



WEEK 5: Sunday, 28 January - Saturday, 3 February, 2018 ALL MARKETS

Date	Start Time	Title	Episode Title	Digital Epg Synopsis	Country of Origin	Language	Repeat	Classification	Closed Captions	Subtitles
4/02/2018	500	Andy & Ben Eat The World	Andy And Ben Eat The World Series 1 Ep 1	Andy & Ben prepare one of their favourite Mexican dishes and talk about their Mexico trip, where they were thrown right into the thick of Mexico City's historical food markets.	AUSTRALIA	English-100		G		
4/02/2018	530	Andy & Ben Eat The World	Andy And Ben Eat The World Series 1 Ep 2	Dive into the Pacific Ocean to see Andy & Ben in one of Mexico's most famous coastal stretches and the picturesque town of Puerto Escondido, in search of Mahi Mahi & a fishing trip of a lifetime.	AUSTRALIA	English-100		G		
4/02/2018	600	Diners, Drive-Ins And Dives	Old Standards, New Styles	(S.20,Ep.3) Old Standards, New Styles - This trip, Guy's hitting up some spots serving comfort food kicked up a notch, including some home-style favourites like pot roast and scones. #FoodNetworkAU	USA	English-100		G		
4/02/2018	630	Man V. Food Best Of	Pork-A-Palooza	(S.1 Ep.1) In honour of pork, we bring you Adam Richman's porkiest adventures! From bacon to grilled ham, no pig is left unturned.	USA	English-100		G		
4/02/2018	700	Man V. Food Best Of	Beefy Burgers	(S.1 Ep.2) Adam Richman is taking us on a Beefy Burger road trip down memory lane. From a juicy bacon burger to a southwestern star, he's got to try them all.	USA	English-100		PG		
4/02/2018	730	Man V. Food Best Of	Cheesy Goodness	(S.1 Ep.3) Shredded, Sliced or melted, cheese makes everything better. Adam Richman revisits his cheesiest adventures around the country and competes in the ultimate grilled cheese challenge.	USA	English-100		G		
4/02/2018	800	Man V. Food Best Of	Juicy Bites	(S.1 Ep.4) Jucy Bites is the essence of Man v Food, and these four wonderfully juicy dishes end with one of the toughest challenges in Adam Richman's long food quest.	USA	English-100		G		
4/02/2018	830	Help My Yelp	Brooklyn Taco Fail	Chef and restaurant consultant Monti Carlo's on a mission to help struggling restaurants fix their food and service issues by enlisting elite Yelp reviewers.	USA	English-100		PG		
4/02/2018	900	Help My Yelp	Comfort Food Catastrophe	Monti Carlo gives a dish a social media makeover, challenging the lead cook of The Spot in New Jersey to a consistency test and a crash course in management.	USA	English-100		PG		
4/02/2018	930	Mystery Diners	Promotion Sabotage	(S.7 Ep.3) Charles Stiles mediates as owners of Barrio Star differ on who to promote. #FoodNetworkAU	USA	English-100		PG		Y
4/02/2018	1000	Mystery Diners	Dueling Food Trucks	(S.7 Ep.4) Competing food trucks want to know why they are both losing revenue. #FoodNetworkAU	USA	English-100		G		Y
4/02/2018	1030	Bondi Harvest	Health First	After kicking off with a few of Guy's go-to homemade teas, elixirs and infusions, it's off to the Bondi to Bronte coastal walk to talk wellness with nutritionist and author Lola Berry.	AUSTRALIA	English-100		PG		
4/02/2018	1100	Bondi Harvest	My Favourites	Guy loves to roll out his crowd pleaser recipes but these crowd pleasers might not be what you'd expect. From baked doughnuts to Jerk marinated chicken drumsticks, these are a guaranteed home run.	AUSTRALIA	English-100		PG		
4/02/2018	1130	Andy & Ben Eat The World	Andy And Ben Eat The World Series 1 Ep 1	Andy & Ben prepare one of their favourite Mexican dishes and talk about their Mexico trip, where they were thrown right into the thick of Mexico City's historical food markets.	AUSTRALIA	English-100		G		
4/02/2018	1200	Andy & Ben Eat The World	Andy And Ben Eat The World Series 1 Ep 2	Dive into the Pacific Ocean to see Andy & Ben in one of Mexico's most famous coastal stretches and the picturesque town of Puerto Escondido, in search of Mahi Mahi & a fishing trip of a lifetime.	AUSTRALIA	English-100		G		
4/02/2018	1230	Sandwich King Special	Candy Craze	(S.1 Ep.1) Jeff Mauro takes the ultimate candy-lover's road trip across America with delicious stops at his favourites. #FoodNetworkAU	USA	English-100		G		

4/02/2018	1325	Sandwich King Special	Disney Dream Cruise With Food Network	(S.1 Ep.2) This one-hour special brings together some of Food Network's favourite hosts for a vacation like no other. #FoodNetworkAU	USA	English-100		G		
4/02/2018	1420	Tasty Conversations With Audra Morrice	Apple Cake And Walnut Praline	With her tool kit & favourite staples always at the ready, Audra Morrice embarks on a personal journey as she delves into the rich culture of modern Australian cuisine via her Chinese and Indian roots	AUSTRALIA	English-100		G		
4/02/2018	1430	Help My Yelp	Brooklyn Taco Fail	Chef and restaurant consultant Monti Carlo's on a mission to help struggling restaurants fix their food and service issues by enlisting elite Yelp reviewers.	USA	English-100		PG		
4/02/2018	1500	Help My Yelp	Comfort Food Catastrophe	Monti Carlo gives a dish a social media makeover, challenging the lead cook of The Spot in New Jersey to a consistency test and a crash course in management.	USA	English-100		PG		
4/02/2018	1530	Mystery Diners	Promotion Sabotage	(S.7 Ep.3) Charles Stiles mediates as owners of Barrio Star differ on who to promote. #FoodNetworkAU	USA	English-100		PG		Y
4/02/2018	1600	Mystery Diners	Dueling Food Trucks	(S.7 Ep.4) Competing food trucks want to know why they are both losing revenue. #FoodNetworkAU	USA	English-100		G		Y
4/02/2018	1630	Bondi Harvest	Health First	After kicking off with a few of Guy's go-to homemade teas, elixirs and infusions, it's off to the Bondi to Bronte coastal walk to talk wellness with nutritionist and author Lola Berry.	AUSTRALIA	English-100		PG		
4/02/2018	1700	Diners, Drive-Ins And Dives	From Standards To Standouts	(S.20,Ep.4) From Standards to Standouts -This trip, Guy's hitting up all kinds of killer joints, from classic Italian to modern Americana. #FoodNetworkAU	USA	English-100		G		
4/02/2018	1730	Man V. Food Best Of	Juicy Bites	(S.1 Ep.4) Jucy Bites is the essence of Man v Food, and these four wonderfully juicy dishes end with one of the toughest challenges in Adam Richman's long food quest.	USA	English-100		G		
4/02/2018	1800	Man V. Food Best Of	Fiery Flavors	(S.1 Ep.5) From pleasantly tongue-tingling to flat our diabolical, we revisit Adam Richman's most fiery eats from Man v Food.	USA	English-100		G		Y
4/02/2018	1825	Real Food Adventures	Vietnam	Eat your way around the world with this series of quick and easy global recipes.	AUSTRALIA	English-100		G		
4/02/2018	1830	Anthony Bourdain: No Reservations	Ireland	Ireland is steeped in history and traditions, both oral and written. It's also steeped in the myth that it has the worst food on the planet. Tony travels to Ireland to dispel those myths.	USA	English-100		PG		Y
4/02/2018	1925	Shane Delia's Spice Journey Bitesize	Shane Delia's Spice Journey - Turkey S1 Bitesize Ep 9	Some of the best moments so far from Shane Delia's culinary and cultural journey through the wondrous nation of Turkey.	AUSTRALIA	English-100	RPT	PG	Y	Y
4/02/2018	1930	Noma My Perfect Storm	Noma My Perfect Storm	After winning a Best Restaurant In The World award in 2010, 2011, 2012, and 2014, chef Rene Redzepi discusses his Copenhagen restaurant Noma and how his culinary philosophy has shaped its success.	UNITED KINGDOM	Swedish-16.7; Albanian-16.66; Danish-16.66; English-				Y
4/02/2018	2135	Rick Stein's Far Eastern Odyssey	Sri Lanka And Bali	In Sri Lanka, Rick Stein discovers a wealth of spicy vegetable curries. In Colombo, he meets one the country's most respected chefs and tastes an unforgettable chilli crab. (2-part episode)	UNITED KINGDOM	English-100	RPT			
4/02/2018	2240	Mystery Diners	Secret Pairings	(S.7 Ep.9) Charles Stiles looks into food discrepancies at Indulge Bistro and Wine Bar. #FoodNetworkAU	USA	English-100		G		Y
4/02/2018	2305	Mystery Diners	Partner In Crime	(S.7 Ep.11) Charles Stiles heads to LA to discover who's skimming the Black Rose Tavern #FoodNetworkAU	USA	English-100		PG		Y
4/02/2018	2335	Sandwich King Special	Candy Craze	(S.1 Ep.1) Jeff Mauro takes the ultimate candy-lover's road trip across America with delicious stops at his favourites. #FoodNetworkAU	USA	English-100		G		
4/02/2018	2430	Sandwich King Special	Disney Dream Cruise With Food Network	(S.1 Ep.2) This one-hour special brings together some of Food Network's favourite hosts for a vacation like no other. #FoodNetworkAU	USA	English-100		G		
4/02/2018	2525	Tasty Conversations With Audra Morrice	Barbecue Pork Satay And Peanut Sauce	With her tool kit and favourite staples always at the ready, Audra Morrice embarks on a personal journey as she delves into the rich culture of modern Australian cuisine via her Chinese and Indian roo	AUSTRALIA	English-100		G		

4/02/2018	2530	Diners, Drive-Ins And Dives	From Standards To Standouts	(S.20,Ep.4) From Standards to Standouts -This trip, Guy's hitting up all kinds of killer joints, from classic Italian to modern Americana. #FoodNetworkAU	USA	English-100		G		
4/02/2018	2600	Man V. Food Best Of	Juicy Bites	(S.1 Ep.4) Jucy Bites is the essence of Man v Food, and these four wonderfully juicy dishes end with one of the toughest challenges in Adam Richman's long food quest.	USA	English-100		G		
4/02/2018	2630	Anthony Bourdain: No Reservations	Ireland	Ireland is steeped in history and traditions, both oral and written. It's also steeped in the myth that it has the worst food on the planet. Tony travels to Ireland to dispel those myths.	USA	English-100		PG		Y
4/02/2018	2725	Shane Delia's Spice Journey Bitesize	Shane Delia's Spice Journey - Turkey S1 Bitesize Ep 9	Some of the best moments so far from Shane Delia's culinary and cultural journey through the wondrous nation of Turkey.	AUSTRALIA	English-100	RPT	PG	Y	Y
4/02/2018	2730	Rick Stein's Far Eastern Odyssey	Sri Lanka And Bali	In Sri Lanka, Rick Stein discovers a wealth of spicy vegetable curries. In Colombo, he meets one the country's most respected chefs and tastes an unforgettable chilli crab. (2-part episode)	UNITED KINGDOM	English-100	RPT			
4/02/2018	2835	Man V. Food Best Of	Fiery Flavors	(S.1 Ep.5) From pleasantly tongue-tingling to flat our diabolical, we revisit Adam Richman's most fiery eats from Man v Food.	USA	English-100		G		Y
5/02/2018	500	Mystery Diners	Secret Pairings	(S.7 Ep.9) Charles Stiles looks into food discrepancies at Indulge Bistro and Wine Bar. #FoodNetworkAU	USA	English-100		G		Y
5/02/2018	530	Sandwich King Special	Candy Craze	(S.1 Ep.1) Jeff Mauro takes the ultimate candy-lover's road trip across America with delicious stops at his favourites. #FoodNetworkAU	USA	English-100		G		
5/02/2018	630	Sandwich King Special	Disney Dream Cruise With Food Network	(S.1 Ep.2) This one-hour special brings together some of Food Network's favourite hosts for a vacation like no other. #FoodNetworkAU	USA	English-100		G		
5/02/2018	725	Tasty Conversations With Audra Morrice	Barbecue Pork Satay And Peanut Sauce	With her tool kit and favourite staples always at the ready, Audra Morrice embarks on a personal journey as she delves into the rich culture of modern Australian cuisine via her Chinese and Indian roo	AUSTRALIA	English-100		G		
5/02/2018	730	Mystery Diners	Partner In Crime	(S.7 Ep.11) Charles Stiles heads to LA to discover who's skimming the Black Rose Tavern #FoodNetworkAU	USA	English-100		PG		Y
5/02/2018	800	Diners, Drive-Ins And Dives	From Standards To Standouts	(S.20,Ep.4) From Standards to Standouts -This trip, Guy's hitting up all kinds of killer joints, from classic Italian to modern Americana. #FoodNetworkAU	USA	English-100		G		
5/02/2018	830	Man V. Food Best Of	Juicy Bites	(S.1 Ep.4) Jucy Bites is the essence of Man v Food, and these four wonderfully juicy dishes end with one of the toughest challenges in Adam Richman's long food quest.	USA	English-100		G		
5/02/2018	900	Rick Stein's Far Eastern Odyssey	Sri Lanka And Bali	In Sri Lanka, Rick Stein discovers a wealth of spicy vegetable curries. In Colombo, he meets one the country's most respected chefs and tastes an unforgettable chilli crab. (2-part episode)	UNITED KINGDOM	English-100	RPT			
5/02/2018	1005	Anthony Bourdain: No Reservations	Ireland	Ireland is steeped in history and traditions, both oral and written. It's also steeped in the myth that it has the worst food on the planet. Tony travels to Ireland to dispel those myths.	USA	English-100		PG		Y
5/02/2018	1100	Man V. Food Best Of	Fiery Flavors	(S.1 Ep.5) From pleasantly tongue-tingling to flat our diabolical, we revisit Adam Richman's most fiery eats from Man v Food.	USA	English-100		G		Y
5/02/2018	1130	Thieves, Inc	Garden Of Thievin'	(S.1,Ep.1) Garden of Thievin' - Funny and fearless, Scott McDonald and Connie Ribble can steal a store blind - all in the service of showing the owner where the security flaws are. #FoodNetworkAU	USA	English-100		PG		
5/02/2018	1200	Thieves, Inc	Saving Grace's	(S.1,Ep.2) Saving Grace's - To find security flaws in a family-owned grocery store in an affluent Long Island town, Scott and Connie pose as locals to see how much food they can steal. #FoodNetworkAU	USA	English-100		G		Y
5/02/2018	1230	Thieves, Inc	Candy Store Caper	(S.1,Ep.3) Candy Store Caper - At an iconic candy store in New York's Lower East Side, shoplifting happens by the handful every day. Experts Scott and Connie are called in to help. #FoodNetworkAU	USA	English-100		PG		Y
5/02/2018	1300	Mystery Diners	Secret Pairings	(S.7 Ep.9) Charles Stiles looks into food discrepancies at Indulge Bistro and Wine Bar. #FoodNetworkAU	USA	English-100		G		Y

5/02/2018	1325	Man V. Food Best Of	Juicy Bites	(S.1 Ep.4) Jucy Bites is the essence of Man v Food, and these four wonderfully juicy dishes end with one of the toughest challenges in Adam Richman's long food quest.	USA	English-100		G		
5/02/2018	1355	Rick Stein's Far Eastern Odyssey	Sri Lanka And Bali	In Sri Lanka, Rick Stein discovers a wealth of spicy vegetable curries. In Colombo, he meets one the country's most respected chefs and tastes an unforgettable chilli crab. (2-part episode)	UNITED KINGDOM	English-100	RPT			
5/02/2018	1500	Bobby Flay's Barbecue Addiction	Bobby's Basics: Burgers, Fries And Shakes	(S.4,Ep.1) Bobby's Basics: Burgers, Fries and Shakes - Chef Bobby Flay takes outdoor grilling to a whole new level. Today, he creates a simple and delicious custom burger bar. #FoodNetworkAU	USA	English-100		G		
5/02/2018	1530	Barefoot Contessa: Back To Basics	Best Barefoot Grilling	(S.9,Ep.10) Best Barefoot Grilling - Ina's firing up the grill for the ultimate guide to grilling with some of her favourite recipes: surf and turf is covered with Tuscan lemon chicken. #FoodNetworkAU	USA	English-100		G		
5/02/2018	1600	5 Ingredient Fix	Posh Potluck	(S.5,Ep.11) Posh Potluck - Claire Robinson serves up the ultimate potluck menu and each sure-fire dish is packed with flavour. On the menu: butternut-squash soup and rice pilaf. #FoodNetworkAU	USA	English-100		G		
5/02/2018	1630	Dinner At Tiffani's	Backyard Barbeque, A	Tiffani Thiessen is firing up the grill and barbecuing for her longtime friends Tim Meadows and Missi Pyle. BBQ Chicken with her homemade Peach Barbecue Sauce is a truly special treat.	USA	English-100		G		
5/02/2018	1700	Pati's Mexican Table	Family Favorites	(S.4 Ep.11) Chile rellenos; salsa roja (red sauce); drunken rice with chicken;meringue cake with whipped cream and strawberries. #FoodNetworkAU	USA	English-100		G		Y
5/02/2018	1730	Secret Meat Business	Secret Meat Business Series 2 Ep 12	(S.2,Ep.12) French - Chef Adrian Richardson dishes up a robust French-style boned lamb shoulder with pommes boulangere, a delicious variation on what we know as roast lamb with veggies. #FoodNetworkAU	AUSTRALIA	English-100		G		
5/02/2018	1800	Food Lab By Ben Milbourne	Food Lab Series 2 Ep 53	Ben heads to Launceston to take part in the Taste Walk Talk tour, a guide through the city's most popular food and beverage locations.	AUSTRALIA	English-100		PG		
5/02/2018	1830	Bizarre Foods: Delicious Destinations	San Francisco	Look no further than San Francisco, California for the best eating on the West Coast. Built on classics like Dungeness Crab Louie and sourdough bread, Andrew Zimmern discovers what makes it delectable	USA	English-100		G		
5/02/2018	1900	The Naked Chef	Highland Fling	Jamie is in the remote Scottish isles to meet the supplier of seafood to the finest London restaurants. He also goes out on a trawler. Afterwards, Jamie cooks a meal for the fishermen and divers.	UNITED KINGDOM	English-100		PG		
5/02/2018	1930	Bondi Harvest	American Style	It's time for Guy to change the menu at the Bondi Harvest cafe in Santa Monica. Travelling to the US Guy shows us how this little Aussie cafe that could is changing the face of the food scene in LA.	AUSTRALIA	English-100		PG		
5/02/2018	2000	Bondi Harvest	Finale, The	Guy heads out along the shoreline to see what native edibles he can find growing around the neighbourhood. Diving around shallow rocks Guy cooks a simple yet gourmet sea urchin roe paste.	AUSTRALIA	English-100		PG		
5/02/2018	2025	Lyndey Milan's Taste Of Ireland	Roast Wild Venison With Bone Marrow	Contrary to popular stereotype, Lyndey shows that there's more to Irish food than potatoes as she unearths a bounty of fabulous local produce and traditional recipes. #FoodNetworkAU	AUSTRALIA	English-100		G		
5/02/2018	2030	My Family Feast	Congolese	Join top Chef Sean Connolly as he cooks with Australia's immigrants who open up their recipe books, their backyards and their stories to him and they prepare a feast.	AUSTRALIA	English-100	RPT	G	Y	Y
5/02/2018	2100	My Family Feast	Italian	Sean is invited to the Italian Pacialeo family's annual tomato bottling weekend. The bottles are left to cook overnight, and four generations of extended family gather to enjoy an Italian feast.	AUSTRALIA	English-100	RPT	G	Y	Y
5/02/2018	2130	Mystery Diners	Cafe Coup	(S.7 Ep.12) Charles Stiles investigates the staff of Cafe Aldente in Studio City, CA. #FoodNetworkAU	USA	English-100		G		Y
5/02/2018	2200	Mystery Diners	Daddy's Girl	(S.7 Ep.13) Charles Stiles pegs a thief at Geppino's Sicilian Kitchen in Moorpark, CA. #FoodNetworkAU	USA	English-100		G		Y
5/02/2018	2225	Best Thing I Ever Ate Bitesize	Guy Fieri - Mofongo	What is mofongo? A delicious fried Puerto-Rican dish made with plantains. Served at Benny's Seafood Restaurant in Miami, it's the best fried thing Guy Fieri has ever eaten. #FoodNetworkAU	USA	English-100		G		

5/02/2018	2230	Food: Fact Or Fiction	Hungry Eyes	Michael McKean chases rainbows to explain how our food's colour can leave us tickled pink or feeling blue. He uncovers if cheese is really orange and if colour can cause a taste bud blackout.	USA	English-100		G		
5/02/2018	2300	Restaurant Impossible	Ambush: Special Delivery	(S.12 Ep.8) The owner of La Casa Bianca in N.J. gets the surprise of a lifetime.FoodNetworkAU	USA	English-100		PG		Y
5/02/2018	2355	Luke Nguyen's France Bitesize	Luke Nguyen's France Series 1 Bitesize Ep 4	Some of the best moments from Luke Nguyen's culinary journey around France, including the country's breathtaking scenery and famous cuisine. #LukeNguyensFrance	AUSTRALIA	English-70; French-30	RPT	G	Y	Y
5/02/2018	2400	Food Lab By Ben Milbourne	Food Lab Series 2 Ep 53	Ben heads to Launceston to take part in the Taste Walk Talk tour, a guide through the city's most popular food and beverage locations.	AUSTRALIA	English-100		PG		
5/02/2018	2430	Bizarre Foods: Delicious Destinations	San Francisco	Look no further than San Francisco, California for the best eating on the West Coast. Built on classics like Dungeness Crab Louie and sourdough bread, Andrew Zimmern discovers what makes it delectable	USA	English-100		G		
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5/02/2018	2600	Bondi Harvest	Finale, The	Guy heads out along the shoreline to see what native edibles he can find growing around the neighbourhood. Diving around shallow rocks Guy cooks a simple yet gourmet sea urchin roe paste.	AUSTRALIA	English-100		PG		
5/02/2018	2630	My Family Feast	Congolese	Join top Chef Sean Connolly as he cooks with Australia's immigrants who open up their recipe books, their backyards and their stories to him and they prepare a feast.	AUSTRALIA	English-100	RPT	G	Y	Y
5/02/2018	2700	My Family Feast	Italian	Sean is invited to the Italian Pacialeo family's annual tomato bottling weekend. The bottles are left to cook overnight, and four generations of extended family gather to enjoy an Italian feast.	AUSTRALIA	English-100	RPT	G	Y	Y
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6/02/2018	500	Bobby Flay's Barbecue Addiction	Bobby's Basics: Burgers, Fries And Shakes	(S.4,Ep.1) Bobby's Basics: Burgers, Fries and Shakes - Chef Bobby Flay takes outdoor grilling to a whole new level. Today, he creates a simple and delicious custom burger bar. #FoodNetworkAU	USA	English-100		G		
6/02/2018	530	Barefoot Contessa: Back To Basics	Best Barefoot Grilling	(S.9,Ep.10) Best Barefoot Grilling - Ina's firing up the grill for the ultimate guide to grilling with some of her favourite recipes: surf and turf is covered with Tuscan lemon chicken. #FoodNetworkAU	USA	English-100		G		
6/02/2018	600	5 Ingredient Fix	Posh Potluck	(S.5,Ep.11) Posh Potluck - Claire Robinson serves up the ultimate potluck menu and each sure-fire dish is packed with flavour. On the menu: butternut-squash soup and rice pilaf. #FoodNetworkAU	USA	English-100		G		
6/02/2018	630	Dinner At Tiffani's	Backyard Barbeque, A	Tiffani Thiessen is firing up the grill and barbecuing for her longtime friends Tim Meadows and Missi Pyle. BBQ Chicken with her homemade Peach Barbecue Sauce is a truly special treat.	USA	English-100		G		
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6/02/2018	730	Secret Meat Business	Secret Meat Business Series 2 Ep 12	(S.2,Ep.12) French - Chef Adrian Richardson dishes up a robust French-style boned lamb shoulder with pommes boulangere, a delicious variation on what we know as roast lamb with veggies. #FoodNetworkAU	AUSTRALIA	English-100		G		
6/02/2018	800	Food Lab By Ben Milbourne	Food Lab Series 2 Ep 53	Ben heads to Launceston to take part in the Taste Walk Talk tour, a guide through the city's most popular food and beverage locations.	AUSTRALIA	English-100		PG		

6/02/2018	830	Bizarre Foods: Delicious Destinations	San Francisco	Look no further than San Francisco, California for the best eating on the West Coast. Built on classics like Dungeness Crab Louie and sourdough bread, Andrew Zimmern discovers what makes it delectable	USA	English-100		G		
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6/02/2018	1355	Luke Nguyen's France Bitesize	Luke Nguyen's France Series 1 Bitesize Ep 4	Some of the best moments from Luke Nguyen's culinary journey around France, including the country's breathtaking scenery and famous cuisine. #LukeNguyensFrance	AUSTRALIA	English-70; French-30	RPT	G	Y	Y
6/02/2018	1400	Food Lab By Ben Milbourne	Food Lab Series 2 Ep 53	Ben heads to Launceston to take part in the Taste Walk tour, a guide through the city's most popular food and beverage locations.	AUSTRALIA	English-100		PG		
6/02/2018	1430	The Naked Chef	Highland Fling	Jamie is in the remote Scottish isles to meet the supplier of seafood to the finest London restaurants. He also goes out on a trawler. Afterwards, Jamie cooks a meal for the fishermen and divers.	UNITED KINGDOM	English-100		PG		
6/02/2018	1500	Bobby Flay's Barbecue Addiction	Bobby's Basics: Simple Skewers	(S.4,Ep.2) Bobby's Basics: Simply Skewers - Chef Bobby Flay creates a Mediterranean-inspired menu using some of his go-to grilling tricks. He'll use his favourite gadget - skewers. #FoodNetworkAU	USA	English-100		G		
6/02/2018	1530	Rachael Ray's 30 Minute Meals	Keep On Giving	(S.27,Ep.1) Keep on Giving - Rachael prepares a classic comfort food: turkey pot pie with cranberry-orange corn muffin topping; and honey mustard dressed greens with apple and pear. #FoodNetworkAU	USA	English-100		G		
6/02/2018	1600	5 Ingredient Fix	It's Unbelizeable	(S.5,Ep.12) It's Unbelizeable - Claire Robinson uses the tropical flavours of Belize to serve up some mouth-watering dishes from Central America - using only five ingredients. #FoodNetworkAU	USA	English-100		G		
6/02/2018	1630	Dinner At Tiffani's	Tiffani's Mardi Gras	It's Mardi Gras at Tiffani Thiessen's place and she is dishing up her take on the best of the bayou for her former co-star Bill Bellamy, his wife, Kristen, and friend Eric Close.	USA	English-100		G		
6/02/2018	1700	Pati's Mexican Table	Baked	(S.4 Ep.12) Baked egg casserole, salsa ranchera, dulce de leche & pecan cinnamon rolls and baked fruit mixiote. #FoodNetworkAU	USA	English-100		G		Y
6/02/2018	1730	Secret Meat Business	Secret Meat Business Series 2 Ep 13	(S.2,Ep.13) Thai - In the series finale, Adrian is sure to have you breathing fire with his Thai inspired marinated steak, bursting with south-east Asian flavour and heat. #FoodNetworkAU	AUSTRALIA	English-100		G		

6/02/2018	1800	Food Lab By Ben Milbourne	Food Lab Series 2 Ep 54	Ben heads to the brand new Cloverhill Cellar Door and creates a dish perfect for a champagne breakfast.	AUSTRALIA	English-100	PG	
6/02/2018	1830	Bizarre Foods: Delicious Destinations	Jamaica	In a country celebrated for its colourful culture, Jamaica's heritage-rich food lives up to the hype. Andrew Zimmern explores island icons from jerk chicken to curry goat, and blue mountain coffee.	USA	English-100	G	
6/02/2018	1900	The Naked Chef	Curry Feast	When Jules goes away for the weekend, it's the perfect opportunity for Jamie to cook a spectacular a curry to share with the lads.	UNITED KINGDOM	English-100	PG	
6/02/2018	1930	Anthony Bourdain: Leftovers	Anthony Bourdain: No Reservations - Leftovers	Anthony Bourdain puts together some of the funniest, most embarrassing and even painful experiences from his 'No Reservations' travels.	USA	English-100	PG	
6/02/2018	2030	Anthony Bourdain: No Reservations	Ghana	Host Anthony Bourdain is at it again, this time heading to Ghana. The old Ghana, a land of forts and slavery, is a strong contrast to the modern-era Ghana, a culture filled with food and music.	USA	English-100	PG	Y
6/02/2018	2125	Small Business Secrets Bitesize	Moo	Raw milk has always been controversial, but Saxon Joye has found a way to make it legal and available in supermarkets	AUSTRALIA	English-100	NC	
6/02/2018	2130	Mystery Diners	Mexicali Blues	(S.6 Ep.1) After hearing rumours that customers are being served food off-menu, Esdras and Javi call Charles Stiles to investigate. #FoodNetworkAU	USA	English-100	G	Y
6/02/2018	2200	Mystery Diners	Trimming The Fat	(S.6 Ep.2) When Chris, owner of Spring Street Smoke House in Los Angeles, notices a decrease in valuable fat trimmings, he contacts Charles Stiles for help. #FoodNetworkAU	USA	English-100	PG	Y
6/02/2018	2225	Best Thing I Ever Ate Bitesize	Guy Fieri - The Chop And The Chick	When Guy Fieri wants a wake-up call, he heads to Matt's Big Breakfast in Pheonix, Arizona, for the Chop and Chick. Instead of bacon, there's a big juicy pork chop. #FoodNetworkAU	USA	English-100	G	
6/02/2018	2230	Food: Fact Or Fiction	Eat To Win	Michael traces the football tailgate to a Civil War battlefield, shows how important the hot dog is to baseball's existence, and uncovers how the difficult-to-eat nachos became a stadium standard.	USA	English-100	G	
6/02/2018	2300	Beat Bobby Flay	Comforts Of Home	TV food stylist Jackie Rothong takes on Italian-born Matteo Boffo, each hoping to send the other one packing early. The judges must decide who actually gets a shot at Bobby Flay.	USA	English-100		
6/02/2018	2330	Beat Bobby Flay	Shore Fire Strategy	Worst Cooks in America's Anne Burrell and wisecracking comedian Mario Cantone want nothing more than for Bobby Flay to crash and burn!	USA	English-100		
6/02/2018	2355	Lyndey Milan's Taste Of Australia	Margaret River, Part 1 Of 2	Join TV personality Lyndey Milan as she unearths the characters, places, pastures and heroes - the thriving backbone of a thriving Australian culinary culture - and delivers a real Taste of Australia.	AUSTRALIA	English-100	G	
6/02/2018	2400	Food Lab By Ben Milbourne	Food Lab Series 2 Ep 54	Ben heads to the brand new Cloverhill Cellar Door and creates a dish perfect for a champagne breakfast.	AUSTRALIA	English-100	PG	
6/02/2018	2430	Bizarre Foods: Delicious Destinations	Jamaica	In a country celebrated for its colourful culture, Jamaica's heritage-rich food lives up to the hype. Andrew Zimmern explores island icons from jerk chicken to curry goat, and blue mountain coffee.	USA	English-100	G	
6/02/2018	2500	The Naked Chef	Curry Feast	When Jules goes away for the weekend, it's the perfect opportunity for Jamie to cook a spectacular a curry to share with the lads.	UNITED KINGDOM	English-100	PG	
6/02/2018	2530	Anthony Bourdain: Leftovers	Anthony Bourdain: No Reservations - Leftovers	Anthony Bourdain puts together some of the funniest, most embarrassing and even painful experiences from his 'No Reservations' travels.	USA	English-100	PG	
6/02/2018	2630	Anthony Bourdain: No Reservations	Ghana	Host Anthony Bourdain is at it again, this time heading to Ghana. The old Ghana, a land of forts and slavery, is a strong contrast to the modern-era Ghana, a culture filled with food and music.	USA	English-100	PG	Y
6/02/2018	2725	Small Business Secrets Bitesize	Moo	Raw milk has always been controversial, but Saxon Joye has found a way to make it legal and available in supermarkets	AUSTRALIA	English-100	NC	
6/02/2018	2730	Mystery Diners	Mexicali Blues	(S.6 Ep.1) After hearing rumours that customers are being served food off-menu, Esdras and Javi call Charles Stiles to investigate. #FoodNetworkAU	USA	English-100	G	Y

6/02/2018	2800	Mystery Diners	Trimming The Fat	(S.6 Ep.2) When Chris, owner of Spring Street Smoke House in Los Angeles, notices a decrease in valuable fat trimmings, he contacts Charles Stiles for help. #FoodNetworkAU	USA	English-100	PG	Y
6/02/2018	2830	Food: Fact Or Fiction	Eat To Win	Michael traces the football tailgate to a Civil War battlefield, shows how important the hot dog is to baseball's existence, and uncovers how the difficult-to-eat nachos became a stadium standard.	USA	English-100	G	
7/02/2018	500	Bobby Flay's Barbecue Addiction	Bobby's Basics: Simple Skewers	(S.4,Ep.2) Bobby's Basics: Simply Skewers - Chef Bobby Flay creates a Mediterranean-inspired menu using some of his go-to grilling tricks. He'll use his favourite gadget - skewers. #FoodNetworkAU	USA	English-100	G	
7/02/2018	530	Rachael Ray's 30 Minute Meals	Keep On Giving	(S.27,Ep.1) Keep on Giving - Rachael prepares a classic comfort food: turkey pot pie with cranberry-orange corn muffin topping; and honey mustard dressed greens with apple and pear. #FoodNetworkAU	USA	English-100	G	
7/02/2018	600	5 Ingredient Fix	It's Unbelizeable	(S.5,Ep.12) It's Unbelizeable - Claire Robinson uses the tropical flavours of Belize to serve up some mouth-watering dishes from Central America - using only five ingredients. #FoodNetworkAU	USA	English-100	G	
7/02/2018	630	Dinner At Tiffani's	Tiffani's Mardi Gras	It's Mardi Gras at Tiffani Thiessen's place and she is dishing up her take on the best of the bayou for her former co-star Bill Bellamy, his wife, Kristen, and friend Eric Close.	USA	English-100	G	
7/02/2018	700	Pati's Mexican Table	Baked	(S.4 Ep.12) Baked egg casserole, salsa ranchera, dulce de leche & pecan cinnamon rolls and baked fruit mixiote. #FoodNetworkAU	USA	English-100	G	Y
7/02/2018	730	Secret Meat Business	Secret Meat Business Series 2 Ep 13	(S.2,Ep.13) Thai - In the series finale, Adrian is sure to have you breathing fire with his Thai inspired marinated steak, bursting with south-east Asian flavour and heat. #FoodNetworkAU	AUSTRALIA	English-100	G	
7/02/2018	800	Food Lab By Ben Milbourne	Food Lab Series 2 Ep 54	Ben heads to the brand new Cloverhill Cellar Door and creates a dish perfect for a champagne breakfast.	AUSTRALIA	English-100	PG	
7/02/2018	830	Bizarre Foods: Delicious Destinations	Jamaica	In a country celebrated for its colourful culture, Jamaica's heritage-rich food lives up to the hype. Andrew Zimmern explores island icons from jerk chicken to curry goat, and blue mountain coffee.	USA	English-100	G	
7/02/2018	900	The Naked Chef	Curry Feast	When Jules goes away for the weekend, it's the perfect opportunity for Jamie to cook a spectacular a curry to share with the lads.	UNITED KINGDOM	English-100	PG	
7/02/2018	930	Anthony Bourdain: Leftovers	Anthony Bourdain: No Reservations - Leftovers	Anthony Bourdain puts together some of the funniest, most embarrassing and even painful experiences from his 'No Reservations' travels.	USA	English-100	PG	
7/02/2018	1030	Anthony Bourdain: No Reservations	Ghana	Host Anthony Bourdain is at it again, this time heading to Ghana. The old Ghana, a land of forts and slavery, is a strong contrast to the modern-era Ghana, a culture filled with food and music.	USA	English-100	PG	Y
7/02/2018	1125	Small Business Secrets Bitesize	Moo	Raw milk has always been controversial, but Saxon Joye has found a way to make it legal and available in supermarkets	AUSTRALIA	English-100	NC	
7/02/2018	1130	Mystery Diners	Mexicali Blues	(S.6 Ep.1) After hearing rumours that customers are being served food off-menu, Esdras and Javi call Charles Stiles to investigate. #FoodNetworkAU	USA	English-100	G	Y
7/02/2018	1200	Food: Fact Or Fiction	Eat To Win	Michael traces the football tailgate to a Civil War battlefield, shows how important the hot dog is to baseball's existence, and uncovers how the difficult-to-eat nachos became a stadium standard.	USA	English-100	G	
7/02/2018	1230	Dinner At Tiffani's	Tiffani's Mardi Gras	It's Mardi Gras at Tiffani Thiessen's place and she is dishing up her take on the best of the bayou for her former co-star Bill Bellamy, his wife, Kristen, and friend Eric Close.	USA	English-100	G	
7/02/2018	1300	Beat Bobby Flay	Comforts Of Home	TV food stylist Jackie Rothong takes on Italian-born Matteo Boffo, each hoping to send the other one packing early. The judges must decide who actually gets a shot at Bobby Flay.	USA	English-100		
7/02/2018	1330	Beat Bobby Flay	Shore Fire Strategy	Worst Cooks in America's Anne Burrell and wisecracking comedian Mario Cantone want nothing more than for Bobby Flay to crash and burn!	USA	English-100		
7/02/2018	1400	Food Lab By Ben Milbourne	Food Lab Series 2 Ep 54	Ben heads to the brand new Cloverhill Cellar Door and creates a dish perfect for a champagne breakfast.	AUSTRALIA	English-100	PG	

7/02/2018	1430	The Naked Chef	Curry Feast	When Jules goes away for the weekend, it's the perfect opportunity for Jamie to cook a spectacular a curry to share with the lads.	UNITED KINGDOM	English-100	PG	
7/02/2018	1500	Bobby Flay's Barbecue Addiction	Bobby's Basics: Steakhouse At Home	Chef Bobby Flay reveals how to bring an elegant steakhouse experience to your backyard using simple techniques and staple ingredients.	USA	English-100	G	
7/02/2018	1530	Rachael Ray's 30 Minute Meals	Holiday Help	(S.27,Ep.2) Holiday Help - Rachael prepares a couple of easy but tasty appetisers: tzatziki and pita and Greek meatballs; and orzo with feta and walnuts. #FoodNetworkAU	USA	English-100	G	
7/02/2018	1600	5 Ingredient Fix	Penny Pinching Pleasers	(S.5,Ep.13) Penny Pinching Pleasers - Claire serves up the perfect money saving menu as she cooks up some savoury and sweet recipes. On the menu: stewed apples and stuffed pork chops. #FoodNetworkAU	USA	English-100	G	
7/02/2018	1630	Dinner At Tiffani's	Tasty Childhood Favourites	Tiffani Thiessen takes a walk down memory lane with friends French Stewart, Nicole Sullivan and Nate Berkus, putting a modern twist on favourites from her youth.	USA	English-100	G	
7/02/2018	1700	Pati's Mexican Table	Backyard Picnic	(S.4 Ep.13) The season 4 finale features a sandwich with chicken, refried beans, plantain and avocado, potato and poblano rajas salad, mango puff, and grapefruit and guava spritzer. #FoodNetworkAU	USA	English-100	G	Y
7/02/2018	1730	Barefoot Contessa: Back To Basics	Cook Like A Pro: Chicken	Ina's cooking Roasted Chicken with Radishes, and walks through all her tips and tricks, from trussing the bird to carving it. She puts a delicious twist on classic dish Chicken and Waldorf Salad.	USA	English-100	G	
7/02/2018	1800	Food Lab By Ben Milbourne	Food Lab Series 2 Ep 55	Ben creates a versatile lime and coriander dressing, and Dr Heather Smyth explains a little about the sometimes infamous herb coriander and why some love it and why some hate it.	AUSTRALIA	English-100	PG	
7/02/2018	1830	Bizarre Foods: Delicious Destinations	Atlanta	In the modern city known for its southern hospitality, Atlanta's comfort food is king. From fried chicken and peach cobbler to soul food and sweet tea, Andrew explores the iconic eats.	USA	English-100	G	
7/02/2018	1900	The Naked Chef	Back To School	Jamie is invited back to his old school to make a speech at the annual prize-giving ceremony. He is also roped into cooking with several of the pupils in an attempt to make the school dinners.	UNITED KINGDOM	English-100	PG	
7/02/2018	1930	Food Paradise International	Pizza Paradise	Starring a tender roast lamb and goat cheese pizza in London, a piece of cheese heaven in Buenos Aires, and a crispy mother clucker topped with juicy chicken and brown sugar in South Africa.	USA	English-100	PG	
7/02/2018	2025	Lyndey Milan's Taste Of Ireland	Black Pudding And Marmalade Cabbage Rolls	Contrary to the popular stereotype, Lyndey shows that there's more to Irish food than potatoes as she unearths a bounty of fabulous local produce and traditional recipes. #FoodNetworkAU	AUSTRALIA	English-100	G	
7/02/2018	2030	Restaurant Impossible: Wedding Special	Wedding: Impossible	When he's not rescuing a restaurant in crisis, Restaurant: Impossible's host Robert Irvine is busy planning the wedding of a lifetime - his own. And you're invited to the special event! #FoodNetworkAU	USA	English-100	PG	Y
7/02/2018	2125	Small Business Secrets Bitesize	Oasis Bakery	Raw milk has always been controversial, but Saxon Joye has found a way to make it legal and available in supermarkets	AUSTRALIA	English-100	NC	
7/02/2018	2130	Mystery Diners	Food Truck Fiasco	(S.6 Ep.3) After noticing excess lobster meat and an increase in mileage, Peter believes his new drivers are using his vehicle for personal errands. #FoodNetworkAU	USA	English-100	PG	Y
7/02/2018	2200	Mystery Diners	Charitable Donations	(S.6 Ep.4) When Doug, owner of Pelon's Tex-Mex in Austin, hears rumours that his staff is collecting money for an unauthorised charity, he contacts Charles Stiles to investigate. #FoodNetworkAU	USA	English-100	PG	Y
7/02/2018	2225	Best Thing I Ever Ate Bitesize	Guy Fieri - Fried Chicken	What is Guy Fieri's favourite thing to eat with his hands? Uncle Lou's fried chicken in Memphis, Tennessee. #FoodNetworkAU	USA	English-100	G	
7/02/2018	2230	Food: Fact Or Fiction	Breadly Combinations	Michael opens up a sandwich discussion and cuts the crust off some deli-cut issues: from the correct name for an Italian sandwich to whether the burrito is on the docket of sandwich court.	USA	English-100	G	
7/02/2018	2300	Beat Bobby Flay	Howdy Halloween	Two Texan pastry chefs cross their fingers that they get less tricks and more treats as Sunny Anderson and Laura Vitale try to spook Bobby Flay into a horrifying defeat.	USA	English-100		

7/02/2018	2330	Beat Bobby Flay	Bobby-Bing, Bobby-Boom-Boom!	Anthony Carrino and John Colaneri, and Iron Chef Alex Guarnaschelli have brought in tough-as-nails Toni Sapienza and Rodney Murillo to make Bobby Flay see red, white and green.	USA	English-100		
7/02/2018	2355	Real Food Adventures	Morocco	Eat your way around the world with this series of quick and easy global recipes.	AUSTRALIA	English-100	G	
7/02/2018	2400	Food Lab By Ben Milbourne	Food Lab Series 2 Ep 55	Ben creates a versatile lime and coriander dressing, and Dr Heather Smyth explains a little about the sometimes infamous herb coriander and why some love it and why some hate it.	AUSTRALIA	English-100	PG	
7/02/2018	2430	Bizarre Foods: Delicious Destinations	Atlanta	In the modern city known for its southern hospitality, Atlanta's comfort food is king. From fried chicken and peach cobbler to soul food and sweet tea, Andrew explores the iconic eats.	USA	English-100	G	
7/02/2018	2500	The Naked Chef	Back To School	Jamie is invited back to his old school to make a speech at the annual prize-giving ceremony. He is also roped into cooking with several of the pupils in an attempt to make the school dinners.	UNITED KINGDOM	English-100	PG	
7/02/2018	2530	Food Paradise International	Pizza Paradise	Starring a tender roast lamb and goat cheese pizza in London, a piece of cheese heaven in Buenos Aires, and a crispy mother clucker topped with juicy chicken and brown sugar in South Africa.	USA	English-100	PG	
7/02/2018	2625	Lyndey Milan's Taste Of Ireland	Black Pudding And Marmalade Cabbage Rolls	Contrary to the popular stereotype, Lyndey shows that there's more to Irish food than potatoes as she unearths a bounty of fabulous local produce and traditional recipes. #FoodNetworkAU	AUSTRALIA	English-100	G	
7/02/2018	2630	Restaurant Impossible: Wedding Special	Wedding: Impossible	When he's not rescuing a restaurant in crisis, Restaurant: Impossible's host Robert Irvine is busy planning the wedding of a lifetime - his own. And you're invited to the special event! #FoodNetworkAU	USA	English-100	PG	Y
7/02/2018	2725	Small Business Secrets Bitesize	Oasis Bakery	Raw milk has always been controversial, but Saxon Joye has found a way to make it legal and available in supermarkets	AUSTRALIA	English-100	NC	
7/02/2018	2730	Mystery Diners	Food Truck Fiasco	(S.6 Ep.3) After noticing excess lobster meat and an increase in mileage, Peter believes his new drivers are using his vehicle for personal errands. #FoodNetworkAU	USA	English-100	PG	Y
7/02/2018	2800	Mystery Diners	Charitable Donations	(S.6 Ep.4) When Doug, owner of Pelon's Tex-Mex in Austin, hears rumours that his staff is collecting money for an unauthorised charity, he contacts Charles Stiles to investigate. #FoodNetworkAU	USA	English-100	PG	Y
7/02/2018	2830	Food: Fact Or Fiction	Breadly Combinations	Michael opens up a sandwich discussion and cuts the crust off some deli-cut issues: from the correct name for an Italian sandwich to whether the burrito is on the docket of sandwich court.	USA	English-100	G	
8/02/2018	500	Bobby Flay's Barbecue Addiction	Bobby's Basics: Steakhouse At Home	Chef Bobby Flay reveals how to bring an elegant steakhouse experience to your backyard using simple techniques and staple ingredients.	USA	English-100	G	
8/02/2018	530	Rachael Ray's 30 Minute Meals	Holiday Help	(S.27,Ep.2) Holiday Help - Rachael prepares a couple of easy but tasty appetisers: tzatziki and pita and Greek meatballs; and orzo with feta and walnuts. #FoodNetworkAU	USA	English-100	G	
8/02/2018	600	5 Ingredient Fix	Penny Pinching Pleasers	(S.5,Ep.13) Penny Pinching Pleasers - Claire serves up the perfect money saving menu as she cooks up some savoury and sweet recipes. On the menu: stewed apples and stuffed pork chops. #FoodNetworkAU	USA	English-100	G	
8/02/2018	630	Dinner At Tiffani's	Tasty Childhood Favourites	Tiffani Thiessen takes a walk down memory lane with friends French Stewart, Nicole Sullivan and Nate Berkus, putting a modern twist on favourites from her youth.	USA	English-100	G	
8/02/2018	700	Pati's Mexican Table	Backyard Picnic	(S.4 Ep.13) The season 4 finale features a sandwich with chicken, refried beans, plantain and avocado, potato and poblano rajas salad, mango puff, and grapefruit and guava spritzer. #FoodNetworkAU	USA	English-100	G	Y
8/02/2018	730	Barefoot Contessa: Back To Basics	Cook Like A Pro: Chicken	Ina's cooking Roasted Chicken with Radishes, and walks through all her tips and tricks, from trussing the bird to carving it. She puts a delicious twist on classic dish Chicken and Waldorf Salad.	USA	English-100	G	
8/02/2018	800	Food Lab By Ben Milbourne	Food Lab Series 2 Ep 55	Ben creates a versatile lime and coriander dressing, and Dr Heather Smyth explains a little about the sometimes infamous herb coriander and why some love it and why some hate it.	AUSTRALIA	English-100	PG	

8/02/2018	830	Bizarre Foods: Delicious Destinations	Atlanta	In the modern city known for its southern hospitality, Atlanta's comfort food is king. From fried chicken and peach cobbler to soul food and sweet tea, Andrew explores the iconic eats.	USA	English-100	G	
8/02/2018	900	The Naked Chef	Back To School	Jamie is invited back to his old school to make a speech at the annual prize-giving ceremony. He is also roped into cooking with several of the pupils in an attempt to make the school dinners.	UNITED KINGDOM	English-100	PG	
8/02/2018	930	Food Paradise International	Pizza Paradise	Starring a tender roast lamb and goat cheese pizza in London, a piece of cheese heaven in Buenos Aires, and a crispy mother clucker topped with juicy chicken and brown sugar in South Africa.	USA	English-100	PG	
8/02/2018	1025	Lyndey Milan's Taste Of Ireland	Black Pudding And Marmalade Cabbage Rolls	Contrary to the popular stereotype, Lyndey shows that there's more to Irish food than potatoes as she unearths a bounty of fabulous local produce and traditional recipes. #FoodNetworkAU	AUSTRALIA	English-100	G	
8/02/2018	1030	Restaurant Impossible: Wedding Special	Wedding: Impossible	When he's not rescuing a restaurant in crisis, Restaurant: Impossible's host Robert Irvine is busy planning the wedding of a lifetime - his own. And you're invited to the special event! #FoodNetworkAU	USA	English-100	PG	Y
8/02/2018	1125	Small Business Secrets Bitesize	Oasis Bakery	Raw milk has always been controversial, but Saxon Joye has found a way to make it legal and available in supermarkets	AUSTRALIA	English-100	NC	
8/02/2018	1130	Mystery Diners	Food Truck Fiasco	(S.6 Ep.3) After noticing excess lobster meat and an increase in mileage, Peter believes his new drivers are using his vehicle for personal errands. #FoodNetworkAU	USA	English-100	PG	Y
8/02/2018	1200	Food: Fact Or Fiction	Breadly Combinations	Michael opens up a sandwich discussion and cuts the crust off some deli-cut issues: from the correct name for an Italian sandwich to whether the burrito is on the docket of sandwich court.	USA	English-100	G	
8/02/2018	1230	Dinner At Tiffani's	Tasty Childhood Favourites	Tiffani Thiessen takes a walk down memory lane with friends French Stewart, Nicole Sullivan and Nate Berkus, putting a modern twist on favourites from her youth.	USA	English-100	G	
8/02/2018	1300	Beat Bobby Flay	Howdy Halloween	Two Texan pastry chefs cross their fingers that they get less tricks and more treats as Sunny Anderson and Laura Vitale try to spook Bobby Flay into a horrifying defeat.	USA	English-100		
8/02/2018	1330	Beat Bobby Flay	Bobby-Bing, Bobby-Boom-Boom!	Anthony Carrino and John Colaneri, and Iron Chef Alex Guarnaschelli have brought in tough-as-nails Toni Sapienza and Rodney Murillo to make Bobby Flay see red, white and green.	USA	English-100		
8/02/2018	1400	Food Lab By Ben Milbourne	Food Lab Series 2 Ep 55	Ben creates a versatile lime and coriander dressing, and Dr Heather Smyth explains a little about the sometimes infamous herb coriander and why some love it and why some hate it.	AUSTRALIA	English-100	PG	
8/02/2018	1430	The Naked Chef	Back To School	Jamie is invited back to his old school to make a speech at the annual prize-giving ceremony. He is also roped into cooking with several of the pupils in an attempt to make the school dinners.	UNITED KINGDOM	English-100	PG	
8/02/2018	1500	Bobby Flay's Barbecue Addiction	Bobby's Basics: Fish Taco Fiesta	Chef Bobby Flay celebrates his favourite dish by revealing his effortless approach for dynamite fish tacos.	USA	English-100	G	
8/02/2018	1530	Rachael Ray's 30 Minute Meals	See The Light	(S.27,Ep.3) See the Light - Rachael prepares a light meal packed with flavour: coconut-ginger rice with chickpeas and chilies. #FoodNetworkAU	USA	English-100	G	
8/02/2018	1600	Trisha's Southern Kitchen	Comfort To The Max	(S.6,Ep.1) Comfort to the Max - Country music star and best-selling cookbook author Trisha Yearwood welcomes you into her Southern kitchen to share her favourite family recipes. #FoodNetworkAU	USA	English-100	PG	

8/02/2018	1630	Dinner At Tiffani's	Asian Inspiration	Tiffani Thiessen stirs up an Asian-inspired menu for her husband Brady plus friends Marguerite and Christopher. Homemade Spring Rolls with Spicy Peanut Sauce and Nuoc Cham Sauce is the perfect start.	USA	English-100	G	
8/02/2018	1700	Pati's Mexican Table	Chachi's Champoton Kitchen	Pati's in the coastal city of Champoton with her friend Chachi. She learns the secrets behind the area's most prized dishes: Pibi Pollo, a gigantic tamal cooked underground; and Pan de Cazon.	USA	English-100	G	Y
8/02/2018	1730	Barefoot Contessa: Back To Basics	Cook Like A Pro: Weeknight Dinners	Ina's putting some life into weeknight dinners, pro-style. On the menu are Roasted Salmon Tacos with avocado salsa and a super quick slaw; Cider Roasted Pork Tenderloin; and a Shrimp one-pot wonder.	USA	English-100	G	
8/02/2018	1800	Food Lab By Ben Milbourne	Food Lab Series 2 Ep 56	At the University of Queensland, Ben cooks a Mexican street snack inspired by his gassy dog, Mollie.	AUSTRALIA	English-100	PG	
8/02/2018	1830	Bizarre Foods: Delicious Destinations	Mexico City	Mexico City is home to some of the best street food on earth. Andrew Zimmern explores tasty traditions like barbacoa, chicharrone, and huarache.	USA	English-100	PG	
8/02/2018	1900	The Naked Chef	Italian Job, The	Jamie and his friend Gennaro head off to the New Forest to gather food from the wild, such as spinach, mushrooms and garlic. Jamie then cooks up a fantastic Italian feast.	UNITED KINGDOM	English-100	PG	
8/02/2018	1930	Bizarre Foods With Andrew Zimmern	Philadelphia: Shad Cakes, Krak & Kishke	(S.7 Ep.3) Andrew travels to Philadelphia, Pennsylvania, a city built on doing things their way - especially when it comes to the food.	USA	English-100	PG	
8/02/2018	2025	Roger Mooking In Australia	Roger Mooking In Australia	Man Fire Food host, Roger Mooking, comes to Australia to test out the local barbecue scene. From picturesque Margaret River WA, Roger discovers the local produce and chefs that make this region unique	AUSTRALIA	English-100	G	
8/02/2018	2030	Rick Stein's Far Eastern Odyssey	Bangladesh	Rick ends his culinary tour in Bangladesh, the country that spawned thousands of 'Indian' restaurants in Britain years ago. Not surprisingly, curry is at the top of his list.	UNITED KINGDOM	English-100	RPT	
8/02/2018	2135	Mystery Diners	Bad Poets Society	(S.6 Ep.5) Danny and Jonathan are concerned about a loss of revenue on their Poetry Nights. Charles Stiles sends in mystery diners to find out why the register is being affected. #FoodNetworkAU	USA	English-100	PG	Y
8/02/2018	2200	Mystery Diners	Family Ties	(S.6 Ep.6) Carl, owner of Bakehouse Restaurant and Bar in Austin, fears a dispute between his son and favourite waitress is threatening the harmony of his restaurant. #FoodNetworkAU	USA	English-100	G	Y
8/02/2018	2225	Best Thing I Ever Ate Bitesize	Ina Garten - Grilled Cheese Sandwich And Tuscan Peasant Soup	Ina Garten reveals her favourite cheesy pleasure - the grilled cheese sandwich at E.A.T. in New York City. #FoodNetworkAU	USA	English-100	G	
8/02/2018	2230	Food: Fact Or Fiction	Thanksgiving Winners	Michael gives thanks for favourite Thanksgiving grub, from how burnt marshmallows ended up on sweet potatoes, and if a lawyer gave up his career to put cranberries in a can.	USA	English-100	G	
8/02/2018	2300	Beat Bobby Flay	Che-Sing Glory	Chef Andres Dangond puts his Colombian flair on display against Asian fusion maestro Tony Nguyen for a shot at one of America's best chefs, Bobby Flay.	USA	English-100		
8/02/2018	2330	Beat Bobby Flay	Hold On For One More Flay	Music legend Carnie Wilson joins The Kitchen's Katie Lee in the quest to burst Bobby Flay's bubble.	USA	English-100		
8/02/2018	2355	Small Business Secrets Bitesize	Bitton	Meet David and Sohani Bitton to find out how they have successfully combined their French and South African Indian heritages to create a unique culinary business.	AUSTRALIA	English-100	NC	
8/02/2018	2400	Food Lab By Ben Milbourne	Food Lab Series 2 Ep 56	At the University of Queensland, Ben cooks a Mexican street snack inspired by his gassy dog, Mollie.	AUSTRALIA	English-100	PG	
8/02/2018	2430	Bizarre Foods: Delicious Destinations	Mexico City	Mexico City is home to some of the best street food on earth. Andrew Zimmern explores tasty traditions like barbacoa, chicharrone, and huarache.	USA	English-100	PG	
8/02/2018	2500	The Naked Chef	Italian Job, The	Jamie and his friend Gennaro head off to the New Forest to gather food from the wild, such as spinach, mushrooms and garlic. Jamie then cooks up a fantastic Italian feast.	UNITED KINGDOM	English-100	PG	

8/02/2018	2530	Bizarre Foods With Andrew Zimmern	Philadelphia: Shad Cakes, Krak & Kishke	(S.7 Ep.3) Andrew travels to Philadelphia, Pennsylvania, a city built on doing things their way - especially when it comes to the food.	USA	English-100		PG	
8/02/2018	2625	Roger Mooking In Australia	Roger Mooking In Australia	Man Fire Food host, Roger Mooking, comes to Australia to test out the local barbecue scene. From picturesque Margaret River WA, Roger discovers the local produce and chefs that make this region unique	AUSTRALIA	English-100		G	
8/02/2018	2630	Rick Stein's Far Eastern Odyssey	Bangladesh	Rick ends his culinary tour in Bangladesh, the country that spawned thousands of 'Indian' restaurants in Britain years ago. Not surprisingly, curry is at the top of his list.	UNITED KINGDOM	English-100	RPT		
8/02/2018	2735	Mystery Diners	Bad Poets Society	(S.6 Ep.5) Danny and Jonathan are concerned about a loss of revenue on their Poetry Nights. Charles Stiles sends in mystery diners to find out why the register is being affected. #FoodNetworkAU	USA	English-100		PG	Y
8/02/2018	2800	Mystery Diners	Family Ties	(S.6 Ep.6) Carl, owner of Bakehouse Restaurant and Bar in Austin, fears a dispute between his son and favourite waitress is threatening the harmony of his restaurant. #FoodNetworkAU	USA	English-100		G	Y
8/02/2018	2830	Food: Fact Or Fiction	Thanksgiving Winners	Michael gives thanks for favourite Thanksgiving grub, from how burnt marshmallows ended up on sweet potatoes, and if a lawyer gave up his career to put cranberries in a can.	USA	English-100		G	
9/02/2018	500	Bobby Flay's Barbecue Addiction	Bobby's Basics: Fish Taco Fiesta	Chef Bobby Flay celebrates his favourite dish by revealing his effortless approach for dynamite fish tacos.	USA	English-100		G	
9/02/2018	530	Rachael Ray's 30 Minute Meals	See The Light	(S.27,Ep.3) See the Light - Rachael prepares a light meal packed with flavour: coconut-ginger rice with chickpeas and chilies. #FoodNetworkAU	USA	English-100		G	
9/02/2018	600	Trisha's Southern Kitchen	Comfort To The Max	(S.6,Ep.1) Comfort to the Max - Country music star and best-selling cookbook author Trisha Yearwood welcomes you into her Southern kitchen to share her favourite family recipes. #FoodNetworkAU	USA	English-100		PG	
9/02/2018	630	Dinner At Tiffani's	Asian Inspiration	Tiffani Thiessen stirs up an Asian-inspired menu for her husband Brady plus friends Marguerite and Christopher. Homemade Spring Rolls with Spicy Peanut Sauce and Nuoc Cham Sauce is the perfect start.	USA	English-100		G	
9/02/2018	700	Pati's Mexican Table	Chachi's Champoton Kitchen	Pati's in the coastal city of Champoton with her friend Chachi. She learns the secrets behind the area's most prized dishes: Pibi Pollo, a gigantic tamal cooked underground; and Pan de Cazon.	USA	English-100		G	Y
9/02/2018	730	Barefoot Contessa: Back To Basics	Cook Like A Pro: Weeknight Dinners	Ina's putting some life into weeknight dinners, pro-style. On the menu are Roasted Salmon Tacos with avocado salsa and a super quick slaw; Cider Roasted Pork Tenderloin; and a Shrimp one-pot wonder.	USA	English-100		G	
9/02/2018	800	Food Lab By Ben Milbourne	Food Lab Series 2 Ep 56	At the University of Queensland, Ben cooks a Mexican street snack inspired by his gassy dog, Mollie.	AUSTRALIA	English-100		PG	
9/02/2018	830	Bizarre Foods: Delicious Destinations	Mexico City	Mexico City is home to some of the best street food on earth. Andrew Zimmern explores tasty traditions like barbacoa, chicharrone, and huarache.	USA	English-100		PG	
9/02/2018	900	The Naked Chef	Italian Job, The	Jamie and his friend Gennaro head off to the New Forest to gather food from the wild, such as spinach, mushrooms and garlic. Jamie then cooks up a fantastic Italian feast.	UNITED KINGDOM	English-100		PG	
9/02/2018	930	Bizarre Foods With Andrew Zimmern	Philadelphia: Shad Cakes, Krak & Kishke	(S.7 Ep.3) Andrew travels to Philadelphia, Pennsylvania, a city built on doing things their way - especially when it comes to the food.	USA	English-100		PG	
9/02/2018	1025	Roger Mooking In Australia	Roger Mooking In Australia	Man Fire Food host, Roger Mooking, comes to Australia to test out the local barbecue scene. From picturesque Margaret River WA, Roger discovers the local produce and chefs that make this region unique	AUSTRALIA	English-100		G	
9/02/2018	1030	Rick Stein's Far Eastern Odyssey	Bangladesh	Rick ends his culinary tour in Bangladesh, the country that spawned thousands of 'Indian' restaurants in Britain years ago. Not surprisingly, curry is at the top of his list.	UNITED KINGDOM	English-100	RPT		
9/02/2018	1135	Mystery Diners	Bad Poets Society	(S.6 Ep.5) Danny and Jonathan are concerned about a loss of revenue on their Poetry Nights. Charles Stiles sends in mystery diners to find out why the register is being affected. #FoodNetworkAU	USA	English-100		PG	Y

9/02/2018	1200	Food: Fact Or Fiction	Thanksgiving Winners	Michael gives thanks for favourite Thanksgiving grub, from how burnt marshmallows ended up on sweet potatoes, and if a lawyer gave up his career to put cranberries in a can.	USA	English-100	G	
9/02/2018	1230	Dinner At Tiffani's	Asian Inspiration	Tiffani Thiessen stirs up an Asian-inspired menu for her husband Brady plus friends Marguerite and Christopher. Homemade Spring Rolls with Spicy Peanut Sauce and Nuoc Cham Sauce is the perfect start.	USA	English-100	G	
9/02/2018	1300	Beat Bobby Flay	Che-Sing Glory	Chef Andres Dangond puts his Colombian flair on display against Asian fusion maestro Tony Nguyen for a shot at one of America's best chefs, Bobby Flay.	USA	English-100		
9/02/2018	1330	Beat Bobby Flay	Hold On For One More Flay	Music legend Carnie Wilson joins The Kitchen's Katie Lee in the quest to burst Bobby Flay's bubble.	USA	English-100		
9/02/2018	1400	Food Lab By Ben Milbourne	Food Lab Series 2 Ep 56	At the University of Queensland, Ben cooks a Mexican street snack inspired by his gassy dog, Mollie.	AUSTRALIA	English-100	PG	
9/02/2018	1430	The Naked Chef	Italian Job, The	Jamie and his friend Gennaro head off to the New Forest to gather food from the wild, such as spinach, mushrooms and garlic. Jamie then cooks up a fantastic Italian feast.	UNITED KINGDOM	English-100	PG	
9/02/2018	1500	Bobby Flay's Barbecue Addiction	Bobby's Basics: Go-To Grilling	(S.4,Ep.5) Bobby's Basics: Go-To Grilling - Chef Bobby Flay reveals his go-to techniques for a simple and delicious meal at the grill. First up, his favourite method to grill chicken. #FoodNetworkAU	USA	English-100	G	
9/02/2018	1530	Rachael Ray's 30 Minute Meals	Soothe Yourself	(S.27,Ep.4) Soothe Yourself - Rachael prepares a heaping bowl of comfort to soothe your soul: sausage and butternut riggies. #FoodNetworkAU	USA	English-100	G	
9/02/2018	1600	Trisha's Southern Kitchen	Impromptu Get-Together	(S.6,Ep.2) Impromptu Get-Together - Trisha's friend, singer/songwriter Sunny Sweeney, is in town, so Trisha decides to throw an impromptu get-together. She whips up an easy summer menu. #FoodNetworkAU	USA	English-100	G	
9/02/2018	1630	Dinner At Tiffani's	Tiffani's French Cafe	Tiffani transports Sara Rue and Ross Mathews to a French cafe. On the menu, a croque monsieur-inspired grilled cheese, with crispy Frites and Homemade Aioli balanced by a Butter Lettuce Salad.	USA	English-100	G	
9/02/2018	1700	Pati's Mexican Table	Merida: Exploring With The Locals	The Yucatan Peninsula is known for vast jungles, underground cenotes, pristine beaches, ancient architecture and sensational food like chaya empanandas filled with gooey Edam cheese.	USA	English-100	PG	Y
9/02/2018	1730	Barefoot Contessa: Back To Basics	Pizza Pronto	Ina Garten's husband, Jeffrey, takes a pizza making class in a fabulous food truck. He learns to make White Pizza with Zucchini, Charred Red Onions & Garlic Ricotta, while Ina makes a Cheesecake.	USA	English-100	G	
9/02/2018	1800	Food Lab By Ben Milbourne	Food Lab Series 2 Ep 57	Ben invites friend Emily Bell to the studio to work out the maths behind the perfect sized platter.	AUSTRALIA	English-100	PG	
9/02/2018	1830	Bizarre Foods: Delicious Destinations	Warsaw	In Warsaw, the Slavic culture is rich & the hearty food sticks with you through the winter. From pierogi to zapiekanka to paczki, these are the iconic eats that Poles hold as tradition.	USA	English-100	G	
9/02/2018	1900	The Naked Chef	At The Beach	Jamie works with several Aussie chefs. They are all keen surfers but convinced that nowhere could ever match the Aussie surf. Jamie takes them to Porth in Cornwall in an attempt to prove them wrong.	UNITED KINGDOM	English-100	PG	
9/02/2018	1930	Great Food Truck Race, The	Family Face-Off: Things Get Berry Interesting	The five remaining food truck teams head up the Pacific Coast Highway to Ventura County, where they're the main attraction at the California Strawberry Festival.	USA	English-100		
9/02/2018	2025	Lyndey Milan's Taste Of Ireland	Drop Scones With Blackberry Compote	Contrary to the popular stereotype, Lyndey shows that there's more to Irish food than potatoes as she unearths a bounty of fabulous local produce and traditional recipes. #FoodNetworkAU	AUSTRALIA	English-100	G	
9/02/2018	2030	Ginormous Food	Richmond's Monumental Meals	Josh Denny storms Richmond, a city rich in history and packed with monumental meals: from a towering stack of five meats layered between cheddar and Jack cheese, to a massive six-pound burrito.	USA	English-100	G	
9/02/2018	2100	Ginormous Food	Nashville's Titans Of Tennessee	Josh Denny cruises through Nashville, the heart of country music, in search of magnificent meals: from a 17-pound gyro sandwich to a Titan Cheesesteak.	USA	English-100	G	
9/02/2018	2125	Small Business Secrets Bitesize	Voula Greek	Nick and Voula have created a successful small business based on food, family and partnership	AUSTRALIA	English-100	NC	

9/02/2018	2130	Mystery Diners	Fraternal Disorder	(S.6 Ep.7) Charles Stiles & his Mystery Diners go undercover to see how easy it is to purchase a keg. #FoodNetworkAU	USA	English-100	G	Y
9/02/2018	2200	Mystery Diners	Raw Deal	(S.6 Ep.8) Fearing that her employees are selling the secret recipes to her raw food menu, Sylvia contacts Charles Stiles for help. #FoodNetworkAU	USA	English-100	G	Y
9/02/2018	2225	Best Thing I Ever Ate Bitesize	John Besh - Crab Meat Au Gratin	John Besh is an icon of home-cooked Mississippi-style cooking. The crabmeat au gratin at Bon Ton Cafe is hands-down his favourite in New Orleans. #FoodNetworkAU	USA	English-100	G	
9/02/2018	2230	Food: Fact Or Fiction	Kitchen Of Good And Evil, The	Michael separates the good from the bad on some downright wicked food tales. He uncovers whether beer's spirits were put there by witches, and if the pretzel is pious.	USA	English-100	PG	
9/02/2018	2300	Beat Bobby Flay	Surprise Surprise!	The Windy City's Pat Sheerin and Chinese-American caterer Katie Chin are hoping that what they've got up their sleeves will be enough to send Bobby Flay packing.	USA	English-100		
9/02/2018	2330	Beat Bobby Flay	Country Boys In The Big City	Chopped host Ted Allen pairs up with chef Anne Burrell to weigh in on which contender has the best chance at handing Bobby Flay a loss.	USA	English-100		
9/02/2018	2355	Real Food Adventures	Mexico	Eat your way around the world with this series of quick and easy global recipes.	AUSTRALIA	English-100	G	
9/02/2018	2400	Food Lab By Ben Milbourne	Food Lab Series 2 Ep 57	Ben invites friend Emily Bell to the studio to work out the maths behind the perfect sized platter.	AUSTRALIA	English-100	PG	
9/02/2018	2430	Bizarre Foods: Delicious Destinations	Warsaw	In Warsaw, the Slavic culture is rich & the hearty food sticks with you through the winter. From pierogi to zapiekanka to paczki, these are the iconic eats that Poles hold as tradition.	USA	English-100	G	
9/02/2018	2500	The Naked Chef	At The Beach	Jamie works with several Aussie chefs. They are all keen surfers but convinced that nowhere could ever match the Aussie surf. Jamie takes them to Porth in Cornwall in an attempt to prove them wrong.	UNITED KINGDOM	English-100	PG	
9/02/2018	2530	Great Food Truck Race, The	Family Face-Off: Things Get Berry Interesting	The five remaining food truck teams head up the Pacific Coast Highway to Ventura County, where they're the main attraction at the California Strawberry Festival.	USA	English-100		
9/02/2018	2625	Lyndey Milan's Taste Of Ireland	Drop Scones With Blackberry Compote	Contrary to the popular stereotype, Lyndey shows that there's more to Irish food than potatoes as she unearths a bounty of fabulous local produce and traditional recipes. #FoodNetworkAU	AUSTRALIA	English-100	G	
9/02/2018	2630	Ginormous Food	Richmond's Monumental Meals	Josh Denny storms Richmond, a city rich in history and packed with monumental meals: from a towering stack of five meats layered between cheddar and Jack cheese, to a massive six-pound burrito.	USA	English-100	G	
9/02/2018	2700	Ginormous Food	Nashville's Titans Of Tennessee	Josh Denny cruises through Nashville, the heart of country music, in search of magnificent meals: from a 17-pound gyro sandwich to a Titan Cheesesteak.	USA	English-100	G	
9/02/2018	2730	Mystery Diners	Fraternal Disorder	(S.6 Ep.7) Charles Stiles & his Mystery Diners go undercover to see how easy it is to purchase a keg. #FoodNetworkAU	USA	English-100	G	Y
9/02/2018	2800	Mystery Diners	Raw Deal	(S.6 Ep.8) Fearing that her employees are selling the secret recipes to her raw food menu, Sylvia contacts Charles Stiles for help. #FoodNetworkAU	USA	English-100	G	Y
9/02/2018	2830	Food: Fact Or Fiction	Kitchen Of Good And Evil, The	Michael separates the good from the bad on some downright wicked food tales. He uncovers whether beer's spirits were put there by witches, and if the pretzel is pious.	USA	English-100	PG	
10/02/2018	500	Bobby Flay's Barbecue Addiction	Bobby's Basics: Go-To Grilling	(S.4,Ep.5) Bobby's Basics: Go-To Grilling - Chef Bobby Flay reveals his go-to techniques for a simple and delicious meal at the grill. First up, his favourite method to grill chicken. #FoodNetworkAU	USA	English-100	G	
10/02/2018	530	Rachael Ray's 30 Minute Meals	Soothe Yourself	(S.27,Ep.4) Soothe Yourself - Rachael prepares a heaping bowl of comfort to soothe your soul: sausage and butternut riggies. #FoodNetworkAU	USA	English-100	G	
10/02/2018	600	Trisha's Southern Kitchen	Impromptu Get-Together	(S.6,Ep.2) Impromptu Get-Together - Trisha's friend, singer/songwriter Sunny Sweeney, is in town, so Trisha decides to throw an impromptu get-together. She whips up an easy summer menu. #FoodNetworkAU	USA	English-100	G	

10/02/2018	630	Dinner At Tiffani's	Tiffani's French Cafe	Tiffani transports Sara Rue and Ross Mathews to a French cafe. On the menu, a croque monsieur-inspired grilled cheese, with crispy Frites and Homemade Aioli balanced by a Butter Lettuce Salad.	USA	English-100	G	
10/02/2018	700	Pati's Mexican Table	Merida: Exploring With The Locals	The Yucatan Peninsula is known for vast jungles, underground cenotes, pristine beaches, ancient architecture and sensational food like chaya empanandas filled with gooey Edam cheese.	USA	English-100	PG	Y
10/02/2018	730	Barefoot Contessa: Back To Basics	Pizza Pronto	Ina Garten's husband, Jeffrey, takes a pizza making class in a fabulous food truck. He learns to make White Pizza with Zucchini, Charred Red Onions & Garlic Ricotta, while Ina makes a Cheesecake.	USA	English-100	G	
10/02/2018	800	Food Lab By Ben Milbourne	Food Lab Series 2 Ep 57	Ben invites friend Emily Bell to the studio to work out the maths behind the perfect sized platter.	AUSTRALIA	English-100	PG	
10/02/2018	830	Bizarre Foods: Delicious Destinations	Warsaw	In Warsaw, the Slavic culture is rich & the hearty food sticks with you through the winter. From pierogi to zapiekanka to paczki, these are the iconic eats that Poles hold as tradition.	USA	English-100	G	
10/02/2018	900	The Naked Chef	At The Beach	Jamie works with several Aussie chefs. They are all keen surfers but convinced that nowhere could ever match the Aussie surf. Jamie takes them to Porth in Cornwall in an attempt to prove them wrong.	UNITED KINGDOM	English-100	PG	
10/02/2018	930	Great Food Truck Race, The	Family Face-Off: Things Get Berry Interesting	The five remaining food truck teams head up the Pacific Coast Highway to Ventura County, where they're the main attraction at the California Strawberry Festival.	USA	English-100		
10/02/2018	1025	Lyndey Milan's Taste Of Ireland	Drop Scones With Blackberry Compote	Contrary to the popular stereotype, Lyndey shows that there's more to Irish food than potatoes as she unearths a bounty of fabulous local produce and traditional recipes. #FoodNetworkAU	AUSTRALIA	English-100	G	
10/02/2018	1030	Ginormous Food	Richmond's Monumental Meals	Josh Denny storms Richmond, a city rich in history and packed with monumental meals: from a towering stack of five meats layered between cheddar and Jack cheese, to a massive six-pound burrito.	USA	English-100	G	
10/02/2018	1100	Ginormous Food	Nashville's Titans Of Tennessee	Josh Denny cruises through Nashville, the heart of country music, in search of magnificent meals: from a 17-pound gyro sandwich to a Titan Cheesesteak.	USA	English-100	G	
10/02/2018	1130	Mystery Diners	Fraternal Disorder	(S.6 Ep.7) Charles Stiles & his Mystery Diners go undercover to see how easy it is to purchase a keg. #FoodNetworkAU	USA	English-100	G	Y
10/02/2018	1200	Food: Fact Or Fiction	Kitchen Of Good And Evil, The	Michael separates the good from the bad on some downright wicked food tales. He uncovers whether beer's spirits were put there by witches, and if the pretzel is pious.	USA	English-100	PG	
10/02/2018	1230	Dinner At Tiffani's	Tiffani's French Cafe	Tiffani transports Sara Rue and Ross Mathews to a French cafe. On the menu, a croque monsieur-inspired grilled cheese, with crispy Frites and Homemade Aioli balanced by a Butter Lettuce Salad.	USA	English-100	G	
10/02/2018	1300	Beat Bobby Flay	Surprise Surprise!	The Windy City's Pat Sheerin and Chinese-American caterer Katie Chin are hoping that what they've got up their sleeves will be enough to send Bobby Flay packing.	USA	English-100		
10/02/2018	1330	Beat Bobby Flay	Country Boys In The Big City	Chopped host Ted Allen pairs up with chef Anne Burrell to weigh in on which contender has the best chance at handing Bobby Flay a loss.	USA	English-100		
10/02/2018	1400	Food Lab By Ben Milbourne	Food Lab Series 2 Ep 57	Ben invites friend Emily Bell to the studio to work out the maths behind the perfect sized platter.	AUSTRALIA	English-100	PG	
10/02/2018	1430	The Naked Chef	At The Beach	Jamie works with several Aussie chefs. They are all keen surfers but convinced that nowhere could ever match the Aussie surf. Jamie takes them to Porth in Cornwall in an attempt to prove them wrong.	UNITED KINGDOM	English-100	PG	
10/02/2018	1500	Cooking For Love	Celebrating Mom	(S.1,Ep.1) Celebrating Mom - Chef Nik Imran and passionate home cook Sarah Benjamin compete against each other to create affordable dishes for special family events. #FoodNetworkAU	SINGAPORE	English-100	G	Y
10/02/2018	1530	Cooking For Love	6th Wedding Anniversary	(S.1,Ep.2) 6th Wedding Anniversary - For a 6th year wedding anniversary, Nik and Sarah create a French-inspired menu and strive to win the hearts of a family of food connoisseurs. #FoodNetworkAU	SINGAPORE	English-100	G	

10/02/2018	1600	Cooking For Love	Sg80!	(S.1,Ep.3) SG80! - Ben has asked home cooks Nik Imran and Sarah Benjamin to prepare an authentic Peranakan feast for his father's 80th birthday bash. #FoodNetworkAU	SINGAPORE	English-100	G	
10/02/2018	1630	Cooking For Love	Celebrating Friends Who Have Become Family	(S.1,Ep.4) Celebrating Friends who have become Family - For an Indonesian celebration feast, Nik and Sarah turn up the heat by creating dishes like rib-eye satay and ikan goreng kicap. #FoodNetworkAU	SINGAPORE	English-100	G	Y
10/02/2018	1700	Diners, Drive-Ins And Dives	All Day Dining	(S.20,Ep.5) All Day Dining - This trip, Guy's getting a taste of every meal from dawn to dusk. In Long Beach, California, he finds a gastropub marrying pork belly with octopus. #FoodNetworkAU	USA	English-100	G	
10/02/2018	1730	Carnivore Chronicles	Meaty Memories	Adam's waxing poetic over succulent tri-tips and ribs; supersized submarine sammies so huge they're called battleships; and a creation called the steamed cheeseburger found only in central Connecticut	USA	English-100	PG	
10/02/2018	1800	Man V. Food Best Of	Fried Feasts	Crispy, crunchy and always delicious, fried food is America's guilty pleasure. We revisit our favourite fried moments and watch as Adam Richman competes in the Fried Catfish challenge.	USA	English-100	G	
10/02/2018	1830	Man V. Food Best Of	Savory Seafood	We're clawing our way through the best of Adam Richman's Man v Food seafood adventures. He chows down on hogfish and BBQ shrimp.	USA	English-100	PG	
10/02/2018	1900	Man V. Food Best Of	Bbq Bites	Adam Richman digs into a rack of baby back ribs and juicy pulled pork. Then he takes out the Ultimate Destroyer. Can Adam finish a six-pound BBQ sandwich with fries?	USA	English-100	G	Y
10/02/2018	1930	Help My Yelp	Barbecue Bootcamp	Barbecue Street is an old-school Georgia barbecue joint stuck in its ways. With their business dwindling, restaurant consultant Monti Carlo and some elite Yelpers step in to see what's going wrong.	USA	English-100	PG	
10/02/2018	2000	Help My Yelp	Burger Bomb	The Delkwood Grill in Marietta, Georgia is a family-run joint with an aging clientele. When host Monti Carlo uncovers flavourless food and overcooked burgers, she sends the kitchen to burger school.	USA	English-100	PG	
10/02/2018	2025	Best Thing I Ever Ate Bitesize	Danny Boome - Linguini With Clams And Mussels In Saffron Broth	Danny Boome - Food stars and chefs talk about some of the best meals they've ever eaten. Danny Boome chooses linguini with clams and mussels in saffron broth from the Tree Bistro, NY. #FoodNetworkAU	USA	English-100	G	
10/02/2018	2030	Mystery Diners	Trimming The Fat	(S.6 Ep.2) When Chris, owner of Spring Street Smoke House in Los Angeles, notices a decrease in valuable fat trimmings, he contacts Charles Stiles for help. #FoodNetworkAU	USA	English-100	PG	Y
10/02/2018	2100	Mystery Diners	Family Ties	(S.6 Ep.6) Carl, owner of Bakehouse Restaurant and Bar in Austin, fears a dispute between his son and favourite waitress is threatening the harmony of his restaurant. #FoodNetworkAU	USA	English-100	G	Y
10/02/2018	2125	Real Food Adventures	Mexico	Eat your way around the world with this series of quick and easy global recipes.	AUSTRALIA	English-100	G	
10/02/2018	2130	Bondi Harvest	American Style	It's time for Guy to change the menu at the Bondi Harvest cafe in Santa Monica. Travelling to the US Guy shows us how this little Aussie cafe that could is changing the face of the food scene in LA.	AUSTRALIA	English-100	PG	
10/02/2018	2200	Bondi Harvest	Finale, The	Guy heads out along the shoreline to see what native edibles he can find growing around the neighbourhood. Diving around shallow rocks Guy cooks a simple yet gourmet sea urchin roe paste.	AUSTRALIA	English-100	PG	
10/02/2018	2225	Best Thing I Ever Ate Bitesize Asia	Philippines - Karylle	Karylle - Food stars and celebrities talk about some of the best meals they've ever eaten. Karylle chooses the oyster burger and fries from the Hungry Hound, Philippines. #FoodNetworkAU	SINGAPORE	English-100	G	
10/02/2018	2230	Noma My Perfect Storm	Noma My Perfect Storm	After winning a Best Restaurant In The World award in 2010, 2011, 2012, and 2014, chef Rene Redzepi discusses his Copenhagen restaurant Noma and how his culinary philosophy has shaped its success.	UNITED KINGDOM	Swedish-16. /; Albanian-16.66; Danish-16.66; English-		Y
10/02/2018	2435	Diners, Drive-Ins And Dives	All Day Dining	(S.20,Ep.5) All Day Dining - This trip, Guy's getting a taste of every meal from dawn to dusk. In Long Beach, California, he finds a gastropub marrying pork belly with octopus. #FoodNetworkAU	USA	English-100	G	
10/02/2018	2500	Carnivore Chronicles	Meaty Memories	Adam's waxing poetic over succulent tri-tips and ribs; supersized submarine sammies so huge they're called battleships; and a creation called the steamed cheeseburger found only in central Connecticut	USA	English-100	PG	

10/02/2018	2530	Man V. Food Best Of	Fried Feasts	Crispy, crunchy and always delicious, fried food is America's guilty pleasure. We revisit our favourite fried moments and watch as Adam Richman competes in the Fried Catfish challenge.	USA	English-100	G	
10/02/2018	2600	Man V. Food Best Of	Savory Seafood	We're clawing our way through the best of Adam Richman's Man v Food seafood adventures. He chows down on hogfish and BBQ shrimp.	USA	English-100	PG	
10/02/2018	2630	Man V. Food Best Of	Bbq Bites	Adam Richman digs into a rack of baby back ribs and juicy pulled pork. Then he takes out the Ultimate Destroyer. Can Adam finish a six-pound BBQ sandwich with fries?	USA	English-100	G	Y
10/02/2018	2700	Help My Yelp	Barbecue Bootcamp	Barbecue Street is an old-school Georgia barbecue joint stuck in its ways. With their business dwindling, restaurant consultant Monti Carlo and some elite Yelpers step in to see what's going wrong.	USA	English-100	PG	
10/02/2018	2730	Help My Yelp	Burger Bomb	The Delkwood Grill in Marietta, Georgia is a family-run joint with an aging clientele. When host Monti Carlo uncovers flavourless food and overcooked burgers, she sends the kitchen to burger school.	USA	English-100	PG	
10/02/2018	2800	Mystery Diners	Trimming The Fat	(S.6 Ep.2) When Chris, owner of Spring Street Smoke House in Los Angeles, notices a decrease in valuable fat trimmings, he contacts Charles Stiles for help. #FoodNetworkAU	USA	English-100	PG	Y
10/02/2018	2830	Mystery Diners	Family Ties	(S.6 Ep.6) Carl, owner of Bakehouse Restaurant and Bar in Austin, fears a dispute between his son and favourite waitress is threatening the harmony of his restaurant. #FoodNetworkAU	USA	English-100	G	Y

