	NO CC	NEW EPISODE <u>Ka 'oia'i'o Ma Loko</u> A double murder forces the Five-0 team to bring in a conspiracy therapist to help them find a missing artifact tied to the killings. Starring: Alex O'Loughlin, Scott Caan, Daniel Dae Kim, Masi Oka, Michelle Borth, Justin Bruening Guest Starring: Jorge Garcia

ADELAIDE PROGRAM GUIDE

Friday 07th March 2014



09:30 pm **NCIS (Rpt)**

CC M
WS Some Violence

Tell-All

NCIS connect a message in blood left by a murdered Navy commander to a manuscript that may contain classified military information.

Starring: Mark Harmon, Michael Weatherly, David McCallum, Sean Murray, Pauley Perrette, Cote De Pablo, Rocky Carroll

Guest Starring: Carl Lumbly

10:30 pm **TEN Eyewitness News Late**

CC

A unique magazine-style format which informs and entertains with the very latest in national news, sport and weather.

11:00 pm **Blue Bloods**

CC M

Black And Blue

Frank deals with a political crisis after Jamie and Renzulli enter a religious centre in response to a 911 call and are injured by the church's security team.

Starring: Tom Selleck, Donnie Wahlberg, Bridget Moynahan, Will Estes, Len Cariou, Amy Carlson, Nicholas Turturro, Sami Gayle, Jennifer Esposito

Guest Starring: David Ramsey

12:00 am **Late Show With David Letterman**

PG

Join the king of late night television - David Letterman, with special guests, his famous 'Top Ten' and lots more.

01:00 am **Home Shopping**

01:30 am **Home Shopping**

02:00 am **Home Shopping**

02:30 am **Home Shopping**

03:00 am **Home Shopping**

03:30 am **Home Shopping**

04:00 am **Home Shopping**

04:30 am **Home Shopping**

ADELAIDE PROGRAM GUIDE

Friday 07th March 2014



05:00 am Home Shopping

05:30 am Home Shopping

ADELAIDE PROGRAM GUIDE

Saturday 08th March 2014



06:00 am To Be Advised

06:30 am To Be Advised

07:00 am To Be Advised

08:00 am **Good Chef Bad Chef** (Rpt) CC G

Chef Adrian Richardson and nutritionist Zoe Bingley-Pullin go head to head in a food showdown!

08:30 am **Studio 10: Saturday** CC G

Join us for all the best segments of the week from our morning shows Wake Up and Studio 10.

10:00 am **Studio 10: Saturday Extra** CC PG

Join us for all the best segments of the week from our morning shows Wake Up and Studio 10.

11:00 am **Tour The World** CC

NEW EPISODE

New Zealand's North Island Unveiled

We join a fabulous journey around New Zealand's stunning North Island with its beautiful capital - Auckland. Then we head south to the bubbling mud pools and steam vents of Rotorua.

11:30 am **Everyday Gourmet With Justine Schofield** (Rpt) CC G

From the simplest of meals to more sophisticated recipes, MasterChef's Justine Schofield will inspire you to get more from your home cooking experience.

12:00 pm **The Living Room Encore** (Rpt) CC

SPECIAL ENCORE PRESENTATION

Tonight on TLR, Amanda climbs the harbour bridge with Paula Abdul, Dr. Chris Brown chats to Robert Irwin about his life living at Australia Zoo & Miguel shows us some different ways to make a jaffle.

01:00 pm **It's A Lifestyle TV** (Rpt) CC G

A panel of hosts and special celebrity guests will take you through a comprehensive list of tips and tricks regarding food, health, nutrition, new products, gardening, home renovation and holidays.

ADELAIDE PROGRAM GUIDE

Saturday 08th March 2014



01:30 pm **A Taste Of Travel** (Rpt)

CC G

A Taste of Travel returns for a second season, as we go to some of the most interesting places on the planet. Discover the local food specialties and get to know the local characters.

02:00 pm **Escape With ET**

Join rugby league and fishing legend, Andrew 'ET' Ettingshausen, as he escapes the city for adventures on land and sea.

03:00 pm **To Be Advised**

04:00 pm **What's Up Downunder**

CC G

What's Up Down Under is a lifestyle television show that encourages people to travel Australia in recreational vehicles, stay at holiday parks and enjoy the local attractions of each area.

04:30 pm **Everyday Gourmet With Justine Schofield** (Rpt)

CC G

From the simplest of meals to more sophisticated recipes, MasterChef's Justine Schofield will inspire you to get more from your home cooking experience.

05:00 pm **TEN Eyewitness News**

CC

Presented by Hermione Kitson, the hour-long bulletin covers the major national & international news including sport with Adam Hawse, and expert weather analysis with Magdalena Roze.

06:00 pm **The Simpsons**

CC PG
Sexual References

ALL NEW EPISODES

Four Regrettings And A Funeral

Four Springfielders are prompted to try to right past regrets following the funeral of a beloved neighbour. Homer, Marge, Mr. Burns and Kent Brockman set off to try and change the past.

Voices: Dan Castellaneta, Julie Kavner, Nancy Cartwright, Yeardley Smith, Hank Azaria, Harry Shearer

06:30 pm **Attenborough's Nature's Great Events**

CC

NEW EPISODE

Nature's Great Events: The Great Tide

A mighty army of dolphins, sharks, whales, seals and gannets hunt down the billions of sardines along South Africa's east coast each winter, seeing the greatest gathering of predators anywhere on the planet.

ADELAIDE PROGRAM GUIDE

Saturday 08th March 2014



07:30 pm	Bondi Vet	CC	NEW EPISODE When it comes to animals, it is always best to expect the unexpected. On this special episode of Bondi Vet, we look back at some of the most embarrassing cases that Dr Chris and the team have ever faced.
08:30 pm	Movie: Taken (Rpt) (2008)	CC M WS Frequent Violence, Adult Themes	MOVIE A former spy relies on his old skills to save his estranged daughter, who has been forced into the slave trade. Starring: Liam Neeson, Maggie Grace, Famke Janssen, Holly Valance, Xander Berkeley, Katie Cassidy
10:25 pm	To Be Advised	NO CC	MOVIE
11:25 pm	To Be Advised		
01:00 am	Home Shopping		
01:30 am	Home Shopping		
02:00 am	Home Shopping		
02:30 am	Home Shopping		
03:00 am	Home Shopping		
03:30 am	Home Shopping		
04:00 am	Home Shopping		
04:30 am	It Is Written	PG	Religious Program

ADELAIDE PROGRAM GUIDE

Saturday 08th March 2014



05:00 am Hour Of Power

G

Religious Program

PERTH PROGRAM GUIDE

Sunday 02nd March 2014



06:00 am To Be Advised

06:30 am Hillsong G

Religious Program

07:00 am Joseph Prince: New Creation Church G

Religious Program

07:30 am Good Chef Bad Chef (Rpt) CC G

Chef Adrian Richardson and nutritionist Zoe Bingley-Pullin go head to head in a food showdown!

08:00 am Good Chef Bad Chef (Rpt) CC G

Chef Adrian Richardson and nutritionist Zoe Bingley-Pullin go head to head in a food showdown!

08:30 am Studio 10: Sunday CC G

Join us for all the best segments of the week from our morning shows Wake Up and Studio 10.

10:00 am To Be Advised

11:00 am What's Up Downunder

11:30 am Everyday Gourmet With Justine Schofield (Rpt) CC G

From the simplest of meals to more sophisticated recipes, MasterChef's Justine Schofield will inspire you to get more from your home cooking experience.

12:00 pm The Doctors

01:00 pm Basketball: NBL Championship 2013/14

REPLAY

Round 20: Sydney Kings V Perth Wildcats

Round 20 takes us to the Sydney Entertainment Centre where the Sydney Kings host the Perth Wildcats.

03:00 pm To Be Advised

04:00 pm To Be Advised

PERTH PROGRAM GUIDE

Sunday 02nd March 2014



05:00 pm **TEN Eyewitness News** CC

Presented by Hermione Kitson, the hour-long bulletin covers the major national & international news including sport with Adam Hawse, and expert weather analysis with Magdalena Roze.

06:00 pm **Have You Been Paying Attention?** CC PG

NEW EPISODE

Hosted by Tom Gleisner, Have You Been Paying Attention is a fast-paced and irreverent look at international and local news with five comedians competing to see who can remember the most about the events of the week.

06:30 pm **So You Think You Can Dance Australia** CC

NEW EPISODE

Top 20

08:30 pm **Elementary** CC M
Some Violence,
Adult Themes

NEW EPISODE

Internal Audit

When a hedge fund manager who was also running a Ponzi scheme is murdered, Holmes and Watson must determine which of his clients is guilty.

Starring: Jonny Lee Miller, Lucy Liu, Aidan Quinn, Jon Michael Hill

09:30 pm **The Graham Norton Show** CC

NEW EPISODE

Show 12

Graham Norton showcases his wickedly cheeky sense of humour in this fast-paced interview show. Guests include: Lena Dunham, Olivia Colman, Idris Elba & Keane.

Guest Starring: Lena Dunham, Olivia Colman, Idris Elba, Keane

10:30 pm **Have You Been Paying Attention? Encore (Rpt)** CC PG

ENCORE PRESENTATION

Hosted by Tom Gleisner, Have You Been Paying Attention is a fast-paced and irreverent look at international and local news with five comedians competing to see who can remember the most about the events of the week.

PERTH PROGRAM GUIDE

Sunday 02nd March 2014



11:00 pm **Sunday Late Night Movie**

01:00 am **Home Shopping**

01:30 am **Home Shopping**

02:00 am **Home Shopping**

02:30 am **Home Shopping**

03:00 am **Home Shopping**

03:30 am **Life Today With James Robison**

04:00 am **CBS - This Morning** CC

Morning talk show hosted by Charlie Rose, Gayle King, and Norah O'Donnell.

05:30 am **TEN Eyewitness News Early** CC

We bring you the breaking news of the day with comprehensive coverage of local, national and overseas news, including sport and the latest weather updates.

PERTH PROGRAM GUIDE

Monday 03rd March 2014



06:00 am **TEN Eyewitness News Early** CC

We bring you the breaking news of the day with comprehensive coverage of local, national and overseas news, including sport and the latest weather updates.

06:30 am **Wake Up** CC

Wake Up to what's happening around Australia and around the world. Tarsh and Matho host the show LIVE from Manly Beach while Nuala Hafner presents all the latest news.

08:30 am **Studio 10** CC PG

Join a smart and fun conversation every morning with Ita Buttrose, Jessica Rowe, Joe Hildebrand and Sarah Harris. The hot topics are debated in front of a LIVE studio audience.

10:30 am **Studio 10 You** CC PG

Join a smart and fun conversation every morning with Ita Buttrose, Jessica Rowe, Joe Hildebrand and Sarah Harris. The hot topics are debated in front of a LIVE studio audience.

11:00 am **TEN Eyewitness News Morning** CC

The morning edition of TEN Eyewitness News is a comprehensive coverage of local, national and overseas news. Including sport and the latest weather updates.

12:00 pm **Dr Phil** CC PG
Some Coarse
Language,
Adult Themes

NEW EPISODE

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of severe mental illness.

01:00 pm **The Doctors**

02:00 pm **To Be Advised**

PERTH PROGRAM GUIDE

Monday 03rd March 2014



04:00 pm **Good Chef Bad Chef** CC G

Chef Adrian Richardson and nutritionist Zoe Bingley-Pullin go head to head in a food showdown!

04:30 pm **The Bold & The Beautiful** CC G

ALL NEW EPISODES

Liam and Hope plan their wedding. Meanwhile, Ridge plants an epic kiss on Brooke.

05:00 pm **TEN Eyewitness News** CC

Comprehensive coverage of local, national and overseas news. Includes sport and the latest weather.

06:00 pm **Modern Family** NO
CC

06:30 pm **The Project** CC

Join Charlie Pickering, Carrie Bickmore & our guest panelists as they dissect, digest and re-constitute the daily news, events and hottest topics.

07:30 pm **Modern Family** CC

NEW EPISODE

And ONE To Grow On

Phil tricks Luke into taking a dance class, but the jokes on him when the white lie indirectly lands him in the slammer. Meanwhile, Jay and Gloria throw a birthday party for both Manny and Joe.

Starring: Ed O'Neill, Sofia Vergara, Rico Rodriguez II, Ty Burrell, Julie Bowen, Eric Stonestreet, Jesse Tyler Ferguson, Sarah Hyland, Ariel Winter, Nolan Gould

08:00 pm **To Be Advised** NO
CC

08:30 pm **To Be Advised** NO
CC

09:30 pm **Blue Bloods** CC M
Some Violence

NEW EPISODE

The Bitter End

Danny becomes emotional when a young woman he promised to help commits suicide. Meanwhile, the Reagans suffer a loss due to the project gangs.

Starring: Tom Selleck, Donnie Wahlberg, Bridget Moynahan, Will Estes, Marisa Ramirez, Nicholas Turturro, Sebastian Sozzi, David Ramsey, Amy Carlson, Len Cariou, Sami Gayle

10:30 pm **TEN Eyewitness News Late** CC

A unique magazine-style format which informs and entertains with the very latest in national news, sport and weather.

PERTH PROGRAM GUIDE

Monday 03rd March 2014



11:00 pm	Touch	M Some Violence	NEW EPISODE <u>Event Horizon</u> Martin is determined to keep Jake safe from those who want to exploit his supernatural abilities, but Jake is on a mission of his own, to find the elusive Amelia. Starring: Kiefer Sutherland, David Mazouz, Lukas Haas, Maria Bello, Saxon Sharbino, Said Taghmaoui, Greg Ellis Guest Starring: Adam Campbell
12:00 am	Late Show With David Letterman	PG	Join the king of late night television - David Letterman, with special guests, his famous 'Top Ten' and lots more.
01:00 am	Home Shopping		
01:30 am	Home Shopping		
02:00 am	Home Shopping		
02:30 am	Home Shopping		
03:00 am	Home Shopping		
03:30 am	Life Today With James Robison		
04:00 am	CBS - This Morning	CC	Morning talk show hosted by Charlie Rose, Gayle King, and Norah O'Donnell.
05:30 am	TEN Eyewitness News Early	CC	We bring you the breaking news of the day with comprehensive coverage of local, national and overseas news, including sport and the latest weather updates.

PERTH PROGRAM GUIDE

Tuesday 04th March 2014



06:00 am **TEN Eyewitness News Early** CC

We bring you the breaking news of the day with comprehensive coverage of local, national and overseas news, including sport and the latest weather updates.

06:30 am **Wake Up** CC

Wake Up to what's happening around Australia and around the world. Tarsh and Matho host the show LIVE from Manly Beach while Nuala Hafner presents all the latest news.

08:30 am **Studio 10** CC PG

Join a smart and fun conversation every morning with Ita Buttrose, Jessica Rowe, Joe Hildebrand and Sarah Harris. The hot topics are debated in front of a LIVE studio audience.

10:30 am **Studio 10 You** CC PG

Join a smart and fun conversation every morning with Ita Buttrose, Jessica Rowe, Joe Hildebrand and Sarah Harris. The hot topics are debated in front of a LIVE studio audience.

11:00 am **TEN Eyewitness News Morning** CC

The morning edition of TEN Eyewitness News is a comprehensive coverage of local, national and overseas news. Including sport and the latest weather updates.

12:00 pm **Dr Phil**

CC M
Sexual References,
Some Coarse
Language,
Adult Themes

NEW EPISODE

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of severe mental illness.

01:00 pm **The Doctors**

02:00 pm **The Living Room (Rpt)** CC

SPECIAL ENCORE PRESENTATION

Tonight on TLR, Oprah's declutter guru Peter Walsh is back to help a hoarding mum get her life back. Australia's hottest supermodel, Robyn Lawley, has Miguel flipping out in the kitchen and Chris takes a running jump off a tall building.

PERTH PROGRAM GUIDE

Tuesday 04th March 2014



03:00 pm	Judge Judy	CC PG	ALL NEW EPISODES Judge Judy holds court as presiding judge. The people are real, the cases are real and the rulings are binding.
03:30 pm	Entertainment Tonight	CC	HOT OFF THE SATELLITE Nancy O'Dell and Rob Marciano bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.
04:00 pm	Good Chef Bad Chef	CC G	Chef Adrian Richardson and nutritionist Zoe Bingley-Pullin go head to head in a food showdown!
04:30 pm	The Bold & The Beautiful	CC G	ALL NEW EPISODES The Forresters, Logans and Spencers arrive for Liam and Hope's wedding. Elsewhere, Quinn and Steffy put their plan into motion.
05:00 pm	TEN Eyewitness News	CC	Comprehensive coverage of local, national and overseas news. Includes sport and the latest weather.
06:00 pm	Modern Family	NO CC	
06:30 pm	The Project	CC	Join Charlie Pickering, Carrie Bickmore & our guest panelists as they dissect, digest and re-constitute the daily news, events and hottest topics.
07:30 pm	The Biggest Loser: Challenge Australia	CC PG Mild Coarse Language	NEW EPISODE It wouldn't be last chance training without some sweat and tears and one team's training session is interrupted as someone storms out crying.
08:30 pm	NCIS	CC M	NEW EPISODE <u>Better Angels</u> After Gibbs leaves mid-case to help his father reconnect with a former war pilot, Tony and McGee argue over who should lead the team's investigation into the murder of a Marine Sergeant. Starring: Mark Harmon, Michael Weatherly, Cote De Pablo, Sean Murray, Pauley Perrette, Rocky Carroll, David McCallum

PERTH PROGRAM GUIDE

Tuesday 04th March 2014



Time	Program	Rating	Notes
09:30 pm	NCIS: Los Angeles	CC M Frequent Violence	NEW EPISODE <u>The Frozen Lake</u> Callen and Sam enlist the help of a Gurkha, an elite Nepali soldier specialising in knife fighting, to retrieve a missing thumb drive. Starring: Chris O'Donnell, Li Cool J , Daniela Ruah, Linda Hunt, Eric Christian Olsen
10:30 pm	TEN Eyewitness News Late	CC	A unique magazine-style format which informs and entertains with the very latest in national news, sport and weather.
11:00 pm	Hawaii Five-O (Rpt)	CC M Some Violence	<u>Ma'ema'e</u> Five-0 are called to investigate the murder of a volleyball coach which leads to new evidence about one of their own. Chin and his former fiancée Malia find themselves spending time together. Starring: Alex O'Loughlin, Scott Caan, Daniel Dae Kim, Grace Park Guest Starring: William (Billy) Baldwin, Tom Sizemore, Lauren German, Meredith Monroe, Reiko Aylesworth
12:00 am	Late Show With David Letterman	PG	Join the king of late night television - David Letterman, with special guests, his famous 'Top Ten' and lots more.
01:00 am	Home Shopping		
01:30 am	Home Shopping		
02:00 am	Home Shopping		
02:30 am	Home Shopping		
03:00 am	Home Shopping		
03:30 am	Life Today With James Robison		
04:00 am	CBS - This Morning	CC	Morning talk show hosted by Charlie Rose, Gayle King, and Norah O'Donnell.

PERTH PROGRAM GUIDE

Tuesday 04th March 2014



05:30 am **TEN Eyewitness News Early**

CC

We bring you the breaking news of the day with comprehensive coverage of local, national and overseas news, including sport and the latest weather updates.

PERTH PROGRAM GUIDE

Wednesday 05th March 2014



06:00 am **TEN Eyewitness News Early** CC

We bring you the breaking news of the day with comprehensive coverage of local, national and overseas news, including sport and the latest weather updates.

06:30 am **Wake Up** CC

Wake Up to what's happening around Australia and around the world. Tarsh and Matho host the show LIVE from Manly Beach while Nuala Hafner presents all the latest news.

08:30 am **Studio 10** CC PG

Join a smart and fun conversation every morning with Ita Buttrose, Jessica Rowe, Joe Hildebrand and Sarah Harris. The hot topics are debated in front of a LIVE studio audience.

10:30 am **Studio 10 You** CC PG

Join a smart and fun conversation every morning with Ita Buttrose, Jessica Rowe, Joe Hildebrand and Sarah Harris. The hot topics are debated in front of a LIVE studio audience.

11:00 am **TEN Eyewitness News Morning** CC

The morning edition of TEN Eyewitness News is a comprehensive coverage of local, national and overseas news. Including sport and the latest weather updates.

12:00 pm **Dr Phil** CC M
Some Coarse
Language

NEW EPISODE

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of severe mental illness.

01:00 pm **The Doctors**

02:00 pm **The Biggest Loser: Challenge
Australia (Rpt)** CC PG
Mild Coarse
Language

SPECIAL ENCORE PRESENTATION

It wouldn't be last chance training without some sweat and tears and one team's training session is interrupted as someone storms out crying.

PERTH PROGRAM GUIDE

Wednesday 05th March 2014



03:00 pm	Judge Judy	CC PG	ALL NEW EPISODES Judge Judy holds court as presiding judge. The people are real, the cases are real and the rulings are binding.
03:30 pm	Entertainment Tonight	CC	HOT OFF THE SATELLITE Nancy O'Dell and Rob Marciano bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.
04:00 pm	Good Chef Bad Chef	CC G	Chef Adrian Richardson and nutritionist Zoe Bingley-Pullin go head to head in a food showdown!
04:30 pm	The Bold & The Beautiful	CC G	ALL NEW EPISODES Wyatt decides to leave town convinced he's losing the love of his life; Steffy surprises Liam by revealing she can get pregnant again; Hope comes to a wrong conclusion.
05:00 pm	TEN Eyewitness News	CC	Comprehensive coverage of local, national and overseas news. Includes sport and the latest weather.
06:00 pm	Modern Family	NO CC	
06:30 pm	The Project	CC	Join Charlie Pickering, Carrie Bickmore & our guest panelists as they dissect, digest and re-constitute the daily news, events and hottest topics.
07:30 pm	The Biggest Loser: Challenge Australia	CC	NEW EPISODE Things are about to get shaken up as Hayley reveals a change in the game. Meanwhile, the trainers tell the contestants that they have a week of mental and physical challenges lined up for them.
08:30 pm	To Be Advised	NO CC	
09:30 pm	The Good Wife	CC M Adult Themes	NEW EPISODE <u>Precious Commodity, A</u> Will makes Alicia a stunning offer which causes her to reconsider her plans to leave the firm. Meanwhile, the partners take action when Diane's Supreme Court candidacy puts her at odds with her colleagues. Starring: Julianna Margulies, Christine Baranski, Josh Charles, Archie Panjabi, Matt Czuchy, Alan Cumming, Chris Noth

PERTH PROGRAM GUIDE

Wednesday 05th March 2014



10:30 pm **TEN Eyewitness News Late** CC

A unique magazine-style format which informs and entertains with the very latest in national news, sport and weather.

11:00 pm **Elementary (Rpt)** CC M

Flight Risk

Sherlock tries to prove mechanical error was not to blame for a plane crash on a New York City beach. Meanwhile, Watson tries to convince Sherlock to meet with his elusive father for dinner.

Starring: Jonny Lee Miller, Lucy Liu, Aidan Quinn, Jon Michael Hill

Guest Starring: Reiko Aylesworth, Brian Kerwin, Roger Rees, Adam Lefevre, Matthew Humphreys

12:00 am **Late Show With David Letterman** PG

Join the king of late night television - David Letterman, with special guests, his famous 'Top Ten' and lots more.

01:00 am **Home Shopping**

01:30 am **Home Shopping**

02:00 am **Home Shopping**

02:30 am **Home Shopping**

03:00 am **Home Shopping**

03:30 am **Life Today With James Robison**

04:00 am **CBS - This Morning** CC

Morning talk show hosted by Charlie Rose, Gayle King, and Norah O'Donnell.

05:30 am **TEN Eyewitness News Early** CC

We bring you the breaking news of the day with comprehensive coverage of local, national and overseas news, including sport and the latest weather updates.

PERTH PROGRAM GUIDE

Thursday 06th March 2014



06:00 am **TEN Eyewitness News Early** CC

We bring you the breaking news of the day with comprehensive coverage of local, national and overseas news, including sport and the latest weather updates.

06:30 am **Wake Up** CC

Wake Up to what's happening around Australia and around the world. Tarsh and Matho host the show LIVE from Manly Beach while Nuala Hafner presents all the latest news.

08:30 am **Studio 10** CC PG

Join a smart and fun conversation every morning with Ita Buttrose, Jessica Rowe, Joe Hildebrand and Sarah Harris. The hot topics are debated in front of a LIVE studio audience.

10:30 am **Studio 10 You** CC PG

Join a smart and fun conversation every morning with Ita Buttrose, Jessica Rowe, Joe Hildebrand and Sarah Harris. The hot topics are debated in front of a LIVE studio audience.

11:00 am **TEN Eyewitness News Morning** CC

The morning edition of TEN Eyewitness News is a comprehensive coverage of local, national and overseas news. Including sport and the latest weather updates.

12:00 pm **Dr Phil**

CC M
Sexual References,
Adult Themes

NEW EPISODE

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of severe mental illness.

01:00 pm **The Doctors**

02:00 pm **The Biggest Loser: Challenge Australia (Rpt)** CC

SPECIAL ENCORE PRESENTATION

Things are about to get shaken up as Hayley reveals a change in the game. Meanwhile, the trainers tell the contestants that they have a week of mental and physical challenges lined up for them.

PERTH PROGRAM GUIDE

Thursday 06th March 2014



03:00 pm	Judge Judy	CC PG	ALL NEW EPISODES Judge Judy holds court as presiding judge. The people are real, the cases are real and the rulings are binding.
03:30 pm	Entertainment Tonight	CC	HOT OFF THE SATELLITE Nancy O'Dell and Rob Marciano bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.
04:00 pm	Good Chef Bad Chef	CC G	Chef Adrian Richardson and nutritionist Zoe Bingley-Pullin go head to head in a food showdown!
04:30 pm	The Bold & The Beautiful	CC G	ALL NEW EPISODES Hope and Wyatt prepare to spend the holidays in the tropics. Elsewhere, Quinn is rehired at Forrester Creations.
05:00 pm	TEN Eyewitness News	CC	Comprehensive coverage of local, national and overseas news. Includes sport and the latest weather.
06:00 pm	Modern Family	NO CC	
06:30 pm	The Project	CC	Join Charlie Pickering, Carrie Bickmore & Dave Hughes as they dissect, digest and re-constitute the daily news, events and hottest topics.
07:30 pm	The Biggest Loser: Challenge Australia	CC	NEW EPISODE The week of physical and mental challenges continues as all eight contestants compete in The Biggest Loser triathlon and the winner will receive a reward we've never seen before, but what is it?
08:30 pm	Law & Order: S.V.U.	CC M Some Violence, Adult Themes	NEW EPISODE <u>Amaro's ONE-Eighty</u> When a case becomes a public spectacle, Amaro must decide if fighting for his badge is the best decision for his family. Meanwhile, Captain Cragen makes a surprise announcement. Starring: Mariska Hargitay, Ice T , Dann Florek, Danny Pino, Kelli Giddish, Dean Winters, Elizabeth Marvel Guest Starring: Greg Germann, Robert John Burke, Cathy Moriarty, Mel Harris

PERTH PROGRAM GUIDE

Thursday 06th March 2014



09:30 pm	Law & Order: S.V.U. (Rpt)	CC M Sexual References, Adult Themes	<u>Spiraling Down</u> The detectives investigate when a colleague of Detective Amaro's wife reports his 14-year-old daughter missing. Starring: Mariska Hargitay, Danny Pino, Kelli Giddish, Ice T , Stephanie March, Dann Florek Guest Starring: André Braugher, Treat Williams
10:30 pm	TEN Eyewitness News Late	CC	A unique magazine-style format which informs and entertains with the very latest in national news, sport and weather.
11:00 pm	48 Hours	M Adult Themes	<u>The Preacher's Wife</u> 48 Hours is a popular true-crime series, investigating shocking cases and compelling real-life dramas with journalistic integrity and cutting-edge style.
12:00 am	Late Show With David Letterman	PG	Join the king of late night television - David Letterman, with special guests, his famous 'Top Ten' and lots more.
01:00 am	Home Shopping		
01:30 am	Home Shopping		
02:00 am	Home Shopping		
02:30 am	Home Shopping		
03:00 am	Home Shopping		
03:30 am	Life Today With James Robison		
04:00 am	CBS - This Morning	CC	Morning talk show hosted by Charlie Rose, Gayle King, and Norah O'Donnell.
05:30 am	TEN Eyewitness News Early	CC	We bring you the breaking news of the day with comprehensive coverage of local, national and overseas news, including sport and the latest weather updates.

PERTH PROGRAM GUIDE

Friday 07th March 2014



06:00 am **TEN Eyewitness News Early** CC

We bring you the breaking news of the day with comprehensive coverage of local, national and overseas news, including sport and the latest weather updates.

06:30 am **Wake Up** CC

Wake Up to what's happening around Australia and around the world. Tarsh and Matho host the show LIVE from Manly Beach while Nuala Hafner presents all the latest news.

08:30 am **Studio 10** CC PG

Join a smart and fun conversation every morning with Ita Buttrose, Jessica Rowe, Joe Hildebrand and Sarah Harris. The hot topics are debated in front of a LIVE studio audience.

10:30 am **Studio 10 You** CC PG

Join a smart and fun conversation every morning with Ita Buttrose, Jessica Rowe, Joe Hildebrand and Sarah Harris. The hot topics are debated in front of a LIVE studio audience.

11:00 am **TEN Eyewitness News Morning** CC

The morning edition of TEN Eyewitness News is a comprehensive coverage of local, national and overseas news. Including sport and the latest weather updates.

12:00 pm **Dr Phil** CC PG
Some Coarse
Language,
Adult Themes

NEW EPISODE

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of severe mental illness.

01:00 pm **The Doctors**

02:00 pm **The Biggest Loser: Challenge Australia (Rpt)** CC

SPECIAL ENCORE PRESENTATION

The week of physical and mental challenges continues as all eight contestants compete in The Biggest Loser triathlon and the winner will receive a reward we've never seen before, but what is it?

PERTH PROGRAM GUIDE

Friday 07th March 2014



03:00 pm Judge Judy CC PG

ALL NEW EPISODES

Judge Judy holds court as presiding judge. The people are real, the cases are real and the rulings are binding.

03:30 pm Entertainment Tonight CC

HOT OFF THE SATELLITE

Nancy O'Dell and Rob Marciano bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

04:00 pm Good Chef Bad Chef CC G

Chef Adrian Richardson and nutritionist Zoe Bingley-Pullin go head to head in a food showdown!

04:30 pm The Bold & The Beautiful CC G

ALL NEW EPISODES

Eric has his kids visiting for the holidays; Rick and Caroline go on their first holiday as a married couple; Ridge and Brooke spend quality time with a returning RJ.

05:00 pm TEN Eyewitness News CC

Comprehensive coverage of local, national and overseas news. Includes sport and the latest weather.

06:00 pm Modern Family **NO
CC**

06:30 pm The Project CC

Join Charlie Pickering, Carrie Bickmore & Dave Hughes as they dissect, digest and re-constitute the daily news, events and hottest topics.

07:30 pm The Living Room CC

NEW EPISODE

Tonight on TLR, Amanda climbs the harbour bridge with Paula Abdul, Dr. Chris Brown chats to Robert Irwin about his life living at Australia Zoo & Miguel shows us some different ways to make a jaffle.

08:30 pm Hawaii Five-O **NO
CC**

NEW EPISODE

Ka 'oia'i'o Ma Loko

A double murder forces the Five-0 team to bring in a conspiracy therapist to help them find a missing artifact tied to the killings.

Starring: Alex O'Loughlin, Scott Caan, Daniel Dae Kim, Masi Oka, Michelle Borth, Justin Bruening

Guest Starring: Jorge Garcia

PERTH PROGRAM GUIDE

Friday 07th March 2014



09:30 pm **NCIS (Rpt)**

CC M
WS Some Violence

Tell-All

NCIS connect a message in blood left by a murdered Navy commander to a manuscript that may contain classified military information.

Starring: Mark Harmon, Michael Weatherly, David McCallum, Sean Murray, Pauley Perrette, Cote De Pablo, Rocky Carroll

Guest Starring: Carl Lumbly

10:30 pm **TEN Eyewitness News Late**

CC

A unique magazine-style format which informs and entertains with the very latest in national news, sport and weather.

11:00 pm **Blue Bloods**

CC M

Black And Blue

Frank deals with a political crisis after Jamie and Renzulli enter a religious centre in response to a 911 call and are injured by the church's security team.

Starring: Tom Selleck, Donnie Wahlberg, Bridget Moynahan, Will Estes, Len Cariou, Amy Carlson, Nicholas Turturro, Sami Gayle, Jennifer Esposito

Guest Starring: David Ramsey

12:00 am **Late Show With David Letterman**

PG

Join the king of late night television - David Letterman, with special guests, his famous 'Top Ten' and lots more.

01:00 am **Home Shopping**

01:30 am **Home Shopping**

02:00 am **Home Shopping**

02:30 am **Home Shopping**

03:00 am **Home Shopping**

03:30 am **Home Shopping**

04:00 am **Home Shopping**

04:30 am **Home Shopping**

PERTH PROGRAM GUIDE

Friday 07th March 2014



05:00 am Home Shopping

05:30 am Home Shopping

PERTH PROGRAM GUIDE

Saturday 08th March 2014



06:00 am To Be Advised

06:30 am To Be Advised

07:00 am To Be Advised

08:00 am **Good Chef Bad Chef** (Rpt) CC G

Chef Adrian Richardson and nutritionist Zoe Bingley-Pullin go head to head in a food showdown!

08:30 am **Studio 10: Saturday** CC G

Join us for all the best segments of the week from our morning shows Wake Up and Studio 10.

10:00 am **Studio 10: Saturday Extra** CC PG

Join us for all the best segments of the week from our morning shows Wake Up and Studio 10.

11:00 am **Tour The World** CC

NEW EPISODE

New Zealand's North Island Unveiled

We join a fabulous journey around New Zealand's stunning North Island with its beautiful capital - Auckland. Then we head south to the bubbling mud pools and steam vents of Rotorua.

11:30 am **Everyday Gourmet With Justine Schofield** (Rpt) CC G

From the simplest of meals to more sophisticated recipes, MasterChef's Justine Schofield will inspire you to get more from your home cooking experience.

12:00 pm **The Living Room Encore** (Rpt) CC

SPECIAL ENCORE PRESENTATION

Tonight on TLR, Amanda climbs the harbour bridge with Paula Abdul, Dr. Chris Brown chats to Robert Irwin about his life living at Australia Zoo & Miguel shows us some different ways to make a jaffle.

01:00 pm **It's A Lifestyle TV** (Rpt) CC G

A panel of hosts and special celebrity guests will take you through a comprehensive list of tips and tricks regarding food, health, nutrition, new products, gardening, home renovation and holidays.

PERTH PROGRAM GUIDE

Saturday 08th March 2014



01:30 pm **A Taste Of Travel** (Rpt)

CC G

A Taste of Travel returns for a second season, as we go to some of the most interesting places on the planet. Discover the local food specialties and get to know the local characters.

02:00 pm **Escape With ET**

Join rugby league and fishing legend, Andrew 'ET' Ettingshausen, as he escapes the city for adventures on land and sea.

03:00 pm **To Be Advised**

04:00 pm **What's Up Downunder**

CC G

What's Up Down Under is a lifestyle television show that encourages people to travel Australia in recreational vehicles, stay at holiday parks and enjoy the local attractions of each area.

04:30 pm **Everyday Gourmet With Justine Schofield** (Rpt)

CC G

From the simplest of meals to more sophisticated recipes, MasterChef's Justine Schofield will inspire you to get more from your home cooking experience.

05:00 pm **TEN Eyewitness News**

CC

Presented by Hermione Kitson, the hour-long bulletin covers the major national & international news including sport with Adam Hawse, and expert weather analysis with Magdalena Roze.

06:00 pm **The Simpsons**

CC PG
Sexual References

ALL NEW EPISODES

Four Regrettings And A Funeral

Four Springfielders are prompted to try to right past regrets following the funeral of a beloved neighbour. Homer, Marge, Mr. Burns and Kent Brockman set off to try and change the past.

Voices: Dan Castellaneta, Julie Kavner, Nancy Cartwright, Yeardley Smith, Hank Azaria, Harry Shearer

06:30 pm **Attenborough's Nature's Great Events**

CC

NEW EPISODE

Nature's Great Events: The Great Tide

A mighty army of dolphins, sharks, whales, seals and gannets hunt down the billions of sardines along South Africa's east coast each winter, seeing the greatest gathering of predators anywhere on the planet.

PERTH PROGRAM GUIDE

Saturday 08th March 2014



07:30 pm Bondi Vet

CC

NEW EPISODE

When it comes to animals, it is always best to expect the unexpected. On this special episode of Bondi Vet, we look back at some of the most embarrassing cases that Dr Chris and the team have ever faced.

08:30 pm **Movie: Taken** (Rpt) (2008)

CC M
WS Frequent Violence,
Adult Themes

MOVIE

A former spy relies on his old skills to save his estranged daughter, who has been forced into the slave trade.

Starring: Liam Neeson, Maggie Grace, Famke Janssen, Holly Valance, Xander Berkeley, Katie Cassidy

10:25 pm To Be Advised

NO
CC

MOVIE

11:25 pm To Be Advised

01:00 am Home Shopping

01:30 am Home Shopping

02:00 am Home Shopping

02:30 am Home Shopping

03:00 am Home Shopping

03:30 am Home Shopping

04:00 am Home Shopping

04:30 am It Is Written

PG

Religious Program

PERTH PROGRAM GUIDE

Saturday 08th March 2014



05:00 am Hour Of Power

G

Religious Program