



WEEK 24: Sunday, 7 June - Saturday, 13 June 2020 ALL MARKETS

Date	Start Time	Title	Episode Title	Digital Epg Synopsis	Country of Origin	Language	Repeat	Classification	Closed Captions
2020-06-07	0500	The Cook And The Chef	All Fired Up	Since the dawn of time we've known there's something special that happens when you cook a piece of meat over flame, so this week on the show, Maggie and Simon get 'fired up'.	AUSTRALIA	English-100		G	
2020-06-07	0530	Freddie Fries Down Under	Freddie Fries Down Under Series 1 Ep 5	Freddie Flintoff and his companion Rob Penn are heading to the glistening skyscrapers of Australia's two biggest cities - Sydney and Melbourne. It's Valentine's Day and love is in the air.	UNITED KINGDOM	English-100		PG	
2020-06-07	0630	Lyndey Milan's Taste Of Ireland	County Mayo	In westerly County Mayo, Lyndey meets a butcher who makes a spicy sausage from famous Connemara lamb, and travels to Newport for traditional black pudding.	AUSTRALIA	English-100		G	
2020-06-07	0700	Lyndey Milan's Taste Of Ireland	County Femanagh	In County Fermanagh, Lyndey explores the Estate of Belle Isle Castle, finds a surprise in the garden, and enjoys an elegant afternoon tea.	AUSTRALIA	English-100		G	
2020-06-07	0730	Cheese Slices	Pecorino	Pecorino is one of the most ancient of all European cheeses. Will explains the different types before travelling to Tuscany to visit the 'Il Forteto' dairy.	AUSTRALIA	English-100		G	
2020-06-07	0800	Cheese Slices	Camembert	Camembert is a potent symbol of French cheese making and is copied all over the world. Will visits the tiny village of Camembert where it all began, and the nearby dairy of Monsieur Durand.	AUSTRALIA	English-100		PG	
2020-06-07	0830	Kylie Kwong: Heart And Soul	Hong Kong Island Hideaway	Kylie escapes to an island hideaway to taste delicious fresh seafood cooked to order.	AUSTRALIA	English-100	RPT	G	Y
2020-06-07	0900	Kylie Kwong: Heart And Soul	Wok School Hong Kong's Chef Academy	It's back to school for Kylie when she sees how chefs are trained in Hong Kong.	AUSTRALIA	English-100	RPT	G	Y
2020-06-07	0930	Two Greedy Italians	Saints And Miracles	Religious sceptic Antonio and fanatical believer Gennaro eat their way along a culinary pilgrimage through Puglia's monasteries, holy shrines and festivals.	UNITED KINGDOM	English-100	RPT	PG	Y
2020-06-07	1035	Destination Flavour Down Under	Northern Western Australia - Cape Leveque	Adam begins his culinary road trip in the northern tip of Western Australia, discovering food heroes who are putting community first, and the delights of mud crab and pearl meat.	AUSTRALIA	English-100	RPT	G	Y
2020-06-07	1105	The Cook And The Chef	All Fired Up	Since the dawn of time we've known there's something special that happens when you cook a piece of meat over flame, so this week on the show, Maggie and Simon get 'fired up'.	AUSTRALIA	English-100		G	
2020-06-07	1135	Freddie Fries Down Under	Freddie Fries Down Under Series 1 Ep 5	Freddie Flintoff and his companion Rob Penn are heading to the glistening skyscrapers of Australia's two biggest cities - Sydney and Melbourne. It's Valentine's Day and love is in the air.	UNITED KINGDOM	English-100		PG	
2020-06-07	1230	Lyndey Milan's Taste Of Ireland	County Mayo	In westerly County Mayo, Lyndey meets a butcher who makes a spicy sausage from famous Connemara lamb, and travels to Newport for traditional black pudding.	AUSTRALIA	English-100		G	
2020-06-07	1300	Lyndey Milan's Taste Of Ireland	County Femanagh	In County Fermanagh, Lyndey explores the Estate of Belle Isle Castle, finds a surprise in the garden, and enjoys an elegant afternoon tea.	AUSTRALIA	English-100		G	
2020-06-07	1330	Cheese Slices	Pecorino	Pecorino is one of the most ancient of all European cheeses. Will explains the different types before travelling to Tuscany to visit the 'Il Forteto' dairy.	AUSTRALIA	English-100		G	
2020-06-07	1400	Saturday Kitchen	Saturday Kitchen Series 3 Ep 2	The Michelin starred marvel, Michel Roux Jr, is back in the hot seat this week on Saturday Kitchen, with the help of two top chefs.	UNITED KINGDOM	English-100		G	
2020-06-07	1500	Secret Meat Business	Japanese	Japanese pancakes at their finest. This combination of chicken, soba noodles and traditional flavours makes for a super impressive dish.	AUSTRALIA	English-100		G	

2020-06-07	1530	Secret Meat Business	Korean	Inspired by a Korean fan, Adrian's making his version of beef bulgogi: marinated and grilled meat with some classic Korean flavours.	AUSTRALIA	English-100			G
2020-06-07	1600	Lyndey Milan's Baking Secrets	Bite-Sized	They say good things come in small packages, and baking is no exception. This episode is seething with small food that packs a flavour punch.	AUSTRALIA	English-100			G
2020-06-07	1630	Donal's Asian Baking Adventure	Hong Kong 1	Donal's journey to learn the secrets of Asian baking takes him to one of Asia's best known food hubs, Hong Kong.	SINGAPORE	English-100			G
2020-06-07	1700	Martha Bakes	Frangipane	Martha showcases the versatility of frangipane, playing with flavour and presentation in four outstanding recipes.	USA	English-100			G
2020-06-07	1730	Bake With Anna Olson	Chocolate Pastry	Anna starts by making a basic chocolate pastry dough and turning it into chocolate slice cookies. She advances the lesson by preparing a delicious French classic, tarte au chocolat.	CANADA	English-100			G
2020-06-07	1800	Jimmy Shu's Taste of The Territory	Dessert	Jimmy takes us to meet Darwin's only chocolatier Leo Cleanthous at his boutique chocolate cafe Bumble Bean Chocolates.	AUSTRALIA	English-100			G
2020-06-07	1830	Loving Gluten Free	Loving Gluten Free Series 1 Ep 1	Helen visits Melbourne restaurant 'Shop 225' to taste their authentic Italian gluten free pizzas before heading back to the studio to cook cauliflower pizza crust from scratch.	AUSTRALIA	English-100			G
2020-06-07	1900	Bonacini's Italy	Campania	Campania's beautiful coastline is filled with two things - tourists and seafood. Diving into the culture of the region, Michael begins his meal with a salad from the Island of Capri.	CANADA	English-100			G
2020-06-07	1930	Rick Stein's Far Eastern Odyssey	Thailand And Malaysia	Rick takes a train to Phuket to learn the art of hot and sour tom yum goong, the culinary icon of Thailand. Later he meets up with one of his cooking heroes, David Thompson.	UNITED KINGDOM	English-100	RPT	PG	Y
2020-06-07	2035	Jonathan Phang's Gourmet Express	Cusco To Machu Picchu	Jonathan fulfils a dream of a lifetime when he visits Peru's Machu Picchu. But first he visits Lima, the gastronomic capital of South America and tries a range of traditional dishes.	UNITED KINGDOM	English-100			PG
2020-06-07	2130	Parveen's Indian Kitchen	Parveen's Indian Cooking Series 1 Ep 1	Parveen throws open the doors to her kitchen showcasing a family favourites - lamb bhuna, with raita, and rice. In Delhi, Parveen meets with foodie guide and Delhite, Anubhav Sapra.	UNITED KINGDOM	English-100			G
2020-06-07	2230	Destination Flavour Down Under	Southern Western Australia	On his journey from the outskirts of Perth to Narembeen, Adam meets farmers who have based their livelihoods on unusual ingredients.	AUSTRALIA	English-100	RPT	G	Y
2020-06-07	2300	Comfort Eating	Little Europe	Nick is joined by Nish Kumar to eat their way around London's Little Europe before Brexit shuts everything down. The day begins in Stockwell's Little Portugal.	UNITED KINGDOM	English-100			PG
2020-06-07	2330	Donal's Cook, Eat, Burn	Rock Climbing	Donal goes rock climbing on the beautiful but challenging North Antrim Coast. He prepares new recipes, specially selected to help the body recover after day of activity and exertion,	IRELAND	English-100			G
2020-06-07	2400	Jimmy Shu's Taste of The Territory	Dessert	Jimmy takes us to meet Darwin's only chocolatier Leo Cleanthous at his boutique chocolate cafe Bumble Bean Chocolates.	AUSTRALIA	English-100			G
2020-06-07	2430	Loving Gluten Free	Loving Gluten Free Series 1 Ep 1	Helen visits Melbourne restaurant 'Shop 225' to taste their authentic Italian gluten free pizzas before heading back to the studio to cook cauliflower pizza crust from scratch.	AUSTRALIA	English-100			G
2020-06-07	2500	Bonacini's Italy	Campania	Campania's beautiful coastline is filled with two things - tourists and seafood. Diving into the culture of the region, Michael begins his meal with a salad from the Island of Capri.	CANADA	English-100			G
2020-06-07	2530	Rick Stein's Far Eastern Odyssey	Thailand And Malaysia	Rick takes a train to Phuket to learn the art of hot and sour tom yum goong, the culinary icon of Thailand. Later he meets up with one of his cooking heroes, David Thompson.	UNITED KINGDOM	English-100	RPT	PG	Y
2020-06-07	2635	Jonathan Phang's Gourmet Express	Cusco To Machu Picchu	Jonathan fulfils a dream of a lifetime when he visits Peru's Machu Picchu. But first he visits Lima, the gastronomic capital of South America and tries a range of traditional dishes.	UNITED KINGDOM	English-100			PG
2020-06-07	2730	Parveen's Indian Kitchen	Parveen's Indian Cooking Series 1 Ep 1	Parveen throws open the doors to her kitchen showcasing a family favourites - lamb bhuna, with raita, and rice. In Delhi, Parveen meets with foodie guide and Delhite, Anubhav Sapra.	UNITED KINGDOM	English-100			G

2020-06-07	2830	Destination Flavour Down Under	Southern Western Australia	On his journey from the outskirts of Perth to Narembeen, Adam meets farmers who have based their livelihoods on unusual ingredients.	AUSTRALIA	English-100	RPT	G	Y
2020-06-08	0500	The Cook And The Chef	It's Presentation	This episode is all about presentation. Even though Maggie likes to tease Simon about the 'chef-y' look of his dishes, she really does agree that we eat with our eyes as well as our taste buds.	AUSTRALIA	English-100		G	
2020-06-08	0530	The Cook And The Chef	Right Ingredient, The	Simon is after the right fish and ventures to the mouth of the Murray to find out why one of his favourite fish, the Coorong Mullet, has such a great flavour.	AUSTRALIA	English-100		G	
2020-06-08	0600	The Cook And The Chef	Too Many Tomatoes	Simon and Maggie paint the town red (and a range of other colours) when they celebrate a backyard fruit that's become a foundation stone of so much cooking - the glorious and gorgeous tomato.	AUSTRALIA	English-100		G	
2020-06-08	0630	Donal's Cook, Eat, Burn	Rock Climbing	Donal goes rock climbing on the beautiful but challenging North Antrim Coast. He prepares new recipes, specially selected to help the body recover after day of activity and exertion,	IRELAND	English-100		G	
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2020-06-08	1030	Parveen's Indian Kitchen	Parveen's Indian Cooking Series 1 Ep 1	Parveen throws open the doors to her kitchen showcasing a family favourites - lamb bhuna, with raita, and rice. In Delhi, Parveen meets with foodie guide and Delhite, Anubhav Sapra.	UNITED KINGDOM	English-100		G	
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2020-06-08	1200	Jimmy Shu's Taste of The Territory	Dessert	Jimmy takes us to meet Darwin's only chocolatier Leo Cleanthous at his boutique chocolate cafe Bumble Bean Chocolates.	AUSTRALIA	English-100		G	
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2020-06-08	1335	Mercurio's Menu	Byron Bay	Gorgeous Byron Bay with its stunning beaches and laidback lifestyle creates a perfect backdrop for Paul's feast of the senses.	AUSTRALIA	English-100		PG	
2020-06-08	1400	Oliver's Twist	Big Cheese, The	Foodie fun with Jamie Oliver. Here, he visits a friend at her new cheese shop, then returns home with some of her produce and prepares the ultimate cheese board.	UNITED KINGDOM	English-100		G	
2020-06-08	1430	The Chefs' Line	Indian	Watch apprentice chef Indy from top Melbourne Indian restaurant, Atta, go up against four passionate home cooks in a classic Samosa battle.	AUSTRALIA	English-100	RPT	G	Y
2020-06-08	1500	Sarah Graham Cooks Cape Town	Grand Tasting Affair	Not wanting to mess with a working formulae, wine expert and Rob's best friend Allister Kreft is bringing the wine, while Sarah is cooking, and everyone else is eating.	SOUTH AFRICA	English-100		G	
2020-06-08	1530	Pati's Mexican Table	Valladolid: A Day To Explore	Pati's in Valladolid, where she tries the specialties of Lomitos de Valladolid and Longaniza Valladolid. Pati makes her own version of her favourite Lomitos, and a soup found on every menu: Lima soup.	USA	English-100		PG	

2020-06-08	1600	Carnival Eats	Eating Las Vegas	The Great American Foodie Fest in Las Vegas features one hit after another. And later host Noah Cappe heads to the Kittitas County Fair in Washington State.	USA	English-100		G	
2020-06-08	1630	The Cook And The Chef	Recipe Books And Charmaine Solomon	Maggie and Simon both love cookbooks, so the show kicks off this week with Maggie showing off her impressive collection.	AUSTRALIA	English-100		G	
2020-06-08	1700	The Cook And The Chef	Stephanie Alexander	Stephanie Alexander features as a cook who has influenced not only the way we dine but the way we think about food. Maggie and Simon celebrate Stephanie's contribution to the culinary world.	AUSTRALIA	English-100		G	
2020-06-08	1730	Martha Bakes	Coconut	Martha transports you to the tropics with four all-time favourites - a delicate coconut-lemon cake, chewy coconut cookies, a coconut crunch cake, and a frozen coconut and roasted pineapple cake.	USA	English-100		G	
2020-06-08	1800	River Cottage Australia	River Cottage Australia One Hours Series 3 Ep 5	Paul welcomes visitors to the farm. His dad arrives for the first time and they go on a camping trip to hunt feral deer.	AUSTRALIA	English-100	RPT	PG	Y
2020-06-08	1900	Nigella Express	Retro Rapido	Nigella's going back in time to give her favourite retro recipes the express treatment. For her school and university friend it's cheese fondue followed by cherry cheesecake.	UNITED KINGDOM	English-100	RPT	G	Y
2020-06-08	1930	Len And Ainsley's Big Food Adventure	Birmingham	Len's a big fan of the traditional British dumpling, and Ainsley is confident he can win over his friend with the equally delicious version - pierogi.	UNITED KINGDOM	English-100		PG	
2020-06-08	2030	Macao Gourmet With Justine Schofield	Macao Gourmet Series 1 Ep 5	Justine meets with chef Hans Lee Rasmussen who invites her to visit to visit Macao Tourism Institute where he is training aspiring chefs to fight food waste and make their industry more sustainable.	AUSTRALIA	English-100		PG	
2020-06-08	2100	Macao Gourmet With Justine Schofield	Macao Gourmet Series 1 Ep 6	Justine visits Belos Tempos, a Portuguese restaurant that serves traditional homemade Macanese dishes, and is lucky enough to learn how to prepare a popular dessert by chef Ana.	AUSTRALIA	English-100		PG	
2020-06-08	2130	Come Dine With Me UK	Come Dine With Me UK Series 16 Ep 31	Every week five strangers take it in turns to throw a dinner party. The guests are secretly scoring the host and at the end of the week the top-scoring host wins a cash prize of one thousand pounds.	UNITED KINGDOM	English-100		PG	
2020-06-08	2200	Come Dine With Me UK	Come Dine With Me UK Series 16 Ep 32	Every week five strangers take it in turns to throw a dinner party. The guests are secretly scoring the host and at the end of the week the top-scoring host wins a cash prize of one thousand pounds.	UNITED KINGDOM	English-100		PG	
2020-06-08	2230	River Cottage Australia	River Cottage Australia One Hours Series 3 Ep 5	Paul welcomes visitors to the farm. His dad arrives for the first time and they go on a camping trip to hunt feral deer.	AUSTRALIA	English-100	RPT	PG	Y
2020-06-08	2330	The Cook And The Chef	Recipe Books And Charmaine Solomon	Maggie and Simon both love cookbooks, so the show kicks off this week with Maggie showing off her impressive collection.	AUSTRALIA	English-100		G	
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2020-06-08	2500	Nigella Express	Retro Rapido	Nigella's going back in time to give her favourite retro recipes the express treatment. For her school and university friend it's cheese fondue followed by cherry cheesecake.	UNITED KINGDOM	English-100	RPT	G	Y
2020-06-08	2530	BBQ Crawl	Route 66 And A Big Money Contest	It's time for Danielle's next competition, the Smoke on the Water BBQ contest. With \$100,000 in prizes up for grabs, the best BBQ teams in the world have shown up to compete.	USA	English-100		PG	
2020-06-08	2600	BBQ Crawl	Utah Brisket Pizza Taco's And Dutch Oven Cooking	Danielle heads to Salt Lake City, Utah, because of the emerging BBQ scene happening there. First stop, is Smokin Bones BBQ - a family-owned restaurant that serves up brisket pizza.	USA	English-100		PG	
2020-06-08	2630	Len And Ainsley's Big Food Adventure	Birmingham	Len's a big fan of the traditional British dumpling, and Ainsley is confident he can win over his friend with the equally delicious version - pierogi.	UNITED KINGDOM	English-100		PG	

2020-06-08	2730	Macao Gourmet With Justine Schofield	Macao Gourmet Series 1 Ep 5	Justine meets with chef Hans Lee Rasmussen who invites her to visit to visit Macao Tourism Institute where he is training aspiring chefs to fight food waste and make their industry more sustainable.	AUSTRALIA	English-100		PG	
2020-06-08	2800	Macao Gourmet With Justine Schofield	Macao Gourmet Series 1 Ep 6	Justine visits Belos Tempos, a Portuguese restaurant that serves traditional homemade Macanese dishes, and is lucky enough to learn how to prepare a popular dessert by chef Ana.	AUSTRALIA	English-100		PG	
2020-06-08	2830	Come Dine With Me UK	Come Dine With Me UK Series 16 Ep 31	Every week five strangers take it in turns to throw a dinner party. The guests are secretly scoring the host and at the end of the week the top-scoring host wins a cash prize of one thousand pounds.	UNITED KINGDOM	English-100		PG	
2020-06-09	0500	Come Dine With Me UK	Come Dine With Me UK Series 16 Ep 32	Every week five strangers take it in turns to throw a dinner party. The guests are secretly scoring the host and at the end of the week the top-scoring host wins a cash prize of one thousand pounds.	UNITED KINGDOM	English-100		PG	
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2020-06-09	0830	River Cottage Australia	River Cottage Australia One Hours Series 3 Ep 5	Paul welcomes visitors to the farm. His dad arrives for the first time and they go on a camping trip to hunt feral deer.	AUSTRALIA	English-100	RPT	PG	Y
2020-06-09	0930	Mercurio's Menu	Byron Bay	Gorgeous Byron Bay with its stunning beaches and laidback lifestyle creates a perfect backdrop for Paul's feast of the senses.	AUSTRALIA	English-100		PG	
2020-06-09	1000	Nigella Express	Retro Rapido	Nigella's going back in time to give her favourite retro recipes the express treatment. For her school and university friend it's cheese fondue followed by cherry cheesecake.	UNITED KINGDOM	English-100	RPT	G	Y
2020-06-09	1030	Len And Ainsley's Big Food Adventure	Birmingham	Len's a big fan of the traditional British dumpling, and Ainsley is confident he can win over his friend with the equally delicious version - pierogi.	UNITED KINGDOM	English-100		PG	
2020-06-09	1130	Macao Gourmet With Justine Schofield	Macao Gourmet Series 1 Ep 5	Justine meets with chef Hans Lee Rasmussen who invites her to visit to visit Macao Tourism Institute where he is training aspiring chefs to fight food waste and make their industry more sustainable.	AUSTRALIA	English-100		PG	
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2020-06-09	1330	Mercurio's Menu	Tropical North Queensland	With its tropical climate, North Queensland is a grower's paradise, and Paul's ready to enjoy the amazing array of fresh fruits, vegetables, seafood, and meats on offer.	AUSTRALIA	English-100		PG	

2020-06-09	1400	Oliver's Twist	Night Shift	Jamie takes time to try out some new bread recipes. As the sun begins to rise John and Jamie gather all the left over dough and make a delicious breakfast pizza.	UNITED KINGDOM	English-100		G	
2020-06-09	1430	The Chefs' Line	Indian	Watch station chef Sharry from top Melbourne Indian restaurant, Atta, go up against three passionate home cooks in the ultimate Seekh Kebabs challenge.	AUSTRALIA	English-100	RPT	G	Y
2020-06-09	1500	Sarah Graham Cooks Cape Town	Weekend Away	Sarah's family and close friends spend a relaxing weekend away at the seaside. It's an opportunity for the adults to try their hand at fishing and for the children to enjoy building sandcastles.	SOUTH AFRICA	English-100		G	
2020-06-09	1530	Pati's Mexican Table	Isla Mujeres Inspired	Isla Mujeres has become a haven for people from all over the world, and Pati takes a day to explore this gorgeous island and try the local delicacy, Tikin Xic, fish marinated in a thick red sauce.	USA	English-100		PG	
2020-06-09	1600	Carnival Eats	King Crab And I, The	The Alaska State Fair is older than the state itself! Noah tries some state secrets including the Sasquatch sandwich, and local fresh seafood options.	USA	English-100		PG	
2020-06-09	1630	The Cook And The Chef	Margaret Fulton	Simon and Maggie recreate several Margaet Fulton recipes - the cookery writer of half a century who brought the world to Australian dinner tables.	AUSTRALIA	English-100		G	
2020-06-09	1700	The Cook And The Chef	Restaurant And Mietta, The	Maggie and Simon celebrate the era of 'Grand cuisine'. The 1970's and 80's heralded a renaissance in Australian restaurant culture, heavily influenced by French 'Haute or Grand cuisine'.	AUSTRALIA	English-100		G	
2020-06-09	1730	Martha Bakes	Coffee	Martha shares how to enjoy coffee beyond the mug with her extraordinary coffee-flavored desserts - a flaky Napoleon, grown-up ice cream sandwiches, and a decadent coffee cream pie.	USA	English-100		G	
2020-06-09	1800	River Cottage Australia	River Cottage Australia One Hours Series 3 Ep 6	Paul goes on a wild bee hunt and builds a hive for the farm. He faces the hard task of taking his first pigs born and raised on the farm to the abattoir.	AUSTRALIA	English-100	RPT	PG	Y
2020-06-09	1900	Nigella Express	Razzle Dazzle	It's party time at Nigella's and this is one party that's full of fast, easy, delicious make in advance recipes and simple, achievable, last minute touches to make the food table and the party itself.	UNITED KINGDOM	English-100	RPT	G	Y
2020-06-09	1930	Food Safari Water	From The Water	Maeve O'Meara journeys into the Top End of Australia to seek out wild barramundi with local fisherman Billy Boustead and his chef friend, legendary Darwin and Alice Springs restaurateur Jimmy Shu.	AUSTRALIA	English-100	RPT	PG	Y
2020-06-09	2000	Lorraine Pascale: Home Cooking Made Easy	Lorraine Pascale: Home Cooking Made Easy Series 1 Ep 4	Lorraine brings the taste of Spain to the table with her Rioja braised lamb shanks with chorizo and garlic, served with her buttery fast baked mashed potato.	UNITED KINGDOM	English-100		G	
2020-06-09	2030	Richo's Bar Snacks	Richo's Bar Snacks Series 1 Ep 6	Richo adapts a comforting family meal into the perfect bar snack (roast chicken and gravy roll) and shares the recipe for one of the bars staple ingredients - bacon jam.	AUSTRALIA	English-100		G	
2020-06-09	2100	Luke Nguyen's Vietnam	Luke Nguyen's Vietnam Series 1 Episode 6	Luke visits the town of Dalat in the beautiful central highlands of Vietnam. He enjoys the cooler climate and the abundance of fresh produce on offer.	AUSTRALIA	English-100	RPT	G	Y
2020-06-09	2130	Come Dine With Me UK	Come Dine With Me UK Series 16 Ep 33	Every week five strangers take it in turns to throw a dinner party. The guests are secretly scoring the host and at the end of the week the top-scoring host wins a cash prize of one thousand pounds.	UNITED KINGDOM	English-100		PG	
2020-06-09	2200	Come Dine With Me UK	Come Dine With Me UK Series 16 Ep 34	Every week five strangers take it in turns to throw a dinner party. The guests are secretly scoring the host and at the end of the week the top-scoring host wins a cash prize of one thousand pounds.	UNITED KINGDOM	English-100		PG	
2020-06-09	2230	River Cottage Australia	River Cottage Australia One Hours Series 3 Ep 6	Paul goes on a wild bee hunt and builds a hive for the farm. He faces the hard task of taking his first pigs born and raised on the farm to the abattoir.	AUSTRALIA	English-100	RPT	PG	Y
2020-06-09	2330	The Cook And The Chef	Margaret Fulton	Simon and Maggie recreate several Margaet Fulton recipes - the cookery writer of half a century who brought the world to Australian dinner tables.	AUSTRALIA	English-100		G	
2020-06-09	2400	The Cook And The Chef	Restaurant And Mietta, The	Maggie and Simon celebrate the era of 'Grand cuisine'. The 1970's and 80's heralded a renaissance in Australian restaurant culture, heavily influenced by French 'Haute or Grand cuisine'.	AUSTRALIA	English-100		G	

2020-06-09	2430	Martha Bakes	Coffee	Martha shares how to enjoy coffee beyond the mug with her extraordinary coffee-flavored desserts - a flaky Napoleon, grown-up ice cream sandwiches, and a decadent coffee cream pie.	USA	English-100		G	
2020-06-09	2500	Nigella Express	Razzle Dazzle	It's party time at Nigella's and this is one party that's full of fast, easy, delicious make in advance recipes and simple, achievable, last minute touches to make the food table and the party itself.	UNITED KINGDOM	English-100	RPT	G	Y
2020-06-09	2530	BBQ Crawl	Big Apple Bbq	Danielle makes the cross country trek to the east coast to explore some more innovative BBQ styles. She kicks it off with her friend and chef, Christo Gonzales, at the Red Hook Market in Brooklyn.	USA	English-100		PG	
2020-06-09	2600	BBQ Crawl	Jersey Shore Parties And Pit Roasted Pig	Danielle and her friend Sean, grab a bite to eat from Legal Beans BBQ in Jersey City, New Jersey. Danielle competes in the Que By The Sea BBQ contest and is shaken up by the competition.	USA	English-100		PG	
2020-06-09	2630	Food Safari Water	From The Water	Maeve O'Meara journeys into the Top End of Australia to seek out wild barramundi with local fisherman Billy Boustead and his chef friend, legendary Darwin and Alice Springs restaurateur Jimmy Shu.	AUSTRALIA	English-100	RPT	PG	Y
2020-06-09	2700	Lorraine Pascale: Home Cooking Made Easy	Lorraine Pascale: Home Cooking Made Easy Series 1 Ep 4	Lorraine brings the taste of Spain to the table with her Rioja braised lamb shanks with chorizo and garlic, served with her buttery fast baked mashed potato.	UNITED KINGDOM	English-100		G	
2020-06-09	2730	Richo's Bar Snacks	Richo's Bar Snacks Series 1 Ep 6	Richo adapts a comforting family meal into the perfect bar snack (roast chicken and gravy roll) and shares the recipe for one of the bars staple ingredients - bacon jam.	AUSTRALIA	English-100		G	
2020-06-09	2800	Luke Nguyen's Vietnam	Luke Nguyen's Vietnam Series 1 Episode 6	Luke visits the town of Dalat in the beautiful central highlands of Vietnam. He enjoys the cooler climate and the abundance of fresh produce on offer.	AUSTRALIA	English-100	RPT	G	Y
2020-06-09	2830	Come Dine With Me UK	Come Dine With Me UK Series 16 Ep 33	Every week five strangers take it in turns to throw a dinner party. The guests are secretly scoring the host and at the end of the week the top-scoring host wins a cash prize of one thousand pounds.	UNITED KINGDOM	English-100		PG	
2020-06-10	0500	Come Dine With Me UK	Come Dine With Me UK Series 16 Ep 34	Every week five strangers take it in turns to throw a dinner party. The guests are secretly scoring the host and at the end of the week the top-scoring host wins a cash prize of one thousand pounds.	UNITED KINGDOM	English-100		PG	
2020-06-10	0530	Oliver's Twist	Night Shift	Jamie takes time to try out some new bread recipes. As the sun begins to rise John and Jamie gather all the left over dough and make a delicious breakfast pizza.	UNITED KINGDOM	English-100		G	
2020-06-10	0600	The Chefs' Line	Indian	Watch station chef Sharry from top Melbourne Indian restaurant, Atta, go up against three passionate home cooks in the ultimate Seekh Kebabs challenge.	AUSTRALIA	English-100	RPT	G	Y
2020-06-10	0630	Sarah Graham Cooks Cape Town	Weekend Away	Sarah's family and close friends spend a relaxing weekend away at the seaside. It's an opportunity for the adults to try their hand at fishing and for the children to enjoy building sandcastles.	SOUTH AFRICA	English-100		G	
2020-06-10	0700	Pati's Mexican Table	Isla Mujeres Inspired	Isla Mujeres has become a haven for people from all over the world, and Pati takes a day to explore this gorgeous island and try the local delicacy, Tikin Xic, fish marinated in a thick red sauce.	USA	English-100		PG	
2020-06-10	0730	Carnival Eats	King Crab And I, The	The Alaska State Fair is older than the state itself! Noah tries some state secrets including the Sasquatch sandwich, and local fresh seafood options.	USA	English-100		PG	
2020-06-10	0800	Martha Bakes	Coffee	Martha shares how to enjoy coffee beyond the mug with her extraordinary coffee-flavored desserts - a flaky Napoleon, grown-up ice cream sandwiches, and a decadent coffee cream pie.	USA	English-100		G	
2020-06-10	0830	River Cottage Australia	River Cottage Australia One Hours Series 3 Ep 6	Paul goes on a wild bee hunt and builds a hive for the farm. He faces the hard task of taking his first pigs born and raised on the farm to the abattoir.	AUSTRALIA	English-100	RPT	PG	Y
2020-06-10	0930	Mercurio's Menu	Tropical North Queensland	With its tropical climate, North Queensland is a grower's paradise, and Paul's ready to enjoy the amazing array of fresh fruits, vegetables, seafood, and meats on offer.	AUSTRALIA	English-100		PG	
2020-06-10	1000	Nigella Express	Razzle Dazzle	It's party time at Nigella's and this is one party that's full of fast, easy, delicious make in advance recipes and simple, achievable, last minute touches to make the food table and the party itself.	UNITED KINGDOM	English-100	RPT	G	Y

2020-06-10	1030	Food Safari Water	From The Water	Maeve O'Meara journeys into the Top End of Australia to seek out wild barramundi with local fisherman Billy Boustead and his chef friend, legendary Darwin and Alice Springs restaurateur Jimmy Shu.	AUSTRALIA	English-100	RPT	PG	Y
2020-06-10	1100	Lorraine Pascale: Home Cooking Made Easy	Lorraine Pascale: Home Cooking Made Easy Series 1 Ep 4	Lorraine brings the taste of Spain to the table with her Rioja braised lamb shanks with chorizo and garlic, served with her buttery fast baked mashed potato.	UNITED KINGDOM	English-100		G	
2020-06-10	1130	Richo's Bar Snacks	Richo's Bar Snacks Series 1 Ep 6	Richo adapts a comforting family meal into the perfect bar snack (roast chicken and gravy roll) and shares the recipe for one of the bars staple ingredients - bacon jam.	AUSTRALIA	English-100		G	
2020-06-10	1200	Luke Nguyen's Vietnam	Luke Nguyen's Vietnam Series 1 Episode 6	Luke visits the town of Dalat in the beautiful central highlands of Vietnam. He enjoys the cooler climate and the abundance of fresh produce on offer.	AUSTRALIA	English-100	RPT	G	Y
2020-06-10	1230	Come Dine With Me UK	Come Dine With Me UK Series 16 Ep 33	Every week five strangers take it in turns to throw a dinner party. The guests are secretly scoring the host and at the end of the week the top-scoring host wins a cash prize of one thousand pounds.	UNITED KINGDOM	English-100		PG	
2020-06-10	1300	Come Dine With Me UK	Come Dine With Me UK Series 16 Ep 34	Every week five strangers take it in turns to throw a dinner party. The guests are secretly scoring the host and at the end of the week the top-scoring host wins a cash prize of one thousand pounds.	UNITED KINGDOM	English-100		PG	
2020-06-10	1330	Mercurio's Menu	Launceston And Northern Tasmania	In this modern day Garden of Eden, Paul discovers the Valley of the Senses and is in sweet-tooth heaven on a raspberry farm.	AUSTRALIA	English-100		PG	
2020-06-10	1400	New Scandinavian Cooking	Pale Fish	Andreas visits the small community of Bulandet, a group of wind-blown islands in Western Norway. He goes fishing after saithe, summers most delicious fish.	NORWAY	English-100		PG	
2020-06-10	1430	The Chefs' Line	Indian	Watch sous chef Atar from top Melbourne Indian restaurant, Atta, go up against two passionate home cooks in a bid to make the best Spiced Milk Dessert.	AUSTRALIA	English-100	RPT	G	Y
2020-06-10	1500	Sarah Graham Cooks Cape Town	Bo-Kaap Cooking Lesson	Sarah heads to well-known Cape Malay cuisine exponent Faldela Tolker's home in the Bo-Kaap for a Cape Malay cooking lesson.	SOUTH AFRICA	English-100		G	
2020-06-10	1530	Pati's Mexican Table	Cancun: We Meet Again	Pati explores the Yucatan Peninsula, tasting some of the most inventive dishes at the Crab House, like their Alaskan Wontons.	USA	English-100		PG	
2020-06-10	1600	Carnival Eats	Waffle Truth, The	Autumn is in the air at the Circleville Pumpkin Show in Ohio. At the North Carolina State Fair, Noah gets down to business with grits and barbeque.	USA	English-100		G	
2020-06-10	1630	The Cook And The Chef	Modern Chinese	As a tribute to famed Chinese cuisine chef Kylie Kwong, Maggie and Simon both attempt classic Kylie recipes.	AUSTRALIA	English-100		G	
2020-06-10	1700	The Cook And The Chef	Talking Thai	Simon revels in his favourite Thai food, and encourages heat- avoiding Maggie to 'dip a toe' into this chilli laden cuisine.	AUSTRALIA	English-100		G	
2020-06-10	1730	Martha Bakes	Green Tea	Green tea is showing up in everything from cocktails to cakes. In this lesson, Martha incorporates this antioxidant-rich ingredient into four remarkable desserts.	USA	English-100		G	
2020-06-10	1800	River Cottage Australia	River Cottage Australia One Hours Series 3 Ep 7	Paul learns about catching eels from Indigenous local chef Noel Butler and sells his first eggs and veggie boxes into Tilba.	AUSTRALIA	English-100	RPT	PG	Y
2020-06-10	1900	Nigella Express	Season's Eatings	Forget the big day. This is a snap of a great meal for those all important days around it. From drinks and nibbles when the guests arrive through to a simple, delicious no effort dinner.	UNITED KINGDOM	English-100	RPT	G	Y
2020-06-10	1930	On Country Kitchen	On Country Kitchen Series 2 Ep 2	Derek goes diving for lobsters, and Mark and Derek take a course both cheesemaking and chocolate making. Later, the boys have a heart-to-heart on the calm waters of Kangaroo Valley.	AUSTRALIA	English-100	RPT	PG	
2020-06-10	2000	Gourmet Farmer Australia	Gourmet Farmer Series 3 Episode 3	Matthew Evans has been planning to build a commercial kitchen but the cost is prohibitive. Ross tells him about a caravan fitted out with a commercial kitchen for sale.	AUSTRALIA	English-100	RPT	G	Y

2020-06-10	2030	Peter Kuruvita's Coastal Kitchen	Peter Kuruvita's Coastal Kitchen Series 1 Ep 3	The Sunshine Coast is home to an amazing array of indigenous flora and fauna. Peter Kuruvita discovers the secrets of bush tucker and creates dishes inspired by native ingredients.	AUSTRALIA	English-100	RPT	G	Y
2020-06-10	2100	Donna Hay: Basics To Brilliance	Donna Hay: Basics To Brilliance Series 1	Donna shares her secrets to making the perfect pork belly with the ultimate crackling, together with the lightest and crispiest tempura batter.	AUSTRALIA	English-100		G	
2020-06-10	2130	Come Dine With Me UK	Come Dine With Me UK Series 16 Ep 35	Every week five strangers take it in turns to throw a dinner party. The guests are secretly scoring the host and at the end of the week the top-scoring host wins a cash prize of one thousand pounds.	UNITED KINGDOM	English-100		PG	
2020-06-10	2200	Come Dine With Me UK	Come Dine With Me UK Series 16 Ep 36	Every week five strangers take it in turns to throw a dinner party. The guests are secretly scoring the host and at the end of the week the top-scoring host wins a cash prize of one thousand pounds.	UNITED KINGDOM	English-100		PG	
2020-06-10	2230	River Cottage Australia	River Cottage Australia One Hours Series 3 Ep 7	Paul learns about catching eels from Indigenous local chef Noel Butler and sells his first eggs and veggie boxes into Tilba.	AUSTRALIA	English-100	RPT	PG	Y
2020-06-10	2330	The Cook And The Chef	Modern Chinese	As a tribute to famed Chinese cuisine chef Kylie Kwong, Maggie and Simon both attempt classic Kylie recipes.	AUSTRALIA	English-100		G	
2020-06-10	2400	The Cook And The Chef	Talking Thai	Simon revels in his favourite Thai food, and encourages heat- avoiding Maggie to 'dip a toe' into this chilli laden cuisine.	AUSTRALIA	English-100		G	
2020-06-10	2430	Martha Bakes	Green Tea	Green tea is showing up in everything from cocktails to cakes. In this lesson, Martha incorporates this antioxidant-rich ingredient into four remarkable desserts.	USA	English-100		G	
2020-06-10	2500	Nigella Express	Season's Eatings	Forget the big day. This is a snap of a great meal for those all important days around it. From drinks and nibbles when the guests arrive through to a simple, delicious no effort dinner.	UNITED KINGDOM	English-100	RPT	G	Y
2020-06-10	2530	BBQ Crawl	Baltimore Pit Beef And Pam The Butcher	While on the road from Baltimore to Washington DC, Danielle explores four completely different styles of 'cue. First up, is Chaps Pit Beef - a Baltimore institution.	USA	English-100		PG	
2020-06-10	2600	BBQ Crawl	Korean Bbq Candied Pork And Whole Hog Bbq	Danielle stops in Raleigh to visit her friend, RV builder, George Campeau. George installs a couple of new bells and whistles on her trailer to help her out at the next competition.	USA	English-100		PG	
2020-06-10	2630	On Country Kitchen	On Country Kitchen Series 2 Ep 2	Derek goes diving for lobsters, and Mark and Derek take a course both cheesemaking and chocolate making. Later, the boys have a heart-to-heart on the calm waters of Kangaroo Valley.	AUSTRALIA	English-100	RPT	PG	
2020-06-10	2700	Gourmet Farmer Australia	Gourmet Farmer Series 3 Episode 3	Matthew Evans has been planning to build a commercial kitchen but the cost is prohibitive. Ross tells him about a caravan fitted out with a commercial kitchen for sale.	AUSTRALIA	English-100	RPT	G	Y
2020-06-10	2730	Peter Kuruvita's Coastal Kitchen	Peter Kuruvita's Coastal Kitchen Series 1 Ep 3	The Sunshine Coast is home to an amazing array of indigenous flora and fauna. Peter Kuruvita discovers the secrets of bush tucker and creates dishes inspired by native ingredients.	AUSTRALIA	English-100	RPT	G	Y
2020-06-10	2800	Donna Hay: Basics To Brilliance	Donna Hay: Basics To Brilliance Series 1	Donna shares her secrets to making the perfect pork belly with the ultimate crackling, together with the lightest and crispiest tempura batter.	AUSTRALIA	English-100		G	
2020-06-10	2830	Come Dine With Me UK	Come Dine With Me UK Series 16 Ep 35	Every week five strangers take it in turns to throw a dinner party. The guests are secretly scoring the host and at the end of the week the top-scoring host wins a cash prize of one thousand pounds.	UNITED KINGDOM	English-100		PG	
2020-06-11	0500	Come Dine With Me UK	Come Dine With Me UK Series 16 Ep 36	Every week five strangers take it in turns to throw a dinner party. The guests are secretly scoring the host and at the end of the week the top-scoring host wins a cash prize of one thousand pounds.	UNITED KINGDOM	English-100		PG	
2020-06-11	0530	New Scandinavian Cooking	Pale Fish	Andreas visits the small community of Bulandet, a group of wind-blown islands in Western Norway. He goes fishing after saithe, summers most delicious fish.	NORWAY	English-100		PG	
2020-06-11	0600	The Chefs' Line	Indian	Watch sous chef Atar from top Melbourne Indian restaurant, Atta, go up against two passionate home cooks in a bid to make the best Spiced Milk Dessert.	AUSTRALIA	English-100	RPT	G	Y

2020-06-11	0630	Sarah Graham Cooks Cape Town	Bo-Kaap Cooking Lesson	Sarah heads to well-known Cape Malay cuisine exponent Faldela Tolker's home in the Bo-Kaap for a Cape Malay cooking lesson.	SOUTH AFRICA	English-100		G	
2020-06-11	0700	Pati's Mexican Table	Cancun: We Meet Again	Pati explores the Yucatan Peninsula, tasting some of the most inventive dishes at the Crab House, like their Alaskan Wontons.	USA	English-100		PG	
2020-06-11	0730	Carnival Eats	Waffle Truth, The	Autumn is in the air at the Circleville Pumpkin Show in Ohio. At the North Carolina State Fair, Noah gets down to business with grits and barbeque.	USA	English-100		G	
2020-06-11	0800	Martha Bakes	Green Tea	Green tea is showing up in everything from cocktails to cakes. In this lesson, Martha incorporates this antioxidant-rich ingredient into four remarkable desserts.	USA	English-100		G	
2020-06-11	0830	River Cottage Australia	River Cottage Australia One Hours Series 3 Ep 7	Paul learns about catching eels from Indigenous local chef Noel Butler and sells his first eggs and veggie boxes into Tilba.	AUSTRALIA	English-100	RPT	PG	Y
2020-06-11	0930	Mercurio's Menu	Launceston And Northern Tasmania	In this modern day Garden of Eden, Paul discovers the Valley of the Senses and is in sweet-tooth heaven on a raspberry farm.	AUSTRALIA	English-100		PG	
2020-06-11	1000	Nigella Express	Season's Eatings	Forget the big day. This is a snap of a great meal for those all important days around it. From drinks and nibbles when the guests arrive through to a simple, delicious no effort dinner.	UNITED KINGDOM	English-100	RPT	G	Y
2020-06-11	1030	On Country Kitchen	On Country Kitchen Series 2 Ep 2	Derek goes diving for lobsters, and Mark and Derek take a course both cheesemaking and chocolate making. Later, the boys have a heart-to-heart on the calm waters of Kangaroo Valley.	AUSTRALIA	English-100	RPT	PG	
2020-06-11	1100	Gourmet Farmer Australia	Gourmet Farmer Series 3 Episode 3	Matthew Evans has been planning to build a commercial kitchen but the cost is prohibitive. Ross tells him about a caravan fitted out with a commercial kitchen for sale.	AUSTRALIA	English-100	RPT	G	Y
2020-06-11	1130	Peter Kuruvita's Coastal Kitchen	Peter Kuruvita's Coastal Kitchen Series 1 Ep 3	The Sunshine Coast is home to an amazing array of indigenous flora and fauna. Peter Kuruvita discovers the secrets of bush tucker and creates dishes inspired by native ingredients.	AUSTRALIA	English-100	RPT	G	Y
2020-06-11	1200	Donna Hay: Basics To Brilliance	Donna Hay: Basics To Brilliance Series 1	Donna shares her secrets to making the perfect pork belly with the ultimate crackling, together with the lightest and crispiest tempura batter.	AUSTRALIA	English-100		G	
2020-06-11	1230	Come Dine With Me UK	Come Dine With Me UK Series 16 Ep 35	Every week five strangers take it in turns to throw a dinner party. The guests are secretly scoring the host and at the end of the week the top-scoring host wins a cash prize of one thousand pounds.	UNITED KINGDOM	English-100		PG	
2020-06-11	1300	Come Dine With Me UK	Come Dine With Me UK Series 16 Ep 36	Every week five strangers take it in turns to throw a dinner party. The guests are secretly scoring the host and at the end of the week the top-scoring host wins a cash prize of one thousand pounds.	UNITED KINGDOM	English-100		PG	
2020-06-11	1330	Mercurio's Menu	Bellarine Peninsula Victoria	Filled with historic fishing towns, Paul's in search of local mussels which are also used to create a unique beer plus sashimi that doesn't come any fresher.	AUSTRALIA	English-100		PG	
2020-06-11	1400	New Scandinavian Cooking	Traveller's Bite, A	Andreas travels by train through different climates and the mountainous heart of Norway, between Bergen and Oslo. He starts to prepare a travellers must, a shrimp sandwich inspired by Western Norway.	NORWAY	English-100		G	
2020-06-11	1430	The Chefs' Line	Indian	Watch head chef Harry Dhanjal from from top Melbourne Indian restaurant, Atta, go up against this week's final home cook, Smita, in the ultimate David vs Goliath battle.	AUSTRALIA	English-100	RPT	G	Y
2020-06-11	1500	Sarah Graham Cooks Cape Town	Elgin Wine Farm	Sarah and Rob visit their friend Allister Kreft's small wine farm in Elgin. Belfield is one of the smallest commercial wine farms in South Africa and is a family-run affair.	SOUTH AFRICA	English-100		G	
2020-06-11	1530	Pati's Mexican Table	Turkey Day	Pati is preparing an epic Thanksgiving meal like no other, because this one has a Yucatecan twist. Trade in your turkey for a citrus brined bird.	USA	English-100		PG	
2020-06-11	1600	Carnival Eats	Aporkalypse Now	Noah Cappe is in the city that never sleeps at the Great American Foodie Fest. Then it's a New England fall classic in Massachusetts.	USA	English-100		G	
2020-06-11	1630	The Cook And The Chef	Andrew Fielke	Bush tucker has come a long way since the 1980s when a few bushfood pioneers discovered that this country is jam packed with fantastic native wild foods.	AUSTRALIA	English-100		G	

2020-06-11	1700	The Cook And The Chef	Fast Food	Maggie and Simon show us some home cooked alternatives to the mass produced 'convenience' foods that dominate our supermarket shelves today.	AUSTRALIA	English-100		G	
2020-06-11	1730	Martha Bakes	Extraordinary Fruits	Martha's favourite desserts have something in common - fruit - nature's sweetest gift. Learn step-by-step how-tos for a souffle with intensely fragrant passion fruit, and rhubarb cobblers.	USA	English-100		G	
2020-06-11	1800	River Cottage Australia	River Cottage Australia One Hours Series 3 Ep 8	After months of training it's time for Digger to shine at a local dog competition. To welcome the start of summer, Paul hosts a cricket match at RCA to celebrate the start of summer.	AUSTRALIA	English-100	RPT	PG	Y
2020-06-11	1900	Nigella Feasts	Crowd Pleasers	Nigella's got company and she's sharing her fool-proof, stress-free recipes for a party. On the menu are a spicy beef chili with a golden crispy cornbread topping.	UNITED KINGDOM	English-100	RPT	G	Y
2020-06-11	1930	Jimmy's Australian Food Adventure	Wild Foods	Jimmy Doherty explores how modern chefs are using native ingredients to bring new twists to contemporary Australian cuisine.	UNITED KINGDOM	English-100		PG	
2020-06-11	2000	Tom Kerridge's Best Ever Dishes	Takeaway	Tom creates dishes inspired by some of his favourite takeaway foods. This is the kind of casual grab-and-go food that puts a smile on people's faces.	UNITED KINGDOM	English-100		PG	
2020-06-11	2030	Jimmy Shu's Taste of The Territory	Taste Of The Top End	Jimmy is in the Darwin CBD, where he takes us into the kitchen of his own award winning restaurant Hanuman, that opened in 1992. Jimmy cooks one of his favourite dishes from his childhood.	AUSTRALIA	English-100		G	
2020-06-11	2100	Gino's Italian Escape	Naples	Chef Gino D'Acampo continues his Italian Escape in Naples - the area where he was born. Here, he examines the key foods and ingredients that have made the city famous, namely pizza and coffee.	UNITED KINGDOM	English-100		G	
2020-06-11	2130	Come Dine With Me UK	Come Dine With Me UK Series 16 Ep 37	Every week five strangers take it in turns to throw a dinner party. The guests are secretly scoring the host and at the end of the week the top-scoring host wins a cash prize of one thousand pounds.	UNITED KINGDOM	English-100		PG	
2020-06-11	2200	Come Dine With Me UK	Come Dine With Me UK Series 16 Ep 38	Every week five strangers take it in turns to throw a dinner party. The guests are secretly scoring the host and at the end of the week the top-scoring host wins a cash prize of one thousand pounds.	UNITED KINGDOM	English-100		PG	
2020-06-11	2230	River Cottage Australia	River Cottage Australia One Hours Series 3 Ep 8	After months of training it's time for Digger to shine at a local dog competition. To welcome the start of summer, Paul hosts a cricket match at RCA to celebrate the start of summer.	AUSTRALIA	English-100	RPT	PG	Y
2020-06-11	2330	The Cook And The Chef	Andrew Fielke	Bush tucker has come a long way since the 1980s when a few bushfood pioneers discovered that this country is jam packed with fantastic native wild foods.	AUSTRALIA	English-100		G	
2020-06-11	2400	The Cook And The Chef	Fast Food	Maggie and Simon show us some home cooked alternatives to the mass produced 'convenience' foods that dominate our supermarket shelves today.	AUSTRALIA	English-100		G	
2020-06-11	2430	Martha Bakes	Extraordinary Fruits	Martha's favourite desserts have something in common - fruit - nature's sweetest gift. Learn step-by-step how-tos for a souffle with intensely fragrant passion fruit, and rhubarb cobblers.	USA	English-100		G	
2020-06-11	2500	Nigella Feasts	Crowd Pleasers	Nigella's got company and she's sharing her fool-proof, stress-free recipes for a party. On the menu are a spicy beef chili with a golden crispy cornbread topping.	UNITED KINGDOM	English-100	RPT	G	Y
2020-06-11	2530	BBQ Crawl	Beer, Bbq And Bratwurst	Danielle and Chad are in search of a good time, and they find it in Greenville, SC. To get the day started, they stop in at the Blue Ridge Brewery for BBQ and beer pairing.	USA	English-100		PG	
2020-06-11	2600	BBQ Crawl	Heritage Hogs, Gullah Cuisine And Charcuterie	Danielle explores the farm-to-table movement in Charleston South Carolina. The Artisan Meat Share is a charcuterie and deli shop that takes leftover cuts of meat and cures them to be sold.	USA	English-100		PG	
2020-06-11	2630	Jimmy's Australian Food Adventure	Wild Foods	Jimmy Doherty explores how modern chefs are using native ingredients to bring new twists to contemporary Australian cuisine.	UNITED KINGDOM	English-100		PG	
2020-06-11	2700	Tom Kerridge's Best Ever Dishes	Takeaway	Tom creates dishes inspired by some of his favourite takeaway foods. This is the kind of casual grab-and-go food that puts a smile on people's faces.	UNITED KINGDOM	English-100		PG	

2020-06-11	2730	Jimmy Shu's Taste of The Territory	Taste Of The Top End	Jimmy is in the Darwin CBD, where he takes us into the kitchen of his own award winning restaurant Hanuman, that opened in 1992. Jimmy cooks one of his favourite dishes from his childhood.	AUSTRALIA	English-100		G	
2020-06-11	2800	Gino's Italian Escape	Naples	Chef Gino D'Acampo continues his Italian Escape in Naples - the area where he was born. Here, he examines the key foods and ingredients that have made the city famous, namely pizza and coffee.	UNITED KINGDOM	English-100		G	
2020-06-11	2830	Come Dine With Me UK	Come Dine With Me UK Series 16 Ep 37	Every week five strangers take it in turns to throw a dinner party. The guests are secretly scoring the host and at the end of the week the top-scoring host wins a cash prize of one thousand pounds.	UNITED KINGDOM	English-100		PG	
2020-06-12	0500	Come Dine With Me UK	Come Dine With Me UK Series 16 Ep 38	Every week five strangers take it in turns to throw a dinner party. The guests are secretly scoring the host and at the end of the week the top-scoring host wins a cash prize of one thousand pounds.	UNITED KINGDOM	English-100		PG	
2020-06-12	0530	New Scandinavian Cooking	Traveller's Bite, A	Andreas travels by train through different climates and the mountainous heart of Norway, between Bergen and Oslo. He starts to prepare a travellers must, a shrimp sandwich inspired by Western Norway.	NORWAY	English-100		G	
2020-06-12	0600	The Chefs' Line	Indian	Watch head chef Harry Dhanjal from from top Melbourne Indian restaurant, Atta, go up against this week's final home cook, Smita, in the ultimate David vs Goliath battle.	AUSTRALIA	English-100	RPT	G	Y
2020-06-12	0630	Sarah Graham Cooks Cape Town	Eligin Wine Farm	Sarah and Rob visit their friend Allister Kreft's small wine farm in Elgin. Belfield is one of the smallest commercial wine farms in South Africa and is a family-run affair.	SOUTH AFRICA	English-100		G	
2020-06-12	0700	Pati's Mexican Table	Turkey Day	Pati is preparing an epic Thanksgiving meal like no other, because this one has a Yucatecan twist. Trade in your turkey for a citrus brined bird.	USA	English-100		PG	
2020-06-12	0730	Carnival Eats	Aporkalypse Now	Noah Cappe is in the city that never sleeps at the Great American Foodie Fest. Then it's a New England fall classic in Massachusetts.	USA	English-100		G	
2020-06-12	0800	Martha Bakes	Extraordinary Fruits	Martha's favourite desserts have something in common - fruit - nature's sweetest gift. Learn step-by-step how-tos for a souffle with intensely fragrant passion fruit, and rhubarb cobblers.	USA	English-100		G	
2020-06-12	0830	River Cottage Australia	River Cottage Australia One Hours Series 3 Ep 8	After months of training it's time for Digger to shine at a local dog competition. To welcome the start of summer, Paul hosts a cricket match at RCA to celebrate the start of summer.	AUSTRALIA	English-100	RPT	PG	Y
2020-06-12	0930	Mercurio's Menu	Bellarine Peninsula Victoria	Filled with historic fishing towns, Paul's in search of local mussels which are also used to create a unique beer plus sashimi that doesn't come any fresher.	AUSTRALIA	English-100		PG	
2020-06-12	1000	Nigella Feasts	Crowd Pleasers	Nigella's got company and she's sharing her fool-proof, stress-free recipes for a party. On the menu are a spicy beef chili with a golden crispy cornbread topping.	UNITED KINGDOM	English-100	RPT	G	Y
2020-06-12	1030	Jimmy's Australian Food Adventure	Wild Foods	Jimmy Doherty explores how modern chefs are using native ingredients to bring new twists to contemporary Australian cuisine.	UNITED KINGDOM	English-100		PG	
2020-06-12	1100	Tom Kerridge's Best Ever Dishes	Takeaway	Tom creates dishes inspired by some of his favourite takeaway foods. This is the kind of casual grab-and-go food that puts a smile on people's faces.	UNITED KINGDOM	English-100		PG	
2020-06-12	1130	Jimmy Shu's Taste of The Territory	Taste Of The Top End	Jimmy is in the Darwin CBD, where he takes us into the kitchen of his own award winning restaurant Hanuman, that opened in 1992. Jimmy cooks one of his favourite dishes from his childhood.	AUSTRALIA	English-100		G	
2020-06-12	1200	Gino's Italian Escape	Naples	Chef Gino D'Acampo continues his Italian Escape in Naples - the area where he was born. Here, he examines the key foods and ingredients that have made the city famous, namely pizza and coffee.	UNITED KINGDOM	English-100		G	
2020-06-12	1230	Come Dine With Me UK	Come Dine With Me UK Series 16 Ep 37	Every week five strangers take it in turns to throw a dinner party. The guests are secretly scoring the host and at the end of the week the top-scoring host wins a cash prize of one thousand pounds.	UNITED KINGDOM	English-100		PG	
2020-06-12	1300	Come Dine With Me UK	Come Dine With Me UK Series 16 Ep 38	Every week five strangers take it in turns to throw a dinner party. The guests are secretly scoring the host and at the end of the week the top-scoring host wins a cash prize of one thousand pounds.	UNITED KINGDOM	English-100		PG	
2020-06-12	1330	Mercurio's Menu	Sydney	Paul leads a gourmet tour of discovery in one of the world's iconic cities, Sydney. With its lively fresh produce markets and colourful food stores, Paul's preparing the ultimate al-fresco menu.	AUSTRALIA	English-100		PG	

2020-06-12	1400	New Scandinavian Cooking	Norwegian Versions Of Classic Recipes	As Andreas travels through Norway's biggest national park, he investigates traditional recipes that are deceptively similar to classic Mexican, Italian and American dishes, and just as tasty.	NORWAY	English-100		G	
2020-06-12	1430	The Chefs' Line	Indian	Judge Melissa Leong takes us inside the kitchen of top Indian restaurant Atta. Melissa and the chefs' line will reminisce about the week and delve into some delicious new dishes prepared by the line.	AUSTRALIA	English-100	RPT	G	Y
2020-06-12	1500	Sarah Graham Cooks Cape Town	Moyo At Spier	Sarah visits Moyo, a popular African Cuisine experience at Spier Wine Farm near Stellenbosch. Sarah shares some of her own recipes and learns to make two of the signature Moyo dishes.	SOUTH AFRICA	English-100		G	
2020-06-12	1530	Pati's Mexican Table	Alan Goes To College	Pati's eldest son, Alan, is heading off to college. Pati wants to make sure he's well prepared with some basic cooking techniques since mum won't be doing the cooking at school.	USA	English-100		PG	
2020-06-12	1600	Carnival Eats	When Harry Met Salad	It's party time as Noah visits the world of the Wayne County Fair and then heads to the Lane County Fair in Oregon, the beaver state, for some dam fine coffee.	USA	English-100		PG	
2020-06-12	1630	The Cook And The Chef	Celebrity Chefs	Simon is a big fan of Gordon Ramsay, one of the UK's most notorious celebrity chefs, so decides to cook a timbale recipe of Gordon's - with the added touch of some delicious South Australian mullet.	AUSTRALIA	English-100		G	
2020-06-12	1700	The Cook And The Chef	Lebanese Food	Maggie and Simon tip their hats to the magical Mediterranean flavours of Lebanese cuisine. Pomegranate, lemon juice, pine nuts, olives and walnuts are just some of the fresh ingredients employed.	AUSTRALIA	English-100		G	
2020-06-12	1730	Martha Bakes	Fruit Curds	Fruit has more delicious potential when made into a rich luscious curd. So watch step-by-step how-tos and learn to make three fruit curds.	USA	English-100		G	
2020-06-12	1800	River Cottage Australia	River Cottage Australia One Hours Series 4 Ep 1	In the last year Paul's family has grown, so he employs a local, Harrison, as his part-time farm hand. With the fencing an on-going issue, he finds a way to change the face and shape of the farm.	AUSTRALIA	English-100	RPT	PG	Y
2020-06-12	1900	Nigella Feasts	Weekend Wonders	It's the weekend and for Nigella Lawson that means time for family feasting, leisurely baking, and cooking with the kids. She starts with a lunch that everyone loves.	UNITED KINGDOM	English-100	RPT	G	Y
2020-06-12	1930	Paul Hollywood's Pies And Puds	Paul Hollywood's Pies And Puds Series 1 Ep 16	Paul Hollywood celebrates the best of hearty British pies and puds with Michelin Starred Chef Glynn Purnell.	UNITED KINGDOM	English-100		G	
2020-06-12	2030	Rick Stein's India	Madurai And Kerala	Rick Stein arrives in the southern town of Madurai in Tamil Nadu - the land of temples. Here he learns the art of temple cooking and perfects the knack of eating with his hands.	UNITED KINGDOM	English-100	RPT	PG	Y
2020-06-12	2135	Come Dine With Me UK	Come Dine With Me UK Series 16 Ep 39	Every week five strangers take it in turns to throw a dinner party. The guests are secretly scoring the host and at the end of the week the top-scoring host wins a cash prize of one thousand pounds.	UNITED KINGDOM	English-100		PG	
2020-06-12	2205	Come Dine With Me UK	Come Dine With Me UK Series 16 Ep 40	Every week five strangers take it in turns to throw a dinner party. The guests are secretly scoring the host and at the end of the week the top-scoring host wins a cash prize of one thousand pounds.	UNITED KINGDOM	English-100		PG	
2020-06-12	2235	River Cottage Australia	River Cottage Australia One Hours Series 4 Ep 1	In the last year Paul's family has grown, so he employs a local, Harrison, as his part-time farm hand. With the fencing an on-going issue, he finds a way to change the face and shape of the farm.	AUSTRALIA	English-100	RPT	PG	Y
2020-06-12	2330	The Cook And The Chef	Celebrity Chefs	Simon is a big fan of Gordon Ramsay, one of the UK's most notorious celebrity chefs, so decides to cook a timbale recipe of Gordon's - with the added touch of some delicious South Australian mullet.	AUSTRALIA	English-100		G	
2020-06-12	2400	The Cook And The Chef	Lebanese Food	Maggie and Simon tip their hats to the magical Mediterranean flavours of Lebanese cuisine. Pomegranate, lemon juice, pine nuts, olives and walnuts are just some of the fresh ingredients employed.	AUSTRALIA	English-100		G	
2020-06-12	2430	Martha Bakes	Fruit Curds	Fruit has more delicious potential when made into a rich luscious curd. So watch step-by-step how-tos and learn to make three fruit curds.	USA	English-100		G	
2020-06-12	2500	Nigella Feasts	Weekend Wonders	It's the weekend and for Nigella Lawson that means time for family feasting, leisurely baking, and cooking with the kids. She starts with a lunch that everyone loves.	UNITED KINGDOM	English-100	RPT	G	Y

2020-06-12	2530	BBQ Crawl	Custom Steak And Momma's Smoked Meatloaf	Danielle flies to Vegas in preparation for the World Food Championships, a contest she's never competed in before. Before the contest, Danielle explores the BBQ scene in Vegas.	USA	English-100		PG	
2020-06-12	2600	BBQ Crawl	World Food Championships, The	Danielle and her BBQ team visit John Mull's Roadkill Grill, a roadside BBQ restaurant with serious history in Nevada.	USA	English-100		PG	
2020-06-12	2630	Paul Hollywood's Pies And Puds	Paul Hollywood's Pies And Puds Series 1 Ep 16	Paul Hollywood celebrates the best of hearty British pies and puds with Michelin Starred Chef Glynn Purnell.	UNITED KINGDOM	English-100		G	
2020-06-12	2730	Rick Stein's India	Madurai And Kerala	Rick Stein arrives in the southern town of Madurai in Tamil Nadu - the land of temples. Here he learns the art of temple cooking and perfects the knack of eating with his hands.	UNITED KINGDOM	English-100	RPT	PG	Y
2020-06-12	2830	Come Dine With Me UK	Come Dine With Me UK Series 16 Ep 39	Every week five strangers take it in turns to throw a dinner party. The guests are secretly scoring the host and at the end of the week the top-scoring host wins a cash prize of one thousand pounds.	UNITED KINGDOM	English-100		PG	
2020-06-13	0500	Come Dine With Me UK	Come Dine With Me UK Series 16 Ep 40	Every week five strangers take it in turns to throw a dinner party. The guests are secretly scoring the host and at the end of the week the top-scoring host wins a cash prize of one thousand pounds.	UNITED KINGDOM	English-100		PG	
2020-06-13	0530	New Scandinavian Cooking	Norwegian Versions Of Classic Recipes	As Andreas travels through Norway's biggest national park, he investigates traditional recipes that are deceptively similar to classic Mexican, Italian and American dishes, and just as tasty.	NORWAY	English-100		G	
2020-06-13	0600	The Chefs' Line	Indian	Judge Melissa Leong takes us inside the kitchen of top Indian restaurant Atta. Melissa and the chefs' line will reminisce about the week and delve into some delicious new dishes prepared by the line.	AUSTRALIA	English-100	RPT	G	Y
2020-06-13	0630	Sarah Graham Cooks Cape Town	Moyo At Spier	Sarah visits Moyo, a popular African Cuisine experience at Spier Wine Farm near Stellenbosch. Sarah shares some of her own recipes and learns to make two of the signature Moyo dishes.	SOUTH AFRICA	English-100		G	
2020-06-13	0700	Chef Exchange	Chef Exchange Series 1 Ep 1	In South Australia, Qu joins Jock in a journey across some iconic South Australian locations, including the Adelaide Central Market to explore the heart of fresh food in Adelaide.	AUSTRALIA	Chinese-50; English-50		G	
2020-06-13	0730	Chef Exchange	Chef Exchange Series 1 Ep 2	Jock takes Qu on a tour of Adelaide and the different food precincts of the city before finishing at his own restaurant, located in the middle of the eclectic Rundle Street.	AUSTRALIA	Chinese-50; English-50		G	
2020-06-13	0800	Martha Bakes	Fruit Curds	Fruit has more delicious potential when made into a rich luscious curd. So watch step-by-step how-tos and learn to make three fruit curds.	USA	English-100		G	
2020-06-13	0830	River Cottage Australia	River Cottage Australia One Hours Series 4 Ep 1	In the last year Paul's family has grown, so he employs a local, Harrison, as his part-time farm hand. With the fencing an on-going issue, he finds a way to change the face and shape of the farm.	AUSTRALIA	English-100	RPT	PG	Y
2020-06-13	0930	Chef Exchange	Chef Exchange Series 1 Ep 3	Qu spends some time with a Chinese chef in Adelaide who shares first-hand knowledge of the diversity of Australian cuisine; including a historic love of authentic Chinese cuisine.	AUSTRALIA	Chinese-50; English-50		G	
2020-06-13	1000	Chef Exchange	Chef Exchange Series 1 Ep 4	Qu shares some common Qingdao comfort food with Jock before heading out to some historical locations in Shandong to share the deep connection of family and food in Chinese culture.	AUSTRALIA	Chinese-50; English-50		PG	
2020-06-13	1030	Paul Hollywood's Pies And Puds	Paul Hollywood's Pies And Puds Series 1 Ep 16	Paul Hollywood celebrates the best of hearty British pies and puds with Michelin Starred Chef Glynn Purnell.	UNITED KINGDOM	English-100		G	
2020-06-13	1130	Rick Stein's India	Madurai And Kerala	Rick Stein arrives in the southern town of Madurai in Tamil Nadu - the land of temples. Here he learns the art of temple cooking and perfects the knack of eating with his hands.	UNITED KINGDOM	English-100	RPT	PG	Y
2020-06-13	1235	Come Dine With Me UK	Come Dine With Me UK Series 16 Ep 39	Every week five strangers take it in turns to throw a dinner party. The guests are secretly scoring the host and at the end of the week the top-scoring host wins a cash prize of one thousand pounds.	UNITED KINGDOM	English-100		PG	
2020-06-13	1305	Come Dine With Me UK	Come Dine With Me UK Series 16 Ep 40	Every week five strangers take it in turns to throw a dinner party. The guests are secretly scoring the host and at the end of the week the top-scoring host wins a cash prize of one thousand pounds.	UNITED KINGDOM	English-100		PG	

2020-06-13	1330	Martha Bakes	Fruit Curds	Fruit has more delicious potential when made into a rich luscious curd. So watch step-by-step how-tos and learn to make three fruit curds.	USA	English-100			G	
2020-06-13	1400	Saturday Kitchen	Saturday Kitchen Series 3 Ep 3	British chef and television food presenter Matt Tebbutt takes command of the kitchen this week with the help from Michelin chef Galton Blackiston and New Zealand celebrity cook Annabel Langbein.	UNITED KINGDOM	English-100			PG	
2020-06-13	1500	Secret Meat Business	Turkish	Adrian creates a fantastic Turkish chicken dish, fresh and juicy. Complete with homemade flat bread, it's a dinner party delight.	AUSTRALIA	English-100			G	
2020-06-13	1530	Ask The Butcher	Beef	Anthony Puharich knows meat. He'll take you behind the farm gate, into the deep freezer and on to the hot grill to learn everything about meat. No steak will be left unturned.	AUSTRALIA	English-100			G	
2020-06-13	1600	The Cook And The Chef	It's Presentation	This episode is all about presentation. Even though Maggie likes to tease Simon about the 'chef-y' look of his dishes, she really does agree that we eat with our eyes as well as our taste buds.	AUSTRALIA	English-100			G	
2020-06-13	1630	The Cook And The Chef	Right Ingredient, The	Simon is after the right fish and ventures to the mouth of the Murray to find out why one of his favourite fish, the Coorong Mullet, has such a great flavour.	AUSTRALIA	English-100			G	
2020-06-13	1700	The Cook And The Chef	Too Many Tomatoes	Simon and Maggie paint the town red (and a range of other colours) when they celebrate a backyard fruit that's become a foundation stone of so much cooking - the glorious and gorgeous tomato.	AUSTRALIA	English-100			G	
2020-06-13	1730	Freddie Fries Down Under	Freddie Fries Down Under Series 1 Ep 6	Freddie Flintoff and his friend, writer Rob Penn, hit the Australian road for the last time as they head to Cairns. Freddie serves up a final feast that they'll never forget - a bug banquet.	UNITED KINGDOM	English-100			PG	
2020-06-13	1830	Lyndey Milan's Taste Of Ireland	County Waterford	In Waterford, Lyndey starts by sampling the unique and fabulous food of a local grower's market. A visit to the Waterford crystal factory leads Lyndey to harbor town Dungarvan.	AUSTRALIA	English-100			G	
2020-06-13	1900	Lyndey Milan's Taste Of Ireland	County Galway	In County Galway, Lyndey joins walking historian Tony Kirby to learn the history of Famine Road before cooking a restorative Irish goat stew.	AUSTRALIA	English-100			G	
2020-06-13	1930	Cook Like an Italian with Silvia Colloca	Cook Like An Italian With Silvia Colloca Series 1 Ep 3	Nothing Silvia makes will be measured or mixed with kitchen appliances, it's all hands on, starting with delicious mini pizzas made from leftover bread, and a delicate prawn and lemon risotto.	AUSTRALIA	English-100			G	
2020-06-13	2000	Poh & Co.	Poh & Co. Series 2 Ep 3	Poh goes fishing with Andre and cooks up a magnificent seafood salad from freshly caught squid and home grown veggies. Then she learns the secrets of Asam Laksa.	AUSTRALIA	English-100	RPT		PG	Y
2020-06-13	2030	Kylie Kwong: Heart And Soul	Mothers And Daughters A Chinese Family	Kylie is inspired by her Shanghai travels to cook some family favourites but when her mum comes round it's clear she has her own way of doing things.	AUSTRALIA	English-100	RPT		G	Y
2020-06-13	2100	Kylie Kwong: My China	Home-Coming	Kylie returns to her great grandfather's ancestral home in Toishan village, Guangdong province.	AUSTRALIA	English-100	RPT		G	Y
2020-06-13	2130	Two Greedy Italians... Still Hungry	Calabria And Babinone	Chefs Antonio Carluccio and Gennaro Contaldo return to Italy to discover how the country's food and culture have changed since they left more than 40 years ago.	UNITED KINGDOM	English-100	RPT		G	Y
2020-06-13	2235	Destination Flavour Down Under	South Australia	Back in his home state of South Australia, Adam revisits the Eyre Peninsular where he spent many summer holidays of his youth.	AUSTRALIA	English-100	RPT		G	Y
2020-06-13	2305	Comfort Eating	Peckham	Nick attempts to get as far away from his ex as possible by house hunting in Peckham, where he stops off with his estate agent at bao bun eatery, the aptly named Mr Bao.	UNITED KINGDOM	English-100			G	
2020-06-13	2335	Freddie Fries Down Under	Freddie Fries Down Under Series 1 Ep 6	Freddie Flintoff and his friend, writer Rob Penn, hit the Australian road for the last time as they head to Cairns. Freddie serves up a final feast that they'll never forget - a bug banquet.	UNITED KINGDOM	English-100			PG	
2020-06-13	2430	Lyndey Milan's Taste Of Ireland	County Waterford	In Waterford, Lyndey starts by sampling the unique and fabulous food of a local grower's market. A visit to the Waterford crystal factory leads Lyndey to harbor town Dungarvan.	AUSTRALIA	English-100			G	

2020-06-13	2500	Lyndey Milan's Taste Of Ireland	County Galway	In County Galway, Lyndey joins walking historian Tony Kirby to learn the history of Famine Road before cooking a restorative Irish goat stew.	AUSTRALIA	English-100		G	
2020-06-13	2530	Cheese Slices	Cheddar	The world's most copied cheese is cheddar, which originally came from the green countryside of Somerset in England. Will travels to meet the last two farm producers of cloth bound cheddar.	AUSTRALIA	English-100		G	
2020-06-13	2600	Cheese Slices	Compte	Comte is one of the most popular cheeses in France and the most important of all those made under the strict French appellation system. Will traces the links between farmer, cheese maker and affineur.	AUSTRALIA	English-100		G	
2020-06-13	2630	Kylie Kwong: Heart And Soul	Mothers And Daughters A Chinese Family	Kylie is inspired by her Shanghai travels to cook some family favourites but when her mum comes round it's clear she has her own way of doing things.	AUSTRALIA	English-100	RPT	G	Y
2020-06-13	2700	Kylie Kwong: My China	Home-Coming	Kylie returns to her great grandfather's ancestral home in Toishan village, Guangdong province.	AUSTRALIA	English-100	RPT	G	Y
2020-06-13	2730	Two Greedy Italians... Still Hungry	Calabria And Babinone	Chefs Antonio Carluccio and Gennaro Contaldo return to Italy to discover how the country's food and culture have changed since they left more than 40 years ago.	UNITED KINGDOM	English-100	RPT	G	Y
2020-06-13	2830	Destination Flavour Down Under	South Australia	Back in his home state of South Australia, Adam revisits the Eyre Peninsular where he spent many summer holidays of his youth.	AUSTRALIA	English-100	RPT	G	Y