



**WEEK 49: Sunday, 3 December - Saturday, 9 December, 2017 ALL MARKETS**

Date	Start Time	Title	Episode Title	Digital Epg Synopsis	Country of Origin	Language	Classification	Closed Captions	Subtitles
2017-12-03	0500	<b>Cooks Vs. Cons</b>	Lotta Frittata, A	The frittata challenge isn't all it's cracked up to be, as contestants' creamy egg cakes must mingle with zesty surprise ingredient olives.	USA	English-100	PG		
2017-12-03	0555	<b>Shane Delia's Spice Journey Bitesize</b>	Shane Delia's Spice Journey - Turkey S1 Bitesize Ep 7	Some of the best moments so far from Shane Delia's culinary and cultural journey through the wondrous nation of Turkey. #SpiceJourney	AUSTRALIA	English-100	G	Y	Y
2017-12-03	0600	<b>Kids Baking Championship</b>	Bake Sale	(S.1,Ep.1) Bake Sale - Hosts and judges Duff Goldman and Valerie Bertinelli lead eight talented young bakers through a series of challenges as they compete for a grand prize of \$10,000. #FoodNetworkAU	USA	English-100	G		
2017-12-03	0655	<b>Duff Goldman In Australia</b>	Duff Goldman In Australia	Food Network's favourite cake decorator, Duff Goldman, came to Australia for the ultimate decorating challenge. With junior fans to assist, Duff decorates a giant cake in the shape of Australia.	AUSTRALIA	English-100	G		
2017-12-03	0700	<b>Kids Baking Championship</b>	Dessert Imposters	(S1,Ep.2) Dessert Imposters - The kids are asked to create dessert imposters - a sweet treat masquerading as a savoury item. Will they be able to make sweets that look like tacos? #FoodNetworkAU	USA	English-100	G		
2017-12-03	0755	<b>Peter Kuruvita's Mexican Fiesta Bitesize</b>	Mexican Fiesta With Peter Kuruvita S1 Bitesize Ep 2	All your favourite moments so far from chef Peter Kuruvita's culinary and cultural journey through vibrant and colourful Mexico. #MexicanFiestaSBS	AUSTRALIA	English-95; Spanish-5	G	Y	
2017-12-03	0800	<b>Kids Baking Championship</b>	Stuffed Puffs	(S.1,Ep.3) Stuffed Puffs - The kids must make two dozen puff pastries. While hard at work creating the dough and fillings for their stuffed puffs, the hosts announce a savoury twist. #FoodNetworkAU	USA	English-100	G		
2017-12-03	0855	<b>Destination Flavour Down Under Bitesize</b>	Destination Flavour Down Under Series 1 Bitesize Ep 9	Some of your favourite moments and recipes from Adam Liaw's culinary and cultural journey through Australia and New Zealand.	AUSTRALIA	English-100	G	Y	
2017-12-03	0900	<b>Mystery Diners</b>	Cheese-Burglar	When the owners of Cheeseburger Baby in Miami, Florida, notice a discrepancy in their register, they suspect an ex-convict employee is stealing from them.	USA	English-100	PG		Y
2017-12-03	0930	<b>Mystery Diners</b>	Party Monster	Mystery Diners go undercover to discover why George's has a dramatic loss in revenue - and find that the staff are taking the 'have fun' policy to the next level.	USA	English-100	PG		Y
2017-12-03	1000	<b>Bon Appetit! Gerard Depardieu's Europe</b>	Northern Italy	In Petroio, Gerard meets Franco Bardi, the producer of one of the finest olive oils in the world. He enjoys ham in Parma, and tries to cook some raviolis in Piedmont.	FRANCE	French-100	PG	Y	Y
2017-12-03	1100	<b>Bon Appetit! Gerard Depardieu's Europe</b>	Catalonia	Gerard loves the Catalans. He discovers Prat chicken, snails, eels, and beautiful rice fields in the Ebro Delta. In a tapas bar in Barcelona, he meets the filmmaker Isabel Coixet.	FRANCE	French-100	PG	Y	Y
2017-12-03	1200	<b>My Family Feast</b>	Burmese	Chef Sean Connolly visits a close-knit community of Burmese Kachin immigrants to witness a traditional ceremony and take part in the feast that follows.	AUSTRALIA	English-100		Y	Y
2017-12-03	1230	<b>My Family Feast</b>	Indian	Award-winning chef Sean Connolly continues with this celebration of food, family and stories of life. Today, Sean is invited to the wedding of a Bengali bride and her Punjabi groom.	AUSTRALIA	English-100		Y	Y
2017-12-03	1300	<b>Follow Donal To Europe: Lisbon</b>	Lisbon, Portugal	(S.1,Ep.7) Far from Europe's culinary capitals, food writer and host Donal Skehan meets up with foodies across the continent to uncover its incredible underground food scenes. #FoodNetworkAU	UNITED KINGDOM	English-100	G		Y
2017-12-03	1330	<b>Follow Donal To Europe: Istria</b>	Istria, Croatia	(S.1,Ep.8) Far from Europe's culinary capitals, food writer and host Donal Skehan meets up with foodies across the continent to uncover its incredible underground food scenes. #FoodNetworkAU	UNITED KINGDOM	English-100	G		Y
2017-12-03	1400	<b>Mystery Diners Specials</b>	Family Feuds	(S.1 Ep.3) Mystery Diners counts down the series' all-time favourite family feuds. From dishonest siblings to thieving spouses, these dysfunctional families are caught on tape. #FoodNetworkAU	USA	English-100	PG		Y

2017-12-03	1430	<b>Mystery Diners</b>	Cheese-Burglar	When the owners of Cheeseburger Baby in Miami, Florida, notice a discrepancy in their register, they suspect an ex-convict employee is stealing from them.	USA	English-100	PG			Y
2017-12-03	1500	<b>Mystery Diners</b>	Party Monster	Mystery Diners go undercover to discover why George's has a dramatic loss in revenue - and find that the staff are taking the 'have fun' policy to the next level.	USA	English-100	PG			Y
2017-12-03	1530	<b>Kids Bbq Championship</b>	State Fair	Step right up to see the final five kid chefs grilling their blue-ribbon-worthy foods in two barbecue rounds! The first challenge dares the kids to make on-the-go fair food.	USA	English-100	G			
2017-12-03	1620	<b>Kids Bbq Championship</b>	Cowboy Campfire	There's nothing small about this cowboy campfire competition - from big hearty breakfasts to giant steaks the size of your head, the kids are challenged with creating meals worthy of a starving cowboy	USA	English-100	G			
2017-12-03	1710	<b>Kids Bbq Championship</b>	Big Smoke, The	In this final episode, the kids will enter the barbecue arena but only one will emerge victorious. A real-deal pitmaster event is in full swing as the final 3 kid-cooks battle one last time.	USA	English-100	G			
2017-12-03	1800	<b>Mystery Diners Specials</b>	Family Feuds	(S.1 Ep.3) Mystery Diners counts down the series' all-time favourite family feuds. From dishonest siblings to thieving spouses, these dysfunctional families are caught on tape. #FoodNetworkAU	USA	English-100	PG			Y
2017-12-03	1830	<b>Worst Cooks In America</b>	Live And Let Dough	For this Skill Drill Challenge, the celebrities execute a simple recipe that's missing some key words. Then the remaining recruits cook complicated pasta dishes for special guests.	USA	English-100	PG			
2017-12-03	1925	<b>Small Business Secrets Bitesize</b>	Lemon Myrtle	Find out how a retired police officer launched a successful business that is now flying high with Qantas	AUSTRALIA	English-100	NC			
2017-12-03	1930	<b>Miguel's Tropical Kitchen</b>	Miguel's Tropical Kitchen Series 1 Ep 4	Miguel puts on a show at the Cairns Races, dazzling the ladies with his Fruit Skewers Bombe Alaska, and then it's back to the pool for home made Prawn Ravioli that's simply to die for.	AUSTRALIA	English-100	PG			
2017-12-03	2000	<b>Drive Thru Australia</b>	Geelong And The Great Ocean Road	Geelong's city waterfront is a popular attraction with historic swimming baths, an antique carousel, restaurants and cafes.	AUSTRALIA	English-100	PG			
2017-12-03	2030	<b>Mystery Diners</b>	Catch Of The Day	Garcia's Seafood Grille and Fish Market's unusually low haul in crab claws calls in the Mystery Diners to find out where the seafood is going missing.	USA	English-100	PG			Y
2017-12-03	2100	<b>Mystery Diners</b>	No Laughing Matter	The owner of a seafood joint in New Orleans is concerned that his manager is more focused on his amateur comedy career than managing a restaurant.	USA	English-100	PG			Y
2017-12-03	2130	<b>Anthony Bourdain: No Reservations</b>	Issues Special	This final episode is a quirky, tongue-in-cheek take on classic television holiday shows. Tony and his pal, Michael Ruhlman, plan a huge potluck holiday dinner.	USA	English-100	PG			
2017-12-03	2225	<b>Destination Flavour - Japan Bitesize</b>	Destination Flavour - Japan Series 1 Bitesize Ep 9	Your favourite moments from Adam Liaw's journey throughout Japan, from its frozen north, through the cherry-blossomed mainland, and down to the tropical sun-soaked southern islands.	AUSTRALIA	English-100	G	Y		Y
2017-12-03	2230	<b>Bon Appetit! Gerard Depardieu's Europe</b>	Northern Italy	In Petroio, Gerard meets Franco Bardi, the producer of one of the finest olive oils in the world. He enjoys ham in Parma, and tries to cook some raviolis in Piedmont.	FRANCE	French-100	PG	Y		Y
2017-12-03	2330	<b>Bon Appetit! Gerard Depardieu's Europe</b>	Catalonia	Gerard loves the Catalans. He discovers Prat chicken, snails, eels, and beautiful rice fields in the Ebro Delta. In a tapas bar in Barcelona, he meets the filmmaker Isabel Coixet.	FRANCE	French-100	PG	Y		Y
2017-12-03	2430	<b>Kids Bbq Championship</b>	State Fair	Step right up to see the final five kid chefs grilling their blue-ribbon-worthy foods in two barbecue rounds! The first challenge dares the kids to make on-the-go fair food.	USA	English-100	G			
2017-12-03	2525	<b>Luke Nguyen's France Bitesize</b>	Luke Nguyen's France Series 1 Bitesize Ep 4	Some of the best moments from Luke Nguyen's culinary journey around France, including the country's breathtaking scenery and famous cuisine. #LukeNguyensFrance	AUSTRALIA	English-70; French-30	G	Y		Y
2017-12-03	2530	<b>Kids Bbq Championship</b>	Cowboy Campfire	There's nothing small about this cowboy campfire competition - from big hearty breakfasts to giant steaks the size of your head, the kids are challenged with creating meals worthy of a starving cowboy	USA	English-100	G			
2017-12-03	2625	<b>Lyndey Milan's Taste Of Australia</b>	South Australia, Part 1 Of 2	Join TV personality Lyndey Milan as she unearths the characters, places, pastures and heroes - the thriving backbone of a thriving Australian culinary culture - and delivers a real Taste of Australia.	AUSTRALIA	English-100	G			
2017-12-03	2630	<b>Kids Bbq Championship</b>	Big Smoke, The	In this final episode, the kids will enter the barbecue arena but only one will emerge victorious. A real-deal pitmaster event is in full swing as the final 3 kid-cooks battle one last time.	USA	English-100	G			

2017-12-03	2725	<b>Shane Delia's Spice Journey Bitesize</b>	Shane Delia's Spice Journey - Turkey S1 Bitesize Ep 8	Some of the best moments so far from Shane Delia's culinary and cultural journey through the wondrous nation of Turkey. #SpiceJourney	AUSTRALIA	English-100	G	Y	Y
2017-12-03	2730	<b>Worst Cooks In America</b>	Live And Let Dough	For this Skill Drill Challenge, the celebrities execute a simple recipe that's missing some key words. Then the remaining recruits cook complicated pasta dishes for special guests.	USA	English-100	PG		
2017-12-03	2825	<b>Small Business Secrets Bitesize</b>	Lemon Myrtle	Find out how a retired police officer launched a successful business that is now flying high with Qantas	AUSTRALIA	English-100	NC		
2017-12-03	2830	<b>Miguel's Tropical Kitchen</b>	Miguel's Tropical Kitchen Series 1 Ep 4	Miguel puts on a show at the Cairns Races, dazzling the ladies with his Fruit Skewers Bombe Alaska, and then it's back to the pool for home made Prawn Ravioli that's simply to die for.	AUSTRALIA	English-100	PG		
2017-12-04	0500	<b>Drive Thru Australia</b>	Geelong And The Great Ocean Road	Geelong's city waterfront is a popular attraction with historic swimming baths, an antique carousel, restaurants and cafes.	AUSTRALIA	English-100	PG		
2017-12-04	0530	<b>Mystery Diners</b>	Catch Of The Day	Garcia's Seafood Grille and Fish Market's unusually low haul in crab claws calls in the Mystery Diners to find out where the seafood is going missing.	USA	English-100	PG		Y
2017-12-04	0600	<b>Mystery Diners</b>	No Laughing Matter	The owner of a seafood joint in New Orleans is concerned that his manager is more focused on his amateur comedy career than managing a restaurant.	USA	English-100	PG		Y
2017-12-04	0630	<b>Anthony Bourdain: No Reservations</b>	Issues Special	This final episode is a quirky, tongue-in-cheek take on classic television holiday shows. Tony and his pal, Michael Ruhlman, plan a huge potluck holiday dinner.	USA	English-100	PG		
2017-12-04	0725	<b>Destination Flavour - Japan Bitesize</b>	Destination Flavour - Japan Series 1 Bitesize Ep 9	Your favourite moments from Adam Liaw's journey throughout Japan, from its frozen north, through the cherry-blossomed mainland, and down to the tropical sun-soaked southern islands.	AUSTRALIA	English-100	G	Y	Y
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2017-12-04	1030	<b>Kids Bbq Championship</b>	Cowboy Campfire	There's nothing small about this cowboy campfire competition - from big hearty breakfasts to giant steaks the size of your head, the kids are challenged with creating meals worthy of a starving cowboy	USA	English-100	G		
2017-12-04	1125	<b>Lyndey Milan's Taste Of Australia</b>	South Australia, Part 1 Of 2	Join TV personality Lyndey Milan as she unearths the characters, places, pastures and heroes - the thriving backbone of a thriving Australian culinary culture - and delivers a real Taste of Australia.	AUSTRALIA	English-100	G		
2017-12-04	1130	<b>Miguel's Tropical Kitchen</b>	Miguel's Tropical Kitchen Series 1 Ep 4	Miguel puts on a show at the Cairns Races, dazzling the ladies with his Fruit Skewers Bombe Alaska, and then it's back to the pool for home made Prawn Ravioli that's simply to die for.	AUSTRALIA	English-100	PG		
2017-12-04	1200	<b>Drive Thru Australia</b>	Geelong And The Great Ocean Road	Geelong's city waterfront is a popular attraction with historic swimming baths, an antique carousel, restaurants and cafes.	AUSTRALIA	English-100	PG		
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2017-12-04	1330	<b>Anthony Bourdain: No Reservations</b>	Issues Special	This final episode is a quirky, tongue-in-cheek take on classic television holiday shows. Tony and his pal, Michael Ruhlman, plan a huge potluck holiday dinner.	USA	English-100	PG		
2017-12-04	1425	<b>Destination Flavour - Japan Bitesize</b>	Destination Flavour - Japan Series 1 Bitesize Ep 9	Your favourite moments from Adam Liaw's journey throughout Japan, from its frozen north, through the cherry-blossomed mainland, and down to the tropical sun-soaked southern islands.	AUSTRALIA	English-100	G	Y	Y

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2017-12-04	1500	<b>\$40 a Day with Rachael Ray</b>	Bermuda	(S.1c,Ep.) Bermuda - Rachael Ray visits the beautiful island of Bermuda with just \$40 to spend on food. To begin, Rachael gets busy with a scooter ride around town. #FoodNetworkAU	USA	English-100	G		
2017-12-04	1530	<b>Holiday Baking Championship</b>	Holiday Cookie Madness	(S.1,Ep.1) Holiday Cookie Madness - The search to find the greatest holiday baker begins as eight bakers compete in a series of challenges for the chance to win a \$50,000 grand prize. #FoodNetworkAU	USA	English-100	PG		Y
2017-12-04	1625	<b>Small Business Secrets Bitesize</b>	Moo	Raw milk has always been controversial, but Saxon Joye has found a way to make it legal and available in supermarkets	AUSTRALIA	English-100	NC		
2017-12-04	1630	<b>Surfing The Menu</b>	Esperance	On the south coast of Western Australia, Bender and Stoney go in search of the famous giant Southern Rock Lobster.	AUSTRALIA	English-100	PG		
2017-12-04	1700	<b>Food Lovers' Guide To Australia</b>	Food Lovers Guide To Australia Series 5 Ep 9	Maeve O'Meara and Joanna Savill continue to explore the best food and produce around. In this episode, Maeve visits the southern blue-fin tuna pens off the South Australian coast.	AUSTRALIA	English-100	G		Y
2017-12-04	1730	<b>Best Of New Zealand With Nick Honeyman</b>	Marlborough	Nick Honeyman embarks on a culinary journey around New Zealand, sampling some of the country's best and freshest produce.	AUSTRALIA	English-100	G		
2017-12-04	1800	<b>Food Lab By Ben Milbourne</b>	Food Lab Series 2 Ep 11	Ben takes a step back in the kitchen and lets his good mate Simon take charge, whipping up his 24-hour hummus.	AUSTRALIA	English-100	PG		
2017-12-04	1830	<b>Carnivore Chronicles</b>	Big C, The	Adam reflects on an outrageous hamburger sandwich in a glazed donut; a Cleveland staple called the Polish Boy Sausage; and San Jose's best ribs at Henry's Hi-Life.	USA	English-100	G		
2017-12-04	1900	<b>Carnivore Chronicles</b>	Sacrilicious	Adam motors down to Detroit for some creative barbecue, heads to Syracuse for a double dose of hot dog deliciousness, and then chows down at two legendary Chicago eateries.	USA	English-100	G		
2017-12-04	1925	<b>Destination Flavour Singapore Bitesize</b>	Hainanese Chicken	The best bits of Adam Liaw's travels in Singapore, as he explores its vibrant food scene.					
2017-12-04	1930	<b>Giada's Holiday Handbook</b>	Tis The Season	The holidays are around the corner, and Giada de Laurentiis is showing how to kick off the fall and winter holiday season with a festive open house.	USA	English-100	PG		
2017-12-04	2000	<b>Giada's Holiday Handbook</b>	Friendsgiving Party	Giada de Laurentiis hosts a cocktail-style Thanksgiving celebration to honour and thank her closest friends. All the dishes are appetiser-sized versions of holiday dishes, like Stuffing Arancini.	USA	English-100	PG		
2017-12-04	2025	<b>Best Thing I Ever Ate Bitesize</b>	Giada De Laurentiis - Chicken Pot Pie	Giada De Laurentiis raves about her all-time favourite chicken pot pie from Woodspoon in Los Angeles. This homey Brazilian meal includes olives and tender chicken. #FoodNetworkAU	USA	English-100	G		
2017-12-04	2030	<b>Cake Wars</b>	Emoji	(S.3 Ep.5) It's the most expressive episode of Cake Wars as four talented cake artists compete to take their cake creation to a party celebrating everyone's favourite icons - emojis! #FoodNetworkAU	USA	English-100	G		Y
2017-12-04	2125	<b>Tasty Conversations With Audra Morrice</b>	Apple Cake And Walnut Praline	With her tool kit & favourite staples always at the ready, Audra Morrice embarks on a personal journey as she delves into the rich culture of modern Australian cuisine via her Chinese and Indian roots	AUSTRALIA	English-100	G		
2017-12-04	2130	<b>Mystery Diners</b>	Too Many Cooks	After investigating complaints about fighting between the cooks and a bartender who brings wild animals into a restaurant for entertainment, Mystery Diners discover a waitress causing all the drama.	USA	English-100	PG		Y
2017-12-04	2200	<b>Mystery Diners</b>	Barbecue Blues	Mystery Diners go on a taste-test to see if one of the employees is selling the secret family recipe for barbecue sauce.	USA	English-100	PG		Y
2017-12-04	2225	<b>Best Thing I Ever Ate Bitesize Asia</b>	Thailand - Ian Kittichai	Ian Kittichai - Food stars and celebrities talk about some of the best meals they've ever eaten. Ian Kittichai chooses grilled chicken and sticky rice from Nanjit Kai Yang, Thailand. #FoodNetworkAU	SINGAPORE	English-100	G		
2017-12-04	2230	<b>Bizarre Foods: Delicious Destinations</b>	Amsterdam	Look no further than the picture-perfect city of Amsterdam for the best eats in the Netherlands. Built on simple classics like bitterballen and haing, discover what makes this destination so delicious	USA	English-100	G		
2017-12-04	2300	<b>Cooks Vs. Cons</b>	Meatball Mayhem	Cooks and cons incorporate flavours from the Caribbean to Kentucky in a world-class meatball showdown. Things get a bit saucy in the second round, as they race the clock creating a chocolate dish.	USA	English-100	PG		

2017-12-04	2355	<b>Lyndey Milan's Taste Of Australia</b>	Albury	Join TV personality Lyndey Milan as she unearths the characters, places, pastures and heroes - the thriving backbone of a thriving Australian culinary culture - and delivers a real Taste of Australia.	AUSTRALIA	English-100	G	
2017-12-04	2400	<b>Food Lab By Ben Milbourne</b>	Food Lab Series 2 Ep 11	Ben takes a step back in the kitchen and lets his good mate Simon take charge, whipping up his 24-hour hummus.	AUSTRALIA	English-100	PG	
2017-12-04	2430	<b>Carnivore Chronicles</b>	Big C, The	Adam reflects on an outrageous hamburger sandwich in a glazed donut; a Cleveland staple called the Polish Boy Sausage; and San Jose's best ribs at Henry's Hi-Life.	USA	English-100	G	
2017-12-04	2500	<b>Carnivore Chronicles</b>	Sacrilicious	Adam motors down to Detroit for some creative barbecue, heads to Syracuse for a double dose of hot dog deliciousness, and then chows down at two legendary Chicago eateries.	USA	English-100	G	
2017-12-04	2530	<b>Giada's Holiday Handbook</b>	Tis The Season	The holidays are around the corner, and Giada de Laurentiis is showing how to kick off the fall and winter holiday season with a festive open house.	USA	English-100	PG	
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2017-12-04	2630	<b>Cake Wars</b>	Emoji	(S.3 Ep.5) It's the most expressive episode of Cake Wars as four talented cake artists compete to take their cake creation to a party celebrating everyone's favourite icons - emojis! #FoodNetworkAU	USA	English-100	G	Y
2017-12-04	2725	<b>Tasty Conversations With Audra Morrice</b>	Apple Cake And Walnut Praline	With her tool kit & favourite staples always at the ready, Audra Morrice embarks on a personal journey as she delves into the rich culture of modern Australian cuisine via her Chinese and Indian roots	AUSTRALIA	English-100	G	
2017-12-04	2730	<b>Mystery Diners</b>	Too Many Cooks	After investigating complaints about fighting between the cooks and a bartender who brings wild animals into a restaurant for entertainment, Mystery Diners discover a waitress causing all the drama.	USA	English-100	PG	Y
2017-12-04	2800	<b>Mystery Diners</b>	Barbecue Blues	Mystery Diners go on a taste-test to see if one of the employees is selling the secret family recipe for barbecue sauce.	USA	English-100	PG	Y
2017-12-04	2830	<b>Bizarre Foods: Delicious Destinations</b>	Amsterdam	Look no further than the picture-perfect city of Amsterdam for the best eats in the Netherlands. Built on simple classics like bitterballen and haing, discover what makes this destination so delicious	USA	English-100	G	
2017-12-05	0500	<b>\$40 a Day with Rachael Ray</b>	Bermuda	(S.1c,Ep.) Bermuda - Rachael Ray visits the beautiful island of Bermuda with just \$40 to spend on food. To begin, Rachael gets busy with a scooter ride around town. #FoodNetworkAU	USA	English-100	G	
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2017-12-05	0630	<b>Surfing The Menu</b>	Esperance	On the south coast of Western Australia, Bender and Stoney go in search of the famous giant Southern Rock Lobster.	AUSTRALIA	English-100	PG	
2017-12-05	0700	<b>Food Lovers' Guide To Australia</b>	Food Lovers Guide To Australia Series 5 Ep 9	Maeve O'Meara and Joanna Savill continue to explore the best food and produce around. In this episode, Maeve visits the southern blue-fin tuna pens off the South Australian coast.	AUSTRALIA	English-100	G	Y
2017-12-05	0730	<b>Best Of New Zealand With Nick Honeyman</b>	Marlborough	Nick Honeyman embarks on a culinary journey around New Zealand, sampling some of the country's best and freshest produce.	AUSTRALIA	English-100	G	
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2017-12-05	0900	<b>Carnivore Chronicles</b>	Sacrilicious	Adam motors down to Detroit for some creative barbecue, heads to Syracuse for a double dose of hot dog deliciousness, and then chows down at two legendary Chicago eateries.	USA	English-100	G	

2017-12-05	0930	<b>Giada's Holiday Handbook</b>	Tis The Season	The holidays are around the corner, and Giada de Laurentiis is showing how to kick off the fall and winter holiday season with a festive open house.	USA	English-100	PG	
2017-12-05	1000	<b>Giada's Holiday Handbook</b>	Friendsgiving Party	Giada de Laurentiis hosts a cocktail-style Thanksgiving celebration to honour and thank her closest friends. All the dishes are appetiser-sized versions of holiday dishes, like Stuffing Arancini.	USA	English-100	PG	
2017-12-05	1025	<b>Best Thing I Ever Ate Bitesize</b>	Giada De Laurentiis - Chicken Pot Pie	Giada De Laurentiis raves about her all-time favourite chicken pot pie from Woodspoon in Los Angeles. This homey Brazilian meal includes olives and tender chicken. #FoodNetworkAU	USA	English-100	G	
2017-12-05	1030	<b>Cake Wars</b>	Emoji	(S.3 Ep.5) It's the most expressive episode of Cake Wars as four talented cake artists compete to take their cake creation to a party celebrating everyone's favourite icons - emojis! #FoodNetworkAU	USA	English-100	G	Y
2017-12-05	1125	<b>Tasty Conversations With Audra Morrice</b>	Apple Cake And Walnut Praline	With her tool kit & favourite staples always at the ready, Audra Morrice embarks on a personal journey as she delves into the rich culture of modern Australian cuisine via her Chinese and Indian roots	AUSTRALIA	English-100	G	
2017-12-05	1130	<b>Mystery Diners</b>	Too Many Cooks	After investigating complaints about fighting between the cooks and a bartender who brings wild animals into a restaurant for entertainment, Mystery Diners discover a waitress causing all the drama.	USA	English-100	PG	Y
2017-12-05	1200	<b>Bizarre Foods: Delicious Destinations</b>	Amsterdam	Look no further than the picture-perfect city of Amsterdam for the best eats in the Netherlands. Built on simple classics like bitterballen and haing, discover what makes this destination so delicious	USA	English-100	G	
2017-12-05	1230	<b>Cooks Vs. Cons</b>	Meatball Mayhem	Cooks and cons incorporate flavours from the Caribbean to Kentucky in a world-class meatball showdown. Things get a bit saucy in the second round, as they race the clock creating a chocolate dish.	USA	English-100	PG	
2017-12-05	1325	<b>Lyndey Milan's Taste Of Australia</b>	Albury	Join TV personality Lyndey Milan as she unearths the characters, places, pastures and heroes - the thriving backbone of a thriving Australian culinary culture - and delivers a real Taste of Australia.	AUSTRALIA	English-100	G	
2017-12-05	1330	<b>Mystery Diners</b>	Barbecue Blues	Mystery Diners go on a taste-test to see if one of the employees is selling the secret family recipe for barbecue sauce.	USA	English-100	PG	Y
2017-12-05	1400	<b>Food Lab By Ben Milbourne</b>	Food Lab Series 2 Ep 11	Ben takes a step back in the kitchen and lets his good mate Simon take charge, whipping up his 24-hour hummus.	AUSTRALIA	English-100	PG	
2017-12-05	1430	<b>Carnivore Chronicles</b>	Big C, The	Adam reflects on an outrageous hamburger sandwich in a glazed donut; a Cleveland staple called the Polish Boy Sausage; and San Jose's best ribs at Henry's Hi-Life.	USA	English-100	G	
2017-12-05	1500	<b>\$40 a Day with Rachael Ray</b>	Hilton Head, South Carolina	(S.1c,Ep.7) Hilton Head, South Carolina - Rachael Ray is on the search for great food, but the catch is, she's only got \$40 a day to spend! Today, she aims for a budgetary hole in one. #FoodNetworkA	USA	English-100	G	
2017-12-05	1530	<b>Holiday Baking Championship</b>	Classic Holiday Flavours	(S.1,Ep.2) Classic Holiday Flavours - The search to find the greatest holiday baker continues as the remaining seven compete in a series of challenges for the chance to win \$50,000. #FoodNetworkAU	USA	English-100	PG	
2017-12-05	1625	<b>Small Business Secrets Bitesize</b>	Oasis Bakery	Raw milk has always been controversial, but Saxon Joye has found a way to make it legal and available in supermarkets	AUSTRALIA	English-100	NC	
2017-12-05	1630	<b>Surfing The Menu: Next Generation</b>	Sharkbay Station	Dan Churchill & Hayden Quin share a love of cooking, surfing fresh food, travel & adventure. In this episode, they learn that Shark Bay is an Environmental Heritage Area.	AUSTRALIA	English-100	G	
2017-12-05	1700	<b>Food Lovers' Guide To Australia</b>	Food Lovers Guide To Australia Series 5 Ep 10	Maeve O'Meara and Joanna Savill continue to explore the best food and produce around. Today, Maeve discovers the secrets of saffron, and a few facts about the world's most costly spice.	AUSTRALIA	English-100	G	Y
2017-12-05	1730	<b>Best Of New Zealand With Nick Honeyman</b>	Northland	Nick starts his journey at a cheese factory, where they make a huge variety of European-style cheeses by hand. He makes a warm snapper fish and asparagus salad with whipped Feta Cheese.	AUSTRALIA	English-100	G	
2017-12-05	1800	<b>Food Lab By Ben Milbourne</b>	Food Lab Series 2 Ep 12	Ben puts a Mexican twist on one of his favourite childhood dishes, Jaffles.	AUSTRALIA	English-100	PG	
2017-12-05	1830	<b>Carnivore Chronicles</b>	Delicious And Slightly Historical	Adam enjoys a plate fit for a president at Tucson's Mi Nidito, chows down on the one and only Monte Cristo Dog in St Louis, and scales a Mount McKinley-sized burger in Alaska.	USA	English-100	PG	
2017-12-05	1900	<b>Carnivore Chronicles</b>	Meat With The Most	Adam is in BBQ bliss in Kansas City, eats one of his favourite burgers of all time in Seattle, and chows down at a deli in Jersey.	USA	English-100	G	

2017-12-05	1925	<b>Destination Flavour Singapore Bitesize</b>	Hari Kaya	The best bits of Adam Liaw's travels in Singapore, as he explores its vibrant food scene.					
2017-12-05	1930	<b>Miguel's Tropical Kitchen</b>	Miguel's Tropical Kitchen Series 1 Ep 5	Miguel creates his Asian inspired Lemongrass Chicken Skewers from an ancient rainforest in Cairns, shows us the secret to a Mango Sorbet without an ice cream machine and feasts on fresh Coral Trout.	AUSTRALIA	English-100	PG		
2017-12-05	2000	<b>Drive Thru Australia</b>	Grampians	The Grampians National Park has been 400 million years in the making. It's home to both the largest collection of Aboriginal rock art in Southern Australia and fine local food and wines.	AUSTRALIA	English-100	PG		
2017-12-05	2030	<b>Anthony Bourdain: No Reservations</b>	Sweden	Anthony Bourdain is off to investigate Sweden, 'a land of contrasts'. He's hoping to dispel the myths of tall blondes, Swedish meatballs, and ABBA.	USA	English-100			Y
2017-12-05	2125	<b>Tasty Conversations With Audra Morrice</b>	Lo Hei	With her tool kit & favourite staples always at the ready, Audra Morrice embarks on a personal journey as she delves into the rich culture of modern Australian cuisine via her Chinese and Indian roots	AUSTRALIA	English-100	G		
2017-12-05	2130	<b>Mystery Diners</b>	Off The Menu	When the owner of Zio Cecio hears rave reviews about Tex-Mex food being served in his Italian restaurant, Mystery Diners discover that his employees are running a secret side business.	USA	English-100	PG		Y
2017-12-05	2200	<b>Mystery Diners</b>	Chop Shop	After noticing a drop in revenue at his Dallas restaurant, Rick needs to convince his retired mother to resume her position as manager.	USA	English-100	PG		Y
2017-12-05	2225	<b>Best Thing I Ever Ate Bitesize Asia</b>	Singapore - Nadiah M Din	Nadiah M. Din - Food stars and celebrities talk about some of the best meals they've ever eaten. Nadiah M. Din chooses pan-fried salmon from Sarang Cafe, Bussorah Street, Singapore. #FoodNetworkAU	SINGAPORE	English-100	G		
2017-12-05	2230	<b>Bizarre Foods: Delicious Destinations</b>	Montreal	Known as the City of Saints, Montreal, Canada is blessed with a cuisine formed by global flavours, from poutine to smoked meat, to hand-rolled bagels.	USA	English-100	G		
2017-12-05	2300	<b>Cooks Vs. Cons</b>	Mac 'n' Cheese Meltdown	Judges Graham Elliot and Daphne Oz are out to spot the mac 'n' cheese that separates the pros from the home cooks in this latest battle.	USA	English-100	PG		
2017-12-05	2355	<b>Lyndey Milan's Taste Of Australia</b>	Armidale And Tamworth	Join TV personality Lyndey Milan as she unearths the characters, places, pastures and heroes - the thriving backbone of a thriving Australian culinary culture - and delivers a real Taste of Australia.	AUSTRALIA	English-100	G		
2017-12-05	2400	<b>Food Lab By Ben Millbourne</b>	Food Lab Series 2 Ep 12	Ben puts a Mexican twist on one of his favourite childhood dishes, Jaffles.	AUSTRALIA	English-100	PG		
2017-12-05	2430	<b>Carnivore Chronicles</b>	Delicious And Slightly Historical	Adam enjoys a plate fit for a president at Tucson's Mi Nidito, chows down on the one and only Monte Cristo Dog in St Louis, and scales a Mount McKinley-sized burger in Alaska.	USA	English-100	PG		
2017-12-05	2500	<b>Carnivore Chronicles</b>	Meat With The Most	Adam is in BBQ bliss in Kansas City, eats one of his favourite burgers of all time in Seattle, and chows down at a deli in Jersey.	USA	English-100	G		
2017-12-05	2530	<b>Miguel's Tropical Kitchen</b>	Miguel's Tropical Kitchen Series 1 Ep 5	Miguel creates his Asian inspired Lemongrass Chicken Skewers from an ancient rainforest in Cairns, shows us the secret to a Mango Sorbet without an ice cream machine and feasts on fresh Coral Trout.	AUSTRALIA	English-100	PG		
2017-12-05	2600	<b>Drive Thru Australia</b>	Grampians	The Grampians National Park has been 400 million years in the making. It's home to both the largest collection of Aboriginal rock art in Southern Australia and fine local food and wines.	AUSTRALIA	English-100	PG		
2017-12-05	2630	<b>Anthony Bourdain: No Reservations</b>	Sweden	Anthony Bourdain is off to investigate Sweden, 'a land of contrasts'. He's hoping to dispel the myths of tall blondes, Swedish meatballs, and ABBA.	USA	English-100			Y
2017-12-05	2725	<b>Tasty Conversations With Audra Morrice</b>	Lo Hei	With her tool kit & favourite staples always at the ready, Audra Morrice embarks on a personal journey as she delves into the rich culture of modern Australian cuisine via her Chinese and Indian roots	AUSTRALIA	English-100	G		
2017-12-05	2730	<b>Mystery Diners</b>	Off The Menu	When the owner of Zio Cecio hears rave reviews about Tex-Mex food being served in his Italian restaurant, Mystery Diners discover that his employees are running a secret side business.	USA	English-100	PG		Y
2017-12-05	2800	<b>Mystery Diners</b>	Chop Shop	After noticing a drop in revenue at his Dallas restaurant, Rick needs to convince his retired mother to resume her position as manager.	USA	English-100	PG		Y
2017-12-05	2830	<b>Bizarre Foods: Delicious Destinations</b>	Montreal	Known as the City of Saints, Montreal, Canada is blessed with a cuisine formed by global flavours, from poutine to smoked meat, to hand-rolled bagels.	USA	English-100	G		

2017-12-06	0500	<b>\$40 a Day with Rachael Ray</b>	Hilton Head, South Carolina	(S.1c,Ep.7) Hilton Head, South Carolina - Rachael Ray is on the search for great food, but the catch is, she's only got \$40 a day to spend! Today, she aims for a budgetary hole in one. #FoodNetworkA	USA	English-100	G	
2017-12-06	0530	<b>Holiday Baking Championship</b>	Classic Holiday Flavours	(S.1,Ep.2) Classic Holiday Flavours - The search to find the greatest holiday baker continues as the remaining seven compete in a series of challenges for the chance to win \$50,000. #FoodNetworkAU	USA	English-100	PG	
2017-12-06	0625	<b>Small Business Secrets Bitesize</b>	Oasis Bakery	Raw milk has always been controversial, but Saxon Joye has found a way to make it legal and available in supermarkets	AUSTRALIA	English-100	NC	
2017-12-06	0630	<b>Surfing The Menu: Next Generation</b>	Sharkbay Station	Dan Churchill & Hayden Quin share a love of cooking, surfing fresh food, travel & adventure. In this episode, they learn that Shark Bay is an Environmental Heritage Area.	AUSTRALIA	English-100	G	
2017-12-06	0700	<b>Food Lovers' Guide To Australia</b>	Food Lovers Guide To Australia Series 5 Ep 10	Maeve O'Meara and Joanna Savill continue to explore the best food and produce around. Today, Maeve discovers the secrets of saffron, and a few facts about the world's most costly spice.	AUSTRALIA	English-100	G	Y
2017-12-06	0730	<b>Best Of New Zealand With Nick Honeyman</b>	Northland	Nick starts his journey at a cheese factory, where they make a huge variety of European-style cheeses by hand. He makes a warm snapper fish and asparagus salad with whipped Feta Cheese.	AUSTRALIA	English-100	G	
2017-12-06	0800	<b>Food Lab By Ben Milbourne</b>	Food Lab Series 2 Ep 12	Ben puts a Mexican twist on one of his favourite childhood dishes, Jaffles.	AUSTRALIA	English-100	PG	
2017-12-06	0830	<b>Carnivore Chronicles</b>	Delicious And Slightly Historical	Adam enjoys a plate fit for a president at Tucson's Mi Nidito, chows down on the one and only Monte Cristo Dog in St Louis, and scales a Mount McKinley-sized burger in Alaska.	USA	English-100	PG	
2017-12-06	0900	<b>Carnivore Chronicles</b>	Meat With The Most	Adam is in BBQ bliss in Kansas City, eats one of his favourite burgers of all time in Seattle, and chows down at a deli in Jersey.	USA	English-100	G	
2017-12-06	0930	<b>Miguel's Tropical Kitchen</b>	Miguel's Tropical Kitchen Series 1 Ep 5	Miguel creates his Asian inspired Lemongrass Chicken Skewers from an ancient rainforest in Cairns, shows us the secret to a Mango Sorbet without an ice cream machine and feasts on fresh Coral Trout.	AUSTRALIA	English-100	PG	
2017-12-06	1000	<b>Drive Thru Australia</b>	Grampians	The Grampians National Park has been 400 million years in the making. It's home to both the largest collection of Aboriginal rock art in Southern Australia and fine local food and wines.	AUSTRALIA	English-100	PG	
2017-12-06	1030	<b>Anthony Bourdain: No Reservations</b>	Sweden	Anthony Bourdain is off to investigate Sweden, 'a land of contrasts'. He's hoping to dispel the myths of tall blondes, Swedish meatballs, and ABBA.	USA	English-100		Y
2017-12-06	1125	<b>Tasty Conversations With Audra Morrice</b>	Lo Hei	With her tool kit & favourite staples always at the ready, Audra Morrice embarks on a personal journey as she delves into the rich culture of modern Australian cuisine via her Chinese and Indian roots	AUSTRALIA	English-100	G	
2017-12-06	1130	<b>Mystery Diners</b>	Off The Menu	When the owner of Zio Cecio hears rave reviews about Tex-Mex food being served in his Italian restaurant, Mystery Diners discover that his employees are running a secret side business.	USA	English-100	PG	Y
2017-12-06	1200	<b>Bizarre Foods: Delicious Destinations</b>	Montreal	Known as the City of Saints, Montreal, Canada is blessed with a cuisine formed by global flavours, from poutine to smoked meat, to hand-rolled bagels.	USA	English-100	G	
2017-12-06	1230	<b>Cooks Vs. Cons</b>	Mac 'n' Cheese Meltdown	Judges Graham Elliot and Daphne Oz are out to spot the mac 'n' cheese that separates the pros from the home cooks in this latest battle.	USA	English-100	PG	
2017-12-06	1325	<b>Lyndey Milan's Taste Of Australia</b>	Armidale And Tamworth	Join TV personality Lyndey Milan as she unearths the characters, places, pastures and heroes - the thriving backbone of a thriving Australian culinary culture - and delivers a real Taste of Australia.	AUSTRALIA	English-100	G	
2017-12-06	1330	<b>Mystery Diners</b>	Chop Shop	After noticing a drop in revenue at his Dallas restaurant, Rick needs to convince his retired mother to resume her position as manager.	USA	English-100	PG	Y
2017-12-06	1400	<b>Food Lab By Ben Milbourne</b>	Food Lab Series 2 Ep 12	Ben puts a Mexican twist on one of his favourite childhood dishes, Jaffles.	AUSTRALIA	English-100	PG	
2017-12-06	1430	<b>Carnivore Chronicles</b>	Delicious And Slightly Historical	Adam enjoys a plate fit for a president at Tucson's Mi Nidito, chows down on the one and only Monte Cristo Dog in St Louis, and scales a Mount McKinley-sized burger in Alaska.	USA	English-100	PG	
2017-12-06	1500	<b>\$40 a Day with Rachael Ray</b>	Durham, North Carolina	(S.1c,Ep.8) Durham, North Carolina - Rachael Ray hits a home run when she visits Durham with just \$40 to spend. Her first stop is Elmo's Diner. Next, she goes shopping in Chapel Hill. #FoodNetworkAU	USA	English-100	G	



2017-12-06	1530	<b>Giada At Home</b>	An Italian Christmas	(S.7,Ep.10) An Italian Christmas - Giada hosts a Christmas Eve dinner to celebrate the Feast of the Seven Fishes with her Italian family, and cooks New Orleans-style barbecued shrimp. #FoodNetworkAU	USA	English-100	G	
2017-12-06	1600	<b>Jonathan Phang's Caribbean Christmas</b>	Jonathan Phang's Caribbean Christmas	Join popular chef Jonathan Phang as he takes a gastronomic journey through the Caribbean and shows you the flavour-filled recipes that make Christmas in the islands so special. #FoodNetworkAU	UNITED KINGDOM	English-100	G	
2017-12-06	1630	<b>Surfing The Menu: Next Generation</b>	Wooramel	Cattleman and Pilot Justin Steadman takes Dan and Hayden Flying to search for a herd of cattle and wild goats. They help in the cattle yards, sort goats, 'Skurf' on a mud flat and cook on a campfire.	AUSTRALIA	English-100	PG	
2017-12-06	1700	<b>Food Lovers' Guide To Australia</b>	Food Lovers Guide To Australia Series 5 Ep 11	Maeve O'Meara and Joanna Savill continue to explore the best food and produce around. Today, Maeve goes blue swimmer crab harvesting, and Joanna visits the rice paddies of the Riverina.	AUSTRALIA	English-100	G	Y
2017-12-06	1730	<b>Best Of New Zealand With Nick Honeyman</b>	Hawkes Bay	After visiting New Zealand's biggest olive oil grove, Nick cooks up a Mediterranean seafood stew.	AUSTRALIA	English-100	G	
2017-12-06	1800	<b>Food Lab By Ben Milbourne</b>	Food Lab Series 2 Ep 13	Ben cooks one of his favourite cuts of beef, and finds out the importance of allowing meat to rest.	AUSTRALIA	English-100	PG	
2017-12-06	1830	<b>Carnivore Chronicles</b>	Meat Is Still Awesome	Adam goes to Ben's Chili Bowl in DC; a legendary gyro stand in Cleveland; and Pappy Smokehouse, home to some of the best ribs in all of St Louis.	USA	English-100	G	
2017-12-06	1900	<b>Carnivore Chronicles</b>	Magnificence Of Meatiness	Adam goes on a dining adventure in Denver, heads to Salt Lake City for a signature burger, and travels to rub rib Mecca in Memphis.	USA	English-100	G	
2017-12-06	1925	<b>Destination Flavour Singapore Bitesize</b>	Lamb Kebabs	The best bits of Adam Liaw's travels in Singapore, as he explores its vibrant food scene.				
2017-12-06	1930	<b>Rick Stein's French Odyssey</b>	Rick Stein's French Odyssey Series 1 Ep 3	Journeying along the Canal Lateral a la Garonne, Rick fishes for freshwater herring, visits the markets of Nerac and Cadillac to create a pork and garlic dish; and cooks Prune and Almond Tart.	UNITED KINGDOM	English-100	G	
2017-12-06	2000	<b>Rick Stein's French Odyssey</b>	Rick Stein's French Odyssey Series 1 Ep 4	In the city of Agen, Rick indulges in a four-course lunch at the Buffet de la Gare before heading off to cook a traditional Agen dish of Rabbit with local prunes.	UNITED KINGDOM	English-100	G	
2017-12-06	2030	<b>Cooks Vs. Cons</b>	Crantastic Quesadillas!	The contestants are toast unless they can create succulent quesadillas from a tart surprise ingredient, cranberries.	USA	English-100	PG	Y
2017-12-06	2125	<b>Tasty Conversations With Audra Morrice</b>	Chilli And Coriander Pesto	With her tool kit and favourite staples always at the ready, Audra Morrice embarks on a personal journey as she delves into the rich culture of modern Australian cuisine via her Chinese & Indian roots	AUSTRALIA	English-100	G	
2017-12-06	2130	<b>Mystery Diners</b>	An Officer And A Gentleman	Keith's ex-military manager is being too strict, so Mystery Diners go undercover to discover that the staff is planning a mutiny.	USA	English-100	PG	Y
2017-12-06	2200	<b>Mystery Diners</b>	Cooking The Books	The owners of Sisley Italian Kitchen believe their bookkeeper is responsible for revenue discrepancy.	USA	English-100	PG	Y
2017-12-06	2225	<b>Best Thing I Ever Ate Bitesize Asia</b>	Singapore - Leslie Tay	Leslie Tay - Food stars and celebrities talk about some of the best meals they've ever eaten. Leslie Tay chooses the aburi sushi set from Tatsuya, Goodwood Park Hotel, Singapore. #FoodNetworkAU	SINGAPORE	English-100	G	
2017-12-06	2230	<b>Bizarre Foods: Delicious Destinations</b>	Chicago	From high-end restaurants to tucked-away eateries, Chicago is a world class food paradise. Classics include deep dish pizza, all-beef hot dogs, chicken vesuvio and Garrett popcorn.	USA	English-100	G	
2017-12-06	2300	<b>Cooks Vs. Cons</b>	Candy Clash	Professional chefs and amateur cooks are challenged to show off their skills by preparing a pasta dish with a surprise ingredient: corn.	USA	English-100	G	Y
2017-12-06	2355	<b>Lyndey Milan's Taste Of Australia</b>	Blue Mountains	Join TV personality Lyndey Milan as she unearths the characters, places, pastures and heroes - the thriving backbone of a thriving Australian culinary culture - and delivers a real Taste of Australia.	AUSTRALIA	English-100	G	
2017-12-06	2400	<b>Food Lab By Ben Milbourne</b>	Food Lab Series 2 Ep 13	Ben cooks one of his favourite cuts of beef, and finds out the importance of allowing meat to rest.	AUSTRALIA	English-100	PG	
2017-12-06	2430	<b>Carnivore Chronicles</b>	Meat Is Still Awesome	Adam goes to Ben's Chili Bowl in DC; a legendary gyro stand in Cleveland; and Pappy Smokehouse, home to some of the best ribs in all of St Louis.	USA	English-100	G	

2017-12-06	2500	<b>Carnivore Chronicles</b>	Magnificence Of Meatiness	Adam goes on a dining adventure in Denver, heads to Salt Lake City for a signature burger, and travels to rub rib Mecca in Memphis.	USA	English-100	G	
2017-12-06	2530	<b>Rick Stein's French Odyssey</b>	Rick Stein's French Odyssey Series 1 Ep 3	Journeying along the Canal Lateral a la Garonne, Rick fishes for freshwater herring, visits the markets of Nerac and Cadillac to create a pork and garlic dish; and cooks Prune and Almond Tart.	UNITED KINGDOM	English-100	G	
2017-12-06	2600	<b>Rick Stein's French Odyssey</b>	Rick Stein's French Odyssey Series 1 Ep 4	In the city of Agen, Rick indulges in a four-course lunch at the Buffet de la Gare before heading off to cook a traditional Agen dish of Rabbit with local prunes.	UNITED KINGDOM	English-100	G	
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2017-12-07	0500	<b>\$40 a Day with Rachael Ray</b>	Durham, North Carolina	(S.1c,Ep.8) Durham, North Carolina - Rachael Ray hits a home run when she visits Durham with just \$40 to spend. Her first stop is Elmo's Diner. Next, she goes shopping in Chapel Hill. #FoodNetworkAU	USA	English-100	G	
2017-12-07	0530	<b>Giada At Home</b>	An Italian Christmas	(S.7,Ep.10) An Italian Christmas - Giada hosts a Christmas Eve dinner to celebrate the Feast of the Seven Fishes with her Italian family, and cooks New Orleans-style barbecued shrimp. #FoodNetworkAU	USA	English-100	G	
2017-12-07	0600	<b>Jonathan Phang's Carribean Christmas</b>	Jonathan Phang's Carribean Christmas	Join popular chef Jonathan Phang as he takes a gastronomic journey through the Caribbean and shows you the flavour-filled recipes that make Christmas in the islands so special. #FoodNetworkAU	UNITED KINGDOM	English-100	G	
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2017-12-07	0700	<b>Food Lovers' Guide To Australia</b>	Food Lovers Guide To Australia Series 5 Ep 11	Maeve O'Meara and Joanna Savill continue to explore the best food and produce around. Today, Maeve goes blue swimmer crab harvesting, and Joanna visits the rice paddies of the Riverina.	AUSTRALIA	English-100	G	Y
2017-12-07	0730	<b>Best Of New Zealand With Nick Honeyman</b>	Hawkes Bay	After visiting New Zealand's biggest olive oil grove, Nick cooks up a Mediterranean seafood stew.	AUSTRALIA	English-100	G	
2017-12-07	0800	<b>Food Lab By Ben Milbourne</b>	Food Lab Series 2 Ep 13	Ben cooks one of his favourite cuts of beef, and finds out the importance of allowing meat to rest.	AUSTRALIA	English-100	PG	
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2017-12-07	0930	<b>Rick Stein's French Odyssey</b>	Rick Stein's French Odyssey Series 1 Ep 3	Journeying along the Canal Lateral a la Garonne, Rick fishes for freshwater herring, visits the markets of Nerac and Cadillac to create a pork and garlic dish; and cooks Prune and Almond Tart.	UNITED KINGDOM	English-100	G	
2017-12-07	1000	<b>Rick Stein's French Odyssey</b>	Rick Stein's French Odyssey Series 1 Ep 4	In the city of Agen, Rick indulges in a four-course lunch at the Buffet de la Gare before heading off to cook a traditional Agen dish of Rabbit with local prunes.	UNITED KINGDOM	English-100	G	
2017-12-07	1030	<b>Cooks Vs. Cons</b>	Crantastic Quesadillas!	The contestants are toast unless they can create succulent quesadillas from a tart surprise ingredient, cranberries.	USA	English-100	PG	Y
2017-12-07	1125	<b>Tasty Conversations With Audra Morrice</b>	Chilli And Coriander Pesto	With her tool kit and favourite staples always at the ready, Audra Morrice embarks on a personal journey as she delves into the rich culture of modern Australian cuisine via her Chinese & Indian roots	AUSTRALIA	English-100	G	

2017-12-07	1130	<b>Mystery Diners</b>	An Officer And A Gentleman	Keith's ex-military manager is being too strict, so Mystery Diners go undercover to discover that the staff is planning a mutiny.	USA	English-100	PG	Y
2017-12-07	1200	<b>Bizarre Foods: Delicious Destinations</b>	Chicago	From high-end restaurants to tucked-away eateries, Chicago is a world class food paradise. Classics include deep dish pizza, all-beef hot dogs, chicken vesuvio and Garrett popcorn.	USA	English-100	G	

2017-12-07	1230	<b>Cooks Vs. Cons</b>	Candy Clash	Professional chefs and amateur cooks are challenged to show off their skills by preparing a pasta dish with a surprise ingredient: corn.	USA	English-100	G		Y
2017-12-07	1325	<b>Lyndey Milan's Taste Of Australia</b>	Blue Mountains	Join TV personality Lyndey Milan as she unearths the characters, places, pastures and heroes - the thriving backbone of a thriving Australian culinary culture - and delivers a real Taste of Australia.	AUSTRALIA	English-100	G		
2017-12-07	1330	<b>Mystery Diners</b>	Cooking The Books	The owners of Sisley Italian Kitchen believe their bookkeeper is responsible for revenue discrepancy.	USA	English-100	PG		Y
2017-12-07	1400	<b>Food Lab By Ben Milbourne</b>	Food Lab Series 2 Ep 13	Ben cooks one of his favourite cuts of beef, and finds out the importance of allowing meat to rest.	AUSTRALIA	English-100	PG		
2017-12-07	1430	<b>Carnivore Chronicles</b>	Meat Is Still Awesome	Adam goes to Ben's Chili Bowl in DC; a legendary gyro stand in Cleveland; and Pappy Smokehouse, home to some of the best ribs in all of St Louis.	USA	English-100	G		
2017-12-07	1500	<b>\$40 a Day with Rachael Ray</b>	Asheville, North Carolina	(S.1c,Ep.9) Asheville, North Carolina - Rachael Ray is on the search for great food, but the catch is, she's only got \$40 a day to spend! Today, Rachael visits historic Asheville. #FoodNetworkAU	USA	English-100	G		
2017-12-07	1530	<b>Rachael Ray's Easy Holiday Feast</b>	Rachael Ray's Easy Holiday Feast	Rachael Ray's holiday gift to you is a festive meal for a crowd with everything but the stress...on your table in under an hour! At the centre of the table: soy and cider brined turkey. #FoodNetworkAU	USA	English-100	G		
2017-12-07	1625	<b>Small Business Secrets Bitesize</b>	Voula Greek	Nick and Voula have created a successful small business based on food, family and partnership	AUSTRALIA	English-100	NC		
2017-12-07	1630	<b>Surfing The Menu: Next Generation</b>	Carnarvon	Dan Churchill & Hayden Quinn wander through the cyclone-devastated town, through recovering beds of rocket, green papaya & black Sapote. They meet the local Tongan community who are roasting a pig.	AUSTRALIA	English-100	G		
2017-12-07	1700	<b>Food Lovers' Guide To Australia</b>	Food Lovers Guide To Australia Series 5 Ep 12	Maeve O'Meara and Joanna Savill continue to explore the best food and produce around. Today, Maeve discovers how luscious strawberries can make the perfect love potion.	AUSTRALIA	English-100	G		Y
2017-12-07	1730	<b>Best Of New Zealand With Nick Honeyman</b>	Bay Of Plenty	Nick goes paddling on the harbour with an Olympic kayaker, then visits an avocado orchard to prepare a healthy avocado salad and avocado and coconut water smoothie.	AUSTRALIA	English-100	G		
2017-12-07	1800	<b>Food Lab By Ben Milbourne</b>	Food Lab Series 2 Ep 14	Joel and Ben meet at the University of Queensland and prepare a basic risotto while finding out why starches become thick.	AUSTRALIA	English-100	PG		
2017-12-07	1830	<b>Carnivore Chronicles</b>	Meat Glorious Meat	Adam goes whole hog at The Pit in Raleigh, North Carolina; dips into a legendary French Dip in Los Angeles; and gets the hamburger hook up at Hukailau Cafe in Hawaii.	USA	English-100	PG		
2017-12-07	1900	<b>Carnivore Chronicles</b>	Meat Shall Inherit The Earth, The	Adam goes to Phoenix for a hot dog made famous by Alice Cooper, chows down on Columbus' legendary Thurman burger, and tops it off with Baltimore's own pit beef sandwich.	USA	English-100	G		
2017-12-07	1925	<b>Destination Flavour Singapore Bitesize</b>	Singapore Chilli Crab	The best bits of Adam Liaw's travels in Singapore, as he explores its vibrant food scene.					
2017-12-07	1930	<b>Worst Cooks In America</b>	Final Showdown, The	The final two recruits face their final, ultimate challenge - cook a restaurant quality meal for a panel of culinary experts. One is named the winner & awarded \$50,000 to go to their chosen charity.	USA	English-100	PG		
2017-12-07	2025	<b>Luke Nguyen's France Bitesize</b>	Luke Nguyen's France Series 1 Bitesize Ep 3	Some of the best moments from Luke Nguyen's culinary journey around France, including the country's breathtaking scenery and famous cuisine. #LukeNguyensFrance	AUSTRALIA	English-70; French-30	G		Y
2017-12-07	2030	<b>My Family Feast</b>	Argentinean	Chef Sean Connolly experiences the many flavours of Argentina when he meets the Yoia family and learns cooking techniques for a lively Sunday afternoon barbeque.	AUSTRALIA	English-100		Y	Y
2017-12-07	2100	<b>My Family Feast</b>	Greek	It's St George's Day and George Gavalas is celebrating his name day with family and friends, Greek style. Chef Sean Connolly joins the men to catch seafood for the feast.	AUSTRALIA	English-100		Y	
2017-12-07	2125	<b>Best Thing I Ever Ate Bitesize</b>	Guy Fieri - Fried Chicken	What is Guy Fieri's favourite thing to eat with his hands? Uncle Lou's fried chicken in Memphis, Tennessee. #FoodNetworkAU	USA	English-100	G		
2017-12-07	2130	<b>Mystery Diners</b>	Tipping Point, The	Charles Stiles and the Mystery Diners investigate a rumour that a recently promoted head waiter isn't evenly distributing the pooled tips.	USA	English-100	PG		Y

2017-12-07	2200	<b>Mystery Diners</b>	Something Smells Fishy	Complaints about the quality of fish at this restaurant reveals that a recently hired chef may not be honest about what's in his high-priced dishes.	USA	English-100	PG		Y
2017-12-07	2225	<b>Best Thing I Ever Ate Bitesize Asia</b>	Singapore - Damian D'silva	Damian D'Silva - Food stars and celebrities talk about some of the best meals they've ever eaten. Damian D'Silva chooses braised pork knuckle from New Urban Seafood, Singapore. #FoodNetworkAU	SINGAPORE	English-100	G		
2017-12-07	2230	<b>Bizarre Foods: Delicious Destinations</b>	Milwaukee	Milwaukee may be known for its beer, but it's also home to mouth-watering classic American foods, from cheese curds and bratwurst to frozen custard and butter burgers.	USA	English-100	G		
2017-12-07	2300	<b>Cooks Vs. Cons</b>	Doughnut Derby	The lasagne challenge is layered with twists, as contestants must incorporate the surprise ingredient: condiments. Round two keeps rolling as the surprise ingredient doughnuts has the cooks colliding.	USA	English-100	G		
2017-12-07	2355	<b>Lyndey Milan's Taste Of Australia</b>	Heroes	Join TV personality Lyndey Milan as she unearths the characters, places, pastures and heroes - the thriving backbone of a thriving Australian culinary culture - and delivers a real Taste of Australia.	AUSTRALIA	English-100	G		
2017-12-07	2400	<b>Food Lab By Ben Milbourne</b>	Food Lab Series 2 Ep 14	Joel and Ben meet at the University of Queensland and prepare a basic risotto while finding out why starches become thick.	AUSTRALIA	English-100	PG		
2017-12-07	2430	<b>Carnivore Chronicles</b>	Meat Glorious Meat	Adam goes whole hog at The Pit in Raleigh, North Carolina; dips into a legendary French Dip in Los Angeles; and gets the hamburger hook up at Hukailau Cafe in Hawaii.	USA	English-100	PG		
2017-12-07	2500	<b>Carnivore Chronicles</b>	Meat Shall Inherit The Earth, The	Adam goes to Phoenix for a hot dog made famous by Alice Cooper, chows down on Columbus' legendary Thurman burger, and tops it off with Baltimore's own pit beef sandwich.	USA	English-100	G		
2017-12-07	2530	<b>Worst Cooks In America</b>	Final Showdown, The	The final two recruits face their final, ultimate challenge - cook a restaurant quality meal for a panel of culinary experts. One is named the winner & awarded \$50,000 to go to their chosen charity.	USA	English-100	PG		
2017-12-07	2625	<b>Luke Nguyen's France Bitesize</b>	Luke Nguyen's France Series 1 Bitesize Ep 3	Some of the best moments from Luke Nguyen's culinary journey around France, including the country's breathtaking scenery and famous cuisine. #LukeNguyensFrance	AUSTRALIA	English-70; French-30	G	Y	
2017-12-07	2630	<b>My Family Feast</b>	Argentinean	Chef Sean Connolly experiences the many flavours of Argentina when he meets the Yoia family and learns cooking techniques for a lively Sunday afternoon barbeque.	AUSTRALIA	English-100		Y	Y
2017-12-07	2700	<b>My Family Feast</b>	Greek	It's St George's Day and George Gavalas is celebrating his name day with family and friends, Greek style. Chef Sean Connolly joins the men to catch seafood for the feast.	AUSTRALIA	English-100		Y	
2017-12-07	2725	<b>Best Thing I Ever Ate Bitesize</b>	Guy Fieri - Fried Chicken	What is Guy Fieri's favourite thing to eat with his hands? Uncle Lou's fried chicken in Memphis, Tennessee. #FoodNetworkAU	USA	English-100	G		
2017-12-07	2730	<b>Mystery Diners</b>	Tipping Point, The	Charles Stiles and the Mystery Diners investigate a rumour that a recently promoted head waiter isn't evenly distributing the pooled tips.	USA	English-100	PG		Y
2017-12-07	2800	<b>Mystery Diners</b>	Something Smells Fishy	Complaints about the quality of fish at this restaurant reveals that a recently hired chef may not be honest about what's in his high-priced dishes.	USA	English-100	PG		Y
2017-12-07	2830	<b>Bizarre Foods: Delicious Destinations</b>	Milwaukee	Milwaukee may be known for its beer, but it's also home to mouth-watering classic American foods, from cheese curds and bratwurst to frozen custard and butter burgers.	USA	English-100	G		
2017-12-08	0500	<b>\$40 a Day with Rachael Ray</b>	Asheville, North Carolina	(S.1c,Ep.9) Asheville, North Carolina - Rachael Ray is on the search for great food, but the catch is, she's only got \$40 a day to spend! Today, Rachael visits historic Asheville. #FoodNetworkAU	USA	English-100	G		
2017-12-08	0530	<b>Rachael Ray's Easy Holiday Feast</b>	Rachael Ray's Easy Holiday Feast	Rachael Ray's holiday gift to you is a festive meal for a crowd with everything but the stress...on your table in under an hour! At the centre of the table: soy and cider brined turkey. #FoodNetworkAU	USA	English-100	G		
2017-12-08	0625	<b>Small Business Secrets Bitesize</b>	Voula Greek	Nick and Voula have created a successful small business based on food, family and partnership	AUSTRALIA	English-100	NC		
2017-12-08	0630	<b>Surfing The Menu: Next Generation</b>	Carnarvon	Dan Churchill & Hayden Quinn wander through the cyclone-devastated town, through recovering beds of rocket, green papaya & black Sapote. They meet the local Tongan community who are roasting a pig.	AUSTRALIA	English-100	G		
2017-12-08	0700	<b>Food Lovers' Guide To Australia</b>	Food Lovers Guide To Australia Series 5 Ep 12	Maeve O'Meara and Joanna Savill continue to explore the best food and produce around. Today, Maeve discovers how luscious strawberries can make the perfect love potion.	AUSTRALIA	English-100	G	Y	

2017-12-08	0730	<b>Best Of New Zealand With Nick Honeyman</b>	Bay Of Plenty	Nick goes paddling on the harbour with an Olympic kayaker, then visits an avocado orchard to prepare a healthy avocado salad and avocado and coconut water smoothie.	AUSTRALIA	English-100	G		
2017-12-08	0800	<b>Food Lab By Ben Milbourne</b>	Food Lab Series 2 Ep 14	Joel and Ben meet at the University of Queensland and prepare a basic risotto while finding out why starches become thick.	AUSTRALIA	English-100	PG		
2017-12-08	0830	<b>Carnivore Chronicles</b>	Meat Glorious Meat	Adam goes whole hog at The Pit in Raleigh, North Carolina; dips into a legendary French Dip in Los Angeles; and gets the hamburger hook up at Hukailau Cafe in Hawaii.	USA	English-100	PG		
2017-12-08	0900	<b>Carnivore Chronicles</b>	Meat Shall Inherit The Earth, The	Adam goes to Phoenix for a hot dog made famous by Alice Cooper, chows down on Columbus' legendary Thurman burger, and tops it off with Baltimore's own pit beef sandwich.	USA	English-100	G		
2017-12-08	0930	<b>Worst Cooks In America</b>	Final Showdown, The	The final two recruits face their final, ultimate challenge - cook a restaurant quality meal for a panel of culinary experts. One is named the winner & awarded \$50,000 to go to their chosen charity.	USA	English-100	PG		
2017-12-08	1025	<b>Luke Nguyen's France Bitesize</b>	Luke Nguyen's France Series 1 Bitesize Ep 3	Some of the best moments from Luke Nguyen's culinary journey around France, including the country's breathtaking scenery and famous cuisine. #LukeNguyensFrance	AUSTRALIA	English-70; French-30	G	Y	
2017-12-08	1030	<b>My Family Feast</b>	Argentinean	Chef Sean Connolly experiences the many flavours of Argentina when he meets the Yoia family and learns cooking techniques for a lively Sunday afternoon barbeque.	AUSTRALIA	English-100		Y	Y
2017-12-08	1100	<b>My Family Feast</b>	Greek	It's St George's Day and George Gavalas is celebrating his name day with family and friends, Greek style. Chef Sean Connolly joins the men to catch seafood for the feast.	AUSTRALIA	English-100		Y	
2017-12-08	1125	<b>Best Thing I Ever Ate Bitesize</b>	Guy Fieri - Fried Chicken	What is Guy Fieri's favourite thing to eat with his hands? Uncle Lou's fried chicken in Memphis, Tennessee. #FoodNetworkAU	USA	English-100	G		
2017-12-08	1130	<b>Mystery Diners</b>	Tipping Point, The	Charles Stiles and the Mystery Diners investigate a rumour that a recently promoted head waiter isn't evenly distributing the pooled tips.	USA	English-100	PG		Y
2017-12-08	1200	<b>Bizarre Foods: Delicious Destinations</b>	Milwaukee	Milwaukee may be known for its beer, but it's also home to mouth-watering classic American foods, from cheese curds and bratwurst to frozen custard and butter burgers.	USA	English-100	G		
2017-12-08	1230	<b>Cooks Vs. Cons</b>	Doughnut Derby	The lasagne challenge is layered with twists, as contestants must incorporate the surprise ingredient: condiments. Round two keeps rolling as the surprise ingredient doughnuts has the cooks colliding.	USA	English-100	G		
2017-12-08	1325	<b>Lyndey Milan's Taste Of Australia</b>	Heroes	Join TV personality Lyndey Milan as she unearths the characters, places, pastures and heroes - the thriving backbone of a thriving Australian culinary culture - and delivers a real Taste of Australia.	AUSTRALIA	English-100	G		
2017-12-08	1330	<b>Mystery Diners</b>	Something Smells Fishy	Complaints about the quality of fish at this restaurant reveals that a recently hired chef may not be honest about what's in his high-priced dishes.	USA	English-100	PG		Y
2017-12-08	1400	<b>Food Lab By Ben Milbourne</b>	Food Lab Series 2 Ep 14	Joel and Ben meet at the University of Queensland and prepare a basic risotto while finding out why starches become thick.	AUSTRALIA	English-100	PG		
2017-12-08	1430	<b>Carnivore Chronicles</b>	Meat Glorious Meat	Adam goes whole hog at The Pit in Raleigh, North Carolina; dips into a legendary French Dip in Los Angeles; and gets the hamburger hook up at Hukailau Cafe in Hawaii.	USA	English-100	PG		
2017-12-08	1500	<b>\$40 a Day with Rachael Ray</b>	Chattanooga, Tennessee	(S.1c,Ep.10) Chattanooga, Tennessee - All aboard as Rachael pulls in to Chattanooga for some old fashion southern cooking with a modern flair. #FoodNetworkAU	USA	English-100	G		
2017-12-08	1530	<b>Barefoot Contessa Specials</b>	Barefoot Holiday, A	(S.1 Ep.4) It's the week before the holidays and Ina Garten & her husband, Jeffrey, are on a gateway in the Berkshires with friends, kicking off the festive season with a great winter weekend.	USA	English-100	G		
2017-12-08	1625	<b>Small Business Secrets Bitesize</b>	Lemon Myrtle	Find out how a retired police officer launched a successful business that is now flying high with Qantas	AUSTRALIA	English-100	NC		
2017-12-08	1630	<b>Surfing The Menu: Next Generation</b>	Exmouth	Dan Churchill & Hayden Quinn surf with Alex Ramirez. David Ross invites them to the Ningaloo Reef to snorkel & see fish, turtles & manta rays. They try for some mud crabs & go prawning from a trawler.	AUSTRALIA	English-100	PG		
2017-12-08	1700	<b>Food Lovers' Guide To Australia</b>	Food Lovers Guide To Australia Series 5 Ep 13	Maeve O'Meara and Joanna Savill continue to explore the best food and produce around. Today, Maeve visits the old Sun Pictures - a Broome institution, and Joanna discovers pistachios.	AUSTRALIA	English-100	G	Y	

2017-12-08	1730	<b>Best Of New Zealand With Nick Honeyman</b>	Auckland	Nick meets an Auckland family who own a boutique vineyard and a farmer who raises Southdown sheep, before preparing a classic roast lamb dish with a twist, matched with a local wine.	AUSTRALIA	English-100	G		
2017-12-08	1800	<b>Food Lab By Ben Milbourne</b>	Food Lab Series 2 Ep 15	Ben makes a hearty Seafood Chowder, with locally sourced seafood and a secret ingredient.	AUSTRALIA	English-100	PG		
2017-12-08	1830	<b>Carnivore Chronicles</b>	Adventures With Pork	Adam travels to Hawaii for the island's take on short ribs; heads to Indianapolis for a massive pork tenderloin sandwich; and visits Chicago to sample a specialty called Italian beef.	USA	English-100	G		
2017-12-08	1900	<b>Carnivore Chronicles</b>	It's A Meat Meat Meat Meat World	Adam goes old school with the Old World Platter in Massapequa Park, New York; digs in to Oklahoma City's famous onion burger; and fills up on Pittsburgh's legendary stuffed sandwiches.	USA	English-100	G		
2017-12-08	1925	<b>Destination Flavour Singapore Bitesize</b>	Fish Head Curry	The best bits of Adam Liau's travels in Singapore, as he explores its vibrant food scene.					
2017-12-08	1930	<b>Holiday Baking Championship</b>	Signs Of The Season	For the pre-heat, host Bobby Deen challenges the 9 bakers to take seasonal hot beverages like hot chocolate and apple cider a step further by turning them into desserts.	USA	English-100	PG		
2017-12-08	2025	<b>Peter Kuruvita's Mexican Fiesta Bitesize</b>	Mexican Fiesta With Peter Kuruvita S1 Bitesize Ep 9	All your favourite moments so far from chef Peter Kuruvita's culinary and cultural journey through vibrant and colourful Mexico. #MexicanFiestaSBS #SBSFood	AUSTRALIA	English-95; Spanish-5	G	Y	
2017-12-08	2030	<b>Poh &amp; Co.</b>	Poh & Co. Series 2 Ep 5	(S.2 Ep.5) With their business expanding, Poh & Jono's lives are about to get seriously hectic. They seek some serenity in a motorhome & head out back to the magnificent Flinders Ranges. #PohandCo	AUSTRALIA	English-100	G	Y	Y
2017-12-08	2100	<b>Beach Bites With Katie Lee</b>	Beach Bar Snacks	Beach life brings up visions of tasty food, great cocktails and relaxing fun time, and Katie Lee is getting a taste of the amazing bar bites brewing along the beaches of the world.	USA	English-100	PG		
2017-12-08	2130	<b>Mystery Diners</b>	Valet Disservice	Complaints about a valet service sends Mystery Diners undercover to show just how detrimental a bad valet can be to a restaurant's business.	USA	English-100	PG		Y
2017-12-08	2200	<b>Mystery Diners</b>	Getting A Leg Up	A former waiter has threatened a lawsuit against owner Derrick, so to appease him Derrick made him a host - but his laziness hasn't stopped.	USA	English-100	PG		Y
2017-12-08	2225	<b>Best Thing I Ever Ate Bitesize Asia</b>	Philippines - Stephanie Zubiri	Stephanie Zubiri - Food stars and celebrities talk about some of the best food they've ever eaten. Stephanie Zubiri chooses tagliolini arrabbiata from Va Bene, Makati City, Philippines. #FoodNetworkAU	SINGAPORE	English-100	G		
2017-12-08	2230	<b>Bizarre Foods: Delicious Destinations</b>	Miami	Miami's beaches and glitzy nightlife make it an international hot spot, but it's the food that really gives this city flavour, from Cuban sandwiches to fresh stone crabs and key lime pie.	USA	English-100	G		
2017-12-08	2300	<b>Cooks Vs. Cons</b>	Surf And Turf Showdown	Professional chefs and home cooks compete through a sticky situation, when the surf and turf challenge must utilise syrup as the surprise ingredient.	USA	English-100	G		Y
2017-12-08	2355	<b>Lyndey Milan's Taste Of Australia</b>	Melbourne And The Yarra Valley, Part 1 Of 2	Join TV personality Lyndey Milan as she unearths the characters, places, pastures and heroes - the thriving backbone of a thriving Australian culinary culture - and delivers a real Taste of Australia.	AUSTRALIA	English-100	G		
2017-12-08	2400	<b>Food Lab By Ben Milbourne</b>	Food Lab Series 2 Ep 15	Ben makes a hearty Seafood Chowder, with locally sourced seafood and a secret ingredient.	AUSTRALIA	English-100	PG		
2017-12-08	2430	<b>Carnivore Chronicles</b>	Adventures With Pork	Adam travels to Hawaii for the island's take on short ribs; heads to Indianapolis for a massive pork tenderloin sandwich; and visits Chicago to sample a specialty called Italian beef.	USA	English-100	G		
2017-12-08	2500	<b>Carnivore Chronicles</b>	It's A Meat Meat Meat Meat World	Adam goes old school with the Old World Platter in Massapequa Park, New York; digs in to Oklahoma City's famous onion burger; and fills up on Pittsburgh's legendary stuffed sandwiches.	USA	English-100	G		
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2017-12-08	2630	<b>Poh &amp; Co.</b>	Poh & Co. Series 2 Ep 5	(S.2 Ep.5) With their business expanding, Poh & Jono's lives are about to get seriously hectic. They seek some serenity in a motorhome & head out back to the magnificent Flinders Ranges. #PohandCo	AUSTRALIA	English-100	G	Y	Y

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2017-12-09	0500	<b>\$40 a Day with Rachael Ray</b>	Chattanooga, Tennessee	(S.1c,Ep.10) Chattanooga, Tennessee - All aboard as Rachael pulls in to Chattanooga for some old fashion southern cooking with a modern flair. #FoodNetworkAU	USA	English-100	G		
2017-12-09	0530	<b>Barefoot Contessa Specials</b>	Barefoot Holiday, A	(S.1 Ep.4) It's the week before the holidays and Ina Garten & her husband, Jeffrey, are on a gateway in the Berkshires with friends, kicking off the festive season with a great winter weekend.	USA	English-100	G		
2017-12-09	0625	<b>Small Business Secrets Bitesize</b>	Lemon Myrtle	Find out how a retired police officer launched a successful business that is now flying high with Qantas	AUSTRALIA	English-100	NC		
2017-12-09	0630	<b>Surfing The Menu: Next Generation</b>	Exmouth	Dan Churchill & Hayden Quinn surf with Alex Ramirez. David Ross invites them to the Ningaloo Reef to snorkel & see fish, turtles & manta rays. They try for some mud crabs & go prawning from a trawler.	AUSTRALIA	English-100	PG		
2017-12-09	0700	<b>Food Lovers' Guide To Australia</b>	Food Lovers Guide To Australia Series 5 Ep 13	Maeve O'Meara and Joanna Savill continue to explore the best food and produce around. Today, Maeve visits the old Sun Pictures - a Broome institution, and Joanna discovers pistachios.	AUSTRALIA	English-100	G		Y
2017-12-09	0730	<b>Best Of New Zealand With Nick Honeyman</b>	Auckland	Nick meets an Auckland family who own a boutique vineyard and a farmer who raises Southdown sheep, before preparing a classic roast lamb dish with a twist, matched with a local wine.	AUSTRALIA	English-100	G		
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2017-12-09	0830	<b>Carnivore Chronicles</b>	Adventures With Pork	Adam travels to Hawaii for the island's take on short ribs; heads to Indianapolis for a massive pork tenderloin sandwich; and visits Chicago to sample a specialty called Italian beef.	USA	English-100	G		
2017-12-09	0900	<b>Carnivore Chronicles</b>	It's A Meat Meat Meat Meat World	Adam goes old school with the Old World Platter in Massapequa Park, New York; digs in to Oklahoma City's famous onion burger; and fills up on Pittsburgh's legendary stuffed sandwiches.	USA	English-100	G		
2017-12-09	0930	<b>Holiday Baking Championship</b>	Signs Of The Season	For the pre-heat, host Bobby Deen challenges the 9 bakers to take seasonal hot beverages like hot chocolate and apple cider a step further by turning them into desserts.	USA	English-100	PG		
2017-12-09	1025	<b>Peter Kuruvita's Mexican Fiesta Bitesize</b>	Mexican Fiesta With Peter Kuruvita S1 Bitesize Ep 9	All your favourite moments so far from chef Peter Kuruvita's culinary and cultural journey through vibrant and colourful Mexico. #MexicanFiestaSBS #SBSFood	AUSTRALIA	English-95; Spanish-5	G		Y
2017-12-09	1030	<b>Poh &amp; Co.</b>	Poh & Co. Series 2 Ep 5	(S.2 Ep.5) With their business expanding, Poh & Jono's lives are about to get seriously hectic. They seek some serenity in a motorhome & head out back to the magnificent Flinders Ranges. #PohandCo	AUSTRALIA	English-100	G		Y
2017-12-09	1100	<b>Beach Bites With Katie Lee</b>	Beach Bar Snacks	Beach life brings up visions of tasty food, great cocktails and relaxing fun time, and Katie Lee is getting a taste of the amazing bar bites brewing along the beaches of the world.	USA	English-100	PG		
2017-12-09	1130	<b>Mystery Diners</b>	Valet Disservice	Complaints about a valet service sends Mystery Diners undercover to show just how detrimental a bad valet can be to a restaurant's business.	USA	English-100	PG		Y
2017-12-09	1200	<b>Bizarre Foods: Delicious Destinations</b>	Miami	Miami's beaches and glitzy nightlife make it an international hot spot, but it's the food that really gives this city flavour, from Cuban sandwiches to fresh stone crabs and key lime pie.	USA	English-100	G		
2017-12-09	1230	<b>Cooks Vs. Cons</b>	Surf And Turf Showdown	Professional chefs and home cooks compete through a sticky situation, when the surf and turf challenge must utilise syrup as the surprise ingredient.	USA	English-100	G		Y
2017-12-09	1325	<b>Lyndey Milan's Taste Of Australia</b>	Melbourne And The Yarra Valley, Part 1 Of 2	Join TV personality Lyndey Milan as she unearths the characters, places, pastures and heroes - the thriving backbone of a thriving Australian culinary culture - and delivers a real Taste of Australia.	AUSTRALIA	English-100	G		



2017-12-09	1330	<b>Mystery Diners</b>	Getting A Leg Up	A former waiter has threatened a lawsuit against owner Derrick, so to appease him Derrick made him a host - but his laziness hasn't stopped.	USA	English-100	PG		Y
2017-12-09	1400	<b>Food Lab By Ben Milbourne</b>	Food Lab Series 2 Ep 15	Ben makes a hearty Seafood Chowder, with locally sourced seafood and a secret ingredient.	AUSTRALIA	English-100	PG		
2017-12-09	1430	<b>Carnivore Chronicles</b>	Adventures With Pork	Adam travels to Hawaii for the island's take on short ribs; heads to Indianapolis for a massive pork tenderloin sandwich; and visits Chicago to sample a specialty called Italian beef.	USA	English-100	G		
2017-12-09	1500	<b>Anthony Bourdain: No Reservations</b>	Paris	Anthony Bourdain explores Paris, the city of light and love, and finds unexpected surprises on a journey through the lives of the city's working class.	USA	English-100	PG		Y
2017-12-09	1550	<b>Anthony Bourdain: No Reservations</b>	New Jersey	Anthony Bourdain comes out of the closet about his New Jersey roots and takes a sentimental journey through the New Jersey of his youth. And find out why the state can't shake it's bad reputation.	USA	English-100	PG		
2017-12-09	1645	<b>Anthony Bourdain: No Reservations</b>	Iceland	It is the middle of winter in Iceland, with only four hours of daylight each day. Anthony checks out rumours that the darkness is an excuse for Icelanders to party the night away.	USA	English-100	PG		Y
2017-12-09	1735	<b>Mystery Diners</b>	Getting A Leg Up	A former waiter has threatened a lawsuit against owner Derrick, so to appease him Derrick made him a host - but his laziness hasn't stopped.	USA	English-100	PG		Y
2017-12-09	1800	<b>Carnivore Chronicles</b>	It's A Meat Meat Meat Meat World	Adam goes old school with the Old World Platter in Massapequa Park, New York; digs in to Oklahoma City's famous onion burger; and fills up on Pittsburgh's legendary stuffed sandwiches.	USA	English-100	G		
2017-12-09	1830	<b>My Family Feast</b>	Argentinean	Chef Sean Connolly experiences the many flavours of Argentina when he meets the Yoia family and learns cooking techniques for a lively Sunday afternoon barbeque.	AUSTRALIA	English-100		Y	Y
2017-12-09	1900	<b>My Family Feast</b>	Greek	It's St George's Day and George Gavalas is celebrating his name day with family and friends, Greek style. Chef Sean Connolly joins the men to catch seafood for the feast.	AUSTRALIA	English-100		Y	
2017-12-09	1925	<b>Best Thing I Ever Ate Bitesize</b>	Alex Guarnaschelli - Whole Roasted Chicken	Alex Guarnaschelli - Food stars and chefs talk about some of the best meals they've ever eaten. Alex Guarnaschelli chooses whole roasted chicken from Craigie on Main, Cambridge. #FoodNetworkAU	USA	English-100	G		
2017-12-09	1930	<b>Follow Donal To Europe: Krakow</b>	Krakow, Poland	(S.1,Ep.9) Far from Europe's culinary capitals, food writer and host Donal Skehan meets up with foodies across the continent to uncover its incredible underground food scenes. #FoodNetworkAU	UNITED KINGDOM	English-100	G		Y
2017-12-09	2000	<b>Follow Donal To Europe: San Sebastian</b>	San Sebastian, Spain	(S.1,Ep.10) Far from Europe's culinary capitals, food writer and host Donal Skehan meets up with foodies across the continent to uncover its incredible underground food scenes. #FoodNetworkAU	UNITED KINGDOM	English-100	G		Y
2017-12-09	2025	<b>Tasty Conversations With Audra Morrice</b>	Seasoning Your Wok	With her tool kit & favourite staples always at the ready, Audra Morrice embarks on a personal journey as she delves into the rich culture of modern Australian cuisine via her Chinese & Indian roots.	AUSTRALIA	English-100	G		
2017-12-09	2030	<b>Mystery Diners</b>	Barbecue Blues	Mystery Diners go on a taste-test to see if one of the employees is selling the secret family recipe for barbecue sauce.	USA	English-100	PG		Y
2017-12-09	2100	<b>Mystery Diners</b>	Off The Menu	When the owner of Zio Cecio hears rave reviews about Tex-Mex food being served in his Italian restaurant, Mystery Diners discover that his employees are running a secret side business.	USA	English-100	PG		Y
2017-12-09	2125	<b>Lyndey Milan's Taste Of Australia</b>	Margaret River, Part 1 Of 2	Join TV personality Lyndey Milan as she unearths the characters, places, pastures and heroes - the thriving backbone of a thriving Australian culinary culture - and delivers a real Taste of Australia.	AUSTRALIA	English-100	G		
2017-12-09	2130	<b>Cooks Vs. Cons</b>	Crantastic Quesadillas!	The contestants are toast unless they can create succulent quesadillas from a tart surprise ingredient, cranberries.	USA	English-100	PG		Y
2017-12-09	2225	<b>Destination Flavour - Japan Bitesize</b>	Destination Flavour - Japan Series 1 Bitesize Ep 1	Your favourite moments from Adam Liaw's journey throughout Japan, from its frozen north, through the cherry-blossomed mainland, and down to the tropical sun-soaked southern islands. #DestFlavSBS	AUSTRALIA	English-100	G	Y	Y
2017-12-09	2230	<b>Anthony Bourdain: No Reservations</b>	Paris	Anthony Bourdain explores Paris, the city of light and love, and finds unexpected surprises on a journey through the lives of the city's working class.	USA	English-100	PG		Y
2017-12-09	2325	<b>Duff Goldman In Australia</b>	Duff Goldman In Australia	Food Network's favourite cake decorator, Duff Goldman, came to Australia for the ultimate decorating challenge. With junior fans to assist, Duff decorates a giant cake in the shape of Australia.	AUSTRALIA	English-100	G		

2017-12-09

2330

**Anthony Bourdain: No Reservations**

New Jersey

Anthony Bourdain comes out of the closet about his New Jersey roots and takes a sentimental journey through the New Jersey of his youth. And find out why the state can't shake it's bad reputation.

USA

English-100

PG

2017-12-09	2425	<b>Small Business Secrets Bitesize</b>	Archie Rose	Find out how Will Edwards started his artisan gin distillery Archie Rose	AUSTRALIA	English-100	NC		
2017-12-09	2430	<b>Anthony Bourdain: No Reservations</b>	Iceland	It is the middle of winter in Iceland, with only four hours of daylight each day. Anthony checks out rumours that the darkness is an excuse for Icelanders to party the night away.	USA	English-100	PG		Y
2017-12-09	2525	<b>Tasty Conversations With Audra Morrice</b>	Steve Wallis, Snowy Mountains Garlic - Part 1	With her tool kit & favourite staples always at the ready, Audra Morrice embarks on a personal journey as she delves into the rich culture of modern Australian cuisine via her Chinese & Indian roots.	AUSTRALIA	English-100	G		
2017-12-09	2530	<b>My Family Feast</b>	Argentinean	Chef Sean Connolly experiences the many flavours of Argentina when he meets the Yoia family and learns cooking techniques for a lively Sunday afternoon barbeque.	AUSTRALIA	English-100		Y	Y
2017-12-09	2600	<b>My Family Feast</b>	Greek	It's St George's Day and George Gavalas is celebrating his name day with family and friends, Greek style. Chef Sean Connolly joins the men to catch seafood for the feast.	AUSTRALIA	English-100		Y	
2017-12-09	2630	<b>Cooks Vs. Cons</b>	Crantastic Quesadillas!	The contestants are toast unless they can create succulent quesadillas from a tart surprise ingredient, cranberries.	USA	English-100	PG		Y
2017-12-09	2725	<b>Destination Flavour - Japan Bitesize</b>	Destination Flavour - Japan Series 1 Bitesize Ep 1	Your favourite moments from Adam Liaw's journey throughout Japan, from its frozen north, through the cherry-blossomed mainland, and down to the tropical sun-soaked southern islands. #DestFlavSBS	AUSTRALIA	English-100	G	Y	Y
2017-12-09	2730	<b>Follow Donal To Europe: Krakow</b>	Krakow, Poland	(S.1,Ep.9) Far from Europe's culinary capitals, food writer and host Donal Skehan meets up with foodies across the continent to uncover its incredible underground food scenes. #FoodNetworkAU	UNITED KINGDOM	English-100	G		Y
2017-12-09	2800	<b>Follow Donal To Europe: San Sebastian</b>	San Sebastian, Spain	(S.1,Ep.10) Far from Europe's culinary capitals, food writer and host Donal Skehan meets up with foodies across the continent to uncover its incredible underground food scenes. #FoodNetworkAU	UNITED KINGDOM	English-100	G		Y
2017-12-09	2830	<b>Mystery Diners</b>	Barbecue Blues	Mystery Diners go on a taste-test to see if one of the employees is selling the secret family recipe for barbecue sauce.	USA	English-100	PG		Y

