



**WEEK 32: Sunday, 2 August - Saturday, 8 August 2020 ALL MARKETS**

Date	Start Time	Title	Episode Title	Digital Epg Synopsis	Country of Origin	Language	Repeat	Classification	Closed Captions
2020-08-02	0500	<b>The Cook And The Chef</b>	Some Favourites From The Year	Maggie and Simon revisit a few of their favourite kitchen moments from the year. They look back on the eggs, pasta, and mouth-watering desserts on the menu.	AUSTRALIA	English-100		G	
2020-08-02	0530	<b>The Sweet Life With Elise Strachan</b>	Sweet Life With Elise Strachan Series 1, The Ep 2	Ameer El-Issa's presents his famous Middle-Eastern treat knafeh, acclaimed French pastry chef Vincent Gaden showcases chocolate balls three-ways, and Italian chef Paolo Gatto makes a Sicilian bricohe.	AUSTRALIA	English-100		G	
2020-08-02	0630	<b>Made In Britain</b>	Made In Britain Series 1 Ep 1	Join John Prescott on his journey of discovery into the heart of the factories making some of the region's best loved foods on a massive scale including Whitaker's Chocolates and Heck! Sausages.	UNITED KINGDOM	English-100		G	
2020-08-02	0730	<b>Cook Like an Italian with Silvia Colloca</b>	Cook Like An Italian With Silvia Colloca Series 1 Ep 10	While Silvia loves tradition in the kitchen, she shares a few new tricks and hacks that Italians have learned to embrace, including a one-pot tuna pasta method.	AUSTRALIA	English-100		G	
2020-08-02	0800	<b>Cheese Slices</b>	Farmstead Cheeses Of Northern California	Artisan and hand made farmhouse cheeses have been at the forefront of a growing consumer backlash against mass produced foods in the USA. Will travels to Northern California to find out more.	AUSTRALIA	English-100		G	
2020-08-02	0830	<b>Rhodes Across Italy</b>	Tuscany	Gary Rhodes visits one of Italy's most popular regions - Tuscany - to discover the secrets of its cuisine. He's in the Tuscan hills to cook classic Italian dishes, including chicken cacciatore.	UNITED KINGDOM	English-100		G	
2020-08-02	0930	<b>The Hairy Bikers' Food Tour Of Britain</b>	Cheshire	Si and Dave explore Cheshire, where they cook a traditional county favourite at Chester Zoo, visit a smokehouse, and tuck into some of Cheshire's famous cheese.	UNITED KINGDOM	English-100	RPT	G	
2020-08-02	1030	<b>Destination Flavour</b>	Destination Flavour Series 1 Episode 7	Renee finds prime free-range pork and wild fallow deer in central western NSW, Lily has lunch with two of Brisbane's best Spanish chefs, and Adam meets a renowned Turkish chef.	AUSTRALIA	English-100	RPT	G	Y
2020-08-02	1100	<b>Jimmy Shu's Taste of The Territory</b>	Fresh Produce	Jimmy visits the bustling Rapid Creek markets and it's abuzz with activity from the produce growers, food stalls, and locals doing their weekly shop.	AUSTRALIA	English-100		G	
2020-08-02	1130	<b>Jimmy Shu's Taste of The Territory</b>	Flavour	The dry season in the Top End is a time for festivals, and one of the most popular is Glenti, a Greek cultural festival. Jimmy meets some of the Greek community and learns how to make dolmades.	AUSTRALIA	English-100		G	
2020-08-02	1200	<b>The Cook And The Chef</b>	Some Favourites From The Year	Maggie and Simon revisit a few of their favourite kitchen moments from the year. They look back on the eggs, pasta, and mouth-watering desserts on the menu.	AUSTRALIA	English-100		G	
2020-08-02	1230	<b>Made In Britain</b>	Made In Britain Series 1 Ep 1	Join John Prescott on his journey of discovery into the heart of the factories making some of the region's best loved foods on a massive scale including Whitaker's Chocolates and Heck! Sausages.	UNITED KINGDOM	English-100		G	
2020-08-02	1330	<b>Cheese Slices</b>	Cheeses Of Netherlands	The Netherlands is the second largest exporter of cheese in Europe after France, yet it is famous for just two cheeses, Edam and Gouda, and Will is eager to sample them both.	AUSTRALIA	English-100		G	
2020-08-02	1400	<b>Saturday Kitchen</b>	Saturday Kitchen Series 3 Ep 18	Irish television presenter and food writer, Donal Skehan, is in charge of Saturday Kitchen this week and he's got two top chefs to back him up - Brad Carter and Amandine Chaignot.	UNITED KINGDOM	English-100		G	
2020-08-02	1500	<b>Jimmy Shu's Taste of The Territory</b>	Seafood	At one of Darwin's wharfs Jimmy meets self-taught chef Rachael Ciesolka, who shows Jimmy how to cook her signature lemon citrus mud crab dish.	AUSTRALIA	English-100		G	
2020-08-02	1530	<b>Jimmy Shu's Taste of The Territory</b>	Bush Foods	Jimmy heads 500km east of Darwin to the remote Arnhem Land coastal community of Maningrida. He visits Maningrida Wild Foods and goes harvesting with local landowners for various bush foods.	AUSTRALIA	English-100		G	
2020-08-02	1600	<b>The Cook And The Chef</b>	Raspberries And Barramundi	Simon and Maggie stroll back into the kitchen for a new season to dish up a refreshing summer feast. Maggie uses delicious second flush raspberries to adorn a fail proof sponge.	AUSTRALIA	English-100		G	

2020-08-02	1630	<b>The Cook And The Chef</b>	Croc And Honey	To check out the Northern Territory's claim that they produce the best crocodile meat, Simon visits a farm near Darwin and talks to zoologist Adam Britton.	AUSTRALIA	English-100		G	
2020-08-02	1700	<b>The Cook And The Chef</b>	Fish And Crabs	Maggie meets food legend Rick Stein and they discuss the gentle art of cooking fish. Back in the kitchen, Maggie works her magic on an impressive piece of farmed Kingfish.	AUSTRALIA	English-100		G	
2020-08-02	1730	<b>The Chocolate Queen</b>	Chocolate Queen Series 1, The Ep 9	The Chocolate Queen creates indulgent chocolate tacos and puts her spin on an Australian classic with Triple Chocolate Lamingtons.	AUSTRALIA	English-100		G	
2020-08-02	1800	<b>The Chocolate Queen</b>	Chocolate Queen Series 1, The Ep 10	Kirsten makes a simple Microwave Chocolate Sponge and show stopping Chocolate Pops.	AUSTRALIA	English-100		G	
2020-08-02	1830	<b>Loving Gluten Free</b>	Loving Gluten Free Series 1 Ep 9	Buying gluten free bread can be tricky and expensive, so Helen shares a recipe to make your own bread at home - the addition of buckwheat and chia makes it high fibre.	AUSTRALIA	English-99; Greek-1		G	
2020-08-02	1900	<b>Bonacini's Italy</b>	Le Marche	Celebrity chef Michael Bonacini explores classic dishes from the central Italian region, Le Marche.	CANADA	English-100		G	
2020-08-02	1930	<b>Gourmet Farmer Afloat</b>	Earning Their Stripes	The trip is about to get serious as Matthew, Ross, and Nick attempt to sail down the dangerous and isolated south-western coast of Tasmania.	AUSTRALIA	English-100	RPT	G	Y
2020-08-02	2030	<b>John Torode's Australia</b>	John Torode's Australia Series 1 Ep 8	Next stop is Adelaide where John catches up with a Masterchef Australia runner up. He also heads to the coast, looking for his favourite native Australian shellfish - freshwater langoustines.	UNITED KINGDOM	English-100		G	
2020-08-02	2130	<b>Parveen's Indian Kitchen</b>	Parveen's Indian Cooking Series 1 Ep 9	Parveen Ashraf visits an unusual vegetable market in Mumbai that is only for early risers. Back in the UK, she prepares spicy fried okra chips and a mango lassi.	UNITED KINGDOM	English-100		G	
2020-08-02	2230	<b>Destination Flavour</b>	Destination Flavour Series 1 Episode 8	This week, Adam finds premium wagyu beef, Renee meets a Michelin star chef who's set up shop in Port Douglas, and Lily hangs out with Luke Nguyen at the opening of his new restaurant.	AUSTRALIA	English-100	RPT	G	Y
2020-08-02	2300	<b>The Cook And The Chef</b>	Fish And Crabs	Maggie meets food legend Rick Stein and they discuss the gentle art of cooking fish. Back in the kitchen, Maggie works her magic on an impressive piece of farmed Kingfish.	AUSTRALIA	English-100		G	
2020-08-02	2330	<b>The Chocolate Queen</b>	Chocolate Queen Series 1, The Ep 9	The Chocolate Queen creates indulgent chocolate tacos and puts her spin on an Australian classic with Triple Chocolate Lamingtons.	AUSTRALIA	English-100		G	
2020-08-02	2400	<b>The Chocolate Queen</b>	Chocolate Queen Series 1, The Ep 10	Kirsten makes a simple Microwave Chocolate Sponge and show stopping Chocolate Pops.	AUSTRALIA	English-100		G	
2020-08-02	2430	<b>Loving Gluten Free</b>	Loving Gluten Free Series 1 Ep 9	Buying gluten free bread can be tricky and expensive, so Helen shares a recipe to make your own bread at home - the addition of buckwheat and chia makes it high fibre.	AUSTRALIA	English-99; Greek-1		G	
2020-08-02	2500	<b>Bonacini's Italy</b>	Le Marche	Celebrity chef Michael Bonacini explores classic dishes from the central Italian region, Le Marche.	CANADA	English-100		G	
2020-08-02	2530	<b>Gourmet Farmer Afloat</b>	Earning Their Stripes	The trip is about to get serious as Matthew, Ross, and Nick attempt to sail down the dangerous and isolated south-western coast of Tasmania.	AUSTRALIA	English-100	RPT	G	Y
2020-08-02	2630	<b>John Torode's Australia</b>	John Torode's Australia Series 1 Ep 8	Next stop is Adelaide where John catches up with a Masterchef Australia runner up. He also heads to the coast, looking for his favourite native Australian shellfish - freshwater langoustines.	UNITED KINGDOM	English-100		G	
2020-08-02	2730	<b>Parveen's Indian Kitchen</b>	Parveen's Indian Cooking Series 1 Ep 9	Parveen Ashraf visits an unusual vegetable market in Mumbai that is only for early risers. Back in the UK, she prepares spicy fried okra chips and a mango lassi.	UNITED KINGDOM	English-100		G	
2020-08-02	2830	<b>Destination Flavour</b>	Destination Flavour Series 1 Episode 8	This week, Adam finds premium wagyu beef, Renee meets a Michelin star chef who's set up shop in Port Douglas, and Lily hangs out with Luke Nguyen at the opening of his new restaurant.	AUSTRALIA	English-100	RPT	G	Y
2020-08-03	0500	<b>The Cook And The Chef</b>	Fish And Crabs	Maggie meets food legend Rick Stein and they discuss the gentle art of cooking fish. Back in the kitchen, Maggie works her magic on an impressive piece of farmed Kingfish.	AUSTRALIA	English-100		G	

2020-08-03	0530	<b>The Chocolate Queen</b>	Chocolate Queen Series 1, The Ep 9	The Chocolate Queen creates indulgent chocolate tacos and puts her spin on an Australian classic with Triple Chocolate Lamingtons.	AUSTRALIA	English-100		G	
2020-08-03	0600	<b>The Chocolate Queen</b>	Chocolate Queen Series 1, The Ep 10	Kirsten makes a simple Microwave Chocolate Sponge and show stopping Chocolate Pops.	AUSTRALIA	English-100		G	
2020-08-03	0630	<b>Loving Gluten Free</b>	Loving Gluten Free Series 1 Ep 9	Buying gluten free bread can be tricky and expensive, so Helen shares a recipe to make your own bread at home - the addition of buckwheat and chia makes it high fibre.	AUSTRALIA	English-99; Greek-1		G	
2020-08-03	0700	<b>Bonacini's Italy</b>	Le Marche	Celebrity chef Michael Bonacini explores classic dishes from the central Italian region, Le Marche.	CANADA	English-100		G	
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2020-08-03	0830	<b>John Torode's Australia</b>	John Torode's Australia Series 1 Ep 8	Next stop is Adelaide where John catches up with a Masterchef Australia runner up. He also heads to the coast, looking for his favourite native Australian shellfish - freshwater langoustines.	UNITED KINGDOM	English-100		G	
2020-08-03	0930	<b>Parveen's Indian Kitchen</b>	Parveen's Indian Cooking Series 1 Ep 9	Parveen Ashraf visits an unusual vegetable market in Mumbai that is only for early risers. Back in the UK, she prepares spicy fried okra chips and a mango lassi.	UNITED KINGDOM	English-100		G	
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2020-08-03	1100	<b>Jimmy Shu's Taste of The Territory</b>	Seafood	At one of Darwin's wharfs Jimmy meets self-taught chef Rachael Ciesolka, who shows Jimmy how to cook her signature lemon citrus mud crab dish.	AUSTRALIA	English-100		G	
2020-08-03	1130	<b>Jimmy Shu's Taste of The Territory</b>	Bush Foods	Jimmy heads 500km east of Darwin to the remote Arnhem Land coastal community of Maningrida. He visits Maningrida Wild Foods and goes harvesting with local landowners for various bush foods.	AUSTRALIA	English-100		G	
2020-08-03	1200	<b>Bonacini's Italy</b>	Le Marche	Celebrity chef Michael Bonacini explores classic dishes from the central Italian region, Le Marche.	CANADA	English-100		G	
2020-08-03	1230	<b>Gourmet Farmer Afloat</b>	Earning Their Stripes	The trip is about to get serious as Matthew, Ross, and Nick attempt to sail down the dangerous and isolated south-western coast of Tasmania.	AUSTRALIA	English-100	RPT	G	Y
2020-08-03	1330	<b>Mercurio's Menu</b>	Hunter Valley	Paul's first stop in the Hunter Valley is at Binnorie Dairy where he meets cheese maker Simon Gough. Simon happily shows off his array of cheese making equipment and homemade cheeses.	AUSTRALIA	English-100		PG	
2020-08-03	1400	<b>The Urban Vegetarian</b>	Go Green	Desiree Nielsen shows us how to add more plants to your plate with a chocolate avocado smoothie, nori rolls, and sweet potato noodles.	CANADA	English-100		G	
2020-08-03	1430	<b>The Latin Kitchen</b>	Venezuelan Corn Recipes	Venezuelan-born Juan Pablo Gonzalez shows the versatility of corn and prepares sweet and savoury dishes with this traditional ingredient.	CANADA	English-100		G	
2020-08-03	1500	<b>Lyndey Milan's Summer Baking Secrets</b>	Lyndey Milan's Summer Baking Secrets Series 1 Ep 1	Breads, cakes, and muffins are the stars of this show as Lyndey creates both sweet and savoury muffins.	AUSTRALIA	English-100		G	
2020-08-03	1530	<b>Pati's Mexican Table</b>	Mocorito, The Land Of Chilorio	Pati vists Mocorito - a quiet, colourful colonial town founded in 1594, known for one of Sinaloa's most beloved recipes - a slow-simmered pork dish called chilorio.	USA	English-100		PG	
2020-08-03	1600	<b>Cook's Pantry With Matt Sinclair</b>	Cook's Pantry With Matt Sinclair Series 1, The Ep 21	Matt continues the tour of his hometown of Noosa, and serves up chicken sliders.	AUSTRALIA	English-100		PG	
2020-08-03	1630	<b>The Cook And The Chef</b>	Kids In The Kitchen	Rolled sleeves, flour covered fingers and chocolate smeared grins - its winter school holidays and the kids are in the kitchen. Join Maggie as she shares her grandchildren's favourite recipes.	AUSTRALIA	English-100		G	

2020-08-03	1700	<b>The Cook And The Chef</b>	Soup And Rice	Maggie and Simon often start out with the same ingredient and end up in very different places. They're taking different approaches to cooking with rice.	AUSTRALIA	English-100		G	
2020-08-03	1730	<b>Martha Bakes</b>	Breads And Rolls	Martha demonstrates how to bake her favourite styles of bread with alternative flours, including honey-wheat Parker House rolls, wholewheat pita bread, and molasses-oat bread.	USA	English-100		G	
2020-08-03	1800	<b>Ready Steady Cook UK</b>	Ready Steady Cook UK Series 20 Ep 11	Paralympian gold medal swimmer Liz Johnson and BBC disability correspondent Peter White are chasing culinary honours in the red and green kitchens.	UNITED KINGDOM	English-100		PG	
2020-08-03	1900	<b>Delia's How To Cook</b>	Salads	The ubiquitous bag of mixed designer salad leaves is one of the marketing success stories of recent years, but Delia questions both the taste and the texture of this popular convenience product.	UNITED KINGDOM	English-100		G	
2020-08-03	1930	<b>Beautiful Baking With Juliet Sear</b>	Beautiful Baking With Juliet Sear Series 1 Ep 1	Juliet Sear kicks off with a selection of beautifully baked comfort food. There's warm crumble tart - perfect for Sunday lunch, pasta pie, and the ultimate chocolate fudge cake.	UNITED KINGDOM	English-100		G	
2020-08-03	2030	<b>Rick Stein's Long Weekends</b>	Palermo	Rick Stein visits the fascinating city of Palermo in northern Sicily. Like a vibrant carpet, the city is patterned with echoes of Arab, North African, French, Spanish, and Italian influence.	UNITED KINGDOM	English-100		PG	
2020-08-03	2135	<b>Bake With Anna Olson</b>	Flourless Baking	Flourless pies and tarts are gluten-free desserts made without conventional wheat flour. Anna starts with delicious raspberry clafoutis, a classic French dessert that uses ground almonds as a base.	CANADA	English-100		G	
2020-08-03	2200	<b>Come Dine With Me UK</b>	Come Dine With Me UK Series 15 Ep 26	Every week five strangers take it in turns to throw a dinner party. The guests are secretly scoring the host and at the end of the week the top-scoring host wins a cash prize of one thousand pounds.	UNITED KINGDOM	English-100		PG	
2020-08-03	2230	<b>Poh's Kitchen</b>	Chicken With Ragini Dey	In Malaysia recently, Poh was reminded of the depth and complexity of Nyonya culture, and this inspired her to master an old classic, Nyonya chicken curry.	AUSTRALIA	English-100	RPT	G	Y
2020-08-03	2300	<b>The Cook And The Chef</b>	Kids In The Kitchen	Rolled sleeves, flour covered fingers and chocolate smeared grins - its winter school holidays and the kids are in the kitchen. Join Maggie as she shares her grandchildren's favourite recipes.	AUSTRALIA	English-100		G	
2020-08-03	2330	<b>The Cook And The Chef</b>	Soup And Rice	Maggie and Simon often start out with the same ingredient and end up in very different places. They're taking different approaches to cooking with rice.	AUSTRALIA	English-100		G	
2020-08-03	2400	<b>Martha Bakes</b>	Breads And Rolls	Martha demonstrates how to bake her favourite styles of bread with alternative flours, including honey-wheat Parker House rolls, wholewheat pita bread, and molasses-oat bread.	USA	English-100		G	
2020-08-03	2430	<b>Ready Steady Cook UK</b>	Ready Steady Cook UK Series 20 Ep 11	Paralympian gold medal swimmer Liz Johnson and BBC disability correspondent Peter White are chasing culinary honours in the red and green kitchens.	UNITED KINGDOM	English-100		PG	
2020-08-03	2530	<b>Beautiful Baking With Juliet Sear</b>	Beautiful Baking With Juliet Sear Series 1 Ep 1	Juliet Sear kicks off with a selection of beautifully baked comfort food. There's warm crumble tart - perfect for Sunday lunch, pasta pie, and the ultimate chocolate fudge cake.	UNITED KINGDOM	English-100		G	
2020-08-03	2630	<b>Rick Stein's Long Weekends</b>	Palermo	Rick Stein visits the fascinating city of Palermo in northern Sicily. Like a vibrant carpet, the city is patterned with echoes of Arab, North African, French, Spanish, and Italian influence.	UNITED KINGDOM	English-100		PG	
2020-08-03	2735	<b>Delia's How To Cook</b>	Salads	The ubiquitous bag of mixed designer salad leaves is one of the marketing success stories of recent years, but Delia questions both the taste and the texture of this popular convenience product.	UNITED KINGDOM	English-100		G	
2020-08-03	2805	<b>Bake With Anna Olson</b>	Flourless Baking	Flourless pies and tarts are gluten-free desserts made without conventional wheat flour. Anna starts with delicious raspberry clafoutis, a classic French dessert that uses ground almonds as a base.	CANADA	English-100		G	
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2020-08-04	1000	<b>Poh's Kitchen</b>	Chicken With Ragini Dey	In Malaysia recently, Poh was reminded of the depth and complexity of Nyonya culture, and this inspired her to master an old classic, Nyonya chicken curry.	AUSTRALIA	English-100	RPT	G	Y
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2020-08-04	1330	<b>Mercurio's Menu</b>	Shepparton	In Shepparton, Paul collects and cooks with fresh fruit straight from the orchard, organic pheasant, olive oil, local milk produced and marketed under its own label, and local lamb.	AUSTRALIA	English-100		PG	
2020-08-04	1400	<b>The Urban Vegetarian</b>	Quick Eats	Host Desiree Nielsen spiralises zucchini into 'zoodles' to create a balanced, veggie-packed pad thai dish.	CANADA	English-100		G	
2020-08-04	1430	<b>The Latin Kitchen</b>	Venezuela's National Bread	Passionate cook Juan Pablo Gonzalez introduces us to the arepa, a Venezuelan specialty, and shows four different and delicious fillings.	CANADA	English-100		G	
2020-08-04	1500	<b>Lyndey Milan's Summer Baking Secrets</b>	Lyndey Milan's Summer Baking Secrets Series 1 Ep 2	There are not one but two show-stopping cakes in this show. Lyndey begins with an all-occasion 'Naked Cake' that's sure to impress.	AUSTRALIA	English-100		G	
2020-08-04	1530	<b>Pati's Mexican Table</b>	Celestino And Las Barras	Pati meets with a local restaurant owner in Celestino Gasca, and helps her cook one of Sinaloa's most iconic recipes - pescado zarandeado.	USA	English-100		PG	
2020-08-04	1600	<b>Cook's Pantry With Matt Sinclair</b>	Cook's Pantry With Matt Sinclair Series 1, The Ep 22	Matt cooks a cracking mid-week pesto pasta, while Michael visits a Queensland strawberry farm and whips up an exquisite olive oil and pepper stewed strawberry dish.	AUSTRALIA	English-100		G	

2020-08-04	1630	<b>The Cook And The Chef</b>	Winter Menus	Maggie and Simon prepare some of their favourite winter recipes. It's all about comfort food, rich hearty dishes to warm you up on those chilly days.	AUSTRALIA	English-100			G	
2020-08-04	1700	<b>The Cook And The Chef</b>	Oysters And Pastry	For Simon this week's show is all about pastry, while Maggie heads off on another food adventure, hunting for great oysters on SA's Eyre Peninsula.	AUSTRALIA	English-100			G	
2020-08-04	1730	<b>Martha Bakes</b>	Rethinking Cake	Martha gives three traditional cakes a healthy twist - a roulade made with oat flour and fresh berry cream, a chocolate and buckwheat torte, and a zucchini and almond cake.	USA	English-100			G	
2020-08-04	1800	<b>Ready Steady Cook UK</b>	Ready Steady Cook UK Series 20 Ep 12	Holby Blue meets Gavin and Stacey as husband and wife actors James Thornton and Joanna Page go head to head in the kitchen.	UNITED KINGDOM	English-100			PG	
2020-08-04	1900	<b>Delia's How To Cook</b>	Dairy	When Delia started cooking on television almost 30 years ago, virtually the only dairy products on sale were milk, cream, and cheese. Now, the choice on the dairy counter is huge.	UNITED KINGDOM	English-100			G	
2020-08-04	1930	<b>Food Safari Water</b>	Preserved	Maeve explores how preserving fish creates whole new worlds of flavour - in smoked salmon, bottarga, and XO sauce.	AUSTRALIA	English-100	RPT		PG	Y
2020-08-04	2000	<b>Made In Italy With Silvia Colloca</b>	Made In Italy With Silvia Colloca Series 1 Ep 8	Heading south to Castelbottaccio in Molise, Silvia and her mother embark on a quest to find a long lost recipe - pesche di Castelbottaccio (sponge cake peaches).	AUSTRALIA	English-100	RPT		G	Y
2020-08-04	2030	<b>Richo's Bar Snacks</b>	Richo's Bar Snacks Series 1 Ep 14	Richo serves up some of his favourite bar snacks. Quick and easy Seared Scallops with Vietnamese Dressing, flavour packed Steak Tartare and a Gooley Birthday Cake for One that is sure to impress.	AUSTRALIA	English-100			G	
2020-08-04	2100	<b>Luke Nguyen's Street Food Asia</b>	Bangkok, Thailand - Part 2	Luke continues his journey through the backstreets of Bangkok uncovering secret street food eats in a local neighbourhood searching for the best Tom Yum soup.	AUSTRALIA	English-100	RPT		G	Y
2020-08-04	2130	<b>Bake With Anna Olson</b>	Shortbread	Shortbread - an old-fashioned style of cookie that's buttery, rich and crumbly. Anna starts out by preparing a basic vanilla spritz shortbread.	CANADA	English-100			G	
2020-08-04	2200	<b>Come Dine With Me UK</b>	Come Dine With Me UK Series 15 Ep 27	Every week five strangers take it in turns to throw a dinner party. The guests are secretly scoring the host and at the end of the week the top-scoring host wins a cash prize of one thousand pounds.	UNITED KINGDOM	English-100			PG	
2020-08-04	2230	<b>Poh's Kitchen</b>	Franco-Russian With Emmanuel Mollois	Poh welcomes French pastry chef, Emmanuel Mollois, back to her kitchen, where they cook a combination of classic French-Russian cuisine. Looking for inspiration, Poh takes Emmanuel on a shopping trip.	AUSTRALIA	English-100	RPT		G	Y
2020-08-04	2300	<b>The Cook And The Chef</b>	Winter Menus	Maggie and Simon prepare some of their favourite winter recipes. It's all about comfort food, rich hearty dishes to warm you up on those chilly days.	AUSTRALIA	English-100			G	
2020-08-04	2330	<b>The Cook And The Chef</b>	Oysters And Pastry	For Simon this week's show is all about pastry, while Maggie heads off on another food adventure, hunting for great oysters on SA's Eyre Peninsula.	AUSTRALIA	English-100			G	
2020-08-04	2400	<b>Martha Bakes</b>	Rethinking Cake	Martha gives three traditional cakes a healthy twist - a roulade made with oat flour and fresh berry cream, a chocolate and buckwheat torte, and a zucchini and almond cake.	USA	English-100			G	
2020-08-04	2430	<b>Ready Steady Cook UK</b>	Ready Steady Cook UK Series 20 Ep 12	Holby Blue meets Gavin and Stacey as husband and wife actors James Thornton and Joanna Page go head to head in the kitchen.	UNITED KINGDOM	English-100			PG	
2020-08-04	2530	<b>Food Safari Water</b>	Preserved	Maeve explores how preserving fish creates whole new worlds of flavour - in smoked salmon, bottarga, and XO sauce.	AUSTRALIA	English-100	RPT		PG	Y
2020-08-04	2600	<b>Made In Italy With Silvia Colloca</b>	Made In Italy With Silvia Colloca Series 1 Ep 8	Heading south to Castelbottaccio in Molise, Silvia and her mother embark on a quest to find a long lost recipe - pesche di Castelbottaccio (sponge cake peaches).	AUSTRALIA	English-100	RPT		G	Y
2020-08-04	2630	<b>Richo's Bar Snacks</b>	Richo's Bar Snacks Series 1 Ep 14	Richo serves up some of his favourite bar snacks. Quick and easy Seared Scallops with Vietnamese Dressing, flavour packed Steak Tartare and a Gooley Birthday Cake for One that is sure to impress.	AUSTRALIA	English-100			G	

2020-08-04	2700	<b>Luke Nguyen's Street Food Asia</b>	Bangkok, Thailand - Part 2	Luke continues his journey through the backstreets of Bangkok uncovering secret street food eats in a local neighbourhood searching for the best Tom Yum soup.	AUSTRALIA	English-100	RPT	G	Y
2020-08-04	2730	<b>Delia's How To Cook</b>	Dairy	When Delia started cooking on television almost 30 years ago, virtually the only dairy products on sale were milk, cream, and cheese. Now, the choice on the dairy counter is huge.	UNITED KINGDOM	English-100		G	
2020-08-04	2800	<b>Bake With Anna Olson</b>	Shortbread	Shortbread - an old-fashioned style of cookie that's buttery, rich and crumbly. Anna starts out by preparing a basic vanilla spritz shortbread.	CANADA	English-100		G	
2020-08-04	2830	<b>Come Dine With Me UK</b>	Come Dine With Me UK Series 15 Ep 27	Every week five strangers take it in turns to throw a dinner party. The guests are secretly scoring the host and at the end of the week the top-scoring host wins a cash prize of one thousand pounds.	UNITED KINGDOM	English-100		PG	
2020-08-05	0500	<b>Mercurio's Menu</b>	Shepparton	In Shepparton, Paul collects and cooks with fresh fruit straight from the orchard, organic pheasant, olive oil, local milk produced and marketed under its own label, and local lamb.	AUSTRALIA	English-100		PG	
2020-08-05	0530	<b>The Urban Vegetarian</b>	Quick Eats	Host Desiree Nielsen spiralises zucchini into 'zoodles' to create a balanced, veggie-packed pad thai dish.	CANADA	English-100		G	
2020-08-05	0600	<b>The Latin Kitchen</b>	Venezuela's National Bread	Passionate cook Juan Pablo Gonzalez introduces us to the arepa, a Venezuelan specialty, and shows four different and delicious fillings.	CANADA	English-100		G	
2020-08-05	0630	<b>Lyndey Milan's Summer Baking Secrets</b>	Lyndey Milan's Summer Baking Secrets Series 1 Ep 2	There are not one but two show-stopping cakes in this show. Lyndey begins with an all-occasion 'Naked Cake' that's sure to impress.	AUSTRALIA	English-100		G	
2020-08-05	0700	<b>Pati's Mexican Table</b>	Celestino And Las Barras	Pati meets with a local restaurant owner in Celestino Gasca, and helps her cook one of Sinaloa's most iconic recipes - pescado zarandeado.	USA	English-100		PG	
2020-08-05	0730	<b>Cook's Pantry With Matt Sinclair</b>	Cook's Pantry With Matt Sinclair Series 1, The Ep 22	Matt cooks a cracking mid-week pesto pasta, while Michael visits a Queensland strawberry farm and whips up an exquisite olive oil and pepper stewed strawberry dish.	AUSTRALIA	English-100		G	
2020-08-05	0800	<b>Martha Bakes</b>	Rethinking Cake	Martha gives three traditional cakes a healthy twist - a roulade made with oat flour and fresh berry cream, a chocolate and buckwheat torte, and a zucchini and almond cake.	USA	English-100		G	
2020-08-05	0830	<b>Ready Steady Cook UK</b>	Ready Steady Cook UK Series 20 Ep 12	Holby Blue meets Gavin and Stacey as husband and wife actors James Thornton and Joanna Page go head to head in the kitchen.	UNITED KINGDOM	English-100		PG	
2020-08-05	0930	<b>Delia's How To Cook</b>	Dairy	When Delia started cooking on television almost 30 years ago, virtually the only dairy products on sale were milk, cream, and cheese. Now, the choice on the dairy counter is huge.	UNITED KINGDOM	English-100		G	
2020-08-05	1000	<b>Poh's Kitchen</b>	Franco-Russian With Emmanuel Mollois	Poh welcomes French pastry chef, Emmanuel Mollois, back to her kitchen, where they cook a combination of classic French-Russian cuisine. Looking for inspiration, Poh takes Emmanuel on a shopping trip.	AUSTRALIA	English-100	RPT	G	Y
2020-08-05	1030	<b>Food Safari Water</b>	Preserved	Maeve explores how preserving fish creates whole new worlds of flavour - in smoked salmon, bottarga, and XO sauce.	AUSTRALIA	English-100	RPT	PG	Y
2020-08-05	1100	<b>Made In Italy With Silvia Colloca</b>	Made In Italy With Silvia Colloca Series 1 Ep 8	Heading south to Castelbottaccio in Molise, Silvia and her mother embark on a quest to find a long lost recipe - pesche di Castelbottaccio (sponge cake peaches).	AUSTRALIA	English-100	RPT	G	Y
2020-08-05	1130	<b>Richo's Bar Snacks</b>	Richo's Bar Snacks Series 1 Ep 14	Richo serves up some of his favourite bar snacks. Quick and easy Seared Scallops with Vietnamese Dressing, flavour packed Steak Tartare and a Gooley Birthday Cake for One that is sure to impress.	AUSTRALIA	English-100		G	
2020-08-05	1200	<b>Luke Nguyen's Street Food Asia</b>	Bangkok, Thailand - Part 2	Luke continues his journey through the backstreets of Bangkok uncovering secret street food eats in a local neighbourhood searching for the best Tom Yum soup.	AUSTRALIA	English-100	RPT	G	Y
2020-08-05	1230	<b>Bake With Anna Olson</b>	Shortbread	Shortbread - an old-fashioned style of cookie that's buttery, rich and crumbly. Anna starts out by preparing a basic vanilla spritz shortbread.	CANADA	English-100		G	

2020-08-05	1300	<b>Come Dine With Me UK</b>	Come Dine With Me UK Series 15 Ep 27	Every week five strangers take it in turns to throw a dinner party. The guests are secretly scoring the host and at the end of the week the top-scoring host wins a cash prize of one thousand pounds.	UNITED KINGDOM	English-100			PG	
2020-08-05	1330	<b>Mercurio's Menu</b>	Blue Mountains	When it's the right time of the year, the Oberon state pine forest is a fantastic location for picking fresh tasty mushrooms from slippery jacks to saffron milk cups.	AUSTRALIA	English-100			G	
2020-08-05	1400	<b>The Urban Vegetarian</b>	Energy Boost	Food nerd Desiree Nielsen masters a perfectly cooked eggplant topped with a flavourful charmoula and couscous.	CANADA	English-100			G	
2020-08-05	1430	<b>The Latin Kitchen</b>	Plantain Recipes	Plantain has a sweet reputation, but Venezuelan-born host Juan Pablo Gonzalez shows that the banana's cousin also has a savoury side.	CANADA	English-100			G	
2020-08-05	1500	<b>Lyndey Milan's Summer Baking Secrets</b>	Lyndey Milan's Summer Baking Secrets Series 1 Ep 3	They say good things come in small packages, and this show has some sweet little coconut cupcakes created from Lyndey's mother's original recipe.	AUSTRALIA	English-100			G	
2020-08-05	1530	<b>Pati's Mexican Table</b>	Bread Basket, The	Pati visits home cooks and iconic restaurants all over Sinaloa, sampling some of the state's most iconic dishes.	USA	English-100			PG	
2020-08-05	1600	<b>Cook's Pantry With Matt Sinclair</b>	Cook's Pantry With Matt Sinclair Series 1, The Ep 23	Roast vegetables shine as Matt and Michael team up to make a roast pumpkin and ricotta gnudi, while Courtney makes a roast carrot salad with carrot top pesto.	AUSTRALIA	English-100			PG	
2020-08-05	1630	<b>The Cook And The Chef</b>	Tasmanian Fresh	Maggie travels to Tasmania and samples some of the wonderful produce that the Apple Isle has to offer.	AUSTRALIA	English-100			G	
2020-08-05	1700	<b>The Cook And The Chef</b>	Desserts And Tagines	From a Dutch oven to a casserole dish many cultures boast a pot for slow cooking and for the Moroccans it's the cone shaped Tagine. This week Maggie and Simon celebrate the spirit of the Tagine.	AUSTRALIA	English-100			G	
2020-08-05	1730	<b>Martha Bakes</b>	Wholesome Breakfast	Martha shares three healthy breakfast recipes designed to get people eating breakfast every day - Irish-style rye bread, wholewheat popovers, and a speedy date and nut loaf.	USA	English-100			G	
2020-08-05	1800	<b>Ready Steady Cook UK</b>	Ready Steady Cook UK Series 20 Ep 13	Madhu Singh and Suleiman Mirza, better known as comedy dance act Signature bring a little spice to the kitchen, and even Ainsley can't resist a few dance floor moves.	UNITED KINGDOM	English-100			PG	
2020-08-05	1900	<b>Delia's How To Cook</b>	Fruit	Delia reveals the easiest and fastest fruit recipe in the world - Plum Oat Slices - and the best fruit salad she has ever made, in a programme that celebrates fruit in sweet and savoury dishes.	UNITED KINGDOM	English-100			G	
2020-08-05	1930	<b>Indian Food Made Easy</b>	Indian Food Made Easy Series 1 Ep 4	Anjum heads to a firestation in Essex, where she teaches a firefighter how to cook a proper curry for the rest of the team, as well as a tasty eggplant and yoghurt dish.	UNITED KINGDOM	English-100			PG	
2020-08-05	2000	<b>Gourmet Farmer</b>	Gourmet Farmer Series 4 Ep 1	After selling his original Puggle Farm, Matthew Evans moves his family to the much larger Fat Pig Farm, where he has a dream to build a farm to table restaurant in the upper paddock.	AUSTRALIA	English-100	RPT		G	Y
2020-08-05	2030	<b>Peter Kuruvita's Coastal Kitchen</b>	Peter Kuruvita's Coastal Kitchen Series 2 Ep 5	Peter is known throughout the world as a seafood chef and the Margaret River region has provided an exceptional opportunity for him to explore his passion.	AUSTRALIA	English-100	RPT		G	Y
2020-08-05	2100	<b>Donna Hay: Basics To Brilliance Kids</b>	Movie Night	Donna Hay is joined by her little helpers, Jimmy and Sarah, as they get set to host the ultimate backyard movie night. It's packed with healthy change-ups of everyone's favourite cinema snacks.	AUSTRALIA	English-100			G	
2020-08-05	2130	<b>Bake With Anna Olson</b>	Sticky Buns	Sticky buns are a bakery staple, made from yeast dough and baked with sweet, sticky ingredients. Starting with classic cinnamon sticky buns, Anna shares her trade secrets on baking the perfect bun.	CANADA	English-100			G	
2020-08-05	2200	<b>Come Dine With Me UK</b>	Come Dine With Me UK Series 15 Ep 28	Every week five strangers take it in turns to throw a dinner party. The guests are secretly scoring the host and at the end of the week the top-scoring host wins a cash prize of one thousand pounds.	UNITED KINGDOM	English-100			G	
2020-08-05	2230	<b>Poh's Kitchen</b>	Paris With Emmanuel Mollois	This episode is all about taking traditional recipes and creating something new and exciting. Poh creates one of her most beautiful desserts - rhubarb lily tart.	AUSTRALIA	English-100	RPT		G	Y



2020-08-05	2300	<b>The Cook And The Chef</b>	Tasmanian Fresh	Maggie travels to Tasmania and samples some of the wonderful produce that the Apple Isle has to offer.	AUSTRALIA	English-100		G	
2020-08-05	2330	<b>The Cook And The Chef</b>	Desserts And Tagines	From a Dutch oven to a casserole dish many cultures boast a pot for slow cooking and for the Moroccans it's the cone shaped Tagine. This week Maggie and Simon celebrate the spirit of the Tagine.	AUSTRALIA	English-100		G	
2020-08-05	2400	<b>Martha Bakes</b>	Wholesome Breakfast	Martha shares three healthy breakfast recipes designed to get people eating breakfast every day - Irish-style rye bread, wholewheat popovers, and a speedy date and nut loaf.	USA	English-100		G	
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2020-08-05	2600	<b>Gourmet Farmer</b>	Gourmet Farmer Series 4 Ep 1	After selling his original Puggle Farm, Matthew Evans moves his family to the much larger Fat Pig Farm, where he has a dream to build a farm to table restaurant in the upper paddock.	AUSTRALIA	English-100	RPT	G	Y
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2020-08-05	2800	<b>Bake With Anna Olson</b>	Sticky Buns	Sticky buns are a bakery staple, made from yeast dough and baked with sweet, sticky ingredients. Starting with classic cinnamon sticky buns, Anna shares her trade secrets on baking the perfect bun.	CANADA	English-100		G	
2020-08-05	2830	<b>Come Dine With Me UK</b>	Come Dine With Me UK Series 15 Ep 28	Every week five strangers take it in turns to throw a dinner party. The guests are secretly scoring the host and at the end of the week the top-scoring host wins a cash prize of one thousand pounds.	UNITED KINGDOM	English-100		G	
2020-08-06	0500	<b>Mercurio's Menu</b>	Blue Mountains	When it's the right time of the year, the Oberon state pine forest is a fantastic location for picking fresh tasty mushrooms from slippery jacks to saffron milk cups.	AUSTRALIA	English-100		G	
2020-08-06	0530	<b>The Urban Vegetarian</b>	Energy Boost	Food nerd Desiree Nielsen masters a perfectly cooked eggplant topped with a flavourful charmoula and couscous.	CANADA	English-100		G	
2020-08-06	0600	<b>The Latin Kitchen</b>	Plantain Recipes	Plantain has a sweet reputation, but Venezuelan-born host Juan Pablo Gonzalez shows that the banana's cousin also has a savoury side.	CANADA	English-100		G	
2020-08-06	0630	<b>Lyndey Milan's Summer Baking Secrets</b>	Lyndey Milan's Summer Baking Secrets Series 1 Ep 3	They say good things come in small packages, and this show has some sweet little coconut cupcakes created from Lyndey's mother's original recipe.	AUSTRALIA	English-100		G	
2020-08-06	0700	<b>Pati's Mexican Table</b>	Bread Basket, The	Pati visits home cooks and iconic restaurants all over Sinaloa, sampling some of the state's most iconic dishes.	USA	English-100		PG	
2020-08-06	0730	<b>Cook's Pantry With Matt Sinclair</b>	Cook's Pantry With Matt Sinclair Series 1, The Ep 23	Roast vegetables shine as Matt and Michael team up to make a roast pumpkin and ricotta gnudi, while Courtney makes a roast carrot salad with carrot top pesto.	AUSTRALIA	English-100		PG	
2020-08-06	0800	<b>Martha Bakes</b>	Wholesome Breakfast	Martha shares three healthy breakfast recipes designed to get people eating breakfast every day - Irish-style rye bread, wholewheat popovers, and a speedy date and nut loaf.	USA	English-100		G	
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2020-08-06	1030	<b>Indian Food Made Easy</b>	Indian Food Made Easy Series 1 Ep 4	Anjum heads to a firestation in Essex, where she teaches a firefighter how to cook a proper curry for the rest of the team, as well as a tasty eggplant and yoghurt dish.	UNITED KINGDOM	English-100		PG	
2020-08-06	1100	<b>Gourmet Farmer</b>	Gourmet Farmer Series 4 Ep 1	After selling his original Puggle Farm, Matthew Evans moves his family to the much larger Fat Pig Farm, where he has a dream to build a farm to table restaurant in the upper paddock.	AUSTRALIA	English-100	RPT	G	Y
2020-08-06	1130	<b>Peter Kuruvita's Coastal Kitchen</b>	Peter Kuruvita's Coastal Kitchen Series 2 Ep 5	Peter is known throughout the world as a seafood chef and the Margaret River region has provided an exceptional opportunity for him to explore his passion.	AUSTRALIA	English-100	RPT	G	Y
2020-08-06	1200	<b>Donna Hay: Basics To Brilliance Kids</b>	Movie Night	Donna Hay is joined by her little helpers, Jimmy and Sarah, as they get set to host the ultimate backyard movie night. It's packed with healthy change-ups of everyone's favourite cinema snacks.	AUSTRALIA	English-100		G	
2020-08-06	1230	<b>Bake With Anna Olson</b>	Sticky Buns	Sticky buns are a bakery staple, made from yeast dough and baked with sweet, sticky ingredients. Starting with classic cinnamon sticky buns, Anna shares her trade secrets on baking the perfect bun.	CANADA	English-100		G	
2020-08-06	1300	<b>Come Dine With Me UK</b>	Come Dine With Me UK Series 15 Ep 28	Every week five strangers take it in turns to throw a dinner party. The guests are secretly scoring the host and at the end of the week the top-scoring host wins a cash prize of one thousand pounds.	UNITED KINGDOM	English-100		G	
2020-08-06	1330	<b>Mercurio's Menu</b>	Gold Coast	The Gold Coast is an area full of remarkably fresh, delicious produce. Beef straight from the paddocks, fresh seafood, boutique beers, hand-made cheeses, and heirloom vegetables are all on the menu.	AUSTRALIA	English-100		G	
2020-08-06	1400	<b>The Urban Vegetarian</b>	Veggies Galore	Desiree Nielsen shows how beets can make the icing on a delectable cupcake vibrant and delicious.	CANADA	English-100		G	
2020-08-06	1430	<b>The Latin Kitchen</b>	Traditional Venezuelan Recipes	Juan Pablo Gonzalez gives us a taste of Venezuelan home cooking with traditional recipes from a comforting, hearty squash soup to a sweet passion fruit custard.	CANADA	English-100		G	
2020-08-06	1500	<b>Lyndey Milan's Summer Baking Secrets</b>	Lyndey Milan's Summer Baking Secrets Series 1 Ep 4	This episode is seething with baked goods that pack a flavour punch! In the kitchen, Lyndey creates Mexican and Turkish inspired Brunch Tarts, really fresh for summer.	AUSTRALIA	English-100		G	
2020-08-06	1530	<b>Pati's Mexican Table</b>	Home Cooking Sinaloa Style	Known as 'Mexico's Bread Basket,' Sinaloa produces about 40 percent of the meat and produce consumed in all of Mexico. Pati travels the countryside - to farms and fisheries.	USA	English-100		PG	
2020-08-06	1600	<b>Cook's Pantry With Matt Sinclair</b>	Cook's Pantry With Matt Sinclair Series 1, The Ep 24	Matt is back in his home town of Noosa, visiting the local Farmers Market where he cooks up some banana pancakes and shares them with shoppers. Michael dishes up a Mexican-style chopped chicken salad.	AUSTRALIA	English-100		PG	
2020-08-06	1630	<b>The Cook And The Chef</b>	Baking	The classic meat pie gets a glorious make-over after Simon visits a city pie-cart. Back in the kitchen, Maggie surprises him by recalling her three AM trip to the pie-cart, in her younger days.	AUSTRALIA	English-100		G	
2020-08-06	1700	<b>The Cook And The Chef</b>	Quails And Momos	Maggie and Simon demonstrate how a little bird like quail can pack a big punch. Simon's chilli quail is a crispy explosion of flavours, and Maggie uses quince paste.	AUSTRALIA	English-100		G	
2020-08-06	1730	<b>Martha Bakes</b>	Fruit Curds	Fruit has more delicious potential when made into a rich luscious curd. So watch step-by-step how-tos and learn to make three fruit curds.	USA	English-100		G	
2020-08-06	1800	<b>Ready Steady Cook UK</b>	Ready Steady Cook UK Series 20 Ep 14	Actors Charles Dale and Tony Marshall swap their Casualty uniforms for red and green aprons, but who will stitch up the opposition?	UNITED KINGDOM	English-100		PG	
2020-08-06	1900	<b>Delia's How To Cook</b>	Cheese	Delia explains how to store, eat, and cook with cheese, and gives her recommendation for the perfect cheeseboard and a traditional Welsh rarebit.	UNITED KINGDOM	English-100		G	
2020-08-06	1930	<b>Macao Gourmet With Justine Schofield</b>	Macao Gourmet Series 1 Ep 2	Justine visits one of the oldest Chinese Tea Houses in Macao and later is joined by one of Macao's most distinguished Portuguese chefs, Antonio Coelho, to prepare one of his most popular dishes.	AUSTRALIA	English-100		G	

2020-08-06	2000	<b>Nigellissima</b>	Nigellissima Series 1 Ep 4	Nigella shares her culinary talent as she presents delicious Italian-inspired food. First, Nigella reveals a secret passion for one of the tastes of Italy with her dark and deviant liquorice pudding.	UNITED KINGDOM	English-100	RPT	G	Y
2020-08-06	2030	<b>Rachel Khoo: My Swedish Kitchen</b>	Festive Ending, A	Rachel prepares cold crayfish and serves it with warm crayfish soup and a cheese pie. For dessert, she makes a classic Swedish cheese cake, served warm with whipped cream and jam.	UNITED KINGDOM	English-100		PG	
2020-08-06	2100	<b>Gino's Italian Escape: Hidden Italy</b>	Umbria	Gino is in Umbria - known as the green heart of Italy. It's fertile plains provides vegetables, grains, truffles and meat. Home to St Francis of Assisi, it is a region blessed with many pretty towns.	UNITED KINGDOM	English-100		PG	
2020-08-06	2130	<b>Bake With Anna Olson</b>	Biscuits And Scones	Anna begins by showing viewers a fundamental recipe for basic buttermilk biscuits. Next, Anna advances the techniques learned by adding classic ingredients and baking up lemon cranberry scones.	CANADA	English-100		G	
2020-08-06	2200	<b>Come Dine With Me UK</b>	Come Dine With Me UK Series 15 Ep 29	Every week five strangers take it in turns to throw a dinner party. The guests are secretly scoring the host and at the end of the week the top-scoring host wins a cash prize of one thousand pounds.	UNITED KINGDOM	English-100		G	
2020-08-06	2230	<b>Poh's Kitchen</b>	Darwin With Jimmy Shu	Tonight, Poh is in Darwin to meet internationally renowned chef Jimmy Shu. Jimmy guides Poh through a number of dishes which include paw paw salad and Pad Thai.	AUSTRALIA	English-100	RPT	G	Y
2020-08-06	2300	<b>The Cook And The Chef</b>	Baking	The classic meat pie gets a glorious make-over after Simon visits a city pie-cart. Back in the kitchen, Maggie surprises him by recalling her three AM trip to the pie-cart, in her younger days.	AUSTRALIA	English-100		G	
2020-08-06	2330	<b>The Cook And The Chef</b>	Quails And Momos	Maggie and Simon demonstrate how a little bird like quail can pack a big punch. Simon's chilli quail is a crispy explosion of flavours, and Maggie uses quince paste.	AUSTRALIA	English-100		G	
2020-08-06	2400	<b>Martha Bakes</b>	Fruit Curds	Fruit has more delicious potential when made into a rich luscious curd. So watch step-by-step how-tos and learn to make three fruit curds.	USA	English-100		G	
2020-08-06	2430	<b>Ready Steady Cook UK</b>	Ready Steady Cook UK Series 20 Ep 14	Actors Charles Dale and Tony Marshall swap their Casualty uniforms for red and green aprons, but who will stitch up the opposition?	UNITED KINGDOM	English-100		PG	
2020-08-06	2530	<b>Macao Gourmet With Justine Schofield</b>	Macao Gourmet Series 1 Ep 2	Justine visits one of the oldest Chinese Tea Houses in Macao and later is joined by one of Macao's most distinguished Portuguese chefs, Antonio Coelho, to prepare one of his most popular dishes.	AUSTRALIA	English-100		G	
2020-08-06	2600	<b>Nigellissima</b>	Nigellissima Series 1 Ep 4	Nigella shares her culinary talent as she presents delicious Italian-inspired food. First, Nigella reveals a secret passion for one of the tastes of Italy with her dark and deviant liquorice pudding.	UNITED KINGDOM	English-100	RPT	G	Y
2020-08-06	2630	<b>Rachel Khoo: My Swedish Kitchen</b>	Festive Ending, A	Rachel prepares cold crayfish and serves it with warm crayfish soup and a cheese pie. For dessert, she makes a classic Swedish cheese cake, served warm with whipped cream and jam.	UNITED KINGDOM	English-100		PG	
2020-08-06	2700	<b>Gino's Italian Escape: Hidden Italy</b>	Umbria	Gino is in Umbria - known as the green heart of Italy. It's fertile plains provides vegetables, grains, truffles and meat. Home to St Francis of Assisi, it is a region blessed with many pretty towns.	UNITED KINGDOM	English-100		PG	
2020-08-06	2730	<b>Delia's How To Cook</b>	Cheese	Delia explains how to store, eat, and cook with cheese, and gives her recommendation for the perfect cheeseboard and a traditional Welsh rarebit.	UNITED KINGDOM	English-100		G	
2020-08-06	2800	<b>Bake With Anna Olson</b>	Biscuits And Scones	Anna begins by showing viewers a fundamental recipe for basic buttermilk biscuits. Next, Anna advances the techniques learned by adding classic ingredients and baking up lemon cranberry scones.	CANADA	English-100		G	
2020-08-06	2830	<b>Come Dine With Me UK</b>	Come Dine With Me UK Series 15 Ep 29	Every week five strangers take it in turns to throw a dinner party. The guests are secretly scoring the host and at the end of the week the top-scoring host wins a cash prize of one thousand pounds.	UNITED KINGDOM	English-100		G	
2020-08-07	0500	<b>Mercurio's Menu</b>	Gold Coast	The Gold Coast is an area full of remarkably fresh, delicious produce. Beef straight from the paddocks, fresh seafood, boutique beers, hand-made cheeses, and heirloom vegetables are all on the menu.	AUSTRALIA	English-100		G	
2020-08-07	0530	<b>The Urban Vegetarian</b>	Veggies Galore	Desiree Nielsen shows how beets can make the icing on a delectable cupcake vibrant and delicious.	CANADA	English-100		G	

2020-08-07	0600	<b>The Latin Kitchen</b>	Traditional Venezuelan Recipes	Juan Pablo Gonzalez gives us a taste of Venezuelan home cooking with traditional recipes from a comforting, hearty squash soup to a sweet passion fruit custard.	CANADA	English-100		G	
2020-08-07	0630	<b>Lyndey Milan's Summer Baking Secrets</b>	Lyndey Milan's Summer Baking Secrets Series 1 Ep 4	This episode is seething with baked goods that pack a flavour punch! In the kitchen, Lyndey creates Mexican and Turkish inspired Brunch Tarts, really fresh for summer.	AUSTRALIA	English-100		G	
2020-08-07	0700	<b>Pati's Mexican Table</b>	Home Cooking Sinaloa Style	Known as 'Mexico's Bread Basket,' Sinaloa produces about 40 percent of the meat and produce consumed in all of Mexico. Pati travels the countryside - to farms and fisheries.	USA	English-100		PG	
2020-08-07	0730	<b>Cook's Pantry With Matt Sinclair</b>	Cook's Pantry With Matt Sinclair Series 1, The Ep 24	Matt is back in his home town of Noosa, visiting the local Farmers Market where he cooks up some banana pancakes and shares them with shoppers. Michael dishes up a Mexican-style chopped chicken salad.	AUSTRALIA	English-100		PG	
2020-08-07	0800	<b>Martha Bakes</b>	Fruit Curds	Fruit has more delicious potential when made into a rich luscious curd. So watch step-by-step how-tos and learn to make three fruit curds.	USA	English-100		G	
2020-08-07	0830	<b>Ready Steady Cook UK</b>	Ready Steady Cook UK Series 20 Ep 14	Actors Charles Dale and Tony Marshall swap their Casualty uniforms for red and green aprons, but who will stitch up the opposition?	UNITED KINGDOM	English-100		PG	
2020-08-07	0930	<b>Delia's How To Cook</b>	Cheese	Delia explains how to store, eat, and cook with cheese, and gives her recommendation for the perfect cheeseboard and a traditional Welsh rarebit.	UNITED KINGDOM	English-100		G	
2020-08-07	1000	<b>Poh's Kitchen</b>	Darwin With Jimmy Shu	Tonight, Poh is in Darwin to meet internationally renowned chef Jimmy Shu. Jimmy guides Poh through a number of dishes which include paw paw salad and Pad Thai.	AUSTRALIA	English-100	RPT	G	Y
2020-08-07	1030	<b>Macao Gourmet With Justine Schofield</b>	Macao Gourmet Series 1 Ep 2	Justine visits one of the oldest Chinese Tea Houses in Macao and later is joined by one of Macao's most distinguished Portuguese chefs, Antonio Coelho, to prepare one of his most popular dishes.	AUSTRALIA	English-100		G	
2020-08-07	1100	<b>Nigellissima</b>	Nigellissima Series 1 Ep 4	Nigella shares her culinary talent as she presents delicious Italian-inspired food. First, Nigella reveals a secret passion for one of the tastes of Italy with her dark and deviant liquorice pudding.	UNITED KINGDOM	English-100	RPT	G	Y
2020-08-07	1130	<b>Rachel Khoo: My Swedish Kitchen</b>	Festive Ending, A	Rachel prepares cold crayfish and serves it with warm crayfish soup and a cheese pie. For dessert, she makes a classic Swedish cheese cake, served warm with whipped cream and jam.	UNITED KINGDOM	English-100		PG	
2020-08-07	1200	<b>Gino's Italian Escape: Hidden Italy</b>	Umbria	Gino is in Umbria - known as the green heart of Italy. It's fertile plains provides vegetables, grains, truffles and meat. Home to St Francis of Assisi, it is a region blessed with many pretty towns.	UNITED KINGDOM	English-100		PG	
2020-08-07	1230	<b>Bake With Anna Olson</b>	Biscuits And Scones	Anna begins by showing viewers a fundamental recipe for basic buttermilk biscuits. Next, Anna advances the techniques learned by adding classic ingredients and baking up lemon cranberry scones.	CANADA	English-100		G	
2020-08-07	1300	<b>Come Dine With Me UK</b>	Come Dine With Me UK Series 15 Ep 29	Every week five strangers take it in turns to throw a dinner party. The guests are secretly scoring the host and at the end of the week the top-scoring host wins a cash prize of one thousand pounds.	UNITED KINGDOM	English-100		G	
2020-08-07	1330	<b>Mercurio's Menu</b>	Adelaide Hills	Paul visits the the Adelaide Hills which proves to be a perfect location to relax and regenerate. With towns such as Hahndorf and Lobethal comes an abundance of fresh local produce.	AUSTRALIA	English-100		G	
2020-08-07	1400	<b>The Urban Vegetarian</b>	Fun And Simple	Foodie Desiree Nielsen gives life to spotty bananas, transforming it into melt-in-your-mouth bread.	CANADA	English-100		G	
2020-08-07	1430	<b>The Latin Kitchen</b>	Dinner, Venezuelan Style	Host Juan Pablo Gonzalez shows us how to impress dinner guests with a mouth-watering Venezuelan four-course meal.	CANADA	English-100		G	
2020-08-07	1500	<b>Lyndey Milan's Summer Baking Secrets</b>	Lyndey Milan's Summer Baking Secrets Series 1 Ep 5	Prawns are a perennial summer favourite and Lyndey bakes them in their own little parcels in this episode. There is also a colourful roasted summer tomato tart.	AUSTRALIA	English-100		G	
2020-08-07	1530	<b>Pati's Mexican Table</b>	How Do You Say Tucson?	Pati travels north of the border to Tucson, Arizona, a city that claims to have the best 23 miles of Mexican food anywhere in the world.	USA	English-100		PG	
2020-08-07	1600	<b>Cook's Pantry With Matt Sinclair</b>	Cook's Pantry With Matt Sinclair Series 1, The Ep 25	Matts serves a king prawn nasi goreng - inspired from his travels in Indonesia, while Courtney shares her recipe for a simple but tasty chicken noodle soup.	AUSTRALIA	English-100		PG	

2020-08-07	1630	<b>The Cook And The Chef</b>	Truffles	With a truffle from WA, Simon and Maggie Beer use a sophisticated ingredient in the simplest of ways - on scrambled eggs, pasta, boiled potatoes and, amazingly, on salt and vinegar chips.	AUSTRALIA	English-100			G	
2020-08-07	1700	<b>The Cook And The Chef</b>	Cattle Drive	Beef is on the menu this week as Maggie dons her boots and oilskin and travels to the far north of South Australia to experience an Outback Cattle Drive.	AUSTRALIA	English-100			G	
2020-08-07	1730	<b>Martha Bakes</b>	Homemade Doughnuts	Make the fryer your friend and delve into the depths of the donut to master crave-worthy classics like the jelly-filled doughnut, apple fritter, and sugary beignet.	USA	English-100			G	
2020-08-07	1800	<b>Ready Steady Cook UK</b>	Ready Steady Cook UK Series 20 Ep 15	Comic actors Jan Ravens and Phil Cornwell battle it out to see who can make the best impression on our studio audience in the red and green kitchens.	UNITED KINGDOM	English-100			PG	
2020-08-07	1900	<b>Delia's How To Cook</b>	Chocolate	Surely a food from heaven, chocolate tastes divine and even mimics the sensation of being in love. No wonder everyone adores it.	UNITED KINGDOM	English-100			G	
2020-08-07	1930	<b>Hairy Biker's Mississippi Adventure</b>	Soul	Everyone knows how much the Hairy Biker's love food, but their other passion is music, and there's no better place to indulge both than the Deep South of the USA.	UNITED KINGDOM	English-100			G	
2020-08-07	2030	<b>Rick Stein's Far Eastern Odyssey</b>	Cambodia And Vietnam	One of Britain's most revered chefs, Rick Stein sets off on an epic culinary journey to explore the Far East's most diverse food cultures.	UNITED KINGDOM	English-100	RPT		PG	Y
2020-08-07	2135	<b>Bake With Anna Olson</b>	Fruit Pies	Anna starts the lesson with a standard double crust pie dough, with pastry on top and bottom, and makes a classic 'blue ribbon' apple pie. Next she bakes a more complex old-fashioned fruit mince pie.	CANADA	English-100			G	
2020-08-07	2200	<b>Come Dine With Me UK</b>	Come Dine With Me UK Series 15 Ep 30	Every week five strangers take it in turns to throw a dinner party. The guests are secretly scoring the host and at the end of the week the top-scoring host wins a cash prize of one thousand pounds.	UNITED KINGDOM	English-100			PG	
2020-08-07	2230	<b>Poh's Kitchen</b>	Gnocchi With Andre Ursini	Poh has invited Andre Ursini into the kitchen. Like Poh, reconnecting with her Malaysian background through food, so too has Andre with his Italian heritage.	AUSTRALIA	English-100	RPT		G	Y
2020-08-07	2300	<b>The Cook And The Chef</b>	Truffles	With a truffle from WA, Simon and Maggie Beer use a sophisticated ingredient in the simplest of ways - on scrambled eggs, pasta, boiled potatoes and, amazingly, on salt and vinegar chips.	AUSTRALIA	English-100			G	
2020-08-07	2330	<b>The Cook And The Chef</b>	Cattle Drive	Beef is on the menu this week as Maggie dons her boots and oilskin and travels to the far north of South Australia to experience an Outback Cattle Drive.	AUSTRALIA	English-100			G	
2020-08-07	2400	<b>Martha Bakes</b>	Homemade Doughnuts	Make the fryer your friend and delve into the depths of the donut to master crave-worthy classics like the jelly-filled doughnut, apple fritter, and sugary beignet.	USA	English-100			G	
2020-08-07	2430	<b>Ready Steady Cook UK</b>	Ready Steady Cook UK Series 20 Ep 15	Comic actors Jan Ravens and Phil Cornwell battle it out to see who can make the best impression on our studio audience in the red and green kitchens.	UNITED KINGDOM	English-100			PG	
2020-08-07	2530	<b>Hairy Biker's Mississippi Adventure</b>	Soul	Everyone knows how much the Hairy Biker's love food, but their other passion is music, and there's no better place to indulge both than the Deep South of the USA.	UNITED KINGDOM	English-100			G	
2020-08-07	2630	<b>Rick Stein's Far Eastern Odyssey</b>	Cambodia And Vietnam	One of Britain's most revered chefs, Rick Stein sets off on an epic culinary journey to explore the Far East's most diverse food cultures.	UNITED KINGDOM	English-100	RPT		PG	Y
2020-08-07	2735	<b>Delia's How To Cook</b>	Chocolate	Surely a food from heaven, chocolate tastes divine and even mimics the sensation of being in love. No wonder everyone adores it.	UNITED KINGDOM	English-100			G	
2020-08-07	2805	<b>Bake With Anna Olson</b>	Fruit Pies	Anna starts the lesson with a standard double crust pie dough, with pastry on top and bottom, and makes a classic 'blue ribbon' apple pie. Next she bakes a more complex old-fashioned fruit mince pie.	CANADA	English-100			G	
2020-08-07	2830	<b>Come Dine With Me UK</b>	Come Dine With Me UK Series 15 Ep 30	Every week five strangers take it in turns to throw a dinner party. The guests are secretly scoring the host and at the end of the week the top-scoring host wins a cash prize of one thousand pounds.	UNITED KINGDOM	English-100			PG	

2020-08-08	0500	<b>Mercurio's Menu</b>	Adelaide Hills	Paul visits the the Adelaide Hills which proves to be a perfect location to relax and regenerate. With towns such as Hahndorf and Lobethal comes an abundance of fresh local produce.	AUSTRALIA	English-100		G	
2020-08-08	0530	<b>The Urban Vegetarian</b>	Fun And Simple	Foodie Desiree Nielsen gives life to spotty bananas, transforming it into melt-in-your-mouth bread.	CANADA	English-100		G	
2020-08-08	0600	<b>The Latin Kitchen</b>	Dinner, Venezuelan Style	Host Juan Pablo Gonzalez shows us how to impress dinner guests with a mouth-watering Venezuelan four-course meal.	CANADA	English-100		G	
2020-08-08	0630	<b>Lyndey Milan's Summer Baking Secrets</b>	Lyndey Milan's Summer Baking Secrets Series 1 Ep 5	Prawns are a perennial summer favourite and Lyndey bakes them in their own little parcels in this episode. There is also a colourful roasted summer tomato tart.	AUSTRALIA	English-100		G	
2020-08-08	0700	<b>Pati's Mexican Table</b>	How Do You Say Tucson?	Pati travels north of the border to Tucson, Arizona, a city that claims to have the best 23 miles of Mexican food anywhere in the world.	USA	English-100		PG	
2020-08-08	0730	<b>Cook's Pantry With Matt Sinclair</b>	Cook's Pantry With Matt Sinclair Series 1, The Ep 25	Matts serves a king prawn nasi goreng - inspired from his travels in Indonesia, while Courtney shares her recipe for a simple but tasty chicken noodle soup.	AUSTRALIA	English-100		PG	
2020-08-08	0800	<b>Martha Bakes</b>	Homemade Doughnuts	Make the fryer your friend and delve into the depths of the donut to master crave-worthy classics like the jelly-filled doughnut, apple fritter, and sugary beignet.	USA	English-100		G	
2020-08-08	0830	<b>Ready Steady Cook UK</b>	Ready Steady Cook UK Series 20 Ep 15	Comic actors Jan Ravens and Phil Cornwell battle it out to see who can make the best impression on our studio audience in the red and green kitchens.	UNITED KINGDOM	English-100		PG	
2020-08-08	0930	<b>Delia's How To Cook</b>	Chocolate	Surely a food from heaven, chocolate tastes divine and even mimics the sensation of being in love. No wonder everyone adores it.	UNITED KINGDOM	English-100		G	
2020-08-08	1000	<b>Poh's Kitchen</b>	Gnocchi With Andre Ursini	Poh has invited Andre Ursini into the kitchen. Like Poh, reconnecting with her Malaysian background through food, so too has Andre with his Italian heritage.	AUSTRALIA	English-100	RPT	G	Y
2020-08-08	1030	<b>Hairy Biker's Mississippi Adventure</b>	Soul	Everyone knows how much the Hairy Biker's love food, but their other passion is music, and there's no better place to indulge both than the Deep South of the USA.	UNITED KINGDOM	English-100		G	
2020-08-08	1130	<b>Rick Stein's Far Eastern Odyssey</b>	Cambodia And Vietnam	One of Britain's most revered chefs, Rick Stein sets off on an epic culinary journey to explore the Far East's most diverse food cultures.	UNITED KINGDOM	English-100	RPT	PG	Y
2020-08-08	1235	<b>Bake With Anna Olson</b>	Fruit Pies	Anna starts the lesson with a standard double crust pie dough, with pastry on top and bottom, and makes a classic 'blue ribbon' apple pie. Next she bakes a more complex old-fashioned fruit mince pie.	CANADA	English-100		G	
2020-08-08	1300	<b>Come Dine With Me UK</b>	Come Dine With Me UK Series 15 Ep 30	Every week five strangers take it in turns to throw a dinner party. The guests are secretly scoring the host and at the end of the week the top-scoring host wins a cash prize of one thousand pounds.	UNITED KINGDOM	English-100		PG	
2020-08-08	1330	<b>The Chocolate Queen</b>	Chocolate Queen Series 1, The Ep 13	Choux pastry buns coated in chocolate and sandwiched with chocolate cream, this isn't your average burger; it's a Chocolate Queen special.	AUSTRALIA	English-100		G	
2020-08-08	1400	<b>Saturday Kitchen</b>	Saturday Kitchen Series 3 Ep 19	English celebrity chef and restaurateur, Rick Stein, takes charge of the Saturday Kitchen hobs this week, with help from two top chef - Bryn Williams and Katie Melua.	UNITED KINGDOM	English-100		PG	
2020-08-08	1500	<b>Jimmy Shu's Taste of The Territory</b>	Street Food	Jimmy tastes some of Darwin's most popular street food from the stalls of the Parap Saturday market.	AUSTRALIA	English-100		G	
2020-08-08	1530	<b>Jimmy Shu's Taste of The Territory</b>	Paddock To Plate	Jimmy visits the breathtaking landscapes of Kakadu to find out about Top End bush foods that Aboriginal people have been eating for thousands of years.	AUSTRALIA	English-100		G	
2020-08-08	1600	<b>The Cook And The Chef</b>	Mangoes And Cheese	Maggie and Simon dish up a bit of mango madness with two tropically inspired dishes that showcase the unique flavours of green, unripe mangoes.	AUSTRALIA	English-100		G	

2020-08-08	1630	<b>The Cook And The Chef</b>	Herbs And Pearls	Maggie loves her herbs and couldn't pass up the opportunity to visit Rob Foster who grows baby, or micro, herbs which are 'early' versions of greens or herbs that are intensely flavoured.	AUSTRALIA	English-100		G	
2020-08-08	1700	<b>The Cook And The Chef</b>	Jackfruit And Goat	After trying a Jack fruit curry on a recent trip to Darwin, Simon was inspired to use this remarkable fruit in a biryani, an exquisite combination of rice, jackfruit, herbs, and spices.	AUSTRALIA	English-100		G	
2020-08-08	1730	<b>Flintoff's Great British Road Trip</b>	Flintoff's Great British Road Trip Series 2 Ep 2	While in East Anglia, Freddie and Rob try to impress a Michelin-star fish and chip maestro and later attempt a high-speed water ski trial.	UNITED KINGDOM	English-100		PG	
2020-08-08	1830	<b>Made In Britain</b>	Made In Britain Series 1 Ep 2	Steeped in history and tradition, Lord Prescott visits the Wensleydale Creamery in Hawes. The creamery makes over 4000 tons of cheese a year and is nationally renowned for its Yorkshire Wensleydale.	UNITED KINGDOM	English-100		PG	
2020-08-08	1930	<b>Cheese Slices</b>	Champion Of English Cheese, The	Will visits influential cheese retailer Neal's Yard Dairy in London, where cheese champion Randolph Hodgson explains how English traditional farmhouse country cheese was saved from extinction.	AUSTRALIA	English-100		G	
2020-08-08	2000	<b>Cheese Slices</b>	Twins Of The Mediterranean: Corsica And Sardinia	Despite being close neighbours, these two large islands in the Mediterranean have distinctly different cheese traditions.	AUSTRALIA	English-100		G	
2020-08-08	2030	<b>Rhodes Across Italy</b>	Le Marche	Gary Rhodes is in the unspoilt coastal region of Le Marche admist his grand culinary tour of Italy. He cooks regional specialities - chickpea soup with almond pesto, and wild boar with juniper.	UNITED KINGDOM	English-100		PG	
2020-08-08	2130	<b>The Hairy Bikers' Food Tour Of Britain</b>	Shropshire	In Shropshire, Si and Dave visit Shrewsbury, where they collect game from a pheasant shoot and pick hedgerow berries. Then they go head to head with a local chef in a cook-off.	UNITED KINGDOM	English-100	RPT	G	
2020-08-08	2230	<b>Destination Flavour</b>	Destination Flavour Series 1 Episode 9	This week Lily tracks down the best food in Queensland's Darling Downs, Adam pairs a magnificent duck dish with a classic Tasmanian pinot, and Renee finds Australia's best butter.	AUSTRALIA	English-100	RPT	G	Y
2020-08-08	2300	<b>Jimmy Shu's Taste of The Territory</b>	Paddock To Plate	Jimmy visits the breathtaking landscapes of Kakadu to find out about Top End bush foods that Aboriginal people have been eating for thousands of years.	AUSTRALIA	English-100		G	
2020-08-08	2330	<b>Flintoff's Great British Road Trip</b>	Flintoff's Great British Road Trip Series 2 Ep 2	While in East Anglia, Freddie and Rob try to impress a Michelin-star fish and chip maestro and later attempt a high-speed water ski trial.	UNITED KINGDOM	English-100		PG	
2020-08-08	2430	<b>Made In Britain</b>	Made In Britain Series 1 Ep 2	Steeped in history and tradition, Lord Prescott visits the Wensleydale Creamery in Hawes. The creamery makes over 4000 tons of cheese a year and is nationally renowned for its Yorkshire Wensleydale.	UNITED KINGDOM	English-100		PG	
2020-08-08	2530	<b>Cheese Slices</b>	Champion Of English Cheese, The	Will visits influential cheese retailer Neal's Yard Dairy in London, where cheese champion Randolph Hodgson explains how English traditional farmhouse country cheese was saved from extinction.	AUSTRALIA	English-100		G	
2020-08-08	2600	<b>Cheese Slices</b>	Twins Of The Mediterranean: Corsica And Sardinia	Despite being close neighbours, these two large islands in the Mediterranean have distinctly different cheese traditions.	AUSTRALIA	English-100		G	
2020-08-08	2630	<b>Rhodes Across Italy</b>	Le Marche	Gary Rhodes is in the unspoilt coastal region of Le Marche admist his grand culinary tour of Italy. He cooks regional specialities - chickpea soup with almond pesto, and wild boar with juniper.	UNITED KINGDOM	English-100		PG	
2020-08-08	2730	<b>The Hairy Bikers' Food Tour Of Britain</b>	Shropshire	In Shropshire, Si and Dave visit Shrewsbury, where they collect game from a pheasant shoot and pick hedgerow berries. Then they go head to head with a local chef in a cook-off.	UNITED KINGDOM	English-100	RPT	G	
2020-08-08	2830	<b>Destination Flavour</b>	Destination Flavour Series 1 Episode 9	This week Lily tracks down the best food in Queensland's Darling Downs, Adam pairs a magnificent duck dish with a classic Tasmanian pinot, and Renee finds Australia's best butter.	AUSTRALIA	English-100	RPT	G	Y