



WEEK 24: Sunday, 9 June - Saturday, 15 June 2019 ALL MARKETS

Date	Start Time	Title	Episode Title	Digital Epg Synopsis	Country of Origin	Language	Repeat	Classification	Closed Captions	Subtitles
2019-06-09	0500	Lyndey And Blair's Taste Of Greece	Lyndey And Blair's Taste Of Greece Series 1 Episode 7	In the final episode, Lyndey times Blair as he runs the length of the original ancient stadium of Olympia. Next, the pair taste wine from Refosco grapes at Mercouri Winery.	AUSTRALIA	English-100	RPT	G	Y	
2019-06-09	0600	Tom Kerridge's Proper Pub Food	Food For Friends	This episode features dishes that are perfect for serving up to groups of friends. This is hearty, casual cooking meant for sharing - that means less time fussing in the kitchen.	UNITED KINGDOM	English-100		G		
2019-06-09	0630	Tom Kerridge's Proper Pub Food	Outdoor Food	We all enjoy eating outdoors in a Great British beer garden and in this episode, Tom wants to show us how to do outdoor food properly.	UNITED KINGDOM	English-100		G		
2019-06-09	0700	Bill's Tasty Weekends	Norfolk	Bill is staying in a vertigo inducing water tower on the Sandringham Estate and is inspired to serve up the perfect steak when he gets up close to the Queen's very own cattle.	UNITED KINGDOM	English-100		G		
2019-06-09	0800	Shane Delia's Spice Journey Turkey	Ottomania - Food Fit For Sultans	Back with his new series, Shane Delia witnesses the rebirth of Ottoman cuisine and traditions in Istanbul, the city that straddles the continents of Europe and Asia.	AUSTRALIA	English-95; Turkish-5	RPT	PG	Y	
2019-06-09	0830	Shane Delia's Spice Journey Turkey	Warriors And Wine-Dark Seas	Shane alights at Gallipoli almost 100 years after the 1915 ANZAC landings. He gets to know the Dardanelles, and witnesses how the local cuisine has been influenced by different cultures.	AUSTRALIA	English-75; Turkish-25	RPT	G	Y	Y
2019-06-09	0900	Dinner Date	Sasha	Dinner Date is the show where people hope to find true love through their love of good food. One lucky person gets the chance to find romance as they enjoy three very special meals.	UNITED KINGDOM	English-100		PG		
2019-06-09	1000	Say It To My Face	Wtf Is American Fusion?	Mark Cammarano says he's about to lose his Simi Valley restaurant because he's being unfairly crushed by negative online reviews.	USA	English-100		PG		Y
2019-06-09	1100	The Cook And The Chef	Australia Again	Maggie and Simon look at the past, the present and the future of food in Australia. They create recipes using their favourite foods that are grown sustainably and locally sourced.	AUSTRALIA	English-100		G		
2019-06-09	1130	The Cook And The Chef	Party, A	As they say, all good things have to come to an end and sadly tonight's program is the very last of the Cook and the Chef, but to go out with a bang and to celebrate four fabulous years.	AUSTRALIA	English-100		G		
2019-06-09	1200	The Chocolate Queen	Chocolate Queen Series 1, The Ep 6	Kirsten prepares an intriguing and delicious Chocolate Salami, and shows you how to achieve the perfect Liquid Centre Chocolate Pudding.	AUSTRALIA	English-100		G		
2019-06-09	1230	Lyndey And Blair's Taste Of Greece	Lyndey And Blair's Taste Of Greece Series 1 Episode 7	In the final episode, Lyndey times Blair as he runs the length of the original ancient stadium of Olympia. Next, the pair taste wine from Refosco grapes at Mercouri Winery.	AUSTRALIA	English-100	RPT	G	Y	
2019-06-09	1330	Tom Kerridge's Proper Pub Food	Food For Friends	This episode features dishes that are perfect for serving up to groups of friends. This is hearty, casual cooking meant for sharing - that means less time fussing in the kitchen.	UNITED KINGDOM	English-100		G		
2019-06-09	1400	Tom Kerridge's Proper Pub Food	Outdoor Food	We all enjoy eating outdoors in a Great British beer garden and in this episode, Tom wants to show us how to do outdoor food properly.	UNITED KINGDOM	English-100		G		

2019-06-09	1430	Shane Delia's Spice Journey Turkey	Ottomania - Food Fit For Sultans	Back with his new series, Shane Delia witnesses the rebirth of Ottoman cuisine and traditions in Istanbul, the city that straddles the continents of Europe and Asia.	AUSTRALIA	English-95; Turkish-5	RPT	PG	Y
2019-06-09	1500	Dinner Date	Ollie	Dinner Date is the show where people hope to find true love through their love of good food. One lucky person gets the chance to find romance as they enjoy three very special meals.	UNITED KINGDOM	English-100		PG	
2019-06-09	1600	Say It To My Face	Showdown In Shrimp-Town	Nick Collas, the owner of Arcadia, CA's Shrimp House restaurant, has been getting into nasty online arguments with angry diners who have trashed his food, his ambience, and his service.	USA	English-100		PG	Y
2019-06-09	1700	The Cook And The Chef	Summer Lunch, A	Maggie Beer and Simon Bryant go squidding and it's easy to see that this is a new experience for Maggie. Back in the kitchen Simon cleans the squid while Maggie gets started on her dishes.	AUSTRALIA	English-100		G	
2019-06-09	1730	The Cook And The Chef	Orchard, The	Maggie shows how to make a wonderful makes Peach Jam, sharing a new method to check when it is ready to set, makes a simple Peach and Prosciutto salad and finishes with a Peach drink.	AUSTRALIA	English-100		G	
2019-06-09	1800	The Chocolate Queen	Chocolate Queen Series 1, The Ep 7	Kirsten creates an elegant chocolate Rose decoration and a fragrant Ginger Chocolate Pear.	AUSTRALIA	English-100		G	
2019-06-09	1830	Cheese Slices	New Cheese Pioneers: Tasmania, The	Will invites his friend Tetsuya Wakuda to accompany him on a tour of Tasmania and to demonstrate a few of his unusual recipe ideas with the local dairy produce.	AUSTRALIA	English-100		G	
2019-06-09	1900	Cheese Slices	India: Indian Paneer And The Chenna Sweets Of West Bengal	Will travels to the old city of Kolkata during the Holi festival to learn about the origins of Paneer and Chennai.	AUSTRALIA			G	
2019-06-09	1930	Outback Gourmet	Outback Gourmet Series 1 Ep 5	Justine prepares a dish showcasing products from a local family run mango farm, followed by a visit to the pristine Berry Springs Nature Park, and catches up with Radek Zalsky at Wharf One.	AUSTRALIA	English-100		G	
2019-06-09	2000	Outback Gourmet	Outback Gourmet Series 1 Ep 6	Justine prepares a dish at Little Miss Korea, takes a plunge in the Crocasauras Cove, and checks out Darwin's nightlife at The Trader Bar with a Green Ant Cocktail.	AUSTRALIA	English-100		G	
2019-06-09	2030	Rick Stein's Long Weekends	Copenhagen	Rick Stein eats his way around design-loving Copenhagen, the home of Hans Christian Anderson - and the latest in fine dining.	UNITED KINGDOM	English-100		G	
2019-06-09	2130	Food Safari	Food Safari Series 4 Episode 7	Maeve O'Meara explores the delicious world of Polish food as chef Judyta Slupnicki introduces her to the essentials - from smallgoods, to horseradish and pickled gherkins.	AUSTRALIA	English-100	RPT	G	Y
2019-06-09	2200	Food Safari	Food Safari Series 4 Episode 8	Maeve O'Meara explores the fascinating food of Afghanistan where the guest is always seen as king and beautiful feasts are prepared using age-old recipes.	AUSTRALIA	English-100	RPT	G	Y
2019-06-09	2230	The Chocolate Queen	Chocolate Queen Series 1, The Ep 7	Kirsten creates an elegant chocolate Rose decoration and a fragrant Ginger Chocolate Pear.	AUSTRALIA	English-100		G	
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2019-06-09	2400	Cheese Slices	New Cheese Pioneers: Tasmania, The	Will invites his friend Tetsuya Wakuda to accompany him on a tour of Tasmania and to demonstrate a few of his unusual recipe ideas with the local dairy produce.	AUSTRALIA	English-100		G	
2019-06-09	2430	Cheese Slices	India: Indian Paneer And The Chenna Sweets Of West Bengal	Will travels to the old city of Kolkata during the Holi festival to learn about the origins of Paneer and Chennai.	AUSTRALIA			G	

2019-06-09	2500	Rick Stein's Long Weekends	Copenhagen	Rick Stein eats his way around design-loving Copenhagen, the home of Hans Christian Anderson - and the latest in fine dining.	UNITED KINGDOM	English-100		G	
2019-06-09	2600	Food Safari	Food Safari Series 4 Episode 7	Maeve O'Meara explores the delicious world of Polish food as chef Judyta Slupnicki introduces her to the essentials - from smallgoods, to horseradish and pickled gherkins.	AUSTRALIA	English-100	RPT	G	Y
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2019-06-09	2700	Dinner Date	Ollie	Dinner Date is the show where people hope to find true love through their love of good food. One lucky person gets the chance to find romance as they enjoy three very special meals.	UNITED KINGDOM	English-100		PG	
2019-06-09	2800	Say It To My Face	Showdown In Shrimp-Town	Nick Collas, the owner of Arcadia, CA's Shrimp House restaurant, has been getting into nasty online arguments with angry diners who have trashed his food, his ambience, and his service.	USA	English-100		PG	Y
2019-06-10	0500	The Chocolate Queen	Chocolate Queen Series 1, The Ep 7	Kirsten creates an elegant chocolate Rose decoration and a fragrant Ginger Chocolate Pear.	AUSTRALIA	English-100		G	
2019-06-10	0530	The Cook And The Chef	Summer Lunch, A	Maggie Beer and Simon Bryant go squidding and it's easy to see that this is a new experience for Maggie. Back in the kitchen Simon cleans the squid while Maggie gets started on her dishes.	AUSTRALIA	English-100		G	
2019-06-10	0600	The Cook And The Chef	Orchard, The	Maggie shows how to make a wonderful makes Peach Jam, sharing a new method to check when it is ready to set, makes a simple Peach and Prosciutto salad and finishes with a Peach drink.	AUSTRALIA	English-100		G	
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2019-06-10	0730	Outback Gourmet	Outback Gourmet Series 1 Ep 5	Justine prepares a dish showcasing products from a local family run mango farm, followed by a visit to the pristine Berry Springs Nature Park, and catches up with Radek Zalsky at Wharf One.	AUSTRALIA	English-100		G	
2019-06-10	0800	Outback Gourmet	Outback Gourmet Series 1 Ep 6	Justine prepares a dish at Little Miss Korea, takes a plunge in the Crocasauras Cove, and checks out Darwin's nightlife at The Trader Bar with a Green Ant Cocktail.	AUSTRALIA	English-100		G	
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2019-06-10	1000	Food Safari	Food Safari Series 4 Episode 8	Maeve O'Meara explores the fascinating food of Afghanistan where the guest is always seen as king and beautiful feasts are prepared using age-old recipes.	AUSTRALIA	English-100	RPT	G	Y
2019-06-10	1030	Dinner Date	Ollie	Dinner Date is the show where people hope to find true love through their love of good food. One lucky person gets the chance to find romance as they enjoy three very special meals.	UNITED KINGDOM	English-100		PG	
2019-06-10	1130	Say It To My Face	Showdown In Shrimp-Town	Nick Collas, the owner of Arcadia, CA's Shrimp House restaurant, has been getting into nasty online arguments with angry diners who have trashed his food, his ambience, and his service.	USA	English-100		PG	Y
2019-06-10	1230	The Chocolate Queen	Chocolate Queen Series 1, The Ep 7	Kirsten creates an elegant chocolate Rose decoration and a fragrant Ginger Chocolate Pear.	AUSTRALIA	English-100		G	

2019-06-10	1300	Cheese Slices	New Cheese Pioneers: Tasmania, The	Will invites his friend Tetsuya Wakuda to accompany him on a tour of Tasmania and to demonstrate a few of his unusual recipe ideas with the local dairy produce.	AUSTRALIA	English-100		G		
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2019-06-10	1500	Mercurio's Menu	Otago New Zealand	Paul's on New Zealand's South Island searching for pheasant, the catch of the day, fresh jams and a Maori delicacy called Titi - also known as the mutton bird.	AUSTRALIA	English-100		G		
2019-06-10	1530	Secret Meat Business	Secret Meat Business Series 2 Ep 3	This episode, chef Adrian Richardson shows us the versatility of cooking with rabbit, serving up his succulent sweet braised rabbit ragu.	AUSTRALIA	English-100		G		
2019-06-10	1600	Food Lovers Guide To Australia	Food Lovers Guide To Australia Series 4 Ep 3	Maeve O'Meara and Joanna Savill continue to explore the best food and produce around. In this episode, a Haigh family tradition of chocolate making, and pastizzi at Gato's Pastizzi.	AUSTRALIA	English-100	RPT	G		Y
2019-06-10	1630	Delia's How To Cook	Rice	Many cooks have trouble with rice, but not if they follow Delia's fail-safe advice and, above all, her golden rule - leave it alone.	UNITED KINGDOM	English-100		G		
2019-06-10	1700	Food Lab By Ben Milbourne	Food Lab By Ben Milbourne Series 3 Ep 61	Ben is at the Providore Place Market, where he will be making some delicious breakfast tacos. 80 kilometres north-east of Gladstone, Queensland, Ben is on Herron Island.	AUSTRALIA	English-100		PG		
2019-06-10	1730	The Hairy Bikers USA	Big Shrimp	Bill and Paul roll into Corpus Christi, Texas where the locals are obsessed with extreme breakfast tacos. They chow down on exotic tacos - including tripe, pig skin and cow's head.	UNITED KINGDOM	English-100				
2019-06-10	1800	The Chocolate Queen	Chocolate Queen Series 1, The Ep 8	Kirsten shows you how to prepare your own decadent Chocolate Hazelnut Spread and puts a chocolate twist on fried eggs.	AUSTRALIA	English-100		G		
2019-06-10	1830	The Cook And The Chef	Root Veg And Guinea Fowl	After the exhilaration of the New Zealand trip this week's show opens with Maggie back on home soil - and almost knee deep in it too. She's trekking through mud with vegetable grower Dominic Scarfo.	AUSTRALIA	English-100		G		
2019-06-10	1900	The Cook And The Chef	Fish	Back from their New Zealand Food Adventure Maggie and Simon again set their sights on local produce, enjoying two excellent fish - King George Whiting and Mulloway.	AUSTRALIA	English-100		G		
2019-06-10	1930	The Urban Vegetarian	Treat Yourself	Food nerd Desiree Nielsen knows how to add more veggies to our morning and shows us how it's done with a blueberry, celery, cucumber, and red cabbage juice.	CANADA	English-100		G		
2019-06-10	2000	The Urban Vegetarian	Easy Comfort Food	Desiree Nielsen cooks up a filling breakfast with spiralised fried potatoes with eggs and hollandaise.	CANADA	English-100		G		
2019-06-10	2030	Thai Street Food With David Thompson	Modern Bangkok	In the final episode of Thai Street Food, we look at modern Bangkok and the cosmopolitan city that it has become. David reflects on his journey of Thai food and culture, and what it means.	AUSTRALIA	English-100	RPT	G	Y	Y
2019-06-10	2100	Thai Street Food With David Thompson	Morning, Bangkok Awakes	Over 13 colourful and vibrant episodes, renowned Australian chef and Thai food expert David Thompson offers a glimpse into the vibrant world of Thailand's streets and markets.	AUSTRALIA	English-100	RPT	G	Y	Y
2019-06-10	2130	Oliver's Twist	An Englishman And And Irishman	Jamie Oliver prepares another meal for his mates. Here, he visits fellow chef Richard Corrigan in the kitchen of his London restaurant.	UNITED KINGDOM	English-100		G		
2019-06-10	2200	The Hairy Bikers USA	Big Shrimp	Bill and Paul roll into Corpus Christi, Texas where the locals are obsessed with extreme breakfast tacos. They chow down on exotic tacos - including tripe, pig skin and cow's head.	UNITED KINGDOM	English-100				

2019-06-10	2230	The Cook And The Chef	Root Veg And Guinea Fowl	After the exhilaration of the New Zealand trip this week's show opens with Maggie back on home soil - and almost knee deep in it too. She's trekking through mud with vegetable grower Dominic Scarfo.	AUSTRALIA	English-100		G		
2019-06-10	2300	The Cook And The Chef	Fish	Back from their New Zealand Food Adventure Maggie and Simon again set their sights on local produce, enjoying two excellent fish - King George Whiting and Mulloway.	AUSTRALIA	English-100		G		
2019-06-10	2330	The Chocolate Queen	Chocolate Queen Series 1, The Ep 8	Kirsten shows you how to prepare your own decadent Chocolate Hazelnut Spread and puts a chocolate twist on fried eggs.	AUSTRALIA	English-100		G		
2019-06-10	2400	Worst Cooks In America	Hollywood Goes Bollywood	The tables are turned in the Skill Drill Challenge, when the remaining celebrities become the teachers and instruct Anne and Rachael to make a dish.	USA	English-100		PG		Y
2019-06-10	2500	Food Lab By Ben Milbourne	Food Lab By Ben Milbourne Series 3 Ep 61	Ben is at the Providore Place Market, where he will be making some delicious breakfast tacos. 80 kilometres north-east of Gladstone, Queensland, Ben is on Herron Island.	AUSTRALIA	English-100		PG		
2019-06-10	2530	The Urban Vegetarian	Treat Yourself	Food nerd Desiree Nielsen knows how to add more veggies to our morning and shows us how it's done with a blueberry, celery, cucumber, and red cabbage juice.	CANADA	English-100		G		
2019-06-10	2600	The Urban Vegetarian	Meals On The Go	Desiree Nielsen cooks up a green curry vegetable potpie, the perfect flavourful comfort food that's high in nutrition.	CANADA	English-100		G		
2019-06-10	2630	Thai Street Food With David Thompson	Modern Bangkok	In the final episode of Thai Street Food, we look at modern Bangkok and the cosmopolitan city that it has become. David reflects on his journey of Thai food and culture, and what it means.	AUSTRALIA	English-100	RPT	G	Y	Y
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2019-06-10	2800	The Cook And The Chef	Fish	Back from their New Zealand Food Adventure Maggie and Simon again set their sights on local produce, enjoying two excellent fish - King George Whiting and Mulloway.	AUSTRALIA	English-100		G		
2019-06-10	2830	Oliver's Twist	An Englishman And And Irishman	Jamie Oliver prepares another meal for his mates. Here, he visits fellow chef Richard Corrigan in the kitchen of his London restaurant.	UNITED KINGDOM	English-100		G		
2019-06-11	0500	The Chocolate Queen	Chocolate Queen Series 1, The Ep 8	Kirsten shows you how to prepare your own decadent Chocolate Hazelnut Spread and puts a chocolate twist on fried eggs.	AUSTRALIA	English-100		G		
2019-06-11	0530	Worst Cooks In America	Hollywood Goes Bollywood	The tables are turned in the Skill Drill Challenge, when the remaining celebrities become the teachers and instruct Anne and Rachael to make a dish.	USA	English-100		PG		Y
2019-06-11	0630	Mercurio's Menu	Otago New Zealand	Paul's on New Zealand's South Island searching for pheasant, the catch of the day, fresh jams and a Maori delicacy called Titi - also known as the mutton bird.	AUSTRALIA	English-100		G		
2019-06-11	0700	Secret Meat Business	Secret Meat Business Series 2 Ep 3	This episode, chef Adrian Richardson shows us the versatility of cooking with rabbit, serving up his succulent sweet braised rabbit ragu.	AUSTRALIA	English-100		G		
2019-06-11	0730	Food Lovers Guide To Australia	Food Lovers Guide To Australia Series 4 Ep 3	Maeve O'Meara and Joanna Savill continue to explore the best food and produce around. In this episode, a Haigh family tradition of chocolate making, and pastizzi at Gato's Pastizzi.	AUSTRALIA	English-100	RPT	G	Y	
2019-06-11	0800	Food Lab By Ben Milbourne	Food Lab By Ben Milbourne Series 3 Ep 61	Ben is at the Providore Place Market, where he will be making some delicious breakfast tacos. 80 kilometres north-east of Gladstone, Queensland, Ben is on Herron Island.	AUSTRALIA	English-100		PG		

2019-06-11	0830	Delia's How To Cook	Rice	Many cooks have trouble with rice, but not if they follow Delia's fail-safe advice and, above all, her golden rule - leave it alone.	UNITED KINGDOM	English-100		G		
2019-06-11	0900	The Hairy Bikers USA	Big Shrimp	Bill and Paul roll into Corpus Christi, Texas where the locals are obsessed with extreme breakfast tacos. They chow down on exotic tacos - including tripe, pig skin and cow's head.	UNITED KINGDOM	English-100				
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2019-06-11	1200	Thai Street Food With David Thompson	Modern Bangkok	In the final episode of Thai Street Food, we look at modern Bangkok and the cosmopolitan city that it has become. David reflects on his journey of Thai food and culture, and what it means.	AUSTRALIA	English-100	RPT	G	Y	Y
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2019-06-11	1330	Worst Cooks In America	Hollywood Goes Bollywood	The tables are turned in the Skill Drill Challenge, when the remaining celebrities become the teachers and instruct Anne and Rachael to make a dish.	USA	English-100		PG		Y
2019-06-11	1430	The Chocolate Queen	Chocolate Queen Series 1, The Ep 8	Kirsten shows you how to prepare your own decadent Chocolate Hazelnut Spread and puts a chocolate twist on fried eggs.	AUSTRALIA	English-100		G		
2019-06-11	1500	Mercurio's Menu	Blue Mountains, The	Less than an hour from Sydney, Paul's in the world heritage Blue Mountains to discover the ethos of 'slow food' sourcing, preparing, and eating.	AUSTRALIA	English-100		G		
2019-06-11	1530	Secret Meat Business	Secret Meat Business Series 2 Ep 4	Taking a leaf out of his mother-in-law's recipe book, chef Adrian Richardson makes a Dutch recipe for delicious and decadent glazed pork hock marsala.	AUSTRALIA	English-100		G		
2019-06-11	1600	Food Lovers Guide To Australia	Food Lovers Guide To Australia Series 4 Ep 4	Maeve O'Meara and Joanna Savill continue to explore the best food and produce around. In this episode, mud crabbing in the Gulf of Carpentaria, and the secrets of Persian cuisine.	AUSTRALIA	English-100	RPT	PG	Y	
2019-06-11	1630	Delia's How To Cook	Store Cupboard	Delia advises on an essential part of a cook's repertoire - store cupboard ingredients. There are around 40 items - from unrefined sugar to star anise - that she wouldn't be without.	UNITED KINGDOM	English-100				
2019-06-11	1700	Food Lab By Ben Milbourne	Food Lab By Ben Milbourne Series 3 Ep 62	Ben is at his restaurant CharlotteJack, where he will be making a kingfish crudo with a radish salad. 80 kilometres north-east of Gladstone, Queensland, Ben is on Herron Island.	AUSTRALIA	English-100		PG		
2019-06-11	1730	The Hairy Bikers USA	Pigging Out	Bill and Paul roll into Jackson, Mississippi, where the soul food culture is famous for making use of every part of the pig. Many favorite local dishes are made from the least expensive parts.	UNITED KINGDOM	English-100				

2019-06-11	1800	The Chocolate Queen	Chocolate Queen Series 1, The Ep 9	The Chocolate Queen creates indulgent chocolate tacos and puts her spin on an Australian classic with Triple Chocolate Lamingtons.	AUSTRALIA	English-100		G	
2019-06-11	1830	The Cook And The Chef	Cauliflower And Passionfruit	Working at the Hotel often keeps Simon busy late into the evening so he's not known for his love of early mornings, but this week he's made the effort to get up well before the crack of dawn.	AUSTRALIA	English-100		G	
2019-06-11	1900	The Cook And The Chef	Limes And Rice	The beautiful fertile soils of the Northern Rivers Regions of NSW have made possible many amazing sub tropical food enterprises.	AUSTRALIA	English-100		G	
2019-06-11	1930	Hairy Bikers' Bakeation	Norway	The Hairy Bikers start their epic 5000 mile bakeation in Kristiansund on Norway's stunning West coast. They ride out along the Atlantic highway, ferry hopping from island to island.	UNITED KINGDOM	English-100		PG	
2019-06-11	2030	Poh's Kitchen Lends A Hand	Cambodia	Poh travels to Cambodia to meet Scott Neeson, an Aussie who is working with the children of the notorious garbage dump Steung Meanchey in Phnom Penh.	AUSTRALIA	English-100	RPT	G	Y
2019-06-11	2100	Poh's Kitchen	Family Favourites With Emmanuel Mollois	French-trained pastry chef Emmanuel Mollois joins Poh Ling Yeow in her kitchen, where they make delicious desserts.	AUSTRALIA	English-100	RPT	G	Y
2019-06-11	2130	Oliver's Twist	Flash In The PAN	Jamie meets a friend in Borough and cooks a spring frittata on a camping stove in the middle of the market.	UNITED KINGDOM	English-100		G	
2019-06-11	2200	The Hairy Bikers USA	Pigging Out	Bill and Paul roll into Jackson, Mississippi, where the soul food culture is famous for making use of every part of the pig. Many favorite local dishes are made from the least expensive parts.	UNITED KINGDOM	English-100			
2019-06-11	2230	The Cook And The Chef	Cauliflower And Passionfruit	Working at the Hotel often keeps Simon busy late into the evening so he's not known for his love of early mornings, but this week he's made the effort to get up well before the crack of dawn.	AUSTRALIA	English-100		G	
2019-06-11	2300	The Cook And The Chef	Limes And Rice	The beautiful fertile soils of the Northern Rivers Regions of NSW have made possible many amazing sub tropical food enterprises.	AUSTRALIA	English-100		G	
2019-06-11	2330	The Chocolate Queen	Chocolate Queen Series 1, The Ep 9	The Chocolate Queen creates indulgent chocolate tacos and puts her spin on an Australian classic with Triple Chocolate Lamingtons.	AUSTRALIA	English-100		G	
2019-06-11	2400	Worst Cooks In America	Live And Let Dough	For this Skill Drill Challenge, the celebrities execute a simple recipe that's missing some key words. Then the remaining recruits cook complicated pasta dishes for special guests.	USA	English-100		PG	
2019-06-11	2500	Food Lab By Ben Milbourne	Food Lab By Ben Milbourne Series 3 Ep 62	Ben is at his restaurant CharlotteJack, where he will be making a kingfish crudo with a radish salad. 80 kilometres north-east of Gladstone, Queensland, Ben is on Herron Island.	AUSTRALIA	English-100		PG	
2019-06-11	2530	Hairy Bikers' Bakeation	Norway	The Hairy Bikers start their epic 5000 mile bakeation in Kristiansund on Norway's stunning West coast. They ride out along the Atlantic highway, ferry hopping from island to island.	UNITED KINGDOM	English-100		PG	
2019-06-11	2630	Poh's Kitchen Lends A Hand	Cambodia	Poh travels to Cambodia to meet Scott Neeson, an Aussie who is working with the children of the notorious garbage dump Steung Meanchey in Phnom Penh.	AUSTRALIA	English-100	RPT	G	Y
2019-06-11	2700	Poh's Kitchen	Family Favourites With Emmanuel Mollois	French-trained pastry chef Emmanuel Mollois joins Poh Ling Yeow in her kitchen, where they make delicious desserts.	AUSTRALIA	English-100	RPT	G	Y
2019-06-11	2730	The Cook And The Chef	Cauliflower And Passionfruit	Working at the Hotel often keeps Simon busy late into the evening so he's not known for his love of early mornings, but this week he's made the effort to get up well before the crack of dawn.	AUSTRALIA	English-100		G	
2019-06-11	2800	The Cook And The Chef	Limes And Rice	The beautiful fertile soils of the Northern Rivers Regions of NSW have made possible many amazing sub tropical food enterprises.	AUSTRALIA	English-100		G	

2019-06-11	2830	Oliver's Twist	Flash In The PAN	Jamie meets a friend in Borough and cooks a spring frittata on a camping stove in the middle of the market.	UNITED KINGDOM	English-100			G	
2019-06-12	0500	The Chocolate Queen	Chocolate Queen Series 1, The Ep 9	The Chocolate Queen creates indulgent chocolate tacos and puts her spin on an Australian classic with Triple Chocolate Lamingtons.	AUSTRALIA	English-100			G	
2019-06-12	0530	Worst Cooks In America	Live And Let Dough	For this Skill Drill Challenge, the celebrities execute a simple recipe that's missing some key words. Then the remaining recruits cook complicated pasta dishes for special guests.	USA	English-100			PG	
2019-06-12	0630	Mercurio's Menu	Blue Mountains, The	Less than an hour from Sydney, Paul's in the world heritage Blue Mountains to discover the ethos of 'slow food' sourcing, preparing, and eating.	AUSTRALIA	English-100			G	
2019-06-12	0700	Secret Meat Business	Secret Meat Business Series 2 Ep 4	Taking a leaf out of his mother-in-law's recipe book, chef Adrian Richardson makes a Dutch recipe for delicious and decadent glazed pork hock marsala.	AUSTRALIA	English-100			G	
2019-06-12	0730	Food Lovers Guide To Australia	Food Lovers Guide To Australia Series 4 Ep 4	Maeve O'Meara and Joanna Savill continue to explore the best food and produce around. In this episode, mud crabbing in the Gulf of Carpentaria, and the secrets of Persian cuisine.	AUSTRALIA	English-100	RPT		PG	Y
2019-06-12	0800	Food Lab By Ben Milbourne	Food Lab By Ben Milbourne Series 3 Ep 62	Ben is at his restaurant CharlotteJack, where he will be making a kingfish crudo with a radish salad. 80 kilometres north-east of Gladstone, Queensland, Ben is on Herron Island.	AUSTRALIA	English-100			PG	
2019-06-12	0830	Delia's How To Cook	Store Cupboard	Delia advises on an essential part of a cook's repertoire - store cupboard ingredients. There are around 40 items - from unrefined sugar to star anise - that she wouldn't be without.	UNITED KINGDOM	English-100				
2019-06-12	0900	The Hairy Bikers USA	Pigging Out	Bill and Paul roll into Jackson, Mississippi, where the soul food culture is famous for making use of every part of the pig. Many favorite local dishes are made from the least expensive parts.	UNITED KINGDOM	English-100				
2019-06-12	0930	The Cook And The Chef	Cauliflower And Passionfruit	Working at the Hotel often keeps Simon busy late into the evening so he's not known for his love of early mornings, but this week he's made the effort to get up well before the crack of dawn.	AUSTRALIA	English-100			G	
2019-06-12	1000	The Cook And The Chef	Limes And Rice	The beautiful fertile soils of the Northern Rivers Regions of NSW have made possible many amazing sub tropical food enterprises.	AUSTRALIA	English-100			G	
2019-06-12	1030	Mercurio's Menu	Blue Mountains, The	Less than an hour from Sydney, Paul's in the world heritage Blue Mountains to discover the ethos of 'slow food' sourcing, preparing, and eating.	AUSTRALIA	English-100			G	
2019-06-12	1100	Hairy Bikers' Bakeation	Norway	The Hairy Bikers start their epic 5000 mile bakeation in Kristiansund on Norway's stunning West coast. They ride out along the Atlantic highway, ferry hopping from island to island.	UNITED KINGDOM	English-100			PG	
2019-06-12	1200	Poh's Kitchen Lends A Hand	Cambodia	Poh travels to Cambodia to meet Scott Neeson, an Aussie who is working with the children of the notorious garbage dump Steung Meanchey in Phnom Penh.	AUSTRALIA	English-100	RPT		G	Y
2019-06-12	1230	Poh's Kitchen	Family Favourites With Emmanuel Mollois	French-trained pastry chef Emmanuel Mollois joins Poh Ling Yeow in her kitchen, where they make delicious desserts.	AUSTRALIA	English-100	RPT		G	Y
2019-06-12	1300	Oliver's Twist	Flash In The PAN	Jamie meets a friend in Borough and cooks a spring frittata on a camping stove in the middle of the market.	UNITED KINGDOM	English-100			G	
2019-06-12	1330	Worst Cooks In America	Live And Let Dough	For this Skill Drill Challenge, the celebrities execute a simple recipe that's missing some key words. Then the remaining recruits cook complicated pasta dishes for special guests.	USA	English-100			PG	
2019-06-12	1430	The Chocolate Queen	Chocolate Queen Series 1, The Ep 9	The Chocolate Queen creates indulgent chocolate tacos and puts her spin on an Australian classic with Triple Chocolate Lamingtons.	AUSTRALIA	English-100			G	
2019-06-12	1500	Mercurio's Menu	Western Australia	Western Australia occupies one third of the Australian continent, and Paul's here to enjoy the historic port town of Fremantle with its markets, great pubs, and al-fresco dining.	AUSTRALIA	English-100			G	

2019-06-12	1530	Secret Meat Business	Secret Meat Business Series 2 Ep 5	Adrian shows us how to use a not-so-common cut of meat, creating his aromatic, West Indian inspired pork cheek stew. Plus, a tasty marinated skirt steak salad.	AUSTRALIA	English-100		G	
2019-06-12	1600	Food Lovers Guide To Australia	Food Lovers Guide To Australia Series 4 Ep 5	Maeve O'Meara and Joanna Savill continue to explore the best food and produce around. In this episode, the last almond trees in the town of Willunga, and 400 herbs - all in one garden.	AUSTRALIA	English-100	RPT	G	Y
2019-06-12	1630	Delia's How To Cook	Fish	Delia removes the 'fear factor' from cooking fish in this programme. She begins by tackling perhaps the most frightening fish of all - the humble herring.	UNITED KINGDOM	English-100			
2019-06-12	1700	Food Lab By Ben Milbourne	Food Lab By Ben Milbourne Series 3 Ep 63	Ben is at his restaurant CharlotteJack, where he will be cooking a grilled corn dish over the coals of his hibachi grill.	AUSTRALIA	English-100		PG	
2019-06-12	1730	The Hairy Bikers USA	Drunken Gator	Deep in Gator Country on the Florida panhandle, Bill and Paul set out to hunt alligators using a crossbow, and cook them up for dinner with the locals.	UNITED KINGDOM	English-100			
2019-06-12	1800	The Chocolate Queen	Chocolate Queen Series 1, The Ep 10	Kirsten makes a simple Microwave Chocolate Sponge and show stopping Chocolate Pops.	AUSTRALIA	English-100			
2019-06-12	1830	The Cook And The Chef	Brussels Sprouts And Avocado	Maggie and Simon go green with Brussels Sprouts and Avocados. Enjoy their warm winter take on the much maligned Sprout and take a trip back to the seventies with Simon's Avocado Ice Cream.	AUSTRALIA	English-100		G	
2019-06-12	1900	The Cook And The Chef	Lemon Myrtle And Pizzas	The little village of Nimbin, in the Byron Bay Hinterland has embraced its reputation as Australia's hippy capital and the influence of the counter culture extends way beyond the main street.	AUSTRALIA	English-100		G	
2019-06-12	1930	Hayden Quinn's South Africa	Stellenbosch	After exploring the Afrikaans Taal Monument and learning a bit about Afrikaans culture, Hayden heads to the heart of the city of oaks, where he meets master baker Fritz Schoon.	SOUTH AFRICA	English-100			
2019-06-12	2000	Hayden Quinn's South Africa	Franschhoek	Hayden visits the food and wine capital of South Africa - Franschhoek. Hayden rides the famous Wine Tram to experience wine making first hand as he stomps grapes at Rickety Bridge.	SOUTH AFRICA	English-100			
2019-06-12	2030	Donna Hay: Basics To Brilliance Kids	Sleepover	What sleepover is complete without pizza for dinner? Donna and the girls get busy making their own - on a clever flatbread base.	AUSTRALIA	English-100		PG	
2019-06-12	2100	Donna Hay: Basics To Brilliance Kids	Treasure Hunt	An important part of getting ready for the day's treasure hunt is making sure everyone has enough energy. Donna and her two helpers make bowls of pesto pasta with a twist.	AUSTRALIA	English-100		PG	
2019-06-12	2130	Oliver's Twist	Very British Bbq, A	Jamie makes a BBQ for his two Australian mates, but because of the British weather they are forced to have the BBQ indoors.	UNITED KINGDOM	English-100		G	
2019-06-12	2200	The Hairy Bikers USA	Drunken Gator	Deep in Gator Country on the Florida panhandle, Bill and Paul set out to hunt alligators using a crossbow, and cook them up for dinner with the locals.	UNITED KINGDOM	English-100			
2019-06-12	2230	The Cook And The Chef	Brussels Sprouts And Avocado	Maggie and Simon go green with Brussels Sprouts and Avocados. Enjoy their warm winter take on the much maligned Sprout and take a trip back to the seventies with Simon's Avocado Ice Cream.	AUSTRALIA	English-100		G	
2019-06-12	2300	The Cook And The Chef	Lemon Myrtle And Pizzas	The little village of Nimbin, in the Byron Bay Hinterland has embraced its reputation as Australia's hippy capital and the influence of the counter culture extends way beyond the main street.	AUSTRALIA	English-100		G	
2019-06-12	2330	The Chocolate Queen	Chocolate Queen Series 1, The Ep 10	Kirsten makes a simple Microwave Chocolate Sponge and show stopping Chocolate Pops.	AUSTRALIA	English-100			
2019-06-12	2400	Worst Cooks In America	Final Showdown, The	The final two recruits face their final, ultimate challenge - cook a restaurant quality meal for a panel of culinary experts. One is named the winner and awarded \$50,000 to go to their chosen charity.	USA	English-100		PG	
2019-06-12	2500	Food Lab By Ben Milbourne	Food Lab By Ben Milbourne Series 3 Ep 63	Ben is at his restaurant CharlotteJack, where he will be cooking a grilled corn dish over the coals of his hibachi grill.	AUSTRALIA	English-100		PG	

2019-06-12	2530	Hayden Quinn's South Africa	Stellenbosch	After exploring the Afrikaans Taal Monument and learning a bit about Afrikaans culture, Hayden heads to the heart of the city of oaks, where he meets master baker Fritz Schoon.	SOUTH AFRICA	English-100			
2019-06-12	2600	Hayden Quinn's South Africa	Franschhoek	Hayden visits the food and wine capital of South Africa - Franschhoek. Hayden rides the famous Wine Tram to experience wine making first hand as he stomps grapes at Rickety Bridge.	SOUTH AFRICA	English-100			
2019-06-12	2630	Donna Hay: Basics To Brilliance Kids	Sleepover	What sleepover is complete without pizza for dinner? Donna and the girls get busy making their own - on a clever flatbread base.	AUSTRALIA	English-100		PG	
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2019-06-12	2730	The Cook And The Chef	Brussels Sprouts And Avocado	Maggie and Simon go green with Brussels Sprouts and Avocados. Enjoy their warm winter take on the much maligned Sprout and take a trip back to the seventies with Simon's Avocado Ice Cream.	AUSTRALIA	English-100		G	
2019-06-12	2800	The Cook And The Chef	Lemon Myrtle And Pizzas	The little village of Nimbin, in the Byron Bay Hinterland has embraced its reputation as Australia's hippy capital and the influence of the counter culture extends way beyond the main street.	AUSTRALIA	English-100		G	
2019-06-12	2830	Oliver's Twist	Very British Bbq, A	Jamie makes a BBQ for his two Australian mates, but because of the British weather they are forced to have the BBQ indoors.	UNITED KINGDOM	English-100		G	
2019-06-13	0500	The Chocolate Queen	Chocolate Queen Series 1, The Ep 10	Kirsten makes a simple Microwave Chocolate Sponge and show stopping Chocolate Pops.	AUSTRALIA	English-100			
2019-06-13	0530	Worst Cooks In America	Final Showdown, The	The final two recruits face their final, ultimate challenge - cook a restaurant quality meal for a panel of culinary experts. One is named the winner and awarded \$50,000 to go to their chosen charity.	USA	English-100		PG	
2019-06-13	0630	Mercurio's Menu	Western Australia	Western Australia occupies one third of the Australian continent, and Paul's here to enjoy the historic port town of Fremantle with its markets, great pubs, and al-fresco dining.	AUSTRALIA	English-100		G	
2019-06-13	0700	Secret Meat Business	Secret Meat Business Series 2 Ep 5	Adrian shows us how to use a not-so-common cut of meat, creating his aromatic, West Indian inspired pork cheek stew. Plus, a tasty marinated skirt steak salad.	AUSTRALIA	English-100		G	
2019-06-13	0730	Food Lovers Guide To Australia	Food Lovers Guide To Australia Series 4 Ep 5	Maeve O'Meara and Joanna Savill continue to explore the best food and produce around. In this episode, the last almond trees in the town of Willunga, and 400 herbs - all in one garden.	AUSTRALIA	English-100	RPT	G	Y
2019-06-13	0800	Food Lab By Ben Milbourne	Food Lab By Ben Milbourne Series 3 Ep 63	Ben is at his restaurant CharlotteJack, where he will be cooking a grilled corn dish over the coals of his hibachi grill.	AUSTRALIA	English-100		PG	
2019-06-13	0830	Delia's How To Cook	Fish	Delia removes the 'fear factor' from cooking fish in this programme. She begins by tackling perhaps the most frightening fish of all - the humble herring.	UNITED KINGDOM	English-100			
2019-06-13	0900	The Hairy Bikers USA	Drunken Gator	Deep in Gator Country on the Florida panhandle, Bill and Paul set out to hunt alligators using a crossbow, and cook them up for dinner with the locals.	UNITED KINGDOM	English-100			
2019-06-13	0930	The Cook And The Chef	Brussels Sprouts And Avocado	Maggie and Simon go green with Brussels Sprouts and Avocados. Enjoy their warm winter take on the much maligned Sprout and take a trip back to the seventies with Simon's Avocado Ice Cream.	AUSTRALIA	English-100		G	
2019-06-13	1000	The Cook And The Chef	Lemon Myrtle And Pizzas	The little village of Nimbin, in the Byron Bay Hinterland has embraced its reputation as Australia's hippy capital and the influence of the counter culture extends way beyond the main street.	AUSTRALIA	English-100		G	
2019-06-13	1030	Mercurio's Menu	Western Australia	Western Australia occupies one third of the Australian continent, and Paul's here to enjoy the historic port town of Fremantle with its markets, great pubs, and al-fresco dining.	AUSTRALIA	English-100		G	

2019-06-13	1100	Hayden Quinn's South Africa	Stellenbosch	After exploring the Afrikaans Taal Monument and learning a bit about Afrikaans culture, Hayden heads to the heart of the city of oaks, where he meets master baker Fritz Schoon.	SOUTH AFRICA	English-100			
2019-06-13	1130	Hayden Quinn's South Africa	Franschhoek	Hayden visits the food and wine capital of South Africa - Franschhoek. Hayden rides the famous Wine Tram to experience wine making first hand as he stomps grapes at Rickety Bridge.	SOUTH AFRICA	English-100			
2019-06-13	1200	Donna Hay: Basics To Brilliance Kids	Sleepover	What sleepover is complete without pizza for dinner? Donna and the girls get busy making their own - on a clever flatbread base.	AUSTRALIA	English-100		PG	
2019-06-13	1230	Donna Hay: Basics To Brilliance Kids	Treasure Hunt	An important part of getting ready for the day's treasure hunt is making sure everyone has enough energy. Donna and her two helpers make bowls of pesto pasta with a twist.	AUSTRALIA	English-100		PG	
2019-06-13	1300	Oliver's Twist	Very British Bbq, A	Jamie makes a BBQ for his two Australian mates, but because of the British weather they are forced to have the BBQ indoors.	UNITED KINGDOM	English-100		G	
2019-06-13	1330	Worst Cooks In America	Final Showdown, The	The final two recruits face their final, ultimate challenge - cook a restaurant quality meal for a panel of culinary experts. One is named the winner and awarded \$50,000 to go to their chosen charity.	USA	English-100		PG	
2019-06-13	1430	The Chocolate Queen	Chocolate Queen Series 1, The Ep 10	Kirsten makes a simple Microwave Chocolate Sponge and show stopping Chocolate Pops.	AUSTRALIA	English-100			
2019-06-13	1500	Mercurio's Menu	Darwin	Paul visits Darwin, the vibrant capital city of the Northern Territory in Australia's top end. With its youthful population and tropical climate, Paul's here to explore what's on offer.	AUSTRALIA	English-100			
2019-06-13	1530	Secret Meat Business	Secret Meat Business Series 2 Ep 6	Claiming to have settled a century old feud between the clans of Scotland, chef Adrian Richardson demystifies the art of cooking Scotland's national dish, haggis.	AUSTRALIA	English-100		G	
2019-06-13	1600	Food Lovers Guide To Australia	Food Lovers Guide To Australia Series 4 Ep 6	Maeve O'Meara and Joanna Savill continue to explore the best food and produce around. In this episode, we meet local baking legend Dorothy Press at the Condobolin annual show.	AUSTRALIA	English-100	RPT	G	Y
2019-06-13	1630	Delia's How To Cook	Meat	From the truly traditional to the exciting and exotic, Delia presents a mouth-watering selection of meat dishes for committed carnivores.	UNITED KINGDOM	English-100			
2019-06-13	1700	Food Lab By Ben Milbourne	Food Lab By Ben Milbourne Series 3 Ep 64	Ben is in his restaurant CharlotteJack, where he will be cooking a poached kingfish with avocado and pickled fennel salad.	AUSTRALIA	English-100		PG	
2019-06-13	1730	The Hairy Bikers USA	Southern Spear Fishing	Rolling through the Low Country in South Carolina, Bill and Paul set out for some nighttime spear fishing and beach-side pan-frying.	UNITED KINGDOM	English-100			
2019-06-13	1800	The Chocolate Queen	Chocolate Queen Series 1, The Ep 11	The Chocolate Queen shares her recipe for a classic Chocolate Fudge and creamy Coconut Hot Chocolate.	AUSTRALIA	English-100			
2019-06-13	1830	The Cook And The Chef	Coffee And Macadamia Nuts	This week take a trip with Maggie to the stunning sub tropical hinterland of Northern New South Wales where she explores a macadamia plantation and sips locally grown coffee.	AUSTRALIA	English-100		G	
2019-06-13	1900	The Cook And The Chef	Cheese And Crabs	When it comes to fine cheeses we're spoilt for choice in Australia, there are over one hundred different varieties being produced by Cheese Wright's all around the country.	AUSTRALIA	English-100		G	
2019-06-13	1930	The F Word USA	F Word USA Series 1, The Ep 9	It's Sass & Class versus Papa Knows Best at The F Word restaurant with their best takes on chicken cacciatore. Plus, celebrity guests Rob Riggle and Brad Garrett.	USA	English-100			
2019-06-13	2030	Rick Stein's Far Eastern Odyssey	Bangladesh	Rick ends his culinary tour in Bangladesh, the country that spawned thousands of 'Indian' restaurants in Britain years ago. Not surprisingly, curry is at the top of his list.	UNITED KINGDOM	English-100	RPT	G	Y

2019-06-13	2135	Oliver's Twist	Pasta And The Masta	Jamie and Italian cooking legend Gennaro Contaldo create some delicious Italian dishes like fish linguine, ricotta, pecorino, and parmesan ravioli.	UNITED KINGDOM	English-100	G		
2019-06-13	2200	The Hairy Bikers USA	Southern Spear Fishing	Rolling through the Low Country in South Carolina, Bill and Paul set out for some nighttime spear fishing and beach-side pan-frying.	UNITED KINGDOM	English-100			
2019-06-13	2230	The Cook And The Chef	Coffee And Macadamia Nuts	This week take a trip with Maggie to the stunning sub tropical hinterland of Northern New South Wales where she explores a macadamia plantation and sips locally grown coffee.	AUSTRALIA	English-100	G		
2019-06-13	2300	The Cook And The Chef	Cheese And Crabs	When it comes to fine cheeses we're spoilt for choice in Australia, there are over one hundred different varieties being produced by Cheese Wright's all around the country.	AUSTRALIA	English-100	G		
2019-06-13	2330	The Chocolate Queen	Chocolate Queen Series 1, The Ep 11	The Chocolate Queen shares her recipe for a classic Chocolate Fudge and creamy Coconut Hot Chocolate.	AUSTRALIA	English-100			
2019-06-13	2400	Worst Bakers In America	Baking Fail	For the first time ever, 12 of the worst bakers in America are drafted into the most intense baking boot camp in the world under the watchful eyes of Duff Goldman and Lorraine Pascale.	USA	English-100	PG		
2019-06-13	2500	Food Lab By Ben Milbourne	Food Lab By Ben Milbourne Series 3 Ep 64	Ben is in his restaurant CharlotteJack, where he will be cooking a poached kingfish with avocado and pickled fennel salad.	AUSTRALIA	English-100	PG		
2019-06-13	2530	The F Word USA	F Word USA Series 1, The Ep 9	It's Sass & Class versus Papa Knows Best at The F Word restaurant with their best takes on chicken cacciatore. Plus, celebrity guests Rob Riggle and Brad Garrett.	USA	English-100			
2019-06-13	2630	The Wine Show	Wine Show Series 1 Ep 10, The	The boys travel north to the mountainous region of Trentino, where they meet an inspirational winemaker who ages her wine in clay urns.	UNITED KINGDOM	English-100	PG	Y	Y
2019-06-13	2730	The Cook And The Chef	Coffee And Macadamia Nuts	This week take a trip with Maggie to the stunning sub tropical hinterland of Northern New South Wales where she explores a macadamia plantation and sips locally grown coffee.	AUSTRALIA	English-100	G		
2019-06-13	2800	The Cook And The Chef	Cheese And Crabs	When it comes to fine cheeses we're spoilt for choice in Australia, there are over one hundred different varieties being produced by Cheese Wright's all around the country.	AUSTRALIA	English-100	G		
2019-06-13	2830	Oliver's Twist	Pasta And The Masta	Jamie and Italian cooking legend Gennaro Contaldo create some delicious Italian dishes like fish linguine, ricotta, pecorino, and parmesan ravioli.	UNITED KINGDOM	English-100	G		

2019-06-14	0500	The Chocolate Queen	Chocolate Queen Series 1, The Ep 11	The Chocolate Queen shares her recipe for a classic Chocolate Fudge and creamy Coconut Hot Chocolate.	AUSTRALIA	English-100				
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2019-06-14	0630	Mercurio's Menu	Darwin	Paul visits Darwin, the vibrant capital city of the Northern Territory in Australia's top end. With its youthful population and tropical climate, Paul's here to explore what's on offer.	AUSTRALIA	English-100				
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2019-06-14	0730	Food Lovers Guide To Australia	Food Lovers Guide To Australia Series 4 Ep 6	Maeve O'Meara and Joanna Savill continue to explore the best food and produce around. In this episode, we meet local baking legend Dorothy Press at the Condobolin annual show.	AUSTRALIA	English-100	RPT	G	Y	
2019-06-14	0800	Food Lab By Ben Milbourne	Food Lab By Ben Milbourne Series 3 Ep 64	Ben is in his restaurant CharlotteJack, where he will be cooking a poached kingfish with avocado and pickled fennel salad.	AUSTRALIA	English-100		PG		
2019-06-14	0830	Delia's How To Cook	Meat	From the truly traditional to the exciting and exotic, Delia presents a mouth-watering selection of meat dishes for committed carnivores.	UNITED KINGDOM	English-100				
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2019-06-14	1200	The Wine Show	Wine Show Series 1 Ep 10, The	The boys travel north to the mountainous region of Trentino, where they meet an inspirational winemaker who ages her wine in clay urns.	UNITED KINGDOM	English-100		PG	Y	Y
2019-06-14	1300	Oliver's Twist	Pasta And The Masta	Jamie and Italian cooking legend Gennaro Contaldo create some delicious Italian dishes like fish linguine, ricotta, pecorino, and parmesan ravioli.	UNITED KINGDOM	English-100		G		
2019-06-14	1330	Worst Bakers In America	Baking Fail	For the first time ever, 12 of the worst bakers in America are drafted into the most intense baking boot camp in the world under the watchful eyes of Duff Goldman and Lorraine Pascale.	USA	English-100		PG		
2019-06-14	1430	The Chocolate Queen	Chocolate Queen Series 1, The Ep 11	The Chocolate Queen shares her recipe for a classic Chocolate Fudge and creamy Coconut Hot Chocolate.	AUSTRALIA	English-100				
2019-06-14	1500	Mercurio's Menu	North West Tasmania	Paul travels through North West Tasmania to discover the cray fishing industry, and how to make an intriguing cray stack.	AUSTRALIA	English-100				
2019-06-14	1530	Secret Meat Business	Secret Meat Business Series 2 Ep 7	This episode, chef Adrian Richardson combines the flavours of the Deep South and Mexico with today's dish, his sweet and succulent Texan-style short rib tacos.	AUSTRALIA	English-100		G		
2019-06-14	1600	Food Lovers Guide To Australia	Food Lovers Guide To Australia Series 4 Ep 7	Maeve O'Meara and Joanna Savill continue to explore the best food around. In this episode, Romano Rotelli of Pensiero Restaurant, and the Danish horn of plenty at Bonjour Patisserie.	AUSTRALIA	English-100	RPT	G	Y	

2019-06-14	1630	Delia's How To Cook	Poultry	It is well-known that chicken soup is a mothers' cure-all. Delia, too, is a great believer in the restorative powers of chicken, and it's her 'magical cure' for sad days.	UNITED KINGDOM	English-100	
2019-06-14	1700	Food Lab By Ben Milbourne	Food Lab By Ben Milbourne Series 3 Ep 65	Ben is at his restaurant CharlotteJack where he will be cooking a barbacoa lamb. At the University of Queensland St Lucia Campus, Ben is joined by Robert Henry as he learns how wild rice is grown.	AUSTRALIA	English-100	PG
2019-06-14	1730	The Hairy Bikers USA	Street Meat	The bikers head into the Great Smokey Mountains of North Carolina and learn that some locals have taken an interesting approach to 'living off the land'.	UNITED KINGDOM	English-100	
2019-06-14	1800	The Chocolate Queen	Chocolate Queen Series 1, The Ep 12	The Chocolate Queen takes the humble donut to the next level with her decadent Choc Chip Donuts with Swiss Meringue and Chocolate Ganache.	AUSTRALIA	English-100	
2019-06-14	1830	The Cook And The Chef	Bananas And Artichokes	On a recent trip to the Tweed Valley, Maggie was really taken with how all the banana plantations were scattered high across the mountain slopes.	AUSTRALIA	English-100	G
2019-06-14	1900	The Cook And The Chef	Cooking In A Restaurant	Simon is deep in discussion with the Hotel's Maitre d' Atef. Simon and Atef are looking at some changes in the menu and deciding on a corresponding change in the recommended wine match.	AUSTRALIA	English-100	G
2019-06-14	1930	Richo's Bar Snacks	Richo's Bar Snacks Series 1 Ep 9	Thai Pumpkin Soup, Crispy Pork and Prawn Rice Paper Rolls, Funky Monkey cocktails, and Creme Brulee Shooters - Richo packs a variety of flavour across these delicious bar snacks.	AUSTRALIA	English-100	G
2019-06-14	2000	Richo's Bar Snacks	Richo's Bar Snacks Series 1 Ep 10	From Beef Tataki to Tomato Tartare, Richo shows that bar snacks can cater to everyone.	AUSTRALIA	English-100	G
2019-06-14	2030	Born To Cook: Jack Stein Down Under	Born To Cook: Jack Stein Down Under Series 2	The tropical climate of Australia's Northwest lends itself to a whole variety of interesting ingredients, as Jack finds out on his visit to the sea with Indigenous guide Bart Pigram.	AUSTRALIA	English-100	PG
2019-06-14	2100	Born To Cook: Jack Stein Down Under	Born To Cook: Jack Stein Down Under Series 2	Jack spends time with a local farming family to help them with their fruit picking, earning himself a key ingredient for Watermelon Nahm Jim, an incredible side-dish recipe.	AUSTRALIA	English-100	G
2019-06-14	2130	Oliver's Twist	World On A Plate	Jamie and New Zealand chef Peter Gordon cook the fusion style - blending flavours and ingredients from many countries.	UNITED KINGDOM	English-100	G
2019-06-14	2200	The Hairy Bikers USA	Street Meat	The bikers head into the Great Smokey Mountains of North Carolina and learn that some locals have taken an interesting approach to 'living off the land'.	UNITED KINGDOM	English-100	
2019-06-14	2230	The Cook And The Chef	Bananas And Artichokes	On a recent trip to the Tweed Valley, Maggie was really taken with how all the banana plantations were scattered high across the mountain slopes.	AUSTRALIA	English-100	G
2019-06-14	2300	The Cook And The Chef	Cooking In A Restaurant	Simon is deep in discussion with the Hotel's Maitre d' Atef. Simon and Atef are looking at some changes in the menu and deciding on a corresponding change in the recommended wine match.	AUSTRALIA	English-100	G
2019-06-14	2330	The Chocolate Queen	Chocolate Queen Series 1, The Ep 12	The Chocolate Queen takes the humble donut to the next level with her decadent Choc Chip Donuts with Swiss Meringue and Chocolate Ganache.	AUSTRALIA	English-100	
2019-06-14	2400	Worst Bakers In America	Trick Or Treat	Chefs Duff and Lorraine taste some terrifying baked good at the Halloween-themed boot camp. The recruits create scary cake pops to impress some very tough critics: little trick-or-treaters.	USA	English-100	PG
2019-06-14	2500	Food Lab By Ben Milbourne	Food Lab By Ben Milbourne Series 3 Ep 65	Ben is at his restaurant CharlotteJack where he will be cooking a barbacoa lamb. At the University of Queensland St Lucia Campus, Ben is joined by Robert Henry as he learns how wild rice is grown.	AUSTRALIA	English-100	PG
2019-06-14	2530	Richo's Bar Snacks	Richo's Bar Snacks Series 1 Ep 9	Thai Pumpkin Soup, Crispy Pork and Prawn Rice Paper Rolls, Funky Monkey cocktails, and Creme Brulee Shooters - Richo packs a variety of flavour across these delicious bar snacks.	AUSTRALIA	English-100	G
2019-06-14	2600	Richo's Bar Snacks	Richo's Bar Snacks Series 1 Ep 10	From Beef Tataki to Tomato Tartare, Richo shows that bar snacks can cater to everyone.	AUSTRALIA	English-100	G

2019-06-14	2630	Born To Cook: Jack Stein Down Under	Born To Cook: Jack Stein Down Under Series 2	The tropical climate of Australia's Northwest lends itself to a whole variety of interesting ingredients, as Jack finds out on his visit to the sea with Indigenous guide Bart Pigram.	AUSTRALIA	English-100		PG	
2019-06-14	2700	Born To Cook: Jack Stein Down Under	Born To Cook: Jack Stein Down Under Series 2	Jack spends time with a local farming family to help them with their fruit picking, earning himself a key ingredient for Watermelon Nahm Jim, an incredible side-dish recipe.	AUSTRALIA	English-100		G	
2019-06-14	2730	The Cook And The Chef	Bananas And Artichokes	On a recent trip to the Tweed Valley, Maggie was really taken with how all the banana plantations were scattered high across the mountain slopes.	AUSTRALIA	English-100		G	
2019-06-14	2800	The Cook And The Chef	Cooking In A Restaurant	Simon is deep in discussion with the Hotel's Maitre d' Atef. Simon and Atef are looking at some changes in the menu and deciding on a corresponding change in the recommended wine match.	AUSTRALIA	English-100		G	
2019-06-14	2830	Oliver's Twist	World On A Plate	Jamie and New Zealand chef Peter Gordon cook the fusion style - blending flavours and ingredients from many countries.	UNITED KINGDOM	English-100		G	
2019-06-15	0500	The Chocolate Queen	Chocolate Queen Series 1, The Ep 12	The Chocolate Queen takes the humble donut to the next level with her decadent Choc Chip Donuts with Swiss Meringue and Chocolate Ganache.	AUSTRALIA	English-100			
2019-06-15	0530	Worst Bakers In America	Trick Or Treat	Chefs Duff and Lorraine taste some terrifying baked good at the Halloween-themed boot camp. The recruits create scary cake pops to impress some very tough critics: little trick-or-treaters.	USA	English-100		PG	
2019-06-15	0630	Mercurio's Menu	North West Tasmania	Paul travels through North West Tasmania to discover the cray fishing industry, and how to make an intriguing cray stack.	AUSTRALIA	English-100			
2019-06-15	0700	Secret Meat Business	Secret Meat Business Series 2 Ep 7	This episode, chef Adrian Richardson combines the flavours of the Deep South and Mexico with today's dish, his sweet and succulent Texan-style short rib tacos.	AUSTRALIA	English-100		G	
2019-06-15	0730	Food Lovers Guide To Australia	Food Lovers Guide To Australia Series 4 Ep 7	Maeve O'Meara and Joanna Savill continue to explore the best food around. In this episode, Romano Rotelli of Pensiero Restaurant, and the Danish horn of plenty at Bonjour Patisserie.	AUSTRALIA	English-100	RPT	G	Y
2019-06-15	0800	Food Lab By Ben Milbourne	Food Lab By Ben Milbourne Series 3 Ep 65	Ben is at his restaurant CharlotteJack where he will be cooking a barbacoa lamb. At the University of Queensland St Lucia Campus, Ben is joined by Robert Henry as he learns how wild rice is grown.	AUSTRALIA	English-100		PG	
2019-06-15	0830	Delia's How To Cook	Poultry	It is well-known that chicken soup is a mothers' cure-all. Delia, too, is a great believer in the restorative powers of chicken, and it's her 'magical cure' for sad days.	UNITED KINGDOM	English-100			
2019-06-15	0900	The Hairy Bikers USA	Street Meat	The bikers head into the Great Smokey Mountains of North Carolina and learn that some locals have taken an interesting approach to 'living off the land'.	UNITED KINGDOM	English-100			
2019-06-15	0930	The Cook And The Chef	Bananas And Artichokes	On a recent trip to the Tweed Valley, Maggie was really taken with how all the banana plantations were scattered high across the mountain slopes.	AUSTRALIA	English-100		G	
2019-06-15	1000	The Cook And The Chef	Cooking In A Restaurant	Simon is deep in discussion with the Hotel's Maitre d' Atef. Simon and Atef are looking at some changes in the menu and deciding on a corresponding change in the recommended wine match.	AUSTRALIA	English-100		G	
2019-06-15	1030	Mercurio's Menu	North West Tasmania	Paul travels through North West Tasmania to discover the cray fishing industry, and how to make an intriguing cray stack.	AUSTRALIA	English-100			
2019-06-15	1100	Richo's Bar Snacks	Richo's Bar Snacks Series 1 Ep 9	Thai Pumpkin Soup, Crispy Pork and Prawn Rice Paper Rolls, Funky Monkey cocktails, and Creme Brulee Shooters - Richo packs a variety of flavour across these delicious bar snacks.	AUSTRALIA	English-100		G	
2019-06-15	1130	Richo's Bar Snacks	Richo's Bar Snacks Series 1 Ep 10	From Beef Tataki to Tomato Tartare, Richo shows that bar snacks can cater to everyone.	AUSTRALIA	English-100		G	
2019-06-15	1200	Born To Cook: Jack Stein Down Under	Born To Cook: Jack Stein Down Under Series 2	The tropical climate of Australia's Northwest lends itself to a whole variety of interesting ingredients, as Jack finds out on his visit to the sea with Indigenous guide Bart Pigram.	AUSTRALIA	English-100		PG	

2019-06-15	1230	Born To Cook: Jack Stein Down Under	Born To Cook: Jack Stein Down Under Series 2	Jack spends time with a local farming family to help them with their fruit picking, earning himself a key ingredient for Watermelon Nahm Jim, an incredible side-dish recipe.	AUSTRALIA	English-100	G	
2019-06-15	1300	Oliver's Twist	World On A Plate	Jamie and New Zealand chef Peter Gordon cook the fusion style - blending flavours and ingredients from many countries.	UNITED KINGDOM	English-100	G	
2019-06-15	1330	Worst Bakers In America	Trick Or Treat	Chefs Duff and Lorraine taste some terrifying baked good at the Halloween-themed boot camp. The recruits create scary cake pops to impress some very tough critics: little trick-or-treaters.	USA	English-100	PG	
2019-06-15	1430	The Chocolate Queen	Chocolate Queen Series 1, The Ep 12	The Chocolate Queen takes the humble donut to the next level with her decadent Choc Chip Donuts with Swiss Meringue and Chocolate Ganache.	AUSTRALIA	English-100		
2019-06-15	1500	Dinner Date	Steph	Dinner Date is the show where people hope to find true love through their love of good food. One lucky person gets the chance to find romance as they enjoy three very special meals.	UNITED KINGDOM	English-100	PG	
2019-06-15	1600	Say It To My Face	Meatball Meltdown	Terry Gallagher, the owner of Guiseppe's restaurant in West Hills, CA feels her fine-dining Italian restaurant is being destroyed by negative online reviews.	USA	English-100	PG	Y
2019-06-15	1700	The Cook And The Chef	Brunch	Maggie has happily been up at the crack of dawn to collect the fresh eggs, and extols the virtue of happy chooks and free range eggs. Simon brings her a present to try.	AUSTRALIA	English-100	G	
2019-06-15	1730	The Cook And The Chef	Late Summer Lunch, A	Maggie and Simon show their different approaches to cooking. Maggie cooks a hearty meal for the family, while Simon gives a restaurant touch to his meal.	AUSTRALIA	English-100	G	
2019-06-15	1800	The Chocolate Queen	Chocolate Queen Series 1, The Ep 13	Choux pastry buns coated in chocolate and sandwiched with chocolate cream, this isn't your average burger; it's a Chocolate Queen special.	AUSTRALIA	English-100		
2019-06-15	1830	Lyndey Milan's Taste Of Ireland	County Belfast	Lyndey takes in the sights and sounds of Belfast, where she dines on the last menu served to the passengers of the Titanic, visits a magnificent cliff-side castle, and meets Irish chef Andy Rae.	AUSTRALIA	English-100		
2019-06-15	1900	Lyndey Milan's Taste Of Ireland	County Cork	In County Cork, Lyndey explores the food mecca of The English Market, and learns the secrets of 'spotted dog' with Darina Allen of Ballymaloo.	AUSTRALIA	English-100		
2019-06-15	1930	Tom Kerridge's Proper Pub Food	Celebratory Food	Tom shows us how to cook dishes inspired by food you'd order in a decent British pub to celebrate a special occasion. These dishes are slightly showy, decadent, and indulgent, yet still really simple.	UNITED KINGDOM	English-100	G	
2019-06-15	2000	Tom Kerridge's Proper Pub Food	Pub Classics	Classics are classics because they're great, and Tom wants to show us how to cook some of the nation's favourite pub meals at home and get them spot on.	UNITED KINGDOM	English-100	G	
2019-06-15	2030	Bill's Tasty Weekends	Isle Of Wight	For this weekend away Bill takes his three daughters to England's largest Island - the Isle of Wight, which has the reputation of being the most haunted in the world.	UNITED KINGDOM	English-100		

2019-06-15	2130	Shane Delia's Spice Journey Turkey	Shifting Sands Of The Aegean	Shane meets descendants of Greek Muslim families forcibly relocated to Turkey in the infamous population exchange of 1923 and is introduced to some of their culinary delicacies.	AUSTRALIA	English-75; Turkish-25	RPT	G	Y	Y
2019-06-15	2200	Shane Delia's Spice Journey Turkey	Bodrum Peninsula - Turkish Delights From The Deep	Shane hops aboard a glamorous boat, manoeuvres between the billionaires' super yachts that dock in Bodrum, and heads out over the sea to experience the seafood.	AUSTRALIA	English-90; Turkish-10	RPT	G	Y	Y
2019-06-15	2230	The Chocolate Queen	Chocolate Queen Series 1, The Ep 13	Choux pastry buns coated in chocolate and sandwiched with chocolate cream, this isn't your average burger; it's a Chocolate Queen special.	AUSTRALIA	English-100				
2019-06-15	2300	The Cook And The Chef	Brunch	Maggie has happily been up at the crack of dawn to collect the fresh eggs, and extols the virtue of happy chooks and free range eggs. Simon brings her a present to try.	AUSTRALIA	English-100		G		
2019-06-15	2330	The Cook And The Chef	Late Summer Lunch, A	Maggie and Simon show their different approaches to cooking. Maggie cooks a hearty meal for the family, while Simon gives a restaurant touch to his meal.	AUSTRALIA	English-100		G		
2019-06-15	2400	Lyndey Milan's Taste Of Ireland	County Belfast	Lyndey takes in the sights and sounds of Belfast, where she dines on the last menu served to the passengers of the Titanic, visits a magnificent cliff-side castle, and meets Irish chef Andy Rae.	AUSTRALIA	English-100				
2019-06-15	2430	Lyndey Milan's Taste Of Ireland	County Cork	In County Cork, Lyndey explores the food mecca of The English Market, and learns the secrets of 'spotted dog' with Darina Allen of Ballymaloo.	AUSTRALIA	English-100				
2019-06-15	2500	Tom Kerridge's Proper Pub Food	Celebratory Food	Tom shows us how to cook dishes inspired by food you'd order in a decent British pub to celebrate a special occasion. These dishes are slightly showy, decadent, and indulgent, yet still really simple.	UNITED KINGDOM	English-100		G		
2019-06-15	2530	Tom Kerridge's Proper Pub Food	Pub Classics	Classics are classics because they're great, and Tom wants to show us how to cook some of the nation's favourite pub meals at home and get them spot on.	UNITED KINGDOM	English-100		G		
2019-06-15	2600	Shane Delia's Spice Journey Turkey	Shifting Sands Of The Aegean	Shane meets descendants of Greek Muslim families forcibly relocated to Turkey in the infamous population exchange of 1923 and is introduced to some of their culinary delicacies.	AUSTRALIA	English-75; Turkish-25	RPT	G	Y	Y
2019-06-15	2630	Shane Delia's Spice Journey Turkey	Bodrum Peninsula - Turkish Delights From The Deep	Shane hops aboard a glamorous boat, manoeuvres between the billionaires' super yachts that dock in Bodrum, and heads out over the sea to experience the seafood.	AUSTRALIA	English-90; Turkish-10	RPT	G	Y	Y

2019-06-15	2700	The Chocolate Queen	Chocolate Queen Series 1, The Ep 13	Choux pastry buns coated in chocolate and sandwiched with chocolate cream, this isn't your average burger; it's a Chocolate Queen special.	AUSTRALIA	English-100
2019-06-15	2730	Bill's Tasty Weekends	Isle Of Wight	For this weekend away Bill takes his three daughters to England's largest Island - the Isle of Wight, which has the reputation of being the most haunted in the world.	UNITED KINGDOM	English-100
2019-06-15	2830	Lyndey Milan's Taste Of Ireland	County Belfast	Lyndey takes in the sights and sounds of Belfast, where she dines on the last menu served to the passengers of the Titanic, visits a magnificent cliff-side castle, and meets Irish chef Andy Rae.	AUSTRALIA	English-100