

SYDNEY PROGRAM GUIDE



Sunday 22nd March 2009

06:00 am Motorsport: NASCAR Nationwide Series
NWS09/004B

Round 4: Sharpie Mini 300 @ Bristol

Continuing coverage of Round 4 of the Nationwide series from Bristol Speedway. (LIVE AEST only)

08:00 am Swimming: 2009 Telstra Australian Swimming Championships (Rpt)
SWMA09/005

G **Night 5 Highlights**

The Australian Dolphins swim team come together to compete for spots on the World Championship team for Rome in July with all the finals action from the Sydney Olympic Park Aquatic Centre.

09:00 am Motorsport: NASCAR Sprint Cup Happy Hour
NSC09/019

Round 6: Food City 500 Happy Hour @ Bristol

The final practice session before Round 6 Sprint Cup action from Bristol.

10:00 am Swimming: 2009 Telstra Australian Swimming Championships Heats
SWMA09/017

SPECIAL EVENT

Day 6 Heats

Its down to the final day of competition in the national championships and tonight is the last chance to qualify for the Australian Dolphins swim team to compete in the World Championships. (LIVE AEST only)

12:00 pm Oprah's Big Give
OBG/001

PG
(A)

Oprah presents a heart-warming new reality series where millions are spent by contestants, challenged to find ways of sharing their wealth with the public. Each week their will power and wits are tested until one person is crowned 'The Biggest Giver'.

01:00 pm Don't Forget The Lyrics (Rpt)
LYRICS/001C

G

Everyone thinks they know the lyrics to the world's most popular songs, but when there's a million dollars at stake, who will rise to the challenge and who will crumble under the pressure? Hosted by comedian Wayne Brady.

02:00 pm Will & Grace (Rpt)
WG3/014

PG **Brothers, A Love Story**

Will is torn when his TV sportscaster boyfriend continues to refer to Will as his 'brother' as opposed to coming out to his workplace; Karen is devastated to prematurely learn that her husband's will is written to leave much of his estate to charity.

02:30 pm I Fish
IFISH4/002

G

Providing tips and information for the beginner fisherman, right through to the hard-core fishing enthusiasts. Everything you need to know about the world of fishing. Hosted by Paul Worsteling.



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Sunday 22nd March 2009

03:30 pm **Swimming: 2009 Telstra Australian Swimming Championships Heats (Rpt)**
SWMA09/017

Day 6 Heats

Its down to the final day of competition in the national championships and tonight is the last chance to qualify for the Australian Dolphins swim team to compete in the World Championships. (LIVE AEST only)

05:30 pm **Out Of The Blue** CC PG
OOTB/045

Lucia returns after her disappearance with none other than Daniel McManus. Tess finds out about a will that implicates Jarrod O'Donnell in the murder of her husband.

06:00 pm **Sports Tonight**
STHD09/007

The latest sports results and news on a Sunday evening hosted by Rob Canning.

06:30 pm **The Biggest Loser** CC
BLA4/043

It's another Weigh In, and an emotional time on the scales for some. As the competition continues on, the stakes get higher and the weight gets harder to shift.

07:30 pm **Swimming: 2009 Telstra Australian Swimming Championships Finals**
SWMA09/018

SPECIAL EVENT

Night 6 Finals

The last night of competition will determine the final makeup of the team for the World Swimming Championships in Rome this July. (LIVE AEST only)

10:00 pm **ONE Preview (Rpt)** G
ONEPREVIEW

One Preview

In the lead up to ONE HD launching at 7.30pm on Thursday 26 March, take a preview of the events and programs to come.

10:40 pm **Dexter**
DEX2/007

MA15+ **That Night, A Forest Grew**

(L,
S,
A)

A written manifesto from the "Bay Harbor Butcher" sends the Special Task Force in charge of capturing the killer into chaos. But this is part of Dexter's plan as he tries to be more "pro-active" in keeping Agent Lundy off his tail.

11:45 pm **Dexter** AV15+
DEX2/008

Morning Comes

(V)

After a fire at Lila's place, Dexter finds her becoming more attached than he is comfortable with. Later, he decides "recovery" isn't working for him and pays a second visit to the man who murdered his mother.

12:50 am **2009 Telstra Australian Swimming Championships** G
SWMA09/006

Night 6 Highlights

Highlights from the last night of finals at the Sydney Olympic Park Aquatic Centre and the announcement of the Dolphins team swimming for Australia at the World Championships.



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Sunday 22nd March 2009

01:50 am **The Office**
OAW4/012

PG **The Deposition**

(S) When Dunder Mifflin is being sued by Jan, Michael is called forth as a witness. Meanwhile, Darryl and Jim's Ping-Pong match gives Kelly and Pam a chance to practice their trash talk.

02:20 am **Video Hits Up Late (Rpt)**
VH0020

The Corrs

02:30 am **Kenneth Copeland**
D0903/23

PG

Religious Program

03:00 am **Life Today With James Robison**
LTJR09/057

PG

Robert Morris Ep.09-Mr23a

Religious Program

03:30 am **This Is Your Day With Benny Hinn**
BENN09/057

G

Religious Program

03:55 am **Video Hits Up Late (Rpt)**
VH0017

Madonna

04:00 am **NBA Live**
NBA09/014A

SPECIAL EVENT

Detroit Pistons V Miami Heat

The Detroit Pistons host the Miami Heat in a battle for playoff spots in the Eastern Conference.



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Monday 23rd March 2009

<p>06:00 am NBA Live NBA09/14B</p>	<p>SPECIAL EVENT <u>Detroit Pistons V Miami Heat</u> The Detroit Pistons host the Miami Heat in a battle for playoff spots in the Eastern Conference. (continues LIVE AEST only)</p>
<p>06:45 am ONE Preview (Rpt) ONEPREVIEW</p>	<p>G <u>One Preview</u> In the lead up to ONE HD launching at 7.30pm on Thursday 26 March, take a preview of the events and programs to come.</p>
<p>07:00 am Basketball: NCAA NCAB09/001</p>	<p>G SPECIAL EVENT <u>Road To The Final Four</u> Prepare for ONE's upcoming coverage of the concluding stages of the NCAA March Madness tournament with a look at highlights and news from College Basketball's ultimate competition.</p>
<p>08:00 am Swimming: 2009 Telstra Australian Swimming Championships (Rpt) SWMA09/006</p>	<p>G <u>Night 6 Highlights</u> Highlights from the last night of finals at the Sydney Olympic Park Aquatic Centre and the announcement of the Dolphins team swimming for Australia at the World Championships.</p>
<p>09:00 am 9am With David & Kim 9AM09/041</p>	<p>CC PG David Reyne and Kim Watkins look at the news, views and issues that matter to you and your lifestyle; and bring you the latest from the worlds of cooking, celebrity, fashion and health.</p>
<p>11:00 am TEN News MNEWS09/058</p>	<p>CC Comprehensive coverage of local, national and international news with analysis of the key stories of the day and a strong focus on health, social and environmental issues.</p>
<p>12:00 pm Dr Phil DPHIL7/039</p>	<p>CC M (A) Join Dr. Phil McGraw as he inspires millions of people to "get real". He gives them the challenge they need to change their behaviour, move ahead and lead positive lives.</p>
<p>01:00 pm The Oprah Winfrey Show (Rpt) OWS23/151</p>	<p>CC PG <u>Oprah, Cher, And Tina Turner At Caesars Palace In Las Vegas</u> From Las Vegas, it is an unforgettable, once in a lifetime event with legendary superstars Cher and Tina Turner. We've got exclusive performances and interviews as the two mega-stars come together to pull out all the stops for a true Vegas spectacular!</p>



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02:00 pm	Ready Steady Cook (Rpt) RSC4/021	CC G	Cooking game show where it's a battle against the clock for Australia's top chefs and guest contestants to create a tasty meal. Hosted by Peter Everett.
03:00 pm	Judge Judy JUDY12/183	CC PG (D, A)	Judge Judy holds court as presiding judge. The people are real, the cases are real and the rulings are binding.
03:30 pm	Huey's Cooking Adventures HUEY10/006	G	Chef extraordinaire Iain Hewitson provides simple recipes that are informative, fun, as well as being totally delicious.
04:00 pm	Everybody Loves Raymond (Rpt) ERAY/014	CC G	Who's Handsome Raymond can't face the fact that everybody thinks that his brother Robert is "classically handsome", while he is merely "adorable like a hamster".
04:30 pm	The Bold & The Beautiful BBT7/467	CC G	The story of the glamorous Forrester family: their loves, tragedies, triumphs and struggles for power in the fashion industry.
05:00 pm	TEN News At Five FAF09/058	CC	Comprehensive coverage of local stories that impact your lives. As well as the big national and international news information. TEN News has more time devoted to sport and the latest weather.
06:00 pm	The Simpsons (Rpt) SIMP10/018	CC G	Simpsons Bible Stories While listening to one of Reverend Lovejoy's sermons on a sweltering Easter Sunday morning, the Simpsons fall asleep and envision themselves as characters from the Bible.
06:30 pm	Neighbours NEB13/5651	CC G	Dan and Libby's happiness seems complete when they are inspired to name their daughter 'Grace', after Susan's mother. Their joy is in stark contrast to Declan and Bridget who clash over Bridget's determination to put their baby up for adoption.
07:00 pm	The Biggest Loser BLA4/044	CC	Another one bites the dust but there's a twist at this week's Elimination and a difficult decision to be made that will dramatically affect somebody's Biggest Loser journey.



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Monday 23rd March 2009

		SPECIAL EVENT	
07:30 pm	Basketball: NBA (Rpt) NBA09/014A		<u>Detroit Pistons V Miami Heat</u> The Detroit Pistons host the Miami Heat in a battle for playoff spots in the Eastern Conference.
09:45 pm	NCIS NCIS3/003	CC MA15+ (A)	<u>Mind Games</u> Gibbs is ordered to meet with a convicted serial killer three days away from his execution in order to find out crucial information before he dies.
10:45 pm	TEN Late News With Sports Tonight LN09/058	CC	Australia's leading late news service with comprehensive coverage and analysis of the major national and international stories. This is must-see television for those wanting the latest and most comprehensive news and sports information.
11:30 pm	The Late Show With David Letterman LSDL4/058	PG	Join the king of late night television - David Letterman, with special guests, his famous 'Top Ten' and lots more.
12:30 am	Home Shopping		
01:00 am	Home Shopping		
01:30 am	Home Shopping		
02:00 am	Home Shopping		
02:30 am	Kenneth Copeland D0903/24	PG	Religious Program
03:00 am	Life Today With James Robison LTJR09/058	PG	<u>Robert Morris W/ Michael & Arnita Taylor Ep.09-Mr24a</u> Religious Program
03:30 am	This Is Your Day With Benny Hinn BENN09/058	G	Religious Program
03:55 am	Video Hits Up Late (Rpt) VH0018		<u>B.B. King</u>
04:00 am	The CBS Early Show ES3/058		Morning news and talk show hosted by Julie Chen, Harry Smith, Dave Price, Russ Mitchell and Maggie Rodriguez.



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Tuesday 24th March 2009

06:00 am	TEN Early News ENEWS09/057	CC	Breaking local, national and international news, with extensive coverage of finance and the latest sport and weather. Up-to-the-minute news brought to you first by TEN News.
07:00 am	Toasted TV TST09/012-2A	G	Want the lowdown on what's hip for kids? Join the team for the latest in gaming, sport, gadgets, pop culture, movies, music and other seriously fun stuff! Featuring a variety of your favourite cartoons.
07:05 am	Spongebob Squarepants (Rpt) SPGC/022	G	<u>Pizza Delivery / Home Sweet Pineapple</u> Relentlessly optimistic SpongeBob SquarePants lives in the undersea township of Bikini Bottom, along with an assortment of zany supporting characters.
07:25 am	Toasted TV TST09/012-2B	G	Want the lowdown on what's hip for kids? Join the team for the latest in gaming, sport, gadgets, pop culture, movies, music and other seriously fun stuff! Featuring a variety of your favourite cartoons.
07:30 am	Totally Wild TW17/089	CC C	The Totally Wild team brings you the latest in action, adventure and wildlife from Australia and around the globe.
08:00 am	Toasted TV TST09/012-2C	G	Want the lowdown on what's hip for kids? Join the team for the latest in gaming, sport, gadgets, pop culture, movies, music and other seriously fun stuff! Featuring a variety of your favourite cartoons.
08:05 am	Bakugan (Rpt) BAKC/018	G	Mysterious cards appear in front of the children of the world, with the powers to summon monsters from an alternate dimension.
08:25 am	Toasted TV TST09/012-2D	G	Want the lowdown on what's hip for kids? Join the team for the latest in gaming, sport, gadgets, pop culture, movies, music and other seriously fun stuff! Featuring a variety of your favourite cartoons.
08:30 am	Puzzle Play PPLAY2/057	CC P	Join Kell, Liam and Patrick to solve a puzzle, also sing-a-long to some great songs and visit friends at preschools and in the animal world.



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Tuesday 24th March 2009

09:00 am	9am With David & Kim 9AM09/042	CC PG	David Reyne and Kim Watkins look at the news, views and issues that matter to you and your lifestyle; and bring you the latest from the worlds of cooking, celebrity, fashion and health.
11:00 am	TEN News MNEWS09/059	CC	Comprehensive coverage of local, national and international news with analysis of the key stories of the day and a strong focus on health, social and environmental issues.
12:00 pm	Dr Phil DPHIL7/044	CC M (A)	Join Dr. Phil McGraw as he inspires millions of people to "get real". He gives them the challenge they need to change their behaviour, move ahead and lead positive lives.
01:00 pm	The Oprah Winfrey Show (Rpt) OWS23/152	CC PG	A 15-year-old face-to-face with a 500 lb. bear! And, trapped in a twister with two young sons...one mother's life and death decision. Then, drowning in her sinking car...would you dive in? Plus, stand-up and cheer for a homecoming not to be missed.
02:00 pm	Ready Steady Cook (Rpt) RSC4/022	CC G	Cooking game show where it's a battle against the clock for Australia's top chefs and guest contestants to create a tasty meal. Hosted by Peter Everett.
03:00 pm	Judge Judy JUDY12/184	CC PG (A)	Judge Judy holds court as presiding judge. The people are real, the cases are real and the rulings are binding.
03:30 pm	Huey's Cooking Adventures HUEY10/007	G	Chef extraordinaire Iain Hewitson provides simple recipes that are informative, fun, as well as being totally delicious.
04:00 pm	Everybody Loves Raymond (Rpt) ERAY/016	CC G	Diamonds Ray decides to replace the fake diamond on Debra's engagement ring. Later he discovers that she already had it changed years earlier.
04:30 pm	The Bold & The Beautiful BBT7/468	CC G	The story of the glamorous Forrester family: their loves, tragedies, triumphs and struggles for power in the fashion industry.



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05:00 pm	TEN News At Five FAF09/059	CC		Comprehensive coverage of local stories that impact your lives. As well as the big national and international news information. TEN News has more time devoted to sport and the latest weather.
06:00 pm	The Simpsons (Rpt) SIMP10/019	CC G	Mom And Pop Art	Homer pursues a career as an artist when his misshapen barbeque pit attracts the attention of a gallery.
06:30 pm	Neighbours NEB13/5652	CC G		Ringo swans into school with his new celebrity mate and enjoys the attention from his classmates. Declan and Zeke cover their jealousy by being dismissive of his glamorous new life.
07:00 pm	The Biggest Loser BLA4/045	CC		It's the most dramatic and unexpected departure from Camp Biggest Loser yet. It's not always good news when the Commando turns up but this time might be different.
08:00 pm	Bondi Rescue BONDIR4/008	CC		Tonight, a heat wave has hit Sydney, and bathers are, in the words of lifeguards, "dropping like flies". But while it may be 40 plus on land, its a different story in the water. Cold currents have sent the water temperature plummeting to 16 degrees.
08:30 pm	NCIS NCIS6/016	CC M	Bounce	A murder with a connection to an old case leads to a reversal of roles for Gibbs and DiNozzo. DiNozzo leads the team in the investigation linking the murder to an embezzlement scheme that sent an innocent man to prison.
09:30 pm	Lie To Me LTM/007	CC	The Best Policy	Cal is hired to find a spy at a pharmaceutical company, but instead discovers a conspiracy regarding a new drug that can put many civilians at risk.
10:30 pm	TEN Late News With Sports Tonight LN09/059	CC		Australia's leading late news service with comprehensive coverage and analysis of the major national and international stories. This is must-see television for those wanting the latest and most comprehensive news and sports information.
11:15 pm	The Late Show With David Letterman LSDL4/059	PG		Join the king of late night television - David Letterman, with special guests, his famous 'Top Ten' and lots more.



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Tuesday 24th March 2009

12:00 am **Will & Grace (Rpt)**
WG3/015

PG **My Uncle The Car**

Grace prematurely decides to sell her late uncle's car to a nun, and finds that the nun isn't so sweet when trying to get the car back; and Jack sees the world differently when he believes his father was African-American.

12:30 am **Home Shopping**

01:00 am **Home Shopping**

01:30 am **Home Shopping**

02:00 am **Home Shopping**

02:30 am **Kenneth Copeland**
D0903/25

PG
Religious Program

03:00 am **Life Today With James Robison**
LTJR09/059

PG **Beth Moore #3 Ep.09-Mr25a**
Religious Program

03:30 am **This Is Your Day With Benny Hinn**
BENN09/059

G
Religious Program

03:55 am **Video Hits Up Late (Rpt)**
VH0019

Supertramp

04:00 am **The CBS Early Show**
ES3/059

Morning news and talk show hosted by Julie Chen, Harry Smith, Dave Price, Russ Mitchell and Maggie Rodriguez.



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Wednesday 25th March 2009

06:00 am	TEN Early News ENEWS09/058	CC	Breaking local, national and international news, with extensive coverage of finance and the latest sport and weather. Up-to-the-minute news brought to you first by TEN News.
07:00 am	Toasted TV TST09/012-3A	G	Want the lowdown on what's hip for kids? Join the team for the latest in gaming, sport, gadgets, pop culture, movies, music and other seriously fun stuff! Featuring a variety of your favourite cartoons.
07:05 am	Spongebob Squarepants (Rpt) SPGC/023	G	<u>Sandy's Rocket/ Squeaky Boots</u> Relentlessly optimistic SpongeBob SquarePants lives in the undersea township of Bikini Bottom, along with an assortment of zany supporting characters.
07:25 am	Toasted TV TST09/012-3B	G	Want the lowdown on what's hip for kids? Join the team for the latest in gaming, sport, gadgets, pop culture, movies, music and other seriously fun stuff! Featuring a variety of your favourite cartoons.
07:30 am	Totally Wild TW17/090	CC C	The Totally Wild team brings you the latest in action, adventure and wildlife from Australia and around the globe.
08:00 am	Toasted TV TST09/012-3C	G	Want the lowdown on what's hip for kids? Join the team for the latest in gaming, sport, gadgets, pop culture, movies, music and other seriously fun stuff! Featuring a variety of your favourite cartoons.
08:05 am	Bakugan (Rpt) BAKC/019	G	Mysterious cards appear in front of the children of the world, with the powers to summon monsters from an alternate dimension.
08:25 am	Toasted TV TST09/012-3D	G	Want the lowdown on what's hip for kids? Join the team for the latest in gaming, sport, gadgets, pop culture, movies, music and other seriously fun stuff! Featuring a variety of your favourite cartoons.
08:30 am	Puzzle Play PPLAY2/058	CC P	Join Kell, Liam and Patrick to solve a puzzle, also sing-a-long to some great songs and visit friends at preschools and in the animal world.



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Wednesday 25th March 2009

09:00 am	9am With David & Kim 9AM09/043	CC PG	David Reyne and Kim Watkins look at the news, views and issues that matter to you and your lifestyle; and bring you the latest from the worlds of cooking, celebrity, fashion and health.
11:00 am	TEN News MNEWS09/060	CC	Comprehensive coverage of local, national and international news with analysis of the key stories of the day and a strong focus on health, social and environmental issues.
12:00 pm	Dr Phil DPHIL7/049	CC M (A)	Join Dr. Phil McGraw as he inspires millions of people to "get real". He gives them the challenge they need to change their behaviour, move ahead and lead positive lives.
01:00 pm	The Oprah Winfrey Show (Rpt) OWS23/153	CC PG	Whatever happened to our most memorable guests? One guest weighed over 500 lbs. and now she is back. Then, a mom survived the unimaginable...the update you need to hear. Also, was top fashion designer Tommy Hilfiger thrown off the set? Find out the truth.
02:00 pm	Ready Steady Cook (Rpt) RSC4/023	CC G	Cooking game show where it's a battle against the clock for Australia's top chefs and guest contestants to create a tasty meal. Hosted by Peter Everett.
03:00 pm	Judge Judy JUDY12/185	CC PG (A)	Judge Judy holds court as presiding judge. The people are real, the cases are real and the rulings are binding.
03:30 pm	Huey's Cooking Adventures HUEY10/008	G	Chef extraordinaire Iain Hewitson provides simple recipes that are informative, fun, as well as being totally delicious.
04:00 pm	Everybody Loves Raymond ERAY/018	CC G	Recovering Pessimist Debra tries to change Ray's pessimistic attitude about winning the "Sports Writer of the Year Award".
04:30 pm	The Bold & The Beautiful BBT7/469	CC G	The story of the glamorous Forrester family: their loves, tragedies, triumphs and struggles for power in the fashion industry.



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Wednesday 25th March 2009

05:00 pm	TEN News At Five FAF09/060	CC		Comprehensive coverage of local stories that impact your lives. As well as the big national and international news information. TEN News has more time devoted to sport and the latest weather.
06:00 pm	The Simpsons SIMP10/020	CC G	<u>The Old Man And The 'c' Student</u>	Bart must perform community service at Grampa's retirement home.
06:30 pm	Neighbours NEB13/5653	CC G		Under pressure to make a decision about Libbys operation, Dan tells Peggy to do whatever it takes to save her life.
07:00 pm	The Biggest Loser BLA4/046	CC		Michelle and Shannan get a day off as the teams set off for a training session with the Sydney Swans! Watch those low tackles please.
08:00 pm	Guerrilla Gardeners GG/006	CC		When the sun goes down and city workers retreat to the 'burbs', renegade gardeners are out to reclaim the city. Six young warriors, armed with attitude and gardening tools work together to make-over the most barren and concrete-filled spaces in our cities
08:30 pm	House HOUSE5/017	CC	<u>The Social Contract</u>	House and his team take on a case of a man with frontal lobe inhibition, causing him speak his mind and to lose control over what he says. Interestingly, the condition bears a striking resemblance to House himself.
09:30 pm	Life LIFE2/016	CC M (V)	<u>Hit Me Baby</u>	Crews begins investigating a brutally murdered man, and the investigation points toward elusive hit woman Claudia. Meanwhile Reese has to undertake an FBI polygraph test before joining task force.
10:30 pm	TEN Late News With Sports Tonight LN09/060	CC		Australia's leading late news service with comprehensive coverage and analysis of the major national and international stories. This is must-see television for those wanting the latest and most comprehensive news and sports information.
11:15 pm	The Late Show With David Letterman LSDL4/060	PG		Join the king of late night television - David Letterman, with special guests, his famous 'Top Ten' and lots more.



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Wednesday 25th March 2009

12:00 am **Will & Grace (Rpt)**
WG3/016

PG **Cheaters (1)**

(Part 1): When Grace catches Will's father on the arm of a woman other than his wife, she feels forced to tell Will and is surprised by his action. When Karen misunderstands Grace's story, she suspects her own husband Stan of an affair.

12:30 am **Home Shopping**

01:00 am **Home Shopping**

01:30 am **Home Shopping**

02:00 am **Home Shopping**

02:30 am **Kenneth Copeland**
D0903/26

PG

Religious Program

03:00 am **Life Today With James Robison**
LTJR09/060

PG

Robert Morris W/ Steven & Janie Helling Ep.09-Mr26a

Religious Program

03:30 am **This Is Your Day With Benny Hinn**
BENN09/060

G

Religious Program

03:55 am **Video Hits Up Late (Rpt)**
VH0020

The Corrs

04:00 am **The CBS Early Show**
ES3/060

Morning news and talk show hosted by Julie Chen, Harry Smith, Dave Price, Russ Mitchell and Maggie Rodriguez.



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Thursday 26th March 2009

06:00 am	Countdown To ONE COUNTONE	G	Countdown To ONE ONE will be available from 7.30pm tonight in High Definition on (digital) Channel 1 and Standard Definition on (digital) Channel 12.
07:30 pm	Welcome To ONE WELTOONE	G	Welcome To ONE The sports television revolution is here! Welcome to ONE - launching Australia's first 24 hour free to air sports channel. A television event not to be missed.
08:00 pm	Swimming Australia Skins 2009 SWMA09/020		SPECIAL EVENT In a ONE HD Exclusive event, the Australian Dolphins swim team and international invitees including Olympic gold medallists Oussama Mellouli and Therese Alshammar compete for cash at the Sydney Olympic Park Aquatic Centre.
11:15 pm	AFL Premiership Season 2009 (Also airing on TEN) AFL09/001R	CC	Round 1: Richmond V Carlton (Replay) Cousins v Judd - the ultimate blockbuster to start the new season with a packed MCG crowd to see these former West Coast premiership teammates do battle.
01:45 am	Power Boating: F1 World Championships PBFO09/001		The F1 World Championship is the elite of high-speed water racing. The thrilling action is only for the adrenalin junkies who can withstand putting their bodies through the brain-numbing G-forces every time they step into the cockpit.
02:15 am	NBA 360 NBA09/045	G	A weekly basketball magazine show with news and highlights from the NBA.
03:15 am	Slamball SLMB08/001		Slamball is inspired by the strategies, aesthetics and pacing of video games, where athletes fly higher and hit harder, performing feats that are part basketball, football, hockey and gymnastics.
03:45 am	NASCAR Nationwide Series Highlights Hour NWS09/039	G	Round 4: Sharpie Mini 300 @ Bristol Highlights from the previous round in America's Nascar Nationwide Series, from Bristol Speedway.
04:45 am	World's Strongest Man WSMA/001		Since 1977, the most powerful men from around the world have come together head-to-head, bicep-to-bicep to compete for the title of the MET-Rx World's Strongest Man.
05:15 am	ONE Moment ONEMOM/001	G	



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Thursday 26th March 2009

05:30 am **Tread BMX**
TRBM09/001

Tread BMX is the world famous TV series featuring the very best BMX action from around the globe.



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Friday 27th March 2009

06:00 am	Mountainbike World MBW09/001		Mountainbike World is an insight into the latest happenings in off-road biking, whatever the discipline or style, but all combined in one programme.
06:30 am	High Five HIF109/001		An edgy, character driven focus on Action Sports and off the wall pursuits that dominate worldwide youth culture today.
07:00 am	Motorsport: Race Of Champions MROC08/001	G	Every year for the past 21 years, The Race of Champions brings together the worlds best circuit racers and off-road drivers to compete head-to-head in a shoot out to find Motor Racing's Champion of Champions.
08:00 am	Motorsport: Raceworld MSRW09/001		Raceworld takes race fans behind closed doors with special features on drivers, lifestyles, circuits and race cars, as well as race reports, test sessions, predictions and race reviews.
09:00 am	Athletics: Sydney Track Classic ATHL09/001		<u>Sydney Track Classic</u> After the success at the Beijing Olympics, Australia's athletics team come together for a two round Track Classic series in Sydney and Melbourne.
10:00 am	LIVE: Basketball: NCAA College Regionals NCAB09/003		SPECIAL EVENT <u>Regional Semi Final 1 (Friday)</u> LIVE action as we join the Regional Semi Final stage of College Basketball's prestigious NCAA March Madness championship tournament.
12:00 pm	LIVE: Formula 1 ING Australian Grand Prix FORM09/001		SPECIAL EVENT <u>R1 Australian Practice</u> New cars, new teams and a whole new season kicks off in Melbourne with a full day of Formula 1 action LIVE and Exclusive to ONE.
07:00 pm	Sports Tonight STOE09/001		Every weeknight join Brad McEwan for an exclusive edition of Sports Tonight on ONE HD.
07:30 pm	AFL Premiership Season 2009 (Rpt) AFL09/001R	CC	<u>Round 1: Richmond V Carlton (Replay)</u> Cousins v Judd - the ultimate blockbuster to start the new season with a packed MCG crowd to see these former West Coast premiership teammates do battle.
09:45 pm	NASCAR Sprint Cup With Marcos Ambrose NSC09/020	G	<u>Round 6: Food City 500 @ Bristol</u> Australian motor ace Marcos Ambrose introduces the highlights from the previous Sprint Cup round including insights into his own form and race performance.



SYDNEY

PROGRAM GUIDE



Friday 27th March 2009

10:45 pm **Welcome To ONE (Rpt)**
WELTOONE

G **Welcome To ONE**

The sports television revolution is here! Welcome to ONE - launching Australia's first 24 hour free to air sports channel. A television event not to be missed.

11:15 pm **Basketball: NCAA College Regionals**
NCAB09/004

Regional Semi Final 2 (Friday)

A triple header of today's NCAA matches from the Regional Semi final stage.

01:30 am **Basketball: NCAA College Regionals**
NCAB09/005

Regional Semi Final 3 (Friday)

A triple header of today's NCAA matches from the Regional Semi final stage.

03:30 am **Basketball: NCAA College Regionals**
NCAB09/006

Regional Semi Final 4 (Friday)

A triple header of today's NCAA matches from the Regional Semi final stage.

05:30 am **World's Strongest Man**
WSMA/002

Since 1977, the most powerful men from around the world have come together head-to-head, bicep-to-bicep to compete for the title of the MET-Rx World's Strongest Man.



SYDNEY

PROGRAM GUIDE



Sharing one passion. Sport

Saturday 28th March 2009

06:00 am	Power Boating: F1 World Championships PBFO09/002		The F1 World Championship is the elite of high-speed water racing. The thrilling action is only for the adrenalin junkies who can withstand putting their bodies through the brain-numbing G-forces every time they step into the cockpit.
06:30 am	NASCAR Sprint Cup Qualifying NSC09/021		Round 7: Goody's Fast Relief 500 Qualifying @ Martinsville LIVE and exclusive coverage of Qualifying sessions from Martinsville as the Sprint Cup season continues for Marcos Ambrose and the rest of the field.
08:00 am	Golf: WGC Accenture Match Play Highlights PGAW09/055	G	2009 Accenture Match Play Highlights Highlights of the 2009 event which saw Tiger Woods return to golf, as well as Aussies including Geoff Ogilvy, Adam Scott and Brendan Jones.
09:00 am	Athletics: Melbourne Track Classic ATHL09/002		Melbourne Track Classic After the success at the Beijing Olympics, Australia's athletics team come together for the second Track Classic of the season at Melbourne's Olympic Park.
10:00 am	Welcome To ONE (Rpt) WELTOONE	G	Welcome To ONE The sports television revolution is here! Welcome to ONE - launching Australia's first 24 hour free to air sports channel. A television event not to be missed.
10:30 am	Xtreme Paintball: Beyond The Paint XPBL09/001		The world's most outrageous, fun and fearless paintball players face off for cash prizes, respect and glory.
11:00 am	Drifting DRFT09/001		High-powered motor sport action testing drivers' skill to control a car while it slides sideways at high speed through a marked course. It is judged on execution and style rather than who finishes the course fastest.
12:00 pm	LIVE: Formula 1 ING Australian Grand Prix FORM09/002		SPECIAL EVENT R1 Australian Qualifying The Formula One season begins with live coverage from Albert Park, Melbourne. Includes F1 Final Practice and Qualifying as well as the V8 Supercars, Australian GT and Formula Fords.
06:05 pm	LIVE: Formula 1 ING Australian Grand Prix FORM09/003		SPECIAL EVENT V8 Supercar Race - Exclusive To One In extended coverage exclusive to ONE, the drivers from the V8 Supercars take to the Albert Park racetrack.
07:30 pm	AFL Premiership Season 2009 (Also airing on TEN) AFL09/002	CC	Round 1 - St Kilda V Sydney The Saints host the Swans in Melbourne as first round AFL action continues.



SYDNEY

PROGRAM GUIDE



Saturday 28th March 2009

11:00 pm Formula 1 ING Australian Grand Prix Highlights
FORM09/055

G Australian Grand Prix Qualifying Highlights

A one hour round up of today's F1 Qualifying session before tomorrow's first race of the season at Albert Park in Melbourne.

12:00 am Basketball: NCAA College Regionals
NCAB09/007

Regional Semi Final 5 (Saturday)

The second day of Regional Semis features two of today's NCAA College Basketball tournament.

02:00 am Slamball
SLMB08/002

Slamball is inspired by the strategies, aesthetics and pacing of video games, where athletes fly higher and hit harder, performing feats that are part basketball, football, hockey and gymnastics.

02:30 am NASCAR Sprint Cup Happy Hour
NSC09/022

Round 7: Goody's Fast Relief 500 Happy Hour @ Martinsville

After this morning's Qualifying session, the Sprint Cup drivers back up with a Final Practice session in Happy Hour.

04:00 am Basketball: NCAA College Regionals
NCAB09/008

Regional Semi Final 6 (Saturday)

The second day of Regional Semis features two of today's NCAA College Basketball tournament.



MELBOURNE PROGRAM GUIDE



Sunday 22nd March 2009

06:00 am **Motorsport: NASCAR Nationwide Series**
NWS09/004B

Round 4: Sharpie Mini 300 @ Bristol

Continuing coverage of Round 4 of the Nationwide series from Bristol Speedway. (LIVE AEST only)

08:00 am **Swimming: 2009 Telstra Australian Swimming Championships (Rpt)**
SWMA09/005

G **Night 5 Highlights**

The Australian Dolphins swim team come together to compete for spots on the World Championship team for Rome in July with all the finals action from the Sydney Olympic Park Aquatic Centre.

09:00 am **Motorsport: NASCAR Sprint Cup Happy Hour**
NSC09/019

Round 6: Food City 500 Happy Hour @ Bristol

The final practice session before Round 6 Sprint Cup action from Bristol.

10:00 am **Swimming: 2009 Telstra Australian Swimming Championships Heats**
SWMA09/017

SPECIAL EVENT

Day 6 Heats

Its down to the final day of competition in the national championships and tonight is the last chance to qualify for the Australian Dolphins swim team to compete in the World Championships. (LIVE AEST only)

12:00 pm **Oprah's Big Give**
OBG/001

PG
(A)

Oprah presents a heart-warming new reality series where millions are spent by contestants, challenged to find ways of sharing their wealth with the public. Each week their will power and wits are tested until one person is crowned 'The Biggest Giver'.

01:00 pm **Don't Forget The Lyrics (Rpt)**
LYRICS/001C

G

Everyone thinks they know the lyrics to the world's most popular songs, but when there's a million dollars at stake, who will rise to the challenge and who will crumble under the pressure? Hosted by comedian Wayne Brady.

02:00 pm **Will & Grace (Rpt)**
WG3/014

PG **Brothers, A Love Story**

Will is torn when his TV sportscaster boyfriend continues to refer to Will as his 'brother' as opposed to coming out to his workplace; Karen is devastated to prematurely learn that her husband's will is written to leave much of his estate to charity.

02:30 pm **I Fish**
IFISH4/002

G

Providing tips and information for the beginner fisherman, right through to the hard-core fishing enthusiasts. Everything you need to know about the world of fishing. Hosted by Paul Worsteling.



MELBOURNE PROGRAM GUIDE



Sunday 22nd March 2009

03:30 pm **Swimming: 2009 Telstra Australian Swimming Championships Heats (Rpt)**
SWMA09/017

Day 6 Heats

Its down to the final day of competition in the national championships and tonight is the last chance to qualify for the Australian Dolphins swim team to compete in the World Championships. (LIVE AEST only)

05:30 pm **Out Of The Blue** CC PG
OOTB/045

Lucia returns after her disappearance with none other than Daniel McManus. Tess finds out about a will that implicates Jarrod O'Donnell in the murder of her husband.

06:00 pm **Sports Tonight**
STHD09/007

The latest sports results and news on a Sunday evening hosted by Rob Canning.

06:30 pm **The Biggest Loser** CC
BLA4/043

It's another Weigh In, and an emotional time on the scales for some. As the competition continues on, the stakes get higher and the weight gets harder to shift.

07:30 pm **Swimming: 2009 Telstra Australian Swimming Championships Finals**
SWMA09/018

SPECIAL EVENT

Night 6 Finals

The last night of competition will determine the final makeup of the team for the World Swimming Championships in Rome this July. (LIVE AEST only)

10:00 pm **ONE Preview (Rpt)** G
ONEPREVIEW

One Preview

In the lead up to ONE HD launching at 7.30pm on Thursday 26 March, take a preview of the events and programs to come.

10:40 pm **Dexter**
DEX2/007

MA15+ **That Night, A Forest Grew**

(L,
S,
A)

A written manifesto from the "Bay Harbor Butcher" sends the Special Task Force in charge of capturing the killer into chaos. But this is part of Dexter's plan as he tries to be more "pro-active" in keeping Agent Lundy off his tail.

11:45 pm **Dexter** AV15+
DEX2/008

Morning Comes

(V)

After a fire at Lila's place, Dexter finds her becoming more attached than he is comfortable with. Later, he decides "recovery" isn't working for him and pays a second visit to the man who murdered his mother.

12:50 am **2009 Telstra Australian Swimming Championships** G
SWMA09/006

Night 6 Highlights

Highlights from the last night of finals at the Sydney Olympic Park Aquatic Centre and the announcement of the Dolphins team swimming for Australia at the World Championships.



MELBOURNE PROGRAM GUIDE



Sunday 22nd March 2009

01:50 am **The Office**
OAW4/012

PG **The Deposition**

(S) When Dunder Mifflin is being sued by Jan, Michael is called forth as a witness. Meanwhile, Darryl and Jim's Ping-Pong match gives Kelly and Pam a chance to practice their trash talk.

02:20 am **Video Hits Up Late (Rpt)**
VH0020

The Corrs

02:30 am **Kenneth Copeland**
D0903/23

PG

Religious Program

03:00 am **Life Today With James Robison**
LTJR09/057

PG

Robert Morris Ep.09-Mr23a

Religious Program

03:30 am **This Is Your Day With Benny Hinn**
BENN09/057

G

Religious Program

03:55 am **Video Hits Up Late (Rpt)**
VH0017

Madonna

04:00 am **NBA Live**
NBA09/014A

SPECIAL EVENT

Detroit Pistons V Miami Heat

The Detroit Pistons host the Miami Heat in a battle for playoff spots in the Eastern Conference.



MELBOURNE PROGRAM GUIDE



Monday 23rd March 2009

<p>06:00 am NBA Live NBA09/14B</p>	<p>SPECIAL EVENT <u>Detroit Pistons V Miami Heat</u> The Detroit Pistons host the Miami Heat in a battle for playoff spots in the Eastern Conference. (continues LIVE AEST only)</p>
<p>06:45 am ONE Preview (Rpt) ONEPREVIEW</p>	<p>G <u>One Preview</u> In the lead up to ONE HD launching at 7.30pm on Thursday 26 March, take a preview of the events and programs to come.</p>
<p>07:00 am Basketball: NCAA NCAB09/001</p>	<p>SPECIAL EVENT G <u>Road To The Final Four</u> Prepare for ONE's upcoming coverage of the concluding stages of the NCAA March Madness tournament with a look at highlights and news from College Basketball's ultimate competition.</p>
<p>08:00 am Swimming: 2009 Telstra Australian Swimming Championships (Rpt) SWMA09/006</p>	<p>G <u>Night 6 Highlights</u> Highlights from the last night of finals at the Sydney Olympic Park Aquatic Centre and the announcement of the Dolphins team swimming for Australia at the World Championships.</p>
<p>09:00 am 9am With David & Kim 9AM09/041</p>	<p>CC PG David Reyne and Kim Watkins look at the news, views and issues that matter to you and your lifestyle; and bring you the latest from the worlds of cooking, celebrity, fashion and health.</p>
<p>11:00 am TEN News MNEWS09/058</p>	<p>CC Comprehensive coverage of local, national and international news with analysis of the key stories of the day and a strong focus on health, social and environmental issues.</p>
<p>12:00 pm Dr Phil DPHIL7/039</p>	<p>CC M (A) Join Dr. Phil McGraw as he inspires millions of people to "get real". He gives them the challenge they need to change their behaviour, move ahead and lead positive lives.</p>
<p>01:00 pm The Oprah Winfrey Show (Rpt) OWS23/151</p>	<p>CC PG <u>Oprah, Cher, And Tina Turner At Caesars Palace In Las Vegas</u> From Las Vegas, it is an unforgettable, once in a lifetime event with legendary superstars Cher and Tina Turner. We've got exclusive performances and interviews as the two mega-stars come together to pull out all the stops for a true Vegas spectacular!</p>



MELBOURNE PROGRAM GUIDE



Monday 23rd March 2009

02:00 pm	Ready Steady Cook (Rpt) RSC4/021	CC G	Cooking game show where it's a battle against the clock for Australia's top chefs and guest contestants to create a tasty meal. Hosted by Peter Everett.
03:00 pm	Judge Judy JUDY12/183	CC PG (D, A)	Judge Judy holds court as presiding judge. The people are real, the cases are real and the rulings are binding.
03:30 pm	Huey's Cooking Adventures HUEY10/006	G	Chef extraordinaire Iain Hewitson provides simple recipes that are informative, fun, as well as being totally delicious.
04:00 pm	Everybody Loves Raymond (Rpt) ERAY/014	CC G	Who's Handsome Raymond can't face the fact that everybody thinks that his brother Robert is "classically handsome", while he is merely "adorable like a hamster".
04:30 pm	The Bold & The Beautiful BBT7/467	CC G	The story of the glamorous Forrester family: their loves, tragedies, triumphs and struggles for power in the fashion industry.
05:00 pm	TEN News At Five FAF09/058	CC	
06:00 pm	The Simpsons (Rpt) SIMP10/018	CC G	Simpsons Bible Stories While listening to one of Reverend Lovejoy's sermons on a sweltering Easter Sunday morning, the Simpsons fall asleep and envision themselves as characters from the Bible.
06:30 pm	Neighbours NEB13/5651	CC G	Dan and Libby's happiness seems complete when they are inspired to name their daughter 'Grace', after Susan's mother. Their joy is in stark contrast to Declan and Bridget who clash over Bridget's determination to put their baby up for adoption.
07:00 pm	The Biggest Loser BLA4/044	CC	Another one bites the dust but there's a twist at this week's Elimination and a difficult decision to be made that will dramatically affect somebody's Biggest Loser journey.
07:30 pm	Basketball: NBA (Rpt) NBA09/014A		SPECIAL EVENT Detroit Pistons V Miami Heat The Detroit Pistons host the Miami Heat in a battle for playoff spots in the Eastern Conference.



MELBOURNE PROGRAM GUIDE



Monday 23rd March 2009

09:45 pm	NCIS NCIS3/003	CC MA15+ (A)	Mind Games Gibbs is ordered to meet with a convicted serial killer three days away from his execution in order to find out crucial information before he dies.
10:45 pm	TEN Late News With Sports Tonight LN09/058	CC	Australia's leading late news service with comprehensive coverage and analysis of the major national and international stories. This is must-see television for those wanting the latest and most comprehensive news and sports information.
11:30 pm	The Late Show With David Letterman LSDL4/058	PG	Join the king of late night television - David Letterman, with special guests, his famous 'Top Ten' and lots more.
12:30 am	Home Shopping		
01:00 am	Home Shopping		
01:30 am	Home Shopping		
02:00 am	Home Shopping		
02:30 am	Kenneth Copeland D0903/24	PG	Religious Program
03:00 am	Life Today With James Robison LTJR09/058	PG	Robert Morris W/ Michael & Arnita Taylor Ep.09-Mr24a Religious Program
03:30 am	This Is Your Day With Benny Hinn BENN09/058	G	Religious Program
03:55 am	Video Hits Up Late (Rpt) VH0018		B.B. King
04:00 am	The CBS Early Show ES3/058		Morning news and talk show hosted by Julie Chen, Harry Smith, Dave Price, Russ Mitchell and Maggie Rodriguez.



MELBOURNE PROGRAM GUIDE



Tuesday 24th March 2009

06:00 am	TEN Early News ENEWS09/057	CC	Breaking local, national and international news, with extensive coverage of finance and the latest sport and weather. Up-to-the-minute news brought to you first by TEN News.
07:00 am	Toasted TV TST09/012-2A	G	Want the lowdown on what's hip for kids? Join the team for the latest in gaming, sport, gadgets, pop culture, movies, music and other seriously fun stuff! Featuring a variety of your favourite cartoons.
07:05 am	Spongebob Squarepants (Rpt) SPGC/022	G	<u>Pizza Delivery / Home Sweet Pineapple</u> Relentlessly optimistic SpongeBob SquarePants lives in the undersea township of Bikini Bottom, along with an assortment of zany supporting characters.
07:25 am	Toasted TV TST09/012-2B	G	Want the lowdown on what's hip for kids? Join the team for the latest in gaming, sport, gadgets, pop culture, movies, music and other seriously fun stuff! Featuring a variety of your favourite cartoons.
07:30 am	Totally Wild TW17/089	CC C	The Totally Wild team brings you the latest in action, adventure and wildlife from Australia and around the globe.
08:00 am	Toasted TV TST09/012-2C	G	Want the lowdown on what's hip for kids? Join the team for the latest in gaming, sport, gadgets, pop culture, movies, music and other seriously fun stuff! Featuring a variety of your favourite cartoons.
08:05 am	Bakugan (Rpt) BAKC/018	G	Mysterious cards appear in front of the children of the world, with the powers to summon monsters from an alternate dimension.
08:25 am	Toasted TV TST09/012-2D	G	Want the lowdown on what's hip for kids? Join the team for the latest in gaming, sport, gadgets, pop culture, movies, music and other seriously fun stuff! Featuring a variety of your favourite cartoons.
08:30 am	Puzzle Play PPLAY2/057	CC P	Join Kell, Liam and Patrick to solve a puzzle, also sing-a-long to some great songs and visit friends at preschools and in the animal world.



MELBOURNE PROGRAM GUIDE



Tuesday 24th March 2009

09:00 am	9am With David & Kim 9AM09/042	CC PG	David Reyne and Kim Watkins look at the news, views and issues that matter to you and your lifestyle; and bring you the latest from the worlds of cooking, celebrity, fashion and health.
11:00 am	TEN News MNEWS09/059	CC	Comprehensive coverage of local, national and international news with analysis of the key stories of the day and a strong focus on health, social and environmental issues.
12:00 pm	Dr Phil DPHIL7/044	CC M (A)	Join Dr. Phil McGraw as he inspires millions of people to "get real". He gives them the challenge they need to change their behaviour, move ahead and lead positive lives.
01:00 pm	The Oprah Winfrey Show (Rpt) OWS23/152	CC PG	A 15-year-old face-to-face with a 500 lb. bear! And, trapped in a twister with two young sons...one mother's life and death decision. Then, drowning in her sinking car...would you dive in? Plus, stand-up and cheer for a homecoming not to be missed.
02:00 pm	Ready Steady Cook (Rpt) RSC4/022	CC G	Cooking game show where it's a battle against the clock for Australia's top chefs and guest contestants to create a tasty meal. Hosted by Peter Everett.
03:00 pm	Judge Judy JUDY12/184	CC PG (A)	Judge Judy holds court as presiding judge. The people are real, the cases are real and the rulings are binding.
03:30 pm	Huey's Cooking Adventures HUEY10/007	G	Chef extraordinaire Iain Hewitson provides simple recipes that are informative, fun, as well as being totally delicious.
04:00 pm	Everybody Loves Raymond (Rpt) ERAY/016	CC G	Diamonds Ray decides to replace the fake diamond on Debra's engagement ring. Later he discovers that she already had it changed years earlier.
04:30 pm	The Bold & The Beautiful BBT7/468	CC G	The story of the glamorous Forrester family: their loves, tragedies, triumphs and struggles for power in the fashion industry.



MELBOURNE PROGRAM GUIDE



Tuesday 24th March 2009

05:00 pm	TEN News At Five FAF09/059	CC	
06:00 pm	The Simpsons (Rpt) SIMP10/019	CC G	<u>Mom And Pop Art</u> Homer pursues a career as an artist when his misshapen barbeque pit attracts the attention of a gallery.
06:30 pm	Neighbours NEB13/5652	CC G	Ringo swans into school with his new celebrity mate and enjoys the attention from his classmates. Declan and Zeke cover their jealousy by being dismissive of his glamorous new life.
07:00 pm	The Biggest Loser BLA4/045	CC	It's the most dramatic and unexpected departure from Camp Biggest Loser yet. It's not always good news when the Commando turns up but this time might be different.
08:00 pm	Bondi Rescue BONDIR4/008	CC	Tonight, a heat wave has hit Sydney, and bathers are, in the words of lifeguards, "dropping like flies". But while it may be 40 plus on land, its a different story in the water. Cold currents have sent the water temperature plummeting to 16 degrees.
08:30 pm	NCIS NCIS6/016	CC M	<u>Bounce</u> A murder with a connection to an old case leads to a reversal of roles for Gibbs and DiNozzo. DiNozzo leads the team in the investigation linking the murder to an embezzlement scheme that sent an innocent man to prison.
09:30 pm	Lie To Me LTM/007	CC	<u>The Best Policy</u> Cal is hired to find a spy at a pharmaceutical company, but instead discovers a conspiracy regarding a new drug that can put many civilians at risk.
10:30 pm	TEN Late News With Sports Tonight LN09/059	CC	Australia's leading late news service with comprehensive coverage and analysis of the major national and international stories. This is must-see television for those wanting the latest and most comprehensive news and sports information.
11:15 pm	The Late Show With David Letterman LSDL4/059	PG	Join the king of late night television - David Letterman, with special guests, his famous 'Top Ten' and lots more.
12:00 am	Will & Grace (Rpt) WG3/015	PG	<u>My Uncle The Car</u> Grace prematurely decides to sell her late uncle's car to a nun, and finds that the nun isn't so sweet when trying to get the car back; and Jack sees the world differently when he believes his father was African-American.



MELBOURNE PROGRAM GUIDE



Tuesday 24th March 2009

12:30 am Home Shopping

01:00 am Home Shopping

01:30 am Home Shopping

02:00 am Home Shopping

02:30 am **Kenneth Copeland** PG
D0903/25 Religious Program

03:00 am **Life Today With James Robison** PG **Beth Moore #3 Ep.09-Mr25a**
LTJR09/059 Religious Program

03:30 am **This Is Your Day With Benny Hinn** G
BENN09/059 Religious Program

03:55 am **Video Hits Up Late (Rpt)** **Supertramp**
VH0019

04:00 am **The CBS Early Show**
ES3/059 Morning news and talk show hosted by Julie Chen, Harry Smith, Dave Price, Russ Mitchell and Maggie Rodriguez.



MELBOURNE PROGRAM GUIDE



Wednesday 25th March 2009

06:00 am	TEN Early News ENEWS09/058	CC	Breaking local, national and international news, with extensive coverage of finance and the latest sport and weather. Up-to-the-minute news brought to you first by TEN News.
07:00 am	Toasted TV TST09/012-3A	G	Want the lowdown on what's hip for kids? Join the team for the latest in gaming, sport, gadgets, pop culture, movies, music and other seriously fun stuff! Featuring a variety of your favourite cartoons.
07:05 am	Spongebob Squarepants (Rpt) SPGC/023	G	<u>Sandy's Rocket/ Squeaky Boots</u> Relentlessly optimistic SpongeBob SquarePants lives in the undersea township of Bikini Bottom, along with an assortment of zany supporting characters.
07:25 am	Toasted TV TST09/012-3B	G	Want the lowdown on what's hip for kids? Join the team for the latest in gaming, sport, gadgets, pop culture, movies, music and other seriously fun stuff! Featuring a variety of your favourite cartoons.
07:30 am	Totally Wild TW17/090	CC C	The Totally Wild team brings you the latest in action, adventure and wildlife from Australia and around the globe.
08:00 am	Toasted TV TST09/012-3C	G	Want the lowdown on what's hip for kids? Join the team for the latest in gaming, sport, gadgets, pop culture, movies, music and other seriously fun stuff! Featuring a variety of your favourite cartoons.
08:05 am	Bakugan (Rpt) BAKC/019	G	Mysterious cards appear in front of the children of the world, with the powers to summon monsters from an alternate dimension.
08:25 am	Toasted TV TST09/012-3D	G	Want the lowdown on what's hip for kids? Join the team for the latest in gaming, sport, gadgets, pop culture, movies, music and other seriously fun stuff! Featuring a variety of your favourite cartoons.
08:30 am	Puzzle Play PPLAY2/058	CC P	Join Kell, Liam and Patrick to solve a puzzle, also sing-a-long to some great songs and visit friends at preschools and in the animal world.



MELBOURNE PROGRAM GUIDE



Wednesday 25th March 2009

09:00 am	9am With David & Kim 9AM09/043	CC PG	David Reyne and Kim Watkins look at the news, views and issues that matter to you and your lifestyle; and bring you the latest from the worlds of cooking, celebrity, fashion and health.
11:00 am	TEN News MNEWS09/060	CC	Comprehensive coverage of local, national and international news with analysis of the key stories of the day and a strong focus on health, social and environmental issues.
12:00 pm	Dr Phil DPHIL7/049	CC M (A)	Join Dr. Phil McGraw as he inspires millions of people to "get real". He gives them the challenge they need to change their behaviour, move ahead and lead positive lives.
01:00 pm	The Oprah Winfrey Show (Rpt) OWS23/153	CC PG	Whatever happened to our most memorable guests? One guest weighed over 500 lbs. and now she is back. Then, a mom survived the unimaginable...the update you need to hear. Also, was top fashion designer Tommy Hilfiger thrown off the set? Find out the truth.
02:00 pm	Ready Steady Cook (Rpt) RSC4/023	CC G	Cooking game show where it's a battle against the clock for Australia's top chefs and guest contestants to create a tasty meal. Hosted by Peter Everett.
03:00 pm	Judge Judy JUDY12/185	CC PG (A)	Judge Judy holds court as presiding judge. The people are real, the cases are real and the rulings are binding.
03:30 pm	Huey's Cooking Adventures HUEY10/008	G	Chef extraordinaire Iain Hewitson provides simple recipes that are informative, fun, as well as being totally delicious.
04:00 pm	Everybody Loves Raymond ERAY/018	CC G	Recovering Pessimist Debra tries to change Ray's pessimistic attitude about winning the "Sports Writer of the Year Award".
04:30 pm	The Bold & The Beautiful BBT7/469	CC G	The story of the glamorous Forrester family: their loves, tragedies, triumphs and struggles for power in the fashion industry.



MELBOURNE PROGRAM GUIDE



Wednesday 25th March 2009

05:00 pm	TEN News At Five FAF09/060	CC	
06:00 pm	The Simpsons SIMP10/020	CC G	<u>The Old Man And The 'c' Student</u> Bart must perform community service at Grampa's retirement home.
06:30 pm	Neighbours NEB13/5653	CC G	Under pressure to make a decision about Libbys operation, Dan tells Peggy to do whatever it takes to save her life.
07:00 pm	The Biggest Loser BLA4/046	CC	Michelle and Shannan get a day off as the teams set off for a training session with the Sydney Swans! Watch those low tackles please.
08:00 pm	Guerrilla Gardeners GG/006	CC	When the sun goes down and city workers retreat to the 'burbs', renegade gardeners are out to reclaim the city. Six young warriors, armed with attitude and gardening tools work together to make-over the most barren and concrete-filled spaces in our cities
08:30 pm	House HOUSE5/017	CC	<u>The Social Contract</u> House and his team take on a case of a man with frontal lobe inhibition, causing him speak his mind and to lose control over what he says. Interestingly, the condition bears a striking resemblance to House himself.
09:30 pm	Life LIFE2/016	CC M (V)	<u>Hit Me Baby</u> Crews begins investigating a brutally murdered man, and the investigation points toward elusive hit woman Claudia. Meanwhile Reese has to undertake an FBI polygraph test before joining task force.
10:30 pm	TEN Late News With Sports Tonight LN09/060	CC	Australia's leading late news service with comprehensive coverage and analysis of the major national and international stories. This is must-see television for those wanting the latest and most comprehensive news and sports information.
11:15 pm	The Late Show With David Letterman LSDL4/060	PG	Join the king of late night television - David Letterman, with special guests, his famous 'Top Ten' and lots more.
12:00 am	Will & Grace (Rpt) WG3/016	PG	<u>Cheaters (1)</u> (Part 1): When Grace catches Will's father on the arm of a woman other than his wife, she feels forced to tell Will and is surprised by his action. When Karen misunderstands Grace's story, she suspects her own husband Stan of an affair.



MELBOURNE PROGRAM GUIDE



Wednesday 25th March 2009

12:30 am Home Shopping

01:00 am Home Shopping

01:30 am Home Shopping

02:00 am Home Shopping

02:30 am **Kenneth Copeland** PG
D0903/26 Religious Program

03:00 am **Life Today With James Robison** PG **Robert Morris W/ Steven & Janie Helling Ep.09-Mr26a**
LTJR09/060 Religious Program

03:30 am **This Is Your Day With Benny Hinn** G
BENN09/060 Religious Program

03:55 am **Video Hits Up Late (Rpt)** **The Corrs**
VH0020

04:00 am **The CBS Early Show**
ES3/060
Morning news and talk show hosted by Julie Chen, Harry Smith, Dave Price, Russ Mitchell and Maggie Rodriguez.



MELBOURNE PROGRAM GUIDE



Thursday 26th March 2009

06:00 am	Countdown To ONE COUNTONE	G	Countdown To ONE ONE will be available from 7.30pm tonight in High Definition on (digital) Channel 1 and Standard Definition on (digital) Channel 12.
07:30 pm	Welcome To ONE WELTOONE	G	Welcome To ONE The sports television revolution is here! Welcome to ONE - launching Australia's first 24 hour free to air sports channel. A television event not to be missed.
08:00 pm	AFL Premiership Season 2009 AFL09/001	CC	SPECIAL EVENT Round 1 - Richmond V Carlton Cousins v Judd - the ultimate blockbuster to start the new season with a packed MCG crowd to see these former West Coast premiership teammates do battle.
11:00 pm	Swimming Australia Skins 2009 SWMA09/020		In a ONE HD Exclusive event, the Australian Dolphins swim team and international invitees including Olympic gold medallists Oussama Mellouli and Therese Alshammar compete for cash at the Sydney Olympic Park Aquatic Centre.
02:15 am	NBA 360 NBA09/045	G	A weekly basketball magazine show with news and highlights from the NBA.
03:15 am	Slamball SLMB08/001		Slamball is inspired by the strategies, aesthetics and pacing of video games, where athletes fly higher and hit harder, performing feats that are part basketball, football, hockey and gymnastics.
03:45 am	NASCAR Nationwide Series NWS09/039	G	Round 4: Sharpie Mini 300 @ Bristol Highlights from the previous round in America's Nascar Nationwide Series, from Bristol Speedway.
04:45 am	World's Strongest Man WSMA/001		Since 1977, the most powerful men from around the world have come together head-to-head, bicep-to-bicep to compete for the title of the MET-Rx World's Strongest Man.
05:15 am	ONE Moment ONEMOM/001	G	
05:30 am	Tread BMX TRBM09/001		Tread BMX is the world famous TV series featuring the very best BMX action from around the globe.



MELBOURNE PROGRAM GUIDE



Friday 27th March 2009

06:00 am	Mountainbike World MBW09/001		Mountainbike World is an insight into the latest happenings in off-road biking, whatever the discipline or style, but all combined in one programme.
06:30 am	High Five HIF109/001		An edgy, character driven focus on Action Sports and off the wall pursuits that dominate worldwide youth culture today.
07:00 am	Motorsport: Race Of Champions MROC08/001	G	Every year for the past 21 years, The Race of Champions brings together the worlds best circuit racers and off-road drivers to compete head-to-head in a shoot out to find Motor Racing's Champion of Champions.
08:00 am	Motorsport: Raceworld MSRW09/001		Raceworld takes race fans behind closed doors with special features on drivers, lifestyles, circuits and race cars, as well as race reports, test sessions, predictions and race reviews.
09:00 am	Athletics: Sydney Track Classic ATHL09/001		<u>Sydney Track Classic</u> After the success at the Beijing Olympics, Australia's athletics team come together for a two round Track Classic series in Sydney and Melbourne.
10:00 am	LIVE: Basketball: NCAA College Regionals NCAB09/003		SPECIAL EVENT <u>Regional Semi Final 1 (Friday)</u> LIVE action as we join the Regional Semi Final stage of College Basketball's prestigious NCAA March Madness championship tournament.
12:00 pm	LIVE: Formula 1 ING Australian Grand Prix FORM09/001		SPECIAL EVENT <u>R1 Australian Practice</u> New cars, new teams and a whole new season kicks off in Melbourne with a full day of Formula 1 action LIVE and Exclusive to ONE.
07:00 pm	Sports Tonight STOE09/001		Every weeknight join Brad McEwan for an exclusive edition of Sports Tonight on ONE HD.
07:30 pm	AFL Premiership Season 2009 AFL09/001R	CC	<u>Round 1: Richmond V Carlton (Replay)</u> Cousins v Judd - the ultimate blockbuster to start the new season with a packed MCG crowd to see these former West Coast premiership teammates do battle.
09:45 pm	NASCAR Sprint Cup With Marcos Ambrose NSC09/020	G	<u>Round 6: Food City 500 @ Bristol</u> Australian motor ace Marcos Ambrose introduces the highlights from the previous Sprint Cup round including insights into his own form and race performance.



MELBOURNE PROGRAM GUIDE



Friday 27th March 2009

10:45 pm **Welcome To ONE (Rpt)**
WELTOONE

G **Welcome To ONE**

The sports television revolution is here! Welcome to ONE - launching Australia's first 24 hour free to air sports channel. A television event not to be missed.

11:15 pm **Basketball: NCAA College Regionals**
NCAB09/004

Regional Semi Final 2 (Friday)

A triple header of today's NCAA matches from the Regional Semi final stage.

01:30 am **Basketball: NCAA College Regionals**
NCAB09/005

Regional Semi Final 3 (Friday)

A triple header of today's NCAA matches from the Regional Semi final stage.

03:30 am **Basketball: NCAA College Regionals**
NCAB09/006

Regional Semi Final 4 (Friday)

A triple header of today's NCAA matches from the Regional Semi final stage.

05:30 am **World's Strongest Man**
WSMA/002

Since 1977, the most powerful men from around the world have come together head-to-head, bicep-to-bicep to compete for the title of the MET-Rx World's Strongest Man.



MELBOURNE PROGRAM GUIDE



Saturday 28th March 2009

06:00 am	Power Boating: F1 World Championships PBFO09/002		The F1 World Championship is the elite of high-speed water racing. The thrilling action is only for the adrenalin junkies who can withstand putting their bodies through the brain-numbing G-forces every time they step into the cockpit.
06:30 am	NASCAR Sprint Cup Qualifying NSC09/021		Round 7: Goody's Fast Relief 500 Qualifying @ Martinsville LIVE and exclusive coverage of Qualifying sessions from Martinsville as the Sprint Cup season continues for Marcos Ambrose and the rest of the field.
08:00 am	Golf: WGC Accenture Match Play Highlights PGAW09/055	G	2009 Accenture Match Play Highlights Highlights of the 2009 event which saw Tiger Woods return to golf, as well as Aussies including Geoff Ogilvy, Adam Scott and Brendan Jones.
09:00 am	Athletics: Melbourne Track Classic ATHL09/002		Melbourne Track Classic After the success at the Beijing Olympics, Australia's athletics team come together for the second Track Classic of the season at Melbourne's Olympic Park.
10:00 am	Welcome To ONE (Rpt) WELTOONE	G	Welcome To ONE The sports television revolution is here! Welcome to ONE - launching Australia's first 24 hour free to air sports channel. A television event not to be missed.
10:30 am	Xtreme Paintball: Beyond The Paint XPBL09/001		The world's most outrageous, fun and fearless paintball players face off for cash prizes, respect and glory.
11:00 am	Drifting DRFT09/001		High-powered motor sport action testing drivers' skill to control a car while it slides sideways at high speed through a marked course. It is judged on execution and style rather than who finishes the course fastest.
12:00 pm	LIVE: Formula 1 ING Australian Grand Prix FORM09/002		SPECIAL EVENT R1 Australian Qualifying The Formula One season begins with live coverage from Albert Park, Melbourne. Includes F1 Final Practice and Qualifying as well as the V8 Supercars, Australian GT and Formula Fords.
06:05 pm	LIVE: Formula 1 ING Australian Grand Prix FORM09/003		SPECIAL EVENT V8 Supercar Race - Exclusive To One In extended coverage exclusive to ONE, the drivers from the V8 Supercars take to the Albert Park racetrack.
07:30 pm	AFL Premiership Season 2009 (Also airing on TEN) AFL09/002	CC	Round 1 - St Kilda V Sydney The Saints host the Swans in Melbourne as first round AFL action continues.



MELBOURNE PROGRAM GUIDE



Saturday 28th March 2009

11:00 pm Formula 1 ING Australian Grand Prix Highlights
FORM09/055

G Australian Grand Prix Qualifying Highlights

A one hour round up of today's F1 Qualifying session before tomorrow's first race of the season at Albert Park in Melbourne.

12:00 am Basketball: NCAA College Regionals
NCAB09/007

Regional Semi Final 5 (Saturday)

The second day of Regional Semis features two of today's NCAA College Basketball tournament.

02:00 am Slamball
SLMB08/002

Slamball is inspired by the strategies, aesthetics and pacing of video games, where athletes fly higher and hit harder, performing feats that are part basketball, football, hockey and gymnastics.

02:30 am NASCAR Sprint Cup Happy Hour
NSC09/022

Round 7: Goody's Fast Relief 500 Happy Hour @ Martinsville

After this morning's Qualifying session, the Sprint Cup drivers back up with a Final Practice session in Happy Hour.

04:00 am Basketball: NCAA College Regionals
NCAB09/008

Regional Semi Final 6 (Saturday)

The second day of Regional Semis features two of today's NCAA College Basketball tournament.



BRISBANE PROGRAM GUIDE



Sunday 22nd March 2009

06:00 am Motorsport: NASCAR Nationwide Series
NWS09/004B

Round 4: Sharpie Mini 300 @ Bristol

Continuing coverage of Round 4 of the Nationwide series from Bristol Speedway. (LIVE AEST only)

08:00 am Swimming: 2009 Telstra Australian Swimming Championships (Rpt)
SWMA09/005

G **Night 5 Highlights**

The Australian Dolphins swim team come together to compete for spots on the World Championship team for Rome in July with all the finals action from the Sydney Olympic Park Aquatic Centre.

09:00 am Motorsport: NASCAR Sprint Cup Happy Hour
NSC09/019

Round 6: Food City 500 Happy Hour @ Bristol

The final practice session before Round 6 Sprint Cup action from Bristol.

10:00 am Swimming: 2009 Telstra Australian Swimming Championships Heats
SWMA09/017

SPECIAL EVENT

Day 6 Heats

Its down to the final day of competition in the national championships and tonight is the last chance to qualify for the Australian Dolphins swim team to compete in the World Championships. (LIVE AEST only)

12:00 pm Oprah's Big Give
OBG/001

PG
(A)

Oprah presents a heart-warming new reality series where millions are spent by contestants, challenged to find ways of sharing their wealth with the public. Each week their will power and wits are tested until one person is crowned 'The Biggest Giver'.

01:00 pm Don't Forget The Lyrics (Rpt)
LYRICS/001C

G

Everyone thinks they know the lyrics to the world's most popular songs, but when there's a million dollars at stake, who will rise to the challenge and who will crumble under the pressure? Hosted by comedian Wayne Brady.

02:00 pm Will & Grace (Rpt)
WG3/014

PG **Brothers, A Love Story**

Will is torn when his TV sportscaster boyfriend continues to refer to Will as his 'brother' as opposed to coming out to his workplace; Karen is devastated to prematurely learn that her husband's will is written to leave much of his estate to charity.

02:30 pm I Fish
IFISH4/002

G

Providing tips and information for the beginner fisherman, right through to the hard-core fishing enthusiasts. Everything you need to know about the world of fishing. Hosted by Paul Worsteling.



BRISBANE PROGRAM GUIDE



Sunday 22nd March 2009

03:30 pm **Swimming: 2009 Telstra Australian Swimming Championships Heats (Rpt)**
SWMA09/017

Day 6 Heats

Its down to the final day of competition in the national championships and tonight is the last chance to qualify for the Australian Dolphins swim team to compete in the World Championships. (LIVE AEST only)

05:30 pm **Sports Tonight**
STHD09/007

The latest sports results and news on a Sunday evening hosted by Rob Canning.

06:00 pm **The Simpsons**
SIMP8/018

CC PG

Homer Vs The Eighteenth Amendment

Homer turns bootlegger when Springfield enforces an antiquated prohibition law.

06:30 pm **The Biggest Loser**
BLA4/043

CC

It's another Weigh In, and an emotional time on the scales for some. As the competition continues on, the stakes get higher and the weight gets harder to shift.

07:30 pm **Swimming: 2009 Telstra Australian Swimming Championships Finals**
SWMA09/018

SPECIAL EVENT

Night 6 Finals

The last night of competition will determine the final makeup of the team for the World Swimming Championships in Rome this July. (LIVE AEST only)

10:00 pm **ONE Preview (Rpt)**
ONEPREVIEW

G

One Preview

In the lead up to ONE HD launching at 7.30pm on Thursday 26 March, take a preview of the events and programs to come.

10:40 pm **Dexter**
DEX2/007

MA15+
(L,
S,
A)

That Night, A Forest Grew

A written manifesto from the "Bay Harbor Butcher" sends the Special Task Force in charge of capturing the killer into chaos. But this is part of Dexter's plan as he tries to be more "pro-active" in keeping Agent Lundy off his tail.

11:45 pm **Dexter**
DEX2/008

AV15+
(V)

Morning Comes

After a fire at Lila's place, Dexter finds her becoming more attached than he is comfortable with. Later, he decides "recovery" isn't working for him and pays a second visit to the man who murdered his mother.

12:50 am **2009 Telstra Australian Swimming Championships**
SWMA09/006

G

Night 6 Highlights

Highlights from the last night of finals at the Sydney Olympic Park Aquatic Centre and the announcement of the Dolphins team swimming for Australia at the World Championships.

01:50 am **The Office**
OAW4/012

PG
(S)

The Deposition

When Dunder Mifflin is being sued by Jan, Michael is called forth as a witness. Meanwhile, Darryl and Jim's Ping-Pong match gives Kelly and Pam a chance to practice their trash talk.



BRISBANE PROGRAM GUIDE



Sunday 22nd March 2009

02:20 am Video Hits Up Late (Rpt)
VH0020

The Corrs

02:30 am Kenneth Copeland
D0903/23

PG

Religious Program

03:00 am Life Today With James Robison
LTJR09/057

PG

Robert Morris Ep.09-Mr23a
Religious Program

03:30 am This Is Your Day With Benny Hinn
BENN09/057

G

Religious Program

03:55 am Video Hits Up Late (Rpt)
VH0017

Madonna

04:00 am NBA Live
NBA09/014A

SPECIAL EVENT

Detroit Pistons V Miami Heat

The Detroit Pistons host the Miami Heat in a battle for playoff spots in the Eastern Conference.



BRISBANE PROGRAM GUIDE



Monday 23rd March 2009

<p>06:00 am NBA Live NBA09/14B</p>	<p>SPECIAL EVENT <u>Detroit Pistons V Miami Heat</u> The Detroit Pistons host the Miami Heat in a battle for playoff spots in the Eastern Conference. (continues LIVE AEST only)</p>
<p>06:45 am ONE Preview (Rpt) ONEPREVIEW</p>	<p>G <u>One Preview</u> In the lead up to ONE HD launching at 7.30pm on Thursday 26 March, take a preview of the events and programs to come.</p>
<p>07:00 am Basketball: NCAA NCAB09/001</p>	<p>SPECIAL EVENT G <u>Road To The Final Four</u> Prepare for ONE's upcoming coverage of the concluding stages of the NCAA March Madness tournament with a look at highlights and news from College Basketball's ultimate competition.</p>
<p>08:00 am Swimming: 2009 Telstra Australian Swimming Championships (Rpt) SWMA09/006</p>	<p>G <u>Night 6 Highlights</u> Highlights from the last night of finals at the Sydney Olympic Park Aquatic Centre and the announcement of the Dolphins team swimming for Australia at the World Championships.</p>
<p>09:00 am 9am With David & Kim 9AM09/041</p>	<p>CC PG David Reyne and Kim Watkins look at the news, views and issues that matter to you and your lifestyle; and bring you the latest from the worlds of cooking, celebrity, fashion and health.</p>
<p>11:00 am TEN News MNEWS09/058</p>	<p>CC Comprehensive coverage of local, national and international news with analysis of the key stories of the day and a strong focus on health, social and environmental issues.</p>
<p>12:00 pm Dr Phil DPHIL7/039</p>	<p>CC M (A) Join Dr. Phil McGraw as he inspires millions of people to "get real". He gives them the challenge they need to change their behaviour, move ahead and lead positive lives.</p>
<p>01:00 pm The Oprah Winfrey Show (Rpt) OWS23/151</p>	<p>CC PG <u>Oprah, Cher, And Tina Turner At Caesars Palace In Las Vegas</u> From Las Vegas, it is an unforgettable, once in a lifetime event with legendary superstars Cher and Tina Turner. We've got exclusive performances and interviews as the two mega-stars come together to pull out all the stops for a true Vegas spectacular!</p>



BRISBANE PROGRAM GUIDE



Monday 23rd March 2009

02:00 pm	Ready Steady Cook (Rpt) RSC4/021	CC G	Cooking game show where it's a battle against the clock for Australia's top chefs and guest contestants to create a tasty meal. Hosted by Peter Everett.
03:00 pm	Judge Judy JUDY12/183	CC PG (D, A)	Judge Judy holds court as presiding judge. The people are real, the cases are real and the rulings are binding.
03:30 pm	Huey's Cooking Adventures HUEY10/006	G	Chef extraordinaire Iain Hewitson provides simple recipes that are informative, fun, as well as being totally delicious.
04:00 pm	Everybody Loves Raymond (Rpt) ERAY/014	CC G	Who's Handsome Raymond can't face the fact that everybody thinks that his brother Robert is "classically handsome", while he is merely "adorable like a hamster".
04:30 pm	The Bold & The Beautiful BBT7/467	CC G	The story of the glamorous Forrester family: their loves, tragedies, triumphs and struggles for power in the fashion industry.
05:00 pm	TEN News At Five FAF09/058	CC	
06:00 pm	The Simpsons (Rpt) SIMP10/018	CC G	Simpsons Bible Stories While listening to one of Reverend Lovejoy's sermons on a sweltering Easter Sunday morning, the Simpsons fall asleep and envision themselves as characters from the Bible.
06:30 pm	Neighbours NEB13/5651	CC G	Dan and Libby's happiness seems complete when they are inspired to name their daughter 'Grace', after Susan's mother. Their joy is in stark contrast to Declan and Bridget who clash over Bridget's determination to put their baby up for adoption.
07:00 pm	The Biggest Loser BLA4/044	CC	Another one bites the dust but there's a twist at this week's Elimination and a difficult decision to be made that will dramatically affect somebody's Biggest Loser journey.
07:30 pm	Basketball: NBA (Rpt) NBA09/014A		SPECIAL EVENT Detroit Pistons V Miami Heat The Detroit Pistons host the Miami Heat in a battle for playoff spots in the Eastern Conference.



BRISBANE PROGRAM GUIDE



Monday 23rd March 2009

09:45 pm	NCIS NCIS3/003	CC MA15+ Mind Games (A)	Gibbs is ordered to meet with a convicted serial killer three days away from his execution in order to find out crucial information before he dies.
10:45 pm	TEN Late News With Sports Tonight LN09/058	CC	Australia's leading late news service with comprehensive coverage and analysis of the major national and international stories. This is must-see television for those wanting the latest and most comprehensive news and sports information.
11:30 pm	The Late Show With David Letterman LSDL4/058	PG	Join the king of late night television - David Letterman, with special guests, his famous 'Top Ten' and lots more.
12:30 am	Home Shopping		
01:00 am	Home Shopping		
01:30 am	Home Shopping		
02:00 am	Home Shopping		
02:30 am	Kenneth Copeland D0903/24	PG	Religious Program
03:00 am	Life Today With James Robison LTJR09/058	PG	Robert Morris W/ Michael & Arnita Taylor Ep.09-Mr24a Religious Program
03:30 am	This Is Your Day With Benny Hinn BENN09/058	G	Religious Program
03:55 am	Video Hits Up Late (Rpt) VH0018		B.B. King
04:00 am	The CBS Early Show ES3/058		Morning news and talk show hosted by Julie Chen, Harry Smith, Dave Price, Russ Mitchell and Maggie Rodriguez.



BRISBANE PROGRAM GUIDE



Tuesday 24th March 2009

06:00 am	TEN Early News ENEWS09/057	CC	Breaking local, national and international news, with extensive coverage of finance and the latest sport and weather. Up-to-the-minute news brought to you first by TEN News.
07:00 am	Toasted TV TST09/012-2A	G	Want the lowdown on what's hip for kids? Join the team for the latest in gaming, sport, gadgets, pop culture, movies, music and other seriously fun stuff! Featuring a variety of your favourite cartoons.
07:05 am	Spongebob Squarepants (Rpt) SPGC/022	G	<u>Pizza Delivery / Home Sweet Pineapple</u> Relentlessly optimistic SpongeBob SquarePants lives in the undersea township of Bikini Bottom, along with an assortment of zany supporting characters.
07:25 am	Toasted TV TST09/012-2B	G	Want the lowdown on what's hip for kids? Join the team for the latest in gaming, sport, gadgets, pop culture, movies, music and other seriously fun stuff! Featuring a variety of your favourite cartoons.
07:30 am	Totally Wild TW17/089	CC C	The Totally Wild team brings you the latest in action, adventure and wildlife from Australia and around the globe.
08:00 am	Toasted TV TST09/012-2C	G	Want the lowdown on what's hip for kids? Join the team for the latest in gaming, sport, gadgets, pop culture, movies, music and other seriously fun stuff! Featuring a variety of your favourite cartoons.
08:05 am	Bakugan (Rpt) BAKC/018	G	Mysterious cards appear in front of the children of the world, with the powers to summon monsters from an alternate dimension.
08:25 am	Toasted TV TST09/012-2D	G	Want the lowdown on what's hip for kids? Join the team for the latest in gaming, sport, gadgets, pop culture, movies, music and other seriously fun stuff! Featuring a variety of your favourite cartoons.
08:30 am	Puzzle Play PPLAY2/057	CC P	Join Kell, Liam and Patrick to solve a puzzle, also sing-a-long to some great songs and visit friends at preschools and in the animal world.



BRISBANE PROGRAM GUIDE



Tuesday 24th March 2009

09:00 am	9am With David & Kim 9AM09/042	CC PG	David Reyne and Kim Watkins look at the news, views and issues that matter to you and your lifestyle; and bring you the latest from the worlds of cooking, celebrity, fashion and health.
11:00 am	TEN News MNEWS09/059	CC	Comprehensive coverage of local, national and international news with analysis of the key stories of the day and a strong focus on health, social and environmental issues.
12:00 pm	Dr Phil DPHIL7/044	CC M (A)	Join Dr. Phil McGraw as he inspires millions of people to "get real". He gives them the challenge they need to change their behaviour, move ahead and lead positive lives.
01:00 pm	The Oprah Winfrey Show (Rpt) OWS23/152	CC PG	A 15-year-old face-to-face with a 500 lb. bear! And, trapped in a twister with two young sons...one mother's life and death decision. Then, drowning in her sinking car...would you dive in? Plus, stand-up and cheer for a homecoming not to be missed.
02:00 pm	Ready Steady Cook (Rpt) RSC4/022	CC G	Cooking game show where it's a battle against the clock for Australia's top chefs and guest contestants to create a tasty meal. Hosted by Peter Everett.
03:00 pm	Judge Judy JUDY12/184	CC PG (A)	Judge Judy holds court as presiding judge. The people are real, the cases are real and the rulings are binding.
03:30 pm	Huey's Cooking Adventures HUEY10/007	G	Chef extraordinaire Iain Hewitson provides simple recipes that are informative, fun, as well as being totally delicious.
04:00 pm	Everybody Loves Raymond (Rpt) ERAY/016	CC G	Diamonds Ray decides to replace the fake diamond on Debra's engagement ring. Later he discovers that she already had it changed years earlier.
04:30 pm	The Bold & The Beautiful BBT7/468	CC G	The story of the glamorous Forrester family: their loves, tragedies, triumphs and struggles for power in the fashion industry.



BRISBANE PROGRAM GUIDE



Tuesday 24th March 2009

05:00 pm	TEN News At Five FAF09/059	CC	
06:00 pm	The Simpsons (Rpt) SIMP10/019	CC G	<u>Mom And Pop Art</u> Homer pursues a career as an artist when his misshapen barbeque pit attracts the attention of a gallery.
06:30 pm	Neighbours NEB13/5652	CC G	Ringo swans into school with his new celebrity mate and enjoys the attention from his classmates. Declan and Zeke cover their jealousy by being dismissive of his glamorous new life.
07:00 pm	The Biggest Loser BLA4/045	CC	It's the most dramatic and unexpected departure from Camp Biggest Loser yet. It's not always good news when the Commando turns up but this time might be different.
08:00 pm	Bondi Rescue BONDIR4/008	CC	Tonight, a heat wave has hit Sydney, and bathers are, in the words of lifeguards, "dropping like flies". But while it may be 40 plus on land, its a different story in the water. Cold currents have sent the water temperature plummeting to 16 degrees.
08:30 pm	NCIS NCIS6/016	CC M	<u>Bounce</u> A murder with a connection to an old case leads to a reversal of roles for Gibbs and DiNozzo. DiNozzo leads the team in the investigation linking the murder to an embezzlement scheme that sent an innocent man to prison.
09:30 pm	Lie To Me LTM/007	CC	<u>The Best Policy</u> Cal is hired to find a spy at a pharmaceutical company, but instead discovers a conspiracy regarding a new drug that can put many civilians at risk.
10:30 pm	TEN Late News With Sports Tonight LN09/059	CC	Australia's leading late news service with comprehensive coverage and analysis of the major national and international stories. This is must-see television for those wanting the latest and most comprehensive news and sports information.
11:15 pm	The Late Show With David Letterman LSDL4/059	PG	Join the king of late night television - David Letterman, with special guests, his famous 'Top Ten' and lots more.
12:00 am	Will & Grace (Rpt) WG3/015	PG	<u>My Uncle The Car</u> Grace prematurely decides to sell her late uncle's car to a nun, and finds that the nun isn't so sweet when trying to get the car back; and Jack sees the world differently when he believes his father was African-American.



BRISBANE PROGRAM GUIDE



Tuesday 24th March 2009

12:30 am Home Shopping

01:00 am Home Shopping

01:30 am Home Shopping

02:00 am Home Shopping

02:30 am **Kenneth Copeland** PG
D0903/25 Religious Program

03:00 am **Life Today With James Robison** PG **Beth Moore #3 Ep.09-Mr25a**
LTJR09/059 Religious Program

03:30 am **This Is Your Day With Benny Hinn** G
BENN09/059 Religious Program

03:55 am **Video Hits Up Late (Rpt)** **Supertramp**
VH0019

04:00 am **The CBS Early Show**
ES3/059 Morning news and talk show hosted by Julie Chen, Harry Smith, Dave Price, Russ Mitchell and Maggie Rodriguez.



BRISBANE PROGRAM GUIDE



Wednesday 25th March 2009

06:00 am	TEN Early News ENEWS09/058	CC	Breaking local, national and international news, with extensive coverage of finance and the latest sport and weather. Up-to-the-minute news brought to you first by TEN News.
07:00 am	Toasted TV TST09/012-3A	G	Want the lowdown on what's hip for kids? Join the team for the latest in gaming, sport, gadgets, pop culture, movies, music and other seriously fun stuff! Featuring a variety of your favourite cartoons.
07:05 am	Spongebob Squarepants (Rpt) SPGC/023	G	<u>Sandy's Rocket/ Squeaky Boots</u> Relentlessly optimistic SpongeBob SquarePants lives in the undersea township of Bikini Bottom, along with an assortment of zany supporting characters.
07:25 am	Toasted TV TST09/012-3B	G	Want the lowdown on what's hip for kids? Join the team for the latest in gaming, sport, gadgets, pop culture, movies, music and other seriously fun stuff! Featuring a variety of your favourite cartoons.
07:30 am	Totally Wild TW17/090	CC C	The Totally Wild team brings you the latest in action, adventure and wildlife from Australia and around the globe.
08:00 am	Toasted TV TST09/012-3C	G	Want the lowdown on what's hip for kids? Join the team for the latest in gaming, sport, gadgets, pop culture, movies, music and other seriously fun stuff! Featuring a variety of your favourite cartoons.
08:05 am	Bakugan (Rpt) BAKC/019	G	Mysterious cards appear in front of the children of the world, with the powers to summon monsters from an alternate dimension.
08:25 am	Toasted TV TST09/012-3D	G	Want the lowdown on what's hip for kids? Join the team for the latest in gaming, sport, gadgets, pop culture, movies, music and other seriously fun stuff! Featuring a variety of your favourite cartoons.
08:30 am	Puzzle Play PPLAY2/058	CC P	Join Kell, Liam and Patrick to solve a puzzle, also sing-a-long to some great songs and visit friends at preschools and in the animal world.



BRISBANE PROGRAM GUIDE



Wednesday 25th March 2009

09:00 am	9am With David & Kim 9AM09/043	CC PG	David Reyne and Kim Watkins look at the news, views and issues that matter to you and your lifestyle; and bring you the latest from the worlds of cooking, celebrity, fashion and health.
11:00 am	TEN News MNEWS09/060	CC	Comprehensive coverage of local, national and international news with analysis of the key stories of the day and a strong focus on health, social and environmental issues.
12:00 pm	Dr Phil DPHIL7/049	CC M (A)	Join Dr. Phil McGraw as he inspires millions of people to "get real". He gives them the challenge they need to change their behaviour, move ahead and lead positive lives.
01:00 pm	The Oprah Winfrey Show (Rpt) OWS23/153	CC PG	Whatever happened to our most memorable guests? One guest weighed over 500 lbs. and now she is back. Then, a mom survived the unimaginable...the update you need to hear. Also, was top fashion designer Tommy Hilfiger thrown off the set? Find out the truth.
02:00 pm	Ready Steady Cook (Rpt) RSC4/023	CC G	Cooking game show where it's a battle against the clock for Australia's top chefs and guest contestants to create a tasty meal. Hosted by Peter Everett.
03:00 pm	Judge Judy JUDY12/185	CC PG (A)	Judge Judy holds court as presiding judge. The people are real, the cases are real and the rulings are binding.
03:30 pm	Huey's Cooking Adventures HUEY10/008	G	Chef extraordinaire Iain Hewitson provides simple recipes that are informative, fun, as well as being totally delicious.
04:00 pm	Everybody Loves Raymond (Rpt) ERAY/018	CC G	Recovering Pessimist Debra tries to change Ray's pessimistic attitude about winning the "Sports Writer of the Year Award".
04:30 pm	The Bold & The Beautiful BBT7/469	CC G	The story of the glamorous Forrester family: their loves, tragedies, triumphs and struggles for power in the fashion industry.



BRISBANE PROGRAM GUIDE



Wednesday 25th March 2009

05:00 pm	TEN News At Five FAF09/060	CC	
06:00 pm	The Simpsons SIMP10/020	CC G	<u>The Old Man And The 'c' Student</u> Bart must perform community service at Grampa's retirement home.
06:30 pm	Neighbours NEB13/5653	CC G	Under pressure to make a decision about Libbys operation, Dan tells Peggy to do whatever it takes to save her life.
07:00 pm	The Biggest Loser BLA4/046	CC	Michelle and Shannan get a day off as the teams set off for a training session with the Sydney Swans! Watch those low tackles please.
08:00 pm	Guerrilla Gardeners GG/006	CC	When the sun goes down and city workers retreat to the 'burbs', renegade gardeners are out to reclaim the city. Six young warriors, armed with attitude and gardening tools work together to make-over the most barren and concrete-filled spaces in our cities
08:30 pm	House HOUSE5/017	CC	<u>The Social Contract</u> House and his team take on a case of a man with frontal lobe inhibition, causing him speak his mind and to lose control over what he says. Interestingly, the condition bears a striking resemblance to House himself.
09:30 pm	Life LIFE2/016	CC M (V)	<u>Hit Me Baby</u> Crews begins investigating a brutally murdered man, and the investigation points toward elusive hit woman Claudia. Meanwhile Reese has to undertake an FBI polygraph test before joining task force.
10:30 pm	TEN Late News With Sports Tonight LN09/060	CC	Australia's leading late news service with comprehensive coverage and analysis of the major national and international stories. This is must-see television for those wanting the latest and most comprehensive news and sports information.
11:15 pm	The Late Show With David Letterman LSDL4/060	PG	Join the king of late night television - David Letterman, with special guests, his famous 'Top Ten' and lots more.
12:00 am	Will & Grace (Rpt) WG3/016	PG	<u>Cheaters (1)</u> (Part 1): When Grace catches Will's father on the arm of a woman other than his wife, she feels forced to tell Will and is surprised by his action. When Karen misunderstands Grace's story, she suspects her own husband Stan of an affair.



BRISBANE PROGRAM GUIDE



Wednesday 25th March 2009

12:30 am Home Shopping

01:00 am Home Shopping

01:30 am Home Shopping

02:00 am Home Shopping

02:30 am **Kenneth Copeland** PG
D0903/26 Religious Program

03:00 am **Life Today With James Robison** PG **Robert Morris W/ Steven & Janie Helling Ep.09-Mr26a**
LTJR09/060 Religious Program

03:30 am **This Is Your Day With Benny Hinn** G
BENN09/060 Religious Program

03:55 am **Video Hits Up Late (Rpt)** **The Corrs**
VH0020

04:00 am **The CBS Early Show**
ES3/060
Morning news and talk show hosted by Julie Chen, Harry Smith, Dave Price, Russ Mitchell and Maggie Rodriguez.



BRISBANE

PROGRAM GUIDE



Thursday 26th March 2009

06:00 am	Countdown To ONE COUNTONE	G	Countdown To ONE ONE will be available from 7.30pm tonight in High Definition on (digital) Channel 1 and Standard Definition on (digital) Channel 12.
07:30 pm	Welcome To ONE WELTOONE	G	Welcome To ONE The sports television revolution is here! Welcome to ONE - launching Australia's first 24 hour free to air sports channel. A television event not to be missed.
08:00 pm	Swimming Australia Skins 2009 SWMA09/020		SPECIAL EVENT In a ONE HD Exclusive event, the Australian Dolphins swim team and international invitees including Olympic gold medallists Oussama Mellouli and Therese Alshammar compete for cash at the Sydney Olympic Park Aquatic Centre.
11:15 pm	AFL Premiership Season 2009 AFL09/001R	CC	Round 1: Richmond V Carlton (Replay) Cousins v Judd - the ultimate blockbuster to start the new season with a packed MCG crowd to see these former West Coast premiership teammates do battle.
01:45 am	Power Boating: F1 World Championships PBFO09/001		The F1 World Championship is the elite of high-speed water racing. The thrilling action is only for the adrenalin junkies who can withstand putting their bodies through the brain-numbing G-forces every time they step into the cockpit.
02:15 am	NBA 360 NBA09/045	G	A weekly basketball magazine show with news and highlights from the NBA.
03:15 am	Slamball SLMB08/001		Slamball is inspired by the strategies, aesthetics and pacing of video games, where athletes fly higher and hit harder, performing feats that are part basketball, football, hockey and gymnastics.
03:45 am	World's Strongest Man WSMA/001		Since 1977, the most powerful men from around the world have come together head-to-head, bicep-to-bicep to compete for the title of the MET-Rx World's Strongest Man.
04:15 am	ONE Moment ONEMOM/001	G	
04:30 am	Tread BMX TRBM09/001		Tread BMX is the world famous TV series featuring the very best BMX action from around the globe.



BRISBANE PROGRAM GUIDE



Thursday 26th March 2009

05:00 am Mountainbike World
MBW09/001

Mountainbike World is an insight into the latest happenings in off-road biking, whatever the discipline or style, but all combined in one programme.

05:30 am High Five
HIF109/001

An edgy, character driven focus on Action Sports and off the wall pursuits that dominate worldwide youth culture today.



BRISBANE

PROGRAM GUIDE



Friday 27th March 2009

06:00 am	Motorsport: Race Of Champions MROC08/001	G	Every year for the past 21 years, The Race of Champions brings together the worlds best circuit racers and off-road drivers to compete head-to-head in a shoot out to find Motor Racing's Champion of Champions.
07:00 am	Motorsport: Raceworld MSRW09/001		Raceworld takes race fans behind closed doors with special features on drivers, lifestyles, circuits and race cars, as well as race reports, test sessions, predictions and race reviews.
08:00 am	Athletics: Sydney Track Classic ATHL09/001		<u>Sydney Track Classic</u> After the success at the Beijing Olympics, Australia's athletics team come together for a two round Track Classic series in Sydney and Melbourne.
09:00 am	LIVE: Basketball: NCAA College Regionals NCAB09/003		SPECIAL EVENT <u>Regional Semi Final 1 (Friday)</u> LIVE action as we join the Regional Semi Final stage of College Basketball's prestigious NCAA March Madness championship tournament.
11:00 am	LIVE: Formula 1 ING Australian Grand Prix FORM09/001		SPECIAL EVENT <u>R1 Australian Practice</u> New cars, new teams and a whole new season kicks off in Melbourne with a full day of Formula 1 action LIVE and Exclusive to ONE.
06:00 pm	Sports Tonight STOE09/001		Every weeknight join Brad McEwan for an exclusive edition of Sports Tonight on ONE HD.
06:30 pm	AFL Premiership Season 2009 (Rpt) AFL09/001R	CC	<u>Round 1: Richmond V Carlton (Replay)</u> Cousins v Judd - the ultimate blockbuster to start the new season with a packed MCG crowd to see these former West Coast premiership teammates do battle.
08:45 pm	NASCAR Sprint Cup With Marcos Ambrose NSC09/020	G	<u>Round 6: Food City 500 @ Bristol</u> Australian motor ace Marcos Ambrose introduces the highlights from the previous Sprint Cup round including insights into his own form and race performance.
09:45 pm	Welcome To ONE (Rpt) WELTOONE	G	<u>Welcome To ONE</u> The sports television revolution is here! Welcome to ONE - launching Australia's first 24 hour free to air sports channel. A television event not to be missed.
10:15 pm	Basketball: NCAA College Regionals NCAB09/004		<u>Regional Semi Final 2 (Friday)</u> A triple header of today's NCAA matches from the Regional Semi final stage.



BRISBANE

PROGRAM GUIDE



Friday 27th March 2009

12:30 am Basketball: NCAA College Regionals
NCAB09/005

Regional Semi Final 3 (Friday)

A triple header of today's NCAA matches from the Regional Semi final stage.

02:30 am Basketball: NCAA College Regionals
NCAB09/006

Regional Semi Final 4 (Friday)

A triple header of today's NCAA matches from the Regional Semi final stage.

04:30 am World's Strongest Man
WSMA/002

Since 1977, the most powerful men from around the world have come together head-to-head, bicep-to-bicep to compete for the title of the MET-Rx World's Strongest Man.

05:00 am Power Boating: F1 World Championships
PBFO09/002

The F1 World Championship is the elite of high-speed water racing. The thrilling action is only for the adrenalin junkies who can withstand putting their bodies through the brain-numbing G-forces every time they step into the cockpit.

05:30 am NASCAR Sprint Cup Qualifying
NSC09/021

Round 7: Goody's Fast Relief 500 Qualifying @ Martinsville

LIVE and exclusive coverage of Qualifying sessions from Martinsville as the Sprint Cup season continues for Marcos Ambrose and the rest of the field.



BRISBANE PROGRAM GUIDE



Saturday 28th March 2009

06:00 am	NASCAR Sprint Cup Qualifying (Cont) NSC09/021		Round 7: Goody's Fast Relief 500 Qualifying @ Martinsville LIVE and exclusive coverage of Qualifying sessions from Martinsville as the Sprint Cup season continues for Marcos Ambrose and the rest of the field.
07:00 am	Golf: WGC Accenture Match Play Highlights PGAW09/055	G	2009 Accenture Match Play Highlights Highlights of the 2009 event which saw Tiger Woods return to golf, as well as Aussies including Geoff Ogilvy, Adam Scott and Brendan Jones.
08:00 am	Athletics: Melbourne Track Classic ATHL09/002		Melbourne Track Classic After the success at the Beijing Olympics, Australia's athletics team come together for the second Track Classic of the season at Melbourne's Olympic Park.
09:00 am	Welcome To ONE (Rpt) WELTOONE	G	Welcome To ONE The sports television revolution is here! Welcome to ONE - launching Australia's first 24 hour free to air sports channel. A television event not to be missed.
09:30 am	Xtreme Paintball: Beyond The Paint XPBL09/001		The world's most outrageous, fun and fearless paintball players face off for cash prizes, respect and glory.
10:00 am	Drifting DRFT09/001		High-powered motor sport action testing drivers' skill to control a car while it slides sideways at high speed through a marked course. It is judged on execution and style rather than who finishes the course fastest.
11:00 am	LIVE: Formula 1 ING Australian Grand Prix FORM09/002		SPECIAL EVENT R1 Australian Qualifying The Formula One season begins with live coverage from Albert Park, Melbourne. Includes F1 Final Practice and Qualifying as well as the V8 Supercars, Australian GT and Formula Fords.
05:05 pm	LIVE: Formula 1 ING Australian Grand Prix FORM09/003		SPECIAL EVENT V8 Supercar Race - Exclusive To One In extended coverage exclusive to ONE, the drivers from the V8 Supercars take to the Albert Park racetrack.
06:30 pm	Before The Game BTG09/001	CC PG	Join Dave Hughes, Mick Molloy, Andrew Maher, Sam Lane and Lehmo for all the footy action giving you the full low-down of all the weekend's games.
07:30 pm	AFL Premiership Season 2009 AFL09/004	CC	Round 1 - Brisbane Lions V West Coast The Lions host the Eagles in Round 1 AFL action from the Gabba.
10:30 pm	Formula 1 ING Australian Grand Prix FORM09/055	G	Australian Grand Prix Qualifying Highlights A one hour round up of today's F1 Qualifying session before tomorrow's first race of the season at Albert Park in Melbourne.



BRISBANE PROGRAM GUIDE



Saturday 28th March 2009

11:30 pm Basketball: NCAA College Regionals
NCAB09/007

Regional Semi Final 5 (Saturday)

The second day of Regional Semis features two of today's NCAA College Basketball tournament.

01:30 am NASCAR Sprint Cup Happy Hour
NSC09/022

Round 7: Goody's Fast Relief 500 Happy Hour @ Martinsville

After this morning's Qualifying session, the Sprint Cup drivers back up with a Final Practice session in Happy Hour.

03:00 am Basketball: NCAA College Regionals
NCAB09/008

Regional Semi Final 6 (Saturday)

The second day of Regional Semis features two of today's NCAA College Basketball tournament.

05:00 am College Basketball: Road To The Final Four
NCAB09/002

Road To The Final Four 2



ADELAIDE PROGRAM GUIDE



Sunday 22nd March 2009

06:00 am **Motorsport: NASCAR Nationwide Series**
NWS09/004B

Round 4: Sharpie Mini 300 @ Bristol

Continuing coverage of Round 4 of the Nationwide series from Bristol Speedway. (LIVE AEST only)

08:00 am **Swimming: 2009 Telstra Australian Swimming Championships (Rpt)**
SWMA09/005

G **Night 5 Highlights**

The Australian Dolphins swim team come together to compete for spots on the World Championship team for Rome in July with all the finals action from the Sydney Olympic Park Aquatic Centre.

09:00 am **Motorsport: NASCAR Sprint Cup Happy Hour**
NSC09/019

Round 6: Food City 500 Happy Hour @ Bristol

The final practice session before Round 6 Sprint Cup action from Bristol.

10:00 am **Swimming: 2009 Telstra Australian Swimming Championships Heats**
SWMA09/017

SPECIAL EVENT

Day 6 Heats

Its down to the final day of competition in the national championships and tonight is the last chance to qualify for the Australian Dolphins swim team to compete in the World Championships. (LIVE AEST only)

12:00 pm **Oprah's Big Give**
OBG/001

PG
(A)

Oprah presents a heart-warming new reality series where millions are spent by contestants, challenged to find ways of sharing their wealth with the public. Each week their will power and wits are tested until one person is crowned 'The Biggest Giver'.

01:00 pm **Don't Forget The Lyrics (Rpt)**
LYRICS/001C

G

Everyone thinks they know the lyrics to the world's most popular songs, but when there's a million dollars at stake, who will rise to the challenge and who will crumble under the pressure? Hosted by comedian Wayne Brady.

02:00 pm **Will & Grace (Rpt)**
WG3/014

PG **Brothers, A Love Story**

Will is torn when his TV sportscaster boyfriend continues to refer to Will as his 'brother' as opposed to coming out to his workplace; Karen is devastated to prematurely learn that her husband's will is written to leave much of his estate to charity.

02:30 pm **I Fish**
IFISH4/002

G

Providing tips and information for the beginner fisherman, right through to the hard-core fishing enthusiasts. Everything you need to know about the world of fishing. Hosted by Paul Worsteling.



ADELAIDE PROGRAM GUIDE



Sunday 22nd March 2009

03:30 pm **Swimming: 2009 Telstra Australian Swimming Championships Heats (Rpt)**
SWMA09/017

Day 6 Heats

Its down to the final day of competition in the national championships and tonight is the last chance to qualify for the Australian Dolphins swim team to compete in the World Championships. (LIVE AEST only)

05:30 pm **Sports Tonight**
STHD09/007

The latest sports results and news on a Sunday evening hosted by Rob Canning.

06:00 pm **The Simpsons**
SIMP8/018

CC PG

Homer Vs The Eighteenth Amendment

Homer turns bootlegger when Springfield enforces an antiquated prohibition law.

06:30 pm **The Biggest Loser**
BLA4/043

CC

It's another Weigh In, and an emotional time on the scales for some. As the competition continues on, the stakes get higher and the weight gets harder to shift.

07:30 pm **Swimming: 2009 Telstra Australian Swimming Championships Finals**
SWMA09/018

SPECIAL EVENT

Night 6 Finals

The last night of competition will determine the final makeup of the team for the World Swimming Championships in Rome this July. (LIVE AEST only)

10:00 pm **ONE Preview (Rpt)**
ONEPREVIEW

G

One Preview

In the lead up to ONE HD launching at 7.30pm on Thursday 26 March, take a preview of the events and programs to come.

10:40 pm **Dexter**
DEX2/007

MA15+
(L,
S,
A)

That Night, A Forest Grew

A written manifesto from the "Bay Harbor Butcher" sends the Special Task Force in charge of capturing the killer into chaos. But this is part of Dexter's plan as he tries to be more "pro-active" in keeping Agent Lundy off his tail.

11:45 pm **Dexter**
DEX2/008

AV15+
(V)

Morning Comes

After a fire at Lila's place, Dexter finds her becoming more attached than he is comfortable with. Later, he decides "recovery" isn't working for him and pays a second visit to the man who murdered his mother.

12:50 am **2009 Telstra Australian Swimming Championships**
SWMA09/006

G

Night 6 Highlights

Highlights from the last night of finals at the Sydney Olympic Park Aquatic Centre and the announcement of the Dolphins team swimming for Australia at the World Championships.

01:50 am **The Office**
OAW4/012

PG
(S)

The Deposition

When Dunder Mifflin is being sued by Jan, Michael is called forth as a witness. Meanwhile, Darryl and Jim's Ping-Pong match gives Kelly and Pam a chance to practice their trash talk.



ADELAIDE PROGRAM GUIDE



Sunday 22nd March 2009

02:20 am Video Hits Up Late (Rpt)
VH0020

The Corrs

02:30 am Kenneth Copeland
D0903/23

PG

Religious Program

03:00 am Life Today With James Robison
LTJR09/057

PG

Robert Morris Ep.09-Mr23a
Religious Program

03:30 am This Is Your Day With Benny Hinn
BENN09/057

G

Religious Program

03:55 am Video Hits Up Late (Rpt)
VH0017

Madonna

04:00 am NBA Live
NBA09/014A

SPECIAL EVENT

Detroit Pistons V Miami Heat

The Detroit Pistons host the Miami Heat in a battle for playoff spots in the Eastern Conference.



ADELAIDE PROGRAM GUIDE



Monday 23rd March 2009

<p>06:00 am NBA Live NBA09/14B</p>	<p>SPECIAL EVENT <u>Detroit Pistons V Miami Heat</u> The Detroit Pistons host the Miami Heat in a battle for playoff spots in the Eastern Conference. (continues LIVE AEST only)</p>
<p>06:45 am ONE Preview (Rpt) ONEPREVIEW</p>	<p>G <u>One Preview</u> In the lead up to ONE HD launching at 7.30pm on Thursday 26 March, take a preview of the events and programs to come.</p>
<p>07:00 am Basketball: NCAA NCAB09/001</p>	<p>SPECIAL EVENT G <u>Road To The Final Four</u> Prepare for ONE's upcoming coverage of the concluding stages of the NCAA March Madness tournament with a look at highlights and news from College Basketball's ultimate competition.</p>
<p>08:00 am Swimming: 2009 Telstra Australian Swimming Championships (Rpt) SWMA09/006</p>	<p>G <u>Night 6 Highlights</u> Highlights from the last night of finals at the Sydney Olympic Park Aquatic Centre and the announcement of the Dolphins team swimming for Australia at the World Championships.</p>
<p>09:00 am 9am With David & Kim 9AM09/041</p>	<p>CC PG David Reyne and Kim Watkins look at the news, views and issues that matter to you and your lifestyle; and bring you the latest from the worlds of cooking, celebrity, fashion and health.</p>
<p>11:00 am TEN News MNEWS09/058</p>	<p>CC Comprehensive coverage of local, national and international news with analysis of the key stories of the day and a strong focus on health, social and environmental issues.</p>
<p>12:00 pm Dr Phil DPHIL7/039</p>	<p>CC M (A) Join Dr. Phil McGraw as he inspires millions of people to "get real". He gives them the challenge they need to change their behaviour, move ahead and lead positive lives.</p>
<p>01:00 pm The Oprah Winfrey Show (Rpt) OWS23/151</p>	<p>CC PG <u>Oprah, Cher, And Tina Turner At Caesars Palace In Las Vegas</u> From Las Vegas, it is an unforgettable, once in a lifetime event with legendary superstars Cher and Tina Turner. We've got exclusive performances and interviews as the two mega-stars come together to pull out all the stops for a true Vegas spectacular!</p>



ADELAIDE PROGRAM GUIDE



Monday 23rd March 2009

02:00 pm	Ready Steady Cook (Rpt) RSC4/021	CC G	Cooking game show where it's a battle against the clock for Australia's top chefs and guest contestants to create a tasty meal. Hosted by Peter Everett.
03:00 pm	Judge Judy JUDY12/183	CC PG (D, A)	Judge Judy holds court as presiding judge. The people are real, the cases are real and the rulings are binding.
03:30 pm	Huey's Cooking Adventures HUEY10/006	G	Chef extraordinaire Iain Hewitson provides simple recipes that are informative, fun, as well as being totally delicious.
04:00 pm	Everybody Loves Raymond (Rpt) ERAY/014	CC G	Who's Handsome Raymond can't face the fact that everybody thinks that his brother Robert is "classically handsome", while he is merely "adorable like a hamster".
04:30 pm	The Bold & The Beautiful BBT7/467	CC G	The story of the glamorous Forrester family: their loves, tragedies, triumphs and struggles for power in the fashion industry.
05:00 pm	TEN News At Five FAF09/058	CC	
06:00 pm	The Simpsons (Rpt) SIMP10/018	CC G	Simpsons Bible Stories While listening to one of Reverend Lovejoy's sermons on a sweltering Easter Sunday morning, the Simpsons fall asleep and envision themselves as characters from the Bible.
06:30 pm	Neighbours NEB13/5651	CC G	Dan and Libby's happiness seems complete when they are inspired to name their daughter 'Grace', after Susan's mother. Their joy is in stark contrast to Declan and Bridget who clash over Bridget's determination to put their baby up for adoption.
07:00 pm	The Biggest Loser BLA4/044	CC	Another one bites the dust but there's a twist at this week's Elimination and a difficult decision to be made that will dramatically affect somebody's Biggest Loser journey.
07:30 pm	Basketball: NBA (Rpt) NBA09/014A		SPECIAL EVENT Detroit Pistons V Miami Heat The Detroit Pistons host the Miami Heat in a battle for playoff spots in the Eastern Conference.



ADELAIDE PROGRAM GUIDE



Monday 23rd March 2009

09:45 pm	NCIS NCIS3/003	CC MA15+ Mind Games (A)	Gibbs is ordered to meet with a convicted serial killer three days away from his execution in order to find out crucial information before he dies.
10:45 pm	TEN Late News With Sports Tonight LN09/058	CC	Australia's leading late news service with comprehensive coverage and analysis of the major national and international stories. This is must-see television for those wanting the latest and most comprehensive news and sports information.
11:30 pm	The Late Show With David Letterman LSDL4/058	PG	Join the king of late night television - David Letterman, with special guests, his famous 'Top Ten' and lots more.
12:30 am	Home Shopping		
01:00 am	Home Shopping		
01:30 am	Home Shopping		
02:00 am	Home Shopping		
02:30 am	Kenneth Copeland D0903/24	PG	Religious Program
03:00 am	Life Today With James Robison LTJR09/058	PG	Robert Morris W/ Michael & Arnita Taylor Ep.09-Mr24a Religious Program
03:30 am	This Is Your Day With Benny Hinn BENN09/058	G	Religious Program
03:55 am	Video Hits Up Late (Rpt) VH0018		B.B. King
04:00 am	The CBS Early Show ES3/058		Morning news and talk show hosted by Julie Chen, Harry Smith, Dave Price, Russ Mitchell and Maggie Rodriguez.



ADELAIDE PROGRAM GUIDE



Tuesday 24th March 2009

06:00 am	TEN Early News ENEWS09/057	CC	Breaking local, national and international news, with extensive coverage of finance and the latest sport and weather. Up-to-the-minute news brought to you first by TEN News.
07:00 am	Toasted TV TST09/012-2A	G	Want the lowdown on what's hip for kids? Join the team for the latest in gaming, sport, gadgets, pop culture, movies, music and other seriously fun stuff! Featuring a variety of your favourite cartoons.
07:05 am	Spongebob Squarepants (Rpt) SPGC/022	G	<u>Pizza Delivery / Home Sweet Pineapple</u> Relentlessly optimistic SpongeBob SquarePants lives in the undersea township of Bikini Bottom, along with an assortment of zany supporting characters.
07:25 am	Toasted TV TST09/012-2B	G	Want the lowdown on what's hip for kids? Join the team for the latest in gaming, sport, gadgets, pop culture, movies, music and other seriously fun stuff! Featuring a variety of your favourite cartoons.
07:30 am	Totally Wild TW17/089	CC C	The Totally Wild team brings you the latest in action, adventure and wildlife from Australia and around the globe.
08:00 am	Toasted TV TST09/012-2C	G	Want the lowdown on what's hip for kids? Join the team for the latest in gaming, sport, gadgets, pop culture, movies, music and other seriously fun stuff! Featuring a variety of your favourite cartoons.
08:05 am	Bakugan (Rpt) BAKC/018	G	Mysterious cards appear in front of the children of the world, with the powers to summon monsters from an alternate dimension.
08:25 am	Toasted TV TST09/012-2D	G	Want the lowdown on what's hip for kids? Join the team for the latest in gaming, sport, gadgets, pop culture, movies, music and other seriously fun stuff! Featuring a variety of your favourite cartoons.
08:30 am	Puzzle Play PPLAY2/057	CC P	Join Kell, Liam and Patrick to solve a puzzle, also sing-a-long to some great songs and visit friends at preschools and in the animal world.



ADELAIDE PROGRAM GUIDE



Tuesday 24th March 2009

09:00 am	9am With David & Kim 9AM09/042	CC PG	David Reyne and Kim Watkins look at the news, views and issues that matter to you and your lifestyle; and bring you the latest from the worlds of cooking, celebrity, fashion and health.
11:00 am	TEN News MNEWS09/059	CC	Comprehensive coverage of local, national and international news with analysis of the key stories of the day and a strong focus on health, social and environmental issues.
12:00 pm	Dr Phil DPHIL7/044	CC M (A)	Join Dr. Phil McGraw as he inspires millions of people to "get real". He gives them the challenge they need to change their behaviour, move ahead and lead positive lives.
01:00 pm	The Oprah Winfrey Show (Rpt) OWS23/152	CC PG	A 15-year-old face-to-face with a 500 lb. bear! And, trapped in a twister with two young sons...one mother's life and death decision. Then, drowning in her sinking car...would you dive in? Plus, stand-up and cheer for a homecoming not to be missed.
02:00 pm	Ready Steady Cook (Rpt) RSC4/022	CC G	Cooking game show where it's a battle against the clock for Australia's top chefs and guest contestants to create a tasty meal. Hosted by Peter Everett.
03:00 pm	Judge Judy JUDY12/184	CC PG (A)	Judge Judy holds court as presiding judge. The people are real, the cases are real and the rulings are binding.
03:30 pm	Huey's Cooking Adventures HUEY10/007	G	Chef extraordinaire Iain Hewitson provides simple recipes that are informative, fun, as well as being totally delicious.
04:00 pm	Everybody Loves Raymond (Rpt) ERAY/016	CC G	Diamonds Ray decides to replace the fake diamond on Debra's engagement ring. Later he discovers that she already had it changed years earlier.
04:30 pm	The Bold & The Beautiful BBT7/468	CC G	The story of the glamorous Forrester family: their loves, tragedies, triumphs and struggles for power in the fashion industry.



ADELAIDE PROGRAM GUIDE



Tuesday 24th March 2009

05:00 pm	TEN News At Five FAF09/059	CC	
06:00 pm	The Simpsons (Rpt) SIMP10/019	CC G	<u>Mom And Pop Art</u> Homer pursues a career as an artist when his misshapen barbeque pit attracts the attention of a gallery.
06:30 pm	Neighbours NEB13/5652	CC G	Ringo swans into school with his new celebrity mate and enjoys the attention from his classmates. Declan and Zeke cover their jealousy by being dismissive of his glamorous new life.
07:00 pm	The Biggest Loser BLA4/045	CC	It's the most dramatic and unexpected departure from Camp Biggest Loser yet. It's not always good news when the Commando turns up but this time might be different.
08:00 pm	Bondi Rescue BONDIR4/008	CC	Tonight, a heat wave has hit Sydney, and bathers are, in the words of lifeguards, "dropping like flies". But while it may be 40 plus on land, its a different story in the water. Cold currents have sent the water temperature plummeting to 16 degrees.
08:30 pm	NCIS NCIS6/016	CC M	<u>Bounce</u> A murder with a connection to an old case leads to a reversal of roles for Gibbs and DiNozzo. DiNozzo leads the team in the investigation linking the murder to an embezzlement scheme that sent an innocent man to prison.
09:30 pm	Lie To Me LTM/007	CC	<u>The Best Policy</u> Cal is hired to find a spy at a pharmaceutical company, but instead discovers a conspiracy regarding a new drug that can put many civilians at risk.
10:30 pm	TEN Late News With Sports Tonight LN09/059	CC	Australia's leading late news service with comprehensive coverage and analysis of the major national and international stories. This is must-see television for those wanting the latest and most comprehensive news and sports information.
11:15 pm	The Late Show With David Letterman LSDL4/059	PG	Join the king of late night television - David Letterman, with special guests, his famous 'Top Ten' and lots more.
12:00 am	Will & Grace (Rpt) WG3/015	PG	<u>My Uncle The Car</u> Grace prematurely decides to sell her late uncle's car to a nun, and finds that the nun isn't so sweet when trying to get the car back; and Jack sees the world differently when he believes his father was African-American.



ADELAIDE PROGRAM GUIDE



Tuesday 24th March 2009

12:30 am Home Shopping

01:00 am Home Shopping

01:30 am Home Shopping

02:00 am Home Shopping

02:30 am **Kenneth Copeland** PG
D0903/25 Religious Program

03:00 am **Life Today With James Robison** PG **Beth Moore #3 Ep.09-Mr25a**
LTJR09/059 Religious Program

03:30 am **This Is Your Day With Benny Hinn** G
BENN09/059 Religious Program

03:55 am **Video Hits Up Late (Rpt)** **Supertramp**
VH0019

04:00 am **The CBS Early Show**
ES3/059 Morning news and talk show hosted by Julie Chen, Harry Smith, Dave Price, Russ Mitchell and Maggie Rodriguez.



ADELAIDE PROGRAM GUIDE



Wednesday 25th March 2009

06:00 am	TEN Early News ENEWS09/058	CC	Breaking local, national and international news, with extensive coverage of finance and the latest sport and weather. Up-to-the-minute news brought to you first by TEN News.
07:00 am	Toasted TV TST09/012-3A	G	Want the lowdown on what's hip for kids? Join the team for the latest in gaming, sport, gadgets, pop culture, movies, music and other seriously fun stuff! Featuring a variety of your favourite cartoons.
07:05 am	Spongebob Squarepants (Rpt) SPGC/023	G	<u>Sandy's Rocket/ Squeaky Boots</u> Relentlessly optimistic SpongeBob SquarePants lives in the undersea township of Bikini Bottom, along with an assortment of zany supporting characters.
07:25 am	Toasted TV TST09/012-3B	G	Want the lowdown on what's hip for kids? Join the team for the latest in gaming, sport, gadgets, pop culture, movies, music and other seriously fun stuff! Featuring a variety of your favourite cartoons.
07:30 am	Totally Wild TW17/090	CC C	The Totally Wild team brings you the latest in action, adventure and wildlife from Australia and around the globe.
08:00 am	Toasted TV TST09/012-3C	G	Want the lowdown on what's hip for kids? Join the team for the latest in gaming, sport, gadgets, pop culture, movies, music and other seriously fun stuff! Featuring a variety of your favourite cartoons.
08:05 am	Bakugan (Rpt) BAKC/019	G	Mysterious cards appear in front of the children of the world, with the powers to summon monsters from an alternate dimension.
08:25 am	Toasted TV TST09/012-3D	G	Want the lowdown on what's hip for kids? Join the team for the latest in gaming, sport, gadgets, pop culture, movies, music and other seriously fun stuff! Featuring a variety of your favourite cartoons.
08:30 am	Puzzle Play PPLAY2/058	CC P	Join Kell, Liam and Patrick to solve a puzzle, also sing-a-long to some great songs and visit friends at preschools and in the animal world.



ADELAIDE PROGRAM GUIDE



Wednesday 25th March 2009

09:00 am	9am With David & Kim 9AM09/043	CC PG	David Reyne and Kim Watkins look at the news, views and issues that matter to you and your lifestyle; and bring you the latest from the worlds of cooking, celebrity, fashion and health.
11:00 am	TEN News MNEWS09/060	CC	Comprehensive coverage of local, national and international news with analysis of the key stories of the day and a strong focus on health, social and environmental issues.
12:00 pm	Dr Phil DPHIL7/049	CC M (A)	Join Dr. Phil McGraw as he inspires millions of people to "get real". He gives them the challenge they need to change their behaviour, move ahead and lead positive lives.
01:00 pm	The Oprah Winfrey Show (Rpt) OWS23/153	CC PG	Whatever happened to our most memorable guests? One guest weighed over 500 lbs. and now she is back. Then, a mom survived the unimaginable...the update you need to hear. Also, was top fashion designer Tommy Hilfiger thrown off the set? Find out the truth.
02:00 pm	Ready Steady Cook (Rpt) RSC4/023	CC G	Cooking game show where it's a battle against the clock for Australia's top chefs and guest contestants to create a tasty meal. Hosted by Peter Everett.
03:00 pm	Judge Judy JUDY12/185	CC PG (A)	Judge Judy holds court as presiding judge. The people are real, the cases are real and the rulings are binding.
03:30 pm	Huey's Cooking Adventures HUEY10/008	G	Chef extraordinaire Iain Hewitson provides simple recipes that are informative, fun, as well as being totally delicious.
04:00 pm	Everybody Loves Raymond ERAY/018	CC G	Recovering Pessimist Debra tries to change Ray's pessimistic attitude about winning the "Sports Writer of the Year Award".
04:30 pm	The Bold & The Beautiful BBT7/469	CC G	The story of the glamorous Forrester family: their loves, tragedies, triumphs and struggles for power in the fashion industry.



ADELAIDE PROGRAM GUIDE



Wednesday 25th March 2009

05:00 pm	TEN News At Five FAF09/060	CC	
06:00 pm	The Simpsons SIMP10/020	CC G	<u>The Old Man And The 'c' Student</u> Bart must perform community service at Grampa's retirement home.
06:30 pm	Neighbours NEB13/5653	CC G	Under pressure to make a decision about Libbys operation, Dan tells Peggy to do whatever it takes to save her life.
07:00 pm	The Biggest Loser BLA4/046	CC	Michelle and Shannan get a day off as the teams set off for a training session with the Sydney Swans! Watch those low tackles please.
08:00 pm	Guerrilla Gardeners GG/006	CC	When the sun goes down and city workers retreat to the 'burbs', renegade gardeners are out to reclaim the city. Six young warriors, armed with attitude and gardening tools work together to make-over the most barren and concrete-filled spaces in our cities
08:30 pm	House HOUSE5/017	CC	<u>The Social Contract</u> House and his team take on a case of a man with frontal lobe inhibition, causing him speak his mind and to lose control over what he says. Interestingly, the condition bears a striking resemblance to House himself.
09:30 pm	Life LIFE2/016	CC M (V)	<u>Hit Me Baby</u> Crews begins investigating a brutally murdered man, and the investigation points toward elusive hit woman Claudia. Meanwhile Reese has to undertake an FBI polygraph test before joining task force.
10:30 pm	TEN Late News With Sports Tonight LN09/060	CC	Australia's leading late news service with comprehensive coverage and analysis of the major national and international stories. This is must-see television for those wanting the latest and most comprehensive news and sports information.
11:15 pm	The Late Show With David Letterman LSDL4/060	PG	Join the king of late night television - David Letterman, with special guests, his famous 'Top Ten' and lots more.
12:00 am	Will & Grace (Rpt) WG3/016	PG	<u>Cheaters (1)</u> (Part 1): When Grace catches Will's father on the arm of a woman other than his wife, she feels forced to tell Will and is surprised by his action. When Karen misunderstands Grace's story, she suspects her own husband Stan of an affair.



ADELAIDE PROGRAM GUIDE



Wednesday 25th March 2009

12:30 am Home Shopping

01:00 am Home Shopping

01:30 am Home Shopping

02:00 am Home Shopping

02:30 am **Kenneth Copeland** PG
D0903/26 Religious Program

03:00 am **Life Today With James Robison** PG **Robert Morris W/ Steven & Janie Helling Ep.09-Mr26a**
LTJR09/060 Religious Program

03:30 am **This Is Your Day With Benny Hinn** G
BENN09/060 Religious Program

03:55 am **Video Hits Up Late (Rpt)** **The Corrs**
VH0020

04:00 am **The CBS Early Show**
ES3/060
Morning news and talk show hosted by Julie Chen, Harry Smith, Dave Price, Russ Mitchell and Maggie Rodriguez.



ADELAIDE

PROGRAM GUIDE



Thursday 26th March 2009

06:00 am	Countdown To ONE COUNTONE	G	Countdown To ONE ONE will be available from 7.30pm tonight in High Definition on (digital) Channel 1 and Standard Definition on (digital) Channel 12.
07:30 pm	Welcome To ONE WELTOONE	G	Welcome To ONE The sports television revolution is here! Welcome to ONE - launching Australia's first 24 hour free to air sports channel. A television event not to be missed.
08:00 pm	AFL Premiership Season 2009 AFL09/001	CC	SPECIAL EVENT Round 1 - Richmond V Carlton Cousins v Judd - the ultimate blockbuster to start the new season with a packed MCG crowd to see these former West Coast premiership teammates do battle.
11:00 pm	Swimming Australia Skins 2009 SWMA09/020		In a ONE HD Exclusive event, the Australian Dolphins swim team and international invitees including Olympic gold medallists Oussama Mellouli and Therese Alshammar compete for cash at the Sydney Olympic Park Aquatic Centre.
02:15 am	NBA 360 NBA09/045	G	A weekly basketball magazine show with news and highlights from the NBA.
03:15 am	Slamball SLMB08/001		Slamball is inspired by the strategies, aesthetics and pacing of video games, where athletes fly higher and hit harder, performing feats that are part basketball, football, hockey and gymnastics.
03:45 am	NASCAR Nationwide Series NWS09/039	G	Round 4: Sharpie Mini 300 @ Bristol Highlights from the previous round in America's Nascar Nationwide Series, from Bristol Speedway.
04:45 am	ONE Moment ONEMOM/001	G	
05:00 am	Tread BMX TRBM09/001		Tread BMX is the world famous TV series featuring the very best BMX action from around the globe.
05:30 am	Mountainbike World MBW09/001		Mountainbike World is an insight into the latest happenings in off-road biking, whatever the discipline or style, but all combined in one programme.



ADELAIDE

PROGRAM GUIDE



Friday 27th March 2009

06:00 am	High Five HIF109/001		An edgy, character driven focus on Action Sports and off the wall pursuits that dominate worldwide youth culture today.
06:30 am	Motorsport: Race Of Champions MROC08/001	G	Every year for the past 21 years, The Race of Champions brings together the worlds best circuit racers and off-road drivers to compete head-to-head in a shoot out to find Motor Racing's Champion of Champions.
07:30 am	Motorsport: Raceworld MSRW09/001		Raceworld takes race fans behind closed doors with special features on drivers, lifestyles, circuits and race cars, as well as race reports, test sessions, predictions and race reviews.
08:30 am	Athletics: Sydney Track Classic ATHL09/001		<u>Sydney Track Classic</u> After the success at the Beijing Olympics, Australia's athletics team come together for a two round Track Classic series in Sydney and Melbourne.
09:30 am	LIVE: Basketball: NCAA College Regionals NCAB09/003		SPECIAL EVENT <u>Regional Semi Final 1 (Friday)</u> LIVE action as we join the Regional Semi Final stage of College Basketball's prestigious NCAA March Madness championship tournament.
11:30 am	LIVE: Formula 1 ING Australian Grand Prix FORM09/001		SPECIAL EVENT <u>R1 Australian Practice</u> New cars, new teams and a whole new season kicks off in Melbourne with a full day of Formula 1 action LIVE and Exclusive to ONE.
06:30 pm	Sports Tonight STOE09/001		Every weeknight join Brad McEwan for an exclusive edition of Sports Tonight on ONE HD.
07:00 pm	AFL Premiership Season 2009 AFL09/001R	CC	<u>Round 1: Richmond V Carlton (Replay)</u> Cousins v Judd - the ultimate blockbuster to start the new season with a packed MCG crowd to see these former West Coast premiership teammates do battle.
09:15 pm	NASCAR Sprint Cup With Marcos Ambrose NSC09/020	G	<u>Round 6: Food City 500 @ Bristol</u> Australian motor ace Marcos Ambrose introduces the highlights from the previous Sprint Cup round including insights into his own form and race performance.
10:15 pm	Welcome To ONE (Rpt) WELTOONE	G	<u>Welcome To ONE</u> The sports television revolution is here! Welcome to ONE - launching Australia's first 24 hour free to air sports channel. A television event not to be missed.



ADELAIDE

PROGRAM GUIDE



Friday 27th March 2009

10:45 pm Basketball: NCAA College Regionals
NCAB09/004

Regional Semi Final 2 (Friday)

A triple header of today's NCAA matches from the Regional Semi final stage.

01:00 am Basketball: NCAA College Regionals
NCAB09/005

Regional Semi Final 3 (Friday)

A triple header of today's NCAA matches from the Regional Semi final stage.

03:00 am Basketball: NCAA College Regionals
NCAB09/006

Regional Semi Final 4 (Friday)

A triple header of today's NCAA matches from the Regional Semi final stage.

05:00 am World's Strongest Man
WSMA/002

Since 1977, the most powerful men from around the world have come together head-to-head, bicep-to-bicep to compete for the title of the MET-Rx World's Strongest Man.

05:30 am Power Boating: F1 World Championships
PBFO09/002

The F1 World Championship is the elite of high-speed water racing. The thrilling action is only for the adrenalin junkies who can withstand putting their bodies through the brain-numbing G-forces every time they step into the cockpit.



ADELAIDE

PROGRAM GUIDE



Saturday 28th March 2009

06:00 am	NASCAR Sprint Cup Qualifying NSC09/021		Round 7: Goody's Fast Relief 500 Qualifying @ Martinsville LIVE and exclusive coverage of Qualifying sessions from Martinsville as the Sprint Cup season continues for Marcos Ambrose and the rest of the field.
07:30 am	Golf: WGC Accenture Match Play Highlights PGAW09/055	G	2009 Accenture Match Play Highlights Highlights of the 2009 event which saw Tiger Woods return to golf, as well as Aussies including Geoff Ogilvy, Adam Scott and Brendan Jones.
08:30 am	Athletics: Melbourne Track Classic ATHL09/002		Melbourne Track Classic After the success at the Beijing Olympics, Australia's athletics team come together for the second Track Classic of the season at Melbourne's Olympic Park.
09:30 am	Welcome To ONE (Rpt) WELTOONE	G	Welcome To ONE The sports television revolution is here! Welcome to ONE - launching Australia's first 24 hour free to air sports channel. A television event not to be missed.
10:00 am	Xtreme Paintball: Beyond The Paint XPBL09/001		The world's most outrageous, fun and fearless paintball players face off for cash prizes, respect and glory.
10:30 am	Drifting DRFT09/001		High-powered motor sport action testing drivers' skill to control a car while it slides sideways at high speed through a marked course. It is judged on execution and style rather than who finishes the course fastest.
11:30 am	LIVE: Formula 1 ING Australian Grand Prix FORM09/002		SPECIAL EVENT R1 Australian Qualifying The Formula One season begins with live coverage from Albert Park, Melbourne. Includes F1 Final Practice and Qualifying as well as the V8 Supercars, Australian GT and Formula Fords.
05:35 pm	Formula 1 ING Australian Grand Prix FORM09/003		V8 Supercar Race - Exclusive To One In extended coverage exclusive to ONE, the drivers from the V8 Supercars take to the Albert Park racetrack.
06:30 pm	AFL Premiership Season 2009 AFL09/002	CC	Round 1 - St Kilda V Sydney The Saints host the Swans in Melbourne as first round AFL action continues.
10:00 pm	World's Strongest Man WSMA/001		Since 1977, the most powerful men from around the world have come together head-to-head, bicep-to-bicep to compete for the title of the MET-Rx World's Strongest Man.
10:30 pm	Formula 1 ING Australian Grand Prix Highlights FORM09/055	G	Australian Grand Prix Qualifying Highlights A one hour round up of today's F1 Qualifying session before tomorrow's first race of the season at Albert Park in Melbourne.



ADELAIDE PROGRAM GUIDE



Saturday 28th March 2009

11:30 pm Basketball: NCAA College Regionals
NCAB09/007

Regional Semi Final 5 (Saturday)

The second day of Regional Semis features two of today's NCAA College Basketball tournament.

01:30 am Slamball
SLMB08/002

Slamball is inspired by the strategies, aesthetics and pacing of video games, where athletes fly higher and hit harder, performing feats that are part basketball, football, hockey and gymnastics.

02:00 am NASCAR Sprint Cup Happy Hour
NSC09/022

Round 7: Goody's Fast Relief 500 Happy Hour @ Martinsville

After this morning's Qualifying session, the Sprint Cup drivers back up with a Final Practice session in Happy Hour.

03:30 am Basketball: NCAA College Regionals
NCAB09/008

Regional Semi Final 6 (Saturday)

The second day of Regional Semis features two of today's NCAA College Basketball tournament.

05:30 am College Basketball: Road To The Final Four
NCAB09/002

Road To The Final Four 2



PERTH PROGRAM GUIDE



Sunday 22nd March 2009

06:00 am **Motorsport: NASCAR Nationwide Series**
NWS09/004B

Round 4: Sharpie Mini 300 @ Bristol

Continuing coverage of Round 4 of the Nationwide series from Bristol Speedway. (LIVE AEST only)

08:00 am **Swimming: 2009 Telstra Australian Swimming Championships (Rpt)**
SWMA09/005

G **Night 5 Highlights**

The Australian Dolphins swim team come together to compete for spots on the World Championship team for Rome in July with all the finals action from the Sydney Olympic Park Aquatic Centre.

09:00 am **Motorsport: NASCAR Sprint Cup Happy Hour**
NSC09/019

Round 6: Food City 500 Happy Hour @ Bristol

The final practice session before Round 6 Sprint Cup action from Bristol.

10:00 am **Swimming: 2009 Telstra Australian Swimming Championships Heats**
SWMA09/017

SPECIAL EVENT

Day 6 Heats

Its down to the final day of competition in the national championships and tonight is the last chance to qualify for the Australian Dolphins swim team to compete in the World Championships. (LIVE AEST only)

12:00 pm **Oprah's Big Give**
OBG/001

PG
(A)

Oprah presents a heart-warming new reality series where millions are spent by contestants, challenged to find ways of sharing their wealth with the public. Each week their will power and wits are tested until one person is crowned 'The Biggest Giver'.

01:00 pm **Don't Forget The Lyrics (Rpt)**
LYRICS/001C

G

Everyone thinks they know the lyrics to the world's most popular songs, but when there's a million dollars at stake, who will rise to the challenge and who will crumble under the pressure? Hosted by comedian Wayne Brady.

02:00 pm **Will & Grace (Rpt)**
WG3/014

PG **Brothers, A Love Story**

Will is torn when his TV sportscaster boyfriend continues to refer to Will as his 'brother' as opposed to coming out to his workplace; Karen is devastated to prematurely learn that her husband's will is written to leave much of his estate to charity.

02:30 pm **I Fish**
IFISH4/002

G

Providing tips and information for the beginner fisherman, right through to the hard-core fishing enthusiasts. Everything you need to know about the world of fishing. Hosted by Paul Worsteling.



PERTH PROGRAM GUIDE



Sunday 22nd March 2009

03:30 pm **Swimming: 2009 Telstra Australian Swimming Championships Heats (Rpt)**
SWMA09/017

Day 6 Heats

Its down to the final day of competition in the national championships and tonight is the last chance to qualify for the Australian Dolphins swim team to compete in the World Championships. (LIVE AEST only)

05:30 pm **Sports Tonight**
STHD09/007

The latest sports results and news on a Sunday evening hosted by Rob Canning.

06:00 pm **The Simpsons**
SIMP8/018

CC PG

Homer Vs The Eighteenth Amendment

Homer turns bootlegger when Springfield enforces an antiquated prohibition law.

06:30 pm **The Biggest Loser**
BLA4/043

CC

It's another Weigh In, and an emotional time on the scales for some. As the competition continues on, the stakes get higher and the weight gets harder to shift.

07:30 pm **Swimming: 2009 Telstra Australian Swimming Championships Finals**
SWMA09/018

SPECIAL EVENT

Night 6 Finals

The last night of competition will determine the final makeup of the team for the World Swimming Championships in Rome this July. (LIVE AEST only)

10:00 pm **ONE Preview (Rpt)**
ONEPREVIEW

G

One Preview

In the lead up to ONE HD launching at 7.30pm on Thursday 26 March, take a preview of the events and programs to come.

10:40 pm **Dexter**
DEX2/007

MA15+
(L,
S,
A)

That Night, A Forest Grew

A written manifesto from the "Bay Harbor Butcher" sends the Special Task Force in charge of capturing the killer into chaos. But this is part of Dexter's plan as he tries to be more "pro-active" in keeping Agent Lundy off his tail.

11:45 pm **Dexter**
DEX2/008

AV15+
(V)

Morning Comes

After a fire at Lila's place, Dexter finds her becoming more attached than he is comfortable with. Later, he decides "recovery" isn't working for him and pays a second visit to the man who murdered his mother.

12:50 am **2009 Telstra Australian Swimming Championships**
SWMA09/006

G

Night 6 Highlights

Highlights from the last night of finals at the Sydney Olympic Park Aquatic Centre and the announcement of the Dolphins team swimming for Australia at the World Championships.

01:50 am **The Office**
OAW4/012

PG
(S)

The Deposition

When Dunder Mifflin is being sued by Jan, Michael is called forth as a witness. Meanwhile, Darryl and Jim's Ping-Pong match gives Kelly and Pam a chance to practice their trash talk.



PERTH PROGRAM GUIDE



Sunday 22nd March 2009

02:20 am Video Hits Up Late (Rpt)
VH0020

The Corrs

02:30 am Kenneth Copeland
D0903/23

PG

Religious Program

03:00 am Life Today With James Robison
LTJR09/057

PG

Robert Morris Ep.09-Mr23a
Religious Program

03:30 am This Is Your Day With Benny Hinn
BENN09/057

G

Religious Program

03:55 am Video Hits Up Late (Rpt)
VH0017

Madonna

04:00 am NBA Live
NBA09/014A

SPECIAL EVENT

Detroit Pistons V Miami Heat

The Detroit Pistons host the Miami Heat in a battle for playoff spots in the Eastern Conference.



PERTH PROGRAM GUIDE



Monday 23rd March 2009

<p>06:00 am NBA Live NBA09/14B</p>	<p>SPECIAL EVENT <u>Detroit Pistons V Miami Heat</u> The Detroit Pistons host the Miami Heat in a battle for playoff spots in the Eastern Conference. (continues LIVE AEST only)</p>
<p>06:45 am ONE Preview (Rpt) ONEPREVIEW</p>	<p>G <u>One Preview</u> In the lead up to ONE HD launching at 7.30pm on Thursday 26 March, take a preview of the events and programs to come.</p>
<p>07:00 am Basketball: NCAA NCAB09/001</p>	<p>SPECIAL EVENT G <u>Road To The Final Four</u> Prepare for ONE's upcoming coverage of the concluding stages of the NCAA March Madness tournament with a look at highlights and news from College Basketball's ultimate competition.</p>
<p>08:00 am Swimming: 2009 Telstra Australian Swimming Championships (Rpt) SWMA09/006</p>	<p>G <u>Night 6 Highlights</u> Highlights from the last night of finals at the Sydney Olympic Park Aquatic Centre and the announcement of the Dolphins team swimming for Australia at the World Championships.</p>
<p>09:00 am 9am With David & Kim 9AM09/041</p>	<p>CC PG David Reyne and Kim Watkins look at the news, views and issues that matter to you and your lifestyle; and bring you the latest from the worlds of cooking, celebrity, fashion and health.</p>
<p>11:00 am TEN News MNEWS09/058</p>	<p>CC Comprehensive coverage of local, national and international news with analysis of the key stories of the day and a strong focus on health, social and environmental issues.</p>
<p>12:00 pm Dr Phil DPHIL7/039</p>	<p>CC M (A) Join Dr. Phil McGraw as he inspires millions of people to "get real". He gives them the challenge they need to change their behaviour, move ahead and lead positive lives.</p>
<p>01:00 pm The Oprah Winfrey Show (Rpt) OWS23/151</p>	<p>CC PG <u>Oprah, Cher, And Tina Turner At Caesars Palace In Las Vegas</u> From Las Vegas, it is an unforgettable, once in a lifetime event with legendary superstars Cher and Tina Turner. We've got exclusive performances and interviews as the two mega-stars come together to pull out all the stops for a true Vegas spectacular!</p>



PERTH PROGRAM GUIDE



Monday 23rd March 2009

02:00 pm	Ready Steady Cook (Rpt) RSC4/021	CC G	Cooking game show where it's a battle against the clock for Australia's top chefs and guest contestants to create a tasty meal. Hosted by Peter Everett.
03:00 pm	Judge Judy JUDY12/183	CC PG (D, A)	Judge Judy holds court as presiding judge. The people are real, the cases are real and the rulings are binding.
03:30 pm	Huey's Cooking Adventures HUEY10/006	G	Chef extraordinaire Iain Hewitson provides simple recipes that are informative, fun, as well as being totally delicious.
04:00 pm	Everybody Loves Raymond (Rpt) ERAY/014	CC G	Who's Handsome Raymond can't face the fact that everybody thinks that his brother Robert is "classically handsome", while he is merely "adorable like a hamster".
04:30 pm	The Bold & The Beautiful BBT7/467	CC G	The story of the glamorous Forrester family: their loves, tragedies, triumphs and struggles for power in the fashion industry.
05:00 pm	TEN News At Five FAF09/058	CC	
06:00 pm	The Simpsons (Rpt) SIMP10/018	CC G	Simpsons Bible Stories While listening to one of Reverend Lovejoy's sermons on a sweltering Easter Sunday morning, the Simpsons fall asleep and envision themselves as characters from the Bible.
06:30 pm	Neighbours NEB13/5651	CC G	Dan and Libby's happiness seems complete when they are inspired to name their daughter 'Grace', after Susan's mother. Their joy is in stark contrast to Declan and Bridget who clash over Bridget's determination to put their baby up for adoption.
07:00 pm	The Biggest Loser BLA4/044	CC	Another one bites the dust but there's a twist at this week's Elimination and a difficult decision to be made that will dramatically affect somebody's Biggest Loser journey.
07:30 pm	Basketball: NBA (Rpt) NBA09/014A		SPECIAL EVENT Detroit Pistons V Miami Heat The Detroit Pistons host the Miami Heat in a battle for playoff spots in the Eastern Conference.



PERTH PROGRAM GUIDE



Monday 23rd March 2009

09:45 pm	NCIS NCIS3/003	CC MA15+ Mind Games (A)	Gibbs is ordered to meet with a convicted serial killer three days away from his execution in order to find out crucial information before he dies.
10:45 pm	TEN Late News With Sports Tonight LN09/058	CC	Australia's leading late news service with comprehensive coverage and analysis of the major national and international stories. This is must-see television for those wanting the latest and most comprehensive news and sports information.
11:30 pm	The Late Show With David Letterman LSDL4/058	PG	Join the king of late night television - David Letterman, with special guests, his famous 'Top Ten' and lots more.
12:30 am	Home Shopping		
01:00 am	Home Shopping		
01:30 am	Home Shopping		
02:00 am	Home Shopping		
02:30 am	Kenneth Copeland D0903/24	PG	Religious Program
03:00 am	Life Today With James Robison LTJR09/058	PG	Robert Morris W/ Michael & Arnita Taylor Ep.09-Mr24a Religious Program
03:30 am	This Is Your Day With Benny Hinn BENN09/058	G	Religious Program
03:55 am	Video Hits Up Late (Rpt) VH0018		B.B. King
04:00 am	The CBS Early Show ES3/058		Morning news and talk show hosted by Julie Chen, Harry Smith, Dave Price, Russ Mitchell and Maggie Rodriguez.



PERTH PROGRAM GUIDE



Tuesday 24th March 2009

06:00 am	TEN Early News ENEWS09/057	CC	Breaking local, national and international news, with extensive coverage of finance and the latest sport and weather. Up-to-the-minute news brought to you first by TEN News.
07:00 am	Toasted TV TST09/012-2A	G	Want the lowdown on what's hip for kids? Join the team for the latest in gaming, sport, gadgets, pop culture, movies, music and other seriously fun stuff! Featuring a variety of your favourite cartoons.
07:05 am	Spongebob Squarepants (Rpt) SPGC/022	G	<u>Pizza Delivery / Home Sweet Pineapple</u> Relentlessly optimistic SpongeBob SquarePants lives in the undersea township of Bikini Bottom, along with an assortment of zany supporting characters.
07:25 am	Toasted TV TST09/012-2B	G	Want the lowdown on what's hip for kids? Join the team for the latest in gaming, sport, gadgets, pop culture, movies, music and other seriously fun stuff! Featuring a variety of your favourite cartoons.
07:30 am	Totally Wild TW17/089	CC C	The Totally Wild team brings you the latest in action, adventure and wildlife from Australia and around the globe.
08:00 am	Toasted TV TST09/012-2C	G	Want the lowdown on what's hip for kids? Join the team for the latest in gaming, sport, gadgets, pop culture, movies, music and other seriously fun stuff! Featuring a variety of your favourite cartoons.
08:05 am	Bakugan (Rpt) BAKC/018	G	Mysterious cards appear in front of the children of the world, with the powers to summon monsters from an alternate dimension.
08:25 am	Toasted TV TST09/012-2D	G	Want the lowdown on what's hip for kids? Join the team for the latest in gaming, sport, gadgets, pop culture, movies, music and other seriously fun stuff! Featuring a variety of your favourite cartoons.
08:30 am	Puzzle Play PPLAY2/057	CC P	Join Kell, Liam and Patrick to solve a puzzle, also sing-a-long to some great songs and visit friends at preschools and in the animal world.



PERTH PROGRAM GUIDE



Tuesday 24th March 2009

09:00 am	9am With David & Kim 9AM09/042	CC PG	David Reyne and Kim Watkins look at the news, views and issues that matter to you and your lifestyle; and bring you the latest from the worlds of cooking, celebrity, fashion and health.
11:00 am	TEN News MNEWS09/059	CC	Comprehensive coverage of local, national and international news with analysis of the key stories of the day and a strong focus on health, social and environmental issues.
12:00 pm	Dr Phil DPHIL7/044	CC M (A)	Join Dr. Phil McGraw as he inspires millions of people to "get real". He gives them the challenge they need to change their behaviour, move ahead and lead positive lives.
01:00 pm	The Oprah Winfrey Show (Rpt) OWS23/152	CC PG	A 15-year-old face-to-face with a 500 lb. bear! And, trapped in a twister with two young sons...one mother's life and death decision. Then, drowning in her sinking car...would you dive in? Plus, stand-up and cheer for a homecoming not to be missed.
02:00 pm	Ready Steady Cook (Rpt) RSC4/022	CC G	Cooking game show where it's a battle against the clock for Australia's top chefs and guest contestants to create a tasty meal. Hosted by Peter Everett.
03:00 pm	Judge Judy JUDY12/184	CC PG (A)	Judge Judy holds court as presiding judge. The people are real, the cases are real and the rulings are binding.
03:30 pm	Huey's Cooking Adventures HUEY10/007	G	Chef extraordinaire Iain Hewitson provides simple recipes that are informative, fun, as well as being totally delicious.
04:00 pm	Everybody Loves Raymond (Rpt) ERAY/016	CC G	Diamonds Ray decides to replace the fake diamond on Debra's engagement ring. Later he discovers that she already had it changed years earlier.
04:30 pm	The Bold & The Beautiful BBT7/468	CC G	The story of the glamorous Forrester family: their loves, tragedies, triumphs and struggles for power in the fashion industry.



PERTH PROGRAM GUIDE



Tuesday 24th March 2009

05:00 pm	TEN News At Five FAF09/059	CC	
06:00 pm	The Simpsons (Rpt) SIMP10/019	CC G	<u>Mom And Pop Art</u> Homer pursues a career as an artist when his misshapen barbeque pit attracts the attention of a gallery.
06:30 pm	Neighbours NEB13/5652	CC G	Ringo swans into school with his new celebrity mate and enjoys the attention from his classmates. Declan and Zeke cover their jealousy by being dismissive of his glamorous new life.
07:00 pm	The Biggest Loser BLA4/045	CC	It's the most dramatic and unexpected departure from Camp Biggest Loser yet. It's not always good news when the Commando turns up but this time might be different.
08:00 pm	Bondi Rescue BONDIR4/008	CC	Tonight, a heat wave has hit Sydney, and bathers are, in the words of lifeguards, "dropping like flies". But while it may be 40 plus on land, its a different story in the water. Cold currents have sent the water temperature plummeting to 16 degrees.
08:30 pm	NCIS NCIS6/016	CC M	<u>Bounce</u> A murder with a connection to an old case leads to a reversal of roles for Gibbs and DiNozzo. DiNozzo leads the team in the investigation linking the murder to an embezzlement scheme that sent an innocent man to prison.
09:30 pm	Lie To Me LTM/007	CC	<u>The Best Policy</u> Cal is hired to find a spy at a pharmaceutical company, but instead discovers a conspiracy regarding a new drug that can put many civilians at risk.
10:30 pm	TEN Late News With Sports Tonight LN09/059	CC	Australia's leading late news service with comprehensive coverage and analysis of the major national and international stories. This is must-see television for those wanting the latest and most comprehensive news and sports information.
11:15 pm	The Late Show With David Letterman LSDL4/059	PG	Join the king of late night television - David Letterman, with special guests, his famous 'Top Ten' and lots more.
12:00 am	Will & Grace (Rpt) WG3/015	PG	<u>My Uncle The Car</u> Grace prematurely decides to sell her late uncle's car to a nun, and finds that the nun isn't so sweet when trying to get the car back; and Jack sees the world differently when he believes his father was African-American.



PERTH PROGRAM GUIDE



Tuesday 24th March 2009

12:30 am Home Shopping

01:00 am Home Shopping

01:30 am Home Shopping

02:00 am Home Shopping

02:30 am **Kenneth Copeland** PG
D0903/25 Religious Program

03:00 am **Life Today With James Robison** PG **Beth Moore #3 Ep.09-Mr25a**
LTJR09/059 Religious Program

03:30 am **This Is Your Day With Benny Hinn** G
BENN09/059 Religious Program

03:55 am **Video Hits Up Late (Rpt)** **Supertramp**
VH0019

04:00 am **The CBS Early Show**
ES3/059 Morning news and talk show hosted by Julie Chen, Harry Smith, Dave Price, Russ Mitchell and Maggie Rodriguez.



PERTH PROGRAM GUIDE



Wednesday 25th March 2009

06:00 am	TEN Early News ENEWS09/058	CC	Breaking local, national and international news, with extensive coverage of finance and the latest sport and weather. Up-to-the-minute news brought to you first by TEN News.
07:00 am	Toasted TV TST09/012-3A	G	Want the lowdown on what's hip for kids? Join the team for the latest in gaming, sport, gadgets, pop culture, movies, music and other seriously fun stuff! Featuring a variety of your favourite cartoons.
07:05 am	Spongebob Squarepants (Rpt) SPGC/023	G	<u>Sandy's Rocket/ Squeaky Boots</u> Relentlessly optimistic SpongeBob SquarePants lives in the undersea township of Bikini Bottom, along with an assortment of zany supporting characters.
07:25 am	Toasted TV TST09/012-3B	G	Want the lowdown on what's hip for kids? Join the team for the latest in gaming, sport, gadgets, pop culture, movies, music and other seriously fun stuff! Featuring a variety of your favourite cartoons.
07:30 am	Totally Wild TW17/090	CC C	The Totally Wild team brings you the latest in action, adventure and wildlife from Australia and around the globe.
08:00 am	Toasted TV TST09/012-3C	G	Want the lowdown on what's hip for kids? Join the team for the latest in gaming, sport, gadgets, pop culture, movies, music and other seriously fun stuff! Featuring a variety of your favourite cartoons.
08:05 am	Bakugan (Rpt) BAKC/019	G	Mysterious cards appear in front of the children of the world, with the powers to summon monsters from an alternate dimension.
08:25 am	Toasted TV TST09/012-3D	G	Want the lowdown on what's hip for kids? Join the team for the latest in gaming, sport, gadgets, pop culture, movies, music and other seriously fun stuff! Featuring a variety of your favourite cartoons.
08:30 am	Puzzle Play PPLAY2/058	CC P	Join Kell, Liam and Patrick to solve a puzzle, also sing-a-long to some great songs and visit friends at preschools and in the animal world.



PERTH PROGRAM GUIDE



Wednesday 25th March 2009

09:00 am	9am With David & Kim 9AM09/043	CC PG	David Reyne and Kim Watkins look at the news, views and issues that matter to you and your lifestyle; and bring you the latest from the worlds of cooking, celebrity, fashion and health.
11:00 am	TEN News MNEWS09/060	CC	Comprehensive coverage of local, national and international news with analysis of the key stories of the day and a strong focus on health, social and environmental issues.
12:00 pm	Dr Phil DPHIL7/049	CC M (A)	Join Dr. Phil McGraw as he inspires millions of people to "get real". He gives them the challenge they need to change their behaviour, move ahead and lead positive lives.
01:00 pm	The Oprah Winfrey Show (Rpt) OWS23/153	CC PG	Whatever happened to our most memorable guests? One guest weighed over 500 lbs. and now she is back. Then, a mom survived the unimaginable...the update you need to hear. Also, was top fashion designer Tommy Hilfiger thrown off the set? Find out the truth.
02:00 pm	Ready Steady Cook (Rpt) RSC4/023	CC G	Cooking game show where it's a battle against the clock for Australia's top chefs and guest contestants to create a tasty meal. Hosted by Peter Everett.
03:00 pm	Judge Judy JUDY12/185	CC PG (A)	Judge Judy holds court as presiding judge. The people are real, the cases are real and the rulings are binding.
03:30 pm	Huey's Cooking Adventures HUEY10/008	G	Chef extraordinaire Iain Hewitson provides simple recipes that are informative, fun, as well as being totally delicious.
04:00 pm	Everybody Loves Raymond ERAY/018	CC G	Recovering Pessimist Debra tries to change Ray's pessimistic attitude about winning the "Sports Writer of the Year Award".
04:30 pm	The Bold & The Beautiful BBT7/469	CC G	The story of the glamorous Forrester family: their loves, tragedies, triumphs and struggles for power in the fashion industry.



PERTH PROGRAM GUIDE



Wednesday 25th March 2009

05:00 pm	TEN News At Five FAF09/060	CC	
06:00 pm	The Simpsons SIMP10/020	CC G	<u>The Old Man And The 'c' Student</u> Bart must perform community service at Grampa's retirement home.
06:30 pm	Neighbours NEB13/5653	CC G	Under pressure to make a decision about Libbys operation, Dan tells Peggy to do whatever it takes to save her life.
07:00 pm	The Biggest Loser BLA4/046	CC	Michelle and Shannan get a day off as the teams set off for a training session with the Sydney Swans! Watch those low tackles please.
08:00 pm	Guerrilla Gardeners GG/006	CC	When the sun goes down and city workers retreat to the 'burbs', renegade gardeners are out to reclaim the city. Six young warriors, armed with attitude and gardening tools work together to make-over the most barren and concrete-filled spaces in our cities
08:30 pm	House HOUSE5/017	CC	<u>The Social Contract</u> House and his team take on a case of a man with frontal lobe inhibition, causing him speak his mind and to lose control over what he says. Interestingly, the condition bears a striking resemblance to House himself.
09:30 pm	Life LIFE2/016	CC M (V)	<u>Hit Me Baby</u> Crews begins investigating a brutally murdered man, and the investigation points toward elusive hit woman Claudia. Meanwhile Reese has to undertake an FBI polygraph test before joining task force.
10:30 pm	TEN Late News With Sports Tonight LN09/060	CC	Australia's leading late news service with comprehensive coverage and analysis of the major national and international stories. This is must-see television for those wanting the latest and most comprehensive news and sports information.
11:15 pm	The Late Show With David Letterman LSDL4/060	PG	Join the king of late night television - David Letterman, with special guests, his famous 'Top Ten' and lots more.
12:00 am	Will & Grace (Rpt) WG3/016	PG	<u>Cheaters (1)</u> (Part 1): When Grace catches Will's father on the arm of a woman other than his wife, she feels forced to tell Will and is surprised by his action. When Karen misunderstands Grace's story, she suspects her own husband Stan of an affair.



PERTH PROGRAM GUIDE



Wednesday 25th March 2009

12:30 am Home Shopping

01:00 am Home Shopping

01:30 am Home Shopping

02:00 am Home Shopping

02:30 am **Kenneth Copeland** PG
D0903/26 Religious Program

03:00 am **Life Today With James Robison** PG **Robert Morris W/ Steven & Janie Helling Ep.09-Mr26a**
LTJR09/060 Religious Program

03:30 am **This Is Your Day With Benny Hinn** G
BENN09/060 Religious Program

03:55 am **Video Hits Up Late (Rpt)** **The Corrs**
VH0020

04:00 am **The CBS Early Show**
ES3/060
Morning news and talk show hosted by Julie Chen, Harry Smith, Dave Price, Russ Mitchell and Maggie Rodriguez.



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PROGRAM GUIDE



Thursday 26th March 2009

06:00 am	Countdown To ONE COUNTONE	G	Countdown To ONE ONE will be available from 7.30pm tonight in High Definition on (digital) Channel 1 and Standard Definition on (digital) Channel 12.
07:30 pm	Welcome To ONE WELTOONE	G	Welcome To ONE The sports television revolution is here! Welcome to ONE - launching Australia's first 24 hour free to air sports channel. A television event not to be missed.
08:00 pm	AFL Premiership Season 2009 AFL09/001	CC	SPECIAL EVENT Round 1 - Richmond V Carlton Cousins v Judd - the ultimate blockbuster to start the new season with a packed MCG crowd to see these former West Coast premiership teammates do battle.
11:00 pm	Swimming Australia Skins 2009 SWMA09/020		In a ONE HD Exclusive event, the Australian Dolphins swim team and international invitees including Olympic gold medallists Oussama Mellouli and Therese Alshammar compete for cash at the Sydney Olympic Park Aquatic Centre.
02:15 am	NBA 360 NBA09/045	G	A weekly basketball magazine show with news and highlights from the NBA.
03:15 am	ONE Moment ONEMOM/001	G	
03:30 am	Tread BMX TRBM09/001		Tread BMX is the world famous TV series featuring the very best BMX action from around the globe.
04:00 am	Mountainbike World MBW09/001		Mountainbike World is an insight into the latest happenings in off-road biking, whatever the discipline or style, but all combined in one programme.
04:30 am	High Five HIFI09/001		An edgy, character driven focus on Action Sports and off the wall pursuits that dominate worldwide youth culture today.
05:00 am	Motorsport: Race Of Champions MROC08/001	G	Every year for the past 21 years, The Race of Champions brings together the worlds best circuit racers and off-road drivers to compete head-to-head in a shoot out to find Motor Racing's Champion of Champions.



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PROGRAM GUIDE



Friday 27th March 2009

06:00 am	Motorsport: Raceworld MSRW09/001		Raceworld takes race fans behind closed doors with special features on drivers, lifestyles, circuits and race cars, as well as race reports, test sessions, predictions and race reviews.
07:00 am	Athletics: Sydney Track Classic ATHL09/001		Sydney Track Classic After the success at the Beijing Olympics, Australia's athletics team come together for a two round Track Classic series in Sydney and Melbourne.
08:00 am	LIVE: Basketball: NCAA College Regionals NCAB09/003		SPECIAL EVENT Regional Semi Final 1 (Friday) LIVE action as we join the Regional Semi Final stage of College Basketball's prestigious NCAA March Madness championship tournament.
10:00 am	LIVE: Formula 1 ING Australian Grand Prix FORM09/001		SPECIAL EVENT R1 Australian Practice New cars, new teams and a whole new season kicks off in Melbourne with a full day of Formula 1 action LIVE and Exclusive to ONE.
05:00 pm	Sports Tonight STOE09/001		Every weeknight join Brad McEwan for an exclusive edition of Sports Tonight on ONE HD.
05:30 pm	AFL Premiership Season 2009 AFL09/001R	CC	Round 1: Richmond V Carlton (Replay) Cousins v Judd - the ultimate blockbuster to start the new season with a packed MCG crowd to see these former West Coast premiership teammates do battle.
07:45 pm	NASCAR Sprint Cup With Marcos Ambrose NSC09/020	G	Round 6: Food City 500 @ Bristol Australian motor ace Marcos Ambrose introduces the highlights from the previous Sprint Cup round including insights into his own form and race performance.
08:45 pm	Welcome To ONE (Rpt) WELTOONE	G	Welcome To ONE The sports television revolution is here! Welcome to ONE - launching Australia's first 24 hour free to air sports channel. A television event not to be missed.
09:15 pm	Basketball: NCAA College Regionals NCAB09/004		Regional Semi Final 2 (Friday) A triple header of today's NCAA matches from the Regional Semi final stage.
11:30 pm	Basketball: NCAA College Regionals NCAB09/005		Regional Semi Final 3 (Friday) A triple header of today's NCAA matches from the Regional Semi final stage.
01:30 am	Basketball: NCAA College Regionals NCAB09/006		Regional Semi Final 4 (Friday) A triple header of today's NCAA matches from the Regional Semi final stage.



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Friday 27th March 2009

03:30 am World's Strongest Man
WSMA/002

Since 1977, the most powerful men from around the world have come together head-to-head, bicep-to-bicep to compete for the title of the MET-Rx World's Strongest Man.

04:00 am Power Boating: F1 World Championships
PBFO09/002

The F1 World Championship is the elite of high-speed water racing. The thrilling action is only for the adrenalin junkies who can withstand putting their bodies through the brain-numbing G-forces every time they step into the cockpit.

04:30 am NASCAR Sprint Cup Qualifying
NSC09/021

Round 7: Goody's Fast Relief 500 Qualifying @ Martinsville

LIVE and exclusive coverage of Qualifying sessions from Martinsville as the Sprint Cup season continues for Marcos Ambrose and the rest of the field.



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PROGRAM GUIDE



Saturday 28th March 2009

06:00 am	Golf: WGC Accenture Match Play Highlights PGAW09/055	G	2009 Accenture Match Play Highlights Highlights of the 2009 event which saw Tiger Woods return to golf, as well as Aussies including Geoff Ogilvy, Adam Scott and Brendan Jones.
07:00 am	Athletics: Melbourne Track Classic ATHL09/002		Melbourne Track Classic After the success at the Beijing Olympics, Australia's athletics team come together for the second Track Classic of the season at Melbourne's Olympic Park.
08:00 am	Welcome To ONE (Rpt) WELTOONE	G	Welcome To ONE The sports television revolution is here! Welcome to ONE - launching Australia's first 24 hour free to air sports channel. A television event not to be missed.
08:30 am	Xtreme Paintball: Beyond The Paint XPBL09/001		The world's most outrageous, fun and fearless paintball players face off for cash prizes, respect and glory.
09:00 am	Drifting DRFT09/001		High-powered motor sport action testing drivers' skill to control a car while it slides sideways at high speed through a marked course. It is judged on execution and style rather than who finishes the course fastest.
10:00 am	LIVE: Formula 1 ING Australian Grand Prix FORM09/002		SPECIAL EVENT R1 Australian Qualifying The Formula One season begins with live coverage from Albert Park, Melbourne. Includes F1 Final Practice and Qualifying as well as the V8 Supercars, Australian GT and Formula Fords.
04:05 pm	Formula 1 ING Australian Grand Prix FORM09/003		V8 Supercar Race - Exclusive To One In extended coverage exclusive to ONE, the drivers from the V8 Supercars take to the Albert Park racetrack.
05:00 pm	AFL Premiership Season 2009 AFL09/004	CC	Round 1 - Brisbane Lions V West Coast The Lions host the Eagles in Round 1 AFL action from the Gabba.
08:00 pm	NASCAR Nationwide Series Highlights NWS09/039	G	Round 4: Sharpie Mini 300 @ Bristol Highlights from the previous round in America's Nascar Nationwide Series, from Bristol Speedway.
09:00 pm	Formula 1 ING Australian Grand Prix Highlights FORM09/055	G	Australian Grand Prix Qualifying Highlights A one hour round up of today's F1 Qualifying session before tomorrow's first race of the season at Albert Park in Melbourne.
10:00 pm	Basketball: NCAA College Regionals NCAB09/007		Regional Semi Final 5 (Saturday) The second day of Regional Semis features two of today's NCAA College Basketball tournament.



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PROGRAM GUIDE



Saturday 28th March 2009

12:00 am Slamball
SLMB08/002

Slamball is inspired by the strategies, aesthetics and pacing of video games, where athletes fly higher and hit harder, performing feats that are part basketball, football, hockey and gymnastics.

12:30 am NASCAR Sprint Cup Happy Hour
NSC09/022

Round 7: Goody's Fast Relief 500 Happy Hour @ Martinsville

After this morning's Qualifying session, the Sprint Cup drivers back up with a Final Practice session in Happy Hour.

02:00 am Basketball: NCAA College Regionals
NCAB09/008

Regional Semi Final 6 (Saturday)

The second day of Regional Semis features two of today's NCAA College Basketball tournament.

03:00 am College Basketball: Road To The Final Four
NCAB09/002

Road To The Final Four 2

04:30 am Basketball: NCAA College Regionals
NCAB09/011

Regional Final 1

Eight teams remain as the next round of the NCAA College Basketball March Madness begins with the Regional Finals.

